

# NEUROPAL PRESENTATION

**Presented by** team Void:

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# MOTIVATION

## THE PROBLEM

Modern life increases stress and mental health issues, with many lacking access to comprehensive resources. Traditional therapies can be costly and hard to obtain. There is a need for accessible, thorough support available from anywhere.

Many struggle to find a safe space to express feelings and set personal goals, leading to unaddressed mental health concerns. NeuroPal addresses these by offering tools for effective self-expression and goal tracking.

In response to the increasing demands of modern life, NeuroPal is designed to support mental well-being through a unified platform. The app offers key features such as:

Mood Tracking and Journaling | 00

Community Support | 00

Teletherapy | 00

Anger Management | 00

All aimed at providing a secure and supportive space for users.



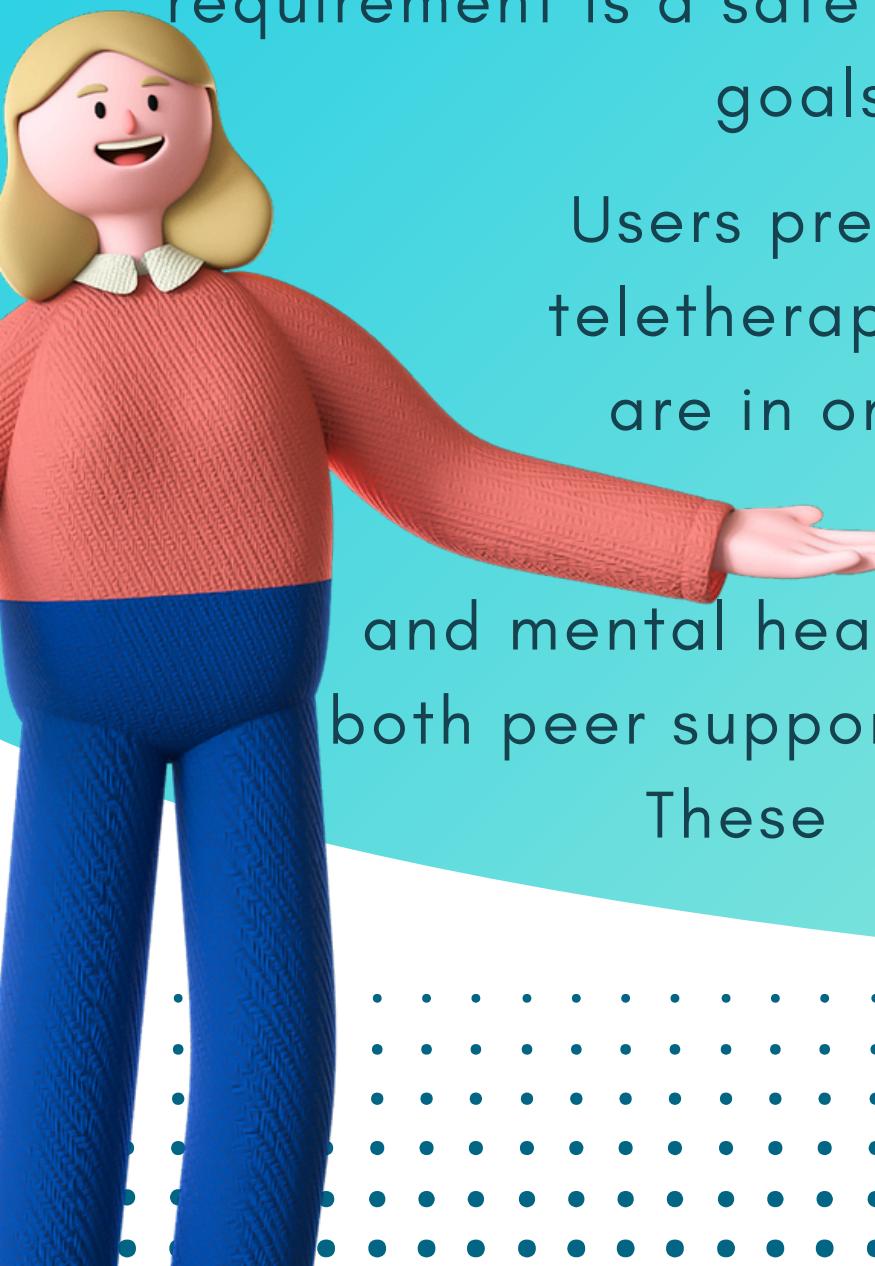
# TOP REQUIREMENTS



From our users, we learned that accessibility is crucial. They need comprehensive mental health resources available from anywhere, addressing the limitations and costs of traditional therapies. A significant requirement is a safe space for expression, where users can openly express their feelings and set personal goals. Tools for effective self-expression and goal tracking are essential.

Users prefer a unified platform that integrates mood tracking, journaling, community support, teletherapy, and anger management. This comprehensive approach ensures all necessary tools are in one place. Immediate access to professional help during crises is vital. Quick, direct access to crisis support services

and mental health care prevents worsening conditions and severe consequences. Lastly, users value both peer support and timely professional help, highlighting the need for a balanced support system. These insights guided the development of **NeuroPal** to meet these critical needs.



# EVALUATION



The team conducted a survey to students who also used other mental health apps or websites, using forms designed to assess the app's design based on the adopted usability criteria. A 5-point Likert Scale, with 5 as the highest and 1 as the lowest, measured the success of each indicator.

## SURVEY FORM

**NEUROPAL**

### NeuroPal Survey

NeuroPal, developed by Team Void, is a comprehensive mental health application designed to help users manage their well-being. Addressing the demands of modern life, the app offers features like mood tracking, journaling, mindfulness exercises, and community support within a single platform. Prioritizing accessibility and user-centric design, NeuroPal ensures individuals from diverse backgrounds can benefit. It creates a secure, supportive space for users to express feelings, set personal goals, and access professional help when needed. By integrating multiple support features, NeuroPal aims to enhance overall mental well-being.

fayedelaserna16@gmail.com Switch account

✉ Not shared

\* Indicates required question

On a scale of 1 to 5, how easy was it for you to navigate through the NeuroPal app and complete your tasks (e.g., logging mood, accessing community support, setting goals)? \*

1 - Very Difficult  
 2 - Difficult  
 3 - Average  
 4 - Easy  
 5 - Very Easy

How quickly were you able to learn how to use the main features of NeuroPal (e.g., mood tracker, time capsule, teletherapy)? (Scale of 1 to 5, with 1 being very difficult and 5 being very easy)

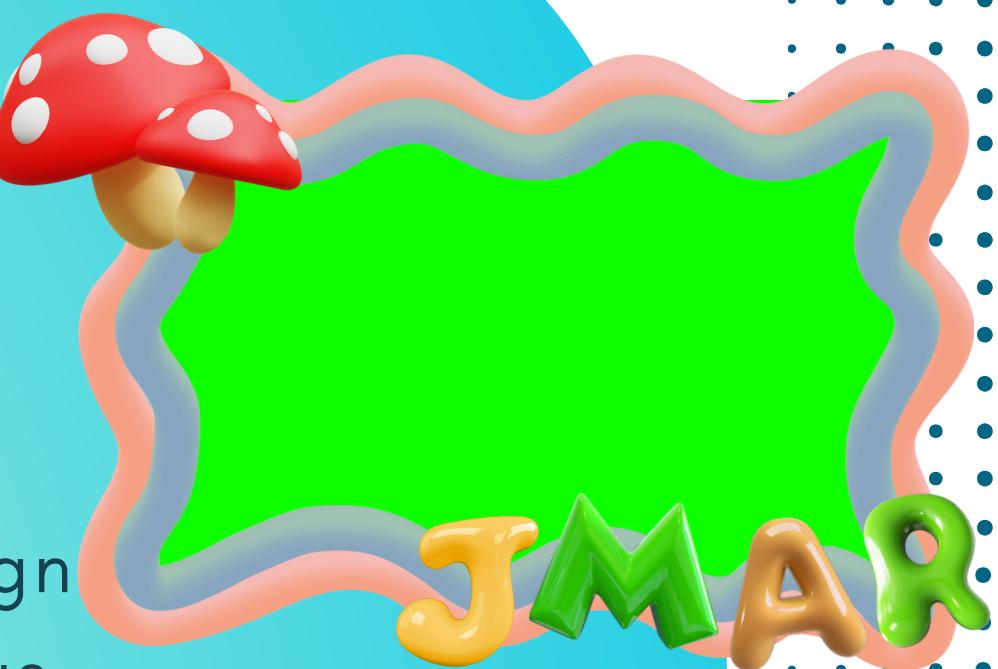
1 - Very Difficult  
 2 - Difficult  
 3 - Average  
 4 - Easy  
 5 - Very Easy

Have you encountered any issues or errors while using NeuroPal? If yes, how clear and helpful were the error messages and recovery options provided by the app? (Scale of 1 to 5)

1 - Not at all Helpful  
 2 - Slightly Helpful  
 3 - Moderately Helpful  
 4 - Very Helpful  
 5 - Extremely Helpful

Overall, how satisfied are you with your experience using NeuroPal? (Scale of 1 to 5, with 1 being very dissatisfied and 5 being very satisfied)

1 Very Dissatisfied  
 2 Dissatisfied  
 3 Average  
 4 Satisfied  
 5 Very Satisfied



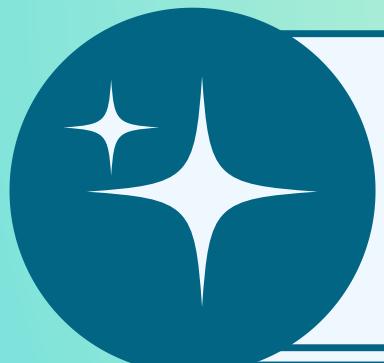
# RESULTS



Based on the feedback from surveyors, the NeuroPal app demonstrates a user-friendly interface with easy navigation and efficient use of its mental health management features.

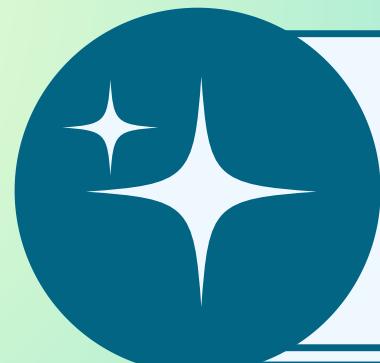


## ADVANTAGES



- User-friendly interface
- Easy navigation and use of features
- Beneficial daily quotes and mental health metrics
- Effective error handling

## IMPROVEMENTS



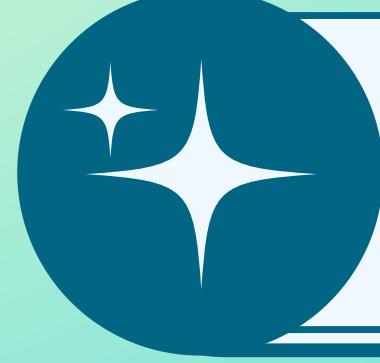
- Incorporate social media login options
- Enhance onboarding with interactive tutorials

## DISADVANTAGES



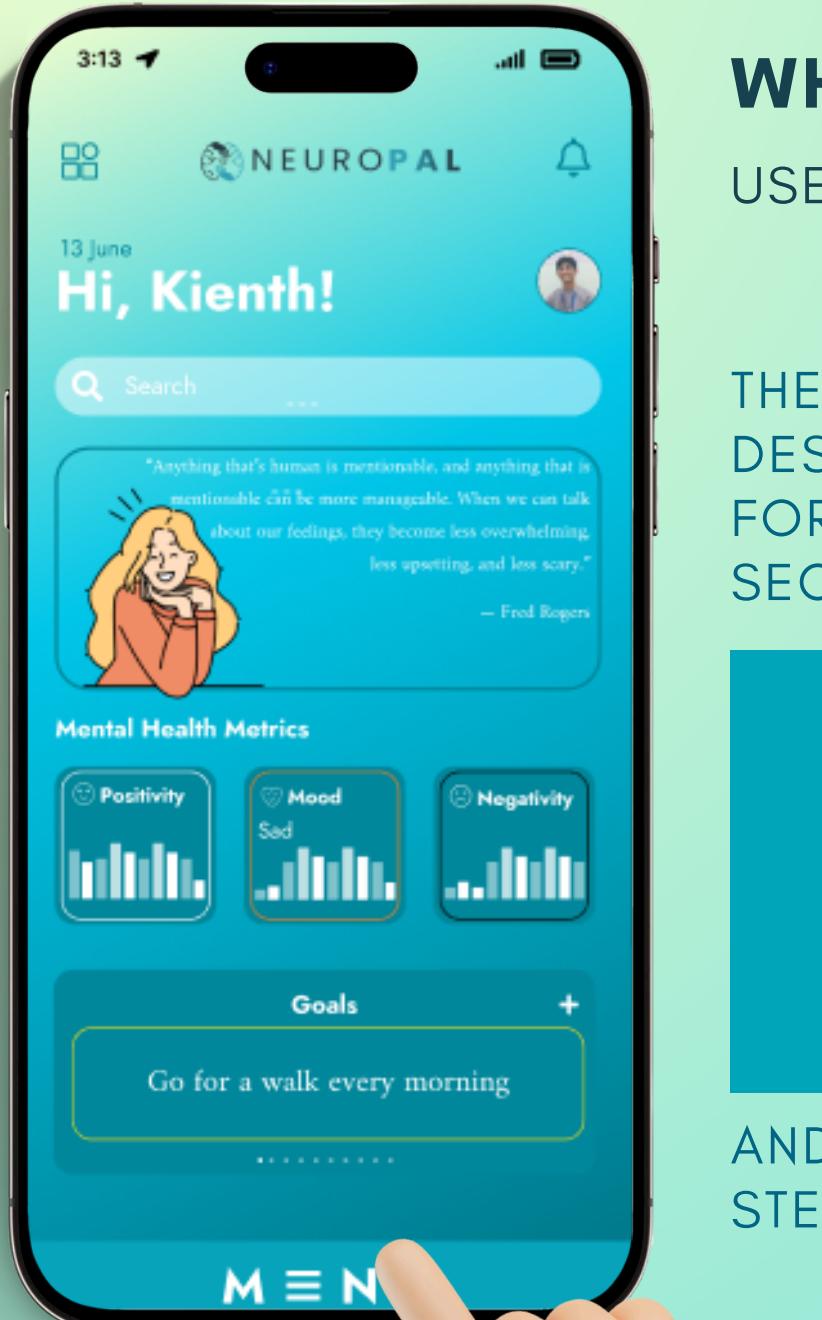
Sign-in process lacks social media login options

## FUTURE EVALUATION:



- Use a larger, more diverse sample
- Combine qualitative and quantitative methods
- Employ usability testing, eye-tracking, and longitudinal studies for deeper insights

# DESIGN

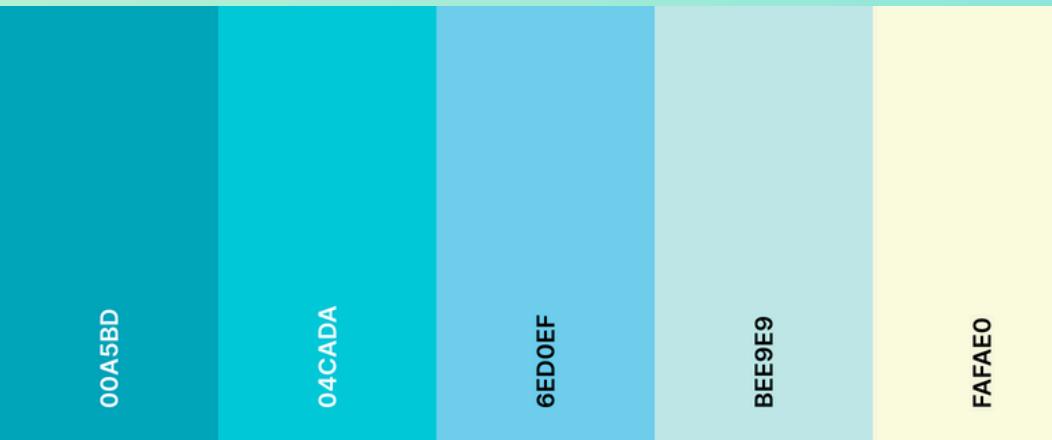


## WHAT DOES OUR SOLUTION LOOK LIKE?

USER INTERFACE: CLEAN, MODERN, AND USER-FRIENDLY DESIGN.

### THE COLOR PALETTE

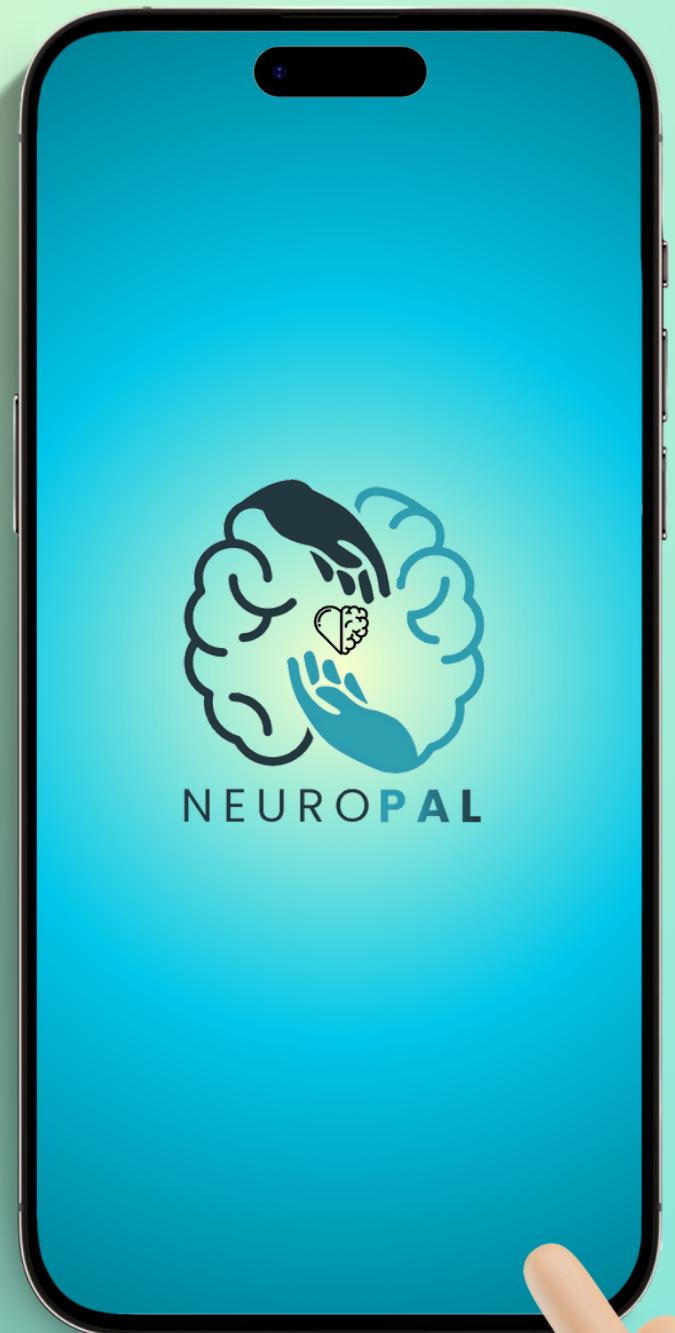
THE COLOR PALETTE FOR NEUROPAL, FEATURING SHADES OF BLUE AND LIGHT YELLOW, IS THOUGHTFULLY DESIGNED TO ENHANCE USER EXPERIENCE AND CONVEY EMOTIONAL STATES. THE **VIBRANT AQUA** IS USED FOR KEY ELEMENTS LIKE BUTTONS AND HEADERS, EVOKING CALMNESS AND CLARITY. THE **LIGHTER AQUA** FOR SECONDARY ELEMENTS PROMOTES TRANQUILITY, WHILE THE **SOFT BLUE** IDEAL FOR INPUT FIELD



BACKGROUNDS, CREATING A SENSE OF OPENNESS. PASTEL BLUE IS USED FOR LARGER SECTIONS TO REDUCE VISUAL STRESS. LIGHT YELLOW IS APPLIED TO ACCENTS, SUCCESS MESSAGES, AND HIGHLIGHTS, ASSOCIATED WITH HAPPINESS AND POSITIVITY. THIS COMBINATION OF CALMING BLUES AND CHEERFUL YELLOW BALANCES THE EMOTIONAL TONES WITHIN THE APP, MAKING IT INVITING AND SUPPORTIVE, ENCOURAGING USERS TO ENGAGE AND TAKE POSITIVE STEPS IN THEIR MENTAL HEALTH JOURNEY.

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# DEMO

WHAT DOES OUR SOLUTION LOOK LIKE?



# CONCLUSION

IF YOU HAD MORE TIME, WHAT WOULD YOU DO NEXT?

