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Banas Medical College & Research Institute, Palanpur

(UNDER HEALTH POLICY 2016, GOVT. OF GUJARAT)

General Hospital Campus, Simla Gate, Palanpur - 385001 (Gujarat)

Telephone: 02742-265780, Fax No: 02742-252723

Email: banasmcri@gmail.com, eoffice.bmcri@gmail.com | www.bmcri.co.in

GNPCT/BMCR/ADMIN/2019/12/24/63

24/12/2019

To
The Registrar
Gujarat Medical Council
"Council House"
Old Nursing College Building,
Opp. M. P. Shah Cancer Hospital,
Civil Hospital Campus,
Asarva,
Ahmedabad – 380016

Subject: Accreditation of the Scientific Programme – CME on "Role of Vipassana in Health & Happiness"

Respected Sir,

We at Banas Medical College & Research Institute, Palanpur are planning to organize a half-day CME on "Role of Vipassana in Health & Happiness" on 17th January 2020.

We request you to please grant Credit points for the delegates and speakers/resource person for this CME.

Please appoint an Observer for the same.

The application in the prescribed format and details of the program are attached for your reference.

Thanking you

Yours sincerely,

Dean Dean
BMCRI Banas Medical College
& Research Institute
Palanpur Palanpur-385001

24/12/2019



Managed by **Galbabhai Nanjibhai Patel Charitable Trust, Palanpur**

Registration No.: Bombay Public Trust Act 1950: E/1530/Banaskantha

Ph.: 02742-255720, 253881-85, Fax : +912742-252723



॥ स्वस्थस्य स्वास्थ्य रक्षणम् ॥

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To
 The Registrar
 Gujarat Medical Council
 "Council House"
 Old Nursing College Building,
 Opp. M.P. Shah Cancer Hospital,
 Civil Hospital Campus, Asarva,
 Ahmedabad – 380016

Sub. : Accreditation of the Scientific Program (CME)

Respected Sir,

Herewith we are applying for the accreditation of the scientific program to be organized by Medical Education Unit of Banas Medical College & Research Institute, Palanpur on "Role of Vipassana in Health and Happiness" on 17/01/2020. The details are as under:

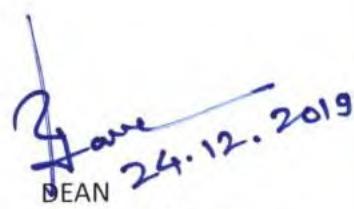
Name of Association /College	Banas Medical College & Research Institute, Palanpur
President/ Hon. Secretary of the Association	Dr. A. J. Singh Dean BanasMedical College & Research Institute, Palanpur
GMC Permission No.	No. 4337 Dated: 25/10/2018
Organizing Chairman/Secretary of the program	Dr. SunitaDinkar Associate Professor, Dept. of Surgery BanasMedical College & Research Institute, Palanpur
Contact Person Name, Address Tel. No. & Mobile No.	Dr. RadhikaKhara MEU Coordinator Banas medical College & Research Institute, Palanpur M: 989778632, 902317000 rana_radhika@hotmail.com
Date of Program	17/01/2020
Venue of Program	Auditorium, BanasMedical College & Research Institute, Moriya, Palanpur
Scientific Program	Annexure 1
C.V. of faculty	Annexure 1

Kindly accredit the scientific program.

Thanking you,
Yours Sincerely


MEU Coordinator
BMCRI, Palanpur




DEAN
BMCRI, Palanpur
Dean
Banas Medical College & Research Institute
Palanpur-385001

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ANNEXURE 1

MEDICAL EDUCATION UNIT

Banas Medical College & Research Institute, Palanpur DETAILS OF CME PROGRAMME

Role of Vipassana in Health and Happiness – 17/01/2020		
Registration	08:30 AM to 09:00 AM	
Welcome	09:01 AM to 09:15 AM	
Lecture : 1 Topic : Theoretical basis , health potential and practical applications of Vipassana • Followed by interactive session	09:16 AM to 10:15 AM (60 minutes)	<u>Speaker</u> Dr. Hamir Ganla, MD Pediatrics, Mumbai university, In practice for 32 Years, In Vipassana for 25 Years, Pune Region M: 9011057334 Email: drganla@gmail.com
Lecture : 2 Topic : Vipassana in social context and social upliftment • Followed by interactive session	10:16 AM to 11:15 AM (60 minutes)	<u>Speakers</u> Shri Anil Mehta, CA (Mumbai) In Vipassana for 23 years, Jaipur M:995016589 Email: anilmehta.dhamma@gmail.com
Tea Break	11:16 AM to 11:30 AM	
Lecture : 3 Topic : Vipassana for Medical Practitioners • Followed by interactive session	11:31 AM to 12:30 PM (60 minutes)	<u>Speaker</u> Dr. D.B. Wadhwani MD, Baroda Medical College ,1982 PG Diploma, Life style Diseases, 2000, Apollo Hospital PG Diploma in Yoga 2015, Somnath University M: 9898334455 Email: drwadhwani@yahoo.co.in



p.1/2

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Panel Discussion on : Integration of Science and Dhamma	12:31 PM to 01:30 PM (60 minutes)	<u>Moderator</u> Dr. Nirmala Ganla, MD (OBGY), Pune University, In practice for 32 Years In Vipassana for 25 Years, Pune Region M: 9011059394 Email: nirmalaganla@gmail.com
Feedback	01:31 PM to 01:45 PM	
Valedictory function	01:46 PM to 02:00 PM	
Lunch	02:00 PM onwards	

Date & Day: 17/01/2020 - Friday

Venue: Auditorium,
Banas Medical College & Research Institute,
At & post: Moriya,
Taluka: Palanpur,
District: Banaskantha, Gujarat
Pin: 385001

Redhu
MEU coordinator
BMCR, Palanpur

R. Patel 26.12.2019
DEAN
BMCR, Palanpur
Dean
Banas Medical College
& Research Institute
Palanpur-385001



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Subject: Re: Application for Accreditation of CME
To: MEU BMCRIS

Sir

Gujarat Medical Council has granted 2 credit points for conference for the delegates who will attend the CME/ Workshop/ Conference to be held at Palanpur on 17 January 2019. Faculty/ Chairperson/ Presenter will be accredited 1 Credit point for each presentation or chairing the session. (Maximum two credit points are allowed in one accredited programme.)

Gujarat Medical Council has deputed Dean or deputed by him as observer for the Workshop./ CME./ Conference/MEU.

Kindly contact the Observer and inform him regarding time and venue of the programme. The observer will be considered as invited guest faculty.

You are requested to contact the observer for the programme. You have to observe the rules & regulations formed for the Accreditation of Scientific Programme by Gujarat Medical Council. GMC Observer's signature is must on certificate and will sign in person and not as e-signature.

Please send the no. pf participants within half an hour of staring the programme by e-mail or sms

Thanking you,

Yours Truly,
Mr. Pranav Patel / Dr. Chetan N. Patel
Deputy Registrar / Convener, Accreditation Committee

Together we will achieve.

Dr. Chetan N.Patel
Chairman, DVL Welfare Trust
President, IMA Gujarat State Branch,2014-2015,
Vice President, Gujarat Medical Council
Chairman, IMA HQ Disaster Management Cell
Chairman, IMA Vadodara Bio Medical Waste Management Cell
Hon. Secretary, IMA Vadodara Co-Op. Cr. Soc. Ltd.
Vice President, IMA HQ, 2006-2007

On Tue, Dec 24, 2019 at 12:59 PM MEU BMCRI <meubmcri@gmail.com> wrote:

Sir,

Banas Medical College and Research Institute, Palanpur is planning to hold a half day **CME** on 17/01/2020 on "Role of Vipassana in Health & Happiness"

Please find attached the Covering Letter and the Application Letter in the prescribed GMC format.

Kindly accept our application for the same and do the needful.

Thank you,

With Regards,

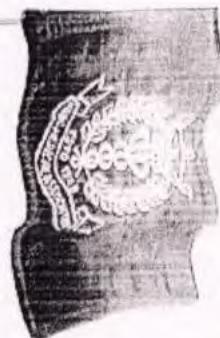
Dr. Radhika Khara

Coordinator - MEU

BMCRI-Palanpur

Mobile No. 9898778632

Email: meubmcri@gmail.com



Thank you,
With Regards,

Dr. Radhika Khara
Coordinator - MEU

BMCRI-Palanpur

Mobile No. 9898778632

Email: meubmcri@gmail.com



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General Hospital Campus, Simla Gate, Palanpur -385001(Gujarat)

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Email: banasmcri@gmail.com

www.bmcri.co.in

GNPCT/BMCRI/ADMIN/2020/01/10/273

Date: 10/01/2020

Date: 10/01/2020

To

Dr. Ajit Kumar Shrivastava
Associate Professor,
Department of Pediatrics,
BMCRI, Palanpur

Subject: Regarding Deputation as GMC observer

Sir,

The Medical Education unit (MEU) of Banas Medical College & Research Institute, Palanpur is holding a CME on 17th January 2020 on "Role of Vipassana in Health & Happiness" from 08:30 AM onwards at Auditorium, Banas Medical College & Research Institute, Moriya, Palanpur.

You are deputed as the GMC (Gujarat Medical Council) Observer for the above mentioned CME. Also you will be supposed to prepare a report and mail the same to the GMC after completing the CME.

Kindly take note of the same and comply.



OLC

for acknowledgement
Dean
BMCRI, Palanpur
Dean
Banas Medical College
& Research Institute
Palanpur-385001

Managed by Galbabhai Nanjibhai Patel Charitable Trust, Palanpur

Registration no.:Bombay public trust act 1950:E/1530/Banaskantha
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Banas Medical College & Research Institute, Palanpur

General Hospital Campus, Simla Gate, Palanpur -385001(Gujarat)

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Telephone: 02742-253881, Fax No: 02742-252723

Email: banasmcri@gmail.com

Letter of Permission issued by Ministry of Health & Family Welfare, Govt. of India dated 31.05.2018

www.bmcri.co.in

GNPCT/BMCRI/ADMIN//2020/01/10/271

DATE-10/01/2020

Invitation

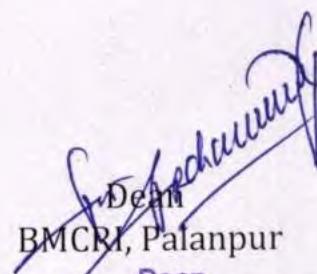
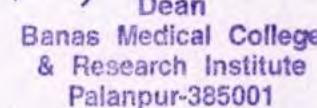
All are cordially invited to the CME on "**Role of Vipassana in Health & Happiness**"

Date: 17/01/2020 (Friday)
Time: 08:30 AM onwards
Venue: Auditorium,
Banas Medical College & Research Institute,
Moriya, Palanpur

Please find the detailed program in the attachment.

Note: The Gujarat Medical Council has granted 2 credit points to the participants of this CME




Dean
BMCRI, Palanpur

Dean
Banas Medical College & Research Institute
Palanpur-385001

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GNPCT/BMCRI/ADMIN/2020/01/10/273

Date: 10/01/2020

Date: 10/01/2020

To

Dr. Ajit Kumar Shrivastava
Associate Professor,
Department of Pediatrics,
BMCRI, Palanpur

Subject: Regarding Deputation as GMC observer

Sir,

The Medical Education unit (MEU) of Banas Medical College & Research Institute, Palanpur is holding a CME on 17th January 2020 on "Role of Vipassana in Health & Happiness" from 08:30 AM onwards at Auditorium, Banas Medical College & Research Institute, Moriya, Palanpur.

You are deputed as the GMC (Gujarat Medical Council) Observer for the above mentioned CME. Also you will be supposed to prepare a report and mail the same to the GMC after completing the CME.

Kindly take note of the same and comply.



OLC

for acknowledgement
Dean
BMCRI, Palanpur
Dean
Banas Medical College
& Research Institute
Palanpur-385001

Managed by Galbabhai Nanjibhai Patel Charitable Trust, Palanpur

Registration no.:Bombay public trust act 1950:E/1530/Banaskantha
Ph.:02742-255720,253881-85,Fax : +912742-252723

Report submitted by the Organizing Secretary

Date: 18/01/2020

To
The Registrar
Gujarat Medical Council
"Council House"
Old Nursing College Building,
Opp. M.P. Shah Cancer Hospital,
Civil Hospital Campus,
Asarva,
Ahmedabad- 380016

Subject: Report of the scientific Program (CME)

Respected Sir,

Banas Medical College & Research Institute, Palanpur has organized the scientific Program (CME). Herewith I am sending the report of the program.

Name of the organization: Banas Medical College & Research Institute, Moriya, Palanpur

Organizing Secretary: Dr. Sunita Dinkar
Associate Professor, Department of General Surgery,
Banas Medical College & Research Institute, Palanpur

No. of doctors attended the CME registered with GMC: 39

No. of doctors attended the CME registered with other Medical Councils: 03

No. of staff members not registered with any Medical Council: 19

No. of Medical Students attended the CME: 307

Suggestions:

The CME was well organized; content was excellent, each speaker was exceptional. As per my knowledge this is the first Medical College which has organized CME on this important topic.

Thanking You.



for Dr. Sunita Dinkar
22/01/2020
Dean
Banas Medical College
& Research Institute
Palanpur-385001

Sunita
Yours Sincerely,
Dr. Sunita Dinkar
Associate Professor,
Department of General Surgery,
BMCRI, Palanpur

Enclosures:

1. Feedback forms of the delegates
2. Copy of Registration Sheet of Doctors with their signature & Medical Council Registration number
3. Copy of Registration Sheet of Medical Students with their signature
4. Specimen copy of the Certificates (Speaker, Observer & Participants)
5. Photographs of the Scientific Programme

Report submitted by the GMC Observer

Date: 18/01/2020

To,
The Registrar,
Gujarat Medical Council,
"Council House",
Old Nursing College Building,
Opp. M.P. Shah Cancer Hospital,
Civil Hospital Campus,
Asarva,
Ahmedabad- 380016

Sub.: Report of the scientific Program (CME)

Name of the organization: Banas Medical College & Research Institute, Moriya, Palanpur

Organizing Secretary: Dr. Sunita Dinkar
Associate Professor, Department of General Surgery,
Banas Medical College & Research Institute, Palanpur

Respected Sir,

I have attended the CME on "Role of Vipassana in Health & Happiness" on 17/01/2020. Herewith I am sending the report of the program.

It was a privilege for me to be the part of the CME on Vipassana held on 17th of January at Banas medical College & Research Institute, Moriya. Being an observer was a great experience for me. The programme was introduced by the Dean of Banas Medical College, Dr Adarshjit Singh sir. He gave a very nice and concise overview about Vipassana and its correlation with anatomical (Prefrontal Cortex, Amygdala, cingulate gyrus) and hemodynamic aspect of brain. The CME had three lectures and one panel discussion.

The first lecture was on theoretical basis, health potential and practical application of Vipassana. The speaker was Dr. Hamir Ganla who himself is in this practice since 25 years. Though he is a Pediatrician but as per his experience he feels more energetic, satisfied and calm since he started this art of life. He stated that during Vipassana you develop the habit of sitting cross-legged , there is no 'guru' and you are getting only what you are given. During the training you have to follow five things- No killing, No stealing, No sex, No lies and No intoxicants. Vipassana is based on the fact that everything is changing everything is impermanent. The practice of Vipassana is nothing to do with thinking it is just the observation of your own body in a special way. After this session all the participants did Anapana Meditation for ten minutes. All participants felt very good after practicing this.

The second lecture was Vipassana in social context and social upliftment. It was very nicely explained by Mr. Anil Mehta, CA by profession but in Vipassana since 23 years. He had a very unique way of presentation and all participants heard him spellbound. He emphasized that Vipassana can be helpful in training of our students to deal with their social problems. The "curious story of lost 10th man" was certainly an eye opener for all of us. The third and final lecture was taken by Dr. D. B. Wadhwani . He discussed Vipassana for medical practitioners. According to him we all practitioners lack spiritual component of health for ourselves and our patients. We are suffering from Burnout stress syndrome. Vipassana can deal with all these and we can improve our life expectancy which at present is 10 years less than the general population. He very nicely explained the theory of "reaction time" which after practicing Vipassana increases and helps us to develop thoughtful and positive response.

The last part of the CME was panel discussion on integration of science and dhamma which was moderated by Dr. Nirmala Ganla, an obstetrician by profession but in Vipassana practice since last 25 years. She shared her experiences with Vipassana. The panel satisfactorily answered the various questions asked by the audiences. Feedback from the participants were very good . Baring 5-6 participants all were very satisfied. The purpose of the seminar has been completely accomplished.

I congratulate the organizing secretary Dr Sunita Dinkar for arranging such a nice CME.I Congratulate the management of BMCRI too.

Thanking You.

Ajit Kumar Shrivastava

Yours Sincerely,
Dr. Ajit Kumar Shrivastava
Associate Professor,
Department of Pediatrics,
BMCRI, Palanpur



for 22/01/2020
Dean
Banas Medical College
& Research Institute
Palanpur-385001

MEDICAL EDUCATION UNIT

BANAS MEDICAL COLLEGE & RESEARCH INSTITUTE, PALANPUR

CME ON "ROLE OF VIPASSANA IN HEALTH & HAPPINESS"

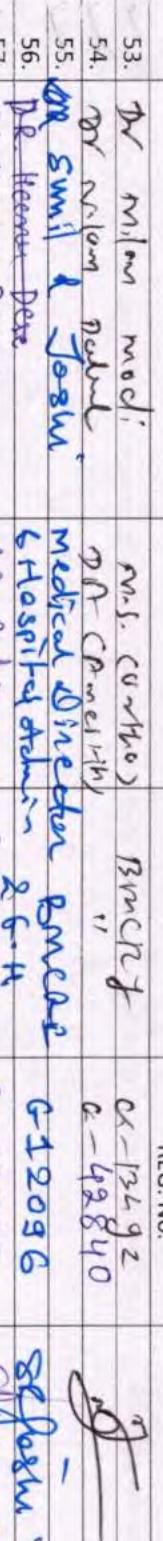
DATE: 17/01/2020

No.	NAME	DESIGNATION	INSTITUTION	GMC REG. No.	SIGNATURE
1.	DR VASUDEV RAWAL PROF & HOD, PSM	BMCR1	6-6338	✓	
2.	MCHEEN PANDYA VDO	-	-		
3.	Rushabhpal Rekha S	Amnugandivikas Co-ordinator	Ganeshpura, Vipashyana Seva Sangh Palanpur	-	
4.	Satish Rashtrapal	Rtd. Session Judge	"		
5.	Dilip V. Vaid	"	"		
6.	M. S. Patel	Patna Govt. Engg. College Jai Gyan	"		
7.	M. J. MEWARA	Rehman Cleek RTG Cal	"		
8.	Dr. Pushti Vachhani	Asst. Professor	BMCR1	A-47976	W. D. Patel
9.	Dr. Mohini M. Chawdhari	Tutor	BMCR1	C-34822	
10.	Shreya Agarwal	Tutor	BMCR1	C-47459	
11.	Dr. Apekha Chaturvedi	Asst. Professor	BMCR1	C-47459	
12.	Dr. Radhika Khera	Asst. Prof	BMCR1	NA	
13.	Dr. Nishant Bhagwanji	Asst. Prof, PSM	BMCR1	K-47921	W. D. Patel
14.	Dr. Taty Bhattacharya	Asso. Prof. Pharm	"	C-20042	
15.	Dr. Neethu Bhattacharya	TUTOR	BMCR1	C-26026	W. D. Patel
16.	DR. R.K. BHIMANI	ASST. PROF	BMCR1	G-52416	
17.	Dr. Kiran Pandit	Tutor	BMCR1	G-43378	
18.	Dr. Kirti Pandit	Asst. Prof	BMCR1	G-43363	
19.	Dr. Disha Dhankar	Tutor	BMCR1	G-5089	
20.	Dr. Satish Pawarwani	Hon. Officer	BMCR1	-	
21.	Dr. Naveen Patel	Administrative officer	BMCR1	-	



No.	NAME	DESIGNATION	INSTITUTION	GMC REG. NO.	SIGNATURE
22.	Dalyubhai Chaudhuri	Adv Officer	BMCRT	-	<u>Chaudhuri</u>
23.	Hiteshbhai Desai	Deputy Professor	BMCRT	-	<u>Hiteshbhai</u>
24.	Dr. Jayantibhai Patel	Assis. Professor	BMCRT	-	<u>Jayantibhai Patel</u>
25.	Dr. Jayantibhai Patel	Lecturer	BMCRT	-	<u>Jayantibhai Patel</u>
26.	Dr. Savita Desai	AP Pathology	BMCRT	-	<u>Savita Desai</u>
27.	Dr. Ravinder Bhagat	SP Surgery	BMCRT	G-48251	<u>Ravinder Bhagat</u>
28.	Dr. Amit Vaghela	AP Medicine	BMCRT	G-22345	<u>Amit Vaghela</u>
29.	Dr. Prayag Patel	AP	BMCRT	C-5188	<u>Prayag Patel</u>
30.	Dr. Hemal Patel	Asst.(FM)	BMCRT	G-24243	<u>Hemal Patel</u>
31.	Dr. Hemal Patel	Asst.(FM)	BMCRT	G-43093	<u>Hemal Patel</u>
32.	Dr. Poonam Patel	Asst. Prof.	BMCRT	G-41015	<u>Poonam Patel</u>
33.	Dr. Nivedita Mehta	Asst. Prof.	BMCRT	G-18657	<u>Nivedita Mehta</u>
34.	Dr. Himanshu Patel	Asst. Prof.	BMCRT	G-45227	<u>Himanshu Patel</u>
35.	Dr. Jyotsna Joshi	Asst. Prof.	BMCRT	G-4045	<u>Jyotsna Joshi</u>
36.	Dr. Anil Sonawane	Asst. Prof.	BMCRT	-	<u>Anil Sonawane</u>
37.	Mrs. Chintanee Chaudhury	Civil. Of	BMCRT	-	<u>Chintanee Chaudhury</u>
38.	Manohar Tijoriwala	Business	BMCRT	-	<u>Manohar Tijoriwala</u>
39.	Dr. Birendra Kumar Patel	Asstt. Prof.	BMCRT	G-42481	<u>Birendra Kumar Patel</u>
40.	Dr. Hiren Soni	Associate Prof.	BMCRT	G-41645	<u>Hiren Soni</u>
41.	Dr. Nupurdevibenji Soni	Asso. Prof.	BMCRT	G-18463	<u>Nupurdevibenji Soni</u>
42.	Dr. A. S. Singh	Prof. & Dean	BMCRT	G-2177	<u>A. S. Singh</u>
43.	Dr. Roopam Patel	Prof. & Asst. Dean	BMCRT	G-25282	<u>Roopam Patel</u>
44.	Dr. Kusumala Patel	Prof. & Asst. Dean	BMCRT	G-267594	<u>Kusumala Patel</u>
45.	Dr. Ganesh Patel	-	BMCRT	MMC-38384	<u>Ganesh Patel</u>
46.	Dr. Nitin Patel	Asst. Prof.	BMCRT	-	<u>Nitin Patel</u>
47.	Dr. Sunidhi Patel	Assoc. Prof.	BMCRT	G-8588	<u>Sunidhi Patel</u>
48.	Dr. Leena Patel	Qual. Prof.	BMCRT	-	<u>Leena Patel</u>
49.	Dr. Ajit Shrivastava	Associate Prof.	BMCRT	G-39122	<u>Ajit Shrivastava</u>
50.	Dr. Madhukar. wagh	Associate Prof.	BMCRT	G-25282	<u>Madhukar. wagh</u>
51.	Dr. Parvin Tamang	Assis. Prof. (Pharm)	BMCRT	G-2177	<u>Parvin Tamang</u>
52.	Dr. Anil Patel	Asst. Prof. (Ob/Gyn)	BMCRT	G-18657	<u>Anil Patel</u>
		Asst. Prof. (Ob/Gyn)	BMCRT	G-18657	<u>Asst. Prof. (Ob/Gyn)</u>



No.	NAME	DESIGNATION	INSTITUTION	GMC REG. No.	SIGNATURE
53.	Dr Milon modi	M.S. (Ortho)	BMCRI	CR-13492	
54.	Dr Nidam Patel	Dr General	"	C-42840	
55.	Dr Sunil Joshi	Medical Director	BMCRI	G-12096	
56.	Dr Hemant Desai	Hospital Admin	26-H		
57.	Dr. Heman Desai	AP Pedia	BMCRI	CR-20835	
58.	Dr Nik Sharma	Dr Pandit	BMCRI	MP-144114	
59.	Dr. Ashish Khokhar	AP Anatomy	"	CR-6225654	
60.	Dr Mehta M.V	Professor Surgery	BMCRI	CR. 9869	
61.	Dr Pravatna Sengar	Professor Biochem	BMCRI	CR-57752	
62.	Dr. Wadhwan	Professor	BMCRI	CR-21550	
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For (Signature)
Dean
BMCRI

GNPC
TRUST
Reg. No.
E11530/B.K.

Banas Medical College
& Research Institute
Palanpur-385001



॥ રવાસર્ય દ્વારાદ્ય રજાપત્ર ॥

BANAS MEDICAL COLLEGE & RESEARCH INSTITUTE, PALANPUR

CONTINUING MEDICAL EDUCATION (CME)

This certificate is given to

Dr. Hamir Ganla

in appreciation of his academic presentation on

"Theoretical basis, health potential and practical applications of Vipassana"

in the CME on **"Role of Vipassana in Health & Happiness"**

held on 17th January, 2020 under aegis of Medical Education Unit,

Banas Medical College & Research Institute, Palanpur.

THE GUJARAT MEDICAL COUNCIL HAS GRANTED 2 (TWO) CREDIT POINT FOR DELIVERING THE LECTURE

Dr. Sunita Dinkar
Organising Secretary
CME

Dr. Radhika Kharaji
Coordinator, MEU
BMCRI, Palanpur

Dr. Adarsh Jit Singh
Dean
BMCRI, Palanpur

Dr. Ajit Kumar Shrivastava
Observer
Gujarat Medical Council



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॥ સુવદ્યારય દ્વારારચ્ય રક્ષણમ ॥

CONTINUING MEDICAL EDUCATION (CME)

This certificate is given to

Dr. D. B. Wadhwani

in appreciation of his academic presentation on

"Vipassana for Medical Practitioners"

in the CME on "**Role of Vipassana in Health & Happiness**"

held on 17th January, 2020 under aegis of Medical Education Unit,

Banas Medical College & Research Institute, Palanpur.

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Dr. Sunita Dinkar
Organising Secretary
CME

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Dr. Adarshjit Singh
Dean
BMCRI, Palanpur

Dr. Ajit Shrivastava
Observer
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॥ रसायन स्वारम्य यशापाम् ॥

CONTINUING MEDICAL EDUCATION (CME)

This certificate is given to

Shri Anil Mehta

in appreciation of his academic presentation on

"Vipassana in Social Context and Social Upliftment"

in the CME on **"Role of Vipassana in Health & Happiness"**

held on 17th January, 2020 under aegis of Medical Education Unit,

Banas Medical College & Research Institute, Palanpur.

THE GUJARAT MEDICAL COUNCIL HAS GRANTED 2 (TWO) CREDIT POINT FOR DELIVERING THE LECTURE

Dr. Sunita Dinkar
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CME

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Coordinator, MEU
BMCRI, Palanpur

Dr. Adarshjit Singh
Dean
BMCRI, Palanpur

Dr. Ajit Srivastava
Observer
Gujarat Medical Council

Amit Kumar Shrivastava
Dr. Ajit Srivastava
Observer
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RESEARCH INSTITUTE, PALANPUR**



॥ सत्यसर्व रवारथ्य रथाम् ॥

CONTINUING MEDICAL EDUCATION (CME)

This certificate is given to

Dr. Nirmala Ganla

in appreciation of presiding as moderator for panel discussion on

"Integration of Science & Dhamma"

in the CME on "**Role of Vipassana in Health & Happiness**"

held on 17th January, 2020 under aegis of Medical Education Unit,

Banas Medical College & Research Institute, Palanpur.

THE GUJARAT MEDICAL COUNCIL HAS GRANTED 2 (TWO) CREDIT POINT

Dr. Sunita Dinkar
Organising Secretary
CME

Dr. Radhika Khara
Coordinator, MEU
BMCRI, Palanpur

Dr. Adarsh Jit Singh
Dean
BMCRI, Palanpur

Dr. Ajit Shrivastava
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॥ સત્યસ્વરૂપ સ્વાસ્થ્ય રક્ષણમ् ।

CONTINUING MEDICAL EDUCATION (CME)

Certificate of Participation

This is to certify that **Dr. Ajit Kumar Shrivastava**, Associate Professor, Department of Pediatrics, Banas Medical College & Research Institute, Palanpur has participated as **GMC Observer** in the CME (Continuing Medical Education) on "**Role of Vipassana in Health & Happiness**" held on 17th January, 2020 under aegis of Medical Education Unit, Banas Medical College & Research Institute, Palanpur.

THE GUJARAT MEDICAL COUNCIL HAS GRANTED 2 (TWO) CREDIT POINTS.

Dr. Sunita Dinkar
Organising Secretary
CME

Dr. Radhika Khara
Coordinator, MEU
BMCR, Palanpur

Dr. Adarsh Jit Singh
Dean
BMCR, Palanpur

Dr. Ajit Kumar Shrivastava
Observer
Gujarat Medical Council

CME ON “ROLE OF VIPASSANA IN HEALTH & HAPPINESS”

BANAS MEDICAL COLLEGE & RESEARCH INSTITUTE, MORIYA, PALANPUR

17TH JANUARY, 2020



































