

Required textbook:<sup>[1]</sup>

Week	Date	Study Content	Assignments
WK1	May 30 - Jun 4	Intro to Course & Survival Skills	Read and study the Syllabus + Appendices
WK2	Ju 5-11	Ch01 - The classification of motor skills Ch11: Defining and assessing learning Ch12: The stages of learning	Quiz Quiz; Discussion 1 Quiz; LT-Update 1
WK3	Jun 12-18	Ch14: Demonstration and verbal instructions Ch15: Augmented feedback	Quiz; Discussion 2 Quiz
WK4	Jun 19-25	Ch16: Practice variability Ch17: The amount & distribution of practice	Quiz Quiz Quiz; LT-Update 2
WK5	Jun 26 - Jul 2	Ch18: Whole and part-practice Ch09: Attention	Quiz; Discussion 3 Quiz
WK6	Jul 3-11	Ch13: Transfer of learning Finish and submit the reflection paper Record and submit the performance video Refer to Appendices A, B, C	Quiz Finish and submit assignments

1. Magill, R. A., & Anderson, D. (2020). *Motor learning and control: concepts and applications*. McGraw-Hill Education. <https://www.bkstr.com/csunorthridgestore/product/motor-learning-and-control--concepts-and-applications-147614-1>