

[< back to syllabus](#)

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Textbook:^[1]

Table 1: Course Sequence

| Module | Date ¹ | Topic ² | Resources ³ | Assignment ⁴ |
|-----------------|--|---|---|---|
| 01 | 08/29/22 08/31/22 | Course Intro & Syllabus | | Icebreaker Activity |
| 02 | 09/05/22 (no class) 09/07/22 | Chapter 1: Fundamental Concepts | Slides ; eFlashcards | Quiz CH1; Major Takeaways CH1 |
| 03 | 09/12/22 09/14/22 | Chapter 2: Theoretical Perspectives | Slides ; eFlashcards | Quiz CH2; Major Takeaways CH2 |
| 04 | 09/19/22 09/21/22 | Chapter 3: Principles of Motion and Stability | Slides ; eFlashcards | Quiz CH3; Major Takeaways CH3; Discussion 1 - Dev perspective |
| 05 | 09/26/22 09/28/22 | Chapter 4: Early Motor Development | Slides ; eFlashcards | Quiz CH4; Major Takeaways CH4 |
| 06 | 10/03/22 10/05/22 | Chapter 5: Development of Human Locomotion | Slides ; eFlashcards | Quiz CH5; Major Takeaways CH5 |
| 07 ⁵ | 10/10/22 10/12/22 | Chapter 6: Development of Ballistic Skills | Slides ; eFlashcards | Quiz CH6; Major Takeaways CH6; |
| | | Chapter 7: Development of Manipulative Skills | Slides ; eFlashcards | Quiz CH7; Major Takeaways CH7 |
| 08 | 10/17/22 10/19/22 10/24/22 10/26/22 | Labs 1 and 2 Exam 1 | | Study previously covered chapters |
| 09 | 10/31/22 11/01/22 | Chapter 8: Physical Growth, Maturation and Aging | Slides ; eFlashcards | Quiz CH8; Major Takeaways CH8; Discussion 2 - Gender |
| 10 | 11/07/22 11/09/22 | Chapter 9: Development and Aging of Body Systems | Slides ; eFlashcards | Quiz CH9; Major Takeaways CH9 |
| 11 | 11/14/22 11/16/22 | Chapter 11: Development of Strength and Flexibility | Slides | Quiz CH11; Major Takeaways CH11 |

⁵Note that for Module 7 you will be completing activities for both chapters 6 and 7. You will be required to submit separate assignments for each chapter.

| Module | Date | Topic | Resources | Assignment |
|--------|---|--|------------------------|---|
| 12 | 11/21/22 11/23/22 | Chapter 12: Weight Status, Fitness, and Motor Competence | Slides | Quiz CH12; Major Takeaways CH12; Discussion 3 - FMS/PA |
| 13 | 11/28/22 11/30/22 | Chapter 15: Social and Cultural Constraints in Motor Development | Slides | Quiz CH15; Major Takeaways CH15 |
| 14 | 12/05/22 12/07/22 12/14/22 8-10 am | Chapter 16: Psychosocial Constraints in Motor Development Exam 2 | Slides | Quiz CH16; Major Takeaways CH16 Study previously covered chapters following Exam 1 |

Online Meeting via Zoom

In-Person Meeting (RE 278)

1. Haywood, K. M., & Getchell, N. (2019). *Life span motor development* (Seventh edition). Human Kinetics.

¹Class Dates: Aug 29, 2022 - Dec 12, 2022

²Students are expected to read and study the assigned chapters prior to attending each class meeting.

³The password to view the slides is provided in Canvas.

⁴Quizzes and Discussions are due Sunday 11:59 pm. (**after** the content is covered). Major takeaways are due on Monday (**before** the content is covered). Refer to the [syllabus](#) for assignments detailed information.