



Sabia Ali

Doctor Of Physical Therapy

Contact



+92 323 4851 768



drsabiaali@gmail.com



<https://drsabiaali.github.io>



Bismallh Housing Scheme, GT Road, Lhr



About Me

Motivated Physical Therapist seeking an internship/job to apply my skills in orthopaedic and neurological rehabilitation. Dedicated to providing patient-centered care while gaining professional experience and contributing to recovery goals.

Skills

- Clinical Knowledge
- Patient Care
- Assessment & Diagnosis
- Therapeutic Techniques
- Communication Skills
- Health & Safety
- Documentation



Education



Doctor Of Physical Therapy

Govt. College University FSD

2019 - 2024



FSC

Lahore College

2017 - 2019



Experience



Professional Trainee

3-Months

Zahida Welfare Hospital Lahore

- Provided physiotherapy services to a diverse range of patients, including male and female orthopaedic, neurological, gynecological, and pediatric patients
- Improved function and decreased disability in patients with Musculoskeletal, Neurological disorders, Cerebral Palsy and Spinal Cord Injury.
- Assessment and diagnosis of osteoarthritis.
- Assessment and diagnosis of patients with lumbar and cervical pain.



Internship

3-Months

Al Shafi Medical Centre Lahore

- Provided physiotherapy services to a diverse range of patients, including male and female orthopaedic, neurological, gynecological, and pediatric patients
- Improved function and decreased disability in patients with Musculoskeletal, Neurological disorders, Cerebral Palsy and Spinal Cord Injury.



PROFESSIONAL DEVELOPMENT

- Hijama/Cupping at Zahida Welfare Hospital, Lahore
- Kinesiology Taping at Zahida Welfare Hospital, Lahore
- Attended a 1-day hands-on workshop on First Aid in Sports Physiotherapy, arranged by the Physical Therapy and Rehabilitation Association (PTRA) in Lahore.



References

Available upon request.