



PLANT HARDINESS ZONE 5 DATASET

## **COVER CROP DESCRIPTION**

Excellent summer legume. Needs heat to grow well. Very heat and drought tolerant once established, deep taproot, tolerates low fertility. Some shade tolerance. Grows fast, good biomass and forage producer, high N fixation potential, good weed suppressor. Extrafloral nectaries key for beneficial insects. Some suppression for problem nematodes. Low reseeding and weed risk. Inoculate with appropriate Rhizobium spp.; cross-inoculates with peanut, sunn hemp. Many varieties available: use forage or cover crop cultivars, with bush types for short mixes, vine- or runner- types for tall mixes. Less predation by deer and woodchucks compared to soybeans.







Cowpea - Ackroyd [2020]



Cowpea - Salon [2020]

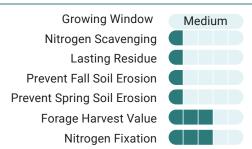


Cowpea - Ackroyd [2020]



Cowpea - Ackroyd [2020]

## **GOALS**



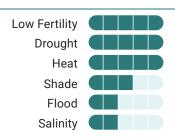
Penetrates Plow Pan **Reduces Surface Compaction** Improve Soil Organic Matter Increase Soil Aggregation **Good Grazing** Pollinator Food



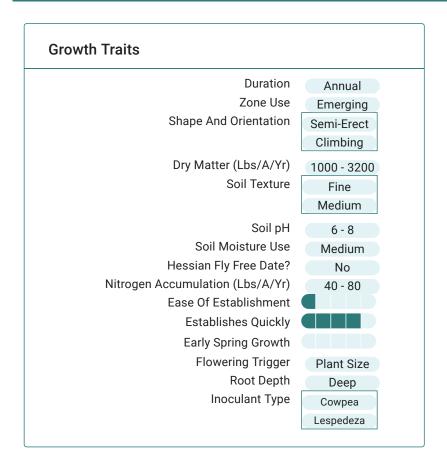
## **WEEDS**

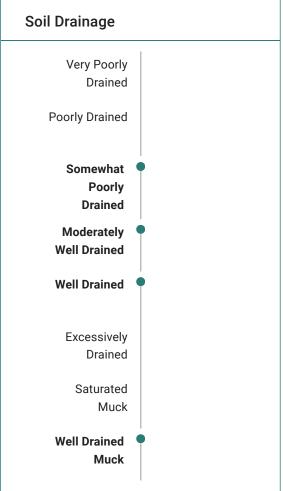
Residue Suppresses Summer Annual Weeds **Outcompetes Summer Annual Weeds** Suppresses Winter Annual Weeds Persistence Volunteer Establishment

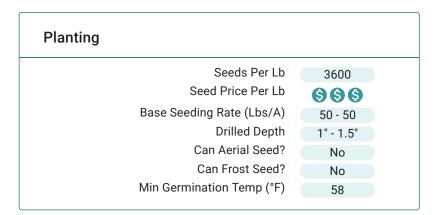
# **ENVIRONMENTAL TOLERANCES**

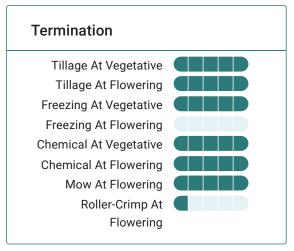


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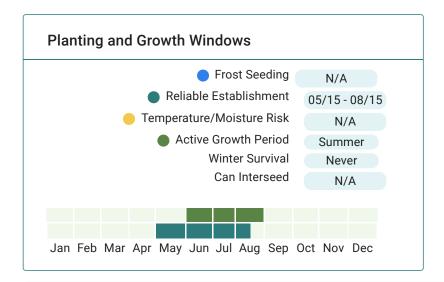








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## **Extended Comments**

Forage and Grazing: Grazers use in mixes as a summer rotational grazing crop. Good for forage harvest and grazing in areas with enough heat to allow it to put on biomass. Needs heat to suppress summer annual weeds, best in hardiness zones 5b and warmer.

Weeds: Less competitive against summer annual weeds in northern hardiness zones.

Pollinators: Has an extra-floral nectary that is attractive to pollinators and beneficial insects. Cowpea does not need to be in active flowering for pollinators to access this extra-floral nectary.

Nematodes: Host for sting and stubby root nematodes; moderately resistant to root-knot nematode.

## References & Resources

**Cover Crops and Green Manures**, University of Vermont Extension

Cover Crops and Green Manures (New England Vegetable Management Guide), University of Massachusetts Extension **Choosing Cover Crops**, University of Massachusetts Extension

**Using Green Manures**, Maine Organic Farmers and Gardeners Association