



### What is the AdvoCare ONE/80™ Transformation Competition?


The AdvoCare ONE/80™ Transformation Competition is an 80-Day competition focused on both body and healthy lifestyle transformation utilizing the AdvoCare ONE/80™ 3-part system and incorporating good nutrition and physical activity.

### How to enter the competition:

- **STEP/ONE: 12/26/17 – 1/16/18**
  - Purchase 24-Day Jumpstart™
  - Beginning 12/26/17, visit [www.advocareone80.com](http://www.advocareone80.com) to register for the competition and upload four (4) “before” photos no later than 1/16/18
- **STEP/TWO: 12/26/17 – 4/3/18**
  - Purchase and use the complete AdvoCare ONE/80™ 3-part system
    - 24-Day Jumpstart™
    - 28-Day Optimize™
    - 28-Day Lifestyle™
    - Incorporate healthy eating habits and physical activity
- **STEP/THREE: 3/21/18 – 4/3/18:**
  - Share your transformation results and complete entry at [www.advocareone80.com](http://www.advocareone80.com)
    - Upload four (4) “after” photos
    - Complete a transformation essay
    - Provide preferred t-shirt size


### How many winners will be selected and what are the prizes?

#### GRAND PRIZE



## +\$25,000

Cash Prize




1 Year's Supply of Spark®      Cash Prize      IMPACT Magazine Feature

#### 2ND PRIZE

## \$10,000

+




Cash Prize      6-Month supply of Spark®

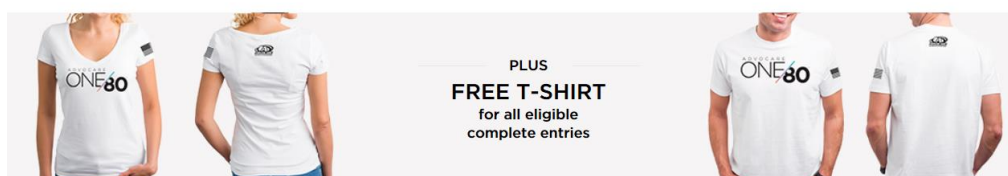
#### 3RD PRIZE

## \$5,000

+



Cash Prize      3-Month supply of Spark®



PLUS  
**FREE T-SHIRT**  
for all eligible  
complete entries

### Eligibility, Purchase Requirement, Official Rules and Frequently Asked Questions

The AdvoCare ONE/80™ Transformation Competition begins 12/26/17 at 8am ET and ends 4/3/18 at 11:59pm PT. Purchase and use of the complete AdvoCare ONE/80™ System and completed competition entry is required. See full rules for details on eligibility, competition requirements and prizes at [www.advocare.com](http://www.advocare.com) or [www.advocareone80.com](http://www.advocareone80.com). Legal residents of the U.S. and 18 years older at the time of entry. Void where prohibited.