Food Not Bombs Houston

sharing vegetarian meals with the hungry & promoting peace since 1994



Food Not Bombs Houston has been in the streets several times a week for over 18 years, sharing food with our fellow Houstonians. We provide healthy vegetarian meals to anyone who is hungry, without any requirements to fill out paperwork, or attend religious services.

Homeless and working poor individuals and families often say that they depend on us. Many arrive hungry, without having eaten in a day or more. With your help, we can continue to provide our essential service.

Food Not Bombs relies on donations of clean, healthy produce, bread, grains, beans, and other vegetarian food from restaurants, bakeries, gardens, markets, churches, community organizations, and Donations are never sold, individuals. they are always given away free.

During colder months, we also need blankets and jackets to distribute to the homeless. If you are able to donate any of these, you can email our group, or just drop off at our regularly scheduled food sharings.





Food Not Bombs Houston is an all-volunteer group affiliated with the Houston Peace and Justice Center, a 501(c)(3) non-profit (tax identification number available upon request). We are the recipients of a 2011 Peacemaker Award.

Our volunteers are a diverse group of all ages, religious beliefs, and ethnicities. Volunteering is easy -- even if you only have an hour or two per week, you can help pick up donations, prepare food, serve, clean up, or wash dishes.

fnbhouston@riseup.net

public sharing of food: 521 Lamar St., 77002 (The Houston Downtown Public Library Courtyard): Mon., Wed., & Fri. at 8pm, and Sunday at 7pm