

# UnitedHealthcare Pharmacy Clinical Pharmacy Programs

Program Number	2025 P 2220-7
Program	Prior Authorization – Medical Necessity
Medication	Phexxi® (lactic acid, citric acid, and potassium bitartrate) vaginal gel
P&T Approval Date	10/2020, 3/2021, 5/2021, 5/2022, 5/2023, 5/2024, 5/2025
Effective Date	8/1/2025

## 1. Background:

Phexxi (lactic acid, citric acid, and potassium bitartrate) vaginal gel is indicated for the prevention of pregnancy in females of reproductive potential for use as an on-demand method of contraception. Phexxi is not effective for the prevention of pregnancy when administered after intercourse.

## 2. Coverage Criteria<sup>a</sup>:

### A. Authorization

- 1. **Phexxi** will be approved based on **all** of the following criteria:
  - a. Used for the prevention of pregnancy

#### -AND-

- b. Patient is unable to use other methods of contraception due to failure, contraindication, intolerance or refusal. Examples include:
  - 1) Injection (e.g., Depo-Provera)
  - 2) Oral Contraceptive [e.g., norethindrone (generic Micronor), Yaz]
  - 3) Transdermal Patch (e.g. Twirla, Xulane)
  - 4) Vaginal Contraceptive Ring (e.g., Annovera, NuvaRing)
  - 5) Diaphragm
  - 6) Sponge (e.g. Today)
  - 7) Cervical Cap (e.g., FemCap)
  - 8) Female Condom

## -AND-

c. History of failure, contraindication, or intolerance to nonoxynol-9 based spermicide

### -AND-

d. Provider attests they have counseled the patient regarding a higher rate of pregnancy prevention with the use of other methods of contraception (e.g., injection, oral contraception, transdermal patch, vaginal ring) compared to Phexxi



## Authorization will be issued for 12 months.

<sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

# 3. Additional Clinical Programs:

 Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.

### 4. References:

1. Phexxi [package insert]. San Diego, CA: Evofem, Inc; June 2023.

Program	Prior Authorization – Medical Necessity Phexxi	
Change Control		
10/2020	New program.	
3/2021	Modified provider attestation statement.	
5/2021	Modified provider attestation statement.	
5/2022	Annual review. Updated references.	
5/2023	Annual review. Updated methods of contraception to examples a	
	member is unable to use.	
5/2024	Annual review. Updated references.	
5/2025	Annual review. No changes.	