

Bodice Block Measurements

The printable companion guide to my drafting [YouTube video](#).

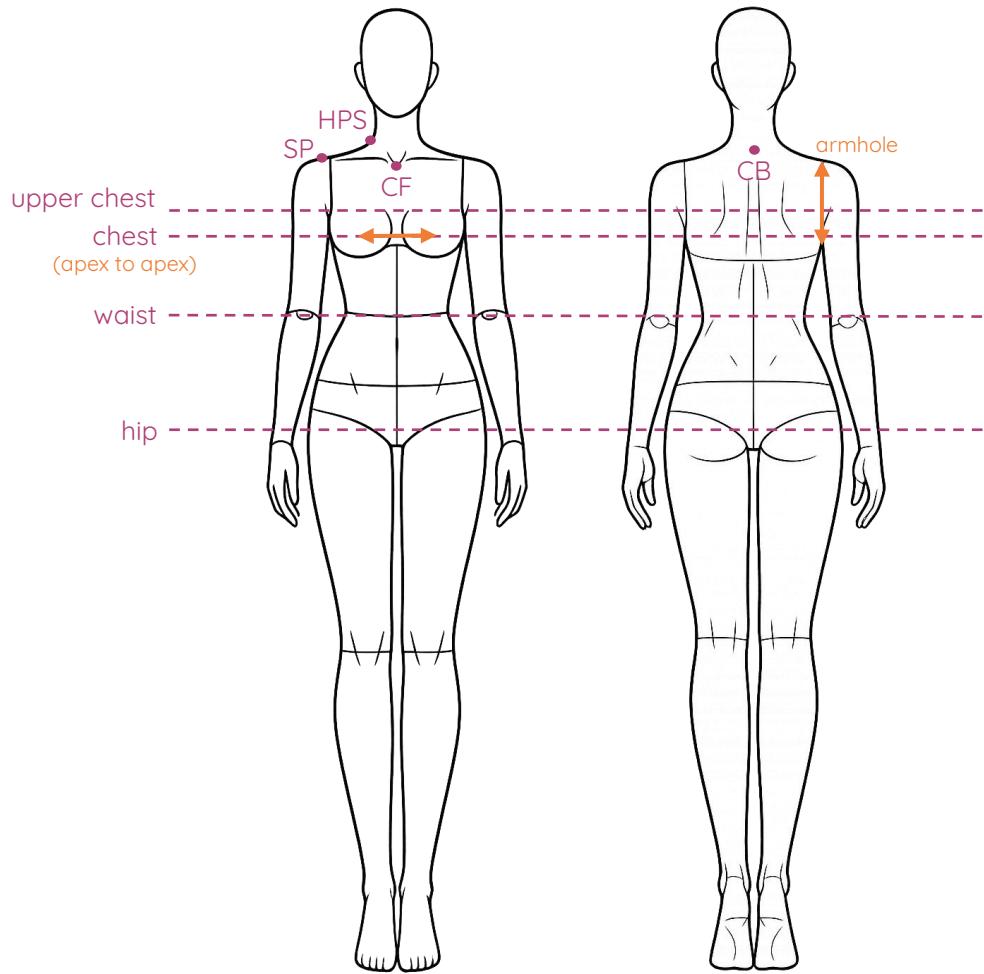
PREP

1. Take a ribbon / string and tie it around your upper chest, chest, waist, and hip
2. Take a colored tape and place it at your center front, high point shoulder, shoulder point, and center back

MEASUREMENTS

	NOTES
1.	Hip circumference
2.	Waist to hip
3.	Waist circumference
4.	Waist to chest
5.	Chest circumference (through bust apex)
6.	Center front to waist
7.	Center back to waist
8.	Neck circumference (base of neck)
9.	High point shoulder (base of neck) to shoulder point (bony protrusion at end of shoulder)
10.	Slope of shoulder (trace onto paper) - refer to "Shoulder Height" below diagram for how to calculate the shoulder height
11.	Circumference of armhole
12.	Upper chest to chest
13.	Bust apex to apex

BODY REFERENCES



SHOULDER HEIGHT

