

Required textbook:<sup>[1]</sup>

Week	Date	Study Content	Assignments
WK01	Dec 26 - Jan 2	Intro to Course & Survival Skills Ch01 - The classification of motor skills Ch11: Defining and assessing learning Ch12: The stages of learning	Read and study the Syllabus + Appendices LT Update 1 Exam 1
WK02	Jan 2-9	Ch14: Demonstration and verbal instructions Ch15: Augmented feedback Ch16: Practice variability	LT Update 2 Exam 2
WK03	Jan 9-16	Ch17: The amount & distribution of practice Ch18: Whole and part-practice Ch09: Attention	LT Update 3 Take Exam 3
WK04	Jan 16-19	Finish and submit the reflection paper Record and submit the performance video Refer to Appendices A, B, C	Complete & Submit the LT assignments

1. Magill, R. A., & Anderson, D. (2016). *Motor Learning and Control: Concepts and Applications*. McGraw-Hill Education.