```
...   Unnamed: 0.1   275.000000
        Unnamed: 0   275.000000
        Caloric Value   237.359347
        Fat   10.766933
        Saturated Fats   3.722715
        Monounsaturated Fats   4.001564
        Polyunsaturated Fats   2.170793
        Carbohydrates   15.819036
        Sugars   2.708907
        Protein   18.417857
        Dietary Fiber   1.098145
        Cholesterol   61.591470
        Sodium   0.573205
        Water   101.658699
        Vitamin A   0.079969
        Vitamin B1   0.155002
        Vitamin B11   0.065673
        Vitamin B12   0.041525
        Vitamin B2   0.200617
        Vitamin B3   3.681828
        Vitamin B5   1.088875
        Vitamin B6   0.309699
        Vitamin C   2.103610
        Vitamin D   0.172102
        Vitamin E   0.547561
        ...
        Potassium   347.234483
        Selenium   35.009212
        Zinc   1.652964
        Nutrition Density   144.663207
        dtype: float64
```

This plot shows sugar vs protein its fairly left skewed with a great deal of sugar in a lot of ingredients.
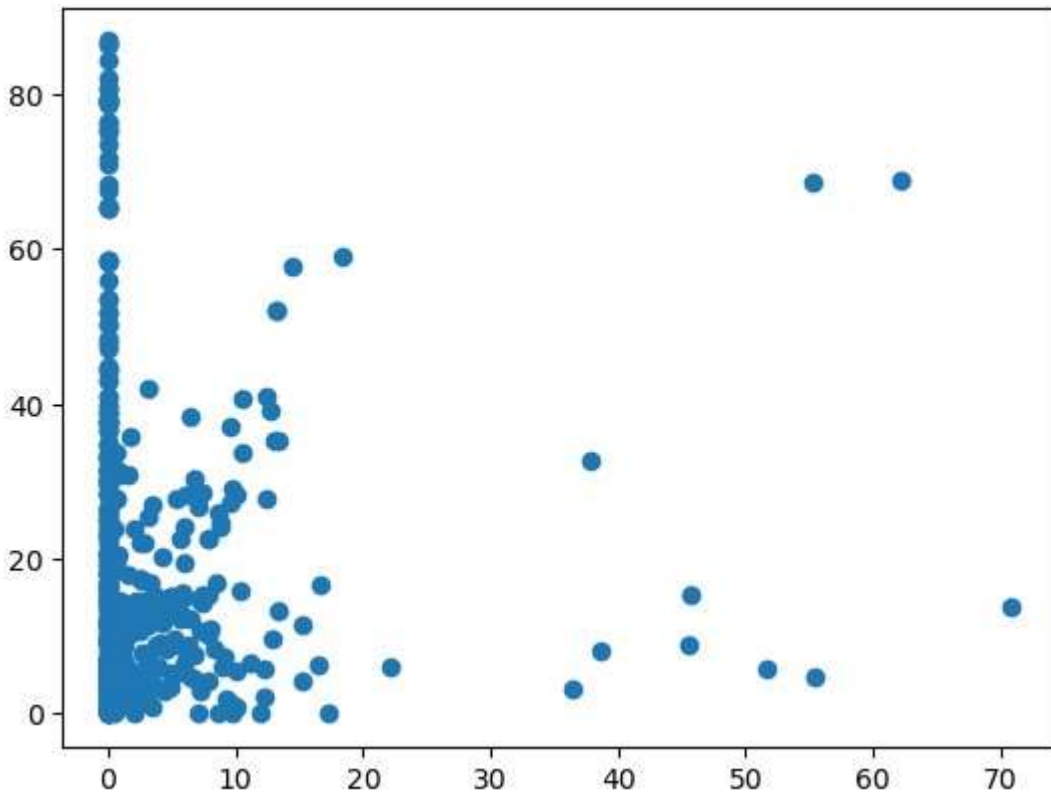
This plot shows water vs sugar it may be best to apply gradient descent or a logarithmic transformation.