**Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Assessing use of Social Skills**

Understanding each other helps us to build healthy relationships.

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Yes**  **3** | **Almost**  **2** | **No**  **1** |
| **Respecting Others**  I am kind and respectful to others. |  |  |  |
| **Accepting Responsibility**  I take responsibility for my own actions  (I don’t blame others). |  |  |  |
| **Resolving Conflict**  I use problem solving strategies. |  |  |  |
| **Cooperating**  I cooperate and meet in the middle when my ideas are different from others. |  |  |  |
| **Adopting a variety of roles**  I can be a leader when I need to, but I also know how to let others take charge. |  |  |  |
| **Total:** |  |  |  |

|  |  |  |
| --- | --- | --- |
| **If I scored 13-15:**   * I am excelling. * I have a deep understanding of this skill. * I am exceptional at this skill. * I apply this skill to new situations. | **If I scored 10-12:**   * I am achieving. * I understand this skill. * I have a high level. of this skill. * I can apply this skill in most situations. | **If I scored 6-9:**   * I am developing. * I am developing my understanding of this skill. * I have an adequate level of this skill. * I sometimes need support. |