

← back to syllabus












🖨 Print as PDF

📖 Textbook: Haywood & Getchell

Table 1: Course Sequence

Module	Date <sup>1</sup>	Topic <sup>2</sup>	Resources	Assignment <sup>3</sup>
01	08/29/22	Course Intro & Syllabus		Icebreaker Activity
	08/31/22 🗓			
02	09/05/22	Chapter 1: Fundamental Concepts	<a href="#">Slides</a> ; <a href="#">eFlashcards</a>	Quiz CH1; Major Takeaways CH1
	(no class)			
	09/07/22 🗓			
03	09/12/22 🗓	Chapter 2: Theoretical Perspectives	<a href="#">Slides</a> ; <a href="#">eFlashcards</a>	Quiz CH2; Major Takeaways CH2
	09/14/22 🗓			
04	09/19/22 🗓	Chapter 3: Principles of Motion and Stability	<a href="#">Slides</a> ; <a href="#">eFlashcards</a>	Quiz CH3; Major Takeaways CH3;
	09/21/22 🗓			<a href="#">Discussion 1 - Dev perspective</a>
05	09/26/22 🗓	Chapter 4: Early Motor Development	<a href="#">Slides</a> ; <a href="#">eFlashcards</a>	Quiz CH4; Major Takeaways CH4
	09/28/22 🗓			
06	10/03/22 🗓	Chapter 5: Development of Human Locomotion	<a href="#">Slides</a> ; <a href="#">eFlashcards</a>	Quiz CH5; Major Takeaways CH5
	10/05/22 🗓			
07 <sup>4</sup>	10/10/22 🗓	Chapter 6: Development of Ballistic Skills	<a href="#">Slides</a> ; <a href="#">eFlashcards</a>	Quiz CH6; Major Takeaways CH6;
	10/12/22 🗓	Chapter 7: Development of Manipulative Skills	<a href="#">Slides</a> ; <a href="#">eFlashcards</a>	Quiz CH7; Major Takeaways CH7
08	10/17/22 👤	Labs 1 and 2		
	10/19/22 👤			
	10/24/22	Exam 1		Study previously covered chapters
	🗓			
	10/26/22			
	🗓			
09	10/31/22 🗓	Chapter 8: Physical Growth, Maturation and Aging		Quiz CH8; Major Takeaways CH8;
	11/01/22 🗓			<a href="#">Discussion 2 - Gender</a>

<sup>4</sup>Note that for Module 7 you will be completing activities for both chapters 6 and 7. You will be required to submit separate assignments for each chapter.

Module	Date	Topic	Resources	Assignment
10	11/07/22  11/09/22 	Chapter 9: Development and Aging of Body Systems 5.1 Skeletal System 5.2 Adipose System 5.3 Nervous System		Quiz CH9; Major Takeaways CH9
11	11/14/22  11/16/22 	Chapter 11: Development of Strength and Flexibility		Quiz CH11; Major Takeaways CH11
12	11/21/22  11/23/22 	Chapter 12: Weight Status, Fitness, and Motor Competence		Quiz CH12; Major Takeaways CH12; <a href="#">Discussion 3 - FMS/PA</a>
13	11/28/22  11/30/22 	Chapter 15: Social and Cultural Constraints in Motor Development		Quiz CH15; Major Takeaways CH15
14	12/05/22  12/07/22   12/14/22  8-10 am	Chapter 16: Psychosocial Constraints in Motor Development  <b>Exam 2</b>		Quiz CH16; Major Takeaways CH16  Study previously covered chapters following Exam 1

 Online Meeting via Zoom

 In-Person Meeting (RE 278)

<sup>1</sup>Class Dates: Aug 29, 2022 - Dec 12, 2022

<sup>2</sup>Students are expected to read and study the assigned chapters prior to attending each class meeting.

<sup>3</sup>Quizzes and Discussions are due Sunday 11:59 pm. (**after** the content is covered). Major takeaways are due on Monday (**before** the content is covered). Refer to the [syllabus](#) for assignments detailed information.