



Glyzel C. Cabais

Extremely motivated to constantly develop my skills and grow professionally. I am confident in my ability to come up with interesting ideas for unforgettable events.



09662052477/09515919561



@dra.zellie



aizel marie



jhayzelle0426@gmail.com

Personal Information

- Birthdate : 19 July 2001
- Birthplace: Sucat, Parañaque City
- Nationality : Filipino
- Civil Status : Single
- Age : 20
- Height : 5'
- Weight : 49kg
- Religion : Catholic
- Precinct num: 0195-A
- Pag-ibig: 121249589913
- SSS : 34-8294658-5
- Tin : 503-149-155-00000

Career Goals

- To be an innovator in digital media and responsible social media management, and to use online platforms to organize cause-oriented communities.
- To be a Team builder for my team and for the company, that my actions could give other inspiration and motivation.
- To be part of dynamic and creative company of which I could cultivate my skills that would benefit the company and myself.

Core Strength

- Content Creation
- Social Networking
- Public Relations
- Photo Editing
- Video Editing
- Communication Skills
- Team Leader / Team Player
- Creative
- Time management
- Problem-solving
- Fast Learner

Work Experience

- Dynamic Outsource Solution 1 Inc. (Technical Support Representative Agent, 2019)
- AMA Computer College (On job Training -120 hours Registrar department, 2020)
- Barangay 193 Zone 20, 1300 (Volunteer Data Encoder, 2020)
- Excel data Encoding (Online Data Encoder, 2020)
- Online Tutor / On-call Tutor 2016-present
- Online Seller 2018-present
- Medic Volunteer 2011-present
- Freelancer 2017-present



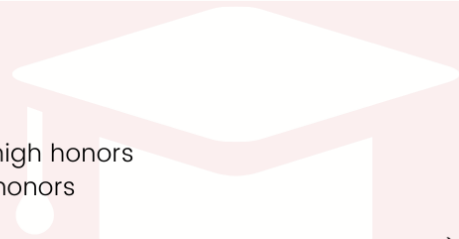
Skills

- Exceptional communication and networking skills
- Successful working in a team environment, as well as independently
- The ability to work under pressure and multi-task
- The ability to follow instructions and deliver quality results
- The ability to stay organized and maintaining work-life balance
- The ability to determine the source of problem and quickly find an effective solution
- The ability to use computers and related technology efficiently



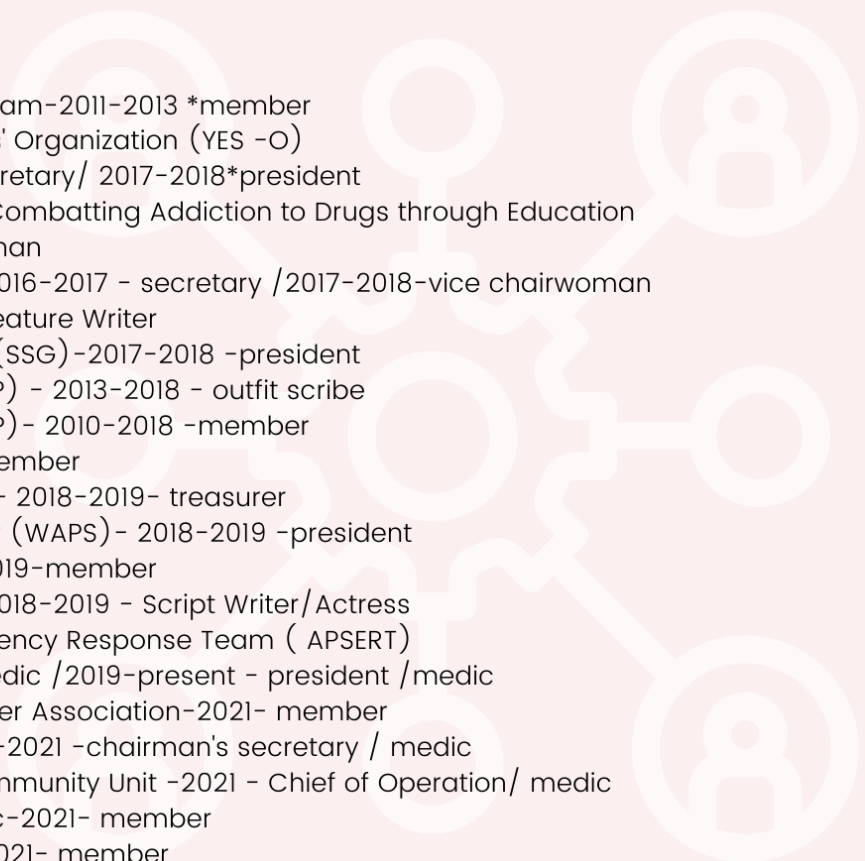
Education History

- Tambo Elementary School-Main,2013 (ELEM)
- Parañaque National High School-Tambo Ext,2018 (JHS) with high honors
- AMA Computer College,2020 (SHS-programming) with high honors
- AMA Computer College,2021 (2nd year undergrad BSIT)
- AMA Computer Learning Center –Guadalupe Branch 2013 (VOCATIONAL-basic computer literacy)



Organizations and Groups

- Batang Emergency Response Team-2011-2013 *member
- Youth for Environment in Schools' Organization (YES -O)
- 2011-2016*member /2016-2017 *secretary/ 2017-2018*president
- Collaboration of All Subjects in Combatting Addiction to Drugs through Education (CASCADE) -2017-2018 *chairwoman
- Tambo Photojournalism Club -2016-2017 - secretary /2017-2018-vice chairwoman
- Journalism Club -2016-2018 -Feature Writer
- Supreme Student Government (SSG)-2017-2018 -president
- Boy Scout of the Philippines (BSP) - 2013-2018 - outfit scribe
- Girl Scout of the Philippines (GSP)- 2010-2018 -member
- Red Cross Youth - 2013-2018-member
- Pen Rangers (Journalism Club)- 2018-2019- treasurer
- Web Artist Programming Society (WAPS)- 2018-2019 -president
- Litratista De AMA (LDA)-2018-2019-member
- AMA Repertory Theater (ART)-2018-2019 - Script Writer/Actress
- AMA Paranaque Student Emergency Response Team (APSERT) 2018 -2019 - junior member /medic /2019-present - president /medic
- International Medical and Disaster Association-2021- member
- Elpquirinian's ABSP SCOUTER PH -2021 -chairman's secretary / medic
- Scout Emergency Response Community Unit -2021 - Chief of Operation/ medic
- Pathfinder Rescue Philippines Inc-2021- member
- FMAG Rescue Philippines Inc - 2021- member
- Icreate Inc -2021 -moderator



Training & Seminars/Webinar

- Red Cross Youth Leadership Development Program 2013-2016
- English Literacy Skills,2019
- I am Sam Foundation, 2018
- APSERT-Basic Life Support and Carries,2020
- AMA Be Prepared: Disaster Awareness,2019.
- IMDA-Medical Responder level 1 ,2021
- FMAG-Basic Life Support,2021
- SERCU-Basic Life Support,2021
- SERCU-Tattoo Seminar,2021
- Reporting Management,2021
- RSAP-Road Safety and Anti carnapping,2021
- PICPA The Basic of Self Defense,2021
- EAC -Criminalistics and the Art of Investigation,2021
- BSP-NCR Road Safety Virtual Camp,2021
- SCWC Rescue Cert- Basic first Aid on common Injuries and Sudden Illness,2021
- SCWC Rescue Cert-Home Basic for Disaster Preparedness,2021
- Project K3-Bridges and Barriers in Vaccine Deployment: lessons learned and practical applications,2021
- Project K3-Risk Communications and the Road to Pandemic Recovery
- PDRF-Technical Consultation Webinar on Public Service Continuity Planning
- SEAMEO Partner Schools, Colleges and Universities Summit 2021
- WUP- The Role of nursing and advanced practice in transforming healthcare delivery
- SCWC Rescue Cert-Philippine DRRM: Disaster Risk Reduction Management: How it started and current initiatives
- SCWC Rescue Cert-Rainy Season: Be Flood Proof, Be Prepared
- ASEAN YOUTH ORG: RISE FOR CHANGE SUMMIT 2021 : seeking gender diversity in a conventionalized society
- Philippine EMS Training and Assessment Center:EMS Education Standards in the United States, where we came from and how does education of today impact patient care
- Eulogio Amang Rodriguez Institute of Science and Technology:Pagmamando ng oras;mga paraan at kaalaman tungo sa maayos na paggamit ng oras sa panahon ng pandemya
- Philippine Institute of Certified Public Accountants, Inc:The basics of Self-Defense
- PDRF-Risk Communications and the Road to Pandemic Recovery
- PDRF-PSCP Technical Consultation Webinar
- PDRF-Bridge and Barriers in vaccine Deployment: Lessons Learned and Practical Applications
- PDRF-Health Resilience
- PDRF-Emergency Operations Center Design and Management
- PDRF-Covid Document Repository System (CDRS)(LGU)
- PDRF-Covid Kaya Information System (LGU)
- PDRF-FASSSTER Disease Surveillance and Modeling Toolkit Course
- Pathfinder Rescue Philippines Inc.-Basic Life Support Refresh
- ReSkills -Speak English Confidently
- ReSkills-Revealing the Secret to Read & Express Through Body Language
- ReSkills-Video Editing using Adobe Premiere Pro
- ReSkills-Online Public Speaking
- ReSkills-3 Secrets on Fund Selection to Get Your Winning Funds
- PrepBytes-Master Competitive Programming
- SCWC-What to do with Hazardous Incidents:Protect Yourself,Protect your Community
- BSP NCR -The Region Address 2021:Soaring Digital
- ICreate-Html 5
- SEAMO-SEAMEO MOOCS Network Policy Dialogue 2021"
- Theme: The Futures of Higher Education and Open Learning in Southeast Asia
- DICT-VISUAL BASIC FOR APPLICATION USING MS ACCESS