

# Efficient Chiropractic

1234 Main st Los Angeles, CA 90024

Patient Name: Patient, PI

Date of Birth: 6/25/1999

Date of Accident: 08/01/2024

Date of Treatment: 05/15/2024

## CHIEF COMPLAINT

1. Severe neck pain radiating down the arm. 2. Severe mid-back pain. 3. Right knee pain. 4. Left ankle pain.

## HISTORY OF PRESENT ILLNESS

The patient presents today following a motor vehicle collision that occurred on August 1, 2024. The patient reports being struck by a car while walking across the street after looking over their right shoulder. The impact occurred on the right shoulder, causing the patient to fall. Immediately following the accident, the patient experienced pain around the neck and mid-back. Later that day, the neck pain began radiating down the arm. The patient sought care at an urgent care facility, where they received a neck X-ray and some medication. The patient waited a few days for the pain to subside, but after approximately three days, the pain significantly worsened. No ambulance or hospital transport was utilized following the accident. Since the accident, the patient also reports experiencing blurry vision, insomnia, and difficulty with reading and focusing.

## PAST MEDICAL HISTORY

The patient has a history of Type 2 Diabetes, for which they take Metformin.

## PREVIOUS ACCIDENTS TRAUMA

\* 1994: Work compensation injury to the low back, which resolved with chiropractic sessions.

## CURRENT MEDICATIONS

Metformin.

## ALLERGIES

None noted.

## SOCIAL HISTORY

None noted.

## REVIEW OF SYSTEMS

Blurry vision, insomnia, difficulty reading and focusing since the accident.

## MOTOR EXAMINATION

Upper Extremity Motor Strength

MUSCLE GROUP	RIGHT	LEFT
Deltoid	5/5	5/5
Biceps	5/5	5/5
Triceps	5/5	5/5
Wrist Extensors	5/5	5/5
Wrist Flexors	5/5	5/5
Finger Abduction	5/5	5/5

Lower Extremity Motor Strength

MUSCLE GROUP	RIGHT	LEFT
Hip Flexors	5/5	5/5
Knee Extension	5/5	5/5
Ankle Dorsiflexion	5/5	5/5
Extensor Hallucis Longus	5/5	5/5
Ankle Plantarflexion	5/5	5/5

## REFLEX EXAMINATION

### Deep Tendon Reflexes

REFLEX	RIGHT	LEFT
Biceps (C5)	2+	2+
Brachioradialis (C6)	2+	2+
Triceps (C7)	2+	2+
Patellar (L4)	2+	2+
Achilles (S1)	2+	2+

### Pathological Reflexes

REFLEX	RIGHT	LEFT
Babinski	Negative	Negative
Clonus	Negative	Negative

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Dr. John Smith  
D.C.

Date: \_\_\_\_\_