

Susan Rindt, PsyD

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<http://github.com/mwhite/resume>

INTERESTS

It is my intention to develop a private clinical practice while continuing to provide treatment and services in both hospital and community-based settings. At this time, I provide individual therapy, group therapy, and psychological testing services to diverse populations. My clinical interests and expertise include: trauma; physical and sexual abuse; acute psychiatric disorders; grief and loss; substance abuse; relationship issues and communication patterns; anxiety and eating disorders; specific learning difficulties; and adolescent, developmental, and geriatric issues.

CLINICAL EXPERIENCE

Aurora Behavioral Healthcare (San Diego, CA)

Director of Psychological Services, April 2006—present

Director of Military Programs, April 2008—present

- *Duties:* Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd Ikasjdflljsd

Clinical Private Practice (Del Mar, CA / La Mesa, CA)

August 2003—present

- *Treatment modalities:* Individual psychotherapy using a variety of therapeutic techniques including cognitive behavioral therapy, family systems theory, and insight-oriented modalities. Brief therapy and long term models used where appropriate.
- *Population:* Children, adolescent, adults, and couples outpatient psychotherapy with a range of mental difficulties including: depression, bereavement, learning disabilities, ADHD, communication difficulties, and life transition issues. Inpatient and outpatient acute psychiatric adults and geriatric patients. Patients with primary diagnoses of: schizophrenia, schizoaffective disorder, depression, bipolar disorder, borderline personality disorder, chemical dependency, eating disorders, and Alzheimer's & Parkinson's disorders. Patients with physical and sexual abuse histories. Predominant ethnicities in the population include: African American, Asian, Hispanic/Latino, and Caucasian.

Alvarado Parkway Institute (La Mesa, CA)

Assistant Director of Psychological Services, August 2003—January 2004

- *Duties:* Clinical supervision and training of 6 predoctoral and 3 postdoctoral interns in group therapy, individual therapy, testing batteries, and initial assessment. Group and individual therapy with acute inpatient and outpatient psychiatric patients. Administrative duties including departmental accounting, case management, treatment team, utilization review, and assisting in personnel decisions. Liaison between nursing staff, social work department, utilization review, psychiatrists, and the psychology department.
- *Treatment modalities:* Group therapy: process groups on mood awareness, chemical dependency issues, and open process; psycho-educational groups on anger management, trauma & abuse issues, stress management, relationship issues, and cognitive skills; didactic groups on depression, bipolar disorder, grief & loss, and healthy living skills.
- *Population:* Inpatient and outpatient acute psychiatric adults and geriatric patients. Patients with primary diagnoses of: schizophrenia, schizoaffective disorder, depression, bipolar disorder, borderline personality disorder, chemical dependency, eating disorders, and Alzheimer's & Parkinson's disorders. Patients with physical and sexual abuse histories. Predominant ethnicities in the population include: African American, Asian, Hispanic/Latino, and Caucasian.

Alvarado Parkway Institute (La Mesa, CA)

Psychological Assistant, August 2002—January 2003

- ▶ *Duties:* Group and individual therapy with acute psychiatric patients. Training and supervision of psychology interns. Case management using a multidisciplinary team approach. Psychological testing batteries. Liaison between nursing, social work, utilization review, psychiatrists, and psychology departments.
- ▶ *Treatment modalities:* As above.
- ▶ *Population:* As above.

Switzer Center School (Torrance, CA)

Psychological Assistant, September 2001—August 2002

- ▶ *Duties:* Individual counseling with learning disabled and emotionally disturbed children and adolescents. Case management. Achievement and neuropsychological testing. Individual education program development. Parent and collateral contact liaison.
- ▶ *Treatment modalities:* Intensive, long-term individual therapy two times per week for the full school year. Cognitive behavioral approach. Play therapy.
- ▶ *Population:* Learning disabled children and adolescents 7-21 years old. Disabilities included: auditory & visual processing deficits; neuropsychological impairment; specific & mixed language disorders; developmental delay including Autism. In addition to learning disabilities, primary diagnoses included: ADHD, pervasive development disorder, intermittent explosive disorder, oppositional defiant disorder, conduct disorder. Most students were physical and sexual abuse victims. Predominant ethnicities included: African American, Asian, Hispanic/Latino, and Caucasian.

Bayview Hospital (Chula Vista, CA)

Psychology Intern, July 2000—June 2001

- ▶ *Duties:* Group and individual therapy with acute psychiatric patients. Case management using a multidisciplinary team approach. Psychological testing batteries.
- ▶ *Treatment modalities:* Group therapy: process groups on relationship issues, chemical dependency issues, and open process; psycho-educational groups on anger management, trauma & abuse issues, and stress management; didactic groups on depression, gender identity, bipolar disorder, grief & loss, and social skills. Play therapy groups with children, including use of sand tray. Expressive arts therapy including music, dance, and traditional art forms.
- ▶ *Population:* Adults, children, and adolescents in acute psychiatric inpatient setting. Adult patients with primary diagnoses of: schizophrenia, schizoaffective disorder, depression, bipolar disorder, personality disorders, and chemical dependency. Child and adolescent patients with primary diagnoses included: schizophrenia, ADHD, intermittent explosive disorder, oppositional defiant disorder, conduct disorder, and substance use/abuse disorders. Patients with physical and sexual abuse histories. Predominant ethnicities in the population include: African American, Asian, Hispanic/Latino, and Caucasian.

EYE Crisis and Counseling (San Marcos, CA)

Psychology Practicum, August 1999—June 2000

- ▶ *Duties:* Individual and group therapy with children, adults, and families primarily involving issues of sexual abuse. Administrative functions. Psychological testing.
- ▶ *Treatment modalities:* Individual, brief, and long-term therapy once per week including: cognitive behavioral, psychodynamic approaches, play therapy with children & adolescents, and family systems. Family therapy. Group therapy with female teenage victims of molest and sexual abuse. Group therapy with the non-offending/non-protecting parents in molest cases. Both open process and psycho-educational groups focused on sexual abuse trauma and the dynamics of incest.
- ▶ *Population:* Adults, children, and adolescents. Primary diagnosis related to trauma history including issues of physical & sexual abuse. Predominant ethnicities in the population include: African American, Asian, Hispanic/Latino, and Caucasian.

GENERAL EXPERIENCE

Psychiatric And Therapeutic Health Services, Inc. (Del Mar, CA)

Vice President and CFO, July 2010—Present

California School of Professional Psychology (San Diego)

International Student Mentor Program Coordinator, August 2000—August 2001

- ▶ Mentoring students from overseas with diverse backgrounds
- ▶ Supervision of other mentors (13 in total)

Thompson Holidays (Ibiza, Spain)

Senior and Children's Representative, March 1993—October 1995

- ▶ Responsible for the control and maintenance of holiday venues and care of both vacationing children and their parents

B & Q, Plc. (Glasgow, Scotland, UK)

Assistant Manager, August 1989—March 1993

- ▶ Personnel, administration, and systems manager. Staff trainer. Responsible for 70 staff and 54,000 sq. ft. of retail space.

TEACHING EXPERIENCE

California School of Professional Psychology (San Diego)

Teaching Assistant, August 1999—May 2001

- ▶ Dissertation Orientation
- ▶ Developmental Psychology
- ▶ Social Psychology

VOLUNTEER EXPERIENCE

Craighalbert Centre (Glasgow, Scotland, UK)

Care Assistant, August 1990—June 1997

- ▶ Attended to severe and profoundly mentally and physically handicapped youths, particularly autistic children.

Spanish Youth Action Group (Ibiza, Spain)

Care Assistant, March 1993—October 1994

- ▶ Assisted with outreach program for adolescent substance abusers

EDUCATION

California School of Professional Psychology (San Diego)

Psy.D. Clinical Psychology—Family Track, March 2002

- ▶ Thesis: Sudden Sibling Loss: Reflections of Women on Their Experience During Adolescence
- ▶ Chair: Neil Ribner, Ph.D.

California School of Professional Psychology (San Diego)

M.A. Clinical Psychology, June 2000

University of Stirling (Scotland UK)

B.Sc. Psychology, June 1998

- ▶ Thesis: The Effects of Psychosocial Factors on Coronary Artery Bypass Surgery Outcome
- ▶ Chair: David Fryer, Ph.D.
- ▶ First class degree: top 2% of graduating class

Continuing Education

- ▶ Aging and Long Term Care, Rekindling Desire in Couples, 2005
- ▶ HIPPA Made Friendly, 2004
- ▶ Treatment Planning Made Simple, 2004
- ▶ Spousal Abuse: Assessment, Detection, and Intervention Strategies, 2004
- ▶ Principals and Practices of Clinical Supervision, 2003
- ▶ Human Sexuality, Domestive Violence, Chemical Dependency I and II, 2002

AWARDS

BEST Scholarship

BUNAC, London, UK, 1998—2000

- ▶ Won \$10,000 scholarship for two years of post-graduate study in the United States from the British Universities North America Club (BUNAC).

Education Abroad Program (EAP) Participant

University of Stirling, Scotland, UK, 1996—1997

- ▶ Won fully funded scholarship (tuition and expenses) to study psychology overseas at the University of California, Irvine for one year.

PROFESSIONAL AFFILIATIONS

American Psychological Association

British Psychological Society

California Psychological Association

San Diego Psychological Association