PT ACC Dojo Daily Planner for Neal Dreessen (25-35 hours/wk) Fri Sun Mon Tues Wed **Thurs** Sat Sleep Sleep Sleep 6:00 AM Sleep Sleep Sleep Sleep breakfast/work breakfast/work breakfast/work breakfast breakfast breakfast breakfast 7:00 out out out Work Work Work 8:00 AM rest/relax Work Work Coding Dojo 9:00 rest/relax Coding Dojo 10:00 AM rest/relax Coding Dojo 11:00 rest/relax Coding Dojo 12:00 PM rest/relax Coding Dojo 13:00 Lunch Lunch Lunch Lunch Lunch Lunch Lunch 2:00 PM rest/relax Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo rest/relax rest/relax Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo rest/relax 15:00 Coding Dojo Coding Dojo 4:00 PM rest/relax Coding Dojo Coding Dojo Coding Dojo rest/relax Dinner 17:00 Dinner Dinner Dinner Dinner Dinner Dinner 6:00 PM prep for week Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo rest/relax Coding Dojo Coding Dojo 19:00 prep for week Coding Dojo Coding Dojo Coding Dojo rest/relax Coding Dojo Coding Dojo Coding Dojo Coding Dojo Coding Dojo 8:00 PM prep for week rest/relax prep for week Coding Dojo rest/relax Coding Dojo rest/relax rest/relax rest/relax 21:00 10:00 PM prep for week rest/relax rest/relax rest/relax rest/relax rest/relax rest/relax Sleep Sleep Sleep Sleep 23:00 Sleep Sleep Sleep