Required textbook: Magill & Anderson (2020)

Lectures notes in PDF<sup>1</sup>

: Online via Zoom : On Campus

## Important

I suggest you to read and study the assigned content (chapters, videos, eFlashcards, etc.) first, then watch the video/audio lectures.

## Warning

I teach three different sections of KIN 377, one hybrid and two fully online. Even though it shows in Canvas you are in section #19392, you still belong to the section you originally enrolled. To find out, log into the CSUN Portal and verify your original enrollment. So, if the CSUN Portal says you are in

- KIN 377 MOTOR LEARNING (19430-SP2023); or
- KIN 377 MOTOR LEARNING (19780-SP2023)

Then, THERE ARE NO ON-CAMPUS OR ONLINE MEETINGS. You are enrolled in a FULLY online (asynchronous) course.

And if the CSUN Portal says you are in

• KIN 377 MOTOR LEARNING - (19392-SP2023)

Then, there will be online and on-campus meetings.

$\mathrm{Mode}^2$	Week of	Study Content <sup>3</sup>	Assignments
	01/23/23	Intro to Course & Survival Skills	Read and study the
		APA Style Article <sup>4</sup>	Syllabus
	01/30/23	Ch01 <sup>5</sup> : The classification of motor skills	$\operatorname{Quiz}$
		How to learn anything <sup>6</sup>	
		eFlashcards <sup>7</sup>	
		Video/Audio Lecture (link coming soon) <sup>8</sup>	
	02/06/23	Ch11 <sup>9</sup> : Defining and assessing learning	Quiz; Discussion

<sup>&</sup>lt;sup>1</sup>https://mycsunemail-my.sharepoint.com/:f:/g/personal/ovande\_furtado\_csun\_edu/  $Ev6ETvvCJWBKjDvloNKf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUvRf4eUBh_daD-cgTZsITXFjmVaJwAAP+xEtHUvRf4eUBh_daD-cgTZsITXFjmVaJwAAP+xEtHUvRf4eUBh_daD-cgTZsITXFjmVaJwAAP+xEthUvRf4eUBh_daD-cgTZsITXFjmVaJwAAP+xEthUvRf4eUBh_daD-cgTZsITXFjmVaJwAAP+xEthUvRf4eUBh_daD-cgTZsITATAP+xEthUvRf4eUBh_daD-cgTZsITATAP+xEthUvRf4eUBh_daD-cgTZsITAP+xEthUvRf4eUBh_daD-cgTZsITAP+xEthUvRf4eUBh_daD-cgTZsITAP+xEthUvRf4eUBh_daD-cgTZsITAP+xEthUvRf4e$ 

 $<sup>^9 \</sup>rm https://mycsunemail-my.sharepoint.com/:f:/g/personal/ovande\_furtado\_csun\_edu/$ Ev6ETvvCJWBKjDvloNKf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUv

Mode <sup>2</sup>	Week of	Study Content <sup>3</sup>	Assignments
	02/13/23	Ch12 <sup>10</sup> : The stages of learning	Quiz
	, ,	In-class Activity <sup>11</sup>	
	02/20/23	Learning Task - Update 1 - coming	Finish and submit
		soon	assignment
	02/27/23	Ch14 <sup>12</sup> : Demonstration and verbal	Quiz; Discussion
		instructions	
	03/06/23	Ch15 <sup>13</sup> : Augmented feedback	Quiz
		Mini-Lectures <sup>14</sup>	
	03/13/23	Ch16 <sup>15</sup> : Practice variability	Quiz
		Mini-Lecture <sup>16</sup>	
na		Spring recess	na
	03/27/23	Ch17 <sup>17</sup> : The amount & distribution of	Quiz; Discussion
		practice	
		Mini-Lecture <sup>18</sup>	
	04/03/23	Learning Task - Update 2 <sup>19</sup>	Finish and submit
		00.1020 777	assignment
		Ch18 <sup>20</sup> : Whole and part-practice	Quiz
	04/17/23	$Ch09^{21}$ : Attention	Quiz; Discussion
	0.4.10.4.10.9	Mini Lecture <sup>22</sup>	A .
	, ,	Ch13 <sup>23</sup> : Transfer of learning	Quiz
	05/01/23	Learning Task - Update 3	Finish and submit assignment
	05/08/23	Special Topic	
	05/15/23	Finish and submit the reflection paper	Finish and submit
	Final's	Record and submit the performance video	assignments
	Week	Refer to Appendices A, B, C	
		Assignment are due on 05/19/23	

 $<sup>\</sup>hline 10 https://mycsunemail-my.sharepoint.com/:f:/g/personal/ovande\_furtado\_csun\_edu/Ev6ETvvCJWBKjDvloNKf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUv \\ \hline$ 

 $<sup>^{11}</sup>https://mycsunemail-my.sharepoint.com/:w:/g/personal/ovande\_furtado\_csun\_edu/\\ EeT9iGnQVtZNhHxSsvjuLpAB7Pb3h4avxAw6-WE2YYAVjA?e=bezgXP$ 

 $<sup>^{12}</sup> https://mycsunemail-my.sharepoint.com/:f:/g/personal/ovande\_furtado\_csun\_edu/\\ Ev6ETvvCJWBKjDvloNKf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUv$ 

 $<sup>^{19}</sup>$ assig-lt-update2.qmd

 $<sup>{}^{20}</sup>https://mycsunemail-my.sharepoint.com/:f:/g/personal/ovande\_furtado\_csun\_edu/Ev6ETvvCJWBKjDvloNKf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUv$ 

 $<sup>{}^{23}</sup> https://mycsunemail-my.sharepoint.com/:f:/g/personal/ovande\_furtado\_csun\_edu/Ev6ETvvCJWBKjDvloNKf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUv$ 

Magill, R. A., & Anderson, D. (2020). *Motor learning and control: concepts and applications*. McGraw-Hill Education. https://www.bkstr.com/csunorthridgestore/product/motor-learning-and-control--concepts-and-applications-147614-1

 $<sup>^2</sup>$ Only applies to Hybrid sections. Fully Online (OF) sections do not meet online or on campus.

<sup>&</sup>lt;sup>3</sup>In addition to the main reading (Magill & Anderson, 2020), students are responsible for other materials assigned each week. This may include videos, articles, and eFlahscards.

<sup>&</sup>lt;sup>4</sup>https://drfurtado.github.io/site/blog/posts/apa-citation-basics/

<sup>&</sup>lt;sup>5</sup>https://mycsunemail-my.sharepoint.com/:f:/g/personal/ovande\_furtado\_csun\_edu/ Ev6ETvvCJWBKjDvloNKf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUv

<sup>&</sup>lt;sup>6</sup>https://youtu.be/5MgBikgcWnY

<sup>&</sup>lt;sup>7</sup>https://quizlet.com/\_zs84k?x=1jqt&i=dj5

<sup>&</sup>lt;sup>8</sup>Typically posted on Wednesday of each week. This gives you time to read and study the content (assigned chapter, videos, etc.) before going over the video/audio lecture.

<sup>&</sup>lt;sup>13</sup>https://mycsunemail-my.sharepoint.com/:f:/g/personal/ovande\_furtado\_csun\_edu/ Ev6ETvvCJWBKjDvloNKf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUv

<sup>&</sup>lt;sup>14</sup>https://canvas.csun.edu/courses/129516/discussion\_topics/1581354

<sup>15</sup>https://mycsunemail-my.sharepoint.com/:f:/g/personal/ovande\_furtado\_csun\_edu/ Ev6ETvvCJWBKjDvloNKf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUv

 $<sup>^{16} \</sup>rm https://canvas.csun.edu/courses/129516/discussion\_topics/1584152$ 

 $<sup>^{17}</sup> https://mycsunemail-my.sharepoint.com/:f:/g/personal/ovande\_furtado\_csun\_edu/Ev6ETvvCJWBKjDvloNKf4eUBh\_daD-cgTZsITXFjmVaJwA?e=xEtHUv$ 

 $<sup>^{18} \</sup>rm https://canvas.csun.edu/courses/129516/discussion\_topics/1588276$ 

 $<sup>^{21}</sup> https://mycsunemail-my.sharepoint.com/:f:/g/personal/ovande_furtado_csun_edu/Ev6ETvvCJWBKjDvloNKf4eUBh_daD-cgTZsITXFjmVaJwA?e=xEtHUv$ 

 $<sup>^{22} \</sup>rm https://canvas.csun.edu/courses/129516/discussion\_topics/1597472$