

Topic: *What I Learned in Varanasi*

1. Concrete Experience (What happened?)

Last winter, I went to Varanasi with my friends. Early in the morning, we took a boat ride on the Ganga to watch the sunrise. The view was beautiful. I saw people doing rituals, offering flowers, and lighting small lamps on the river. Our boatman told us stories about the ghats and their history. Later, I noticed many tourists rushing to take photos without really understanding the place.

2. Reflective Observation (What did you notice?)

I noticed that my favourite moments were not about clicking pictures but about listening to the boatman and watching the locals. It felt peaceful and special. I understood that travelling is not only about seeing new places but also about feeling and learning from them.

3. Abstract Conceptualization (What did you learn?)

I learned that when we slow down and connect with people, travel becomes more meaningful. Respecting traditions and understanding the local culture makes the trip richer and more memorable.

4. Active Experimentation (What will you do next?)

Next time I travel, I will spend more time talking to locals, tasting local food, and learning about their customs. I will focus on enjoying the experience instead of just rushing to take photos.