



Sabia Ali

Doctor Of Physical Therapy

Contact

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About Me

Motivated Physical Therapist seeking a job to apply my skills in orthopaedic and neurological rehabilitation. Dedicated to providing patient-centered care while gaining professional experience and contributing to recovery goals.

Skills

- Clinical Knowledge
- Patient Care
- Assessment & Diagnosis
- Therapeutic Techniques
- Communication Skills
- Health & Safety
- Documentation

Education

- Doctor Of Physical Therapy**
Govt. College University FSD 2019 - 2024
- FSC**
Lahore College 2017 - 2019

Experience

Physiotherapist

RehabCure Rehabilitation Lahore

- Provide expert physiotherapy care for a wide range of conditions, including Osteoarthritis, Cervical Pain, Low Back Pain, and Scoliosis.
- Improve function and reduce disability in patients with Musculoskeletal and Neurological disorders such as Cerebral Palsy and Spinal Cord Injury.
- Conduct thorough assessments and accurate diagnoses for Osteoarthritis and other musculoskeletal conditions.
- Develop and implement individualized treatment plans for patients with lumbar and cervical pain to ensure effective rehabilitation and recovery.

Professional Trainee

Zahida Welfare Hospital Lahore

- Provided physiotherapy services to a diverse range of patients, including male and female orthopaedic, neurological, gynecological, and pediatric patients
- Improved function and decreased disability in patients with Musculoskeletal, Neurological disorders, Cerebral Palsy and Spinal Cord Injury.
- Assessment and diagnosis of osteoarthritis.
- Assessment and diagnosis of patients with lumbar and cervical pain.

Internship

Al Shafi Medical Centre Lahore

- Provided physiotherapy services to a diverse range of patients, including male and female orthopaedic, neurological, gynecological, and pediatric patients
- Improved function and decreased disability in patients with Musculoskeletal, Neurological disorders, Cerebral Palsy and Spinal Cord Injury.

PROFESSIONAL DEVELOPMENT

- Hijama/Cupping at Zahida Welfare Hospital, Lahore
- Kinesiology Taping at Zahida Welfare Hospital, Lahore
- Attended a 1-day hands-on workshop on First Aid in Sports Physiotherapy, arranged by the Physical Therapy and Rehabilitation Association (PTRA) in Lahore.
- Dry Needling, at Zahida Welfare Hospital

References

Available upon request.