## **Truth or dare**

You can find some ideas here, but you can also use your own ideas.

## **Questions:**

When was the last time you cleaned your room?

Is there a mess under your bed?

Is there a mess in your closet?

Have you ever cheated on a test?

Have you ever faked a sickness to stay home from school?

Have you ever used your lunch money for something other than lunch?

Have you ever watched a movie or TV show that you know you're not allowed?

Have you ever lied about your age?

Have you ever cried during a movie? If so, which one?

Have you ever broken something and blamed someone else?

Have you ever peeked at Christmas presents early?

Have you ever eaten a bug?

What is your worst habit?

Do you bite your nails?

What is something you wish you were better at?

When was the last time you did something nice for someone else?

## <u>Dares</u>

Attempt to do 10 pushups.

Crabwalk across the room.

Stand on your hands. Fetch (item of choice in another room) with a blindfold on.

Do your best Mickey Mouse impression.

Do your best lion roar.

Do your best Disney princess impression.

Attempt a cartwheel. Make up a poem aloud.

Act like a cat.

Act like a monkey.

Sing the ABCs backward.

Spin in circles for 10 seconds.

Do the chicken dance.

Draw a mustache on yourself without a mirror.

Switch clothes with someone.

Belt out a song of choice.

Let someone fix your hair the way they want and leave it that way.

Sing what you have to say instead of talking.

Talk in the third person.

Talk in a high-pitched voice.

Pretend to be T-Rex.

Talk and act like a robot.

Keep your finger on the tip of your nose as if it's stuck there.

Stop blinking for 30 seconds.

Put your leg behind your head.

Draw a stickman on paper by holding the writing utensil in your mouth.

Do jumping jacks.