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Textbook:^[1]

Table 1: Course Sequence

Module	Date ¹	Topic ²	Resource ³	Assignment ⁴
01	08/29/22 08/31/22	Course Intro & Syllabus		Icebreaker Activity
02	09/05/22 (no class) 09/07/22	Chapter 1: Fundamental Concepts	Slides ; eFlash- cards	Quiz CH1; Major Takeaways CH1
03	09/12/22 09/14/22	Chapter 2: Theoretical Perspectives	Slides ; eFlash- cards	Quiz CH2; Major Takeaways CH2
04	09/19/22 09/21/22	Chapter 3: Principles of Motion and Stability	Slides ; eFlash- cards	Quiz CH3; Major Takeaways CH3; Discussion 1 - Dev perspective
05	09/26/22 09/28/22	Chapter 4: Early Motor Development	Slides ; eFlash- cards	Quiz CH4; Major Takeaways CH4
06	10/03/22 10/05/22	Chapter 5: Development of Human Locomotion	Slides ; eFlash- cards	Quiz CH5; Major Takeaways CH5

07 ⁵	10/10/22	Chapter 6:	Slides ;	Quiz CH6;
	10/12/22	Development of	eFlash-	Major
		Ballistic Skills	cards	Takeaways
		Chapter 7:	Slides ;	CH6; Quiz
		Development of	eFlash-	CH7; Major
		Manipulative	cards	Takeaways
		Skills		CH7
08	10/17/22	Labs 1 and 2		
	10/19/22			
	10/24/22	Exam 1		Study
				previously
	10/26/22			covered
				chapters
09	10/31/22	Chapter 8:	Slides ;	Quiz CH8;
	11/01/22	Physical Growth,	eFlash-	Major
		Maturation and	cards	Takeaways
		Aging		CH8;
				Discussion 2
				- Gender
10	11/07/22	Chapter 9:	Slides ;	Quiz CH9;
	11/09/22	Development and	eFlash-	Major
		Aging of Body	cards	Takeaways
		Systems		CH9
11	11/14/22	Chapter 11:	Slides	Quiz CH11;
	11/16/22	Development of		Major
		Strength and		Takeaways
		Flexibility		CH11
12	11/21/22	Chapter 12:	Slides	Quiz CH12;
	11/23/22	Weight Status,		Major
		Fitness, and		Takeaways
		Motor		CH12;
		Competence		Discussion 3
				- FMS/PA
13	11/28/22	Chapter 15:	Slides	Quiz CH15;
	11/30/22	Social and		Major
		Cultural		Takeaways
		Constraints in		CH15
		Motor		
		Development		

⁵Note that for Module 7 you will be completing activities for both chapters 6 and 7. You will be required to submit separate assignments for each chapter.

14 12/05/22 |
Chapter 16:
Psy-
choso-
cial
Con-
straints
in
Motor
Devel-
opment
| [Slides](#)
| Quiz
CH16;
Major
Take-
aways
CH16 |
12/07/22
| | | |
12/14/22
| Exam
2 - 8-10
am | |
Study
previ-
ously
covered
chap-
ters
follow-
ing
Exam 1
|

Online Meeting via Zoom

¹Class Dates: Aug 29, 2022 - Dec 12, 2022

²Students are expected to read and study the assigned chapters prior to attending each class meeting.

³The password to view the slides is provided in Canvas.

⁴Quizzes and Discussions are due Sunday 11:59 pm. (**after** the content is covered). Major takeaways are due on Monday (**before** the content is covered). Refer to the [syllabus](#) for assignments detailed information.

In-Person Meeting (RE 278)

1. Haywood, K. M., & Getchell, N. (2019). *Life span motor development* (Seventh edition). Human Kinetics.