

## **Consent to Participate in Anonymous Online Survey**

**Study Title:** An anonymous survey to assess the risk and benefits of taking Ayahuasca for post-traumatic stress disorder

We are asking you to take part in a research study being done by Dr. Jessica L. Nielson, PhD and Dr. Victor I. Reus, MD at the University of California, San Francisco, sponsored by the Multidisciplinary Association for Psychedelic Studies (MAPS). Being in this study is optional.

If you choose to be in the study, you will complete a survey. This survey will help us learn more about the potential risks and benefits associated with taking Ayahuasca as a therapy for post-traumatic stress disorder (PTSD). We are currently developing a protocol to test whether Ayahuasca therapy and integration is safe and effective for PTSD. The main goal of this survey is to gather existing data from anyone who has been diagnosed with PTSD (current or previously) AND has also tried Ayahuasca after their diagnosis. The answers from this survey will help guide our protocol development and assess potential risks and benefits people with PTSD have reported during and after an Ayahuasca experience. The researchers also intend to publish the results from this study in the scientific literature and to present results at scientific meetings. We will make the results publicly available by posting a notice of any scholarly publications or presentations on the MAPS website ([www.maps.org](http://www.maps.org)). The survey will take about 40-60 minutes to complete.

You can skip questions that you do not want to answer, respond with “prefer not to answer” or stop the survey at any time. The survey is anonymous, and no one will be able to link your answers back to you. Please do not include your name or other information that could be used to identify you in the survey responses.

Questions? Please contact Dr. Jessica L. Nielson at [Jessica.Nielson@ucsf.edu](mailto:Jessica.Nielson@ucsf.edu). If you have questions or concerns about your rights as a research participant, you can call the UCSF Institutional Review Board at 415-476-1814.

If you want to participate in this study, click Next button to start the survey.