

Required textbook:<sup>[1]</sup>

Week	Date <sup>1</sup>	Study Content <sup>2</sup>	Assignments
WK01	Jan 22-28	Intro to Course & Survival Skills Ch01: The classification of motor skills	Read and study the Syllabus + Appendices Quiz
WK02	Jan 29-Feb 4	<b>Ch02: The Measurement of Motor Performance</b> <b>Ch03: Motor Abilities</b> Ch09: Attention Ch10: Memory Components, Forgetting, and Strategies	Quiz Quiz
WK03	Feb 5-11	Ch11: Defining and assessing learning Midterm	Quiz
WK04	Feb 12-18	Ch12: The stages of learning Ch13: Transfer of learning Ch14: Demonstration and verbal instructions	Quiz
WK05	Feb 19-25	Ch15: Augmented feedback	Quiz
WK07	Mar 4-10	Ch16: Practice variability	Quiz
WK08	Mar 11-17	Ch17: The amount & distribution of practice	Quiz
WK09	Mar 18-24	Ch18: Whole and part-practice	—
WK10	Mar 25-31		Quiz
WK11	Apr 1-7		Quiz
WK12	Apr 8-14		LT-Update 2
WK13	Apr 15-21		Quiz
WK14	Apr 22-28		Quiz
WK15	Apr 29-May 5		Quiz
WK16	May 6-12		LT-Update 3
Final's Week	May 11-17	Final Exam Finish and submit the reflection paper Record and submit the performance video (Refer to Appendices A, B, C)	Finish and submit assignments

<sup>1</sup>Section 18905 meets online (via Zoom) on Tuesdays AND on campus (Jacaranda 3510) on Thursdays from 12:30-1:45 p.m.

<sup>2</sup>Exams are not cumulative.

**i** Note

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1. Magill, R. A., & Anderson, D. (2020). *Motor learning and control: Concepts and applications*. McGraw-Hill Education. <https://bit.ly/37yiD7u>