## Required textbook: $^{[1]}$

Week	Date	Study Content	Assignments
WK1	May 30 - Jun 4	Intro to Course & Survival Skills	Read and study the Syllabus + Appendices
		Ch01 - The classification of motor skills	Quiz
WK2	Ju 5-11	Ch11: Defining and assessing learning	Quiz; Discussion 1
		Ch12: The stages of learning	Quiz; LT-Update 1
WK3	Jun 12-18	Ch14: Demonstration and verbal	Quiz; Discussion 2
		instructions	
		Ch15: Augmented feedback	Quiz
WK4	Jun 19-25	Ch16: Practice variability	Quiz
		Ch17: The amount & distribution of	Quiz;
		practice	LT-Update 2
WK5	Jun 26 - Jul 2	Ch18: Whole and part-practice	Quiz; Discussion 3
		Ch09: Attention	Quiz
WK6	Jul 3-11	Ch13: Transfer of learning	Quiz
		Finish and submit the reflection paper	Finish and submit
		Record and submit the performance video	assignments
		Refer to Appendices A, B, C	

<sup>1.</sup> Magill, R. A., & Anderson, D. (2020). Motor learning and control: Concepts and applications. McGraw-Hill Education. https://bit.ly/37yiD7u