

Heart Disease Risk Stratification Protocol

Using an Interpretable Decision Tree - Machine Learning in Healthcare

About Me

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Introduction

Clinical
Decision-Support
Protocol

This protocol presents an interpretable, machine-learning-based approach to heart disease risk stratification.

It is designed to support clinicians in prioritizing patients for further cardiac evaluation using routinely collected clinical data.

Purpose & Scope

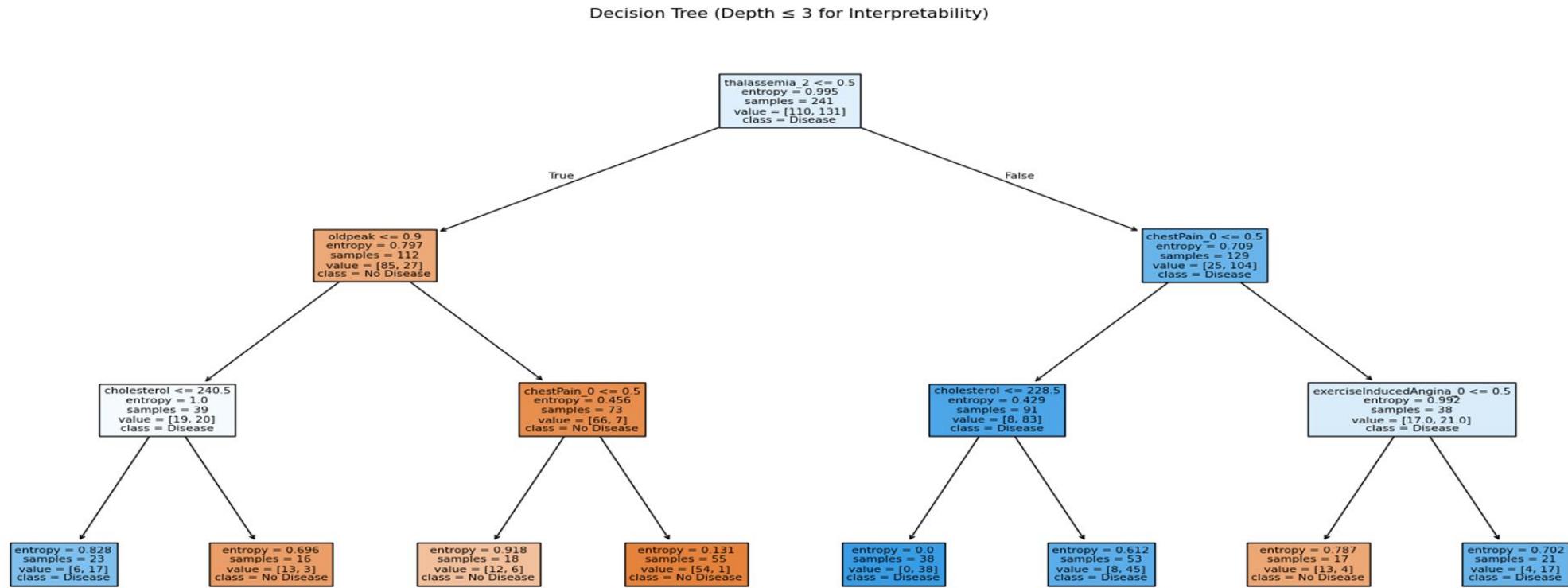
Purpose

- ❖ Supports clinicians in risk stratification
- ❖ Assists in prioritizing patients for further cardiac evaluation
- ❖ Uses routinely available clinical features

Merits

- ❖ Decision-support tool only
- ❖ Does not replace clinical judgment or diagnostic testing.

Interpretable Decision Tree Model



Depth ≤ 3 for Interpretability

Decision Tree:

- ❖ Tree depth is intentionally limited to maintain transparency, allowing each prediction to be explained through a small number of clinically meaningful steps.
- ❖ Key splits include thalassemia category, ST depression (oldpeak), chest pain type, cholesterol, and exercise-induced angina, all identified through exploratory analysis.
- ❖ Each decision path forms a clear IF–THEN rule to support clinical risk stratification rather than diagnosis

Inputs Required

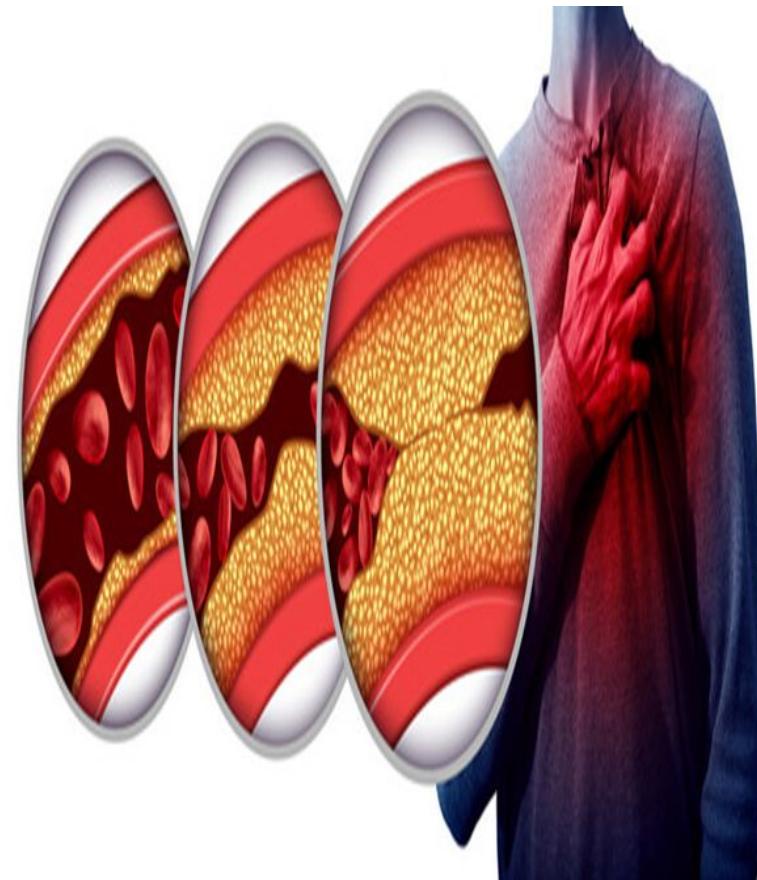
Routine Clinical Data:

- ❖ Thalassemia category
- ❖ Chest pain type
- ❖ ST depression during exercise
(Oldpeak)
- ❖ Total cholesterol
- ❖ Exercise-induced angina (Yes / No)



Stepwise Risk Assessment

- ❖ The first step establishes baseline risk using thalassemia category, which emerged as the strongest initial risk separator in the model.
- ❖ Patients are routed into lower or higher baseline risk pathways accordingly.



Step 1: Baseline Risk Assessment

**Check Thalassemia
Category**

- ❖ Category = 2 → Higher baseline risk → Proceed to Step 2B
- ❖ Category ≠ 2 → Lower baseline risk → Proceed to Step 2A

Step 2A: Lower Baseline Risk Pathway

Thalassemia ≠ 2

Assess ST Depression (Oldpeak):

- ❖ Oldpeak ≤ 0.9
 - Chest pain = type 0 \rightarrow Low Risk
 - Chest pain \neq type 0 \rightarrow Moderate Risk
- ❖ Oldpeak > 0.9
 - Cholesterol $> \sim 240 \text{ mg/dL} \rightarrow$ Elevated Risk
 - Otherwise \rightarrow Moderate Risk

Clinical Action



- ❖ High-risk patients should be prioritized for diagnostic evaluation, while moderate-risk patients require close follow-up.
- ❖ The protocol emphasizes early identification without replacing clinical discretion.

Clinical Action

Lower Baseline Risk

- ❖ Low Risk
 - Routine monitoring
- ❖ Moderate / Elevated Risk
 - Consider ECG or stress testing

Step 2B: Higher Baseline Risk Pathway

Thalassemia = 2

Assess Chest Pain Type:

- ❖ Chest pain ≠ type 0
 - Cholesterol $\leq \sim 228$ mg/dL \rightarrow High Risk
 - Otherwise \rightarrow Moderate–High Risk
- ❖ Chest pain = type 0
 - Exercise-induced angina present \rightarrow High Risk
 - Absent \rightarrow Moderate Risk

Clinical Action

Higher Baseline Risk

- ❖ High Risk
 - Prioritize diagnostic evaluation
- ❖ Moderate Risk
 - Close follow-up and further assessment

Operating Modes

Use Case	Threshold	Goal
Screening / Triage	Low (≈ 0.05)	Minimize missed disease (Recall $\approx 97\%$)
Decision Support	Moderate (≈ 0.20)	Balance sensitivity & specificity

Clinical Disclaimer

- ❖ Reflects statistical associations, not causation
- ❖ Derived from a specific dataset
- ❖ External validation required before clinical deployment
- ❖ Intended to support, not replace, clinician decision-making

Conclusion

- ❖ A shallow Decision Tree was chosen to balance performance and transparency, producing clear IF-THEN rules aligned with clinical reasoning.
- ❖ Healthcare-focused evaluation and threshold optimization enabled both high-sensitivity screening and balanced decision-support use cases.
- ❖ Overall, the project emphasizes the importance of interpretability, appropriate metrics, and responsible modeling in healthcare machine learning.

THANK YOU!

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