### **Evidence-Based Decision Making In Healthcare**

#### **Evidence to Decision Scenarios**

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#### **Overview of GRADE Approach**

- 1. Frame a question
- 2. Choose critical and important outcomes
- 3. Rate the confidence in effect estimates for each outcome
- 4. Rate the confidence in effect estimates across all outcomes

#### **Overview of GRADE Approach**

- 5. Create an evidence profile and a summary of findings table
- 6. Describe other factors affordability, acceptability, feasibility, ethics, and values
- 7. Categorize, label, and word health care recommendations based on evidence and other factors

#### **Questions to Ask**

- 1. Is the problem a priority?
- 2. Is there important uncertainty about how much people value the outcome?
- 3. What is the overall certainty of the evidence of effectiveness?
- 4. How substantial are the [un]desirable anticipated effects?

#### **Questions to Ask**

- 5. Do the desirable effects outweigh undesirable effects?
- 6. Is it acceptable to key stakeholders? (acceptability)
- 7. Is it feasible to implement? (feasibility)
- 8. How large are resource requirements? (affordability)
- How large is incremental cost vs. net benefit? (affordability)
- 10. What would be the impact on health inequities? How does it align with our values? (ethics and justice)

Should the US adopt a universal health insurance system to increase life expectancy compared to the current system?

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- 7. Is it *feasible* to implement?
- 8. How large are resources required? (affordability)
- 9. Incremental cost vs. net benefit? (affordability)
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In the United States, should the government set the price of insulin to a level that is affordable to all Americans to reduce diabetes-related illness compared with current policy of no price controls?

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In New York City, should government involuntarily hospitalize people who are unhoused and have severe mental illness to improve their mental health and reduce violent crime compared with current policy?

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In the United States, should the government impose a tax on sugarsweetened beverages to reduce consumption of beverages linked to obesity and diabetes compared with no current tax?

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In New York State, should public elementary schools allow parents to opt-out of their children being vaccinated against measles to reduce vaccine-related harms compared with current policy?

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In the United States, should government restrict social media access to teenagers to reduce anxiety and depression among children compared with current policy?

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In the United States, should government require that health insurance programs reimburse telehealth services at the same rate as in-person services to improve access to healthcare services?

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In the United States, should the government prevent adults from purchasing cannabis products for recreational use to reduce mental health complications of cannabis?

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In the US, should government restrict advertising of tobacco products on television to reduce tobaccorelated illness in adults?

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#### [insert your question]

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# Should all health insurance plans be required to provide comprehensive dental coverage?

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## Should public schools only provide non-meat (vegetarian or vegan) food options?

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### Should seatbelts be mandated for all passengers to wear in cars?

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