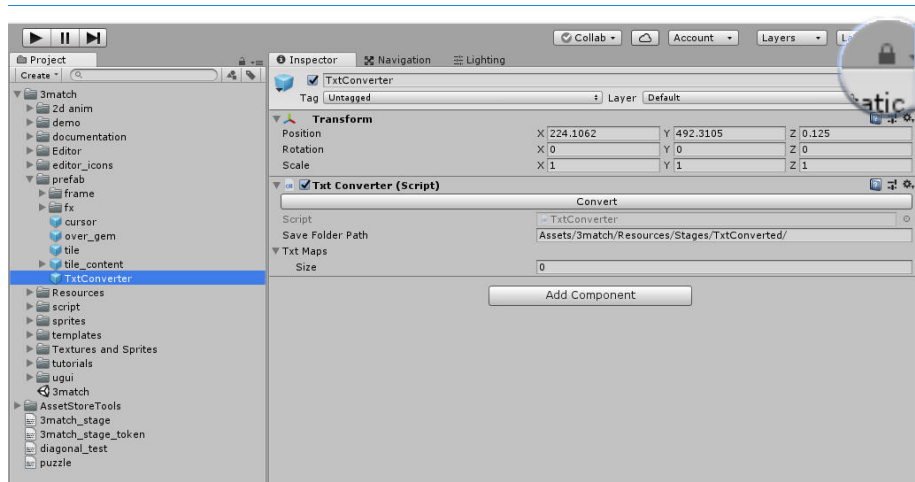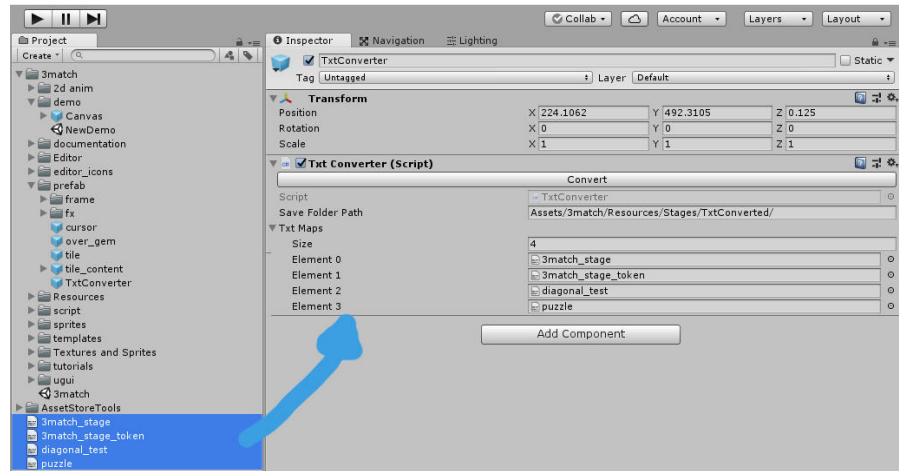1- Select TxtConverter prefab in 3match > prefab
2- Click on the padlock icon in order to close it

3- Click and drag your old txt in "Txt Maps"
4- Unlock the padlock icon
5- Click on "Convert"

6- Wait until the message "Conversion done" appear in the console.
If you have many files, it could take some time, be patient...

7- Open the "TxtConverted" folder in 3match > Resources > Stages
To find your new files.