

# KIN 377 - Motor Learning

## Activity 1 - Ch11

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### Purpose

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### Introduction

- You will need to create groups consisting of three students.
- You will receive a beanbag, a cone, and instructions for data collection.
- Each group member will take on one of three roles: Performer, Basket, or Note Taker.
- Each round will consist of 10 trials

### The task

- The performer will attempt to make 10 free throws using their non-dominant hand, aiming to shoot the beanbag into a cone held by a classmate.
- The Note Nater will score each successful attempt as 1 and unsuccessful attempts as 0.

### Data collection

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