

Dear me,

You're feeling awful. You now think that this is almost your natural state of mind. Go and make yourself a cup of tea and breathe in and out for a moment. But don't take too, too long! The entire world knows that that's what you like to do and we need to stop it. Now.

Remember, you're not alone! There are people out there struggling with the same problems every day and posting their stories online for you to learn from. Go and check the Code.org community and feel all the support! Just remember, asking stupid questions and learning from them is still way better than avoiding the whole thing! Some people might judge, but there are also people like your mum out there who are living to help others and are always happy to do so.

Check out the Udacity and Treehouse communities + Stack Overflow, Mozilla Development Network and GitHub to find some answers, or just get inspired again and find a fresh perspective. Don't forget to write everything down in your bullet journal and focus on your goal: living happily without barriers, anywhere in the world you want, not worrying about tomorrow, helping others and having time for your family and all your hobbies again!

Now, just to remind you: you're strong, brave, detail oriented and really stubborn. Just use those skills to make the best out of any situation.

Design was always your thing, so turn it to something profitable and you'll feel great waking-up every day. Try to accept Java Script – tame it and find the use of it in your work. Bootstrap already sounds like fun, so get as much from it as you can. Master CSS, your website beauty parlour and learn how to write some basic HTML without coping and pasting it all the time.

Don't fear the failure and conquer your fixed mindset! It will be worth it!

Magdalena