



# Heart Disease Risk Stratification Protocol

***Using an Interpretable Decision Tree - Machine Learning in Healthcare***

# About Me

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# **Introduction**

## Clinical Decision-Support Protocol

This protocol presents an interpretable, machine-learning-based approach to heart disease risk stratification.

It is designed to support clinicians in prioritizing patients for further cardiac evaluation using routinely collected clinical data.

# Purpose & Scope

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## Purpose

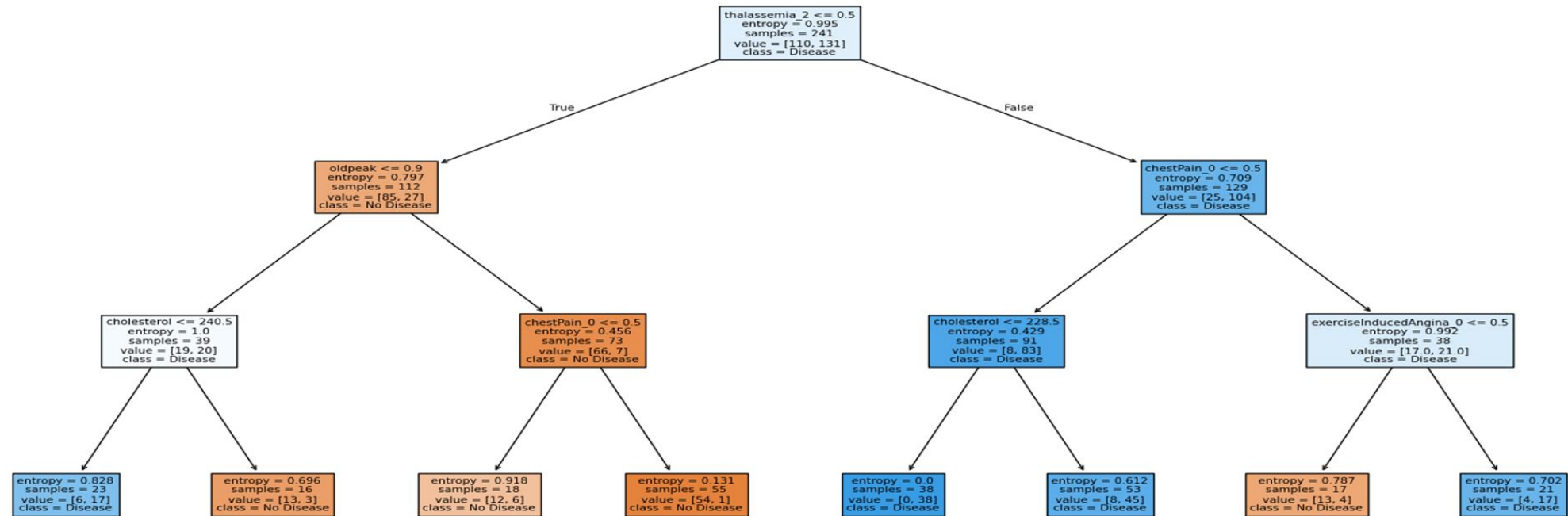
- ❖ Supports clinicians in risk stratification
- ❖ Assists in prioritizing patients for further cardiac evaluation
- ❖ Uses routinely available clinical features

## Merits

- ❖ Decision-support tool only
- ❖ Does not replace clinical judgment or diagnostic testing.

# Interpretable Decision Tree Model

Decision Tree (Depth  $\leq 3$  for Interpretability)



# Depth $\leq 3$ for Interpretability

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## Decision Tree:

- ❖ Tree depth is intentionally limited to maintain transparency, allowing each prediction to be explained through a small number of clinically meaningful steps.
- ❖ Key splits include thalassemia category, ST depression (oldpeak), chest pain type, cholesterol, and exercise-induced angina, all identified through exploratory analysis.
- ❖ Each decision path forms a clear IF-THEN rule to support clinical risk stratification rather than diagnosis

# Inputs Required

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## Routine Clinical Data:

- ❖ Thalassemia category
- ❖ Chest pain type
- ❖ ST depression during exercise (Oldpeak)
- ❖ Total cholesterol
- ❖ Exercise-induced angina (Yes / No)

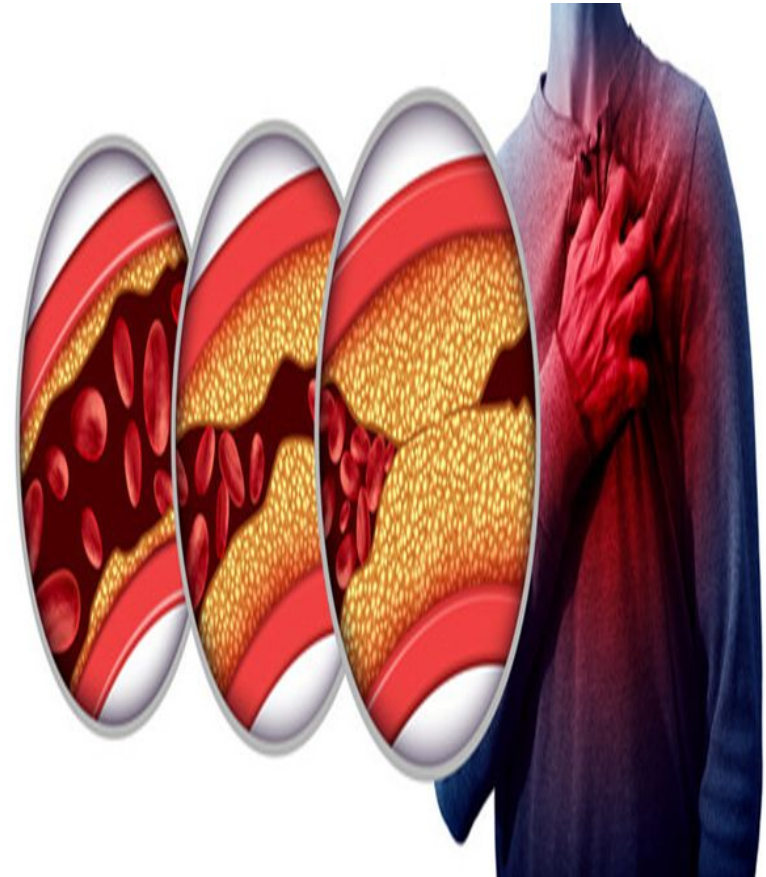




# Stepwise Risk Assessment

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- ❖ The first step establishes baseline risk using thalassemia category, which emerged as the strongest initial risk separator in the model.
- ❖ Patients are routed into lower or higher baseline risk pathways accordingly.



# **Step 1: Baseline Risk Assessment**

## **Check Thalassemia Category**

- ❖ Category = 2 → Higher baseline risk → Proceed to Step 2B
- ❖ Category ≠ 2 → Lower baseline risk → Proceed to Step 2A

## Step 2A: Lower Baseline Risk Pathway

Thalassemia ≠ 2

### Assess ST Depression (Oldpeak):

- ❖ Oldpeak  $\leq 0.9$ 
  - Chest pain = type 0 → Low Risk
  - Chest pain  $\neq$  type 0 → Moderate Risk
- ❖ Oldpeak  $> 0.9$ 
  - Cholesterol  $> \sim 240$  mg/dL → Elevated Risk
  - Otherwise → Moderate Risk

# Clinical Action



- ❖ High-risk patients should be prioritized for diagnostic evaluation, while moderate-risk patients require close follow-up.
- ❖ The protocol emphasizes early identification without replacing clinical discretion.

# Clinical Action

## Lower Baseline Risk

- ❖ Low Risk
  - Routine monitoring
- ❖ Moderate / Elevated Risk
  - Consider ECG or stress testing

## Step 2B: Higher Baseline Risk Pathway

**Thalassemia = 2**

### Assess Chest Pain Type:

- ❖ Chest pain ≠ type 0
  - Cholesterol  $\leq$  ~228 mg/dL → High Risk
  - Otherwise → Moderate–High Risk
- ❖ Chest pain = type 0
  - Exercise-induced angina present → High Risk
  - Absent → Moderate Risk

# Clinical Action

Higher Baseline Risk

## ❖ High Risk

- Prioritize diagnostic evaluation

## ❖ Moderate Risk

- Close follow-up and further assessment

# Operating Modes

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Use Case	Threshold	Goal
Screening / Triage	Low ( $\approx 0.05$ )	Minimize missed disease (Recall $\approx 97\%$ )
Decision Support	Moderate ( $\approx 0.20$ )	Balance sensitivity & specificity



# Clinical Disclaimer

- ❖ Reflects statistical associations, not causation
- ❖ Derived from a specific dataset
- ❖ External validation required before clinical deployment
- ❖ Intended to support, not replace, clinician decision-making

# Conclusion

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- ❖ A shallow Decision Tree was chosen to balance performance and transparency, producing clear IF-THEN rules aligned with clinical reasoning.
- ❖ Healthcare-focused evaluation and threshold optimization enabled both high-sensitivity screening and balanced decision-support use cases.
- ❖ Overall, the project emphasizes the importance of interpretability, appropriate metrics, and responsible modeling in healthcare machine learning.

# THANK YOU!

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