

Required textbook:^[1]

| Week | Date ¹ | Study Content ² | Assignments |
|--------------|-------------------|--|--|
| WK01 | Aug 30 | Intro to Course & Survival Skills | Read and study the Syllabus + Appendices |
| WK02 | Sept 4, 6 | Ch01 - The classification of motor skills | Quiz |
| WK03 | Sept 11, 13 | Ch11: Defining and assessing learning | Quiz |
| WK04 | Sept 18, 20 | Ch12: The stages of learning | Quiz |
| WK05 | Sept 25, 27 | Ch14: Demonstration and verbal instructions | Quiz |
| WK06 | Oct 2, 4 | Exam 1 | LT-Update 1 |
| WK07 | Oct 9, 11 | Ch15: Augmented feedback | Quiz |
| WK08 | Oct 16, 18 | Ch16: Practice variability | Quiz |
| WK09 | Oct 23, 25 | Ch17: The amount & distribution of practice | Quiz |
| WK10 | Oct 30, Nov 1 | Ch18: Whole and part-practice | Quiz |
| WK11 | Nov 6, 8 | Exam 2 | LT-Update 2 |
| WK12 | Nov 13, 15 | Ch09: Attention | Quiz |
| WK13 | Nov 20, 22 | Ch10: Memory Components, Forgetting, and Strategies | Quiz |
| WK14 | Nov 27, 29 | Ch13: Transfer of learning | Quiz |
| WK15 | Dec 4, 6 | Exam 3 | Update 3 |
| WK16 | Dec 11 | LT Q&A | Via Zoom (link will be provided on Canvas) |
| Final's Week | Dec 12-18 | Finish and submit the reflection paper Record and submit the performance video Refer to Appendices A, B, C | Finish and submit assignments |

1. Magill, R. A., & Anderson, D. (2020). *Motor learning and control: Concepts and applications*. McGraw-Hill Education. <https://bit.ly/37yiD7u>

¹The dates do not apply to the fully online sections of KIN 377 I teach (19174, 19860, 20223).

²Exams are not cumulative.