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Textbook:^[1]

Table 1: Course Sequence

Module	Date ¹	Topic ²	Resources ³	Assignment ⁴
01	08/29/22	Course Intro & Syllabus		Icebreaker Activity
	08/31/22 ■			
02	09/05/22	Chapter 1: Fundamental Concepts	Slides ; eFlashcards	Quiz CH1; Major Takeaways CH1
	(no class)			
	09/07/22 ■			
03	09/12/22 ■	Chapter 2: Theoretical Perspectives	Slides ; eFlashcards	Quiz CH2; Major Takeaways CH2
	09/14/22 ■			
04	09/19/22 ■	Chapter 3: Principles of Motion and Stability	Slides ; eFlashcards	Quiz CH3; Major Takeaways CH3; Discussion 1 - Dev perspective
	09/21/22 ■			
05	09/26/22 ■	Chapter 4: Early Motor Development	Slides ; eFlashcards	Quiz CH4; Major Takeaways CH4
	09/28/22 ■			
06	10/03/22 ■	Chapter 5: Development of Human Locomotion	Slides ; eFlashcards	Quiz CH5; Major Takeaways CH5
	10/05/22 ■			
07 ⁵	10/10/22 ■	Chapter 6: Development of Ballistic Skills	Slides ; eFlashcards	Quiz CH6; Major Takeaways CH6;
	10/12/22 ■	Chapter 7: Development of Manipulative Skills	Slides ; eFlashcards	Quiz CH7; Major Takeaways CH7
08	10/17/22 ■	Labs 1 and 2		
	10/19/22 ■			
	10/24/22 ■	Exam 1		Study previously covered chapters
	10/26/22 ■			
	10/28/22 ■			
09	10/31/22 ■	Chapter 8: Physical Growth, Maturation and Aging	Slides ; eFlashcards	Quiz CH8; Major Takeaways CH8; Discussion 2 - Gender
	11/01/22 ■			
10	11/07/22 ■	Chapter 9: Development and Aging of Body Systems	Slides ; eFlashcards	Quiz CH9; Major Takeaways CH9
	11/09/22 ■			

⁵Note that for Module 7 you will be completing activities for both chapters 6 and 7. You will be required to submit separate assignments for each chapter.

Module	Date	Topic	Resources	Assignment
11	11/14/22 🎥 11/16/22 🎥	Chapter 11: Development of Strength and Flexibility	Slides	Quiz CH11; Major Takeaways CH11
12	11/21/22 🎥 11/23/22 🎥	Chapter 12: Weight Status, Fitness, and Motor Competence	Slides	Quiz CH12; Major Takeaways CH12; Discussion 3 - FMS/PA
13	11/28/22 🎥 11/30/22 🎥	Chapter 15: Social and Cultural Constraints in Motor Development	Slides	Quiz CH15; Major Takeaways CH15
14	12/05/22 🎥 12/07/22 🎥	Chapter 16: Psychosocial Constraints in Motor Development	Slides	Quiz CH16; Major Takeaways CH16
	12/14/22 👤 8-10 am	Exam 2		Study previously covered chapters following Exam 1

🎥 Online Meeting via Zoom

👤 In-Person Meeting (RE 278)

1. Haywood, K. M., & Getchell, N. (2019). *Life span motor development* (Seventh edition). Human Kinetics.

¹Class Dates: Aug 29, 2022 - Dec 12, 2022

²Students are expected to read and study the assigned chapters prior to attending each class meeting.

³The password to view the slides is provided in Canvas.

⁴Quizzes and Discussions are due Sunday 11:59 pm. (**after** the content is covered). Major takeaways are due on Monday (**before** the content is covered). Refer to the [syllabus](#) for assignments detailed information.