

Required textbook:^[1]

Week	Date ¹	Study Content ²	Assignments
WK01	Jan 22-28	Intro to Course & Survival Skills	Read and study the Syllabus + Appendices
WK02	Jan 29-Feb 4	Ch01: The classification of motor skills	Quiz
WK03	Feb 5-11	Ch11: Defining and assessing learning	Quiz
WK04	Feb 12-18	Ch12: The stages of learning	Quiz
WK05	Feb 19-25	Ch14: Demonstration and verbal instructions	Quiz
WK06	Feb 26-Mar 3	Exam 1	LT-Update 1
WK07	Mar 4-10	Ch15: Augmented feedback	Quiz
WK08	Mar 11-17	Ch16: Practice variability	Quiz
WK09	Mar 18-24	Spring Break	–
WK10	Mar 25-31	Ch17: The amount & distribution of practice	Quiz
WK11	Apr 1-7	Ch18: Whole and part-practice	Quiz
WK12	Apr 8-14	Exam 2	LT-Update 2
WK13	Apr 15-21	Ch09: Attention	Quiz
WK14	Apr 22-28	Ch10: Memory Components, Forgetting, and Strategies	Quiz
WK15	Apr 29-May 5	Ch13: Transfer of learning	Quiz
WK16	May 6-12	Exam 3	LT-Update 3
Final's Week	May 11-17	Finish and submit the reflection paper Record and submit the performance video (Refer to Appendices A, B, C)	Finish and submit assignments

Note

Section 18905 meets online (via Zoom) on Tuesdays AND on campus (Jacaranda 3510) on Thursdays from 12:30-1:45 p.m.

1. Magill, R. A., & Anderson, D. (2020). *Motor learning and control: Concepts and applications*. McGraw-Hill Education. <https://bit.ly/37yiD7u>

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²Exams are not cumulative.