

Life Log — Privacy Policy

Last updated: December 14, 2025

This Privacy Policy explains how **Life Log** handles information when you use the App.

1. Overview

Life Log is designed to work **without a developer-operated backend**. Your data is processed on your device and may be transmitted directly to third-party services you configure (Notion and optionally an LLM provider).

2. Information You Provide

Depending on how you use the App, you may provide:

- Photos (selected or captured)
- Text notes and comments
- Audio recordings (voice notes)
- Notion API token/key and Notion database/table identifiers
- LLM API keys (Gemini and/or OpenAI)

3. How Information Is Used

The App uses your information to:

- Create a journal entry on your device
- Send data to the third-party services you choose (e.g., Notion; optionally an LLM provider)
- Save results into your Notion database

4. What We Store

We do not operate a backend server and do not store your content or API keys on developer-controlled servers.

Your content is stored in:

- Your Notion workspace (if you enable Notion saving)
- Third-party LLM provider systems (only if you choose to send content for processing)

5. Data Sharing

The App may share data **only** with:

- **Notion** (to create/update database records)
- **Your selected LLM provider** (to process text/audio/photo context, if you enable that feature)
- **Google** (for Google Sign-In)

The data shared depends on the features you use.

6. Third-Party Processing

Third-party services process data under their own policies and terms. Please review their privacy policies to understand:

- What they collect
- How they use it
- How long they retain it
- What controls they offer

7. Security

Because Life Log requires API keys, you are responsible for keeping keys secure.

We recommend:

- Not sharing your API keys
- Using the minimum permissions necessary in Notion
- Protecting your device with a passcode/biometrics

No method of electronic transmission or storage is 100% secure.

8. Data Retention

We do not retain your content on developer-operated servers.

Retention is controlled by:

- Notion (for content saved there)
- Your LLM provider (for content sent there, if any)
- Your device (for local storage and caches, if any)

9. Children's Privacy

Life Log is not intended for children under the age of 13 (or the minimum age required by local law). We do not knowingly collect personal information from children.

10. Your Choices and Controls

You can:

- Stop using the App at any time
- Revoke Notion integration by deleting/revoking your Notion token
- Revoke LLM access by deleting/revoking your LLM API key
- Manage or delete journal entries directly in Notion
- Disconnect Google Sign-In via your Google account settings

11. Changes to This Privacy Policy

We may update this Privacy Policy from time to time. The "Last updated" date will reflect the latest revision.

12. Contact

If you have questions about privacy in Life Log:

Email: andrew.gudzov@gmail.com