

Female						CAQ LCM Records				Male					
Open	17-18	15-16	13-14	11-12	10U	8U	Event	8U	10U	11-12	13-14	15-16	17-18	Open	
26.69 Natalie Jones 07/30/2016	27.27 Sarah Lott 06/16/2016	26.69 Natalie Jones 07/30/2016	27.13 Natalie Jones 07/30/2015	28.50r Natalie Jones 07/28/2013	32.18 Avery Bower 06/21/2024	34.49 Riley Lexvold 08/10/2010	50 FR	36.03 Tyler Jensen 07/28/2011	30.00 Gabriel Cruz 06/24/2022	26.71 Gabriel Cruz 06/21/2024	24.34 Max Hawton 07/30/2015	23.95 Keelan Hart 07/29/2017	23.73r Nolan Arnholt 07/13/2024	23.73r Nolan Arnholt 07/13/2024	
56.78 Sarah Lott 03/17/2016	56.78 Sarah Lott 03/17/2016	58.74 Sarah Lott 07/30/2014	59.06 Ally Bernier 08/09/2017	1:02.65 Chrysten Pacheco 08/07/2013	1:10.47 Avery Bower 06/23/2024	1:17.14 Riley Lexvold 07/30/2010	100 FR	1:19.28 Duncan Henderson 06/28/2015	1:05.98 Gabriel Cruz 06/26/2022	59.30 Nolan Arnholt 08/08/2018	54.01 Max Hawton 08/01/2015	51.72 Keelan Hart 07/27/2017	51.14 Max Hawton 08/01/2018	51.14 Max Hawton 08/01/2018	
2:03.97r Sarah Lott 03/17/2016	2:03.97r Sarah Lott 03/17/2016	2:07.06 Chrysten Pacheco 07/27/2016	2:07.31 Ally Bernier 07/26/2017	2:11.05 Ally Bernier 08/06/2015	2:34.77 Ally Bernier 08/07/2013	2:47.29 Riley Lexvold 06/04/2010	200 FR	2:45.37 Duncan Henderson 07/18/2015	2:27.47 Gabriel Cruz 05/29/2022	2:11.24 Gabriel Cruz 06/02/2024	1:57.54 Mark Cecco 06/10/2023	1:52.93 Mark Cecco 07/24/2024	1:52.04 Nolan Arnholt 05/31/2024	1:52.04 Nolan Arnholt 05/31/2024	
4:22.21 Ally Bernier 08/11/2017	4:29.82 Ally Bernier 07/17/2021	4:24.96 Ally Bernier 08/02/2018	4:22.21 Ally Bernier 08/11/2017	4:35.25 Ally Bernier 08/07/2015	5:21.36 Ally Bernier 06/20/2013	6:48.30 Angie Bernier 05/23/2014	400 FR	6:48.30 Darlen O'Donnell 05/03/2013	5:24.94 Nolan Arnholt 08/10/2018	4:40.96 Nolan Arnholt 08/10/2018	4:14.22 Mark Cecco 06/10/2023	4:04.34 Mark Cecco 07/26/2024	4:00.64 Nolan Arnholt 07/26/2024	3:54.95 Jack Hoagland 11/21/2019	
8:58.54 Ally Bernier 08/09/2017	9:17.29 Ally Bernier 07/15/2021	9:01.60 Ally Bernier 07/18/2019	8:58.54 Ally Bernier 08/09/2017	9:41.33 Ally Bernier 05/25/2015			800 FR		9:54.08 Nolan Arnholt 05/26/2018	8:48.38 Nolan Arnholt 05/26/2018	8:43.73 Mark Cecco 06/09/2023	8:26.84 Mark Cecco 03/14/2024	8:26.84 Nolan Arnholt 07/27/2024	8:26.84 Nolan Arnholt 07/27/2024	
17:14.99 Ally Bernier 07/21/2019	17:22.38 Ally Bernier 07/18/2021	17:14.99 Ally Bernier 07/21/2019	17:29.12 Ally Bernier 08/12/2017	18:25.32 Ally Bernier 06/19/2015			1500 FR		19:27.38 Nolan Arnholt 06/22/2018	17:09.72 Nolan Arnholt 08/10/2019	16:44.59 Keelan Hart 08/10/2019	16:22.32 Keelan Hart 03/17/2024	16:22.32 Nolan Arnholt 03/17/2024	16:22.32 Nolan Arnholt 03/17/2024	
31.82r Katherine Meek 07/25/2023	31.82r Katherine Meek 07/25/2023	32.80 Sophia Gossum 07/26/2019	32.23 Tyler Wickesberg 07/28/2011	33.87 Mattie Lupo 07/26/2019	37.70 Elena Roth 07/22/2022	39.77 Riley Lexvold 07/30/2010	50 BK	41.68 Tanner Pulice 07/30/2010	35.84 Gabriel Cruz 05/15/2022	30.95 Gabriel Cruz 05/05/2024	29.67 Anthony Kim 07/28/2011	27.43r Max Hawton 07/26/2017	27.44r Nolan Arnholt 03/14/2024	27.30r Anthony Kim 06/18/2017	
1:04.50 Sarah Lott 03/19/2016	1:04.50 Sarah Lott 03/19/2016	1:06.75 Tyler Wickesberg 07/31/2013	1:07.56 Emma Kelley 07/19/2019	1:11.32 Maddi Wood 08/10/2016	1:20.72 Avery Bower 06/22/2024	1:29.83 Riley Lexvold 08/10/2010	100 BK	1:31.30 Tanner Pulice 07/30/2010	1:15.19 Gabriel Cruz 06/25/2022	1:04.46 Gabriel Cruz 06/22/2024	1:00.78 Anthony Kim 07/24/2012	57.95 Anthony Kim 07/31/2013	57.15 Anthony Kim 07/30/2015	57.15 Anthony Kim 07/30/2015	
2:22.10 Emma Kelley 07/27/2022	2:22.10 Emma Kelley 07/27/2022	2:22.42 Emma Kelley 07/17/2021	2:23.74 Emma Kelley 07/20/2019	2:33.59 Maddi Wood 08/11/2016	3:07.23 Ally Bernier 05/18/2013		200 BK		2:46.05 Mark Cecco 06/29/2019	2:24.39 Duncan Lee 07/30/2010	2:08.38 Anthony Kim 07/24/2012	2:04.54 Anthony Kim 07/31/2013	2:03.09 Anthony Kim 08/01/2015	2:03.09 Anthony Kim 08/01/2015	
33.19 Mack Rivera 07/14/2024	33.19 Mack Rivera 07/14/2024	33.67 Raylee Hunt 07/09/2023	36.77 Ally Bernier 07/08/2017	37.83 Ava Jahner 07/24/2014	42.38 Adriana Encarnacao 08/07/2024	44.53 Riley Lexvold 07/30/2010	50 BR	49.00 Sahas Nyalakanti 05/07/2023	39.79 Gabriel Cruz 05/28/2022	32.97 Adam Fusti-Molnar 08/05/2015	31.89 Shep Camp 07/10/2022	30.96 Cole Bettis 07/10/2022	30.21 Cole Bettis 07/14/2024	30.21 Cole Bettis 07/14/2024	
1:12.14 Mack Rivera 07/24/2024	1:12.14 Mack Rivera 07/24/2024	1:12.89 Raylee Hunt 07/27/2023	1:18.05 Ally Bernier 07/27/2016	1:19.77 Ava Jahner 05/23/2014	1:31.19 Adriana Encarnacao 08/09/2024	1:35.86 Riley Lexvold 07/30/2010	100 BR	1:48.39 Duncan Henderson 07/18/2015	1:27.66 Gabriel Cruz 05/28/2022	1:11.50 Henry Li 08/12/2016	1:08.78 Adam Fusti-Molnar 07/27/2016	1:06.06 Shep Camp 07/12/2024	1:05.79 Jake Hand 07/20/2019	1:04.32 David Brooks 07/16/2013	
2:35.89 Raylee Hunt 07/26/2024	2:35.89 Raylee Hunt 07/26/2024	2:39.06 Mack Rivera 03/14/2024	2:50.30 Ally Bernier 05/27/2017	2:50.32 Ava Jahner 05/23/2014	3:20.33 Adriana Encarnacao 06/22/2024	4:36.35 Dara Procell 07/11/2009	200 BR	4:51.65 Brian Armpio 05/21/2011	3:24.23 Keenan Johnson 05/08/2015	2:33.86 Adam Fusti-Molnar 08/09/2015	2:26.87 Adam Fusti-Molnar 03/17/2016	2:23.79 Jake Hand 08/03/2018	2:20.51 Jake Hand 07/18/2019	2:20.51 Jake Hand 07/18/2019	
29.52 Maya Van Atta 07/13/2024	29.52 Maya Van Atta 07/13/2024	29.88 Natalie Jones 07/29/2017	30.11 Natalie Jones 07/24/2014	30.33 Natalie Jones 08/07/2013	35.81 Jordan Berg 07/27/2019	39.19 Riley Lexvold 07/30/2010	50 FL	40.89 Darlen O'Donnell 07/28/2011	32.15 Gabriel Cruz 05/27/2022	28.84 Anthony Kim 06/04/2010	26.71 Darlen O'Donnell 07/26/2017	25.69 Max Hawton 07/26/2017	25.78 Nolan Arnholt 07/13/2024	25.39 Kristina Clarke 07/13/2024	
1:04.39 Chrysten Pacheco 08/06/2014	1:05.19 Natalie Jones 05/28/2018	1:04.60 Chrysten Pacheco 03/19/2016	1:04.39 Chrysten Pacheco 08/06/2014	1:07.51 Ally Bernier 07/24/2015	1:18.57 Ally Bernier 08/07/2013	1:30.77 Riley Lexvold 06/04/2010	100 FL	1:41.94 Darlen O'Donnell 07/28/2011	1:11.48 Darlen O'Donnell 08/07/2013	1:04.08 Duncan Lee 07/30/2010	57.79 Max Hawton 07/31/2015	54.93 Anthony Kim 07/30/2014	55.34 Anthony Kim 07/31/2015	54.93 Anthony Kim 07/30/2014	
2:22.55 Ally Bernier 07/30/2016	2:24.53 Michelle Howell 07/20/2010	2:24.19 Chrysten Pacheco 03/17/2016	2:22.55 Ally Bernier 07/30/2016	2:26.40 Ally Bernier 06/06/2015	3:23.76 Angie Bernier 05/21/2016		200 FL		3:34.54 Gabriel Higbie 05/21/2016	2:25.32 Darlen O'Donnell 08/07/2015	2:10.38 Darlen O'Donnell 07/29/2017	2:09.93 Darlen O'Donnell 07/28/2018	2:07.43 Ethan Manksie 07/27/2022	2:03.49 Ethan Manksie 06/09/2024	
2:24.19 Ally Bernier 05/28/2016	2:25.21 Raylee Hunt 08/03/2024	2:24.87 Ally Bernier 08/03/2018	2:24.19 Ally Bernier 05/28/2016	2:27.75 Ally Bernier 06/21/2015	2:52.81 Ally Bernier 08/07/2013	3:02.47 Riley Lexvold 08/10/2010	200 IM	3:11.35 Duncan Henderson 04/25/2015	2:42.32 Darlen O'Donnell 08/07/2013	2:24.19 Adam Fusti-Molnar 08/06/2015	2:13.04 Shep Camp 07/28/2022	2:08.00 Cole Bettis 07/28/2022	2:04.07 Jack Hoagland 07/21/2019	2:04.07 Jack Hoagland 07/21/2019	
5:02.11 Ally Bernier 07/27/2017	5:08.94 Ally Bernier 07/16/2021	5:02.78 Ally Bernier 07/19/2019	5:02.11 Ally Bernier 07/27/2017	5:10.40 Ally Bernier 08/05/2015	6:24.21 Ally Bernier 05/18/2013		400 IM		6:36.24 Jack Hoagland 04/16/2011	5:08.61 Adam Fusti-Molnar 08/05/2015	4:46.25 Shep Camp 07/26/2022	4:35.39 Jake Hand 07/26/2018	4:30.20 Jake Hand 07/19/2019	4:23.12 Jack Hoagland 11/22/2019	
1:49.69 Natalie Jones Megan Decker Chrysten Pacheco Sarah Lott 03/18/2016	2:00.45 Lexi Davis Selena Mufli Natalie Jewell Miriam Swisher 06/16/2012	1:53.37 Sophia Gossum Hannah Meek Mackenzie Jarrell Ally Bernier 07/18/2019	1:53.87 Megan Decker Emma Long Chrysten Pacheco Natalie Jones 06/20/2015	1:58.66 Natalie Jones Hannah Grenemyer Kaci Jarry Chrysten Pacheco 07/28/2013	2:24.79 Kaci Jarry Hannah Jensen Rabekkah Larson Brittney Supple 07/31/2011		200 FR-R		2:07.48 Tyler Jensen Trey Robison Darlen O'Donnell Brook Zuyderwyk 07/20/2013	1:55.55 Brook Zuyderwyk Trey Robison Adam Fusti-Molnar Darlen O'Donnell Dylan Nguyen 06/20/2015	1:45.03 Darlen O'Donnell Brook Zuyderwyk Trey Robison Darlen O'Donnell Dylan Nguyen 07/26/2017	1:41.15 Brook Zuyderwyk Jake Hand Trey Robison Darlen O'Donnell 07/25/2018	1:36.27 Anthony Kim Max Hawton Ian Kingsolver Hank Gullick 03/18/2016		
3:54.95 Sarah Lott Megan Decker Natalie Jones Chrysten Pacheco 03/19/2016	4:04.34 Sophia Gossum Hannah Meek Mackenzie Jarrell Ally Bernier 07/19/2019	4:09.85 Ally Bernier Hannah Meek Mackenzie Jarrell Sophia Gossum 07/28/2017	4:25.26 Kaci Jarry Hannah Grenemyer Chrysten Pacheco Natalie Jones 07/26/2013	6:06.05 Angie Bernier Emma Kelley Charlize O'Donnell Maddi Wood 05/25/2014			400 FR-R		5:18.53 Gage Sheldahl Tristan Zuyderwyk Keenan Johnson Matt Pacheco 05/24/2015	4:16.07 Adam Fusti-Molnar Trey Robison Brook Zuyderwyk Darlen O'Donnell 07/24/2015	3:52.28 Joe Cecco Adam Fusti-Molnar Jake Hand Darlen O'Donnell Adam Fusti-Molnar 07/29/2016	3:32.95 Max Hawton Joe Cecco Jack Hoagland Keelan Hart 07/28/2017	3:38.99 Ian Conley Ian Kingsolver Kevin Benavidez Maurice Moffett 07/29/2016	3:29.66 Jack Hoagland Darlen O'Donnell Jake Hand Keelan Hart 07/19/2019	
8:36.95 Sarah Lott Madison Gordley Megan Decker Chrysten Pacheco 03/17/2016	9:09.99 Natalie Jones Raeleigh Stansbery Shaelyn Carmody Hannah Grenemyer 03/17/2016	9:01.09 Hannah Meek Sophia Gossum Mackenzie Jarrell Ally Bernier 07/27/2017	10:52.60 Lucia Madrid-Schleicher Mack Rivera Victoria Marthaler Cora Quintana 07/25/2019				800 FR-R		10:19.96 Tristan Dons Finn Bettis Mark Cecco Shep Camp Adam Fusti-Molnar 07/25/2019	8:20.82 Tristan Dons Joe Cecco Jake Hand Darlen O'Donnell Adam Fusti-Molnar 07/27/2016	7:51.39 Keelan Hart Joe Cecco Jake Hand Darlen O'Donnell Adam Fusti-Molnar 07/27/2017	7:43.00 Nolan Arnholt Cole Bettis Kristina Clarke Mark Cecco 07/25/2024	7:43.00 Nolan Arnholt Cole Bettis Kristina Clarke Mark Cecco 07/25/2024		
2:03.12 Reese Hinnerichs Mack Rivera Maya Van Atta Ruby Sallah 07/12/2024	2:08.34 Tyler Wickesberg Kelsey Robison Mikelle Gidlow Sarah Lott 06/22/2014	2:07.69 Sophia Gossum Ally Bernier Mackenzie Jarrell Lydia Orr 07/26/2017	2:18.17 Caitlin Baca Ally Bernier Mackenzie Jarrell Sophia Gossum 07/24/2015	2:45.68 Caitlin Baca Katherine Elton Ally Bernier Tobi McCraw 07/21/2013			200 MED-R		2:25.25 Brook Zuyderwyk Tyler Jensen Darlen O'Donnell Trey Robison 07/21/2013	2:07.12 Trey Robison Adam Fusti-Molnar Darlen O'Donnell Brook Zuyderwyk 07/24/2015	1:56.60 Trey Robison Henry Li Darlen O'Donnell Brook Zuyderwyk 07/26/2017	1:51.94 Tristan Dons Shep Camp Soren Carlson Ryan Meek 03/14/2024	1:53.91 Anthony Kim Ian Kingsolver Will Geck Hank Gullick 03/18/2016	1:47.38 Anthony Kim Ian Kingsolver Max Hawton Hank Gullick 03/18/2016	
4:32.45 Emma Kelley Raylee Hunt Maya Van Atta Annabella Marthaler 07/29/2022	4:27.69 Katherine Meek Raylee Hunt Maya Van Atta Sienna Nordquist 07/17/2024	4:42.54 Emma Kelley Raeleigh Stansbery Nashia Kinney Madison Supple 08/03/2014	4:41.29 Sophia Gossum Ally Bernier Mackenzie Jarrell Hannah Meek 07/29/2017	5:01.83 Caitlin Baca Ally Bernier Mackenzie Jarrell Sophia Gossum 07/26/2015	6:03.98 Avery Bower Adriana Encarnacao Skyia McLain Lily Garrett 06/22/2024		400 MED-R		7:09.20 Lucas Villarreal Neven Buser Byce Mao Tyler Kuppzyk 07/14/2024	4:40.92 Trey Robison Adam Fusti-Molnar Darlen O'Donnell Brook Zuyderwyk 07/26/2015	4:14.07 Jake Hand Adam Fusti-Molnar Darlen O'Donnell Joe Cecco 07/28/2016	3:58.54 Jack Hoagland Jake Hand Max Hawton Hank Gullick 07/29/2017	3:58.54 Anthony Kim Ian Kingsolver Kevin Benavidez Hank Gullick 03/20/2016	3:54.00 Max Hawton Jack Hoagland Darlen O'Donnell Keelan Hart 08/04/2018	
1:49.92 Cole Bettis Maya Van Atta Annabella Marthaler Nolan Arnholt 04/23/2022	1:59.42 Cole Bettis Raylee Hunt Brooke Doty Sienna Nordquist 07/14/2024	2:02.02 Nolan Arnholt Mack Rivera Brooke Doty Sienna Nordquist 07/10/2022	2:04.40 Gabriel Cruz Christian Cruz Brooke Doty Harper Mitchell 07/14/2024	2:18.15 Gabriel Cruz Ashmi Penumatsa Brady Coffman Brooke Doty 07/09/2023	2:39.15 Kandria Godwin Adriana Encarnacao Sahas Nyalakanti Byce Mao 07/14/2024		Mixed 200 FR-R		2:32.75 Ada Tripp Duncan Henderson Maddi Wood Orion Henderson 07/05/2014	2:15.87 Savannah Kimball Emma Montoya Ava Pietryga Maria Anghel 06/26/2016	2:04.40 Gabriel Cruz Christian Cruz Brooke Doty Harper Mitchell 07/14/2024	2:02.02 Nolan Arnholt Mack Rivera Brooke Doty Sienna Nordquist 07/10/2022	1:59.42 Cole Bettis Raylee Hunt Brooke Doty Sienna Nordquist 07/14/2024	1:54.18 Nolan Arnholt Mack Rivera Brooke Doty Maya Van Atta 07/14/2024	