


MITRE PATIENT SHR CONCEPT (JULIA) V01

28.JULY.16

Summary
Current Health
Care Plan
Health History
Social & Environmental
Contacts

SUMMARY



Julia59S SJ9

DOB: 14.Nov.1979 (37)

Insurance:

United Healthcare #29483900

Address:

55 Avenue St. Apt #5
Avenue City, MA, 55555
(655) 555-5555

Telephone number:

(655) 555-5555

Email:

julia535@gmail.com

Primary Care Provider:

Dr. Nick Cline

Administrative sex:

Female

Action items

2 years since last flu shot

3 years since dental check-up

2 years since colonoscopy

Today, July 14

Take HTCZ; breakfast

Take HTCZ; lunch

Take HTCZ; dinner

Take aspirin, evening

Go to hiking club

Make an appointment with therapist

Health problems

Mild hypertension

Health concerns

High blood pressure

Overweight, 25.1 BMI

Housing security concerns

Smoking 2x/week

Health goals

Keep blood pressure under control

Lose 10 pounds of weight so I can be at 130 lbs

Reconnect with my high school friends

Action items

2 years since last flu shot

Preferred pharmacy

One Pharma

55 Avenue St.
Avenue City, MA, 55555

Appointment

\$32

1.3 mi.

July 18

Per dose

Distance

Earliest

Nearby pharmacies

CYSS Pharma

33 Johannes St.
Boston, MA, 55555

Appointment

Orange Pharma

38 Soup St.
Boston, MA, 33333

Appointment

Apple Pharma

45 Larry St.
Boston, MA, 44444

Appointment

3 years since dental check-up

2 years since colonoscopy

CURRENT HEALTH

Health problems

Mild hypertension

Health concerns

High blood pressure

Overweight, 25.1 BMI

Housing security concerns

Smoking 2x/week

BMI

25.1

Height 5'10

Weight 176 lbs

2011

2016

Blood Pressure

145/95

2011

2016

Cholesterol

155 mg/dL

LDL 80

HDL 60

2011

2016

Hemoglobin A1C

5.4

mmol/L

2011

2016

Allergies

Pollen

Severe

Gluten

Moderate

Peanuts

Mild

Respiratory issues

Moderate diarrhea

Small rash

Current Medications

Name

Dosage

Freq

Prescribed at

Last filled

Aspirin

81mg, oral

1x/day

14.Jun.2016

14.Jun.2016

HTCZ

800mg, oral

3x/day

12.Jun.2016

12.Jun.2016

Preferred pharmacy

One Pharma

55 Avenue St.
Avenue City, MA, 55555

Order refill

Labs

Date

Test

05.Jun.2016

Lipid panel

Measure

Result

Ideal

Total Cholesterol

155 mg/dL

50 - 200 mg/dL

LDL Cholesterol

80 mg/dL

<100 mg/dL

HDL Cholesterol

60 mg/dL

>60 mg/dL

VLDL Cholesterol

15 mg/dL

>32 mg/dL

21.May.2016

Urinalysis

13.Dec.2015

Metabolic panel

11.Aug.2015

Lipid panel

20.Sep.2012

Lipid panel

05.Nov.2011

Lipid panel

Imaging

Date

Test

20.Sep.2012

Chest x-ray

05.Nov.2011

EKG

11.Oct.2010

Chest x-ray

CARE PLAN

< July, 2016 >

Refill aspirin

Thursday, 14.July

Dr. Clarissa Gabe, internist

Consultation

Monday, 20.July

Dr. Nick Cline, primary care provider

Group hiking

Tuesday, 13.August

Yellowstone National Park

Long term plan

Ensure adequate time for rest and relaxation

Follow medication routine

Develop healthy eating habits and routines

Eat breakfast everyday to boost the body's metabolism, improve energy and alertness, and reduce risk of obesity

Avoid junk and processed foods

Get 4 servings of calcium everyday for bone growth and strength

Consume vitamin D enriched milk, eggs, and fatty fish like salmon to improve absorption of calcium

Resources

Mary Quinto, nutritionist

Boston Healthy Eating Program

Develop healthy eating habits and routines

Eat breakfast everyday to boost the body's metabolism, improve energy and alertness, and reduce risk of obesity

Avoid junk and processed foods

Get 4 servings of calcium everyday for bone growth and strength

Consume vitamin D enriched milk, eggs, and fatty fish like salmon to improve absorption of calcium

Resources

Mary Quinto, nutritionist

Boston Healthy Eating Program

\$30

4.2

4.5

Monthly

Google

Yelp

HEALTH HISTORY

2016

Consultation

20.May

Dr. Clarissa Gabe, internist

Diagnosis: hypertension

2015

Consultation

20.May

Dr. Clarissa Gabe, internist

Diagnosis: hypertension

Consultation

13.Dec

Dr. Nick Cline, primary care provider

Dr. Nick Cline

Primary Care Provider

Data consent

Purpose

Sick visit, outpatient visit

Diagnosis

Flu

Summary

No evidence of anything serious. Runny nose, coughing. General physical did not find anything of note.

Actions

Ordered lipid panel

Prescribed HTCZ, 500mg

Full clinical note

Hospitalization

10.Dec - 12.Dec

Dr. Clarissa Gabe, internist

Discharge diagnosis: hypertension

Hospitalization

24.Oct - 25.Oct

Dr. Johnny Brown, internist

Discharge diagnosis: benign breast tumor

Hospitalization

24.Oct - 25.Oct

Dr. Johnny Brown, internist

Discharge diagnosis: benign breast tumor

Biopsy

24.Oct

Dr. Johnny Brown, internist

2014

Hepatitis B

10.Jan

Measles

08.Jan

Consultation

13.Dec

Dr. Nick Cline, primary care provider

Dr. Nick Cline

Primary Care Provider

Data consent

(222) 222 - 2222

cline@areahospital.com

View data consent

Purpose

Sick visit, outpatient visit

Diagnosis

Flu

Summary

No evidence of anything serious. Runny nose, coughing. General physical did not find anything of note.

Actions

Ordered lipid panel

Measure

Result

Ideal

Total Cholesterol

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50 - 200 mg/dL

LDL Cholesterol

80 mg/dL

<100 mg/dL

HDL Cholesterol

60 mg/dL

>60 mg/dL

VLDL Cholesterol

15 mg/dL

>32 mg/dL

Prescribed HTCZ, 500mg

Full clinical note

SOCIAL & ENVIRONMENTAL

Ethnicity:

Hispanic

Religion

Atheist

National Origin:

US

Gender Identity:

Female

Income Level:

45,000 USD/year

Education & Literacy:

Bachelors degree

Risk to Patient or Provider:

None

Occupation:

Accountant

Preferred language:

Spanish

Behavior

Physical Activity:

3x/week

Medication Compliance:

High

Smoking Status:

2x/week

Drug Use

None

Environmental

Food Security:

No concerns

Transportation Availability:

No concerns

Housing Security:

3 Concerns

More than 3 moves the previous year

More than 2 people per bedroom

Will have to move again in a few months

Health Services Availability:

No concerns

Social Isolation:

No concerns

Domestic Violence:

No concerns

Employment Status:

Full-time employee

Relationships

Marital Status:

Single

Social Isolation:

No concerns

Stress Factors

Haven't heard from cousin Jessica S. in a year

Getting used to the new home

There's a lot of noise in the new neighborhood

Persistent headache

CONTACTS

Team

Dr. Nick Cline

Primary Care Provider

Data consent

Dr. Clarissa Gabe

Internist

Data consent

Jon Blake

Physician Assistant

Data consent

Mary Quinto

Nutritionist

Emergency

Jose Smith

Father

Data consent

Debrasandra Smith

Mother

Data consent

Amanda Reese

Aunt

Data consent

Johannathasen Castaneda

Grandfather

Data consent

Jonathan Mcclough

Nephew

CONTACTS

Team

Dr. Nick Cline

Primary Care Provider

Data consent

Location

Boston Clinic

33 South Avenue St
Boston, MA, 33333

(222) 222 - 2222

Make appointment

Cline@gmail.com

View data consent

Dr. Clarissa Gabe

Internist

Data consent

Jon Blake

Physician Assistant

Data consent

Mary Quinto

Nutritionist

Emergency

Jose Smith

Father

Data consent

Debrasandra Smith

Mother

Data consent

Amanda Reese

Aunt

Data consent

Johannathasen Castaneda

Grandfather

Data consent

Jonathan Mcclough

Nephew

Dr. Nick Cline

Primary Care Provider

Data consent

Location

Boston Clinic

33 South Avenue St
Boston, MA, 33333

(222) 222 - 2222

Make appointment

In-person

\$30

20 July

Copay

Earliest

Remote

\$10

8 July

Copay

Earliest

cline@gmail.com

View data consent