3. C.

$$E(X_{max}) = \sum_{x=1}^{5} x \cdot P(X_{max} = x) = \sum_{x=1}^{5} x \cdot (3x(x-1)+1)$$

$$= \frac{1}{5} \sum_{x=1}^{5} (3x^{2}-3x+1) = \frac{1}{5} 3 \left(3\sum_{x=1}^{5} x^{3}-3\sum_{x=1}^{5} x^{2}+\sum_{x=1}^{5} x\right)$$

$$= \frac{1}{5} \left(3 \cdot x^{2}-3x+1\right) = \frac{1}{5} 3 \left(3\sum_{x=1}^{5} x^{3}-3\sum_{x=1}^{5} x^{2}+\sum_{x=1}^{5} x\right)$$

$$= \frac{1}{5} \left(3 \cdot x^{2}-3x+1\right) = \frac{1}{5} \left(3\sum_{x=1}^{5} x^{3}-3\sum_{x=1}^{5} x^{2}+\sum_{x=1}^{5} x\right)$$

$$= \frac{1}{5} \left(3 \cdot x^{2}-3x+1\right) = \frac{1}{5} \left(3\sum_{x=1}^{5} x^{3}-3\sum_{x=1}^{5} x^{3}+1\right)$$

$$= \frac{1}$$