

Required textbook:^[1]

| Week | Date | Study Content | Assignments |
|------|----------------|--|---|
| WK1 | May 30 - Jun 4 | Intro to Course & Survival Skills | Read and study the Syllabus + Appendices |
| WK2 | Ju 5-11 | Ch01 - The classification of motor skills Ch11: Defining and assessing learning Ch12: The stages of learning | Quiz Quiz; Discussion 1 Quiz; LT-Update 1 |
| WK3 | Jun 12-18 | Ch14: Demonstration and verbal instructions Ch15: Augmented feedback | Quiz Quiz |
| WK4 | Jun 19-25 | Ch16: Practice variability Ch17: The amount & distribution of practice | Quiz; LT-Update 2 |
| WK5 | Jun 26 - Jul 2 | Ch18: Whole and part-practice Ch09: Attention | Quiz; Discussion 3 Quiz |
| WK6 | Jul 3-11 | Ch13: Transfer of learning Finish and submit the reflection paper Record and submit the performance video Refer to Appendices A, B, C | Quiz Finish and submit assignments |

1. Magill, R. A., & Anderson, D. (2020). *Motor learning and control: Concepts and applications*. McGraw-Hill Education. <https://bit.ly/37yiD7u>