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                                                   https://ulriklyngs.com

Research summary

Aims—to develop and evaluate design patterns that help people self-regulate their use of smartphones and laptops.
Methods—controlled studies, user surveys, interviews, co-design workshops, web scraping, behaviour logging.

I am passionate about open and transparent research. Since 2018, I have shared materials, analysis scripts, and data for all my first-authored work, and written my papers as reproducible documents in R Markdown[1].

Research positions

Education

2004 — 4000	**Ph.D. In Human Motor Behavior**, University of Pittsburgh Advisor: Jere D. Gallagher Thesis: Development and initial validation of the Furtado-Gallagher Computerized Observational Movement Pattern Assessment System - FG-COMPASS
2020 — 2013	**M.S. In Human Motor Behavior**, University of Pittsburgh Advisor: Jere D. Gallagher Thesis: Furtado-Gallagher movement skill assessment: collecting evidence for content-related validity
2020 — 2011	**B.A. in Kinesiology**, Federal University of Parana - Brazil Advisor: Wagner Campos[2] NA

Major grants and funding

2023 — 2024	**EPSRC Impact Acceleration Account**[3] (~£74k), Preparing the Reduce Digital Distraction (ReDD) Workshop for Impact across the UK higher education sector
2021 — 2023	**Carlsberg Foundation Visiting Fellowship at University of Oxford**[4] (DKK 700,000 (~£80k)), Understanding Personal Digital Self-Control Struggles and Appropriate Interventions
2020	**van Houten Fund**[5] (~£12k), The Reducing Digital Distraction (ReDD) Workshop for Oxford University students. Supervisor: Maureen Freed.

| 2019 — 2020 | **EPSRC Doctoral Prize**[6] (~£28k), Supporting End-User Autonomy Over Digital Device Use.
Supervisor: Nigel Shadbolt. Mentor: Max Van Kleek. |

Awards & honours

2020	**Winner of the 2020 Oxford Three Minute Thesis competition**[7], Mathematical, Physical and Life Sciences Division, University of Oxford
	Commendation Certificate for the Reducing Digital Distraction Workshop, MPLS Impact Awards[8], University of Oxford
2019	**Best Talk Award**, 2019 Oxford Computer Science Conference, University of Oxford
	Best Paper Honorable Mention Award for "Self-Control in Cyberspace...", CHI'19: ACM Conference on Human Factors in Computing Systems
2018	**Best Paper Award for "Third party tracking..."**, WebSci'18: ACM Conference on Web Science, Amsterdam
2017	**DOMUS Prize for Outstanding Research Communication**, Linacre College, University of Oxford

Publications

Conference publications
(fully reviewed, archival)

In computer science, top-tier conferences (<30% acceptance rate) are as, or more impactful than journals, see doi.org/fgjt2h

2023	C7	**SwitchTube: A Proof-of-Concept System Introducing "Adaptable Commitment Interfaces" as a Tool for Digital Wellbeing** K. Lukoff, *U. Lyngs*, H. Zade, V. Liao, J. Choi, K. Fan, S. Munson, A. Hiniker CHI'23ACM Conference on Human Factors in Computing Systems
2021	C6	**How the Design of YouTube Influences User Sense of Agency** K. Lukoff, *U. Lyngs*, H. Zade, V. Liao, J. Choi, K. Fan, S. Munson, A. Hiniker CHI'21ACM Conference on Human Factors in Computing Systems
2020	C5	**From Ancient Contemplative Practice to the App Store: Designing a Digital Container for Mindfulness** K. Lukoff, *U. Lyngs*, S. Gueorguieva, E. S. Dillman, A. Hiniker, S. A. Munson DIS'20ACM conference on Designing Interactive Systems
	C4	**"I Just Want to Hack Myself to Not Get Distracted": Evaluating Design Interventions for Self-Control on Facebook** *U. Lyngs*, K. Lukoff, P. Slovak, W. Seymour, H. Webb, M. Jirotka, J. Zhao, M. Van Kleek, N. Shadbolt CHI'20ACM Conference on Human Factors in Computing Systems
2019	C3	**Self-Control in Cyberspace: Applying Dual Systems Theory to a Review of Digital Self-Control Tools** *U. Lyngs*, K. Lukoff, P. Slovak, R. Binns, A. Slack, M. Inzlicht, M. Van Kleek, N. Shadbolt CHI'19ACM Conference on Human Factors in Computing Systems 🏅 Best paper honourable mention (top 5%)

2018	C2	**Third party tracking in the mobile ecosystem**
		R. Binns, *U. Lyngs*, M. Van Kleek, J. Zhao, T. Libert, N. Shadbolt
		WebSci'18ACM Web Science Conference
		🏆 Best paper award (top 2 papers)
	C1	**"It's Reducing a Human Being to a Percentage": Perceptions of Justice in Algorithmic Decisions**
		R. Binns, M. Van Kleek, M. Veale, *U. Lyngs*, J. Zhao, N. Shadbolt
		CHI'18ACM Conference on Human Factors in Computing Systems

Journal articles (fully reviewed, archival)

2022	J4	**The Goldilocks Level of Support: Using User Reviews, Ratings, and Installation Numbers to Investigate Digital Self-Control Tools**
		U. Lyngs, K. Lukoff, L. Csuka, P. Slovák, M. Van Kleek, N. Shadbolt
		IJHCSInternational Journal of Human-Computer Studies, 166
2021	J3	**Before and after GDPR: tracking in mobile apps**
		K. Kollnig, R. Binns, M. Van Kleek, J. Zhao, *U. Lyngs*, C. Tinsman, N. Shadbolt
		NAInternet Policy Review, 10(4)
	J2	**Designing for Youth-Centered Moderation and Community Governance in Minecraft**
		K. Salen Tekinbaş, K. Jagannath, *U. Lyngs*, P. Slovák
		TOCHIACM Transactions on Computer-Human Interaction, 28(4)
2016	J1	**Hearing in Colour: How Expectations Distort Perception of Skin Tone**
		U. Lyngs, E. Cohen, W. Hattori, M. Newson, D. Levin
		JEP:HPPJournal of Experimental Psychology: Human Perception and Performance, 42(12), 2068-2076

Book chapters

2021	B1	**Robot Accident Investigation: a case study in Responsible Robotics**
		A. F.T. Winfield, K. Winkle, H. Webb, *U. Lyngs*, M. Jirotka, C. Macrae
		Springer: Software Engineering for Robotics9, Cavalcanti et al. (eds.), pp. 165-187

Extended abstracts and workshop papers

(lightly reviewed)

2022	A11	**Leveraging Self-Regulation Research When Designing for Digital Wellbeing**
		U. Lyngs, K. Lukoff
		AVI'22 Workshop *Designing for Meaningful Interactions and Digital Wellbeing*, International Conference on Advanced Visual Interfaces
	A10	**Designing to Support Autonomy and Reduce Psychological Reactance in Digital Self-Control Tools**
		K. Lukoff, *U. Lyngs*, L. Alberts
		CHI'22 Workshop *Self-Determination Theory in HCI: Shaping a Research Agenda*, ACM CHI Conference on Human Factors in Computing Systems

2020	A09	**The ReDD Workshop: A Template for Supporting People in Regaining Control Over Digital Device Use**
		U. Lyngs, M. Freed, K. Lukoff, P. Slovak, M. Van Kleek
		CHI'20 Workshop *Rethinking Mental Health Resources*, ACM Conference on Human Factors in Computing Systems
	A08	**Further Exploring Communal Technology Use in Smart Homes: Social Expectations**
		M. Kraemer, *U. Lyngs*, H. Webb, I. Flechais
		CHI'20 EA ACM Conference on Human Factors in Computing Systems
	A07	**"What Could Possibly Go Wrong?" Logging HRI Data for Robot Accident Investigations**
		K. Winkle, M. Jirotka, *U. Lyngs*, C. Macrae, H. Webb, A. Winfield
		HRI'20 Companion ACM/IEEE International Conference on Human-Robot Interaction
2019	A06	**Putting Self-Control at the Centre of Digital Wellbeing**
		U. Lyngs
		CHI'19 Workshop *Designing for Digital Wellbeing*, ACM Conference on Human Factors in Computing Systems
2018	A05	**So, Tell Me What Users Want, What They Really, Really Want!**
		U. Lyngs, R. Binns, M. Van Kleek, N. Shadbolt
		CHI'18 EA (alt.chi) ACM Conference on Human Factors in Computing Systems
	A04	**A Cognitive Design Space for Supporting Self-Regulation of ICT Use**
		U. Lyngs
		CHI'18 EA ACM Conference on Human Factors in Computing Systems
2017	A03	**'It's More Fun With My Phone': A Replication Study of Cell Phone Presence and Task Performance**
		U. Lyngs
		CHI'17 EA ACM Conference on Human Factors in Computing Systems
	A02	**'It's More Fun With My Phone': A Replication Study of Cell Phone Presence and Task Performance**
		U. Lyngs, R. McKay
		CogSci'17 39th Annual Conference of the Cognitive Science Society
	A01	**Curiosity, ICTs, and Attention Management**
		U. Lyngs
		CHI'17 Workshop *Designing for Curiosity: An Interdisciplinary Workshop*10, ACM Conference on Human Factors in Computing Systems

Publicly available research code & data

2022		**Data, materials, and analysis for "The Goldilocks Level of Support…" [J4]**
		Ulrik Lyngs, Kai Lukoff, Laura Csuka, Petr Slovák, Max Van Kleek, Nigel Shadbolt
		https://osf.io/cdqub/
2021		**Data, materials, and analysis for "Before and after GDPR…" [J3]**
		Konrad Kollnig, Reuben Binns, Max Van Kleek, Jun Zhao, Ulrik Lyngs, Claudine Tinsman, Nigel Shadbolt
		https://osf.io/35xps/
		Data, materials, and analyses for my DPhil thesis "Ulysses in Cyberspace…"
		Ulrik Lyngs
		https://osf.io/ed3wh/

2020	**Data, materials, and analysis for "'I Just Want to Hack Myself…" [C4]** Ulrik Lyngs, Kai Lukoff, Petr Slovak, William Seymour, Helena Webb, Marina Jirotka, Jun Zhao, Max Van Kleek, Nigel Shadbolt https://osf.io/qtg7h/
2019	**Data, materials, and analysis for "Self-Control in Cyberspace…" [C3]** Ulrik Lyngs, Kai Lukoff, Petr Slovak, Reuben Binns, Adam Slack, Michael Inzlicht, Max Van Kleek, Nigel Shadbolt https://osf.io/zyj4h/
2018	**Data and analysis for "Third party tracking…" [C2]** Reuben Binns, Ulrik Lyngs, Max Van Kleek, Jun Zhao, Timothy Libert, Nigel Shadbolt https://osf.io/4nu9e/

Research dissemination

Press

2021	**Danish radio program 'Kortsluttet' (*short-circuited*) on P1**, Interviewed in the episode 'Død over digitale distraktioner'[11] (P1)
2018	**Financial Times[12], BBC[13], The Times[14], Business Insider[15], and more**, Our paper "Third Party Tracking in the Mobile Ecosystem" covered in the media

Podcasts

2021	Pod2	**Brainstorm podcast (Danish)[16]**, Slip nu den telefon! Fire gode råd til at undgå tidsrøvende distraktioner på nettet (*Let go of that phone! Four pieces of good advice for avoiding time-wasting distractions on the web*)
2020	Pod1	**University of Oxford Podcasts[17]**, Your Digital Life During Lockdown

Talks

All first-authored conference publications listed above were also presented as talks at their respective conferences and are not listed again in this section.

2023	T42	**Brave Software, Inc., Research team reading group** Self-Control in Cyberspace (and browsers as guardians of freedom)
	T41	**University of Oxford, Netra Tantra Seminar**, Oxford Centre for Hindu Studies Digital Humanities and Hindu Studies: Building a Śākta Database
	T40	**University of Oxford, DPhil research workshop, Human Centred Computing[18]**, Dept. of Computer Science Open and Transparent Research: Why Bother and What To Do
	T39	**Barnes Philosophy Club[19]**, London Freedom in the Digital World: Tools of Resistance in the Battle for Online Attention
2022	T38	**Kynapse[20]**, Paris, France Self-Control in Cyberspace

	T37	**AVI'22: International Conference on Advanced Visual Interfaces, Designing for Meaningful Interactions and Digital Wellbeing workshop**[21], Rome, Italy
		Leveraging Self-Regulation Research When Designing for Digital Wellbeing
	T36	**Goodenough College & University of Oxford, Colloquium on AI and Regulation**, Venice, Italy
		Self-Control in Cyberspace: The Attentional Challenges of Computing Technology
2021	T35	**University of Oxford**, Reproducible Research Oxford[22]
		Reproducible academic papers with R Markdown, RStudio, Zotero, Google Docs, and LaTeX templates[23]
	T34	**University of Oxford, Human Centred Computing**[24], Dept. of Computer Science
		"Where has my cognitive prime time gone?" Understanding digital self-control struggles and appropriate interventions
	T33	**University of Copenhagen, International Seminar organised by the DISTRACT**[25] **project:** *Studying the Digital Backlash*, Copenhagen Center for Social Data Science
		"Where has my cognitive prime time gone?" Understanding digital self-control struggles and appropriate interventions
	T32	**KulturRummet Thy, Thy 360**[26]**, local event**, Thisted Library, Denmark
		Selvkontrol i cyberspace *(Self-control in cyberspace)*
	T31	**University of Copenhagen, DISTRACT**[27] **project**, Copenhagen Center for Social Data Science
		The Reducing Digital Distraction workshop as research tool: methods and preliminary results
	T30	**University of Copenhagen, Human-Centred Computing Section**[28], Dept. of Computer Science
		Reproducible and Replicable Research
	T29	**University of Oxford, Human Centred Computing**[29], Dept. of Computer Science
		R Markdown in 7 Minutes
	T28	**University of Oxford, Human Centred Computing**[30], Dept. of Computer Science
		Reproducible and Replicable Research
2020	T27	**University of Oxford, Guest lecture in Interaction Design (IDE)**[31], Dept. of Computer Science
		Ulysses in Cyberspace: The Theory and Practice of Digital Self-Control
	T26	**University of Copenhagen, DISTRACT**[32], Copenhagen Center for Social Data Science
		Self-Control in Cyberspace: Examining Tools of Resistance in the Battle for Online Attention
	T25	**University of Copenhagen, COINACT**[33], Institute of Psychology
		Cognitive Control in Cyberspace
	T24	**University of Oxford, Seminars at Linacre College**[34]
		'I Just Want to Hack Myself to Not Get Distracted': Do Design Interventions for Self-Control on Facebook Work?

T23	**University of Oxford**, Oxford Centre for Hindu Studies, online lecture series (6 videos)[35] for a general audience
	What Can Digital Humanities Offer Hindu Studies?
T22	**University of Oxford, Śākta traditions project**[36], Oxford Centre for Hindu Studies
	Deus ex Machina: What Can Digital Humanities Offer Hindu Studies?
T21	**University of Washington, Design. Use. Build. (DUB) alliance**[37]
	'I Just Want to Hack Myself to Not Get Distracted': Evaluating Design Interventions for Self-Control on Facebook
T20	**Google, Digital Wellbeing**[38]
	Digital Wellbeing in Practice: Designing for Digital Self-Control
T19	**University of Copenhagen, Human-Centred Computing Section**[39], Dept. of Computer Science
	Digital Wellbeing in Practice: Examining the Effectiveness of Digital Self-Control Strategies
T18	**University of Oxford, Digital Ethnography Group (OxDEG)**[40], Oxford Internet Institute
	Digital Wellbeing in Practice: Examining the Effectiveness of Digital Self-Control Strategies

2019

T17	**University of Oxford, R user group Oxford**[41], St. Peter's College
	Reproducible research with R Markdown, featuring article and PhD thesis writing
T16	**Indian Institute of Technology (IIT) Bombay, Best of CHI2019**, Mumbai (videolink)
	Q&A: Self-Control in Cyberspace
T15	**University of Oxford, 2019 Oxford Computer Science Conference**[42], Dept. of Computer Science
	Self-Control in Cyberspace: Applying Dual Systems Theory to a Review of Digital Self-Control Tools
T14	**University of Oxford, Workshop for new DPhil (PhD) students**, Dept. of Computer Science
	"Owning" Your DPhil
T13	**2019 CHI Conference on Human Factors in Computing Systems, Designing for Digital Wellbeing Workshop**[43], Glasgow, UK
	Putting Self-Control at the Centre of Digital Wellbeing

2018

T12	**BBC, Conference on AI, Society & the Media**, BBC Radio Theatre, New Broadcasting House, London
	So, Tell Me What Users Want, What They Really, Really Want!
T11	**UnBias**[44] **Hackathon, CodeBase**, Edinburgh
	Hacking the Attention Economy
T10	**University of Oxford, Human Centred Computing**[45], Dept. of Computer Science
	Evaluating Anti-Distraction Browser Extensions for Facebook

2017

| T09 | **PubhD**[46]**, science communication and pints**, St Aldate's Tavern, Oxford |
| | How to Build Minimally-Distracting Technology |

	T08	**University of Oxford, SOCIAM: The Theory and Practice of Social Machines**[47] **project meeting**, Jesus College
		Distraction and Self-Regulation in Social Machines
	T07	**University of Oxford, DOMUS Research Communication Competition**, Linacre College
		Ulysses in Cyberspace: How Anti-Distraction Apps Can Guide Digital Design
	T06	**University of Oxford, 2017 Oxford Computer Science Conference**[48], Dept. of Computer Science
		ICTs and Attention Management: Evaluating the Emerging Anti-Distraction Market
	T05	**University of Oxford, Human Centred Computing**[49] **workshop:** *Being Responsible in Research: Opportunities and Challenges* **workshop**, Dept. of Computer Science
		Battle of the Social Machines: Attention Management in the Information Age
	T04	**SOCIAM: The Theory and Practice of Social Machines**[50], project meeting at Brockenhurst, UK
		Attention Management in the Information Age
2015	T03	**Aarhus University, Religion, Cognition and Culture**[51] **research unit**, Institute of Culture and Society
		Religion: A Culturally Evolved Tool for Self-Control
2014	T02	**26th Annual Human Behavior and Evolution Society Conference**[52]**, Natal, Brazil**
		Fundamental Motivations and Risk-Taking: Loss Aversion in Context
2012	T01	**Homo Experimentalis: Experimental Approaches in The Study of Religion**[53]**, Brno, Czech Republic**
		Effort, Loss Aversion and Religion

Discussion panels

2021	D3	**Roundtable discussion on mental health during the COVID pandemic**, Coping with Isolation and Loneliness - a Conversation,
2019	D2	**Futures Thinking Conference**[54], Psychology and Futurity, roundtable discussion on mental health
	D1	**2019 Oxford Computer Science Conference**[55], Computing Everything? The Limits of Algorithmic Learning, moderated panel discussion with Richard Evans (Deepmind), Peter Millican, Hao Ni, and Luba Elliott

Poster presentations

2018	P7	**University of Oxford, Connected Life Conference 2018**[56], Oxford Internet Institute
		What the Anti-Distraction Market Tells Us About Digital Technology and Self-Regulation
	P6	**2018 CHI Conference on Human Factors in Computing Systems, 3rd Symposium on Computing and Mental Health**[57]**, Montreal, Canada**
		A Cognitive Design Space for Supporting Self-Regulation of ICT Use

	P4	**University of Oxford, Connected Life Conference 2017**[59], Oxford Internet Institute
		Ulysses in Cyberspace: Evaluating the Anti-Distraction Market
	P3	**2017 CHI Conference on Human Factors in Computing Systems, Designing for Curiosity Workshop**[60], Denver, Colorado
		Curiosity, ICTs and Attention Management: Evaluating the Emerging Anti-Distraction Market
2014	P2	**Central European University, Morality: Evolutionary Origins and Cognitive Mechanisms**[61], Budapest
		Wild Cooperation: Studying Real-World Reciprocity Using Couchsurfing.org
2011	P1	**33rd Annual Conference of the Cognitive Science Society**[62], Boston, MA
		Priming Effects of Religious Concepts on Moral Judgment – Between Mean Values and Variation

Blog posts

2021	B10	**ulriklyngs.com**, How to Adapt Any LaTeX Template for Use With R Markdown in Four Steps[63]
2019	B09	**UX Collective (Medium)**, 367 Tools of Resistance in the Battle for Online Attention[64]
	B08	**ulriklyngs.com**, How to Use Pandoc Filters for Advanced Customisation of Your R Markdown Documents[65]
	B07	**ulriklyngs.com**, How to Create New Chunk Options in R Markdown[66]
2018	B06	**ulriklyngs.com**, How to Build Safari App Extensions[67]
	B05	**ulriklyngs.com**, R packages for CHI papers with R Markdown[68]
	B04	**ulriklyngs.com**, How to Write ACM Articles with R Markdown[69]
2017	B03	**Connected Life Conference 2017**, Ulysses in Cyberspace[70]
	B02	**ulriklyngs.com**, Making Statistics Make Sense[71]
2016	B01	**ulriklyngs.com**, Digging Science Out of a Hole: The Reproducibility Index[72]

Teaching experience

2021		**Instructor, Reproducible research with R Markdown**[73], Oxford|Berlin Summer School on Open Research[74]
		25 early career researchers (MSc, PhD, and postdocs). Taught a 2-hour workshop on workflows for reproducible data analysis and paper writing
2020 — 2020		**Teaching assistant, Big Data Analytics**[75], Oxford Internet Institute, University of Oxford
		20 master's students. Taught the practical part of the class on analysing and visualising non-normally distributed data in R and RStudio
2019		**Instructor, Reproducible research with R Markdown**[76], TIER Faculty Development Workshop[77], St. Anne's College, University of Oxford
		20 staff and faculty from research institutions across Europe. Developed and taught a 2-day master class in reproducible research

2013 — 2013	**Teacher, Introduction to Evolutionary Psychology**, Oxbridge International Summer School[78] 10 high school students. Organised and taught a 2-week course with group and individual tutorials
2010 — 2011	**Teaching assistant, Philosophy, theory of science, and university history**, Dept. for the Study of Religion, Aarhus University 20 undergraduate students. Taught a weekly supplementary seminar to the main lecture series

Software

R packages

2019 — present	`oxforddown`[79], for reproducible thesis writing in R Markdown, formatted with a traditional University of Oxford LaTeX template
2019 — present	`pagedown-cv`[80], for dynamically generating a curriculum vitae from data held in a spreadsheet into a variety of output formats, using R Markdown and the `pagedown` R package
2018 — 2020	`chi-2021-rmd-template`[81], `chi20-papers-rmarkdown`[82], `chi-proc-rmd-template`[83] & `chi-ea-template`[84], for writing reproducible submissions in R Markdown to the ACM CHI conference

Apps

2021 — present	**Newsfeed toggle for Facebook**[85], browser extension that hides distracting UI elements on Facebook in the Safari browser on Mac and iOS
2019 — present	**"No Distractions" for YouTube**[86], browser extension that hides distracting UI elements on YouTube in the Safari browser on Mac and iOS
2019 — present	**HighlightAds for Google Search**[87], browser extension that adds a background color to search results on Google that are ads in the Safari browser on Mac
2019 — present	**"No Distractions" for Twitter**[88], browser extension that hides distracting UI elements on Twitter in the Safari browser on Mac

Service

2016 — present	**Reviewer** ACM Transactions on Computer-Human Interaction (TOCHI)[89], ACM CHI Conference[90], Computer-Supported Cooperative Work and Social Computing[91], International Journal of Human-Computer Studies[92]
2018 — 2020	**Steering group member** Transparent Statistics in Human-Computer Interaction[93]
2017 — 2018	**President of the Computer Science Graduate Society (CoGS)** Dept. of Computer Science, University of Oxford
2018 — 2018	**Main conference organiser and General Chair** Oxford Computer Science Conference 2018, Dept. of Computer Science, University of Oxford
2016 — 2017	**DPhil representative in the Computer Science Graduate Society (CoGS)** Dept. of Computer Science, University of Oxford

| 2012 — 2016 | **Executive committee member in the London Evolutionary Research Network**[94] **(LERN)** London, UK |
| 2008 — 2012 | **Chairman of the Society for the Study of Religion (RvF)**[95] Dept. for the Study of Religion, Aarhus University |

Selected work experience

2020 — present	**Data Scientist and Digital Humanities Consultant**, Śākta Traditions[96], Oxford Centre for Hindu Studies, University of Oxford I provide practical support and consultancy on natural language processing methods for analysis and visualisation of large text corpora, using reproducible workflows in R Markdown.
2019 — 2020	**Research Assistant**, RoboTIPS: Developing Responsible Robots for the Digital Economy[97] Developed accident scenarios and investigation processes to inform responsible innovation in social robotics, with researchers at the Dept. of Computer Science in Oxford (lead: Prof. Marina Jirotka), and the Bristol Robotics Facility (lead: Prof. Alan Winfield).
2017 — 2019	**Web developer**, Dept. of Computer Science, University of Oxford: SOCIAM: The Theory and Practice of Social Machines[98] Built sociam.org[99], which archives outputs of a 5.5 year EPSCR research project involving 55+ researchers, 40+ projects, and 400+ publications. Developed from scratch in Drupal 7, assisted by two summer interns. Ongoing maintenance, feature development, and content curation.
2017 — 2019	**Bartender**, Linacre College, University of Oxford
2013 — 2016	**Festival Producer and Manager**, Institute of Art and Ideas[100], London Generated ideas and wrote programme copy for 250+ panel debates for the internationally renowned philosophy and music festival HowTheLightGetsIn[101]; interviewed (600+) and booked (150+) speakers, including Cory Doctorow, Aubrey de Grey, and Simon Baron-Cohen; led and managed a research team division of two full-time staff plus a music team of three full-time staff.

Professional development

2022 — 2022	**Invited participant to Dagstuhl Seminar on** *Transparent Quantitative Research as a User Interface Problem*, Schloss Dagstuhl[102], Germany
2018	**Invited participant to the Global Dialogue for Happiness**, World Government Summit[103], Dubai
2017 — 2017	**Leading for Impact**[104] **fellow**, 4-month leadership training programme at Saïd Business School, University of Oxford

Minor grants and funding

| 2023 | **Junior Research Fellow Grant, Lucy Halsall Fund**[105] (£384), Support towards routine research expenses (software, subscriptions, and professional memberships) |
| 2022 | **Junior Research Fellow Grant, Lucy Halsall Fund**[106] (£500), US research travel: visit to Human Centered Design & Engineering[107], UW, Seattle; participation in CHI'22[108], New Orleans, Louisiana |

2021	**Junior Research Fellow Grant, Lucy Halsall Fund**[109] (£292), Initial validation of measures for digital self-control
2018	**Student Research Competition Grant** ($500), CHI'18: ACM Conference on Human Factors in Computing Systems
2017	**Workshop Travel Grant** (€400), Designing for Curiosity, CHI'17: ACM Conference on Human Factors in Computing Systems
	Student Research Competition Grant ($500), CHI'17: ACM Conference on Human Factors in Computing Systems
2013	**Lienhard & Bagby Research Grant** (£1,000), Institute of Social & Cultural Anthropology, University of Oxford
2008	**Summer School Scholarship** (~€1000), University of Helsinki
	Undergraduate Travel Grant (DKK 1200), Aarhus University

Personal skills & volunteering

2017 — present	**Founding Band Member**, The Karaoke Collective[110] Inventor, MC, keyboard player, and drummer; the KC blends the fun of karaoke with the magic of a live band.
2017 — 2019	**Computer Science Ambassador**, Dept. of Computer Science, University of Oxford I gave regular talks about my group's and my personal research to 14-18 year old students from schools in the UK visiting the Dept. of Computer Science
2017 — 2019	**Steering committee member, Oxford Scandinavian Society**, Co-organiser of 'sittnings' (traditional Scandinavian dinner- and drinking parties), movie nights, summer BBQs and more. Webmaster at oxfordscandinavian.com
2017 — 2017	**Head of Entertainment, Linacre College Ball**, Planned, contracted, and produced 15+ acts, including a 30-piece swing band, funk orchestra, live karaoke, glitter fairy, space hopper race, treasure hunt and drumming DJ
2013 — 2016	**Interview Coach**, Oxbridge Interviews, Oxfizz[111] Provided interview training to 30+ teenagers from families not traditionally going to university wishing to apply to Oxford or Cambridge

Links

1. https://rmarkdown.rstudio.com↵

2. https://bit.ly/3GydXkK↵

3. https://www.mpls.ox.ac.uk/research-funding/impact-and-innovation/iaa↵

4. https://www.carlsbergfondet.dk/da/Forskningsaktiviteter/Bevillingsstatistik/Bevillingsoversigt/CF20_0678_Ulrik-Lyngs↵

5. https://governance.admin.ox.ac.uk/van-houten-fund↵

6. https://epsrc.ukri.org/skills/students/dta/doctoralprize/↵

7. https://www.ox.ac.uk/students/three-minute-thesis-competition↵

8. https://www.mpls.ox.ac.uk/news/mpls-impact-awards-2020-winners-announced-at-winter-reception↵

9. https://link.springer.com/book/10.1007/978-3-030-66494-7↵

10. https://dl.acm.org/doi/10.1145/3027063.3027064↵

11. https://www.dr.dk/radio/p1/kortsluttet/kortsluttet-62?fbclid=iwar2cnu58gu19ym6m0zv48z2tcwqni56xsxmiszkkuqne9efjqwg8w4zgylw↵

12. https://ig.ft.com/mobile-app-data-trackers/↵

13. https://www.bbc.co.uk/news/technology-45952466↵

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