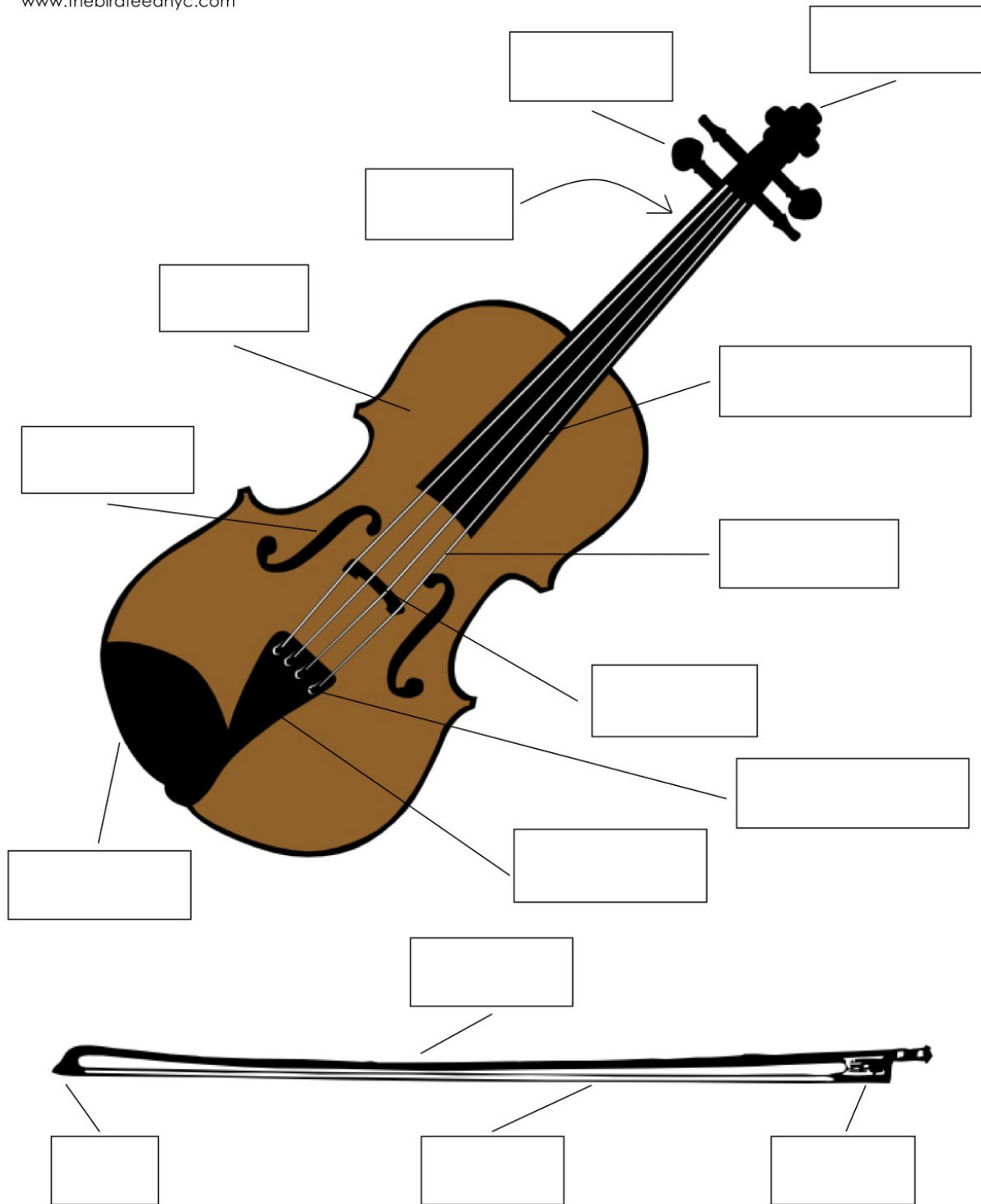


Activities and Practice Ideas for Young Students

1. Learn violin parts. Complete the diagram attached.
2. Musical hide and seek:
 1. Write parts of a song on small pieces of paper. For example AE1E is the first part of twinkle.
 2. Hide the papers in the house or in a room for the student to find and play.
3. Race. Parent times the student as they race to complete a task (getting to rest position, forming a bow hand, getting to play position)
4. Concentration Game: student must look a stuffed animal in the eyes (with violin on the shoulder in playing position) for the duration of the Twinkle Variations. The parent can cut up, loudly, out of the student's view. Can skip around while whistling, run into things, shout "ouch!", eat food loudly, etc...
5. 52-Note Pickup: write tasks (such as Play Position, Bow, Bow Hand) on many pieces of paper. Let the student throw them up into the air, and pick them up one by one, performing the task. Fold the papers so the task is not visible. Try including a reward on one piece of paper (draw a piece of candy, and when they find it they get the reward).
6. Play Simon Says
7. Try playing a song blindfolded
8. Porch Busking. Play a concert for passers-by from your porch.
9. Yoga – simple yoga poses (mountain pose, child's pose, warrior pose, etc...) develop balance, coordination, and strength, which are crucial for playing the violin. Yehudi Menuhin, a famous 20th century violinist, was one of the first to popularize yoga in the west.
10. **Active Listening** – Listen to the recordings and engage your brain!
 1. Speak the finger numbers as they are played
 2. Clap the rhythm as it is played.
 3. Clap the beat
 4. Airbow – keep right elbow "glued" to hip, and move elbow in rhythm.
 5. Place your fingers silently on the strings while the music plays.
 6. Stop the recording randomly and see if you can sing what comes next.
 7. Make up your own words to the song!

Parts of the Violin and Bow

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Strings
hair
fingerboard

tip
F-holes
pegs

chin-rest
frog
bridge

belly
Tail-piece

stick
scroll

fine tuners
neck