# **Grizzly Bear**

**Direction: North (White)** 

Represents: Strength, Courage, Introspection

### **Teaches Us:**

- How to look within ourselves

- Stay strong during challenges

- Protect ourselves and others

Symbol: Hibernate for reflection and renewal

## **Eagle**

**Direction: East (Yellow)** 

Represents: Vision, Spirituality, Guidance

### **Teaches Us:**

- How to see the big picture

- Connect with our spirit

- Rise above difficulties

Symbol: Flies highest and closest to the Creator

### Wolf

**Direction: South (Red)** 

Represents: Learning, Relationships, Guardianship

### **Teaches Us:**

- How to learn from others

- Live in harmony

- Protect our communities

Symbol: Loyal pack member and teacher

## **Buffalo**

**Direction: West (Black)** 

Represents: Respect, Sharing, Gratitude

### **Teaches Us:**

- Be generous and humble

- Honor what we are given

- Share with others

Symbol: Provider of food, clothing, and shelter for many