

CAQ LCM Records						
Female			8U	Male		
Riley Lexvold	08/10/2010	34.49	50 FR	Tyler Jenson	07/28/2011	36.03
Riley Lexvold	07/30/2010	1:17.14	100 FR	Duncan Henderson	06/28/2015	1:19.28
Riley Lexvold	08/10/2010	2:47.73	200 FR	Duncan Henderson	07/18/2015	2:45.37
Angie Bernier	05/23/2014	6:48.30	400 FR			
			800 FR			
			1500 FR			
Riley Lexvold	07/30/2010	39.77	50 BK	Tanner Pulice	07/30/2010	41.68
Riley Lexvold	08/10/2010	1:29.83	100 BK	Tanner Pulice	07/30/2010	1:31.30
			200 BK			
Riley Lexvold	08/10/2010	45.73	50 BR	Sahas Nyalakanti	05/07/2023	49.00
Riley Lexvold	08/10/2010	1:40.67	100 BR	Duncan Henderson	07/18/2015	1:48.39
Dara Procell	07/11/2009	4:36.35	200 BR	Brian Armijo	05/21/2011	4:51.65
Angie Bernier	06/20/2014	43.45	50 FL	Darien O'Donnell	07/28/2011	40.89
Jordan Berg	07/30/2017	1:45.74	100 FL	Darien O'Donnell	07/28/2011	1:41.94
			200 FL			
Riley Lexvold	08/10/2010	3:02.47	200 IM	Duncan Henderson	04/25/2015	3:11.35
			400 IM			
			200 FR-R			
			400 FR-R			
			800 FR-R			
			200 MED-R			
			400 MED-R			
			Mixed 200 FR-R			
			Mixed 200 MED-R			
Female			10U	Male		
Avery Bower	06/21/2024	32.18	50 FR	Gabriel Cruz	06/24/2022	30.00
Avery Bower	06/23/2024	1:10.47	100 FR	Gabriel Cruz	06/26/2022	1:05.98
Ally Bernier	08/07/2013	2:34.77	200 FR	Gabriel Cruz	05/29/2022	2:27.47
Ally Bernier	06/20/2013	5:21.36	400 FR	Darien O'Donnell	05/03/2013	5:24.94
			800 FR			
			1500 FR			
Elena Roth	07/22/2022	37.70	50 BK	Gabriel Cruz	05/15/2022	35.04
Avery Bower	06/22/2024	1:20.72	100 BK	Gabriel Cruz	06/25/2022	1:15.19
Ally Bernier	05/18/2013	3:07.23	200 BK	Mark Cecco	06/29/2019	2:46.05
Adriana Encarnacao	08/07/2024	42.38	50 BR	Gabriel Cruz	05/28/2022	39.79
Adriana Encarnacao	08/09/2024	1:31.19	100 BR	Gabriel Cruz	05/28/2022	1:27.66
Adriana Encarnacao	06/22/2024	3:20.33	200 BR	Keenan Johnson	05/08/2015	3:24.23
Jordan Berg	07/27/2019	35.81	50 FL	Gabriel Cruz	05/27/2022	32.15
Ally Bernier	08/07/2013	1:18.57	100 FL	Darien O'Donnell	08/07/2013	1:11.48
Angie Bernier	05/21/2016	3:23.76	200 FL	Gabriel Higbie	05/21/2016	3:34.54
Ally Bernier	08/07/2013	2:52.81	200 IM	Darien O'Donnell	08/07/2013	2:42.32
Ally Bernier	05/18/2013	6:24.21	400 IM	Jack Hoagland	04/16/2011	6:36.24
Kaci Jarry Hannah Jenson Rebekah Larsson Brittney Supple	07/31/2011	2:24.79	200 FR-R	Tyler Jenson Trey Robison Darien O'Donnell Brock Zuyderwyk	07/20/2013	2:07.48
Angie Bernier Emma Kelley Charlize O'Donnell Maddi Wood	05/25/2014	6:06.05	400 FR-R	Gage Sheldahl Tristan Zuyderwyk Keenan Johnson Matt Pacheco	05/24/2015	5:18.53

			800 FR-R			
Caitlin Baca Katherine Elton Ally Bernier Tobi McCraw	07/21/2013	2:45.68	200 MED-R	Brock Zuyderwyk Tyler Jenson Darien O'Donnell Trey Robison	07/21/2013	2:25.25
Avery Bower Adriana Encarnacao Skyla McLain Lily Garrett	06/22/2024	6:03.98	400 MED-R	Lucas Villarreal Neven Buser Bryce Mao Tyler Kupczyk	07/14/2024	7:09.20
Ada Tripp Duncan Henderson Maddi Wood Orion Henderson	07/05/2014	2:32.75	Mixed 200 FR-R	Ada Tripp Duncan Henderson Maddi Wood Orion Henderson	07/05/2014	2:32.75
Kandra Godwin Adriana Encarnacao Sahas Nyalakanti Bryce Mao	07/14/2024	2:39.15	Mixed 200 MED-R	Kandra Godwin Adriana Encarnacao Sahas Nyalakanti Bryce Mao	07/14/2024	2:39.15
Female			11-12	Male		
Natalie Jones	07/28/2013	28.50r	50 FR	Gabriel Cruz	06/21/2024	26.71
Chrysten Pacheco	08/07/2013	1:02.65	100 FR	Nolan Arnholt	08/08/2018	59.30
Ally Bernier	08/06/2015	2:11.05	200 FR	Duncan Lee	07/17/2010	2:10.05
Ally Bernier	08/07/2015	4:35.25	400 FR	Nolan Arnholt	08/10/2018	4:40.96
Ally Bernier	05/25/2015	9:41.33	800 FR	Nolan Arnholt	05/26/2018	9:54.08
Ally Bernier	06/19/2015	18:25.32	1500 FR	Nolan Arnholt	06/22/2018	19:27.38
Mattie Lupo	07/26/2019	33.87	50 BK	Gabriel Cruz	05/05/2024	30.95
Maddi Wood	08/10/2016	1:11.32	100 BK	Gabriel Cruz	06/22/2024	1:04.46
Maddi Wood	08/11/2016	2:33.59	200 BK	Duncan Lee	07/30/2010	2:24.39
Ava Jahner	07/24/2014	37.83	50 BR	Adam Fusti-Molnar	08/05/2015	32.97
Ava Jahner	05/23/2014	1:19.77	100 BR	Henry Li	08/12/2016	1:11.50
Ava Jahner	05/23/2014	2:50.32	200 BR	Adam Fusti-Molnar	08/08/2015	2:33.86
Natalie Jones	08/07/2013	30.33	50 FL	Anthony Kim	06/04/2010	28.84
Ally Bernier	07/24/2015	1:07.51	100 FL	Duncan Lee	07/30/2010	1:04.08
Ally Bernier	06/06/2015	2:26.40	200 FL	Darien O'Donnell	08/07/2015	2:25.32
Ally Bernier	06/21/2015	2:27.75	200 IM	Adam Fusti-Molnar	08/06/2015	2:24.19
Ally Bernier	08/05/2015	5:10.40	400 IM	Adam Fusti-Molnar	08/05/2015	5:08.61
Natalie Jones Hannah Grenemyer Kaci Jarry Chrysten Pacheco	07/28/2013	1:58.66	200 FR-R	Brock Zuyderwyk Trey Robison Adam Fusti-Molnar Darien O'Donnell	06/20/2015	1:55.55
Kaci Jarry Hannah Grenemyer Chrysten Pacheco Natalie Jones	07/26/2013	4:25.26	400 FR-R	Adam Fusti-Molnar Trey Robison Brock Zuyderwyk Darien O'Donnell	07/24/2015	4:16.07
Lucia Madrid-Schleicher Mack Rivera Victoria Marthaler Cora Quintana	07/25/2019	10:52.50	800 FR-R	Tristan Dons Finn Bettis Mark Cecco Shep Camp	07/25/2019	10:19.96
Caitlin Baca Ally Bernier Mackenzie Jarrell Sophia Gossum	07/24/2015	2:18.17	200 MED-R	Trey Robison Adam Fusti-Molnar Darien O'Donnell Brock Zuyderwyk	07/24/2015	2:07.12
Caitlin Baca Ally Bernier Mackenzie Jarrell Sophia Gossum	07/26/2015	5:01.83	400 MED-R	Trey Robison Adam Fusti-Molnar Darien O'Donnell Brock Zuyderwyk	07/26/2015	4:40.92
Savannah Kimball Emma Montoya Ava Pietryga Maria Anghel	06/26/2016	2:15.87	Mixed 200 FR-R	Savannah Kimball Emma Montoya Ava Pietryga Maria Anghel	06/26/2016	2:15.87
Gabriel Cruz Ashmi Penumatsa Brady Coffman Brooke Doty	07/09/2023	2:18.15	Mixed 200 MED-R	Gabriel Cruz Ashmi Penumatsa Brady Coffman Brooke Doty	07/09/2023	2:18.15
Female			13-14	Male		
Natalie Jones	07/30/2015	27.13	50 FR	Max Hawton	07/30/2015	24.34
Ally Bernier	08/09/2017	59.06	100 FR	Max Hawton	08/01/2015	54.01

Ally Bernier	07/26/2017	2:07.31	200 FR	Mark Cecco	06/10/2023	1:57.54
Ally Bernier	08/11/2017	4:22.21	400 FR	Mark Cecco	06/10/2023	4:14.22
Ally Bernier	08/09/2017	8:58.54	800 FR	Mark Cecco	06/09/2023	8:48.38
Ally Bernier	08/12/2017	17:29.12	1500 FR	Nolan Arnholt	08/10/2019	17:09.72
Emma Kelley	07/18/2019	32.23r	50 BK	Anthony Kim	07/28/2011	29.67
Emma Kelley	07/19/2019	1:07.56	100 BK	Anthony Kim	07/24/2012	1:00.78
Emma Kelley	07/20/2019	2:23.74	200 BK	Anthony Kim	07/24/2012	2:08.38
Ally Bernier	07/08/2017	36.77	50 BR	Shep Camp	07/10/2022	31.89
Ally Bernier	07/27/2016	1:18.05	100 BR	Adam Fusti-Molnar	07/27/2016	1:08.78
Ally Bernier	05/27/2017	2:50.30	200 BR	Adam Fusti-Molnar	03/17/2016	2:26.87
Natalie Jones	07/24/2014	30.11	50 FL	Darien O'Donnell	07/26/2017	26.71
Chrysten Pacheco	08/06/2014	1:04.39	100 FL	Max Hawton	07/31/2015	57.79
Ally Bernier	07/30/2016	2:22.55	200 FL	Darien O'Donnell	07/29/2017	2:10.38
Ally Bernier	05/28/2016	2:24.19	200 IM	Shep Camp	07/28/2022	2:13.04
Ally Bernier	07/27/2017	5:02.11	400 IM	Shep Camp	07/29/2022	4:46.25
Megan Decker Emma Long Chrysten Pacheco Natalie Jones	06/20/2015	1:53.87	200 FR-R	Darien O'Donnell Brock Zuyderwyk Trey Robison Dylan Nguyen	07/26/2017	1:45.03
Ally Bernier Hannah Meek Mackenzie Jarrell Sophia Gossum	07/28/2017	4:09.85	400 FR-R	Joe Cecco Adam Fusti-Molnar Jake Hand Darien O'Donnell	07/29/2016	3:52.28
Hannah Meek Sophia Gossum Mackenzie Jarrell Ally Bernier	07/27/2017	9:01.09	800 FR-R	Joe Cecco Jake Hand Darien O'Donnell Adam Fusti-Molnar	07/27/2016	8:20.82
Sophia Gossum Ally Bernier Mackenzie Jarrell Lydia Orr	07/26/2017	2:07.69	200 MED-R	Trey Robison Henry Li Darien O'Donnell Brock Zuyderwyk	07/26/2017	1:56.60
Sophia Gossum Ally Bernier Mackenzie Jarrell Hannah Meek	07/29/2017	4:41.29	400 MED-R	Jake Hand Adam Fusti-Molnar Darien O'Donnell Joe Cecco	07/28/2016	4:14.07
			Mixed 200 FR-R			
Gabriel Cruz Christian Cruz Brooke Doty Harper Mitchell	07/14/2024	2:04.40	Mixed 200 MED-R	Gabriel Cruz Christian Cruz Brooke Doty Harper Mitchell	07/14/2024	2:04.40
Female			15-16	Male		
Natalie Jones	07/30/2016	26.69	50 FR	Keelan Hart	07/29/2017	23.95
Sarah Lott	07/30/2014	58.74	100 FR	Keelan Hart	07/27/2017	51.72
Chrysten Pacheco	07/27/2016	2:07.06	200 FR	Mark Cecco	07/24/2024	1:52.93
Ally Bernier	08/02/2018	4:24.96	400 FR	Mark Cecco	07/26/2024	4:04.34
Ally Bernier	07/18/2019	9:01.60	800 FR	Mark Cecco	03/14/2024	8:43.73
Ally Bernier	07/21/2019	17:14.99	1500 FR	Keelan Hart	07/30/2016	16:44.59
Sophia Gossum	07/26/2019	32.80	50 BK	Max Hawton	07/26/2017	27.43r
Tyler Wickesberg	07/31/2013	1:06.75	100 BK	Anthony Kim	07/31/2013	57.95
Emma Kelley	07/17/2021	2:22.42	200 BK	Anthony Kim	07/31/2013	2:04.54
Raylee Hunt	07/09/2023	33.67	50 BR	Cole Bettis	07/10/2022	30.96
Raylee Hunt	07/27/2023	1:12.89	100 BR	Shep Camp	07/12/2024	1:06.06
Mack Rivera	03/14/2024	2:39.06	200 BR	Jake Hand	08/03/2018	2:23.79
Natalie Jones	07/29/2017	29.88	50 FL	Max Hawton	07/26/2017	25.69
Chrysten Pacheco	03/19/2016	1:04.60	100 FL	Anthony Kim	07/30/2014	54.93
Chrysten Pacheco	03/17/2016	2:24.19	200 FL	Darien O'Donnell	07/28/2018	2:09.03
Ally Bernier	08/03/2018	2:24.87	200 IM	Cole Bettis	07/28/2022	2:08.00
Ally Bernier	07/19/2019	5:02.78	400 IM	Jake Hand	07/26/2018	4:35.39
Sophia Gossum Hannah Meek	07/18/2019	1:53.37	200 FR-R	Brock Zuyderwyk Jake Hand	07/25/2018	1:41.15

Mackenzie Jarrell Ally Bernier				Joe Cecco Darien O'Donnell		
Sophia Gossum Hannah Meek Mackenzie Jarrell Ally Bernier	07/19/2019	4:04.34	400 FR-R	Max Hawton Joe Cecco Jack Hoagland Keelan Hart	07/28/2017	3:32.95
Natalie Jones Raeleigh Stansbery Shaelyn Carmody Hannah Grenemyer	03/17/2016	9:09.99	800 FR-R	Keelan Hart Joe Cecco Jake Hand Jack Hoagland	07/27/2017	7:51.39
Tyler Wickesberg Kelsey Robison Mikelle Gidlow Sarah Lott	06/22/2014	2:08.34	200 MED-R	Tristan Dons Shep Camp Soren Carlson Ryan Meek	03/14/2024	1:51.94
Madison Gordley Raeleigh Stansbery Natasha Kinney Madison Supple	08/03/2014	4:42.54	400 MED-R	Jack Hoagland Jake Hand Max Hawton Keelan Hart	07/29/2017	3:58.54
			Mixed 200 FR-R			
Nolan Arnholt Mack Rivera Jack Yu Sienna Nordquist	07/10/2022	2:02.02	Mixed 200 MED-R	Nolan Arnholt Mack Rivera Jack Yu Sienna Nordquist	07/10/2022	2:02.02
Female			17-18	Male		
Sarah Lott	06/16/2016	27.27	50 FR	Nolan Arnholt	07/13/2024	23.73r
Sarah Lott	03/17/2016	56.78	100 FR	Max Hawton	08/01/2018	51.14
Sarah Lott	03/17/2016	2:03.97r	200 FR	Nolan Arnholt	05/31/2024	1:52.04
Ally Bernier	07/17/2021	4:29.82	400 FR	Nolan Arnholt	07/26/2024	4:00.64
Ally Bernier	07/15/2021	9:17.29	800 FR	Nolan Arnholt	07/27/2024	8:26.84
Ally Bernier	07/18/2021	17:22.38	1500 FR	Nolan Arnholt	03/17/2024	16:22.32
Katherine Meek	07/25/2023	31.82r	50 BK	Nolan Arnholt	03/14/2024	27.44r
Sarah Lott	03/19/2016	1:04.50	100 BK	Anthony Kim	07/30/2015	57.15
Emma Kelley	07/27/2022	2:22.10	200 BK	Anthony Kim	08/01/2015	2:03.09
Mack Rivera	07/14/2024	33.19	50 BR	Cole Bettis	07/14/2024	30.21
Mack Rivera	07/24/2024	1:12.14	100 BR	Jake Hand	07/20/2019	1:05.79
Raylee Hunt	07/26/2024	2:35.89	200 BR	Jake Hand	07/18/2019	2:20.51
Maya Van Atta	07/13/2024	29.52	50 FL	Nolan Arnholt	07/13/2024	25.78
Natalie Jones	05/28/2018	1:05.19	100 FL	Anthony Kim	07/31/2015	55.34
Michelle Howell	07/20/2010	2:24.53	200 FL	Ethan Manske	07/27/2022	2:07.43
Raylee Hunt	08/03/2024	2:25.21	200 IM	Jack Hoagland	07/21/2019	2:04.07
Ally Bernier	07/16/2021	5:08.94	400 IM	Jake Hand	07/19/2019	4:30.20
Lexi Davis Selena Mufti Natalie Cavellier Miriam Swisher	06/16/2012	2:00.45	200 FR-R			
			400 FR-R	Ian Conley Ian Kingsolver Kevin Benavidez Maurice Moffett	07/29/2016	3:38.99
			800 FR-R			
			200 MED-R	Anthony Kim Ian Kingsolver Will Geck Hank Gullick	05/09/2015	1:53.91
Katherine Meek Raylee Hunt Maya Van Atta Sienna Nordquist	03/17/2024	4:27.69	400 MED-R	Anthony Kim Ian Kingsolver Kevin Benavidez Hank Gullick	03/20/2016	3:58.54
			Mixed 200 FR-R			
Cole Bettis Raylee Hunt Jack Yu Sienna Nordquist	07/14/2024	1:59.42	Mixed 200 MED-R	Cole Bettis Raylee Hunt Jack Yu Sienna Nordquist	07/14/2024	1:59.42
Female			Open	Male		
Natalie Jones	07/30/2016	26.69	50 FR	Nolan Arnholt	07/13/2024	23.73r

Sarah Lott	03/17/2016	56.78	100 FR	Max Hawton	08/01/2018	51.14
Sarah Lott	03/17/2016	2:03.97r	200 FR	Nolan Arnholt	05/31/2024	1:52.04
Ally Bernier	08/11/2017	4:22.21	400 FR	Jack Hoagland	11/21/2019	3:54.95
Ally Bernier	08/09/2017	8:58.54	800 FR	Nolan Arnholt	07/27/2024	8:26.84
Ally Bernier	07/21/2019	17:14.99	1500 FR	Nolan Arnholt	03/17/2024	16:22.32
Katherine Meek	07/25/2023	31.82r	50 BK	Anthony Kim	06/18/2017	27.30r
Sarah Lott	03/19/2016	1:04.50	100 BK	Anthony Kim	07/30/2015	57.15
Emma Kelley	07/27/2022	2:22.10	200 BK	Anthony Kim	08/01/2015	2:03.09
Mack Rivera	07/14/2024	33.19	50 BR	Cole Bettis	07/14/2024	30.21
Mack Rivera	07/24/2024	1:12.14	100 BR	David Brooks	07/16/2013	1:04.32
Raylee Hunt	07/26/2024	2:35.89	200 BR	Jake Hand	07/18/2019	2:20.51
Maya Van Atta	07/13/2024	29.52	50 FL	Krishna Clarke	07/13/2024	25.39
Chrysten Pacheco	08/06/2014	1:04.39	100 FL	Anthony Kim	07/30/2014	54.93
Ally Bernier	07/30/2016	2:22.55	200 FL	Ethan Manske	06/09/2024	2:03.49
Ally Bernier	05/28/2016	2:24.19	200 IM	Jack Hoagland	07/21/2019	2:04.07
Ally Bernier	07/27/2017	5:02.11	400 IM	Jack Hoagland	11/22/2019	4:23.12
Natalie Jones Megan Decker Chrysten Pacheco Sarah Lott	03/18/2016	1:49.69	200 FR-R	Anthony Kim Max Hawton Ian Kingsolver Hank Gullick	03/18/2016	1:36.27
Sarah Lott Megan Decker Natalie Jones Chrysten Pacheco	03/19/2016	3:54.95	400 FR-R	Jack Hoagland Darien O'Donnell Jake Hand Keelan Hart	07/19/2019	3:29.66
Sarah Lott Madison Gordley Megan Decker Chrysten Pacheco	03/17/2016	8:36.95	800 FR-R	Nolan Arnholt Cole Bettis Krishna Clarke Mark Cecco	07/25/2024	7:43.00
Reese Hinnerichs Mack Rivera Maya Van Atta Ruby Sallah	07/12/2024	2:03.12	200 MED-R	Anthony Kim Ian Kingsolver Max Hawton Hank Gullick	03/18/2016	1:47.38
Emma Kelley Raylee Hunt Maya Van Atta Annabella Marthaler	07/29/2022	4:32.45	400 MED-R	Max Hawton Jack Hoagland Darien O'Donnell Keelan Hart	08/04/2018	3:54.00
Cole Bettis Maya Van Atta Annabella Marthaler Nolan Arnholt	04/23/2022	1:49.92	Mixed 200 FR-R	Cole Bettis Maya Van Atta Annabella Marthaler Nolan Arnholt	04/23/2022	1:49.92
Nolan Arnholt Mack Rivera Krishna Clarke Maya Van Atta	07/14/2024	1:54.18	Mixed 200 MED-R	Nolan Arnholt Mack Rivera Krishna Clarke Maya Van Atta	07/14/2024	1:54.18

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