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Textbook:^[1]

Table 1: Course Sequence

Module	Date ¹	Topic ²	Resources	Assignment ³
01	08/29/22	Course Intro & Syllabus		Icebreaker Activity
	08/31/22 			
02	09/05/22 (no class)	Chapter 1: Fundamental Concepts	Slides ; eFlashcards	Quiz CH1; Major Takeaways CH1
	09/07/22 			
03	09/12/22 	Chapter 2: Theoretical Perspectives	Slides ; eFlashcards	Quiz CH2; Major Takeaways CH2
	09/14/22 			
04	09/19/22 	Chapter 3: Principles of Motion and Stability	Slides ; eFlashcards	Quiz CH3; Major Takeaways CH3; Discussion 1 - Dev perspective
	09/21/22 			
05	09/26/22 	Chapter 4: Early Motor Development	Slides ; eFlashcards	Quiz CH4; Major Takeaways CH4
	09/28/22 			
06	10/03/22 	Chapter 5: Development of Human Locomotion	Slides ; eFlashcards	Quiz CH5; Major Takeaways CH5
	10/05/22 			
07 ⁴	10/10/22 	Chapter 6: Development of Ballistic Skills	Slides ; eFlashcards	Quiz CH6; Major Takeaways CH6;
	10/12/22 	Chapter 7: Development of Manipulative Skills	Slides ; eFlashcards	Quiz CH7; Major Takeaways CH7
08	10/17/22 	Labs 1 and 2		
	10/19/22 			
	10/24/22 	Exam 1		Study previously covered chapters
	10/26/22 			
09	10/31/22 	Chapter 8: Physical Growth, Maturation and Aging	Slides ; eFlashcards	Quiz CH8; Major Takeaways CH8; Discussion 2 - Gender
	11/01/22 			

⁴Note that for Module 7 you will be completing activities for both chapters 6 and 7. You will be required to submit separate assignments for each chapter.

Module	Date	Topic	Resources	Assignment
10	11/07/22  11/09/22 	Chapter 9: Development and Aging of Body Systems 5.1 Skeletal System 5.2 Adipose System 5.3 Nervous System		Quiz CH9; Major Takeaways CH9
11	11/14/22  11/16/22 	Chapter 11: Development of Strength and Flexibility		Quiz CH11; Major Takeaways CH11
12	11/21/22  11/23/22 	Chapter 12: Weight Status, Fitness, and Motor Competence		Quiz CH12; Major Takeaways CH12; Discussion 3 - FMS/PA
13	11/28/22  11/30/22 	Chapter 15: Social and Cultural Constraints in Motor Development		Quiz CH15; Major Takeaways CH15
14	12/05/22  12/07/22 	Chapter 16: Psychosocial Constraints in Motor Development		Quiz CH16; Major Takeaways CH16
	12/14/22  8-10 am	Exam 2		Study previously covered chapters following Exam 1

 Online Meeting via Zoom

 In-Person Meeting (RE 278)

- Haywood, K. M., & Getchell, N. (2019). *Life span motor development* (Seventh edition). Human Kinetics.

¹Class Dates: Aug 29, 2022 - Dec 12, 2022

²Students are expected to read and study the assigned chapters prior to attending each class meeting.

³Quizzes and Discussions are due Sunday 11:59 pm. (**after** the content is covered). Major takeaways are due on Monday (**before** the content is covered). Refer to the [syllabus](#) for assignments detailed information.