Intro to Firewalls

A concise, beginner-friendly overview of firewalls: what they are, how they evolved, the major types (packet-filtering, stateful, application/WAF, and NGFW), deployment models (hardware, software, cloud), and hands-on management basics for Windows and Linux.

TL;DR: A firewall monitors and controls network traffic using rules. Think of it like a building's fire wall: it prevents "flames" (malware) from spreading between "rooms" (networks/hosts).

What Is a Firewall?

A **firewall** is a network security control that monitors and filters **incoming and outgoing** traffic to prevent unauthorized access and cyberattacks.

Analogy:

- House = Network
- Fire = Malware/threats
- **Firewall** = Barrier that limits the spread

A (Very) Short History

- 1988: Digital Equipment Corporation (DEC) ships the first packet filter firewall.
- Late 1990s: Application-layer firewalls appear for deeper inspection.
- 2009: Gartner coins **Next-Generation Firewall (NGFW)** adds application awareness, IPS, and malware detection.

Firewalls remain a **first line of defense** and should be enabled on endpoints and networks.

Core Types of Firewalls

1) Packet-Filtering Firewall

Simple rule-based filtering on packet headers (no payload inspection).

Typical criteria: source/destination IPs, ports, protocols.

Analogy: Security at a private event checking the **guest list**.

- Visitors = traffic
- Security = firewall
- Guest list = rules/ACLs

Pros: Lightweight, fast, easy for small networks.

Limitation: Can't detect malicious **content** hidden inside allowed packets.

2) Stateful Firewall

Tracks **connection state** (e.g., new/established/closing) and uses context to allow **return** traffic automatically.

History: Introduced by AT&T Bell Labs (1989).

Analogy: If a guest inside invites their partner, security verifies the relationship and lets them in—even if not on the original list.

Example: Microsoft Defender Firewall (Windows 11) is stateful.

Key difference vs. packet filter:

- Packet filter: Static, per-packet rules only.
- Stateful: Dynamic, uses connection history/context.

3) Application Firewall (Layer 7) / WAF

Operates at **OSI Layer 7**; inspects **headers + content** (deep packet inspection). Can enforce **per-application** policies.

Protects against: SQL injection, XSS, command injection, etc.

Types:

• **WAF** (HTTP/HTTPS for web apps)

Database firewall

• Email firewall (spam/phishing)

4) Next-Generation Firewall (NGFW)

Adds app awareness, malware detection, and intrusion prevention (IPS) to traditional firewalling. Often integrates with broader security tooling.

Great for: Highly regulated or threat-targeted environments (finance, healthcare, etc.).

Quick Comparison — App Firewall vs. NGFW

| Feature | Application Firewall | NGFW |
|------------------------|-----------------------|-------------------------|
| OSI Layer | Layer 7 | Multiple (incl. L7) |
| Focus | Specific applications | Whole network & threats |
| Deep Packet Inspection | | (more advanced) |
| Stops App Attacks | | |
| Malware Detection | × | |

| Intrusion Prevention | × | |
|-----------------------|-----------|-------|
| Ecosystem Integration | Sometimes | Often |

Hardware vs. Software Firewalls

Hardware Firewall

Physical appliance protecting whole networks (perimeter/DMZ/segments).

Best for: Medium-large orgs; centralized control. (Often licensed.)

Software (Host) Firewall

Installed on a specific device (e.g., **Windows Defender Firewall**).

Best for: Individual systems, small offices, or additional host-level control.

Includes container and virtual/cloud firewalls.

Comparison

| Feature | Hardware | Software |
|-----------|------------------------|---------------|
| Form | Physical device | Application |
| Scope | Entire network | Single host |
| Placement | Perimeter/DMZ/segments | On the device |

| Best For | Medium–large orgs | Individuals/small offices |
|----------|--------------------------------|---------------------------|
| Examples | Cisco ASA, Fortinet, Palo Alto | Windows Defender Firewall |

Deployment Models

1) Network-Based Firewalls

- Purpose: Protect an entire network.
- Placement: Perimeter, DMZ, or between internal segments.
- Functions: Packet filtering, DPI, NAT.
- **Pros:** Broad protection. **Cons:** Complexity, cost/training.

2) Host-Based Firewalls

- Purpose: Protect a single device/VM.
- Functions: Often application-aware, GUI-friendly.
- **Pros:** Granular control. **Cons:** Per-host management (unless centralized via **Group Policy**, etc.).

3) Combined (Layered) Use

- **SOHO/home:** Router firewall + host firewalls may be enough.
- **Enterprises:** Network firewall at the perimeter **plus** host firewalls on critical systems.

Summary

| Feature | Network-Based | Host-Based |
|---------|----------------|---------------|
| Scope | Entire network | Single device |

| Placement | Perimeter/DMZ/segments | On device/VM |
|------------|------------------------|-------------------|
| Complexity | High | Low-Medium |
| Cost | Higher | Lower |
| Resources | Separate hardware | Uses host CPU/RAM |

4) Cloud-Based Firewalls & FWaaS

- Lives in Azure/AWS/GCP or similar.
- Helpful for remote work and cloud apps (traffic doesn't need hair-pinning through on-prem).
- Managed centrally; can protect cloud resources and connected sites.
- FWaaS: Third-party manages deployment/updates for you.

Key Components & Best Practices

- 1. **Use a firewall** (endpoint + network). Keep it **enabled**.
- 2. Harden config: No default creds; understand your architecture; back up rules.
- 3. **Monitor & log:** Review logs; enable logging on drops/accepts.
- Seek expertise where needed (MSPs/MSSPs).
- 5. Layered security: Firewalls ≠ anti-malware. Use AV/EDR, VPN, IDS/IPS, and keep systems patched.

Managing Firewalls: Windows Client

Network Profiles

- Private: Trusted (home/office). Allows discovery/sharing.
- Public: Untrusted (cafés/airports). Stricter rules, hide device.
- **Domain:** Corporate AD domain.

Tips: Choose the correct profile; keep firewall **ON** for all profiles; consider "**Block all incoming**" on public networks.

Allowing/Blocking Apps

- Settings → Privacy & Security → Windows Security → Firewall & network protection → Allow an app through firewall.
- Choose app + profile(s).

Advanced Settings (WFAS)

- Control Panel → Windows Defender Firewall → Advanced settings.
- Inbound/Outbound rules, Connection Security rules, Monitoring.
- **Logging:** Enable logging for dropped/successful connections.
- Stateful: Return traffic for established connections is allowed automatically.

Example — Allow TCP Port 80 (Outbound):

- 1. Outbound Rules → New Rule → Port.
- 2. TCP, Specific port: 80.
- 3. Allow the connection → select Domain/Private/Public.
- 4. Name it (e.g., "Allow TCP 80").

Managing Firewalls: Linux (Ubuntu/Debian)

Linux uses **netfilter** in the kernel; common tools: **iptables**, **firewalld**, **UFW** (default Ubuntu), **GUFW** (GUI).

Install (if needed)

```
sudo apt install ufw # CLI
sudo apt install gufw # GUI
```

Status / Enable / Disable

sudo ufw status

sudo ufw enable

sudo ufw disable

Defaults (choose policy)

sudo ufw default deny incoming

sudo ufw default allow outgoing

or:

sudo ufw default reject incoming

Open a Port / Service

sudo ufw allow 22/tcp # SSH

sudo ufw allow 80,443/tcp # HTTP/HTTPS

sudo ufw delete allow 22/tcp # remove rule

GUFW Notes: Profiles (Home/Office/Public), logging toggle, and simple **Allow/Deny/Reject** actions.

Glossary

- ACL: Access Control List rules that permit/deny traffic.
- **DPI:** Deep Packet Inspection looks beyond headers into payloads.
- **DMZ:** Demilitarized Zone isolates public-facing services.
- **IPS/IDS:** Intrusion Prevention/Detection Systems.
- NAT: Network Address Translation remaps IP addresses/ports.
- State Table: Tracks connections for stateful filtering.