

COVID-19

E-visit Triage

Asymptomatic
BUT concerned due to
possible exposure (travel,
coworker, random stranger
coughed on them, etc).



Strongly consider self-quarantine at home

- Reasonable chance that you are COVID positive.
- Monitor for symptoms.
- 2-week work note if needed
- Outpatient testing is optional but encouraged, depending on availability.

Symptomatic but STABLE regardless
of prior exposure.

SYMPTOMS:

upper respiratory or lower respiratory symptoms.

Cough, fever, shortness of breath, rhinorrhea, headaches, sore throat.

STABLE:

Breathing comfortably.

Normal behavior and demeanor.

No syncope, lightheadedness, or dizziness.



MUST self-quarantine at home

- Consider yourself **COVID-positive**
- OTC medications for symptom management
- 2-week work note if needed
- Outpatient testing is optional but encouraged, depending on availability.

Symptomatic + UNSTABLE

SYMPTOMS:

upper respiratory or lower respiratory symptoms.

Cough, fever, shortness of breath, rhinorrhea, headaches, sore throat.

UNSTABLE:

- Breathing UNCOMFORTABLY.
- Confused or Change in Behavior.
- Syncope, significant dizziness/lightheadedness.



Needs to be evaluated in person

- Go to a clinic, urgent care, or ER