DR CLIMATE WISEMAN

30 Day Devotionals Book 116



Healing From the Pain of Broken Roles, Toxic Patterns, and Divided Homes

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Dr Climate Wiseman

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Contents

Introduction	1
Day 1 What Is Family Dysfunction?	6
Day 2 The Hidden Wounds of Polygamous Families	15
Day 3 The Pressure of the First Wife, the Forgotten Child	24
Day 4 Emotional Absence in Monogamous Homes	33
Day 5 Roles We Were Forced to Play	41
Day 6 Family Secrets, Hidden Siblings, and Half-Truths	50
Day 7 When Adults Act Like Children and Children Like Adults	58
Day 8 The Betrayal of the Trusted	66
Day 9 Polygamy and the Battle for Love	74
Day 10 When Affection Is Weaponized	82
Day 11 Dysfunction in Step-Families and Blended Households	90
Day 12 Public Honor, Private Horror	99
Day 13 The Long-Term Pain of Parent Favoritism	107
Day 14 When Parents Compete Instead of Co-Lead	114
Day 15 Healing From the Mother Wound or Father Wound	122
Day 16 The Curse of Inherited Conflict	130

Day 17 Living Among Enemies Within the Same House	139
Day 18 Cutting Off the Dysfunction Without Cutting Off Love	149
Day 19 Rewriting the Story of Your Childhood	156
Day 20 When You're the Only One Who Wants Change	163
Day 21 Finding God's Purpose in Your Family Pain	169
Day 22 How to Navigate Inheritance and Entitlement Battles	176
Day 23 Healing Family Relationships Without Enabling	183
Day 24 Restoring Trust With Estranged Family Members	189
Day 25 Redefining Fatherhood and Motherhood	196
Day 26 Raising Emotionally Healthy Children	203
Day 27 Starting a New Family Culture	210
Day 28 Helping a Dysfunctional Family Heal Without Losing Yourself	218
Day 29 Redefining What Family Means to You	225
Day 30 Living Free From Family Dysfunction — One Day at a Time	233
Conclusion	241
Become a Certified Representative With Bishop	
Climate Ministries	248
About The Author	255

Introduction

Have you ever looked around at your family—your home, your bloodline—and silently wondered, *Why does love hurt this much?*

Maybe it's the silence after a phone call ends in shouting.

Maybe it's the way you've learned to brace yourself before going to a family event.

Maybe it's the unspoken tension that always lingers when "certain topics" are brought up.

Or maybe, it's the ache of not being seen... not being heard... not being valued.

If this sounds like your life, you're not alone—and more importantly, you don't have to stay here.

This Book Was Born From the Trenches

Over the past **25 years**, I've walked closely with thousands of people—people just like you—through the storms of family dysfunction. I've sat with husbands and wives drowning in betrayal. I've mentored sons and daughters abandoned by the very people who were supposed to love them most. I've counselled individuals from both **monogamous** and **polygamous** backgrounds who silently carried the weight of generational pain.

This isn't theory. This is real life.

As someone who has not only ministered but personally *lived* through both monogamous and polygamous family dynamics, I understand the hidden battles:

The subtle favoritism that divides siblings.

The unhealed wounds passed from one generation to the next.

The confusion of navigating loyalty, love, shame, and silence—often all at once.

But I also know the *power of healing* when someone finally says, *enough is enough* and chooses freedom.

You Made the Right Choice

The fact that you picked up this book already means something inside of you is *done with pretending*.

You're ready to stop surviving and start *living* again.

You're searching for answers—clarity, restoration, a new beginning.

And I want you to know: You are in the right place.

Whether your family dysfunction stems from infidelity, favoritism, abandonment, unresolved trauma, unspoken secrets, or cycles of emotional and spiritual abuse—this 30-day journey is designed to walk with you, step by step, into wholeness.

I've seen it happen again and again in my mentorship boot camps, deliverance conferences, one-on-one healing sessions, and global online gatherings.

Families once broken beyond recognition—restored.

Women who felt invisible—rebuilt.

Men who had lost their voice—redeemed.

Children who were wounded—finally free.

What This Book Will Do For You

30 Days to Overcome Family Dysfunction isn't just a book—it's a guided recovery plan.

Each chapter is intentionally crafted to help you:

- **Identify** the root of dysfunction in your family setup (whether monogamous or polygamous)
- Break free from toxic patterns, lies, and generational strongholds
- Heal emotionally, mentally, and spiritually
- Rebuild healthy boundaries, communication, and love
- **Restore** your role, your worth, and your peace

This is not about blaming anyone. It's about *freeing* yourself so you can break the cycle and become the change your family needs—even if you're the only one willing to do so.

What to Expect

Each day will include:

- A powerful **teaching** to help you confront truth with compassion
- Journal prompts to help you reflect and process your pain
- A simple but effective action step to apply what you're learning
- A faith-filled affirmation to speak life over yourself
- Two **real-life testimonies** of people who have found healing through Bishop Climate Ministries
- A **practical application** so you know how to walk out the lesson in daily life
- A scripture and prayer focus for spiritual grounding
- 12 prophetic declarations to shift your atmosphere
- 12 powerful prayer points to target healing
- And a motivational final thought to keep you committed

Whether you read one chapter each day or go at your own pace, I encourage you to **show up fully** for the process. Even if it's messy. Even if it's emotional. Because your breakthrough

won't come from running—it will come from facing it all with God and grace.

Your Transformation Begins Now

You may not have come from a healthy family, but a healthy family *can* come from you.

You are not crazy. You are not too late. You are not beyond hope.

You are chosen. You are strong. You are worthy of peace.

And with the right tools, spiritual guidance, and honest self-work—you will rise.

So take a deep breath, open your heart, and commit to the next 30 days.

Because the life you long for?

The love, the restoration, the healing?

It starts right here.

Let's begin.

— Dr. Climate Wiseman

Mentor. Deliverance Minister. Family Recovery Specialist.

Day 1 What Is Family Dysfunction?

Family is supposed to be the safest place on earth. It's meant to be where love is taught, identity is affirmed, and destiny is nurtured. But for many, family has become the greatest source of confusion, pain, and lifelong trauma.

Family dysfunction refers to any pattern of behavior, communication, or relationship within a family that creates emotional, psychological, or spiritual damage. It often forms in childhood and, if not addressed, continues into adult relationships—repeating itself from generation to generation.

The Invisible War at Home

You might come from a home where everything appeared perfect on the outside, but behind closed doors, emotions were suppressed, pain was ignored, and love was conditional. That's dysfunction.

You might have grown up in a polygamous family where favoritism, competition among siblings, or silent hostilities

between co-wives shaped how you saw yourself and others. That's dysfunction too.

Dysfunction doesn't always scream—sometimes, it hides in silence, sarcasm, neglect, or emotional detachment.

Forms of Dysfunction

1. Emotional Dysfunction

 Homes where anger is feared, vulnerability is punished, or no one says "I love you" without strings attached.

2. Generational Dysfunction

 Patterns like alcoholism, violence, secrecy, divorce, or poverty that travel from one generation to the next as "normal."

3. Cultural Dysfunction

Societal values that protect shame instead of truth
 —honor-based silence, gender imbalance, or normalizing favoritism in polygamous homes.

Dysfunction in Monogamous Homes

In a monogamous household, dysfunction often goes unnoticed because there's only one partner. But one emotionally unavailable parent, one controlling spouse, or one unaddressed trauma can poison the atmosphere.

- Fathers present but emotionally absent
- Mothers who perform but never nurture
- Passive aggression, silent treatments, or shouting matches that are never resolved

Dysfunction in Polygamous Homes

Polygamous family setups bring added complexity:

- Sibling Rivalry: Children raised by different mothers compete for attention and approval.
- **Favoritism:** One wife is prioritized over another—this affects how children see themselves.
- **Broken Identity:** Children often struggle with "Where do I belong?"
- **Emotional Fragmentation:** Divided loyalties, competition, and constant tension.

I've personally walked through both types of setups—and I can tell you, **dysfunction is not about the structure of** your family. It's about the spirit within it.

Symptoms You Might Be Living in Dysfunction

- You feel obligated to keep the peace even when you're hurting.
- You were the parent to your siblings instead of enjoying your own childhood.
- You walk on eggshells around certain family members.
- You've learned to suppress your voice or shrink who you are to be accepted.
- You were raised to protect secrets instead of seek healing.

The Impact of Dysfunction

Dysfunctional families don't just create wounded children. They create:

- Adults who second-guess every decision
- Parents who overcorrect or overcompensate
- Spouses who either run from intimacy or cling too tightly
- Leaders who struggle to trust anyone deeply

The danger is not just what you went through—but what you've become *because* of it.

Why You Must Break the Cycle

Your healing doesn't just affect you—it affects the generations after you. If you don't deal with what damaged you, you will bleed on people who didn't cut you. You'll normalize behaviors that need to be uprooted. Dysfunction has a voice, a pattern, and a spirit. And it ends when you decide it ends.

This journey you're beginning isn't about pointing fingers. It's about *picking up your future*.

And today is your first step.

Journal Prompts

 What does "family dysfunction" mean to me personally?

- Can I identify moments in my upbringing that felt confusing, painful, or emotionally damaging?
- Was I ever forced to grow up too fast or suppress my needs for someone else's comfort?
- In my current relationships, where do I see the fruit of dysfunction showing up?

Action Step

Take 15 minutes today to write down a *family memory* that still makes you feel unsettled, angry, or ashamed. Don't judge it. Don't fix it. Just acknowledge it. This is the beginning of detoxing emotional wounds from your spirit.

Affirmation

"I am not defined by the dysfunction I came from. I am called to break cycles, not repeat them. Healing begins with my honesty—and I choose truth today."

Testimonies

Healing from Emotional Abandonment in a Monogamous Home

Maddox - USA

"I was raised by two parents who provided everything—except presence. My dad was always working, and my mom was emotionally checked out. I never heard 'I'm proud of you' until I was 32. It wasn't until I attended an online deliverance session with Bishop Climate that I realized I was parenting

from a place of performance, not love. The prayers and prophetic counsel helped me forgive my parents and become the kind of father I never had. Today, my children are healing because I chose to."

Breaking Polygamous Pain Patterns

Aurelia - Poland

"My grandfather had three wives. My father married two. I grew up hearing stories of favoritism, curses, and children who never spoke to each other. I hated my bloodline until I joined a prophetic bootcamp with Dr. Climate Wiseman. That's where I learned how spiritual patterns hide behind culture. I was delivered from bitterness and began blessing my roots while rebuilding my future. Now I help other women from polygamous backgrounds find healing."

Real-Life Application

Family dysfunction doesn't disappear with distance—it follows you until you face it. Today, you're not just learning. You're unlearning. Pay attention to how you speak, how you react, and how you process conflict. These are all indicators of what you learned in your home. Once you see it, you can start to shift it.

Scripture & Prayer Focus

Scripture: "He heals the brokenhearted and binds up their wounds." — Psalm 147:3

Prayer:

Lord, I acknowledge the dysfunction I've come from, but I refuse to be trapped in it any longer. Heal every place that was shaped by brokenness. Reveal the patterns that need to be broken and give me strength to walk in truth. Begin a new legacy in my life—one rooted in love, peace, and honesty. In Jesus' name. Amen.

12 Prophetic Declarations

- I declare that every hidden dysfunction in my family is being exposed and uprooted.
- 2. I declare emotional healing over my mind, heart, and memories.
- 3. I declare that I am not bound by the patterns of my parents or forefathers.
- 4. I declare that I am a cycle breaker, chosen for divine restoration.
- 5. I declare peace over every fractured relationship.
- 6. I declare clarity to recognize what is toxic and the courage to confront it.
- 7. I declare freedom from fear, manipulation, and silence.
- 8. I declare a healthy future for my children and my children's children.
- 9. I declare the release of divine wisdom to build new family foundations.
- I declare restoration of my identity and emotional wholeness.
- II. I declare grace to forgive and wisdom to set boundaries.

12. I declare that my household will be a house of truth, healing, and peace.

12 Powerful Prayer Points

- 1. Lord, expose every generational dysfunction operating in my bloodline.
- 2. Father, heal every wound in my soul caused by emotional neglect or abuse.
- 3. Break the spirit of performance and perfectionism rooted in rejection.
- 4. Silence the voice of shame, guilt, and fear within me.
- 5. Uproot any identity that was formed in survival instead of truth.
- 6. Heal my view of love, family, and relationships.
- 7. Remove every veil of confusion that prevents me from seeing clearly.
- 8. Anoint me to speak truth without fear and confront dysfunction with wisdom.
- Let every spirit of comparison, competition, and favoritism be broken.
- 10. Father, bless me with the ability to forgive those who wounded me.
- Teach me to build a home governed by love and emotional integrity.
- 12. I break every cultural stronghold that protects shame instead of healing.

Final Thought

Your family may not have given you the start you wanted—but through God, you can create the ending you need. This is not about being perfect. It's about being *present*—aware, accountable, and willing to grow. Day by day, layer by layer, you are not just overcoming dysfunction... you are birthing a new legacy. Stay with the process. Keep going.

Your healing has already begun.

Day 2

The Hidden Wounds of Polygamous Families

Polygamy, while accepted and normalized in many cultures and traditions, often carries a hidden cost—one paid by the hearts and souls of those born within its structure. Behind the rituals, respect, and rank lies a battlefield of emotional wounds, identity confusion, and generational pain.

In many households, polygamy is seen as a sign of strength, wealth, or honor. The man is respected for having multiple wives; the women are often expected to tolerate their place with humility; and the children are raised to "understand how things work." But beneath that structure, many grow up feeling unseen, unloved, and unworthy—haunted by questions they can't even articulate.

The Unspoken Question: "Where Do I Belong?"

In polygamous homes, a child's sense of worth is often shaped not by who they are, but *whose* they are:

• "You are the first wife's child—you're important."

- "You're the second wife's daughter—keep your head down."
- "That side of the family always thinks they're better than us."

These statements form the lens through which a child views their identity. Instead of being nurtured with confidence, many grow up second-guessing their value—confused by the subtle hierarchy within their own home.

Sibling Rivalry That Cuts Deep

In polygamous settings, sibling rivalry goes beyond typical childhood jealousy. It becomes a generational cycle of tension. Children grow up hearing stories about how "your aunt took this" or "your cousin tried to steal that." Alliances are passed down like heirlooms. Distrust becomes a legacy.

It's not unusual for siblings to grow up side-by-side yet develop *completely separate identities*—not just because of personality, but because of parental rank. Children are pitted against one another before they even learn how to spell their names.

This rivalry may lie dormant for years, but when the father passes away, the inheritance battle often ignites the fire. Legal conflicts, secret documents, emotional blackmail, and permanent relational fractures follow.

Mothers at War, Children in Between

Another wound that festers in polygamous homes is created through maternal alliances. When wives are in conflict, children become emotional shields and messengers:

- "Tell her I said this."
- "Don't play with her kids."
- "She's trying to take what belongs to us."

Children raised in this atmosphere carry emotional armor well into adulthood. Even if they've never exchanged harsh words with their siblings, they carry suspicion and loyalty to their "side."

This creates a type of *emotional inheritance* far more dangerous than land or wealth: a heart trained to compete instead of connect, to protect instead of trust.

The Invisible Father

In many polygamous homes, the father becomes a distant figure—revered but rarely emotionally present. He may provide financially, show up for ceremonies, and demand respect, but rarely is he a nurturer, a listener, or a consistent emotional guide.

Children may grow up hearing about their father's status, but rarely experience his affection. This absence leaves a gaping emotional hole. The child may then search for validation in unhealthy relationships, leadership positions, or spiritual extremes—still trying to answer the question, "Am I enough?"

Identity Loss and Emotional Abandonment

The confusion from divided homes leads to identity crises. Children often wrestle with:

• Feeling abandoned even while being clothed and fed

- Struggling to figure out whether they belong to a family or a faction
- Learning to be guarded and hypervigilant, even in childhood

The result is a fractured identity—a soul that doesn't know how to rest. Many grow up into adulthood with an emotional limp, constantly adjusting to survive relational tension.

This dysfunction may show up later in:

- Deep insecurity masked as overachievement
- Unhealthy competitiveness in the workplace
- · Jealousy in friendships or romantic relationships
- Difficulty trusting even safe people
- Sabotaging good relationships out of fear of betrayal

The Cultural Silence

Because polygamy is deeply woven into tradition, the wounds are often *silenced*. It's seen as disrespectful to speak about the emotional toll. Children are told, "That's how life is. Be strong. Be quiet. Be respectful."

But silence doesn't heal wounds—it hides them until they fester.

You are not dishonoring your family by healing. You are **breaking a curse.** You are not attacking tradition—you are **restoring truth** to your identity.

The Hope of Wholeness

You don't have to stay bound to the emotional chaos you were born into. Polygamy may have shaped your past, but it doesn't have to write your future.

Healing begins when you:

- Acknowledge what was broken
- Forgive what cannot be changed
- Confront what you believed about yourself
- Rebuild with God what was stolen from your heart

The war is not between you and your siblings or your father's wives. The real war is spiritual—and you are about to win.

Journal Prompts

- What role did my mother play in my emotional development, especially in relation to other wives?
- Have I ever felt like I was "less than" because of which mother I came from?
- Do I hold any resentment toward my siblings or steprelatives?
- Have I ever caught myself comparing my life, success, or identity to others from my family?

Action Step

Write the names of siblings, cousins, or step-relatives that trigger emotional discomfort. Ask the Holy Spirit to help you

forgive them—even if they don't acknowledge the hurt. Forgiveness isn't agreement—it's release.

Affirmation

"I am not defined by my mother's rank or my father's decisions. I am whole, loved, and chosen by God. No rivalry can steal what heaven has assigned to me."

Testimonies

Deliverance from Family Division After Father's Death

Enea – Albania

"I grew up in a household where my father had three wives. We never lived in peace. I was always told not to trust my half-brothers. When my father died, they locked us out of the will. I was devastated—emotionally more than financially. Through Bishop Climate's online healing session, I forgave them. I wept like a child. I'm no longer bound by the past. I walk in peace—and that's wealth no one can steal."

A Woman's Healing from Bitterness and Rejection

Tinashe - Zimbabwe

"My mother was the second wife and always made me feel like we were the unwanted ones. I grew up hating my other siblings and even resenting my father. But during a prophetic boot camp with Dr. Climate Wiseman, God began to heal my identity. I forgave my mother, my father, and even myself. I now

teach women in my community how to break free from polygamous emotional trauma."

Real-Life Application

Be intentional about **unlearning** emotional survival patterns you adopted in childhood. Watch for ways you still "choose sides" or self-protect in relationships. Begin asking: *Is this coming from truth—or from trauma?*

Scripture & Prayer Focus

Scripture:

"Though my father and mother forsake me, the Lord will receive me." — Psalm 27:10

Prayer:

Father, I surrender every wound I received from growing up in a divided family. Heal the hidden hurts I carry from maternal alliances, favoritism, and rejection. Teach me how to forgive and how to love without fear. I declare that I am not a rival—I am a redeemer. Restore my identity, in Jesus' name. Amen.

12 Prophetic Declarations

- 1. I declare that my worth is not tied to family rank.
- 2. I declare freedom from generational rivalry and division.
- 3. I declare I am accepted by God, not rejected by men.

- 4. I declare the bloodline of Jesus heals every fractured tie.
- 5. I declare wisdom to rebuild broken relationships.
- 6. I declare peace over my name, my heart, and my memories.
- 7. I declare deliverance from the orphan spirit.
- 8. I declare that I belong, I am seen, I am known.
- 9. I declare restoration of lost honor and hidden value.
- 10. I declare joy shall replace shame in my family line.
- 11. I declare my future is not a repetition of the past.
- 12. I declare I am a bridge, not a battleground.

12 Powerful Prayer Points

- Lord, heal my heart from every polygamous wound I carry.
- 2. Break the spirit of jealousy and comparison in my bloodline.
- 3. Restore the identity stolen through favoritism and silence.
- 4. Uproot every lie I believed about myself growing up.
- 5. Let the cycle of rivalry stop with me.
- 6. Help me forgive siblings and step-family members who hurt me.
- 7. Redeem my story for Your glory.
- 8. Heal my relationship with parental figures marked by division.
- 9. Break every curse of broken inheritance and emotional betrayal.
- 10. Release the spirit of peace and unity in my family.
- 11. Deliver me from guarding my heart with bitterness.
- 12. Make me a healer, not a hater, in my bloodline.

Final Thought

You may have been born into a divided home, but you are called to build a united future. The pain of polygamy may run deep, but God's healing runs deeper. This journey is not just about freedom for you—it's about changing the legacy of everyone who comes after you. Keep going. A new chapter has already begun.

Day 3

The Pressure of the First Wife, the Forgotten Child

There is a unique pain that often goes unnoticed in the dynamics of polygamous and competitive family structures—the pain of the *first wife* and the emotional abandonment of the *forgotten child*. Both exist under intense, unspoken pressure. Both are expected to maintain honor while silently absorbing rejection. Both are often left without a voice, despite being foundational to the family's story.

In many cultures, the first wife is seen as the "pillar" of the home—the one who was there from the beginning, who built the house alongside her husband. But when additional wives come in, especially if they're younger or more favored, the first wife becomes *replaced emotionally but expected to stay stable publicly*.

She carries the pain of watching her husband's attention shift. She sacrifices, she submits, she serves—and yet slowly becomes invisible in her own home. Often, her emotional life is dismissed, her voice diminished, and her role reduced to "just being strong."

The Silent Suffering of the First Wife

In counseling and deliverance sessions over the years, I have heard these cries over and over again:

- "I was the one who helped him build everything."
- "Now they treat me like the old woman in the corner."
- "I stayed faithful, but he moved on emotionally."
- "My children are treated like leftovers."

These women suffer a deep identity wound. They're told to "respect the family structure" while grieving their lost place in the heart of the man they once shared everything with.

They often become emotionally hardened, overly controlling with their children, or bitter toward the co-wives and their offspring. Yet in the eyes of the community, they are still expected to smile.

The Forgotten Child

In every family where competition reigns—whether through polygamy, favoritism, or rivalry—there are always **forgotten children**. These children are not necessarily mistreated outright, but they're emotionally invisible:

- Their birthdays are missed.
- Their achievements are downplayed.
- Their feelings are dismissed.

The forgotten child could be:

• The youngest of a less-favored wife.

- The daughter in a family that prioritizes sons.
- The child of a marriage that has lost favor.
- The quiet one who doesn't demand attention.

These children grow up internalizing one dangerous belief: "I must not matter."

Inheritance Confusion and Legacy Damage

One of the most damaging manifestations of dysfunction in competitive homes is seen in **inheritance battles**. First wives often feel they deserve legal and emotional protection. But when the man fails to clearly define inheritance rights or allows family politics to influence decisions, the family is thrown into confusion, bitterness, and spiritual contamination.

Some children receive properties, others are forgotten. Some wives are honored, others are removed from the will. This disorder destroys legacies. What one man fails to structure in life becomes a generational curse after death.

When families fight over land, wealth, or name, **they are no longer just dealing with paper**—they are dealing with blood. And wherever blood is shed—whether physically or emotionally—demonic gates are opened.

Emotional Neglect in the Name of Honor

In dysfunctional families, silence is often demanded in the name of "honor." First wives and overlooked children are told:

- "Don't speak badly of your father."
- "This is our culture."

• "Keep the peace."

But peace built on silence is not peace—it is **emotional imprisonment**. And what is not spoken becomes buried in the soul, where it festers into depression, resentment, anxiety, and even physical illness.

Cultural Pressure, Personal Pain

The cultural pressure to "endure with dignity" has caused many women and children to die emotionally while being praised for their strength. But let me be clear:

God never asked you to stay silent in suffering.

He never designed honor to equal invisibility.

And He certainly did not call your children to grow up as shadows.

Healing begins with truth. Truth spoken in love. Truth rooted in courage. Truth aimed at freedom.

The First Step: Naming the Pain

If you were the first wife, or a child of the first wife, or the "forgotten" one in a home of competition, your healing starts today. You don't need revenge. You need **recognition**:

- That your pain was real.
- That your silence wasn't weakness.
- That your worth is not measured by how others treated you.

And that your story is far from over.

Journal Prompts

- Have I ever felt invisible in my own home or family?
- Was I ever expected to "be strong" while someone else was favored?
- Did I ever watch a parent suffer silently and feel helpless?
- What did I learn about love, value, and inheritance from my childhood?

Action Step

Today, take time to reflect on who you needed to be for others growing up. Write down the roles you had to play to "keep the peace." Then ask yourself, *What did I lose in order to play that role?* This is the beginning of reclaiming your voice.

Affirmation

"I am not invisible. I am not forgotten. What was withheld from me emotionally and spiritually will be restored by God. I choose to heal, not to harden."

Testimonies

Deliverance from the Pain of Being Overlooked

Kristof - Hungary

"My mother was my father's first wife. As a boy, I watched her endure things no woman should. When the second wife came, my father changed. He gave his time, his money, and even his name more freely to their children. I was angry for years, but I didn't know how to express it. I joined Bishop Climate's online men's mentorship, and during a session, I broke down. I was 42, but for the first time, I felt seen. Now I am a better father to my own sons because I chose to forgive."

A Daughter's Battle for Inheritance and Identity Salem – USA

"I didn't grow up in a traditional polygamous home, but I was the child of a previous relationship. When my father remarried, everything shifted. I felt like an outsider in my own family. After he died, I was written out of everything. I joined one of Dr. Climate Wiseman's healing bootcamps, and God helped me let go of the bitterness that nearly destroyed me. I now speak to other women about emotional inheritance, and how to recover what you were never given."

Real-Life Application

Be honest with yourself about the "positions" you were placed in growing up. Were you the peacekeeper? The forgotten one? The strong wife? The overlooked child?

Start gently confronting those places with compassion. What you couldn't change in your past, God can transform in your future.

Scripture & Prayer Focus

Scripture:

"He raises the poor from the dust and lifts the needy from the ash heap; he seats them with princes and has them inherit a throne of honor." -1 Samuel 2:8

Prayer:

Father, I bring before You every moment I felt overlooked, devalued, or replaced. Heal the hidden wounds I carry as a result of emotional neglect and family rivalry. Lift me from the shadows and seat me in the place of honor You have prepared. Restore my voice, my dignity, and my inheritance—both spiritually and emotionally. In Jesus' name. Amen.

12 Prophetic Declarations

- 1. I declare that I am seen by God, even when forgotten by man.
- 2. I declare restoration of every emotional and spiritual inheritance.
- 3. I declare that the voices of silence and shame are broken.
- 4. I declare healing for every first wife who suffered in quiet.
- 5. I declare justice for every forgotten child.

- I declare that confusion around inheritance shall be resolved.
- 7. I declare that I will no longer live in the shadow of favoritism.
- 8. I declare wisdom to navigate family rivalries with peace.
- 9. I declare boldness to confront what needs healing.
- I declare peace over my memories and confidence for my future.
- 11. I declare that my voice matters, my healing matters, and my destiny matters.
- I declare I am no longer performing for love—I am walking in freedom.

12 Powerful Prayer Points

- 1. Lord, heal the hearts of every first wife who feels betrayed or replaced.
- 2. Restore the emotional inheritance of children who were forgotten.
- 3. Break the spirit of rejection passed down through family rivalry.
- 4. Release peace over every fragmented household.
- 5. Uproot bitterness, comparison, and emotional abandonment.
- 6. Let every hidden pain come into the light for healing.
- 7. Silence the voices of shame and fear in family dynamics.
- 8. Let truth reign over every confusion surrounding inheritance.
- Grant wisdom to navigate blended or divided family systems.

- 10. Heal the wounds caused by being forced to "be strong" in silence.
- Release divine validation over those who were overlooked.
- 12. Father, build a new family culture of healing, honor, and wholeness.

Final Thought

Whether you were the first wife, the overlooked spouse, or the forgotten child, your story still matters. You are not invisible to heaven. Every tear you've cried in silence is being counted, and every injustice you've endured is being reversed in the Spirit. You are not the background of someone else's story—you are the beginning of something new. Keep going. Your voice is rising.

Day 4

Emotional Absence in Monogamous Homes

Not all pain comes from chaos. Sometimes it comes from quiet.

Not all dysfunction comes through violence or conflict. Sometimes it comes through **what's missing**—not what's present.

Many people from monogamous homes—where there is only one mother, one father, one house—struggle to admit that something was wrong. After all, there was no divorce. There were no screaming matches. There was food on the table. Clothes in the closet. A roof over your head. So why do you still feel like something is missing?

Because sometimes the damage isn't done by what happened.

It's done by what didn't happen.

The Pain of Emotional Absence

In monogamous homes, dysfunction can be hidden beneath order, structure, and tradition. These homes may look picture-

perfect, but inside, many are raised by emotionally unavailable parents—mothers who are physically present but emotionally cold, or fathers who never gave affection unless it was earned through performance.

This kind of **emotional starvation** leaves children with deep questions:

- "Why don't I feel connected to my parents?"
- "Why does love feel like a reward instead of a given?"
- "Why do I feel lonely even when I'm around people?"

What Emotional Absence Looks Like

- **Silent homes** where no one talks about feelings
- · Parents who provide but don't connect
- Praise only for achievement, not character or presence
- No physical affection, like hugs or affirming words
- Conversations always focused on tasks, not heart issues
- Children left to process their pain alone

This creates emotionally numb adults who struggle to express themselves, maintain deep relationships, or trust love when it finally shows up.

Neglect Isn't Always Violent—But It Is Always Harmful

You may never have been hit. You may never have been cursed. But if you were:

- Never comforted when you cried
- Never told "I'm proud of you" without conditions
- Never invited into open conversations about life or emotions
- Then you experienced **emotional neglect**.

Neglect forms in many homes where culture teaches that "being tough" is the only way to survive, or where survival was more important than bonding. Parents may say, "We gave you everything," but the child is still left empty.

The Coldness That Shapes Identity

The absence of emotional warmth leads children to believe:

- "I have to earn love."
- "If I'm not achieving, I'm not valuable."
- "My emotions are a burden."
- "Affection is weakness."
- "Being vulnerable is dangerous."

These lies root themselves deeply into adulthood. You may grow up being high-functioning—but emotionally bankrupt. You may be successful in business or ministry—but relationally disconnected, unable to bond deeply, or terrified of expressing your true feelings.

The Cycle Continues

Unless healed, emotional absence gets passed down generationally:

- Parents who were never comforted don't know how to comfort.
- Mothers who were never heard don't know how to listen.
- Fathers who were never affirmed don't know how to bless.

This creates cycles of children growing up in homes full of things—but lacking **connection**, **affection**, **and safety**.

Breaking the Pattern: Relearning What Love Looks Like

Healing from emotional absence involves more than forgiving your parents—it requires **relearning how to love, how to trust, and how to receive**.

You must give yourself permission to:

- · Feel your feelings without shame
- Ask for help without guilt
- Invite God into the lonely places
- Build new emotional tools for the future

You're not weak for needing love—you were created for it.

Journal Prompts

- What moments from my childhood felt emotionally "cold" or distant?
- Was love in my home based on performance, perfection, or pressure?
- How do I typically respond to emotional intimacy do I pull away or self-protect?
- In what ways have I repeated this pattern in my own parenting or relationships?

Action Step

Choose one emotion you were never allowed to express as a child—fear, sadness, frustration—and write a letter to your younger self validating that emotion. This is how you begin to heal what was never affirmed.

Affirmation

"I am worthy of love, affection, and emotional safety. I release the belief that love must be earned, and I open my heart to receive it freely."

Testimonies

Breaking Free From Emotional Silence

Dastan - Kazakhstan

"My father was a quiet man. My mother was dutiful but never expressive. I never heard the words 'I love you' growing up—

not once. I became emotionally numb and thought that was strength. But inside, I was suffocating. It wasn't until I attended an online deliverance conference with Dr. Climate Wiseman that I realized I was emotionally starving. The healing began when I forgave them and asked God to father me in the places they couldn't. I now tell my own son every day that he is loved."

A Mother's Journey to Emotional Healing

Harlow - USA

"I didn't know how cold I had become until my daughter asked me, 'Mom, why don't you hug me?' I wept. I didn't grow up with affection. My parents were married but emotionally distant. I carried that into my home. I found Bishop Climate Ministries online and joined one of the emotional healing challenges. The teaching changed my life. Now, I'm learning how to show love in real ways—even if it's uncomfortable at first. My daughter is healing, and so am I."

Real-Life Application

Start paying attention to how you respond when someone shows you affection, affirmation, or asks how you're feeling. Do you shut down? Get uncomfortable? Change the subject? These are signs of wounds from emotional absence. Stay aware, and start allowing yourself to feel—and be felt.

Scripture & Prayer Focus

Scripture:

"I will not leave you as orphans; I will come to you." — John 14:18

Prayer:

Lord, I surrender every place in me that was left untouched by love. Heal the empty, numb places within me. Teach me how to receive, how to feel, and how to connect again. Where emotional silence ruled, let divine intimacy reign. Make me a person who gives and receives love in wholeness. In Jesus' name. Amen.

12 Prophetic Declarations

- 1. I declare I am emotionally whole and spiritually grounded.
- 2. I declare freedom from the need to earn love.
- 3. I declare healing over every memory marked by emotional neglect.
- 4. I declare I am safe to feel, to express, and to connect.
- 5. I declare that I am not emotionally numb—I am alive with purpose.
- I declare restoration in my relationships and family dynamics.
- 7. I declare a new legacy of affection, compassion, and connection.
- 8. I declare every orphan spirit is broken over my life.
- 9. I declare I am becoming a safe space for others to feel seen.
- 10. I declare boldness to communicate openly and truthfully.
- I declare joy and emotional security in my household.
- 12. I declare I am loved, known, and affirmed by God daily.

12 Powerful Prayer Points

- Father, heal the wounds created by emotional silence in my childhood.
- 2. Lord, break every generational pattern of emotional withholding.
- 3. Restore my ability to give and receive love freely.
- 4. Deliver me from performance-based identity.
- 5. Release me from the fear of emotional intimacy.
- 6. Teach me to comfort others as You comfort me.
- 7. Anoint my home with emotional safety and affection.
- 8. Redeem every silent, lonely moment from my past.
- Fill me with Your presence where parental connection was missing.
- 10. Let Your Spirit break every coldness in my heart.
- 11. Make me a vessel of healing in my family.
- 12. Use me to build new emotional and spiritual legacies.

Final Thought

Just because there wasn't chaos in your home doesn't mean there wasn't pain. Emotional absence is a quiet killer—but it can be overcome through truth, intentional healing, and the presence of God. You were not created to survive numb—you were born to feel, to love, and to connect. Your heart is awakening. Keep going.

Day 5 Roles We Were Forced to Play

When families are broken, chaotic, or emotionally unstable, something tragic often happens without anyone noticing: **children begin to play roles to survive.**

In the absence of consistent love, clear communication, emotional safety, or spiritual peace, children instinctively shift into survival mode. Not because they want to—but because they have to.

Instead of growing into who they truly are, they become **who the family needs them to be**—or rather, who the dysfunction demands they become. And while these roles may keep the family functional on the surface, they cost the child their **authentic identity** underneath.

The False Identities Children Adopt

Let's look at four of the most common roles children unconsciously take on in dysfunctional families:

1. The Hero

This is the responsible one—the overachiever, the rescuer.

They are often the eldest or the one expected to "fix everything" when chaos erupts. The Hero is the peacemaker, the trophy child, the golden example.

But behind the good grades, clean clothes, and polished manners is a scared child who feels they have no permission to fail. They're often praised for what they do, not who they are.

As adults, Heroes often become:

- Perfectionists who cannot rest
- People who measure their worth by productivity
- Leaders who carry unspoken resentment
- Parents who unknowingly repeat the same pressures

2. The Scapegoat

This child is blamed for everything that goes wrong.

They become the emotional lightning rod of the household. Every dysfunction gets projected onto them. The Scapegoat may be rebellious, loud, misunderstood—or even the most honest person in the family.

They carry shame not because of who they are, but because of what others refuse to deal with.

As adults, Scapegoats often:

- Struggle with low self-esteem
- Feel like outcasts even in healthy settings

30 Days to Overcome Family Dysfunction

- Sabotage good things because they feel undeserving
- Battle with anger, addiction, or isolation

3. The Invisible Child

This is the one who disappears in the background.

They aren't praised or punished—they're simply overlooked. Often a middle child or a quiet one, they learn to survive by minimizing their needs and shrinking themselves to avoid causing problems.

As adults, Invisible Children often:

- Struggle with voicing their needs
- Fear conflict and over-accommodate others
- Settle in relationships just to feel seen
- Carry a deep belief that their presence doesn't matter

4. The Caretaker (or Parentified Child)

This child becomes the emotional or even physical caretaker of their siblings—or their own parents. They are forced to grow up too fast, skipping childhood to serve as the "strong one."

Caretakers often:

- Suppress their own needs to care for others
- Feel guilt when resting or receiving help
- Attract emotionally dependent people
- Struggle with boundaries and self-identity

Why These Roles Are Dangerous

These roles may seem noble or even necessary. In fact, many of us wore them like armor. But here's the danger: **they are not who we truly are**.

They are masks we learned to wear in order to keep the peace, receive affection, or avoid pain. But masks block connection—both with others and with ourselves. They limit our ability to feel joy, form healthy relationships, and walk in divine purpose.

God didn't call you to be a role.

He called you to be a son. A daughter. A whole person.

Surviving vs. Living

You were never created to survive dysfunction—you were created to live in purpose. It's time to **peel back the layers**, confront the role you've played, and start discovering the authentic self hidden underneath.

You may have been the hero. The scapegoat. The invisible one. The caretaker.

But you don't have to stay there.

Journal Prompts

- Which of these roles did I play growing up—and why?
- What did I believe I had to do to be loved or accepted?

30 Days to Overcome Family Dysfunction

- What have I lost in my adult life because I was still performing that role?
- What would my life look like if I no longer had to play that role?

Action Step

Stand in front of a mirror today and speak out loud:

"I no longer need to play the role of _____. I give myself permission to be seen, loved, and known as I truly am."

Let this be a prophetic declaration of release.

Affirmation

"I am not who I had to become to survive. I am who God created me to be. I release every false role, and I embrace my true identity."

Testimonies

A Scapegoat's Redemption

Fahad - Sudan

"My older brother was the family's pride. I was the one always blamed, no matter what happened. I became angry, rebellious, and distant. I believed I was cursed. After attending a prophetic conference with Bishop Climate, I learned that the label of 'problem child' was a lie. Through inner healing and deliverance, I forgave my parents and began to see myself the

way God does. Today, I work with young men who are stuck in the same pattern—and I remind them: you are not the scapegoat, you are the solution."

The Invisible Child Who Found Her Voice

Ilona - Hungary

"I was the third daughter in a family that wanted sons. I kept quiet, helped around the house, and tried not to 'be a burden.' As an adult, I found myself disappearing in every relationship —afraid to speak, always accommodating. I stumbled across Bishop Climate's teachings on emotional healing and knew God was speaking to me. Through the coaching program, I began journaling and doing declarations. For the first time, I heard myself speak truth. I'm no longer hiding. I am finally living."

Real-Life Application

Start observing how you show up in relationships:

- Do you take responsibility for everything (Hero)?
- Do you always feel blamed (Scapegoat)?
- Do you avoid conflict and disappear (Invisible Child)?
- Do you feel guilty for needing help (Caretaker)?

These are not personality traits—they are protective roles. And it's time to release them.

Scripture & Prayer Focus

Scripture:

"Do not conform to the pattern of this world, but be transformed by the renewing of your mind." — Romans 12:2

Prayer:

Father, today I surrender every false role I have played to survive. Heal the parts of me that learned to perform instead of receive love. Unmask my soul, and restore my authentic identity. I am not a role—I am Your child. Lead me into wholeness, in Jesus' name. Amen.

12 Prophetic Declarations

- 1. I declare I am free from every false role assigned by dysfunction.
- 2. I declare I am no longer defined by my past family dynamics.
- 3. I declare my identity is rooted in truth, not survival.
- 4. I declare healing over every mask I wore to be accepted.
- 5. I declare I am safe to be seen, known, and loved.
- 6. I declare I am stepping into my authentic self.
- 7. I declare freedom from people-pleasing and perfectionism.
- 8. I declare every role of shame and silence is broken.
- 9. I declare I will no longer carry others' responsibilities to prove my worth.
- 10. I declare peace over the child in me that had to grow up too fast.

- 11. I declare divine restoration of my voice, my power, and my purpose.
- 12. I declare I am not a role—I am royalty.

12 Powerful Prayer Points

- Lord, expose and heal the role I was forced to play in my family.
- 2. Break every agreement I made with false identity.
- Restore the confidence I lost in trying to be someone I'm not.
- 4. Heal me from the pressure of being the "perfect" child.
- 5. Release me from guilt, shame, or self-blame tied to my childhood role.
- 6. Teach me how to live as a whole person, not a performance.
- 7. Deliver me from emotional exhaustion caused by caretaking others.
- 8. Heal my inner child from abandonment, fear, and silence.
- 9. Restore my authentic voice and emotional expression.
- 10. Release clarity about who I am in You, not who I had to be for others.
- 11. Break every generational curse of emotional identity distortion.
- 12. Empower me to help others find freedom from false family roles.

Final Thought

You don't have to be the strong one, the silent one, or the one who holds everything together anymore. That was survival. But this season is about truth, healing, and freedom. The roles you played were never your true identity. It's time to come home—to yourself, to wholeness, to the version of you that was always waiting underneath the mask. This is not the end of who you were—this is the beginning of who you really are.

Day 6

Family Secrets, Hidden Siblings, and Half-Truths

Some families are loud in their dysfunction. Others are **quiet**—but deadly.

In these families, the deepest wounds aren't caused by what was said, but by **what was never said.**

Secrets.

Unacknowledged children.

Affairs swept under the rug.

Mental health issues passed off as "normal."

Generational curses repackaged as "family tradition."

This kind of dysfunction operates in shadows—where denial replaces truth, silence replaces justice, and shame becomes the glue holding everything together. But here's the truth: **what is hidden will always grow.**

The Culture of Silence

In many homes—especially in religious, traditional, or honor-based cultures—**silence is treated as a virtue**. You're taught:

- "Don't talk about that."
- "That's none of your business."
- "Protect the family name."
- "Forget what you saw."

So children grow up learning to suppress, ignore, and protect secrets that slowly rot the foundation of the family.

But secrets don't die when ignored.

They evolve.

They pass down.

They create confusion, shame, and spiritual contamination.

Hidden Siblings, Double Lives, and Unknown Truths

One of the most damaging forms of family dysfunction is the existence of **hidden children**—siblings from previous relationships, affairs, or secret unions.

Some children grow up and discover:

- They have siblings they've never met
- Their father had another family no one spoke about
- Their mother was the "other woman"

• The person they called "Uncle" was actually their biological father

These revelations break something inside a person—not just emotionally, but spiritually. They cause a child to question everything:

"Who am I? What else have I been lied to about? Why didn't I matter enough to be told the truth?"

The Consequences of Half-Truths

In dysfunctional families, even the truth is often **only partially told**. This creates deep-rooted issues such as:

- **Shame:** Feeling like your existence is something to be hidden
- Resentment: Toward the parent who lied or omitted the truth
- Distrust: Toward family members and authority figures
- **Confusion:** Over your identity, your bloodline, or your future

Some never recover from the shock of discovering their family isn't what they thought. Others carry the silent burden of "knowing too much" with no safe place to process it.

Spiritual Contamination from Hidden Truths

The enemy thrives in secrecy. Wherever truth is distorted, **spiritual strongholds take root**:

30 Days to Overcome Family Dysfunction

- Generational curses remain undetected
- Spirits of shame, deception, and confusion are empowered
- Soul ties remain intact
- The orphan spirit grows—especially in hidden children

As long as secrets are protected, healing is delayed.

As long as silence reigns, restoration is postponed.

But when truth enters, freedom follows.

The Power of Truth-Telling

Healing begins the moment **truth is welcomed**, no matter how uncomfortable.

This doesn't mean shouting every secret to the world—but it does mean confronting what's been hidden within *your own heart*. It means facing the pain, grieving the lies, and allowing God to speak truth over your identity again.

You Are Not a Mistake

To every child who was hidden:

You are not a mistake.

You are not an accident.

You are not a secret to God.

You were seen before the foundations of the world.

Your conception may have been hidden—but your **calling** is not.

Journal Prompts

- Was there ever a moment when I discovered a hidden truth about my family?
- How did I process that truth emotionally and spiritually?
- Are there secrets I'm still carrying that need to be released or confronted?
- Have I ever questioned my value because of a lie or omission in my upbringing?

Action Step

Write down the family secrets or half-truths that still weigh on you. Pray over each one. Then declare aloud:

"This will not pass to the next generation. I choose truth over silence."

Affirmation

"I am not defined by family secrets or lies. I choose truth, and truth sets me free. My identity is whole, my mind is sound, and my future is secure."

Testimonies

Deliverance from the Pain of Hidden Family History

Case - USA

"I found out at 19 that the man I called 'Dad' was not my biological father. The truth hit me like a storm. No one had ever told me—not even my mother. I felt betrayed and spiritually abandoned. I began to spiral until I came across Bishop Climate's teachings on breaking generational deception. I enrolled in an online deliverance course, and for the first time, I cried in God's presence—not from pain, but from peace. My identity is no longer rooted in secrecy. It's rooted in truth."

Freedom After Years of Carrying Family Secrets Zulema – Mexico

"I grew up knowing my grandfather had another family, but no one ever spoke about it. When my father died, all the secrets exploded. I was angry for years. I hated my surname. I hated the silence. Then I joined a virtual mentorship session with Dr. Climate Wiseman. Something he said changed my life: 'You are not a secret—you are a seed.' From that moment, I chose to let the pain grow me, not kill me. I've now reconciled with cousins I never knew, and I feel more whole than ever."

Real-Life Application

Be mindful of how silence shows up in your life today. Do you avoid conflict? Do you fear speaking up? Are there still things you've never told anyone? Start practicing emotional honesty—with God, with yourself, and with trusted relationships.

Scripture & Prayer Focus

Scripture:

"You will know the truth, and the truth will set you free." — John 8:32

Prayer:

Lord, I surrender every secret, every lie, and every painful truth I've carried. Break every stronghold that was built on deception. Heal my identity. Restore my trust. Purify my family line. May truth reign in my heart and in my household. In Jesus' name. Amen.

12 Prophetic Declarations

- 1. I declare that truth is the foundation of my healing.
- 2. I declare every family secret is exposed and uprooted.
- 3. I declare freedom from the weight of shame and silence.
- 4. I declare clarity over my identity and calling.
- 5. I declare I will not carry secrets into the next generation.
- 6. I declare that confusion is broken over my bloodline.
- 7. I declare I am seen, known, and chosen by God.
- 8. I declare the enemy will not use deception to divide my family.
- 9. I declare emotional peace over every uncovered truth.
- 10. I declare restoration where lies once ruled.
- 11. I declare strength to speak and live in truth.
- 12. I declare my legacy will be one of honesty, love, and healing.

12 Powerful Prayer Points

- Lord, expose every hidden lie affecting my family's destiny.
- 2. Break the power of shame tied to generational secrets.
- 3. Heal my heart from confusion and betrayal.
- 4. Restore what was stolen through deception.
- Let every hidden sibling find restoration and acceptance.
- 6. Release truth and healing into my bloodline.
- 7. Purify my mind from lies I believed about myself.
- 8. Close every demonic gate opened through dishonor and secrecy.
- 9. Let reconciliation come where truth is revealed.
- 10. Protect the next generation from inherited deception.
- 11. Help me walk in truth without fear.
- 12. Re-establish Your truth as the cornerstone of my family.

Final Thought

The truth may shake you, but it will never destroy you. What destroys us is silence. God is not afraid of your truth—He already knows it, and He's ready to heal it. You may have been born into secrets, but you are being born again into freedom. Let truth rise. Let healing flow. Let your legacy begin.

Day 7

When Adults Act Like Children and Children Like Adults

Families are meant to be sanctuaries where children grow and adults guide, where roles are clear and safe. But in dysfunctional homes, the roles often become **reversed**—and without warning, the **child becomes the parent**, and the **parent becomes the child**.

This reversal is more common than we realize. In fact, many people reading this have lived their entire lives thinking it was normal to:

- Manage their parents' emotions
- · Solve adult problems as a teenager
- Protect siblings from violent or unstable adults
- Take care of their mother when their father left
- Become the "man of the house" at age 9

This is called **parentification**, and it is one of the most subtle yet damaging forms of family dysfunction.

What Is Parentification?

Parentification occurs when a child is forced—emotionally, physically, or spiritually—to **step into the role of a parent**. It may happen due to:

- Divorce or separation
- Death of a parent
- Addiction or mental illness
- Emotional immaturity of caregivers
- Poverty or trauma in the home

The child ends up:

- Raising younger siblings
- Mediating fights between parents
- Providing financially
- Counseling adults
- Silencing their own needs to keep the family together

When Adults Refuse to Grow Up

In these families, **the adults never fully mature**, often due to their own unhealed trauma. They may be:

- Emotionally volatile
- Spiritually immature
- Irresponsible with finances
- Addicted to substances, sex, or validation
- Dependent on their children for comfort or approval

This forces the child to grow up too quickly. Their own devel-

opment is paused because they're too busy **managing dysfunction**.

A parent may say things like:

- "You're the only one I can talk to."
- "You're so mature for your age."
- "Help me, I can't do this without you."

At first, this may feel like love or praise. But over time, it becomes a **burden disguised as bonding**.

The Cost of Premature Responsibility

Children who are parentified often carry invisible wounds:

- Guilt when resting or playing
- Fear of asking for help
- A deep sense that love must be earned
- Chronic anxiety or perfectionism
- Resentment toward siblings or parents

These children grow into adults who:

- Marry people they need to "fix"
- Burn out in ministry or leadership
- Parent their own children with emotional distance
- Struggle to enjoy life without feeling selfish

30 Days to Overcome Family Dysfunction

The Inner Cry: "When Is It My Turn?"

Parentified children often suppress one question their whole lives:

"When is it my turn to be taken care of?"

They don't ask because they were taught to be strong. But deep down, the little child still waits—for someone to protect them, comfort them, and tell them it's okay to *be a child*.

Here's the truth: You were never meant to carry what you carried.

And you don't have to carry it anymore.

The Path to Healing

You can't rewrite your childhood. But you can reclaim your identity.

- You are allowed to be cared for.
- You are allowed to put the burden down.
- You are allowed to trust others and ask for help.
- You are allowed to reconnect with joy, play, and rest.

Healing comes when you give yourself permission to be human again—when you invite God to father the parts of you that were parentified too soon.

Journal Prompts

- At what age did I begin taking responsibility beyond my years?
- In what ways did I care for others while neglecting myself?
- Do I struggle to rest or enjoy life without guilt?
- Where am I still carrying the emotional burdens of my parents?

Action Step

Find a childhood photo of yourself. Look into the eyes of that child and say out loud:

"I'm sorry you had to carry so much. From today forward, I will protect you, nurture you, and give you the care you never received."

Affirmation

"I release the pressure to be strong for everyone. I am not responsible for what others refused to carry. I am free to rest, to heal, and to receive love without guilt."

Testimonies

A Son Who Carried His Father's Pain

Kenjiro - Japan

"My father was broken after losing his job. I was only 11, but I started helping with the bills and listening to him cry every

30 Days to Overcome Family Dysfunction

night. I never had a childhood. By the time I was 20, I was already bitter. I didn't know how to let people help me. Then I found Bishop Climate Ministries online and joined a prophetic Zoom session. The word that came forth pierced my heart: 'The weight wasn't yours.' I broke down. Since then, I've been healing, resting, and allowing God to father me."

The First Daughter Turned Mother

Makeda - Ethiopia

"My mother had seven children. I was the eldest. I raised them all while she worked. I never complained, but I resented her. At 33, I realized I never learned how to take care of *me*. I joined one of Dr. Climate Wiseman's deliverance boot camps and something shifted. I forgave my mother. I let God heal the part of me that never had rest. I now teach other women how to stop parenting from pain and start mothering from peace."

Real-Life Application

Pay attention to where you still operate from duty instead of delight. Are you helping because you want to—or because you fear things will fall apart without you?

Learn to say, "That's not mine to carry." This is the beginning of emotional deliverance.

Scripture & Prayer Focus

Scripture:

"Come to me, all you who are weary and burdened, and I will give you rest." — Matthew 11:28

Prayer:

Father, I release every burden I was forced to carry as a child. Heal the places where I grew up too fast. Teach me how to receive love and rest without shame. Restore my emotional balance. Help me forgive the adults who acted like children. In Jesus' name. Amen.

12 Prophetic Declarations

- 1. I declare freedom from premature responsibility.
- 2. I declare emotional rest over my heart and soul.
- 3. I declare I am not my family's rescuer—I am God's child.
- 4. I declare I am allowed to ask for help and receive it.
- 5. I declare healing over every stolen moment of childhood.
- 6. I declare I am not bound by guilt, duty, or fear.
- 7. I declare joy returns to my spirit daily.
- 8. I declare I am seen, valued, and nurtured by heaven.
- 9. I declare my burdens are not my identity.
- 10. I declare I am entering a season of divine restoration.
- 11. I declare my worth is not in what I do but who I am.
- 12. I declare I am walking in freedom, rest, and balance.

12 Powerful Prayer Points

- 1. Lord, break the spirit of parentification over my life.
- Heal my soul from carrying emotional roles I was never meant to carry.

30 Days to Overcome Family Dysfunction

- 3. Release me from every false responsibility rooted in dysfunction.
- 4. Heal me from bitterness toward the adults who let me down.
- Restore my identity as a beloved child, not a replacement parent.
- 6. Break every spirit of guilt that keeps me from resting.
- 7. Teach me to enjoy life without fear or shame.
- 8. Help me trust others to carry their own weight.
- 9. Empower me to parent from healing, not trauma.
- 10. Let peace replace pressure in my home and heart.
- Redeem the lost years of my childhood with joy and purpose.
- 12. Anoint me to walk in balance, rest, and healthy identity.

Final Thought

You don't have to hold everything together. That was never your job. What you did to survive was heroic—but now it's time to *heal*. Your soul deserves rest. Your heart deserves peace. And the little child inside you deserves to be loved without having to earn it. This is your season of reversal. The burdens are coming off. You are free.

Day 8 The Betrayal of the Trusted

Betrayal is one of the deepest cuts a human soul can experience.

And when it comes from someone **you trusted**—someone you called *Mother, Father, Spouse,* or *Guardian*—the pain goes deeper than words. It shakes your foundation. It breaks your sense of safety. It can even fracture your identity.

In a healthy family, trust is sacred.

But in a dysfunctional one, trust is often manipulated, weaponized, or destroyed.

The one who should have protected you becomes the one who **wounded you**.

The one who should have provided becomes the one who **took from you**.

The one who promised to love becomes the one who **abandoned** or **abused** you.

What Betrayal Looks Like in a Family

Betrayal doesn't always come as a single dramatic event. Often, it comes in subtle, repeated blows that change the way we see the world:

- A father who told everyone he'd always be there then walked out.
- A mother who shared your secrets with others after pretending to comfort you.
- A guardian who molested you, then demanded silence in the name of family.
- A sibling who sold out your trust for inheritance, favor, or reputation.
- A spouse who took sacred vows, then emotionally abandoned the marriage.

Betrayal is **not just what happened—it's who did it.**

That's what makes it so devastating.

The Emotional Fallout

Betrayal creates trauma that reshapes how we see:

- **Ourselves** "Was it my fault?"
- **Others** "I can never trust again."
- **God** "Why didn't You protect me?"

Many people still suffer silently from childhood betrayals that were never validated:

• The money that was stolen

- The promises that were broken
- The dignity that was stripped
- The words that destroyed innocence
- The silence that followed the abuse

What makes betrayal so damaging is not just the pain—it's the **loss of safety**, and the deep shame that often follows.

Spiritual Betrayal Within the Home

Spiritual betrayal is one of the most overlooked types. It happens when:

- Parents preach righteousness but live in hypocrisy
- Pastors who are also parents use the Bible to control or condemn
- Children are forced to perform spiritually while their wounds are ignored
- Parents withhold affection "in the name of discipline" but never restore relationship

This creates spiritual confusion, causing many to run from faith instead of toward it.

Betrayal Is Not the End of Your Story

If you've been betrayed by someone you trusted, you're not weak for being wounded. You were **human** for trusting—and someone else failed to honor that trust.

But here is the good news:

Healing doesn't require them to make it right.

It requires you to release what they broke into God's hands.

You Are Not What Was Done to You

Betrayal does not define your value.

What someone did to you does not determine who you are.

You can grieve the pain and **reclaim your power.**

You can mourn the loss and still walk in purpose.

You can forgive without forgetting—and still protect your peace.

Journal Prompts

- Who was the first person that broke my trust? What happened?
- How did that moment change the way I see relationships?
- Am I still waiting for an apology that may never come?
- Have I blamed myself for the betrayal I suffered?

Action Step

Write a "release letter" (not to be sent) to the person who betrayed you. Pour out everything—what they did, how it made you feel, what it cost you. End the letter with:

"I release you, not because you deserve it, but because I deserve to be free."

Affirmation

"I am not defined by betrayal. I am defined by my healing. I am no longer a prisoner to the pain caused by others. I walk in truth, wholeness, and divine protection."

Testimonies

Rebuilding Trust After a Father's Financial Betrayal

Zhao – China

"My father used my name to take loans. I didn't find out until I was denied a visa. When I confronted him, he denied everything. The shame nearly destroyed me. I found Dr. Climate's YouTube teaching on family betrayal, and it was like someone read my diary. I enrolled in a deliverance mentorship and was taught how to break soul ties, pray through generational deception, and reclaim my voice. I forgave him—not because he said sorry, but because I needed to breathe again."

Healing After Spiritual and Emotional Betrayal by a Mother

Zuri - USA

"My mother raised me in church, but she also cursed me with her words. She called me evil, rejected me publicly, and used the Bible to control me. I didn't know where God ended and my trauma began. Through Bishop Climate Ministries, I

received healing in a women's deliverance boot camp. I sobbed for three days. But I came out with peace I'd never known. I now serve in ministry—and I've learned that even spiritual betrayal can be overcome through real love."

Real-Life Application

Pay attention to where you've hardened your heart—not because you're angry, but because you're afraid to trust again. Betrayal wounds often masquerade as "independence." But God wants to give you **freedom with connection**, not freedom in isolation.

Scripture & Prayer Focus

Scripture:

"Even my close friend, someone I trusted, one who shared my bread, has turned against me." — Psalm 41:9

Prayer:

Father, I bring before You every place in me that was broken by betrayal. Heal the pain I've buried. Restore what was stolen—emotionally, financially, spiritually. I release the offender and receive Your protection. Teach me to trust again, not in man, but in Your unshakable presence. In Jesus' name. Amen.

12 Prophetic Declarations

1. I declare I am free from the power of betrayal.

- 2. I declare no weapon formed through broken trust shall prosper.
- 3. I declare my heart is guarded by divine wisdom and peace.
- 4. I declare I am not what others did to me—I am what God says I am.
- I declare full restoration of my emotional and spiritual dignity.
- 6. I declare the shame of betrayal is broken off my life.
- 7. I declare I walk in boldness and security in all relationships.
- 8. I declare trust will return where it was once destroyed.
- 9. I declare I forgive—not to release them, but to release me.
- 10. I declare strength to rebuild and courage to love again.
- 11. I declare God is healing every place man betrayed me.
- 12. I declare I am entering a season of protected peace and restored purpose.

12 Powerful Prayer Points

- 1. Lord, heal my heart from every betrayal I've suffered.
- 2. Break every soul tie with those who violated my trust.
- 3. Restore my ability to trust and love safely.
- 4. Heal my view of authority, parents, and spiritual leadership.
- 5. Break every generational cycle of financial deception.
- 6. Expose and uproot every lie I believed because of betrayal.
- 7. Let justice and peace prevail in my family line.

- 8. Release me from the need for validation from those who hurt me.
- 9. Guard my spirit from future emotional manipulation.
- 10. Redeem every area of loss caused by family betrayal.
- 11. Let truth be my foundation and love be my covering.
- 12. Father, fill every empty space with Your presence and power.

Final Thought

Being betrayed by those you trusted doesn't make you weak—it proves you had a heart willing to believe. And that heart, though wounded, can be restored. Betrayal tried to silence your voice, harden your heart, and steal your future. But you've made a different choice. You've chosen truth. Healing. Wholeness. And that makes you powerful. Stay on the path. Your heart is coming back to life.

Day 9 Polygamy and the Battle for Love

Love is meant to be the foundation of family.

But in homes divided by polygamy, love often becomes **a** battlefield.

In cultures where polygamy is practiced—legally, traditionally, or spiritually—many families operate in a silent but brutal war for affection, validation, and belonging. Children compete for a father's time. Wives compete for a husband's attention. And within this system, many learn to **survive**, but few ever truly feel **seen or secure**.

Though society may normalize it, **polygamy often breeds quiet torment**—especially for children. While the father multiplies his seed, his love becomes diluted. His presence becomes scheduled. His favor becomes currency. And somewhere along the way, a child begins to believe:

"If I don't fight for love, I won't have any."

The Unseen War in a Polygamous House

In a polygamous family, love is rarely unconditional. It is often perceived as:

- Earned through performance
- Complicated by alliances
- Distorted by favoritism
- Measured by inheritance or material provision

In this environment, children grow up asking:

- "Does my father love me as much as them?"
- "Why does their mother get more attention?"
- "What must I do to be noticed?"

This turns love into a **transaction**—not a gift.

The Competition Between Wives and Children

While polygamy may seem like it's only about the man and his wives, the real emotional warfare plays out among **the children**. They inherit not just the bloodline, but **the rivalry**.

- A favored wife often raises proud or entitled children.
- A neglected wife passes down insecurity, bitterness, or fear.
- Children are coached on whom to trust and whom to despise.

Family dinners feel like negotiation tables. Siblings eye each other like competitors. Love is divided, and so is the soul.

Fractured Self-Worth

When you grow up in an environment where love feels limited, your **sense of identity begins to fracture.** You internalize:

- "Love is something I must earn."
- "I must compete to be accepted."
- "I'm only valuable if I outperform my siblings."
- "My feelings don't matter unless I'm favored."

This distortion follows people into adulthood:

- Constantly seeking approval
- Distrusting friendships
- Feeling unseen in marriage
- Craving attention in ministry or leadership
- Struggling with comparison and envy

The heart is still battling for the love it never received freely.

What Happens When a Father Can't Love Equally?

Polygamy asks the impossible: for a man to divide himself without creating emotional injustice.

But love, like time and presence, cannot be cloned. It must be *given fully*. And when it's divided across multiple households, something always suffers—usually the **emotional development** of the children.

A child may have food, shelter, even schooling. But what they lack is **focused affection**—the kind of love that says:

"You are enough. You are mine. You are not in competition with anyone."

Without that, their heart remains fragmented.

But There Is Hope...

You may have grown up in a divided home, but **your identity doesn't have to stay divided.**

You may have battled for love, but you can now **receive it** freely from the One who never withholds.

God is not a polygamous father.

He is not divided in His affection.

He does not compare you to your siblings.

He does not demand you compete for His attention.

He sees you. He chooses you. He loves you **fully and** without rivalry.

Journal Prompts

- Did I grow up feeling like I had to compete for love or attention?
- How did rivalry in the home affect how I see myself today?
- Do I secretly resent my siblings or parent because of favoritism?
- In what ways am I still trying to "earn" love?

Action Step

Write the words you wish your father—or family—had said to you. Then read them aloud over yourself. Let your voice replace what silence withheld.

Affirmation

"I don't have to compete to be loved. I am fully accepted, seen, and cherished. My value is not measured by comparison—I am enough just as I am."

Testimonies

A Son's Journey from Competition to Confidence Makonnen – Eritrea

"I was the son of the third wife. I never felt like I mattered. My siblings from the first wife were always honored. I fought for years—to be better, stronger, smarter—but I never felt seen. After joining one of Dr. Climate's deliverance boot camps, I realized I was still living as a competitor. I needed healing. I wept when I heard the teaching: 'God doesn't divide His love.' That night I forgave my father. Today, I no longer compare—I know I'm chosen."

A Woman Who Overcame Favoritism's Wound Chiara – Italy

"My father had two families. I always felt like the outsider, even though he provided for us. My stepsisters had his heart. I got his money. I carried that pain for years. In a prophetic women's conference hosted by Bishop Climate Ministries, I

received a word that said, 'You are not second place to heaven.' That broke me. I'm now a school counselor helping children who live in divided homes. God healed me—and now He's using me."

Real-Life Application

Notice where comparison still lives in your heart. Are you still trying to prove your worth? Competing with family or friends? Working to be seen? These are signs that your heart still feels the need to earn love. Let today be the day you stop battling—and start receiving.

Scripture & Prayer Focus

Scripture:

"The Lord appeared to us in the past, saying: I have loved you with an everlasting love; I have drawn you with unfailing kindness." — Jeremiah 31:3

Prayer:

Father, I surrender every wound caused by competition and divided love. Heal me from comparison, favoritism, and performance-based identity. Teach me to receive Your love without striving. Break every spiritual root of rivalry and replace it with peace. I am Yours—fully and forever. In Jesus' name. Amen.

12 Prophetic Declarations

1. I declare I am loved without rivalry or competition.

- 2. I declare every wound of favoritism is healed.
- 3. I declare my identity is rooted in divine acceptance.
- 4. I declare I will not pass on the spirit of comparison to my children.
- I declare freedom from jealousy, envy, and performance.
- 6. I declare peace between me and my siblings.
- 7. I declare I am no longer striving to be seen—I am already chosen.
- 8. I declare divine security over my heart and mind.
- I declare I am walking in authentic love, not emotional war.
- 10. I declare my future is not determined by my family's dysfunction.
- I declare spiritual equality and emotional healing over my lineage.
- I declare I am rising in purpose without needing to compete.

12 Powerful Prayer Points

- 1. Lord, heal me from the emotional pain of growing up in a divided home.
- 2. Break every spiritual stronghold of comparison and rivalry in my bloodline.
- 3. Release me from the need to perform for love.
- 4. Cleanse my heart of envy, resentment, or shame.
- 5. Teach me to receive love freely and fully from You.
- Deliver me from the orphan spirit created by favoritism.
- 7. Restore unity and understanding between me and my siblings.

- 8. Protect my heart from repeating these patterns in my own family.
- 9. Redeem my view of fatherhood and divine authority.
- 10. Let peace reign where competition once lived.
- 11. Close every demonic door opened through generational rivalry.
- 12. Empower me to walk in confidence, not comparison.

Final Thought

In a house where love was divided, your heart learned to fight. But now, in the arms of a Father who withholds nothing, your heart can finally rest. You are not just *one of many*. You are *one of a kind*. You don't have to compete to be loved—you were chosen before you even knew there was a race. Breathe. Receive. Your battle for love ends today.

Day 10 When Affection Is Weaponized

Affection is supposed to be a **gift**—not a tool of control. But in dysfunctional families, love is often distorted into **a weapon**.

A hug becomes a trap.

"I love you" becomes a leash.

Affection is given... then suddenly withheld.

It's offered for obedience—and revoked for defiance.

This kind of love isn't love at all. It's **manipulation** cloaked in kindness.

Many people don't even realize they've been raised in this kind of emotional captivity. Why? Because the abuse doesn't always come with shouting or slaps. It comes with **guilt, shame,** and strings attached to every kind act.

Conditional Love: "Only If You Please Me"

In dysfunctional homes, children often learn that love is not unconditional. Instead, it sounds like:

- "I only hug you when you do what I say."
- "You don't deserve my attention after what you did."
- "Look at how you hurt me after everything I've done for you."

Instead of being loved for who they are, children are only affirmed for how well they behave, perform, or obey. As they grow, this type of conditional love produces **adults who:**

- Can't set boundaries
- Feel responsible for other people's happiness
- Mistake manipulation for loyalty
- Confuse control with affection

Manipulation Through Kindness

This is one of the most dangerous dynamics in dysfunctional families. A parent or authority figure gives affection—but only as a **transaction**.

- "If you do what I say, I'll give you love."
- "If you cross me, I'll make you feel like the worst person on earth."
- "Look at how much I've done for you—how could you betray me?"

This creates an internal prison. Even when you're hurt, you feel guilty for walking away. Even when you're right, you feel bad for speaking up. You begin to **associate love with pain**... and compliance with peace.

Affection Becomes a Currency of Control

This dynamic shows up in:

- Parent-child relationships where children must "perform" to be acknowledged.
- **Siblings** where one sibling is loved publicly to provoke jealousy.
- Marriages where love is given only after obedience.
- **Spiritual abuse** where leaders offer favor based on loyalty rather than truth.

When affection is weaponized, it trains people to ignore their own needs to keep others happy. It causes emotional exhaustion, internalized shame, and identity loss.

The Aftermath: Guilt-Driven Obedience

Children raised in such environments grow into adults who:

- · Apologize constantly, even when they're not wrong
- Stay in toxic relationships out of guilt
- Feel unsafe setting boundaries
- Panic when someone withdraws affection
- Mistake abuse for intense love

Many people even develop an unhealthy relationship with God—believing they must "earn" His affection through perfection.

But the truth is this: **Real love never manipulates.**

The Path to Healing

To break free from weaponized affection, you must:

- Recognize the patterns of manipulation in your past
- Understand that withdrawal of love is emotional abuse
- Learn to receive unconditional love—especially from God
- Heal the parts of you that feel guilty for having boundaries
- Rebuild your self-worth from truth, not approval

You are not selfish for wanting real love.

You are not rebellious for speaking truth.

You are not ungrateful for leaving emotional captivity.

You are healing.

Journal Prompts

- Have I ever felt like love or kindness was used to control me?
- When did I learn that affection could be taken away?
- Who in my life used guilt to make me obey?

• What part of me still feels responsible for someone else's happiness?

Action Step

Write a letter to yourself as a child. Affirm that love should never be earned. Apologize to yourself for the times you accepted manipulation as normal. End the letter with this truth:

"I am worthy of love that does not control me."

Affirmation

"I am no longer moved by guilt or controlled by conditional love. I break free from manipulation and open my heart to receive real, safe, and unconditional affection."

Testimonies

Testimony 1: Escaping the Guilt Trap

Timo - Finland

"My mother only hugged me when I was silent and obedient. Any time I disagreed, she would shut down completely. I grew up thinking love was something I could lose if I wasn't 'good.' Even in adulthood, I let friends and even employers manipulate me. It wasn't until I joined one of Bishop Climate's emotional healing sessions that I realized I was carrying spiritual chains. That night, I forgave my mother. I began praying differently. And I finally attracted relationships where I didn't have to earn my place."

Testimony 2: From Control to Confidence

Kealani - Hawaii

"My father would shower me with gifts but only when I did what he wanted. If I ever said 'no,' he'd call me ungrateful. I thought that was love. I didn't realize I was being emotionally controlled until I attended a prophetic online conference with Dr. Climate. A word was released about 'freedom from false affection.' I cried for hours. It was the first time I allowed God to love me without performance. I'm now learning to love others the same way."

Real-Life Application

Start practicing **saying "no"** without guilt. This week, observe where you shrink back or give in just to keep someone from withdrawing. Notice who only loves you when you comply. Then decide: Is that love—or control?

Scripture & Prayer Focus

Scripture:

"Let your love be sincere [a real thing]; hate what is evil [loathing all ungodliness]; hold fast to that which is good."

— Romans 12:9 (AMPC)

Prayer:

Lord, I bring every memory of false affection to Your altar. Heal the places in me where love became control. Break the soul ties formed through manipulation. Restore my confidence

in real, unconditional love—especially from You. Let my heart never again be ruled by guilt or fear. Amen.

12 Prophetic Declarations

- 1. I declare I am free from manipulation.
- 2. I declare I will no longer feel guilty for setting boundaries.
- 3. I declare love flows to me sincerely and safely.
- 4. I declare the chains of emotional control are broken.
- I declare I am no longer a prisoner to conditional affection.
- 6. I declare God's love is my foundation, not people's approval.
- 7. I declare I am seen, valued, and loved without performance.
- 8. I declare false loyalties are being replaced with divine connections.
- I declare healing over every relationship that taught me to earn love.
- 10. I declare my heart is recovering and flourishing.
- 11. I declare my identity is anchored in truth, not guilt.
- I declare I am rising above manipulation into a life of peace.

12 Powerful Prayer Points

- Father, expose every root of conditional love in my bloodline.
- Break every spirit of emotional manipulation operating in my life.

- 3. Deliver me from guilt-based obedience.
- 4. Heal my heart from affection that was weaponized.
- 5. Restore my ability to receive love freely.
- 6. Redeem every memory where I felt controlled instead of cherished.
- 7. Uproot every false belief that I must earn love.
- 8. Free me from relationships that drain my identity.
- 9. Surround me with people who love with sincerity.
- 10. Teach me to love others without strings.
- 11. Rewire my heart to trust unconditional love again.
- 12. Secure me in Your love that never manipulates.

Final Thought

Love is not a reward—it's your right.

You were never created to perform for affection or walk on eggshells to be accepted. Let today mark the end of manipulation's grip over your emotions. You're not too sensitive. You're not selfish. You're not hard to love. You're just awakening to what real love feels like—and from this day forward, **you won't settle for anything less.**

Day 11

Dysfunction in Step-Families and Blended Households

Blended families are becoming more and more common—yet many are silently **fractured beneath the surface**. When two households merge, so do their histories, their expectations, their wounds, and their dysfunctions.

While love and restoration are possible in step-families, many carry **unspoken pain**, especially when the blending was rushed, forced, or never fully acknowledged. What looks like unity on the outside can be a battlefield of internal resentments, displaced loyalty, favoritism, hidden comparisons, and emotional exclusion.

Blended homes often suffer from **invisible walls**—parents trying to connect with children who see them as replacements, siblings who feel displaced, and adults caught in a web of guilt, fear, and failed expectations.

The Complexity of Loyalty Splits

One of the biggest emotional battles in blended families is the **loyalty conflict**:

- A child doesn't want to betray their biological parent by loving their step-parent.
- A spouse doesn't want to upset their new partner by staying too connected with their ex for the sake of the children.
- A step-parent wants to bond, but is met with resistance or suspicion.

This often leads to:

- **Silent punishment** ignoring, coldness, passive rebellion.
- **Guilt-induced suppression** children pretending to accept someone out of obligation.
- **Verbal outbursts** "You're not my real dad!" or "You love your new kids more than me!"
- **Withdrawn love** parents pulling away out of rejection or hurt.

The result? A home that feels like **a performance stage**, not a safe place to be real.

Resentment in the Shadows

Children in blended families often carry secret wounds:

• Feeling like an outsider

- Competing for affection
- Losing private space, shared memories, or parental attention
- Feeling "replaced" by new siblings or spouses
- Being expected to bond instantly with strangers

Step-parents also feel the weight:

- "I love them like my own, but they won't accept me."
- "I'm doing everything right, but I'm still the villain."
- "I feel like a guest in my own home."

If these emotions aren't addressed, the home becomes **emotionally unsafe** for everyone.

Rejection Is Not Always Loud

Blended family rejection isn't always obvious. It can look like:

- Avoiding conversations
- Eye-rolling, smirks, or silent resistance
- Siblings forming cliques to isolate one another
- One parent constantly overcompensating while the other withdraws

The spirit of rejection thrives in **ambiguous relationships**—where roles, boundaries, and responsibilities are never clearly defined. Healing begins when we **name the pain** and acknowledge everyone's story.

Peace Doesn't Mean Pretending

True peace in a blended home doesn't come from pretending everything is okay. It comes from:

- **Open communication**: giving each person space to express their truth without judgment.
- Defined roles: clarifying who parents, who disciplines, who supports.
- **Individual healing**: understanding each person's grief or history.
- **Patience**: knowing trust takes time, and love is not instant.

Blended homes can become havens of **healing**, but not by accident. It takes intention, grace, structure, and prayer. You must build a new culture—one where every member is seen, heard, and valued.

Journal Prompts

- What were my honest emotions about my stepfamily or blended home?
- Did I feel loved, or tolerated?
- What silent comparisons or resentments shaped my view of others?
- Have I struggled to bond with someone because of loyalty to someone else?

Action Step

Write a letter to someone in your blended family—past or present—that you've struggled to accept or love. Don't send it. Just allow yourself to **release the emotions**—even the unfair ones—so you can move forward with clarity and compassion.

Affirmation

"I am free to love and be loved, even within the complexity of blended relationships. I choose truth, healing, and unity over silent resentment."

Testimonies

Finding My Place in the Puzzle

Shoaib - Pakistan

"When my father remarried after my mother's death, I was 15. I hated everything about the new home. I refused to speak to my stepmother and blamed my father for moving on too fast. But inside, I was just broken. Years later, I attended a Zoom session led by Bishop Climate, and he spoke about 'invisible wars in blended families.' I wept the whole night. That was my story. Through the prayer points and mentorship, I began healing. Today, I no longer hold bitterness. I'm even planning to attend one of Bishop Climate's in-person boot camps."

From Cold Walls to Warmth

Noa - USA

"As a stepmother, I constantly felt like an intruder. My step-daughter would avoid me, and my husband didn't know how to handle it. I was drowning in silent rejection. One day, I stumbled across one of Bishop Climate's deliverance teachings on dysfunctional family spirits. It was like someone finally understood. I followed the 30-day healing program, and things slowly shifted. We're still learning, but the home is no longer tense—it's hopeful."

Real-Life Application

Set up a "healing circle" in your household or among your siblings. Create space where each person answers these three questions:

- I. What's one thing you wish others understood about you?
- 2. What's one moment that still hurts you?
- 3. What's one thing you appreciate about the other person?

Even if people resist at first, the conversation will plant seeds of restoration.

Scripture & Prayer Focus

Scripture:

"If it is possible, as far as it depends on you, live at peace with everyone."

— Romans 12:18 (NIV)

Prayer:

Lord, I bring my blended family before You. You see the pain, confusion, and history we carry. Heal the hidden wounds. Silence the voices of rejection. Soften our hearts toward one another. Teach us to love without condition, and to lead with understanding. Give us the grace to rebuild, not just coexist. Amen.

12 Prophetic Declarations

- 1. I declare peace is rising in my household.
- 2. I declare rejection is broken off my bloodline.
- 3. I declare I am accepted and loved in this family.
- 4. I declare unity will replace competition and resentment.
- 5. I declare healing over every stepchild and stepparent.
- 6. I declare my household will be governed by grace.
- 7. I declare I will no longer fear emotional rejection.
- 8. I declare my words will bring comfort and restoration.
- 9. I declare every unspoken hurt is being addressed with truth.
- I declare emotional safety is being rebuilt in my family.

- 11. I declare I am walking in forgiveness and clarity.
- 12. I declare our home will reflect God's redeeming love.

12 Powerful Prayer Points

- Father, expose every root of bitterness hiding in my family.
- 2. Heal the wounds of rejection in every blended home represented here.
- 3. Break the spirit of silent competition between siblings.
- 4. Uproot emotional favoritism and bias.
- Heal the guilt and grief that created these blended dynamics.
- 6. Empower every stepparent to love with patience and wisdom.
- 7. Restore broken communication in our home.
- 8. Break down emotional walls that block love and understanding.
- 9. Rebuild healthy identity in every child and adult.
- 10. Grant peace to spouses navigating complicated loyalties.
- 11. Uproot every demonic wedge planted between family members.
- 12. Reconstruct our household on the foundation of grace, healing, and truth.

Final Thought

Blended homes do not have to be broken homes. Healing is possible. But it starts with honesty, intention, and surrendering

your expectations to God. Love may take time—but peace is always worth fighting for. You don't have to compete to be seen. You don't have to pretend to belong. **You can heal, grow, and thrive—even in a family that started in pieces.**

Day 12 Public Honor, Private Horror

There's a kind of pain that wears makeup. It dresses well, smiles for photos, and recites Bible verses while silently breaking inside. This pain is common in families that prioritize **appearance over authenticity**, and honor over healing.

Many people grew up in households that looked respectable in public but were full of silent torment behind closed doors. These are homes where:

- Abuse is minimized because the father is a deacon.
- A mother's breakdown is ignored because she's "the strong one."
- Children are silenced because "we don't air our dirty laundry."
- Toxicity is swept under the rug because the family name must be protected.

In these families, **image becomes an idol**—and honesty becomes a threat.

The Curse of Pretending

When families put reputation above restoration, they train their members to perform, not heal. You learn early:

- Not to cry too loud.
- Not to disagree with elders, even when they're wrong.
- Not to question things that seem off.
- Not to bring shame by speaking your truth.

So you adapt. You fake smiles. You suppress your voice. You learn how to survive through silence.

But over time, the **pressure to protect the family's image becomes a prison**. The child grows into an adult who struggles with authenticity. Who trusts no one. Who feels emotionally homeless, even among relatives.

The Double Life of Dysfunction

In public, these families seem:

- Accomplished.
- God-fearing.
- Generous.
- Highly regarded in the community.

But at home:

- There's emotional coldness.
- Secrets are protected more than people.
- Rage simmers under the surface.
- Vulnerability is punished.

The pain in such homes doesn't just come from what happens—it comes from **the denial of what happened**.

The Shame Trap

Victims in these environments often internalize the lie:

"If I speak out, I'll destroy the family."

But silence is what **maintains the dysfunction**.

When abuse, favoritism, manipulation, or hypocrisy are excused for the sake of keeping up appearances, healing is delayed—and the next generation inherits the trauma.

You may have been the child who watched your parents serve the community while privately:

- · Beating each other
- Ignoring you
- Living in debt
- Silencing your questions
- Using you as a cover for their instability

That kind of betrayal is subtle but deadly. It leaves you confused, angry, and unsure if you even have the right to feel hurt.

God Sees What Happens Behind Closed Doors

You are not crazy for feeling the disconnect.

You are not bitter for wanting truth.

You are not dishonoring your family by healing from its dysfunction.

God is not afraid of your pain. And He's not impressed with your family's reputation if it was built on pretense.

Healing begins when **you give yourself permission to be honest**, even if others never validate your experience.

Journal Prompts

- What image did my family try to project to the outside world?
- What secrets did I learn to hide or ignore?
- What silent rules was I forced to obey?
- How has this performance culture affected my ability to trust or speak up?

Action Step

Write a list titled: "What We Never Talked About."

Under that, begin writing the truths that were buried, ignored, or denied in your family. Don't edit. Let it come freely.

Burn or shred it when done, symbolizing that the silence no longer controls you.

Affirmation

"I will no longer suffer in silence for the sake of appearances. I am worthy of truth, healing, and freedom—whether others understand or not."

Testimonies

Uncovering the Pain Behind the Prestige

Goran - Serbia

"My father was a highly respected pastor. People traveled far to hear him preach. But at home, he was emotionally absent and sometimes violent. I carried that confusion into adulthood—angry at God, but too afraid to admit it. It wasn't until I joined Bishop Climate's online deliverance conference that I realized I wasn't alone. Through one-on-one mentoring, I finally grieved the father I never had and forgave the one I did."

Reclaiming My Voice

Vanja - Croatia

"My family was known in our town for our music ministry. But at home, my mother struggled with depression, and I was often left to raise my younger siblings. I was told never to speak of it. For years, I lived in quiet torment—smiling at church, crying at night. When I began the 30 Days healing program, it was like someone finally saw me. The teachings brought things I'd buried to the surface, and the daily declarations broke chains I didn't know I was still carrying."

Real-Life Application

Start a **Truth Room** with a trusted counselor, coach, or accountability partner. This is a space where you can speak freely without fear of being gaslighted, punished, or shamed.

If you're a parent, begin modeling truth-telling in your home. Say things like,

- "We're not perfect, but we grow."
- "I used to hide things, but I want this to be a safe space."

Healing multiplies when honesty becomes culture.

Scripture & Prayer Focus

Scripture:

"You will know the truth, and the truth will set you free."

- John 8:32 (NIV)

Prayer:

Lord, I surrender the image of my family. I let go of the need to be seen as perfect. Expose every hidden hurt, every covered offense, and every generational lie. Set me free from the pressure to perform. Let truth rise within me—not to destroy, but to deliver. Amen.

12 Prophetic Declarations

- 1. I declare truth is healing my soul.
- 2. I declare I am no longer a slave to family image.
- I declare I am breaking the silence that kept me bound.
- 4. I declare I am walking in integrity and inner wholeness.
- 5. I declare God is restoring my voice and validation.
- 6. I declare I am free to acknowledge what others deny.
- 7. I declare hidden pain is being brought into the light.

30 Days to Overcome Family Dysfunction

- 8. I declare my truth will lead to generational transformation.
- 9. I declare false peace is being replaced by true healing.
- 10. I declare I will not carry shame that doesn't belong to me.
- 11. I declare I am building a legacy of honesty and love.
- 12. I declare healing begins with my courage to speak.

12 Powerful Prayer Points

- Father, expose every hidden wound behind my family's reputation.
- 2. Heal me from every lie I was forced to believe.
- Deliver me from fear of dishonoring my family by healing.
- 4. Break every generational curse of pretense and silence.
- 5. Uproot the idol of image that governs my household.
- 6. Restore my ability to trust truth, even when it hurts.
- 7. Cleanse my heart from bitterness and confusion.
- 8. Empower me to speak boldly and heal deeply.
- 9. Protect me from backlash as I walk in truth.
- 10. Send wise mentors and safe spaces into my life.
- 11. Teach me to balance honor with honesty.
- 12. Let my healing become a testimony for others still in hiding.

Final Thought

You don't have to keep pretending. You don't need to protect a broken image. Healing begins when you **stop sacrificing your soul on the altar of appearances**. Truth may be uncomfortable, but it's the door to deliverance. Walk through it boldly. Because on the other side is peace—not performance.

Day 13

The Long-Term Pain of Parent Favoritism

There is a wound that doesn't bleed, but it cuts just as deep. It's the wound of being **overlooked while someone else is celebrated**, of knowing that no matter how much you tried, you were never the favorite.

Parental favoritism is one of the most subtle yet devastating roots of dysfunction in families. It isn't always about the golden child being showered with gifts. Often, it's about **attention**, **tone**, **validation**, **and protection**. It's about who is believed, who gets excused, who is trusted, and who is constantly questioned.

In many homes—monogamous or polygamous—this silent bias becomes a system. One child is exalted, and the other is expected to endure. One gets mercy. The other gets measured.

The Silent Battles of the Overlooked

If you were the child who was always compared, always blamed, or always invisible, the effects don't stay in childhood. They follow you into adulthood as:

- Constant self-doubt
- Insecurity in relationships
- Resentment toward siblings
- Deep fear of rejection
- A hunger for approval from authority figures

You may overwork yourself in ministry, career, or relationships—trying to finally feel like you're "enough." Or you may sabotage your own success, because a voice inside still says, "You'll never be as good as them."

The Role of Parents

Favoritism doesn't always happen consciously. Sometimes it's cultural. Sometimes it's based on:

- Gender expectations
- The child's birth order
- Physical resemblance to a favored parent
- A child's temperament
- Past experiences with previous children

But regardless of the reason, when a parent consistently favors one child and dismisses another, **the soul of the family fractures**.

And if the family is polygamous, the damage multiplies:

30 Days to Overcome Family Dysfunction

- Children are grouped by "which mother they belong to"
- Step-siblings compete for the father's validation
- Mothers may project their pain through one child, while coddling another

The "Golden Child" and the "Scapegoat"

In many dysfunctional homes, roles are assigned—not based on truth, but based on survival.

The Golden Child:

- Can do no wrong
- Is praised and protected
- Becomes the symbol of the family's success

The Scapegoat:

- Is blamed for everything
- Receives the harshest discipline
- Becomes the dumping ground for the family's shame

These roles are toxic. They rob both children of their true identity. One grows up entitled, the other traumatized.

Healing Is Not About Revenge

Healing doesn't mean confronting your parent and demanding an apology—though that may come. It means:

Recognizing the patterns

- Naming the pain
- Choosing not to internalize it any longer
- Forgiving the ignorance, not excusing the injustice

You don't have to remain the forgotten one. You are seen by God. You are chosen by destiny. And you are called to break this cycle before it becomes your legacy.

Journal Prompts

- In what ways did I feel favored or unfavored growing up?
- How did that shape my confidence, personality, or choices?
- Are there any hidden resentments toward my siblings or parents I need to acknowledge?
- How have I overcompensated to prove my worth?

Action Step

Write a letter to your younger self. Validate the emotions you felt growing up. Say what you wish someone had said to you—words of affirmation, belonging, and recognition. Keep it somewhere private, or speak it aloud as a healing affirmation.

Affirmation

"I am no longer defined by the preferences of others. I am enough. I am chosen. I am worthy of love, attention, and peace —just as I am."

Testimonies

From Forgotten to Favored

Kyson – USA

"My older brother was the golden boy—athletic, charming, always praised. I was the quiet one, often left out or blamed. I spent years trying to prove myself until I ended up burned out and bitter. When I attended a bootcamp led by Dr. Climate Wiseman, the teachings exposed the root of my striving. I finally broke the agreement with rejection. That moment changed everything. For the first time, I stopped chasing approval and started walking in purpose."

Healing Sister Wounds

Inez - Chile

"I was one of four daughters, but my mother always favored the eldest. She got the best of everything, and I became her helper. As I grew, I hated my sister without knowing why. Through the 30 Days program, I realized my issue wasn't her—it was the unspoken pain of never being seen. After doing the journal prompts and declarations, I wept like a child. That same week, I wrote a letter to my sister, and it started a healing conversation we never had before."

Real-Life Application

If you're a parent, ask yourself:

- Do I show consistent love across all my children?
- Do I validate based on personality or performance?
- Am I repeating what I experienced?

If you're a sibling, release the grip of comparison. **Your value** isn't diminished by someone else's praise.

Break the cycle by becoming the kind of parent, leader, or sibling that reflects *unconditional love*.

Scripture & Prayer Focus

Scripture:

"For God does not show favoritism."

— Romans 2:11 (NIV)

Prayer:

Father, thank You for seeing me when others didn't. Heal the wounds of favoritism. Uproot bitterness, comparison, and shame. Let my heart be free from the lies of rejection. Restore my identity in You, and help me to love without bias. In Jesus' name, amen.

12 Prophetic Declarations

- 1. I declare I am not invisible—I am seen and known.
- 2. I declare I am not less than—I am just as valuable.
- 3. I declare rejection has no more control over my mind.
- 4. I declare I break free from comparison and competition.
- 5. I declare my childhood pain will not define my future.
- 6. I declare every scar is becoming a testimony of grace.
- 7. I declare I am not striving—I am secure.
- 8. I declare no longer will favoritism rule my family line.
- 9. I declare God's love levels every imbalance.

30 Days to Overcome Family Dysfunction

- 10. I declare healing is flowing through my bloodline.
- 11. I declare I will raise children without partiality.
- 12. I declare the curse of rejection is broken in Jesus' name.

12 Powerful Prayer Points

- Lord, reveal every area where I still carry favoritism wounds.
- 2. Heal the parts of me that feel overlooked or less than.
- 3. Break every generational pattern of parental preference.
- 4. Deliver me from comparison and hidden jealousy.
- 5. Restore peace among siblings divided by bias.
- 6. Redeem my perception of love and validation.
- 7. Strengthen me to release and forgive those who wounded me.
- 8. Guide me to walk boldly in my unique calling.
- 9. Give me discernment not to pass on what I endured.
- 10. Let my identity be rooted in Your unconditional love.
- 11. Build within me a heart of fairness and compassion.
- 12. Use my healing to free others who suffered in silence.

Final Thought

The sting of favoritism may have marked your story, but it doesn't have to write your future. Today, God invites you to drop the weight of rejection and pick up the truth: **You were never a mistake. You were always chosen by heaven—even if you weren't chosen by them.**

Day 14

When Parents Compete Instead of Co-Lead

What happens when the two people assigned to protect you become rivals? What happens when your home—the place that should model cooperation—becomes a battlefield of silent competition?

In many dysfunctional homes, children grow up caught between **parents who compete instead of co-lead**.

This is especially present in households where pride, unresolved trauma, or unequal emotional maturity exists. Instead of teamwork, there's tension. Instead of unity, there's ego.

This kind of environment doesn't just create conflict between spouses—it creates confusion, division, and deep trauma in the children watching it unfold.

The Power Struggle Within the Home

Healthy parenting is built on partnership. But when parents

30 Days to Overcome Family Dysfunction

begin competing for control, admiration, or influence over the children, a spiritual breach opens.

Common signs of parental competition:

- One parent undermines the other in front of the child
- Children are given conflicting instructions
- Parents guilt-trip or manipulate the child to "take sides"
- One parent tries to "outgive" or "outshine" the other
- Passive-aggressive behavior replaces direct communication

Instead of a united front, the child sees two unstable pillars—and they're forced to lean on one while fearing the collapse of the other.

The Impact on Children

Children raised in these homes often:

- Feel torn by loyalty conflicts
- Become peacemakers at the expense of their own emotional needs
- Learn to manipulate situations to survive
- Internalize the belief that love equals control
- Fear making either parent upset

In polygamous settings, this competition multiplies:

- Mothers may compete to prove their children are more successful
- Fathers may pit one wife's household against the other

• Children may hear the unspoken words: "Don't trust the others; we're not the same."

In monogamous homes, this plays out more subtly, but just as destructively. For instance, a financially successful father may belittle a stay-at-home mother. Or a mother might emotionally manipulate the children to feel sorry for her and resent the father's absence.

What Happens When Spouses Sabotage?

Sabotage can be silent. It doesn't always involve shouting matches. Sometimes it's:

- Withholding affection
- Financial control
- Subtle disrespect
- Emotionally isolating the other parent
- Constantly contradicting their parenting choices in front of the children

These actions send one clear message to the child: "You cannot trust both of us equally."

And when trust is split, a seed of dysfunction is planted. That child grows up unsure of authority, reluctant in relationships, and often becomes a partner or parent who repeats the same pattern—competing instead of collaborating.

Healing the Dynamic

If you grew up in a home like this—or if you're in one now—you must take intentional steps to heal:

1. Acknowledge what you witnessed.

• Stop pretending it was normal. Your pain is valid.

2. Refuse to carry your parents' rivalry.

 You do not need to prove loyalty to one parent by rejecting the other.

3. Break the cycle.

 Examine how competition shows up in your own relationships—romantic, professional, or spiritual.

4. Commit to becoming a safe space.

 Whether you're married, parenting, mentoring, or leading, decide to lead with unity, not ego.

Journal Prompts

- Did I ever feel caught between my parents? How did that shape me?
- Was love in my home conditional or freely given by both parents?
- Do I notice any competitive behavior in myself toward a partner or co-parent?
- What do I need to forgive or release to be whole again?

Action Step

Take 15 minutes to identify and write down 3 beliefs you internalized from watching parental competition. Example: "To be heard, I must outshine others." Then, write a replacement truth for each one. Begin to affirm these truths aloud daily.

Affirmation

"I release the battles I was born into. I am not divided—I am whole. I am called to lead with unity, not competition. My future family is free."

Testimonies

Torn Between Two Parents

Lemma – Ethiopia

"My father had two wives, and while I loved both households, I was constantly told by my mother to be careful of what I said to the other side. My father would bring gifts to my step-siblings and say things like, 'Don't tell your other mum.' That taught me love had to be secret. It wasn't until I attended an online deliverance session with Bishop Climate Ministries that I realized the root of my distrust in relationships. Through prophetic guidance, I forgave both parents and broke the spirit of division. Today, I have peace in both identity and family."

Healing My Marriage

Thuy - Vietnam

"I was raised in a strict monogamous family where my mother and father silently competed. Dad would correct Mum in front of us, and she would say things like, 'Let's see if your father helps you this time.' I carried that into my own marriage. I started to correct my husband in front of our children and felt the same spirit brewing. Through a bootcamp run by Dr. Climate Wiseman, I identified the pattern. We joined counseling and now co-parent from a place of partnership. Our home feels whole again."

Real-Life Application

If you're currently co-parenting, ask:

- Do we support each other publicly and resolve disagreements privately?
- Do our children feel safe, or do they walk on eggshells between us?
- Am I trying to "win" in this relationship or build a legacy of peace?

You can't undo what happened in your upbringing. But you can refuse to let it repeat.

Scripture & Prayer Focus

Scripture:

"If a house is divided against itself, that house cannot stand."

- Mark 3:25 (NIV)

Prayer:

Father, I surrender the patterns of division that shaped me. Heal the wounds of betrayal, rivalry, and emotional manipulation. Let unity reign in my household. Teach me to love with maturity, to lead with humility, and to partner in peace. In Jesus' name, amen.

12 Prophetic Declarations

- 1. I declare unity shall be my portion.
- 2. I declare no more family divided by competition.
- 3. I declare I break every spirit of sabotage and rivalry.
- 4. I declare I am healed from loyalty confusion.
- 5. I declare I no longer carry my parents' burdens.
- 6. I declare my future home is a home of peace.
- 7. I declare I am no longer emotionally split.
- 8. I declare my mind is clear, and my heart is stable.
- 9. I declare every manipulative voice is silenced.
- 10. I declare I am rising above generational division.
- 11. I declare I walk in harmony and mutual respect.
- 12. I declare God is restoring wholeness to my identity.

12 Powerful Prayer Points

- 1. Lord, reveal every root of competition I've inherited.
- 2. Heal the wounded child within me who felt torn.
- 3. Break every generational pattern of parental rivalry.
- 4. Set me free from emotionally manipulative cycles.
- 5. Teach me to model unity and maturity.
- 6. Restore peace to my relationships and future family.
- 7. Let my children experience safety, not sides.
- 8. Give me grace to forgive what I couldn't understand as a child.
- 9. Anoint me to lead in love, not ego.
- 10. Remove every spirit of sabotage and disrespect.
- 11. Make my home a sanctuary of support and growth.
- 12. Use my healing to bring freedom to others bound in divided households.

Final Thought

A divided home creates divided souls. But you are called to restore what was broken, to be the voice of peace in a family once ruled by pride. Let today be the day you stop choosing sides—and start choosing healing. You don't need to win the

war. You need to end it.

Day 15

Healing From the Mother Wound or Father Wound

There's a silent ache that many carry—an ache that's not physical, but it affects every part of who you are. It's the ache of what your mother or father couldn't give you. It's the void left behind by emotional abandonment, harsh words, broken promises, or simply their absence.

This is the **mother wound** and the **father wound**—two of the most common but least addressed roots of family dysfunction.

Whether you were raised in a monogamous or polygamous household, these wounds can shape how you love, how you lead, and how you see yourself. And unless they are acknowledged, they will continue to poison your present while echoing the trauma of your past.

The Mother Wound

The mother is the first nurturer. Her voice becomes your inner voice. Her touch tells you whether the world is safe or unsafe. But what happens when that touch is cold? Or when the mother is emotionally immature, jealous, controlling, or unavailable?

The **mother wound** can manifest as:

- Feeling unworthy of love or nurture
- Struggling with female authority figures
- Becoming overly nurturing to others but ignoring your own needs
- Deep shame about your body or identity
- Fear of becoming like her—or not being enough for her

In polygamous homes, this wound deepens when mothers compete for a father's attention through their children, turning love into performance and siblings into rivals.

The Father Wound

The father is the first protector. His presence defines your security. But what happens when he's absent? Or when he's there physically but emotionally distant, abusive, addicted, or overly authoritarian?

The **father wound** can lead to:

- Fear of authority and rejection
- Desperately seeking approval from others

- Deep anger toward men or masculinity
- Struggling to trust God as a Father
- Becoming a people pleaser to avoid conflict

In many homes, especially traditional ones, fathers are the providers but not the nurturers. This creates a terrifying confusion—where you're provided for materially but starved emotionally.

You Are Not Overreacting

You are not "too sensitive" for still being hurt about things that happened 10, 20, or even 30 years ago. Wounds left untreated will fester. And often, we spiritualize our trauma instead of healing it. We say, "I forgive," but our behavior shows we're still bleeding.

You may now be:

- Emotionally distant with your children
- Angry at your spouse for what your parents did
- Distrusting of mentors, bosses, or leaders
- Spiritually disconnected from God as Father

This is the fruit of unresolved parental wounds. And today, God is inviting you to confront them—not to blame, but to reclaim your freedom.

Parental Wounds in Polygamous vs. Monogamous Homes

In **polygamous** homes:

30 Days to Overcome Family Dysfunction

- Children often don't get to see their father consistently
- Mothers may project their own bitterness onto their children
- Siblings from different mothers grow up estranged or hostile

In **monogamous** homes:

- Emotional neglect can be masked by "normal" routines
- Children may feel invisible because the trauma is never named
- Parents may unconsciously reenact their own wounds

Both environments can produce adults who carry unresolved grief, distorted self-worth, and a deep longing for something they can't name.

But the wound has a name. And healing has a name. And His name is Jesus.

Journal Prompts

- What do I remember most about how my mother or father made me feel?
- Have I repeated any of their behaviors in my own relationships?
- What would I say to my mother or father if I could speak honestly and without fear?
- What do I believe I lost because of the way I was parented?

Action Step

Write a letter to the parent who hurt you most. Don't hold back. Express your grief, your anger, your pain. Then write a second part of the letter releasing them. You don't need to send it—this is for your healing. Pray over it and either keep it in your journal or destroy it as a prophetic act of release.

Affirmation

"I am not what was done to me. I am not what was withheld from me. I am a child of God, fully loved, fully seen, and fully healed."

Testimonies

Healing from a Distant Father

Bridger – USA

"My father worked hard but never said he loved me. As a boy, I tried to impress him. As a man, I tried to become him. I ignored my emotions until I found myself unable to love my own children the way I wanted. Bishop Climate's online conference on breaking generational wounds opened my eyes. I confessed, cried, and confronted the pain. For the first time, I hugged my son and told him I loved him—and meant it. That was the start of our healing."

A Mother's Jealousy, A Daughter's Pain

Nombulelo - South Africa

"My mother never supported me. Every success I had, she found a way to criticize. I later realized she envied me and was repeating the pain she felt from her own mother. But it hurt me deeply. I began to hate women in authority. I struggled with female bosses and mentors. Through one-on-one sessions with Dr. Climate Wiseman, I uncovered the mother wound. I forgave her, and even wrote her a letter. We don't have a perfect relationship, but now I'm no longer her prisoner. I'm free."

Real-Life Application

Many successful people are still driven by a desire to prove something to a parent who never affirmed them. You may be a high-achiever, a perfectionist, or someone who avoids conflict at all costs—not because it's who you are, but because it's how you survived.

Healing starts when you:

- Stop pretending the wound isn't there
- Stop waiting for the parent to change
- Begin seeing yourself as deeply loved, even if they never said it

You can be the parent you never had. You can stop the pain from spreading. You can love without fear.

Scripture & Prayer Focus

Scripture:

"Though my father and mother forsake me, the Lord will receive me."

— Psalm 27:10 (NIV)

Prayer:

Father, receive me into Your healing. You are not like the ones who hurt me. You are consistent, safe, and full of compassion. Heal every wound that shaped my identity. Restore the parts of me I buried to survive. I forgive those who failed me, and I receive Your love to become whole. In Jesus' name, amen.

12 Prophetic Declarations

- 1. I declare I am not bound by my parents' choices.
- 2. I declare I am fully seen and deeply loved by God.
- 3. I declare the pain of my past will not control my future.
- 4. I declare my emotions are valid and safe to express.
- 5. I declare every spirit of rejection is broken.
- 6. I declare I am free from shame, fear, and silence.
- 7. I declare my identity is rooted in truth, not trauma.
- 8. I declare I will not repeat what I had to endure.
- 9. I declare I receive love without fear or performance.
- 10. I declare healing flows through my bloodline.
- 11. I declare I rise as a whole, healed individual.
- 12. I declare from this day, the curse is broken.

12 Powerful Prayer Points

- 1. Lord, heal every unspoken wound in my heart.
- 2. Break every pattern of neglect, abuse, or manipulation.
- 3. Deliver me from every root of rejection and abandonment.
- 4. Heal my inner child and restore my joy.
- 5. Break every generational curse tied to parenting.
- 6. Teach me how to love myself the way You do.
- 7. Reveal every place where I am still bleeding in silence.
- 8. Empower me to forgive and move forward.
- 9. Surround me with safe, healthy relationships.
- 10. Make me a vessel of healing to others.
- 11. Close every door that trauma left open.
- 12. Seal my identity in Your truth, Lord.

Final Thought

You were not born broken—you were wounded by those who were wounded themselves. But your story doesn't end there. Today, the healing begins. You have permission to grieve, to feel, to release, and to rise. **You are not too damaged.**You are destined to be whole.

Day 16 The Curse of Inherited Conflict

In some families, the war never ends.

It may not involve weapons, but it wounds just the same. Sarcasm, silent treatments, gossip, legal battles, property disputes, inheritance wars, and decades of unforgiveness become the family's inheritance. Not money. Not love. But conflict.

And this conflict becomes generational.

Grandparents who fought with siblings pass it to their children. Parents who refuse to reconcile model that division for their sons and daughters. Cousins are turned against each other before they ever had a chance to know one another. And as the years go by, **conflict becomes the family culture.**

You may have been born into it—but you do not have to stay bound by it.

A Legacy of Division

Inherited conflict looks like:

- A mother who doesn't speak to her own sister
- A grandfather who never forgave his brother over land
- Cousins who don't attend the same gatherings because their parents are feuding
- Children taught to hate family members they've never met
- Families who take each other to court instead of to the table

This isn't just dysfunction—it's a curse. A spiritual stronghold passed down and protected by bitterness, pride, and secrecy.

You may hear things like:

- "We don't talk to them."
- "You're just like your uncle."
- "They're not welcome here."
- "They betrayed the family."

Sometimes, you don't even know the full story. You were just born into it.

The Spirit Behind It

When conflict becomes generational, it is often empowered by spiritual forces—spirits of strife, division, envy, and revenge. What started as one offense becomes a demonic foothold, and over time, the family forgets what peace even feels like.

Some families live under constant:

- Suspicion
- Comparison
- Inheritance disputes
- Unhealed betrayals
- Competing loyalties

This leads to emotional isolation, broken communication, and legal nightmares that span decades.

Even funerals become battlefields. Weddings feel like diplomatic negotiations. Family WhatsApp groups are silent or explode in rage. Nobody can speak the truth because everyone is still bleeding.

You Can Be the Cycle-Breaker

You may not have started the conflict, but **you can choose not to continue it.** Being a peacemaker does not mean being a doormat. It means deciding that *the curse ends* with you.

It means choosing:

- Reconciliation over retaliation
- · Healing over hiding
- Generosity over grudges
- Truth over tradition

Being the first to forgive takes courage. But you're not doing it alone.

Generational Feuds in Monogamous and Polygamous Homes

In **monogamous** homes, feuds often come from:

- Inheritance disagreements
- Sibling rivalry
- Unresolved childhood trauma
- Betrayals that were never addressed

In **polygamous** homes, the feuds can be more explosive:

- Competing mothers turning children into pawns
- Property divided unequally between wives and children
- Jealousy between half-siblings
- Hidden bitterness passed down as "wisdom"

And often, those involved say: "That's just how our family is."

But what if that's *not* how your family is supposed to be?

What If You're the One Who Was Wronged?

If you've been the victim in the feud—lied about, rejected, or betrayed—your healing matters. Reconciliation doesn't mean ignoring abuse or pretending it didn't hurt. It means choosing *freedom* over *vengeance*.

You can:

- Set boundaries AND walk in forgiveness
- Heal your heart AND protect your peace
- Bless others without letting them control you

God is calling you to break the curse. And your children will thank you.

Journal Prompts

- What are some family feuds I grew up around?
- How have these conflicts affected my own relationships?
- Have I taken sides or carried bitterness that isn't mine?
- What would peace look like for my family?
- What role have I played in continuing or confronting inherited conflict?

Action Step

Make a list of every unresolved feud you know of in your family. Ask the Holy Spirit to show you where you are still emotionally tied to those conflicts. Pray over each name and situation. Then, ask yourself: "Is there anyone I need to forgive, bless, or reach out to?" If safe, initiate a step toward peace.

Affirmation

"I am not bound by generational anger. I am a peacemaker, a bridge-builder, and a cycle-breaker. I choose forgiveness and walk in freedom."

Testimonies

Breaking the Land Inheritance War

Rikard - Norway

"Our family had been fighting over land for almost 30 years. My father and uncle stopped speaking, and we cousins grew up as strangers. I hated the division, but didn't know how to stop it. After attending Bishop Climate's virtual boot camp on generational healing, I received prophetic direction. I called my uncle. It was awkward at first—but it opened the door. Two months later, the legal case was dropped and the family started meeting again. I now understand: peace isn't passive, it's prophetic."

Polygamous Rivalry Redeemed

Nasira - Iraq

"My father had three wives, and each had children who grew up divided. My mother taught me to hate my half-siblings. I didn't even know them. But something in me always longed for connection. Through one-on-one prayer sessions with Dr. Climate Wiseman, I realized I was carrying curses that weren't mine. I wrote a letter to each of my half-sisters. One responded —and it changed everything. We met, cried, and prayed. We're now building a bond. The feud that lasted generations ended with me."

Real-Life Application

Generational conflict may not be your fault, but it becomes your responsibility if you want a different future. In business, family, and ministry—unresolved family wars will show up everywhere.

Your decisions today can:

- Rewrite the legacy for your children
- Restore what others believed was impossible
- Release blessings that were held back by division

Forgiveness is not weakness. It is a spiritual weapon that closes the door to curses.

Scripture & Prayer Focus

Scripture:

"Blessed are the peacemakers, for they will be called children of God."

- Matthew 5:9 (NIV)

Prayer:

Lord, I renounce every generational curse of conflict, envy, and bitterness. I declare that I will not inherit what has destroyed others. Make me a peacemaker. Heal my family. Show me where I need to forgive, and give me the grace to walk in love without fear. I trust You to fight my battles. In Jesus' name, amen.

12 Prophetic Declarations

- 1. I declare the curse of inherited conflict is broken.
- 2. I declare I am a peacemaker in my generation.
- 3. I declare I will not repeat the feuds of my ancestors.

30 Days to Overcome Family Dysfunction

- 4. I declare every spirit of division is cast out of my bloodline.
- 5. I declare healing flows through every relationship in my family.
- 6. I declare no grudge shall rule over my peace.
- 7. I declare I am emotionally and spiritually free.
- 8. I declare my children will not inherit my family's wars.
- 9. I declare divine reconciliation is my portion.
- I declare wisdom and grace in every family conversation.
- 11. I declare I walk in truth, love, and strength.
- 12. I declare a new legacy begins with me.

12 Powerful Prayer Points

- 1. Lord, break every curse of division in my family.
- 2. Uproot every spiritual root of bitterness and rivalry.
- 3. Expose every lie that has fueled generational feuds.
- 4. Heal my heart from every wound caused by family war.
- 5. Give me wisdom to initiate peace without enabling abuse.
- 6. Close every demonic legal right tied to unforgiveness.
- 7. Restore every broken relationship that You desire to redeem.
- 8. Teach me to speak truth in love and not in anger.
- 9. Let peace begin with my words, my thoughts, and my actions.
- 10. Cancel every inheritance dispute and bring godly resolution.
- 11. Empower me to raise children who love peace.

12. Lord, use me to stop what has cursed my bloodline.

Final Thought

You don't have to inherit the war. You were born into a family, but born again into a Kingdom. And in that Kingdom, peace is your inheritance. Today, you have the authority to break the cycle. Be the one who rewrites the family story. **You are the curse-breaker.**

Day 17

Living Among Enemies Within the Same House

Some of the most painful betrayals in life don't come from strangers—they come from family.

It's one thing to be attacked by outsiders. But what happens when the enemy sits at your table, shares your last name, and calls you "family"? What happens when your greatest battles are not from outside the home but within it?

Jealousy, sabotage, silent hatred, passive aggression, and backbiting—these are not just personality traits; they are spiritual strategies. The enemy knows that the easiest way to break a person is through the people they trust the most.

For many, home has not been a place of rest but a battlefield of spiritual warfare. And living among enemies within your own house can feel like psychological torture.

Family, But Not Friendly

You may know this story all too well:

- A sibling who secretly competes with you
- A parent who favors one child and punishes another without cause
- An uncle or aunt who spreads lies about you
- A cousin who celebrates your downfall in private but smiles in public
- A spouse who undermines your every move behind closed doors

This is not just dysfunction. It's spiritual warfare in disguise. The enemy uses jealousy, bitterness, and pride to turn homes into hostile environments.

Just like Joseph—loved by his father, but hated by his brothers.

Just like David—anointed by God, but despised by his own household.

Just like Jesus—rejected even in His hometown.

What Does It Look Like?

Living among "enemies" within the same house often looks like:

- Being misunderstood on purpose
- Constant comparison and criticism
- False accusations
- Secret sabotage (financial, emotional, relational)
- Family members turning others against you
- Mockery when you try to rise

You begin to feel:

- Alone
- Unwanted
- Gaslighted
- Spiritually drained

And what makes it worse is the **guilt** you feel. You ask yourself:

- "Is it my fault?"
- "Am I being too sensitive?"
- "Maybe I should just stay quiet."

But the truth is: **your anointing attracts resistance.** And your presence exposes their insecurity.

Why the Enemy Operates in Families

Families were designed by God to be sources of love, protection, and destiny. That's why the enemy fights them so hard.

A toxic family environment is one of the most effective tools the enemy uses to:

- Delay your purpose
- Drain your joy
- Distort your identity
- Derail your faith

If Satan can't destroy you from the outside, he'll try to use people from the inside.

Wisdom for Living Among Hidden Haters

So, what do you do when you can't escape the house? When the enemy is in your bloodline?

Here's how to spiritually survive:

1. Discern without paranoia

 Know what's happening spiritually—but don't let it make you bitter. Stay prayerful, not paranoid.

2. Set emotional boundaries

 You can love family without giving them access to your peace. Just because they're blood doesn't mean they're safe.

3. Keep your mouth shut when necessary

Joseph's mistake was sharing his dream too soon.
 Learn to move in silence.

4. Do not retaliate

 Vengeance will entangle you spiritually. Leave the judgment to God.

5. Pray over your atmosphere daily

• Toxic homes must be spiritually cleansed through worship, declarations, and anointing.

6. Don't play their game

 Gossiping back, competing, or manipulating will only drag you into the pit with them.

7. Let your fruit speak for you

 Even if they hate you, they cannot deny God is with you when the fruit starts to show.

When the Attack Is Spiritual

In many cases, the hatred isn't just personal—it's demonic. Spirits of jealousy, witchcraft, manipulation, and offense often attach to people in the home.

You must be spiritually alert. Some signs include:

- Dreams of snakes or being attacked in familiar places
- Sudden waves of depression or confusion only when around certain people
- Blockages every time you try to move forward
- Constant emotional rollercoasters in the house

It's not just emotional. It's spiritual. And that means you need **spiritual tools to survive.**

Journal Prompts

- Who in my household or extended family has shown consistent hostility, jealousy, or sabotage toward me?
- How have I emotionally responded to that over time fear, guilt, people-pleasing, or anger?
- In what ways might I need to set new boundaries to protect my peace?
- Has this toxic environment impacted how I see myself?
- What truths about my identity must I reclaim?

Action Step

Today, take oil and pray over your bedroom or living space. Declare it a zone of peace and protection. If led, anoint the doorposts and speak Psalm 91 out loud. Ask God to expose every hidden spirit of jealousy and sabotage operating in your home—and to give you discernment, strength, and peace.

Affirmation

"I may live among enemies, but I am covered by God. I walk in peace, authority, and divine discernment. No weapon formed against me shall prosper—even in my own household."

Testimonies

Set Up by Family but Still Rose

Ford - USA

"My own cousin tried to destroy my reputation. He copied my business strategy and told lies about me to the rest of the family. I was heartbroken. I almost gave up. But I found Bishop Climate's book 30 Days to Break Enchantment and Spells and began applying the teachings. Through midnight prayer and prophetic declarations, the whole truth came out. Now, I'm running a business five times the size of his. But I hold no grudge—because God vindicated me."

Surviving Cold War in the House

Elin - Sweden

"After I gave my life to Christ, my husband's relatives turned against me. They mocked me, withheld information from me, and accused me of being proud. It got so bad I almost left. But during a livestream with Prophet Climate Wiseman, I heard him say, 'The enemy can live in your house and still lose the war.' That word changed everything. I began declaring peace. Slowly, they began changing—and I stood my ground. I now walk with joy in the same house where I was once targeted."

Real-Life Application

If you're going to reach your destiny, you must master the art of **spiritual endurance in hostile environments.**

Whether you live with in-laws, jealous siblings, or toxic parents —you can remain in peace while preparing for your elevation.

Remember:

- Not all promotion requires relocation. Sometimes, God wants to bless you in front of your enemies (Psalm 23:5).
- The key is not escaping—but outgrowing.
- Stay planted in truth, guarded in peace, and anchored in identity.

You were not born to shrink. You were born to **rise—even in** the midst of household warfare.

Scripture & Prayer Focus

Scripture:

"A man's enemies will be the members of his own household."

— Matthew 10:36 (NIV)

"You prepare a table before me in the presence of my enemies."

— Psalm 23:5 (NIV)

Prayer:

Lord, I thank You that even in the presence of enemies, You are with me. I declare my home shall not be ruled by jealousy, gossip, or sabotage. Every toxic spirit operating in my household is exposed and uprooted. Cover me with wisdom, protection, and peace. I walk in discernment and victory. Amen.

12 Prophetic Declarations

- 1. I declare no enemy within my house shall succeed.
- I declare I am spiritually protected in every room I enter.
- 3. I declare jealousy has no power over my purpose.
- 4. I declare every plan of sabotage is reversed.
- 5. I declare peace surrounds me like a shield.
- 6. I declare divine favor overshadows every false accusation.
- 7. I declare I will not return evil for evil.
- 8. I declare God is my defender and my witness.
- 9. I declare wisdom leads me in every conversation.
- I declare every toxic word spoken in secret is canceled.

- 11. I declare elevation is coming despite household warfare.
- 12. I declare my enemies will watch God bless me—and they will know it is Him.

12 Powerful Prayer Points

- 1. Father, expose every hidden enemy in my household.
- 2. Break every curse of sabotage and envy over my life.
- 3. Close every door I've opened through fear or peoplepleasing.
- 4. Anoint my mind to discern spirits of manipulation and deceit.
- 5. Let my home become an altar of peace, not a battlefield of drama.
- 6. Uproot every household witchcraft and generational envy.
- 7. Raise a standard of protection around me and my children.
- 8. Let my peace silence every accuser.
- Reverse every spoken word curse spoken under my roof.
- 10. Bless those who curse me—use me as a testimony of grace.
- 11. Let Your angelic hosts guard my steps within this house.
- 12. Lord, turn this warfare into worship. Let Your glory arise.

Final Thought

You may be surrounded—but you are not shaken. The very house that mocked you may soon be the place where God performs His greatest miracle. You're not just surviving the tension—you're **training for your throne.** Let your enemies watch. Let your spirit rise. **This is your time.**

Day 18

Cutting Off the Dysfunction Without Cutting Off Love

In a perfect world, family would be our safest place. A sanctuary. A circle of unconditional love, respect, and support. But for many, family has become a battleground—where love is confused with control, support is weaponized with strings attached, and silence becomes the only language of survival. When dysfunction reigns in the home, it becomes one of the most spiritually and emotionally draining battles a person can endure.

You may be reading this as someone who has tried everything. You've prayed, tolerated, forgave, excused, explained. Yet no matter what you do, the same chaos keeps replaying. The same hurtful remarks, betrayals, manipulations, and guilt-tripping. You find yourself questioning: Can I protect myself without dishonoring my family? Can I walk away from dysfunction without walking away from love?

The answer is yes—but it requires spiritual maturity and emotional courage.

Cutting off dysfunction doesn't mean cutting off love. It means creating space for healing by enforcing boundaries that protect your sanity, your spirit, and your future. Boundaries are not walls to keep people out, but fences to keep your peace in. Boundaries are spiritual gates. They are the difference between being consumed and being compassionate.

Some people are addicted to chaos. They thrive off crisis. They are unaware of their toxicity because they have never lived outside of it. When you start healing, they will call you the problem. When you stop rescuing them, they'll call you selfish. When you stop playing the role they assigned to you, they'll accuse you of abandoning them. This is why boundary-setting is spiritual warfare: it forces people to confront the mirror of their own behaviors.

In monogamous homes, dysfunction may manifest through controlling parenting, favoritism, generational silence, or cold emotional climates. In polygamous families, boundary challenges multiply—between wives, half-siblings, and loyalty divisions. Emotional manipulation becomes a tool to gain the upper hand. Children are forced to navigate adult issues far too early, and spouses often feel trapped in roles that drain their spirit.

To cut off dysfunction without cutting off love, you must:

- Recognize when love has become performance-based.
- Accept that you cannot heal people who refuse accountability.
- Choose peace over pretending.
- Decide that your growth matters, even if it offends those invested in your broken version.

Sometimes, loving people means no longer allowing them to disrespect you. Sometimes, honoring your parents means loving them from a distance while refusing to repeat their destructive patterns. Sometimes, maintaining connection means drastically limiting access to your life, emotions, or energy.

You are not evil for stepping back.

You are not heartless for saying "no more."

You are not betraying anyone by saving yourself.

The same Jesus who said, "Turn the other cheek," also said, "Shake the dust off your feet." Discernment is knowing when to apply each.

This chapter is your permission slip. You are allowed to grow—even if it means disappointing those who benefitted from your silence. You are allowed to honor your healing—even if it means seeing some people less often. And you are allowed to redefine love—not as blind loyalty, but as mutual respect.

Journal Prompts

- What forms of dysfunction have you tolerated in the name of love?
- How do you feel when certain family members enter your space?
- Who in your family needs boundaries to protect your mental and emotional health?
- What fears arise when you think about enforcing these boundaries?
- What would spiritual and emotional peace look like in your daily life?

Action Step

Identify the top three people in your life who continually cross emotional, spiritual, or physical boundaries. Write out one boundary for each person and a gentle but firm statement you can use to communicate it. Example: "I love you, but I cannot keep having this same argument every week."

Affirmation

I can love my family and still protect my peace. I do not need to tolerate chaos to prove loyalty. I walk in wisdom, and I am free to set boundaries that honor God and my growth.

Testimonies

Azlan - Malaysia

"I grew up in a polygamous household where emotional manipulation was constant. As the child of a second wife, I was used as a pawn to spy, divide, and compete. I carried the burden for years—afraid to cut ties because I feared dishonoring my mother. But through Bishop Climate's teachings, I learned the power of loving with boundaries. Now I live at peace, visit when I choose, and no longer feel guilty for choosing emotional health over inherited chaos."

Ever - USA

"My father always said, 'Family is blood—you never walk away.' But what if family is also the one cutting your soul with every word? I stayed in a toxic relationship with my siblings out of guilt until I joined a deliverance boot camp with Bishop Climate Ministries. I discovered how to break soul ties, set spiri-

tual boundaries, and love my family without losing myself. That teaching saved me."

Real-Life Application

Practice the "3-Circle Boundary Tool":

- 1. **Inner Circle** Those who honor your peace and bring value. Access to your heart and your time.
- Middle Circle Those who are cordial but unpredictable. Limited access. Guarded conversations.
- Outer Circle Those who are toxic, abusive, or manipulative. Pray for them. Love them from a distance. No emotional access.

Scripture & Prayer Focus

Scripture:

"Above all else, guard your heart, for everything you do flows from it." — *Proverbs* 4:23 (NIV)

Prayer Focus:

Heavenly Father, give me the courage to guard my heart without growing cold. Show me how to love without losing myself. Teach me where to draw lines that protect peace while preserving honor. I release guilt, fear, and obligation. I walk in wisdom and wholeness. In Jesus' name, amen.

12 Prophetic Declarations

- 1. I declare I have permission to protect my peace.
- 2. I declare I can love without enabling dysfunction.
- I declare my emotional and spiritual space is guarded by the Holy Spirit.
- 4. I declare I will not feel guilty for saying "no."
- 5. I declare wisdom flows through my relationships.
- 6. I declare divine discernment rests upon me.
- 7. I declare every manipulative tie is broken.
- 8. I declare I am walking out of obligation into overflow.
- 9. I declare I will no longer shrink to make others feel comfortable.
- 10. I declare freedom from emotional blackmail.
- 11. I declare God is healing my definition of love.
- 12. I declare I am fully allowed to grow.

12 Powerful Prayer Points

- Father, uproot every guilt-based tie that binds me to toxic cycles.
- 2. Lord, give me the boldness to say "no" where I once said "yes."
- I reject false loyalty that keeps me bound to dysfunction.
- 4. I break every soul tie connected to manipulation and fear.
- 5. Let the fire of the Holy Spirit protect my peace.
- 6. I shut every open door that gives toxic people access to my heart.
- 7. I declare healing over my family, even at a distance.
- 8. Father, show me the spiritual role of boundaries.

- 9. I forgive those who misuse love to control me.
- 10. Holy Spirit, teach me how to guard my heart with grace.
- 11. I cancel every spirit of confusion caused by family chaos.
- 12. I declare today a new season of wisdom, healing, and clarity.

Final Thought

You do not need permission to protect your peace. The world may not understand, but Heaven honors your courage. Walking away from dysfunction is not rejection—it is redirection toward healing. You are not abandoning your family; you are answering the call to become the healed one who breaks the cycle. Love remains—but so does your freedom.

Keep going. You are growing.

Day 19 Rewriting the Story of Your Childhood

What happens to a child who never hears "I'm proud of you"?

What happens to a child who learns to tiptoe around chaos, suppress their feelings, or become the parent too soon?

What happens to a child who grows up in a house full of people but feels invisible?

For many, childhood was not a sanctuary — it was a silent battlefield. The years that were meant to be filled with safety, joy, and discovery became seasons marked by fear, confusion, or neglect. And here you are now: grown, responsible, functioning. But inside? That little child still lives — still cries, still waits, still aches for something that never came.

You cannot erase what happened. But you can **rewrite what** it means to you.

Rewriting the story of your childhood is not pretending the pain didn't exist. It's choosing not to let that pain define your identity any longer. It's about moving from survival mode to

soul restoration. It's about speaking truth where lies were planted. It's about nurturing the inner child you once were — the one who never got to just be a child.

You may have been told you were too much. Or not enough. You may have been ignored or micromanaged, smothered or abandoned. You may have grown up feeling like love had to be earned, that affection was transactional, that being good meant being quiet. These patterns, embedded in childhood, become the script we live by in adulthood — unless we stop and choose to revise the narrative.

This chapter is about courage.

The courage to re-enter the rooms of your past not to relive the pain — but to **rescue your younger self**.

To be for that child what no one else was.

To become the voice that says:

"You were never the problem."

"You were always worthy of love."

"You deserved safety, joy, and protection."

Some people grow up too fast. Others are never allowed to grow up at all. The roles we took on as children — the fixer, the achiever, the invisible one, the protector — may have helped us survive, but now they're suffocating the person we are becoming.

This healing journey means creating room for your younger self to finally rest.

To play. To cry. To be honest. To be held — even if it's you doing the holding now.

It may feel strange at first. To speak kindly to your inner child. To write them letters. To imagine what they needed — and then give it to yourself. But this is not strange. This is spiritual reparenting. This is divine restoration. This is what it means to take back your soul from the grip of the past and place it gently in God's hands.

You're not rewriting the facts.

You're rewriting the meaning.

You are no longer that helpless child.

You are the safe adult they needed.

And as you do this work, one layer at a time, the old labels begin to fall off.

The shame starts to loosen.

The triggers soften.

And a new script is written — one of compassion, truth, and identity.

Because your story doesn't end with the pain.

It continues with power.

Journal Prompts

- What memories from childhood still carry emotional weight for me?
- What did I need as a child that I didn't receive?
- What messages did I internalize that were not true?
- How can I begin to speak to my younger self with kindness and truth?

Action Step

Write a letter to your inner child. Speak as the loving, safe adult you are now. Validate their pain, affirm their worth, and offer them peace. Read it out loud to yourself every day this week.

Affirmation

I am no longer trapped by the past. I am free to nurture, heal, and restore the child within me. My story is being rewritten in truth and love.

Testimonies

Inner Healing from Childhood Rejection

Jagger - USA

"I always felt like the outsider in my family. My siblings were loud, bold, and celebrated. I was quiet and often overlooked. I thought something was wrong with me. When I joined one of Dr. Climate Wiseman's online deliverance bootcamps, I finally learned about the roles children play to survive. I wept when he said, 'Your silence was never your fault. You were protecting yourself.' That day, I wrote to my younger self and something broke. The rejection lost its power."

Restoration After Years of Inner Guilt

Saskia - Netherlands

"My mother left when I was young. My father raised me but was emotionally distant. I blamed myself. I tried to be perfect, hoping it would make someone stay. But perfection became my

prison. Through a one-on-one session with Bishop Climate Ministries, I was guided to forgive myself — not for something I did, but for a lie I believed. I was never the reason she left. That truth set me free."

Real-Life Application

Healing your childhood wounds doesn't happen in one day. But it begins with recognition. When you start noticing the patterns you've carried and become willing to change them, the healing process begins. Practicing "reparenting" — through affirmations, kindness, and inner work — helps you shift your default reactions and step into emotional maturity. The most powerful change begins when we finally give ourselves the love we once begged others for.

Scripture & Prayer Focus

Scripture:

"He heals the brokenhearted and binds up their wounds." – Psalm 147:3 (NIV)

Prayer Focus:

Father, I come to You with the pieces of my childhood. The forgotten memories, the wounds, the unspoken pain. I ask You to guide me as I heal the child within me. Let Your love replace the lies I believed. Show me how to be gentle with myself. Teach me to nurture my identity in You. In Jesus' name, Amen.

12 Prophetic Declarations

- 1. I declare I am not defined by my past.
- 2. I declare emotional healing flows through every memory.
- 3. I declare my inner child is safe, seen, and comforted.
- 4. I declare every false identity is broken off my life.
- 5. I declare I have permission to rest, play, and be free.
- 6. I declare my mind is being renewed daily.
- 7. I declare my heart is being restored with truth.
- 8. I declare every spirit of shame is cast out of my soul.
- I declare I will not pass on emotional wounds to the next generation.
- 10. I declare I am being reparented by the Spirit of God.
- 11. I declare I receive new language for love and connection.
- 12. I declare my past no longer controls my present.

12 Powerful Prayer Points

- Lord, reveal the areas where my childhood still affects me.
- 2. Father, break the lies I believed about myself.
- 3. Heal the wounds of neglect, abandonment, and rejection.
- 4. Teach me to nurture my inner child with truth and grace.
- 5. Uproot every false role I took on to survive.
- 6. Help me forgive those who wounded me in my early years.
- 7. Restore joy and playfulness where fear once lived.

- 8. Let every word curse spoken over my childhood be broken.
- 9. Guide me in speaking life to my inner self daily.
- 10. Remove every hidden guilt or blame I carry from childhood.
- II. Strengthen me to become the safe adult I once needed.
- 12. Build my identity in You, Lord, and make it unshakable.

Final Thought

You are not who they said you were.

You are not the sum of your childhood trauma.

You are the result of grace, healing, and transformation in motion.

There is a child within you still waiting to be held — not by others, but by the person you are becoming. You are rewriting your story — not with denial, but with truth. Not with shame, but with love.

This is the beginning of a new chapter in your life.

And this time, it will be written with healing in every line.

Keep going. You are worth the restoration.

Day 20

When You're the Only One Who Wants Change

There comes a moment in every healing journey where you must face an uncomfortable truth: not everyone in your family wants to change.

Some people are committed to their pain. They are more loyal to dysfunction than to freedom. And while you are making room for growth, self-awareness, and restoration, they are doubling down on cycles that wounded you in the first place.

This day is for you—the black sheep, the cycle-breaker, the one who's been misunderstood and misjudged for daring to believe there's more.

It's hard. There is grief in choosing change when others cling to what's familiar. There is loneliness in choosing healing when others mock or reject it. And there's emotional warfare in standing for righteousness when dysfunction has been normalized for generations.

You might be the first in your bloodline to choose therapy.

The first to confront addiction.

The first to say, "I will not raise my children the way I was raised."

The first to walk away from manipulation, secrecy, or spiritual abuse.

The first to forgive and release—even when apologies never came.

This decision makes you a pioneer. Pioneers often walk through wilderness first so they can create a path for others. They pay the emotional toll of breaking unspoken rules and dislodging family idols.

You might get blamed.

You might get exiled.

You might be told you're the problem.

But you are not.

What you are—is brave.

Your pursuit of healing does not require the approval of those who benefit from your brokenness. And just because others choose to remain stagnant does not mean you should delay your progress.

You can be loving without enabling.

You can honor without surrendering your boundaries.

You can intercede without entangling yourself in their choices.

Remember: your transformation is not a betrayal. It is a divine decision to honor God with your future, even if your past is screaming at you to stay.

You are the door God is using to rewrite the family story. It's not about being better than others—it's about being available for a better future. And though they may not follow you today, one day your freedom may become their lifeline.

Stand firm, beloved. What you're doing now will echo for generations.

Journal Prompts

- When have you felt alone or misunderstood for wanting to change?
- What toxic patterns in your family do you feel assigned to break?
- How do you handle guilt or pressure from others to "just let things be"?
- What would generational freedom look like for your descendants?

Action Step

Write a declaration letter to your future family—your children, nieces, nephews, or spiritual heirs. Tell them what cycles you are breaking and what legacy you are building.

Affirmation

I am the change I've been praying for. I stand with courage, grace, and divine authority to shift my family's future.

Testimonies

Nicolò - Italy

"I was the only one in my family who decided to walk away from generational involvement in Freemasonry. It cost me everything —my inheritance, my home, and relationships. But after a session with Bishop Climate, I received clear prophetic insight about my spiritual assignment. Now, not only have I been restored, but my younger cousin has also left and joined the church. I'm no longer alone."

Scout - USA

"I always felt crazy for wanting peace in a family that normalized chaos. Every time I tried to set boundaries, I was gaslit. Through online deliverance bootcamps with Bishop Climate Ministries, I found the language, the spiritual tools, and the community I needed. Today, I'm walking in peace, and even my mother has started therapy."

Real-Life Application

Begin to detach your healing journey from other people's opinions. Stop waiting for them to validate your growth. Set boundaries, seek wise counsel, and surround yourself with a spiritual support system that empowers you to keep going. Accept that rejection might be the cost of being the first to heal—and still go forward.

Scripture & Prayer Focus

Scripture:

"Do not conform to the pattern of this world, but be transformed by the renewing of your mind." — Romans 12:2 (NIV)

Prayer:

Heavenly Father, give me strength when I feel alone. Fill my heart with the courage to keep walking the narrow road, even when I am misunderstood. Heal my heart from the sting of rejection. Empower me to walk in love, not bitterness, and to keep building a legacy of healing. Amen.

12 Prophetic Declarations

- I am called to break generational patterns of dysfunction.
- 2. I walk in divine courage and inner peace.
- 3. No family curse will hold me back from my future.
- 4. I am not alone—God is walking with me.
- 5. My obedience will bless those who come after me.
- 6. I reject guilt and embrace grace.
- 7. I choose healing, even when others choose harm.
- 8. I am strong enough to set boundaries.
- 9. I will not be manipulated by shame or fear.
- 10. My transformation will open doors for others.
- 11. I am aligned with God's plan for my family.
- 12. The cycle ends with me—and freedom begins.

12 Powerful Prayer Points

- Father, give me strength to walk alone when necessary.
- 2. I break every soul tie with generational dysfunction.
- 3. Lord, send me divine mentors and spiritual family.
- 4. I reject every lie that says I must stay the same.
- 5. I pray for boldness to stand when I feel outnumbered.
- 6. Deliver me from guilt placed by those who refuse change.
- 7. Father, heal me from the wounds of misunderstanding.
- 8. I declare I am no longer a hostage to old patterns.
- Lord, bless those in my bloodline with conviction to change.
- 10. I renounce fear of rejection and embrace divine acceptance.
- 11. Protect my heart as I pursue righteousness.
- 12. Thank You, Lord, that I am the beginning of a new legacy.

Final Thought

Being the first to break the cycle is never easy. But the courage you show today is rewriting history. You are not weak—you are wise. You are not selfish—you are sent. Even if your family doesn't recognize it now, heaven does. Keep walking. Keep healing. Keep believing. The seed you're planting today will become a harvest for generations to come. Don't give up.

Day 21

Finding God's Purpose in Your Family Pain

Family dysfunction can feel like a life sentence. The betrayals, the abandonment, the chaos—it all seems senseless. But what if the pain you've carried was never meant to define you, but to refine you? What if God wants to use what you've been through to birth something powerful through you?

In over 25 years of walking with broken families, I've learned that God never wastes pain. What felt like punishment can become purpose. The very people who tried to silence you may one day witness the power of your voice. The family that tried to break you could be the reason you rise.

Many people think that in order to have a calling, your background must be clean, your lineage pure, your upbringing flawless. But some of the greatest ministries are born from the most dysfunctional families.

Look at Joseph. Sold by his brothers, falsely accused, imprisoned. And yet, he rose to become the deliverer of the same

family that betrayed him. His pain positioned him for purpose. Yours can too.

When you stop asking "Why did this happen to me?" and start asking "What can God do through me?"—transformation begins. The very thing you thought disqualified you becomes the thing that qualifies you to reach others. That's why hell fought you so hard. That's why your family broke in the places they did. Because the enemy knew your scars would become sermons.

Your pain is a platform.

Your dysfunction is the training ground for your destiny.

Yes, healing must come first. We cannot serve effectively from a bleeding place. But once God begins to stitch you back together—through truth, through deliverance, through journaling and reflection—He starts to show you why the battle was so intense.

That broken home taught you resilience.

That emotionally absent parent taught you how to listen for what's unspoken.

That favoritism taught you to love impartially.

That chaos taught you how to fight for peace.

There is wisdom woven into your wounds. You can learn from your pain instead of living in it.

Maybe your assignment isn't to become a preacher or a prophet. But perhaps you're called to mentor other young women who've been rejected. Perhaps you'll counsel others navigating blended families. Maybe your life will testify, "I went through hell—and I came out whole."

When you stop hiding your pain and start sharing it, God begins to multiply it for impact.

You are a *survivor*. But God's plan isn't for you to survive only —it's for you to *serve*, *shine*, and *soar*.

Let this be the day you ask God:

"Father, what is the purpose in my pain?"

Journal Prompts

- What is one area of family pain I've never truly processed?
- How has that pain shaped who I've become—for better or worse?
- If I could use my pain to help others, what would I say?
- What wisdom have I gained through my dysfunction?
- What parts of my story do I still feel ashamed to tell?

Action Step

Write a letter to your past self—during the most painful family season of your life. Offer compassion, speak healing, and begin to rewrite the narrative. Then, write one sentence declaring how that pain will serve your future purpose.

Affirmation

I am not defined by my family's dysfunction. I am refined

through it. My pain will become purpose, and my story will set others free.

Testimonies

Obasi - Nigeria

From Anger and Bitterness to Youth Leadership

Obasi grew up in a large, polygamous household filled with strife. As the son of the second wife, he was constantly overlooked and mocked. Years of resentment made him lash out, and he struggled with rage. After attending a deliverance boot camp led by Dr. Climate Wiseman, Obasi experienced deep healing. Today, he mentors young boys in his community, teaching them how to break free from anger and find identity in God—not family hierarchy.

Amihan - Philippines

Turning Rejection Into Ministry

Amihan was the "forgotten child" in a dysfunctional home where her achievements were never enough. Years later, she stumbled across an online prophetic conference led by Bishop Climate Ministries. Through a one-on-one session, she was encouraged to launch a support group for women who grew up with emotional neglect. What once made her weep now fuels her mission. Her rejection became the root of her redemptive calling.

Real-Life Application

Reflect on someone in your life who may still be trapped in family pain. Reach out to them with a kind word or a listening ear. Begin to sow healing into others, even as God continues healing you. Ministry often begins with empathy.

Scripture & Prayer Focus

Genesis 50:20 (NIV)

"You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives."

Prayer:

Father, I thank You that nothing in my life is wasted—not even my deepest wounds. Show me the assignment behind the attack. Reveal the destiny hidden within my dysfunction. Use my story as a light to others. Teach me how to lead, love, and lift others with the very grace that rescued me. Amen.

12 Prophetic Declarations

- 1. My pain has purpose.
- 2. What broke me is now building me.
- 3. My story will heal others.
- 4. I am not ashamed of my journey.
- 5. I am a vessel of restoration.
- 6. Generational curses end with me.
- 7. I will lead others into healing.
- 8. My wounds carry wisdom.

- 9. What I've survived qualifies me to serve.
- 10. I am whole, strong, and rising.
- 11. God is rewriting my family story through me.
- 12. I walk in redemptive purpose and divine assignment.

12 Powerful Prayer Points

- 1. Lord, reveal the assignment behind my affliction.
- 2. Heal every hidden area still bleeding from family trauma.
- 3. Break the shame that tries to silence my story.
- 4. Use my voice to comfort those in pain.
- 5. Transform my wounds into wisdom.
- 6. Deliver me from self-pity and into purpose.
- 7. Let my story become a testimony of Your power.
- 8. Raise me as a generational healer in my bloodline.
- 9. Give me discernment to know when and how to share.
- 10. Surround me with people who recognize my growth.
- 11. Protect me as I walk in my divine calling.
- 12. Let nothing from my past hinder my purpose.

Final Thought

Your family may not have given you peace, but you can choose peace. Your upbringing may not have been nurturing, but you can nurture others. You may have walked through fire, but you came out gold. Let every scar remind you of your survival and every healed wound become a tool in God's hand.

You are not just someone who *went through* family dysfunction —you are someone who will *walk others out of it*.

Your destiny is greater than your history.

Let the healing begin.

Day 22

How to Navigate Inheritance and Entitlement Battles

Inheritance was meant to be a blessing—an extension of legacy, a continuation of what one generation labored to build. But in many families, inheritance has become a battleground. Property, pensions, land, insurance, business titles, and family leadership roles become divisive forces, splitting siblings, turning cousins into courtroom adversaries, and making once-loving homes into war zones.

In dysfunctional families—both monogamous and polygamous—inheritance can become not just about resources, but about identity and validation. Often, the fight is not only over what is being distributed, but what was *never* given emotionally. A daughter feels entitled because she was always overlooked. A son demands everything because he believes he was the only one who carried the family burden. A stepmother is accused of manipulation. A brother calls for DNA tests. Aunts, uncles, and even pastors are drawn into the fray.

At the core of these battles is often a deep emotional hunger: a longing to feel seen, valued, and included. When communica-

tion has always been broken, and pain has been silenced for years, an inheritance can unearth every unresolved wound and turn suppressed emotions into courtroom testimonies.

In polygamous households, entitlement battles can become even more chaotic. Children from multiple wives, who barely knew or trusted one another, now must decide how to divide what one man built—often without clear legal guidance or emotional maturity. Favoritism, secrets, and alliances complicate everything. You may find yourself wondering: Why am I fighting so hard for something I didn't build?

Sometimes, the spiritual atmosphere behind these battles is darker than we realize. The enemy delights in using inheritance to stir hatred, unforgiveness, greed, and premature death. But you, as a child of God, are called to a different path. You can learn to protect your portion without losing your peace.

It is not weakness to walk away from a fight that is fueled by bitterness. It is not defeat to choose healing over being "right." And it is not surrender to allow God to restore you in unexpected ways rather than fighting endlessly for what man says you are owed.

You must ask yourself: Am I trying to prove something or protect something? Is my demand for inheritance rooted in faith or fear?

When handled with wisdom, inheritance battles can become moments of healing and closure. But when handled in the flesh, they can destroy bloodlines for generations. Your responsibility is not to win the fight—it's to win the *war within*. The war that says, "If I don't get what they promised, I'm nothing." That's a lie. You are more than any material possession. You are an heir

of God's kingdom, and His blessings make rich and add no sorrow with them.

Let's break free from the spirit of entitlement and embrace the spirit of legacy.

Journal Prompts

- What family inheritance battles have you witnessed or experienced?
- How did it affect relationships within your household?
- Were you treated fairly? If not, how did it make you feel?
- Have you ever felt tempted to fight for validation through material things?
- How can you approach unresolved inheritance issues with both wisdom and peace?

Action Step

Make a list of any ongoing or past inheritance-related conflicts that still affect you emotionally. Ask the Holy Spirit to reveal whether you're holding onto resentment or entitlement. Write a forgiveness letter—whether you send it or not—releasing the people who wronged you.

Affirmation

"I release the burden of proving my worth through inheritance.

I am not defined by what I receive from man, but by what I inherit from God."

Testimonies

Zayne, USA

"After my father died, the house became a warzone. My siblings accused me of manipulating our dad's will, even though I never asked for anything. I started to spiral mentally and spiritually. I reached out to Bishop Climate Ministries during a late-night service online, and the teaching on spiritual inheritance broke something in me. I sowed a seed for peace. Within three days, one sibling apologized, and another backed down from the legal action. The miracle wasn't in the money—it was in the restoration of peace."

Halima, Somalia

"As the first daughter from the first wife in a polygamous family, I was promised a portion of land. But when my father passed, everything was given to the youngest son. I wanted revenge. But through Bishop Climate's online bootcamp, I learned to let God fight for me. I prayed, fasted, and forgave. That year, a door opened for me to purchase my own land—a better one. God gave me what my family denied me."

Real-Life Application

You may not be able to undo the decisions of a will, but you can reclaim your soul's peace. Whether you've been overlooked, robbed, or falsely accused in inheritance matters, you can rise

above it. The enemy wants to use these disputes to bind you to bitterness. But God wants to use them to graduate you into spiritual maturity. Sometimes your real inheritance isn't the land—it's the *lessons*.

Scripture & Prayer Focus

Scripture:

"A good person leaves an inheritance for their children's children, but a sinner's wealth is stored up for the righteous."

— Proverbs 13:22 (NIV)

Prayer:

Father, I surrender every entitlement battle to You. Heal me from the wounds of betrayal and injustice. Teach me to walk in wisdom, speak with honor, and trust You to supply every need. Help me to love those who wronged me and to receive the inheritance You have prepared—one that no man can steal. Amen.

12 Prophetic Declarations

- I am not a slave to entitlement; I am an heir of the Kingdom.
- 2. My peace will not be disturbed by material disputes.
- 3. God is my provider and my portion.
- 4. I break every generational curse of inheritance-related strife.
- 5. No legal battle will rob me of my destiny.
- 6. I walk in divine wisdom and restraint.

- 7. My name will not be tied to bitterness.
- 8. I will receive unexpected blessings in unexpected ways.
- 9. Where I was left out, God will raise me up.
- 10. My legacy will be rooted in love, not greed.
- 11. I release every rival to God's justice.
- 12. I reclaim my peace, my voice, and my portion.

12 Powerful Prayer Points

- Lord, break every spiritual curse tied to my family's inheritance.
- 2. Deliver me from the spirit of entitlement and offense.
- 3. Expose and silence every false witness in legal battles.
- 4. Restore every portion stolen from me unjustly.
- 5. Heal my heart from betrayal and favoritism.
- 6. Guide me in every legal and financial decision I face.
- 7. Let peace rule in my heart where conflict once reigned.
- 8. Rebuild trust among my family where division has taken over.
- 9. Protect my mind from bitterness and revenge.
- 10. Let the inheritance of righteousness rest upon my life.
- 11. Release divine provision to make up for all I lost.
- 12. Use my testimony to break generational cycles in my bloodline.

Final Thought

You are not what they gave you or what they withheld. You are not defined by property lines, court papers, or family

favoritism. You are God's chosen. Even if they denied you the land, they cannot deny you the *calling*. Let this be your legacy: not what you fought for, but what you overcame. Let peace be your true inheritance.

Your healing continues—walk forward without fear.

Day 23

Healing Family Relationships Without Enabling

For many of us raised in dysfunctional households, the idea of *healing* our family sounds both desirable and dangerous. We long to mend the broken ties, to reconnect with siblings, parents, or even estranged children. We crave peace after years of pain, laughter after seasons of silence. Yet there's a question we quietly wrestle with: *Can I love them without losing myself again?*

There's a line many were never taught to see—the line between helping and enabling, between loving and losing boundaries, between compassion and compromise.

In a toxic family environment, relationships are often built on *emotional survival*, not emotional health. The loudest voice gets the attention. The most manipulative member gets their way. The "strong" one gets used. The "quiet" one disappears. And what the family calls "love" is often just tolerated dysfunction.

Codependency is when your sense of self is wrapped up in someone else's behavior. It says, "If they're okay, then I'm okay." This is not love—it's bondage.

Let's be clear: God calls us to honor family, but He never asks us to tolerate abuse, emotional manipulation, or spiritual compromise. Jesus Himself said, "Who is my mother, and who are my brothers? Whoever does the will of my Father in heaven is my brother and sister and mother" (Matthew 12:48–50). That's not rejection—it's redirection. He was showing us that spiritual alignment is higher than blood connection.

True healing comes when we understand that we are not responsible *for* others, but we are responsible *to* them—to love them, to forgive them, to pray for them, and sometimes, to say "no" when they ask us to re-enter cycles God has delivered us from.

You may have a sibling who constantly borrows money and never pays back. You may have a parent who calls only to criticize, guilt-trip, or gaslight. You may have a cousin who is addicted, abusive, or unstable. And you ask, "If I cut them off, am I a bad Christian?" No, you're a wise one. You're not cutting them off from love—you're cutting them off from access to harm you.

Boundaries are not ungodly—they are spiritual protection.

Healing a family relationship doesn't always mean going back to how things were. Sometimes it means building something new—something defined by truth, respect, and safety. Sometimes, it means loving them from a distance. Sometimes, it means healing alone and praying for reconciliation later.

This doesn't make you weak. It doesn't make you rebellious. It makes you *healed*. And healing doesn't tolerate abuse just to

"keep the peace." It creates a new atmosphere where peace is rooted in truth.

You can love them. You can pray for them. You can even forgive them. But you don't have to *lose yourself* to prove you care.

Journal Prompts

- What family relationships in your life need healing?
- Have you been sacrificing your peace just to avoid conflict?
- Where do you feel responsible for someone else's emotional stability?
- What boundaries do you need to enforce without guilt?
- How can you love someone without being manipulated by them?

Action Step

Write down the top three most emotionally taxing relationships in your family. For each one, ask the Holy Spirit: What is my responsibility here? Create one new boundary for each that promotes healing and protects your emotional health. Practice communicating that boundary in a clear and loving way.

Affirmation

"I can love deeply without losing myself. I am not responsible

for others' choices, but I choose peace, truth, and healthy connection."

Testimonies

Ioan, Romania

"For years, I allowed my older brother to manipulate me emotionally. He would insult me, then ask for help. Every time I distanced myself, guilt would bring me back. Through a prophetic Zoom session with Bishop Climate, I learned that boundaries are not rebellion—they are obedience to God's peace. I wrote him a letter, prayed over it, and walked in freedom. My soul is lighter, and I finally sleep at night."

Goldie, USA

"As a mother of three, I constantly played peacemaker between my parents, siblings, and even my in-laws. It drained me. I read one of Dr. Climate Wiseman's books and joined the Healing & Restoration boot camp. That's when I realized: I was enabling their dysfunction by always stepping in. Now I choose peace, not people-pleasing. And strangely enough, some family members respect me more than ever."

Real-Life Application

Healing doesn't always look like a family reunion. Sometimes it's a quiet heart, a firm "no," and a peaceful soul. It's realizing that you're not the family therapist, rescuer, or emotional dumping ground. God is healing your relationships by first healing *you*. Walk in this new authority. Be led by peace.

Where reconciliation is possible, pursue it. Where it's not, release it.

Scripture & Prayer Focus

Scripture:

"Above all else, guard your heart, for everything you do flows from it." — Proverbs 4:23 (NIV)

Prayer:

Lord, I bring every unhealthy family connection to Your feet. Heal what is broken. Restore what is possible. And give me peace to walk away from what is toxic. Teach me to set godly boundaries with love. Help me to discern when to engage and when to let go. I choose wholeness, not codependency. I choose truth, not manipulation. I choose You. Amen.

12 Prophetic Declarations

- 1. I am free from emotional manipulation.
- 2. God is healing my family and my heart.
- 3. I have wisdom to know when to say "yes" and when to say "no."
- 4. I release guilt and walk in peace.
- 5. I am not a rescuer—I am a child of God.
- 6. My love is strong, healthy, and spirit-led.
- 7. I attract relationships rooted in truth, not control.
- 8. Every unhealthy attachment is being severed in Jesus' name.
- 9. I carry healing, not heaviness.
- 10. I guard my heart and protect my peace.

- 11. My boundaries are an act of obedience.
- 12. I walk in relational freedom and spiritual authority.

12 Powerful Prayer Points

- 1. Lord, heal my heart from guilt-driven relationships.
- 2. Break every codependent tie in my family line.
- 3. Give me boldness to set healthy boundaries.
- 4. Deliver me from the need to please everyone.
- 5. Uproot every spirit of emotional control and guilt.
- 6. Heal my identity from family roles I was never meant to carry.
- 7. Teach me to love without losing my peace.
- 8. Let my "yes" be yes and my "no" be no.
- 9. Bring clarity in every confusing relationship.
- 10. Restore peace where there has been chaos.
- 11. Rebuild my heart in truth and wisdom.
- 12. Let Your spirit govern my family relationships from this day forward.

Final Thought

Healing your family does not mean tolerating cycles that destroy you. You are not obligated to carry the weight of everyone else's brokenness. God is not calling you to be their saviour—He already sent His Son for that. You are called to *heal*, to *grow*, and to walk in *truth*. And truth sometimes says, "I love you—but I will no longer allow your chaos to rule my peace."

Your healing journey continues. Keep going. You're not abandoning your family—you're redefining what real love looks like.

Day 24

Restoring Trust With Estranged Family Members

Trust is the currency of every relationship—and when it's broken, it can take years to rebuild. In dysfunctional families, estrangement becomes a form of survival. One person walks away to protect their peace, while the other holds onto offense, bitterness, or regret. Words were said. Promises were broken. Sometimes there was betrayal; other times, it was just the quiet decay of silence that widened the gap.

The question remains: Can trust ever be rebuilt after years of distance?

The answer: Yes—but only through truth, humility, and divine timing.

Restoring trust is not about pretending nothing happened. It is not about sweeping dysfunction under the rug. It is about acknowledging what broke, examining what healed, and rebuilding what was lost—brick by brick, layer by layer, guided by the Spirit of God.

There are several reasons family members become estranged:

- **Betrayal:** A sibling stole from you. A parent lied. A relative spread rumors.
- Abuse or neglect: You were harmed, gaslit, or abandoned—and they never owned it.
- **Misunderstanding or pride:** Offense grew where communication was lacking.
- **Spiritual separation:** One followed God, the other chose rebellion. The distance wasn't just emotional—it was *spiritual*.

Whatever the cause, the wound still throbs. And reconciliation may seem risky. What if they hurt me again? What if they haven't changed? What if reaching out opens old wounds?

Here is the truth: Not every estranged family relationship will be restored—but many *can be*, and *should be*, with the right foundation.

That foundation begins with prayer. Not emotional manipulation. Not guilt. Not obligation. Restoration must be spirit-led, not flesh-driven. And it requires humility on both sides.

One of the greatest signs of true reconciliation is not how quickly someone says "I forgive you," but whether they're willing to have hard, honest conversations without defensiveness or denial.

Trust is not earned in words—it is rebuilt in *consistent actions* over time.

Sometimes God will nudge your heart to take the first step—to reach out, to write a letter, to call, or simply to *forgive in prayer* even if communication is not yet possible.

And sometimes, you must wait until the other person is ready—or until you are healed enough not to be destroyed by their rejection.

Spirit-led reconciliation doesn't mean instant restoration. It means you let go of pride, walk in truth, and listen to God's timing. It's not about being right. It's about being free.

Journal Prompts

- Who in your family have you become estranged from?
- What was the real cause behind the separation?
- How has the distance affected you emotionally and spiritually?
- Are you ready to forgive, even if reconciliation doesn't happen?
- What would a healthy restoration look like in this relationship?

Action Step

Write a private letter (even if you don't send it) to the estranged family member. Express what hurt you, what you've learned, and what you hope for. Ask the Holy Spirit to reveal whether you should reach out, wait, or release the relationship. Write a specific prayer for them—even if you still feel wounded.

Affirmation

"I am healing without hate. I open my heart to Spirit-led recon-

ciliation, trusting God to guide the process. I no longer live in fear, silence, or bitterness—I choose peace and truth."

Testimonies

Thiago, Brazil

"After ten years of not speaking to my mother, I joined one of Bishop Climate's online healing sessions. As we prayed over family estrangement, I began to weep uncontrollably. I realized I had buried the pain instead of healing it. I wrote her a letter without expecting anything back. Weeks later, she called me crying. We are now rebuilding slowly—but God is at the center. That has made all the difference."

Liliane, France

"My sister and I had a falling out after a horrible inheritance dispute. We both said things that couldn't be unsaid. I thought it was over forever. But during a deliverance boot camp led by Dr. Climate Wiseman, the Spirit prompted me to forgive. I sent her a voice message—not blaming, just blessing. She replied after two years of silence. We're not best friends again, but there's peace. And that peace has healed something in me more than I imagined."

Real-Life Application

Rebuilding trust starts with *truth and time*. Don't rush what God wants to rebuild slowly. Check your motives. Ask yourself: Am I trying to reconnect from guilt? Or from healing? Restoration doesn't mean restoring the same relationship—it means creating something *new* that honors truth, accountabil-

ity, and grace. Let God lead the process. Let peace be your pace.

Scripture & Prayer Focus

Scripture:

"If it is possible, as far as it depends on you, live at peace with everyone." — Romans 12:18 (NIV)

Prayer:

Lord, You see every broken connection in my family. You know the hurt, the silence, and the years of distance. I give You my pride, my pain, and my fear. Heal what needs to be healed. Reconnect what needs to be restored. Give me courage to forgive, wisdom to wait, and peace to move forward—whether restoration happens or not. I trust Your timing. I follow Your Spirit. Amen.

12 Prophetic Declarations

- 1. I am no longer ruled by past betrayals.
- 2. God is restoring what was broken by time and pain.
- 3. My heart is open to peace and truth.
- 4. I forgive without needing to be repaid.
- 5. My identity is not rooted in rejection.
- 6. God is mending the bridges that were once burned.
- 7. I am led by the Spirit, not by fear or guilt.
- 8. I walk in emotional maturity and divine discernment.
- 9. My family story is not over—it's being rewritten.
- 10. I release the need to control the outcome.
- 11. The grace of God is healing every generational rift.

 My peace is protected, even in the process of reconciliation.

12 Powerful Prayer Points

- Lord, reveal every area where I'm holding on to family offense.
- 2. Heal my heart from bitterness, disappointment, and silence.
- Guide me with wisdom in reaching out to estranged relatives.
- 4. Break every generational pattern of division and pride.
- 5. Let restoration begin with my heart, even before theirs.
- 6. Give me strength to forgive without condition.
- 7. Show me the right time and the right words, if I'm to reconnect.
- 8. Restore what was lost through betrayal or neglect.
- 9. Bring truth into every hidden family wound.
- Surround my healing process with grace and divine protection.
- 11. Let reconciliation flow like a river, beginning with me.
- 12. Let Your will be done in my family, not mine.

Final Thought

Estrangement is not always permanent—and reconciliation is not always instant. But with God, healing is always *possible*. Don't let pride rob you of peace. Don't let bitterness define your future. Whether the bridge is rebuilt today or in years to

come, take the first step by letting God restore *your heart* first. Because peace doesn't begin with their apology—it begins with your decision to heal.

You are not alone. You are not too late. And your story isn't over.

Day 25

Redefining Fatherhood and Motherhood

Many people grow up with a distorted image of what it means to be a father or mother. For some, a father was physically present but emotionally unavailable. For others, a mother was nurturing one moment and manipulative the next. These inconsistent experiences plant the seeds of confusion, fear, mistrust, and identity crisis that can last a lifetime.

When the roles of fatherhood and motherhood are twisted by trauma, abuse, or neglect, they no longer reflect the original design God intended. Instead of protection, there is fear. Instead of nurture, there is control. Instead of presence, there is absence. And for the child growing up in that environment—whether in a monogamous or polygamous household—the confusion is profound.

So what happens when we grow up not knowing what love should have looked like? What happens when we are now adults, but still carry the ache of being under-parented, over-parented, or wrongly parented?

We begin to walk through a sacred process: redefining father-hood and motherhood.

This chapter is not about blaming your parents. It's about recognizing what was broken, releasing what still haunts you, and reclaiming what you were always meant to receive.

Some of the distorted parent roles include:

- **The Passive Father:** Emotionally distant, uninvolved, or uninterested.
- **The Authoritarian Mother:** Uses fear and shame instead of love and understanding.
- **The Absent Parent:** Never there—either physically or emotionally.
- **The Conditional Parent:** Gives love only when expectations are met.
- **The Narcissistic Parent:** Makes everything about themselves, leaving the child invisible.

These wounds don't vanish on their own. They shape how we parent, how we trust, how we love—and even how we view God. Many people struggle to relate to God as "Father" because their earthly father was cruel or absent. Others overcompensate in parenting roles, swinging between extremes—being too soft or too harsh—because they never had a healthy model to follow.

But here's the truth: You are not bound to repeat what hurt you. You are not doomed to pass on dysfunction. You have the power, through God, to become the parent you never had.

You can be:

- A safe place for your children, even if you never had one.
- A voice of affirmation, even if no one affirmed you.
- A source of wisdom, love, and boundaries, even if you were raised in chaos.

This healing starts by acknowledging that *your story matters*. Your pain is not a shame—it's an invitation to rebuild from a higher standard. And as you receive the love of your Heavenly Father, you begin to rewire the pattern. You stop seeing parenting as an obligation and start seeing it as an act of *redemptive legacy*.

Whether you are already a parent, hope to be one, or simply need to reparent your own wounded inner child, today's message is clear:

You can be the blessing you were never given.

You can become what you always needed.

You can redefine what motherhood and fatherhood truly mean.

Journal Prompts

- What kind of parenting did you receive as a child? Be honest.
- What messages did you internalize about love, discipline, and safety?
- How have those experiences shaped the way you treat yourself or your own children?

- In what ways do you need to reparent your inner child today?
- What does healthy fatherhood or motherhood look like to you now?

Action Step

Write a letter to your younger self. Speak to the version of you who needed more love, more support, more affirmation. Reassure them that they are safe now, they are seen, and they are not to blame. Use this letter as a foundation for rewriting your internal blueprint of healthy parenting.

Affirmation

"I am not bound to repeat the dysfunction I grew up in. I am healing the parent wound, rewriting the legacy, and becoming the love I needed. I am a new standard for generations to come."

Testimonies

Daxton, USA

"My father never said 'I love you.' He worked hard, provided, but I never felt emotionally safe. As a father myself, I feared I'd be cold or distant too. During an online men's healing seminar with Bishop Climate, I cried for the first time in 15 years. I asked God to help me father differently. Now, I hug my kids. I speak life over them. The cycle has been broken."

Ayaka, Japan

"My mother was emotionally manipulative. Love came with strings attached. I learned to perform, to shrink myself just to keep peace. Through the mentorship of Dr. Climate Wiseman and the 30-Day healing journey, I discovered that love doesn't have to be earned. I started reparenting myself—giving myself grace, rest, kindness. I finally feel free."

Real-Life Application

If you're parenting now, remember: Your job is not to be perfect, but to be present, honest, and whole. If you're not a parent, your healing still matters—it will shape your relationships, your leadership, and your legacy. Redefining parenting starts by receiving the love of the Heavenly Father for yourself, and letting that love overflow onto others. Let your home become a healing ground, not a battleground.

Scripture & Prayer Focus

Scripture:

"As a father has compassion on his children, so the Lord has compassion on those who fear Him." — Psalm 103:13 (NIV)

Prayer:

Father, You see the pain I carry from distorted parenting. Heal the places where I felt abandoned, unloved, or unseen. Help me forgive, grow, and rewrite the script. Let Your love teach me how to nurture myself and others. Whether I am a parent or

simply becoming whole, may I reflect Your heart in all I do. In Jesus' name, Amen.

12 Prophetic Declarations

- 1. I break every generational pattern of dysfunctional parenting.
- 2. I am becoming emotionally whole and spiritually mature.
- 3. I am no longer parenting from pain—I am parenting from peace.
- 4. The love of God is healing my childhood wounds.
- 5. I will not repeat the emotional absence I once experienced.
- 6. I am being reparented by the Spirit of Truth and Love.
- 7. My children will experience what I never had—safety and grace.
- 8. I am raising a new standard in my bloodline.
- 9. I walk in patience, wisdom, and kindness.
- 10. God is restoring my capacity to love deeply and freely.
- 11. My home is a place of nurturing and godly authority.
- 12. I am becoming the parent I always needed—and more.

12 Powerful Prayer Points

- Lord, heal every parental wound that still lingers in my heart.
- 2. Break every soul tie to patterns of fear-based parenting.

- Give me wisdom to parent with love, not control or silence.
- 4. Rewire my understanding of discipline and nurture.
- 5. Help me release shame and unrealistic expectations.
- 6. Let me experience Your fatherly love on a deeper level.
- 7. Heal my relationship with my earthly parents—even if only in my heart.
- 8. Deliver me from the fear of repeating the past.
- 9. Teach me to love without control and lead without fear.
- Let my home be a refuge and training ground for destiny.
- 11. Anoint my voice to speak life and identity into others.
- Empower me to raise a generation of healed, whole children.

Final Thought

You are not your past. You are not your parents' mistakes. You are the transition point between what was and what will be. God is using you to write a new definition of motherhood and fatherhood—one marked by love, freedom, safety, and truth. Don't be afraid to parent differently. Don't be afraid to heal deeply. What you're building will outlive you.

You are the cycle-breaker. You are the healing voice. You are the parent your lineage has been waiting for.

Day 26 Raising Emotionally Healthy Children

Every generation either repeats or redeems the pain of the previous one. That means you—yes, you—are either reproducing dysfunction unconsciously, or intentionally healing it so your children never have to fight the same emotional battles you did.

Raising emotionally healthy children is one of the most sacred responsibilities a person can carry. Yet many people are parenting without ever having been properly parented themselves. The result? A dangerous cycle of emotional neglect, fear-based control, inconsistent discipline, and performance-based love.

But here's the good news: it's possible to raise children who are emotionally grounded, spiritually secure, and mentally strong—even if you never experienced that yourself.

You don't have to be a perfect parent. You just have to be a *present* one. And presence doesn't only mean being in the room

—it means being attuned to your child's inner world: their fears, their dreams, their questions, and their growth.

Let's be honest: most dysfunction doesn't come from a lack of love—it comes from a lack of tools.

Our parents may have done the best they could, but if they lacked healing or emotional awareness, they likely passed on harmful coping mechanisms like:

- Silent treatment instead of healthy conflict resolution
- Guilt-based obedience instead of boundaries with mutual respect
- Overprotection instead of empowerment
- Harsh correction without connection

These patterns sow seeds of emotional confusion, leading children to grow up either anxious, withdrawn, reactive, or excessively people-pleasing.

But now, God has entrusted you with the opportunity to break that chain—not by trying to be the "cool" parent or giving your children everything they want—but by raising them in an atmosphere of love, structure, and emotional safety.

Key Tools to Raise Emotionally Healthy Children:

- Active Listening: Let your children speak without interruption. Make space for their voice.
- 2. **Empathy Before Instruction:** Connect to their emotions before correcting behavior.
- 3. **Healthy Boundaries:** Consistency creates safety. Discipline without shame.
- 4. **Emotion Coaching:** Teach them to name their emotions and work through them.

- 5. **Model Apologies and Humility:** When you're wrong, admit it. They'll respect your honesty.
- 6. **Encourage Identity, Not Just Behavior:** Don't only praise performance. Speak to their character.
- Create Safe Rituals: Regular family dinners, bedtime blessings, open conversations, prayer moments.
- 8. **Ask Questions, Not Just Give Orders:** Curiosity invites connection.
- Be the Safe Place: Let home be where they don't have to hide, pretend, or shrink.

Remember: you're not raising children just for obedience—you're raising future adults with their own relationships, leadership, and callings. The way you parent today determines the emotional health of the generations after you.

Journal Prompts

- What emotional habits or parenting styles from your upbringing are you still carrying?
- What does emotional safety look like in your home?
- What do you want your children (or spiritual children) to remember about your parenting?
- How do you handle your child's big emotions—anger, sadness, fear? Why?
- What healing do you need to fully show up as a present and loving parent?

Action Step

This week, set aside 20 minutes of undistracted time each day to connect emotionally with your child(ren). No devices. Just listening, talking, playing, or praying. End each time by asking: "How can I love you better this week?" Write down their answers and apply them.

Affirmation

"I am building a legacy of emotional safety, love, and truth. I parent with wisdom, presence, and healing. I am raising whole children who will thrive in life, love, and destiny."

Testimonies

Manu, New Zealand

"I was raised in a home where you don't talk about feelings. As a father of two, I caught myself repeating the same silence. After attending a Bishop Climate Ministries virtual parenting master-class, something clicked. I started asking my son about his day—and listening without fixing. Our relationship has transformed. I finally feel like I'm doing it right."

Lennon, USA

"I'm a single mother and for years I overcompensated by giving gifts, thinking it replaced presence. After reading Dr. Wiseman's teachings on emotional parenting, I started creating small rituals—breakfast blessings, Sunday walks, and nightly heart-checks. My daughter tells me now, 'Mom, I feel safe with you.' That's the greatest success of my life."

Real-Life Application

You don't have to be a biological parent to raise emotionally healthy children. You could be a mentor, teacher, aunt, uncle, or spiritual leader. Whether at home or in ministry, every interaction you have with a child shapes their worldview. Let your presence become prophetic. Let your words build foundations. Let your consistency replace confusion. When you change how you show up, you give them permission to become who God destined them to be.

Scripture & Prayer Focus

Scripture:

"Train up a child in the way he should go; even when he is old he will not depart from it." — Proverbs 22:6 (ESV)

Prayer:

Lord, I ask for grace and wisdom to raise children who are emotionally whole and spiritually grounded. Help me to model love, to set healthy boundaries, and to speak life into the next generation. Break every dysfunctional pattern that would try to repeat itself in my home. Let my children walk in freedom, truth, and divine purpose. In Jesus' name, Amen.

12 Prophetic Declarations

- 1. My children will not inherit emotional trauma—they will inherit peace.
- 2. I am parenting with love, strength, and divine strategy.

- 3. Dysfunction stops with me—it will not pass through me.
- 4. My home is a training ground for destiny.
- The spirit of confusion and fear has no place in my parenting.
- 6. I am led by wisdom and governed by grace.
- 7. My children are emotionally healthy and spiritually strong.
- 8. I am building a legacy that reflects heaven's design.
- 9. The love of God flows through every interaction in my home.
- 10. I am raising warriors, not worriers.
- 11. I receive healing where I lacked guidance and nurture.
- God is rewriting the story of my family, beginning with me.

12 Powerful Prayer Points

- Lord, give me grace to break every pattern of emotional dysfunction in my parenting.
- 2. Help me be present and engaged with my children daily.
- 3. Teach me to speak life and identity into my children's hearts.
- 4. Heal my own parenting wounds so I do not pass them down.
- 5. Let love replace fear and consistency replace chaos.
- 6. Release divine wisdom for raising emotionally strong children.
- 7. Remove every generational curse of neglect, anger, or passivity.

- 8. Let my home be a safe place where truth and love flourish.
- Help me model humility, patience, and peace in all things.
- 10. Let my children thrive emotionally, spiritually, and relationally.
- 11. Anoint my parenting with prophetic insight and divine order.
- 12. Surround my family with angels of protection and purpose.

Final Thought

You were born to raise a different kind of generation. A healed one. A whole one. One that knows how to love, lead, and live without fear or dysfunction. Whether you're raising toddlers or mentoring teens, your impact will echo beyond this life. Keep planting seeds of presence. Keep speaking words of life. Keep parenting from a place of restoration—not reaction.

Because the next generation doesn't need perfect parents. It needs *healed* ones. And that's who you're becoming.

Day 27 Starting a New Family Culture

Every home carries a spiritual culture.

Some families operate in a culture of fear, others in pride, secrecy, control, manipulation, or performance. These atmospheres are rarely spoken but deeply felt. They shape how we communicate, respond to conflict, process pain, and handle success or failure.

But the good news is this: family culture is not set in stone. It can be redefined. It can be rebuilt.

Just because dysfunction has been the norm doesn't mean it must be your legacy.

Today is about becoming the architect of something better.

Imagine this: what if your home could become a place where peace replaces pressure, truth replaces denial, grace replaces control, and love becomes the loudest voice?

You have that power—not by force, but by intentional daily choices. When you start creating a new family culture, you're

not just changing behavior. You're changing atmosphere. You're aligning your home with the presence of God.

Let's explore what it takes to do that.

What Is Family Culture?

Family culture is the combination of spoken and unspoken rules, behaviors, beliefs, traditions, and emotional tones that shape how your family interacts.

It's found in:

- How disagreements are handled
- Who gets heard and who is silenced
- What emotions are allowed and which are punished
- Whether success is celebrated or dismissed
- How decisions are made—together or in secret
- How apology and forgiveness are modeled
- Whether the home feels safe or unpredictable

Often, family cultures are inherited, not chosen. But spiritual maturity demands that we don't just *repeat* what we experienced—we *reshape* it.

Signs of a Dysfunctional Family Culture

- Fear-based obedience: Children or spouses comply out of fear of punishment rather than love or respect
- Emotional shutdown: Emotions like sadness or anger are dismissed or punished

- **Performance pressure:** Love is earned through behavior, grades, or religious acts
- **Unspoken expectations:** No one says what they need, but everyone feels guilty
- Division and hierarchy: Certain family members dominate while others shrink
- **Spiritual hypocrisy:** Religion is practiced publicly but abandoned privately

How to Shift the Culture

1. Speak a New Language

- Replace criticism with affirmation. Replace sarcasm with sincerity. Replace silence with healthy communication.
- Example: "I'm proud of you" instead of "You should've done better."

2. Set Rhythms and Rituals

 Create sacred routines that bring the family together—like weekly prayer times, shared meals, or heart-check-ins. These shape emotional bonding.

3. Address Conflict Directly and Kindly

 Normalize apologies. Teach conflict resolution. Model humility.

4. Invite the Holy Spirit In

 Literally welcome Him into your home. Anoint your doors. Play worship music. Pray over each room. Cleanse the atmosphere from past trauma.

5. Create Shared Values

• Write down five values your new family culture

will uphold (e.g., respect, honesty, fun, responsibility, faith). Let everyone contribute.

6. Break the Old Agreements

- Verbally renounce toxic family vows like:
 - "We don't talk about our problems."
 - "Men don't cry."
 - "You're only valuable if you achieve something."

7. Be Patient

 You're not building a hotel—you're building a sanctuary. It takes time, but the results are eternal.

Journal Prompts

- What emotional or spiritual atmosphere did I grow up in?
- What behaviors or patterns in my home right now need to change?
- What would I want my children or household to say about our home?
- What 3 things do I want to be known for in this family?
- What habits can I begin this week to shift the culture in my home?

Action Step

Hold a family meeting (or personal altar if you're starting alone) and declare a new beginning.

Write a "Family Manifesto" with values, declarations, and traditions you want to establish.

Post it somewhere visible in your home and begin living it—one choice at a time.

Affirmation

"I am the builder of a new legacy. I release the past and embrace a culture of truth, love, and divine alignment in my home. My atmosphere is shifting, and my family is being transformed."

Testimonies

Enea, Albania

"Growing up in a polygamous household, our home was tense and full of competition. When I married, I brought that tension with me—until I found Bishop Climate Ministries. Through the teachings, I learned how to start again. Now, my children laugh, worship, and express their feelings freely. Our home is filled with light."

Noa, USA

"I didn't realize our family was living under a cloud of negativity until I listened to Dr. Climate's message on atmosphere. We started playing worship music in the mornings, having Sunday check-ins, and blessing each other before bed. It was awkward at first, but now it's our norm. Peace has entered our home."

Real-Life Application

This isn't about pretending everything is perfect. This is about deciding to no longer allow old dysfunctions to define the present. Whether you're a single parent, living with extended family, or just starting over, you can choose new language, new rituals, and new spiritual rhythms.

You don't need approval to shift the culture—you need consistency. Others may resist at first, but transformation is contagious. Once they taste peace, they'll want more of it too.

Scripture & Prayer Focus

Scripture:

"As for me and my house, we will serve the Lord." — Joshua 24:15 (NIV)

Prayer:

Lord, I invite Your presence into my home. Cleanse the atmosphere of every lingering spirit of fear, confusion, and division. Teach me to build a culture that reflects heaven—full of love, truth, safety, and honor. Help me raise a standard that future generations will follow. In Jesus' name, Amen.

12 Prophetic Declarations

- 1. My home is a place of peace and presence.
- 2. I am rewriting the spiritual culture of my household.
- 3. Confusion and chaos no longer rule my family.
- 4. The atmosphere in my home reflects heaven.
- 5. I create safety through my words and actions.

- 6. Every toxic habit is broken in Jesus' name.
- 7. I lead with love, not fear.
- 8. My children will grow in truth and emotional health.
- 9. The Holy Spirit dwells in every room of my house.
- I am creating new traditions rooted in love and purpose.
- 11. Generational blessings begin with me.
- My home is a testimony of God's power to restore and renew.

12 Powerful Prayer Points

- Father, help me identify and remove toxic patterns in my home.
- 2. Lord, give me wisdom to lead my family into emotional and spiritual health.
- 3. Let Your Spirit dwell richly in every part of my home.
- 4. I break every generational curse of dysfunction and fear.
- 5. Grant me grace to create new traditions and rhythms of love.
- 6. Let Your peace become the dominant atmosphere of my house.
- 7. Help me to forgive those who created the old culture.
- 8. Teach me how to lead with humility, consistency, and faith.
- 9. Let my family be known for love, truth, and unity.
- 10. Give me strength when others resist the change.
- 11. Bless the words I speak and the tone I set in my home.
- Use my home as a refuge and training ground for destiny.

Final Thought

You were never meant to live under the culture you inherited. You were born to create one rooted in freedom, truth, and love. As you begin rewriting the rules and reordering the rhythms, heaven will begin to echo through your walls.

This is your house. This is your calling. And this is your time. Start a new family culture. Because your children—and their children—will thank you for it.

Day 28

Helping a Dysfunctional Family Heal Without Losing Yourself

When you're the healed one in a dysfunctional family, it can feel like you're walking through fire without being burned — but only if you know how to protect your flame.

Many people, once they begin healing, feel a powerful burden to go back and help their family. It's noble. It's Christlike. It's necessary. But without wisdom, it can become dangerous. The same people who wounded you may still try to control you. The same dysfunction you escaped may still try to pull you back.

The tension is real:

How do you help them heal without being consumed by their brokenness again?

This chapter is for the rescuers, the fixers, the oldest siblings, the intercessors, the empathetic ones, the called ones. It's for the ones who keep giving until they're empty, hoping maybe, just maybe, this time their love will be enough to save the whole family.

But here's the truth:

You are not the saviour. Jesus is. You are the seed. The light. The example. Not the sacrifice.

Let's learn how to help from a place of strength—not from a place of guilt or exhaustion.

Key Lesson 1: The Healer Must First Be Whole

Before trying to fix others, you must make sure your healing is not superficial.

- Are you rooted in your identity?
- Have you forgiven your family, or are you trying to earn their love by "saving" them?
- Can you handle rejection or manipulation without slipping back into people-pleasing?

Helping from brokenness only perpetuates the cycle. Helping from wholeness brings life.

Key Lesson 2: Not Everyone Is Ready to Heal

Just because you see the problem doesn't mean they do. Family members may resist change because:

- Dysfunction is familiar and predictable
- Accountability feels like an attack
- Truth threatens the lies they've built their identity on

Your job is to *plant seeds*, not force a harvest.

Key Lesson 3: Set Emotional Boundaries

You can love them deeply and still protect yourself:

- Don't engage in toxic arguments
- Limit your time in draining conversations
- Don't abandon your healing path to appease their dysfunction

Boundaries are not rejection. They are protection.

Key Lesson 4: Let the Holy Spirit Be the Convicter

Your words may fall flat. But the Spirit's whisper can move hearts. Cover your family in prayer, but don't carry the outcome like a burden. Trust God's timing.

Key Lesson 5: Helping Doesn't Mean Bleeding

There is a difference between carrying someone's burden and becoming their bandage.

You are called to *be* light, not *lose* your light.

You can sit with them in the valley, but you're not meant to pitch your tent there.

Journal Prompts

- Have I been trying to help my family from a place of guilt or strength?
- What patterns keep pulling me back into old roles?

- How do I feel after spending extended time with certain family members?
- What boundaries do I need to protect my peace?
- Where do I need to let go and trust God instead of controlling outcomes?

Action Step

Make a list of the *top three ways* you feel emotionally or spiritually drained when trying to help family.

Now, next to each one, write a boundary or strategy that helps you stay whole while still showing love.

Example:

"I feel drained when they vent their anger at me." →
Boundary: "I will only take calls when I'm
emotionally ready and will leave the conversation if it
turns abusive."

Affirmation

"I am a carrier of light, not a casualty of dysfunction. I can love without losing myself. God equips me to help with wisdom, peace, and protection."

Testimonies

Hosea, Papua New Guinea

"As the eldest of eight children in a tribal family structure, I always felt responsible for everyone's pain. When I got saved

and started to heal, I thought it was my job to fix everyone. But I got depressed trying. Through Prophet Climate's teachings, I learned that helping from strength is holy. Now I intercede for my family, speak truth when led, and rest in God's timing. I've seen changes happen without burning out."

Zuri, USA

"I used to feel guilty for setting boundaries. Every time I said 'no' to my mother, I felt like I was betraying her. But I was betraying myself. Prophet Climate's message on not being drained by toxic people gave me permission to heal while still honoring her. Today, our relationship is improving because I stopped enabling and started modeling health."

Real-Life Application

This journey is not about abandoning your family—it's about anchoring yourself so you can truly help them. Jesus dined with sinners but didn't become one. He touched the leper but didn't catch the disease. He wept over Jerusalem but didn't allow their rejection to alter His mission.

You can help without being harmed. You can love without being used. You can minister without being manipulated.

Protect your oil.

Scripture & Prayer Focus

Scripture:

"Guard your heart above all else, for it determines the course of your life." — Proverbs 4:23 (NLT)

Prayer:

Lord, I thank You for choosing me to be a light in my family. Give me discernment to know when to speak, when to be silent, and when to walk away. Strengthen me so I can help without being drained. I break the spirit of guilt, control, and obligation. I declare that I will serve from a place of peace, and not be consumed by dysfunction. In Jesus' name, Amen.

12 Prophetic Declarations

- 1. I will not lose myself helping others.
- 2. I am anchored in peace and protected by wisdom.
- 3. The Spirit of God leads me in all family interactions.
- 4. I set healthy boundaries without guilt or fear.
- 5. My presence brings light, not exhaustion.
- 6. I release the burden of fixing what only God can heal.
- 7. I choose freedom over codependency.
- 8. I help from overflow, not emptiness.
- 9. I am wise, discerning, and Spirit-led.
- 10. God is healing my family—even when I can't see it.
- 11. I am not responsible for their journey, only obedient to mine.
- 12. I shine without burning out.

12 Powerful Prayer Points

- 1. Father, give me divine wisdom to help without being drained.
- 2. Break every yoke of codependency and false responsibility.

- 3. Let my healing be firm and unshakable.
- 4. Grant me the courage to set boundaries in love.
- 5. Heal the guilt I carry when I say no.
- 6. Protect my peace when family members act out.
- 7. Give me discernment to know when to help and when to walk away.
- 8. Fill me with compassion without losing my clarity.
- Uproot every lie that tells me I must suffer to love well.
- 10. Restore joy in my relationships, not just obligation.
- 11. Open doors for family healing without manipulation.
- Use my life as a beacon of wholeness and divine wisdom.

Final Thought

You are not being selfish for setting boundaries—you are being wise.

You are not failing your family when you refuse to enable them —you are loving them properly.

And you are not abandoning your calling by resting—you are protecting the anointing God placed on your life.

Help them, yes. But stay whole. Because you matter too.

The light you carry is sacred. Keep it burning.

Day 29

Redefining What Family Means to You

For many, the word *family* doesn't bring comfort — it brings conflict.

It doesn't stir joy — it stirs pain.

And though society says "family is everything," what happens when your family is the source of your deepest wounds?

Today, we rewrite the definition.

Not by erasing the past, but by healing how we relate to it.

Not by pretending the trauma never happened, but by refusing to let it define what love, belonging, or home *must* look like in our future.

For those who grew up in dysfunction — whether that dysfunction came through violence, silence, secrets, or betrayal — it's time to release the false picture of family that was formed in survival, and receive a new, Spirit-led vision grounded in safety, truth, and love.

Because healing means this:

You get to choose what family means from here on.

Key Lesson 1: Your Original Experience Isn't Your Final Definition

You may have been taught that love equals:

- Control
- Performance
- Pain mixed with affection
- Conditional acceptance

But now that you're healing, it's time to rewrite that meaning. Love is not torment. Belonging is not bought. Home is not supposed to feel like a prison.

You are allowed to redefine it.

Key Lesson 2: Blood May Make You Related, But Covenant Makes You Family

Jesus redefined family Himself. In Luke 8:21, He said, "My mother and brothers are those who hear God's word and put it into practice."

This wasn't rejection — it was revelation.

Family isn't just who shares your DNA. Family is who shares your destiny. Who walks with you in love. Who speaks life into your soul. Who corrects, covers, and celebrates you — not just tolerates you.

Key Lesson 3: You Are Allowed to Create New Emotional Blueprints

The nervous system often bonds through trauma. You may find yourself pulled toward chaotic or cold relationships because that's what you knew growing up. But now, your healing must include:

- Learning what peace feels like
- Accepting kindness without suspicion
- Allowing love in, without waiting for it to hurt

This is not betrayal to your past. This is liberation for your future.

Key Lesson 4: Home Is Where You Are Safe to Be Whole

You don't need to shrink to be accepted.

You don't need to break yourself to fit the mold.

Home is where your full self is seen, loved, and challenged to grow — not controlled or condemned.

Begin building that kind of space — even if you're starting with just yourself and God.

Key Lesson 5: The Family You Build Matters as Much as the Family You Came From

Whether you're building friendships, a marriage, a ministry, or a home for your children — this is your chance to break generational patterns.

Let God father you so you can father others rightly.

Let God mother you so you can nurture others rightly.

You are not doomed to repeat the past.

You are an architect of emotional safety, spiritual alignment, and kingdom love.

Journal Prompts

- What negative beliefs about family did I absorb from my upbringing?
- In what ways do I still seek unhealthy versions of love or loyalty?
- Who in my life truly embodies the definition of safe, spiritual family?
- What kind of home environment do I want to build emotionally and spiritually?
- What does "belonging" mean to me now, as someone healing and growing?

Action Step

This week, write a "Family Manifesto" for your life. This is a personal statement that defines what *you* want your home, relationships, and spiritual family to represent.

Include statements like:

• In my family, love is safe.

- In my relationships, honesty is expected.
- I release obligation, and embrace connection.
- We grow together or we bless each other from a distance.

Put this manifesto somewhere visible. Speak it aloud. Let it become your new compass.

Affirmation

"I am free to redefine what love, family, and home mean to me. I choose emotional safety, spiritual alignment, and sacred connection. I create space for God's definition of family to flourish in my life."

Testimonies

Cannon, USA

"Growing up, family meant yelling behind closed doors and pretending in public. I thought all relationships had to feel like walking on eggshells. Through Dr. Climate Wiseman's teachings, I realized I had the right to choose peace — and to stop apologizing for it. I now define family by character, not title. My life has never felt lighter."

Kaori, Japan

"In my culture, loyalty to family is everything, even at the cost of mental health. I lived under guilt for years. But when I joined the online deliverance boot camp, I was set free. I learned that I am not dishonoring my family by healing — I am honoring God by obeying His call to wholeness. Now

I'm building a family of peace, even if it starts with just me."

Real-Life Application

This is your divine permission to redefine what *family* means — not in rebellion, but in revelation.

God is not asking you to carry broken expectations. He's inviting you to build something new.

That "home" you long for? You can build it with Him.

That safe space you didn't have? You can create it — for yourself, your children, your future spiritual tribe.

Your healing gives you the power to choose:

What you continue, what you correct, and what you create.

You are not just a survivor of dysfunction.

You are the beginning of a new blueprint.

Scripture & Prayer Focus

Scripture:

"God sets the lonely in families, he leads out the prisoners with singing." — Psalm 68:6 (NIV)

Prayer:

Lord, thank You for showing me that family is more than blood—it's covenant, safety, and love. Heal the places where my understanding of family was distorted by pain. Teach me how to build new relationships that reflect Your heart. Help me

release obligation and receive divine alignment. I trust You to surround me with the right people at the right time. In Jesus' name, Amen.

12 Prophetic Declarations

- 1. I release every false definition of family shaped by pain.
- 2. I receive God's blueprint for love, safety, and belonging.
- 3. I am not bound to recreate dysfunction.
- 4. I am free to build a new legacy of love.
- 5. I am surrounded by people who reflect God's heart.
- 6. Emotional safety is my new standard.
- 7. I am no longer manipulated by guilt or obligation.
- 8. I embrace covenant family, not just biological ties.
- 9. My home will be a place of healing and joy.
- 10. I trust God to fill every relational gap with divine appointments.
- 11. I forgive the past and focus on the future I'm creating.
- 12. I walk in the freedom to redefine family through wisdom and love.

12 Powerful Prayer Points

- 1. Father, heal every distorted view I have of family and love.
- 2. Uproot the lies I've believed about what I deserve in relationships.
- 3. Let divine order enter every area of my relational life.
- 4. Break cycles of guilt, shame, and false obligation.

- 5. Release me from toxic loyalty and emotional bondage.
- 6. Surround me with covenant relationships that reflect Your heart.
- 7. Give me the courage to create new family norms.
- 8. Restore my ability to trust and receive love.
- 9. Heal the wounds caused by betrayal and emotional abandonment.
- 10. Fill the void of family with Your presence and divine community.
- 11. Let my home and life be a safe haven for others.
- 12. Empower me to lead my future family with love, honor, and truth.

Final Thought

You have the power to decide what family means to you now.

No more defining love through pain. No more settling for dysfunction in the name of loyalty.

You are not wrong for wanting more. You are *healed* for demanding better.

Let God write a new definition of family on your heart. And from that place, build a home that heals.

Day 30

Living Free From Family Dysfunction — One Day at a Time

Healing from family dysfunction is not a one-time event — it is a **daily decision**.

It's the decision to stay free even when guilt tries to creep back in.

It's the decision to guard your peace even when someone from your past tries to provoke you.

It's the decision to choose truth, alignment, and love even when the old habits of people-pleasing or silence call your name.

Living free doesn't mean you never feel tempted to fall back into old roles.

It means you've learned to *recognize the trap* and walk around it instead of falling into it.

The final day of this journey is not the end — it's the beginning of a new lifestyle. One led by the Holy Spirit. One filled with clarity, courage, and consistency.

Whether you come from a polygamous household with decades of silent wounds, or a monogamous home where neglect was the norm, freedom is not a finish line — it's a discipline. It's how you walk out your healing. *One day at a time*.

Key Lesson 1: Daily Peace Requires Daily Boundaries

Freedom requires reinforcement. If you don't maintain it, dysfunction will sneak back in through guilt trips, old conversations, or a sense of duty.

Boundaries must be:

- **Clear** (Say exactly what you will and won't accept)
- **Consistent** (Don't bend them just to keep others comfortable)
- **Consecrated** (Ask God to help you keep them with grace)

Key Lesson 2: Recovery Is Not Linear — But It Is Possible

Some days, you'll feel strong.

Other days, a phone call or a memory may take you back. That doesn't mean you've failed. It means you're *human*. And you're healing.

Remember: Triggers are not proof you're broken — they're reminders of where God still wants to strengthen you.

Key Lesson 3: Build New Rhythms That Reinforce the New You

You can't maintain your deliverance using the habits that kept you bound.

That's why it's time to build new patterns:

- Mornings filled with declarations, not dread
- Prayer time instead of people-pleasing time
- A circle of faith, not manipulation
- Emotional self-checks and inner child healing
- Weekly Sabbath rest to reset your spirit

These small disciplines become **your defense**.

Key Lesson 4: Don't Let Familiarity Replace Discernment

Just because someone is related to you doesn't mean they're safe.

Just because the relationship is "better than before" doesn't mean it's *right* now.

Discern. Test the fruit. Watch the patterns. Trust the Holy Spirit over your feelings.

Key Lesson 5: You Don't Have to "Go Back" to Prove You're Healed

Some people will demand access to you again. They'll say:

• "You're a Christian now — shouldn't you forgive?"

- "You've changed let's go back to how it was."
- "Come visit the family again. Prove you're over it."

You do not owe your healing to anyone.

Forgiveness doesn't mean re-entry.

Boundaries are not bitterness.

Staying away is not immaturity — sometimes, it's wisdom.

Journal Prompts

- What is one emotional boundary I must keep in place to protect my peace?
- When do I feel most tempted to revert to old dysfunction?
- What spiritual and emotional routines keep me grounded in truth?
- What lie am I tempted to believe again and what is God's truth instead?
- How will I protect my healing over the next 30 days, 6 months, and 1 year?

Action Step

Create a **Personal Freedom Maintenance Plan**. This is your daily and weekly checklist to stay grounded in healing.

Include:

- Morning declarations (write 3 for yourself)
- Daily prayer focus (even 10 mins)

- Weekly journaling day
- No-contact or low-contact boundaries with toxic individuals
- Support system: list of 3 people who hold you accountable in love
- Monthly reset (fasting, worship, or deliverance checkin)

Keep this plan in your journal or phone. Revisit it every week.

Affirmation

"I walk in peace, strength, and wisdom—one day at a time. I do not return to what broke me. I protect what God has healed. My boundaries are blessed, and my future is free."

Testimonies

Ilham, Indonesia

"After 12 years of living with an abusive father, I escaped. But the hardest part wasn't leaving — it was not going back. I felt guilty. I felt lost. Then I joined Prophet Climate's online series. I learned how to build emotional boundaries and stop being manipulated by guilt. I now live free, and every day, I keep my healing by walking in God's truth."

Lyric, USA

"I used to think healing meant I had to 'make peace' with everyone who hurt me. But peace doesn't mean reuniting. It means surrendering. This ministry gave me the strength to stay

in freedom — not just get it once and lose it again. My life, home, and mind are all different now."

Real-Life Application

You've come too far to go back.

You've cried too many tears to return to dysfunction.

You've fought too hard for your identity to give it up for convenience.

Now it's time to *live* free.

That means:

- Staying aware of emotional traps
- Renewing your mind daily
- Walking with people who sharpen your growth
- Keeping your space sacred
- Refusing to apologize for your boundaries

This is what it means to be healed and whole: **You preserve peace like treasure.**

Scripture & Prayer Focus

Scripture:

"Stand firm then, and do not let yourselves be burdened again by a yoke of slavery." — Galatians 5:1 (NIV)

Prayer:

Lord, thank You for bringing me through 30 days of truth, healing, and deliverance. Now, give me the wisdom to walk this out daily. Help me guard my heart, protect my peace, and stay aligned with You. I refuse to go back to cycles that once broke me. Give me strength to say "no," and grace to stay whole. In Jesus' name, Amen.

12 Prophetic Declarations

- 1. I walk in freedom from family dysfunction daily.
- 2. My peace is protected and preserved by God.
- 3. I do not return to broken patterns.
- 4. I am covered by grace and guided by truth.
- 5. My identity is whole and unshaken.
- 6. I attract healthy, Spirit-led relationships.
- 7. My boundaries are clear, blessed, and protected.
- 8. I reject manipulation, guilt, and fear.
- 9. I am not a prisoner of my past.
- 10. I live wisely and walk in emotional authority.
- 11. I choose growth, healing, and peace every day.
- 12. I declare complete freedom, in Jesus' name.

12 Powerful Prayer Points

- 1. Lord, help me recognize any attempt of dysfunction trying to return.
- 2. Empower me to keep strong boundaries in love.
- 3. Cover me with discernment and daily peace.
- 4. Guard my mind from old emotional patterns.

- 5. Break every spirit of guilt and false obligation.
- 6. Let no voice override Your voice in my decisions.
- 7. Strengthen me to say "no" when needed.
- 8. Remove all fear of disappointing others by standing firm.
- 9. Let Your Word be my anchor in uncertain moments.
- 10. Build healthy community around my new season.
- 11. Let every day reflect my healing and freedom.
- 12. Preserve my growth for the next generation.

Final Thought

Congratulations. You've made it through 30 days of confronting, healing, and breaking free.

But the journey doesn't end here — it *lives* here.

Every day forward is your opportunity to choose peace again.

To say no to the lies that once held you.

To guard what God has restored.

To walk boldly in the freedom Christ purchased for you.

Live healed. Live whole. Live free — one day at a time.

You are not who they said you were.

You are who God says you are — and you are *unstoppable*.

Conclusion

You Made It.

Pause right here and breathe that in.

You made it through thirty days of facing truth, breaking cycles, confronting family dysfunction, and choosing healing. You've stepped into a journey that many are too afraid to begin—and now, you carry something they don't: **freedom, wisdom, and power.**

You didn't just read this book. You walked through transformation.

You took a mirror to your family history, named the pain, and let God begin to rewrite your story.

You shattered lies of unworthiness, broke out of inherited dysfunction, and dared to believe that healing is possible—even for someone like you.

And now?

Now, you rise.

Reflect on Your Progress

Maybe at the beginning, you couldn't even imagine a life outside of the trauma.

Maybe you questioned if your voice mattered.

If you could ever forgive.

If peace was too far gone.

But through these 30 days, something began to shift.

You saw yourself as worthy.

You understood that boundaries aren't betrayal.

You reparented your inner child.

You set your house in order—spiritually, emotionally, and relationally.

You took your first real steps toward a destiny that is yours to claim.

And whether you're in a one-bedroom flat in London or a village in Ghana... whether you grew up in a blended household in the U.S. or a polygamous home in Nigeria... whether you're navigating father wounds, mother wounds, or silent generational wars...

You now carry the tools and *the truth* to walk forward. One day at a time.

Don't Stop Here—Keep Growing

This is not the final chapter of your healing.

It's the **commissioning of your next assignment**: to maintain the freedom you've gained, to be a cycle-breaker, a light-bringer, a builder of a new family legacy.

But you don't have to do it alone.

This journey is part of something **bigger than just this** book.

You've just completed one of many titles in the **30 Days Series**—a global movement helping people overcome life's most intense struggles.

Let me show you what others like you have experienced...

Global Testimonies from the 30 Days Series Cannon, USA –

"I read 30 Days to Break Enchantment and Spells and finally got free from spiritual confusion I carried since childhood. This series saved my life."

Kaori, Japan -

"30 Days to Overcome Spiritual Backlash helped me understand why blessings came with battles. I finally stopped living in fear of my own progress."

Bongani, South Africa -

"After 30 Days to Overcome Financial Setbacks, I rebuilt my

business and soul. Prophet Climate's teachings helped me restore my family dignity."

Maya, Australia -

"I used 30 Days to Heal After Narcissistic Abuse to recover from a toxic marriage. I'm no longer in emotional bondage. I'm free and focused."

Ahmad, UAE -

"Through 30 Days to Discover Your Dominant Gift, I found my purpose and now serve with joy. These books are more than words—they're deliverance manuals."

Explore More Life-Changing Books

No matter where you are in life, there's a 30-day guide written just for your situation. Start your next journey now:

Explore the full library at:

♦ https://prophetclimate.co.uk

Also available on

SGoogle Play Store

Some of our most popular titles include:

• 30 Days to Overcome the Spirit of Depression

- 30 Days to Break the Spirit of Lack
- 30 Days to Defeat Household Witchcraft
- 30 Days to Heal from Narcissistic Abuse
- 30 Days to Rebuild Your Confidence After Divorce
- 30 Days to Overcome Spiritual Backlash

Your next level of healing, deliverance, and clarity awaits.

Under the Covering of an Anointed Ministry

This transformation wasn't random—it happened under the **prophetic guidance and apostolic covering** of Dr. Climate Wiseman, founder of **Bishop Climate Ministries**.

For over 25 years, God has used Dr. Wiseman to set captives free through:

- Dream Interpretation Boot Camps
- Prophetic Deliverance Sessions
- Healing & Miracle Services
- 1-on-1 Spiritual Mentorship
- Anointing Oil Impartations
- Global Online Conferences

You are now connected to a **prophetic legacy**.

Thousands around the world have walked this same path—and now *you* are part of the family.

What's Next? Your Action Plan

Here are your next steps to maintain your healing and join the movement:

1. Join the Dream & Deliverance Community

• Connect with other readers and freedom-seekers across the globe. Stay equipped and encouraged.

2. Sign Up for the Next Prophetic Boot Camp

 Learn spiritual warfare, dream decoding, and healing strategies from Dr. Climate himself.

3. Sow a Final Victory Seed

- If this book changed your life, sow into the ministry that made it possible.
- Shttps://prophetclimate.co.uk/donate
- "This seed seals my dominion."

4. Share Your Testimony

- Your story could help someone else find freedom.
- Email us at admin@bishopclimate.org

5. Partner with Bishop Climate Ministries

- Help us continue publishing books, running healing services, and setting captives free around the world.
- Join the *Freedom Partner Circle*. Your monthly gift helps transform lives.

From My Heart to Yours

Dear reader,

Thank you for trusting me to walk this journey with you.

I know what it means to fight through generational battles, to be falsely accused, to rise again from shame and spiritual warfare. That's why I wrote this series—not just from knowledge, but from scars turned into victory.

You are now part of something eternal. You've become a lightbearer in your family, a pioneer in your bloodline, a builder of a new legacy.

Stay close. Stay strong. Stay connected.

I love you. I'm praying for you.

And I can't wait to hear what God does next in your life.

With faith, fire, and favour,

Dr. Climate Wiseman

Founder, Bishop Climate Ministries

↑ https://prophetclimate.co.uk

퇕 https://wonderfulbooks.org

You're free now.

Keep walking. Keep growing.

And let the world see what deliverance truly looks like—**one** day at a time.

Become a Certified Representative With Bishop Climate Ministries

Join the Movement. Step Into Your Calling. Change Lives—One Soul at a Time.

Now that you've reached the end of this transformational book, there's a deeper question you must ask yourself:

"Am I ready to become a part of the solution?"

You've walked through powerful principles. You've received revelation, insight, and breakthrough. But what if your personal deliverance wasn't just for you? What if your story, your healing, your rise—was meant to unlock someone else's?

That is the heart behind the next step of this journey: becoming a **Certified Representative with Bishop Climate Ministries**.

The Vision That Demands Your Voice

Dr. Climate Wiseman has been called to a global assignment—to reach and help **1 billion people** who are silently suffering through rejection, bondage, spiritual warfare, identity crisis, stagnation, premature death, and countless other afflictions.

The books you've just read are not random titles. They are **battle manuals**—crafted to bring healing, hope, and divine recovery to the captives.

And now, we're inviting you to help carry that fire.

To **join thousands** across the nations who are not just healed, but healing others. Not just delivered, but delivering others. Not just receiving transformation, but becoming instruments of it.

Because the best way to be delivered... is to help others be delivered.

And the best way to succeed... is to help others succeed.

Become a Certified Representative

Are you ready to step into your divine calling **and earn** while transforming lives?

Join the **Bishop Climate Ministries Certification Program** and become a **Certified Representative**carrying this anointing across nations, cities, and communities.

You will become a recognized ambassador of this ministry's teachings and deliverance tools, equipped to help others walk in freedom—and build your financial future while doing it.

What You'll Gain

- Transform Lives through deliverance, breakthrough, and prophetic coaching.
- Earn a Scalable Income while living your divine purpose.
- Receive Global Certification recognized under Bishop Climate Ministries.
- **Walk in Impact** as you minister, lead, and train others through our proven resources.

Your Financial Future: Scalable Earnings While Walking in Purpose

Whether you are full-time, part-time, or just dedicating a few hours per week, this program provides you with **real earning potential** while helping others:

• Basic Level Certification

- Master foundational skills using Bishop Climate's breakthrough books.
- Earning Potential: £1,000-£1,500 per month (based on just 2 hours/week).
- As your impact grows, so can your income.

Advanced Level Certification

- Includes specialized training in deliverance ministry, client transformation, and inner healing consultation.
- Earning Potential: £2,000–£3,000 per month (based on 2 hours/week).
- Suitable for those ready to coach others into freedom.

• Master Trainer Certification

- Gain the authority to train others and establish authorized BCM branches under your oversight.
- Earning Potential: £4,000–£6,000 per month (based on 2 hours/week).
- This is where calling becomes a movement.

Why This Certification Program Is Different

This is not a motivational seminar. This is not a vague coaching license.

This is a **spirit-led training program** developed from over 25 years of ministry wisdom, battle-tested deliverance tools, and prophetic insight under the mantle of **Bishop Climate Wiseman.**

You will receive:

- Comprehensive spiritual and practical training
- A globally recognized certification
- Ongoing mentorship and ministry support
- Authorization to represent the ministry in coaching, training, and community impact

Whether you're looking to serve your local community, expand your ministry, or create a new stream of income—this program is built to help you do it **with integrity and anointing.**

How to Begin Your Certification Journey

1. Apply Now:

Visit https://bcm-coaching.com to start the registration process and choose your tier.

2. Complete Your Training:

Attend your sessions—online or in person—and receive direct impartation and tools from Bishop Climate and his leadership team.

3. Step Into Your Role:

Upon certification, you'll be equipped, authorized, and released to serve your region, grow your income, and **change lives.**

A Heartfelt Invitation From Dr. Climate Wiseman

Dear Reader,

If you've made it to the end of this book, it's because something inside of you refused to quit. You chose to rise. You chose to fight. You chose to become excellent.

But I believe you are called to do more than just overcome. I believe you are called to **build**, to **heal**, to **lead**, and to **multiply this breakthrough** in others.

Thousands of people are waiting for someone like you to step up.

Someone who's been through the fire... and came out holding the water others need.

Someone with a testimony... and now with a **toolbox** of revelation and solutions.

This is your chance to go further.

This is your invitation to walk in legacy, impact, and reward.

If you're ready to say **yes** to your purpose,

If you're ready to help the hurting,

If you're ready to earn while you serve,

Then **register today** and let's walk this journey together.

With all my heart,

Dr. Climate Wiseman

Founder of the 30 Days Series

Bishop of The Kingdom Temple

President of Bishop Climate Ministries

Contact Us For More Information

- **Ŷ Website to Apply:** https://bcm-coaching.com
- **Email:** admin@bishopclimate.org

♦ Prayer & Support Lines:

- UK: +44 207 738 3668
- USA: +1 347 708 1449

Your Purpose. Your Income. Your Impact.

Don't just finish this book—step into your future.

Become a Certified Representative with Bishop Climate Ministries.

Help us set the captives free, one soul at a time.

Because someone, somewhere, is waiting for the **you** that just emerged.

About The Author

Bishop Dr. Climate Wiseman is a renowned global leader, author, and mentor, dedicated to empowering individuals to live their best lives through faith, emotional healing, and personal growth. With over two decades of ministry experience, Bishop Wiseman has touched the lives of thousands of people worldwide, helping them break free from fear, insecurity, and emotional struggles to embrace God's love and purpose for their lives.

As the founder of **Bishop Climate Ministries**, he leads with a mission to guide people toward spiritual and emotional freedom, equipping them with the tools needed to overcome life's challenges. His approach combines deep biblical wisdom, practical life coaching, and personal mentorship to help individuals build stronger, healthier relationships—both with themselves and others.

Through his **30-Day Step-By-Step Guides** and other powerful resources, Bishop Wiseman shares the transformative principles that have not only changed his life but have empow-

ered countless others. His personal journey of overcoming fear and insecurity, leading to a life of joy, peace, and love, serves as a testament to the power of God's grace and the practical steps anyone can take to experience lasting transformation.

When not mentoring others or leading his ministry, Bishop Wiseman is an advocate for emotional healing, a motivational speaker, and a passionate writer. He lives with his family and continues to guide others toward living with purpose, confidence, and love in God's perfect plan.

Contact Information:

For more information, prayer requests, or mentorship opportunities, you can reach out to **Bishop Dr. Climate Wiseman** through the following channels:

Website: www.prophetclimate.co.uk

Email: admin@bishopclimate.org

Social Media:

• Facebook: @bishopclimate

• Instagram: @bishopclimate

• Twitter: @bishopclimate

Prayer Line:

+44 207 738 3668 (UK)

+1 347 708 1449 (USA)