

# UnitedHealthcare Pharmacy Clinical Pharmacy Programs

Program Number	2025 P 1318-6
Program	Prior Authorization/Notification
Medication	Isturisa® (osilodrostat)
P&T Approval Date	6/2020, 6/2021, 6/2022, 6/2023, 6/2024, 6/2025
Effective Date	9/1/2025

### 1. Background:

Isturisa (osilodrostat) is a cortisol synthesis inhibitor indicated for the treatment of endogenous hypercortisolemia in adults with Cushing's syndrome for whom surgery is not an option or has not been curative.

### 2. Coverage Criteria<sup>a</sup>:

#### A. Initial Authorization

- 1. **Isturisa** will be approved based on **both** of the following criteria:
  - a. Diagnosis of Cushing's syndrome

-AND-

- b. **One** of the following:
  - (1) Patient is not a candidate for pituitary surgery

-OR-

(2) Pituitary surgery has not been curative

Authorization will be issued for 12 months.

## B. Reauthorization

- 1. **Isturisa** will be approved based on the following criterion:
  - a. Documentation of positive response to Isturisa therapy

Authorization will be issued for 12 months.

<sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.



#### 3. Additional Clinical Rules:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and reauthorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply Limits may be in place

# 4. References:

1. Isturisa [Package Insert]. Bridgewater, NJ: Recordati Rare Disease, Inc.; April 2053.

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Change Control		
6/2020	New program	
6/2021	Annual review with no change to coverage criteria.	
6/2022	Annual review with no change to clinical criteria.	
6/2023	Annual review with no change to coverage criteria. Added state mandate footnote.	
6/2024	Annual review with no change to coverage criteria. Updated reference.	
6/2025	Annual review. Updated nomenclature with no change to clinical intent. Update background and reference.	