

MITRE CLINICIAN SHR CONCEPT (JULIA) V01

16.JUNE.16

Menu

Summary
Current Health
Care Plan
Health History
Social & Environmental
Contacts

SUMMARYEdit

Julia59S SJ9

14.Nov.1979

Administrative sex:Female

Telephone number:(555) 555-5555

Email:julia535@gmail.com

Preferred language:Spanish

Blood type:O+

Ethnicity:Hispanic

Religion:Atheist

Insurance:United Healthcare #29483900

Address:55 Avenue St. Apt #5 Avenue City, MA, 55555

Total health status

Medication adherence

Vitals & labs

Social & environmental

Behavior

Problems:Stage 1 hypertension

Health concerns:High blood pressureHigh weight

Health goals:Keep blood pressure under controlLose 10 pounds of weight so I can be at 130 lbsReconnect with my high school friends

CURRENT HEALTHEdit

Problems:Stage 1 hypertension

Health concerns:High blood pressureHigh weight

Height5'10

BloodO+

Blood Pressure145/95

BMI25.1

HDL155 mg/dL

LDL80

HDL60

Glucose85 mmol/L

Current Medications

Name ▼	Dosage ▲	Freq ▲	Prescribed ▲
Aspirin	500mg, oral	2x/day	14.Jun.2016
Ibuprofen	400mg, oral	1x/day	14.Jun.2016

Recent Labs

Date ▼	Test ▲
05.Jun.2016	Lipoprotein analysis
21.May.2016	Urinalysis
13.Dec.2015	Metabolic panel
11.Aug.2015	Lipoprotein analysis
20.Sep.2012	Lipoprotein analysis
05.Nov.2011	Lipoprotein analysis

CARE PLANEdit

DailyTake aspirin 2x/dayTake Ibuprofen 1x/day

Calendar

Refill aspirin14.July.2016Dr. Clarissa Gabe, internist

Consultation20.July.2016Dr. Nick Cline (555) 555-5555

Plan

Ensure adequate time for rest and relaxationFollow medication routine

Develop healthy eating habits and routines

Eat breakfast everyday to boost the body's metabolism, improve energy and alertness, and reduce risk of obesity

Avoid junk and processed foods

Get 4 servings of calcium everyday for bone growth and strength

Consume vitamin D enriched milk, eggs, and fatty fish like salmon to improve absorption of calcium

Maintain regular physical activityStrengthen bones and musclesGet on a regular sleep schedule

HEALTH HISTORYEdit

2016

Consultation20.MayDr. Clarissa Gabe, internistDiagnosis: hypertension

Consultation20.MayDr. Clarissa Gabe, internistDiagnosis: hypertension

Consultation13.DecDr. Nick Cline, primary care provider

Dr. Nick ClinePrimary Care ProviderData consent

AddressBoston Area Hospital555 West AveBoston, MA, 55555

ImpressionMild headache

DiagnosisFlu

NotesNo evidence of anything serious. Runny nose, coughing. General physical did not find anything of note. No follow-up is needed. Should rest at home. If headache persists for another week, should contact doctor again.

Hospitalization10.Dec - 12.DecDr. Clarissa Gabe, internistDischarge diagnosis: hypertension

Hospitalization24.Oct - 25.OctDr. Johnny Brown, internistDischarge diagnosis: benign breast tumor

Hospitalization24.Oct - 25.OctDr. Johnny Brown, internistDischarge diagnosis: benign breast tumor

Biopsy24.OctDr. Johnny Brown, internist

2014

Hepatitis B10.Jan

Measles08.Jan

SOCIAL & ENVIRONMENTALEdit

Ethnicity:Hispanic

Religion:Atheist

National Origin:US

Gender Identity:Female

Marital Status:Single

Income Level:45,000 USD/year

Education & Literacy:Bachelors degree

Risk to Patient or Provider:None

Behavior

Physical Activity:

Medication Compliance:

Smoking Status:2x/week

Drug:None

Environmental

Food Security:

Transportation Availability:

Employment Status:

Working as a contractor

Half the company may be laid off this month

Have not received a wage increase in 5 years

Housing Security:

Health Services Availability:

Social Isolation:None

Domestic Violence:None

Stress Factors:

Have not heard from cousin Jessica Smith in a year

Getting used to the new home

There's a lot of noise in the new neighborhood

Persistent headache

CONTACTS+

Emergency

Jose SmithFatherData consent

Debra SmithMotherData consent

Amanda ReeseAuntData consent

Team

Dr. Nick ClinePrimary Care ProviderData consent

Dr. Clarissa GabeInternistData consent

Jon BlakePhysician AssistantData consent