

**Part I: Filled by the MI (for each case)**

**Patient serial # (In the logbook):**

**Hospital/PHC unit record #:**

Seen at:	Outpatient	Inpatient	ER	Other (specify)
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**Date:** 07/07/2025

**Age & Gender:** 65x old male

**Main theme of the case** Essential hypertension, suboptimal control; lifestyle & medication optimization

**Case Summary:**

56-year-old man with uncontrolled hypertension (BP 158/94, BMI 30.2), fair adherence, high salt intake, no red flags. Increased amlodipine to 10 mg; ordered CMP, eGFR/UA/Cr, lipids, A1c, ECG. Counseled DASH diet, salt restriction, exercise. Home BP diary; follow-up 2-4 weeks; safety-netting provided.

**Self-reflection:** Built rapport; confirmed technique with  
**What did I do right?** repeated BP; individualized lifestyle goals; clear safety-netting.

**What needs more development? Plan**

**for further development** Plan for further development: Need more confidence in ECG interpretation and renal-risk counseling; plan: review MOHPTN guidance and practice ECG cases this week.

EPA:(check the appropriate boxes)	1	2	3	4
	5	6	7	8
	9	10	11	12
	13	14	15	16
	17	18	19	20

**Signature of the MI**

**Part 2: To be filled by the trainer for each case**

EPA tested	Rubric	Strength points	Points needing improvement
EPA 1	C	HTN Review	ASK NSAID
EPA 2	C	BP Repeat	Technique
EPA 3	C	Good up titration	Quantify ASCVD
EPA 8	C	Proper labs	FOLLOW-up plan

Trainer's name	Trainer's signature
Re-evaluation and follow up	
Trainer's name	Trainer's signature