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Textbook:^[1]

Table 1: Course Sequence

Module	Date ¹	Topic ²	Resources ³	Assignment ⁴
01	08/29/22	Course Intro &		Icebreaker
	08/31/22	Syllabus		Activity
02	09/05/22	Chapter 1:	Slides ;	Quiz CH1;
	(no class)	Fundamental	eFlash-	Major
	09/07/22	Concepts	cards	Takeaways CH1
03	09/12/22	Chapter 2:	Slides ;	Quiz CH2;
	09/14/22	Theoretical	eFlash-	Major
		Perspectives	cards	Takeaways CH2
04	09/19/22	Chapter 3: Principles	Slides ;	Quiz CH3;
	09/21/22	of Motion and	eFlash-	Major
		Stability	cards	Takeaways CH3;
				Discussion 1 -
				Dev perspective
05	09/26/22	Chapter 4: Early	Slides ;	Quiz CH4;
	09/28/22	Motor Development	eFlash-	Major
			cards	Takeaways CH4
06	10/03/22	Chapter 5:	Slides ;	Quiz CH5;
	10/05/22	Development of	eFlash-	Major
		Human Locomotion	cards	Takeaways CH5
07 ⁵	10/10/22	Chapter 6:	Slides ;	Quiz CH6;
	10/12/22	Development of	eFlash-	Major
		Ballistic Skills	cards	Takeaways CH6;
		Chapter 7:	Slides ;	Quiz CH7;
		Development of	eFlash-	Major
		Manipulative Skills	cards	Takeaways CH7
08	10/17/22	Labs 1 and 2		
	10/19/22			
	10/24/22	Exam 1		Study
	10/26/22			previously
				covered
				chapters

⁵Note that for Module 7 you will be completing activities for both chapters 6 and 7. You will be required to submit separate assignments for each chapter.

Module	Date	Topic	Resources	Assignment
09	10/31/22 11/01/22	Chapter 8: Physical Growth, Maturation and Aging	Slides; eFlash-cards	Quiz CH8; Major Takeaways CH8; Discussion 2 - Gender
10	11/07/22 11/09/22	Chapter 9: Development and Aging of Body Systems	Slides; eFlash-cards	Quiz CH9; Major Takeaways CH9
11	11/14/22 11/16/22	Chapter 11: Development of Strength and Flexibility	Slides	Quiz CH11; Major Takeaways CH11
12	11/21/22 11/23/22	Chapter 12: Weight Status, Fitness, and Motor Competence	Slides	Quiz CH12; Major Takeaways CH12; Discussion 3 - FMS/PA
13	11/28/22 11/30/22	Chapter 15: Social and Cultural Constraints in Motor Development	Slides	Quiz CH15; Major Takeaways CH15
14	12/05/22 12/07/22 12/14/22	Chapter 16: Psychosocial Constraints in Motor Development Exam 2 - 8-10 am	Slides	Quiz CH16; Major Takeaways CH16 Study previously covered chapters following Exam 1

Online Meeting via Zoom

¹Class Dates: Aug 29, 2022 - Dec 12, 2022

²Students are expected to read and study the assigned chapters prior to attending each class meeting.

³The password to view the slides is provided in Canvas.

⁴Quizzes and Discussions are due Sunday 11:59 pm. (**after** the content is covered). Major takeaways are due on Monday (**before** the content is covered). Refer to the [syllabus](#) for assignments detailed information.

In-Person Meeting (RE 278)

1. Haywood, K. M., & Getchell, N. (2019). *Life span motor development* (Seventh edition). Human Kinetics.