

# Susan Rindt, PsyD

Markdown -> PDF, HTML, and more

<http://github.com/drrindt/resume>

## SUMMARY

I am an independent consultant for several organizations providing case consultation, training seminars and program development services. My clinical interests and expertise include: trauma (combat, personal sexual assault, child physical and sexual abuse); acute psychiatric disorders; grief and loss; substance abuse; relationship issues and communication patterns; anxiety and eating disorders; specific learning difficulties; and adolescent, developmental, and disorders of childhood.

I also maintain a private clinical practice while continuing to provide treatment services and consultation supervision in both hospital and community-based settings. At this time I provide individual therapy, group therapy, and psychological testing services to diverse populations.

## EDUCATION

**California School of Professional Psychology** (San Diego, CA)

Psy.D. Clinical Psychology—Family Track, March 2002

**California School of Professional Psychology** (San Diego, CA)

M.A. Clinical Psychology, June 2000

**University of Stirling** (Scotland, UK)

B.Sc. Psychology, First class distinction, June 1998

### Certifications

- ▶ Certified Prolonged Exposure Therapy clinician
- ▶ Additional specialist training in Cognitive Processing Therapy and EMDR

## CLINICAL EXPERIENCE

**Director of Military Programs**, April 2008—present

Contractor to Aurora Behavioral Healthcare, San Diego, CA

- ▶ Program development, organization and management of intensive inpatient residential treatment program for active duty service members and their families.
- ▶ Manage a staff of 15 directly and oversee operations of multiple other departments.
- ▶ Provide direct therapy treatment for PTSD and co-occurring substance use disorders as well as multiple psychiatric and personality disorders.
- ▶ Clinical supervision and training of licensed professionals working in this program.
- ▶ Administrative duties including department accounting, case management, treatment team, utilization review, business development and assisting in personnel decisions.
- ▶ **FIXME**: Marketing and outreach to military bases through the western United States, Alaska, and Hawaii.
- ▶ Development, outreach, and business development to military personnel

- ▶ Liaison between nursing staff, social work department, utilization review, psychiatrists, and the psychology department
- ▶ **FIXME**: some mention of working with military insurers (Tricare, etc)
- ▶ Research project development and trial on programmatic **?FIXME?** and new initiatives and conjunction with UCSD, VA, SDSU and location MFTs.

**Director of Psychology**, April 2007—present

Contractor to Aurora Behavioral Healthcare, San Diego, CA

- ▶ Clinical supervision and training of 9 predoctoral and 3 postdoctoral interns in group therapy, individual therapy, testing batteries, and initial assessment in an acute psychiatric population.
- ▶ Group and individual therapy with acute inpatient and outpatient psychiatric patients.
- ▶ Administrative duties including departmental accounting, case management, treatment team, utilization review, and assisting in personnel decisions. Liaison between nursing staff, social work department, utilization review, psychiatrists, and the psychology department.

**Clinical Private Practice/Hospital Consultant**, August 2003—present

Locations: Coronado, CA / Del Mar, CA / Vista, CA

- ▶ *Treatment modalities*: Individual psychotherapy using a variety of therapeutic techniques including cognitive behavioral therapy, family systems theory, and insight-oriented modalities. Brief therapy and long term models used where appropriate.
- ▶ *Consulting and Training Services*: Individual psychotherapy using a variety of therapeutic techniques including cognitive behavioral therapy, family systems theory, and insight-oriented modalities. Brief therapy and long term models used where appropriate
- ▶ *Hospital Privileges*: Aurora Behavioral Health Care

**Assistant Director of Psychological Services**, August 2003—January 2004

Alvarado Parkway Institute, La Mesa, CA

- ▶ Clinical supervision and training of 6 predoctoral and 3 postdoctoral interns in group therapy, individual therapy, testing batteries, and initial assessment.
- ▶ Group and individual therapy with acute inpatient and outpatient psychiatric patients.
- ▶ Administrative duties including departmental accounting, case management, treatment team, utilization review, and assisting in personnel decisions. Liaison between nursing staff, social work department, utilization review, psychiatrists, and the psychology department.

**Psychological Assistant**, August 2002—January 2003

Alvarado Parkway Institute, La Mesa, CA

- ▶ Group and individual therapy with acute psychiatric patients.
- ▶ Training and supervision of psychology interns.
- ▶ Case management using a multidisciplinary team approach. Psychological testing batteries.
- ▶ Liaison between nursing, social work, utilization review, psychiatrists, and psychology departments.

**Psychological Assistant**, September 2001—August 2002

Switzer Center School, Torrance, CA

- ▶ Individual counseling with learning disabled and emotionally disturbed children and adolescents.
- ▶ Case management. Achievement and neuropsychological testing.

- ▶ Individual education program development.
- ▶ Parent and collateral contact liaison.

**Psychology Intern**, July 2000—June 2001

Bayview Hospital, Chula Vista, CA

- ▶ Group and individual therapy with acute psychiatric patients.
- ▶ Case management using a multidisciplinary team approach. Psychological testing batteries.

**Psychology Practicum**, August 1999—June 2000

EYE Crisis and Counseling, San Marcos, CA

- ▶ Individual and group therapy with children, adults, and families primarily involving issues of sexual abuse.
- ▶ Psychological testing.
- ▶ Administrative functions.

## GENERAL EXPERIENCE

**Founding Member, Vice President and CFO**, July 2010—Present

P.A.T.H.S., Psychiatric And Therapeutic Health Services, Inc., Del Mar, CA

- ▶ Managing partner of a clinical mental health group practice serving primarily military spouses and families.
- ▶ Responsible for clinical oversight, marketing, and day-to-day operations
- ▶ Financial management and accounting

**Assistant Manager**, August 1989—March 1993

B & Q, Plc., Glasgow, Scotland, UK

- ▶ Personnel, administration, and systems manager.
- ▶ Responsible for 70 staff and 54,000 sq. ft. of retail space.
- ▶ Staff trainer. **FIXME**: Expand

## TEACHING EXPERIENCE

**Teaching Assistant**, August 1999—May 2001

California School of Professional Psychology (San Diego)

- ▶ Dissertation Orientation
- ▶ Developmental Psychology
- ▶ Social Psychology

## RESEARCH EXPERIENCE

### **Trauma Related Guilt Reduction (TRG-R), FIXME: Dates**

With VA Hospital, UC San Diego and Aurora Behavioral Healthcare

- ▶ Clinical treatment protocol addressing treatment resistant guilt in OIF/OEF combat service members.

### **Computerized Treatment for PTSD symptom reduction, FIXME: Dates**

With SDSU, VA Hospital, UC San Diego, and Aurora Behavioral Healthcare

- ▶ Clinical treatment protocol for anxiety aspect of PTSD and the relationship to symptom severity

### **Efficacy of PTSD treatments in the inpatient setting, FIXME: Dates**

With Aurora Behavioral Health Care, San Diego, CA

- ▶ Clinical assessments, diagnosis and treatment longitudinal outcome study of over 700 OIF/OEF service members

### **Sudden Sibling Loss FIXME:**

## AWARDS

### **San Diego Mental Health Community Honoree, 2009**

- ▶ **FIXME:** For Development of Best Military Treatment Program

### **Best 24-hr Military Treatment Program**

- ▶ **FIXME:**

### **BEST Scholarship**

BUNAC, London, UK, 1998—2000

- ▶ Won \$10,000 scholarship for two years of post-graduate study in the United States from the British Universities North America Club (BUNAC).

### **Education Abroad Program (EAP) Participant**

University of Stirling, Scotland, UK, 1996—1997

- ▶ Won fully funded scholarship (tuition and expenses) to study psychology overseas at the University of California, Irvine for one year.

## ADDITIONAL CERTIFICATIONS AND CONTINUING EDUCATION

FIXME: all your military CEs

## PROFESSIONAL AFFILIATIONS

American Psychological Association

British Psychological Society

California Psychological Association

San Diego Psychological Association