Rose Development Plan

Depression/Anxiety Score

Sleep Score

Pain Score

Physical Health Score

Active Monitoring Score

- Behavioral Monitoring
- Clinical Assessments
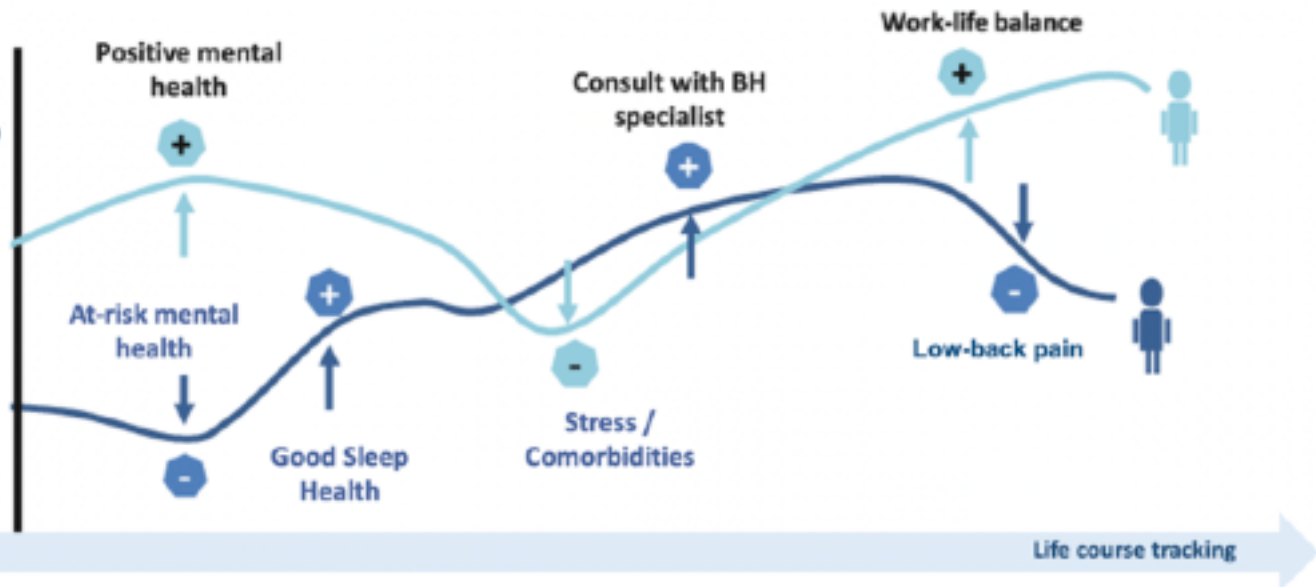- Guided Self Care
- Guided Exercises
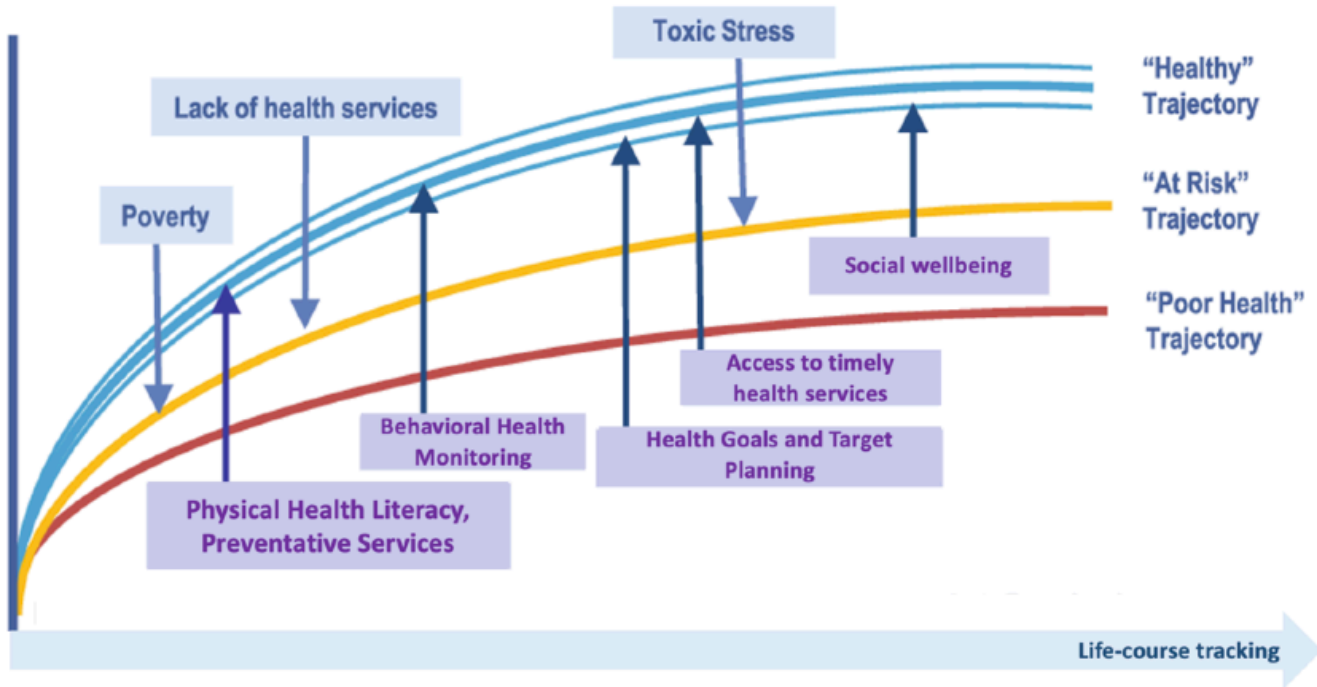- Face-2-Face Sessions

Mental Health

Sleep Health

Physical Health

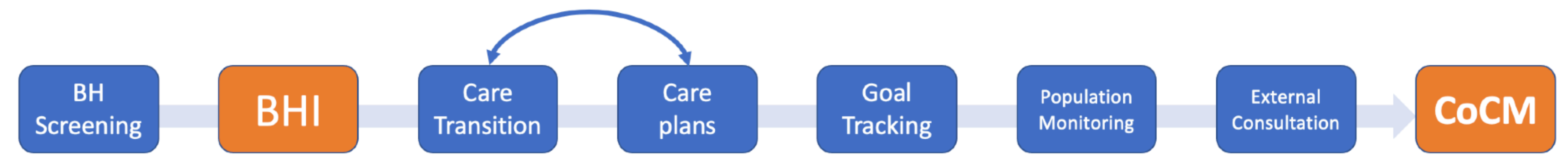Functional Pain Mx

Rose Score Tracking (y-axis)

Positive mental health
+

At-risk mental health
−

Good Sleep Health
+

Consult with BH specialist
+

Stress / Comorbidities
−

Work-life balance
+

Low-back pain
−

Life course tracking

Rose Score Monitoring (vertical axis)

Life-course tracking (horizontal axis)

Trajectories:
- "Healthy" Trajectory
- "At Risk" Trajectory
- "Poor Health" Trajectory

Labels:
- Toxic Stress
- Lack of health services
- Poverty
- Social wellbeing
- Access to timely health services
- Behavioral Health Monitoring
- Health Goals and Target Planning
- Physical Health Literacy, Preventative Services

BH Screening → BHI → Care Transition ⟷ Care plans → Goal Tracking → Population Monitoring → External Consultation → CoCM

- ✓ Bulk Invite
- ✓ Population screening
- ✓ Web-based or in-app

- ✓ BH diagnosis
- ✓ 20 min of staff time
- ✓ BH Manager

- ✓ Care notes by provider
- ✓ Sharing notes or messages between staff

- ✓ BH Planning on Panel
- ✓ Action items to do
- ✓ Notes

- ✓ BH Workflow
- ✓ Completion rates
- ✓ Adding in resources

- ✓ Population Registry
- ✓ Population analytics

- ✓ Inviting external consultant
- ✓ Sharing notes and patients' details
- ✓ Tracking action items
- ✓ Tracking changes in Goals

- ✓ Population Registry
- ✓ BH Manager
- ✓ MH Specialist external consultant
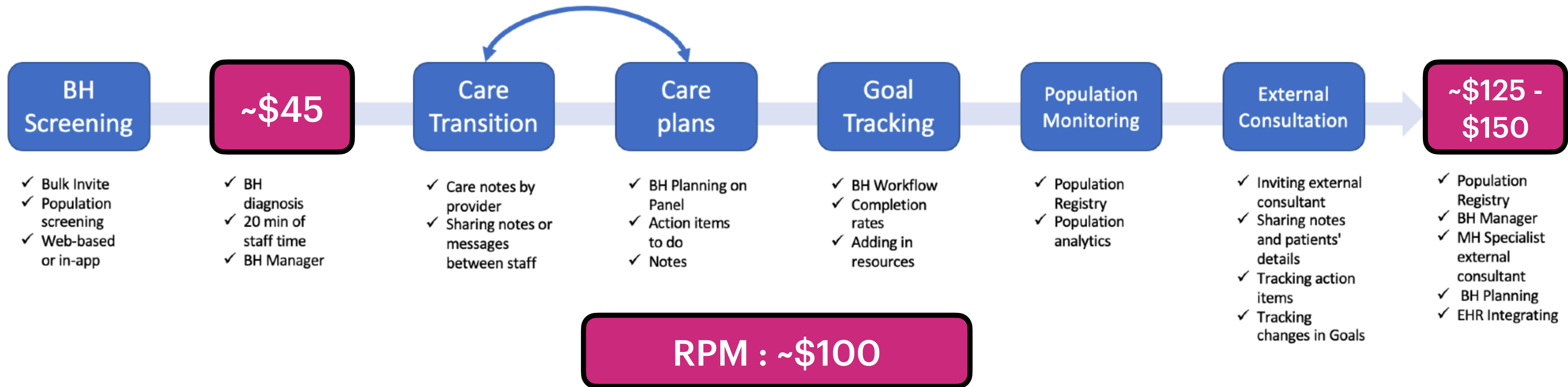- ✓ BH Planning
- ✓ EHR Integrating

~$45

~$125 - $150

RPM : ~$100

Rose Development Plan

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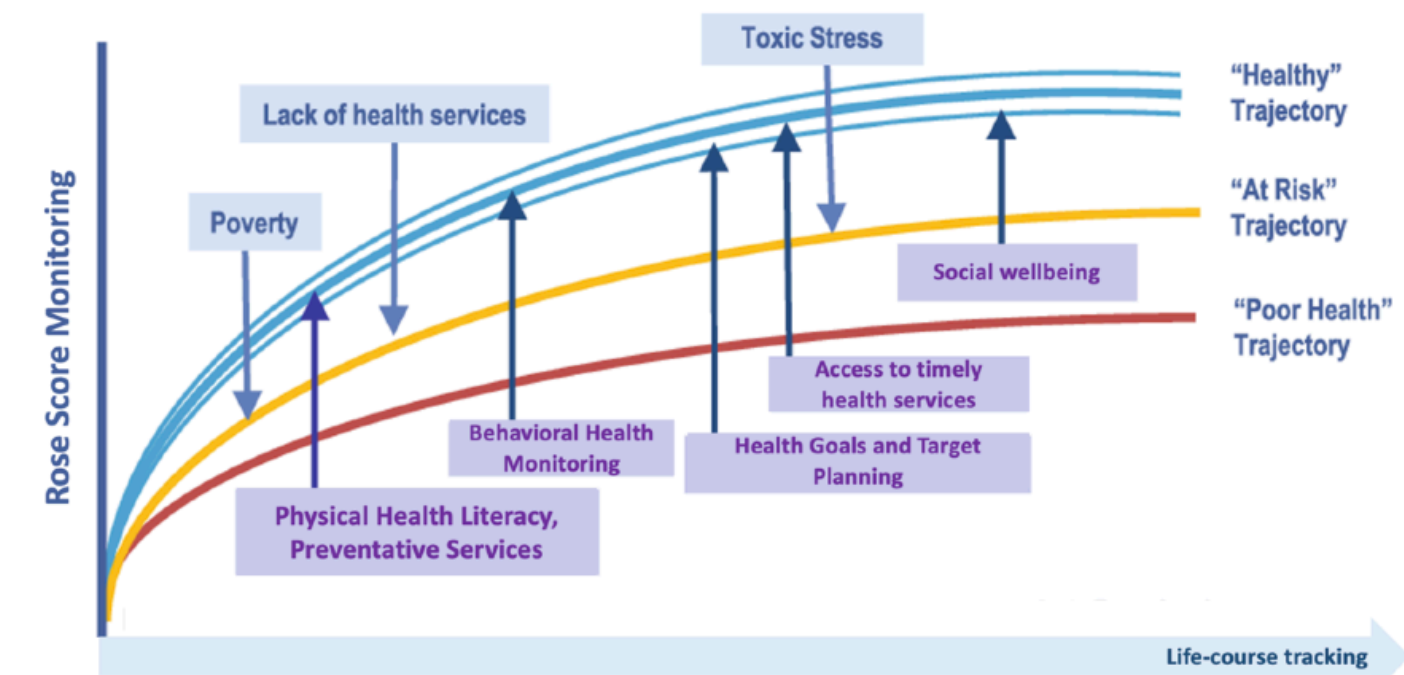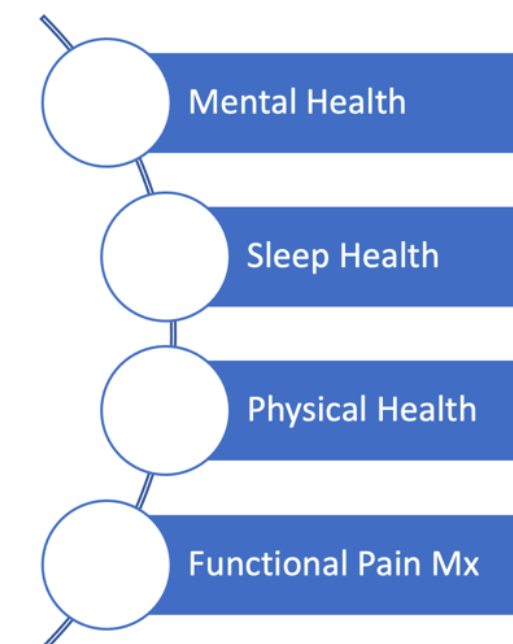
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Rose R&D