

# Skirt Block (Non-Stretch) Fitting Checklist

The printable companion guide to my [YouTube video](#).

## STEP 1. WAIST

		NOTES
a.	Sit at natural waist	
b.	Room to move and breathe	
c.	Too tight = horizontal stretch lines	

## STEP 2. HIP LOCATION

		NOTES
a.	Skirt hip should sit at the widest part of your hip	
b.	Hip line should be horizontal and parallel to the ground	

### STEP 3. HIP WIDTH

		NOTES
a.	Room to move and sit	
b.	Too loose = baggy at hip curve	
c.	Too tight = horizontal stretch lines	

### STEP 4. WAIST TO HIP

		NOTES
a.	Skirt curve should follow your natural curve	

### STEP 5. DART POSITION

		NOTES
a.	Main darts at $(\text{apex to apex}) \div 2$	
b.	Follow natural curve of body	
c.	If 2 back darts too close, will see excess fabric towards outer seam. If too far, will see excess fabric between darts.	

## STEP 6. DART LENGTH

		NOTES
a.	Follow natural curve of body	
b.	Too short = excess fabric below dart	
c.	Too long = may see dart point curving away from or towards body	
d.	Shouldn't extend to fullest part of body (e.g., tummy / bum)	

## STEP 7. DART WIDTH

		NOTES
a.	Follow natural curve of body	
b.	Too narrow = excess fabric around dart	
c.	Too wide = look tight at dart opening and loose below (skirt may A-line)	