

**COURSE CURRICULUM FOR FIRST PROFESSIONAL BAMS  
(PRESCRIBED BY NCISM)**



**RACHANA SHARIRA  
(SUBJECT CODE- AyUG-RS)  
HUMAN ANATOMY**

(Applicable from 2021-22 batch onwards for 5 years or until further notification by NCISM, whichever is earlier)



**BOARD OF AYURVEDA  
NATIONAL COMMISSION FOR INDIAN SYSTEM OF MEDICINE  
NEW DELHI-110058**



**Rachana**

# **I Professional Ayurvedacharya (BAMS)**

**Subject Code: AyUG-RS**

## **Rachana Sharir (Human Anatomy)**

### **Summary**

<b>AyUG-RS</b> <b>Total number of Teaching hours: 500</b>			
<b>Lecture hours (LH) - Theory</b>			
Paper I	90 Hours	<b>180 Hours</b>	<b>180 Hours (LH)</b>
Paper II	90 Hours		
<b>Non-Lecture hours (NLH) – Theory</b>			
Paper I	40 Hours	<b>80 Hours</b>	<b>320 Hours (NLH)</b>
Paper II	40 Hours		
<b>Non-Lecture hours (NLH) - Practical</b>		<b>240 Hours</b>	

<b>AyUG-RS</b> <b>Examination (Papers &amp; Mark Distribution)</b>					
<b>Item</b>	<b>Theory Component Marks</b>	<b>Practical Component Marks</b>			
		<b>Practical</b>	<b>Viva</b>	<b>Elective</b>	<b>IA</b>
<b>Paper I</b>	<b>100</b>	<b>100</b>	<b>70</b>	--	<b>30</b>
<b>Paper II</b>	<b>100</b>				
<b>Sub-Total</b>	<b>200</b>		<b>200</b>		
<b>Total marks</b>		<b>400</b>			

## **Preamble**

The primary purpose for teaching Rachana sharir to undergraduate students is to provide a thorough understanding of the basic principles of Sharir. Gross and microscopic structure and development of the human body in perspective of ancient and modern sciences, as well as to acquire necessary skills. Sharir in Ayurveda also provides in depth views to concepts like Marma and srotas. Learning of Sharir is most useful in further years in diagnosis and management of the diseases.

Various teaching and learning methods, including didactic, demonstration, tutorial, group discussion, seminars, Integrated Teaching (IT), Problem Based Learning (PBL), and Early Clinical Exposure (ECE), Case-Based Learning (CBL), Virtual Dissection, and cadaveric dissection, are used to transfer knowledge to students, and the syllabus is constructed accordingly. As a result, the students appreciate being a part of the teaching and learning process. This will help the students to become competent, self-assured, caring, and concerned humans capable of providing ethical medical treatment.

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## Course Code and Name of Course

	Course code	Name of Course
	<b>AyUG RS</b>	<b>Rachana Sharir (Human Anatomy)</b>

**AyUG RS**

**Table 1- Course learning outcomes and matched PO.**

SR1 CO No	A1 <b>Course learning Outcome (CO) AyUG RS</b> <b>At the end of the course AyUG RS, the student should be able to-</b>	<b>B1</b> <b>Course learning</b> <b>Outcome matched with</b> <b>program learning</b> <b>outcomes.</b>
<b>CO1</b>	Describe the fundamentals of Rachana Sharir, interpret and analyze it in relevant context and recognize its significance in Ayurveda	<b>PO1, PO2</b>
<b>CO 2</b>	Explain Garbha Sharir and Embryology in Ayurveda and modern science respectively with clinical significance	<b>PO1, PO2</b>
<b>CO 3</b>	Describe and demonstrate all the bones and joints with attachments of associated structures and its clinical application	<b>PO1, PO2</b>
<b>CO 4</b>	Explain the concept of Sira-Dhamani-Strotas, their organization in the human body and its applied aspect	<b>PO1, PO2</b>
<b>CO 5</b>	Identify the Marmas and understand its classification along with its importance in preventive and therapeutic aspect	<b>PO1, PO2</b>
<b>CO 6</b>	Explain and demonstrate the gross anatomy of the organs of various systems and their applied anatomy in perspective of Ayurveda and Modern science	<b>PO1, PO2, PO3</b>
<b>CO 7</b>	Explain the Indriya Sharir and Sensory organs with its application in preventive and therapeutic domain.	<b>PO1, PO2</b>
<b>CO 8</b>	Identify and locate all the structures of body and mark the topography of the living Sharir.	<b>PO1, PO3</b>
<b>CO 9</b>	Respect the cadaver and perform dissection with commitment to reiterate the theoretical aspect of Ayurveda Rachana Sharir and contemporary sciences.	<b>PO1, PO3, PO5</b>
<b>CO 10</b>	Describe the basic principles of imaging technologies and identify the anatomical structures in the radiograph	<b>PO1, PO2, PO3</b>

**Table 2: Contents of Course AyUG-RS**

<b>Paper I</b>					
<b>SN</b>	<b>A2 List of Topics AyUG-RS</b>	<b>B2 Term</b>	<b>C2 Marks</b>	<b>D2 Lecture hours</b>	<b>E2 Non- Lecture hours</b>
1	<b>Shariropkramaniya Shaarira</b> <ul style="list-style-type: none"> <li>Sharir and Shaarir vyakhyा (definitions of sharira and sharira)</li> <li>Shadangatvam (Six regions of the body)</li> <li>Anga Pratyanga vibhaga (subdivisions)</li> <li>Sharir shastra vibhag</li> <li>Sharir gyan prayojan and its description in contemporary science with its clinical importance</li> </ul>	I	6	4	2
2	<b>Paribhasha Shaarira</b> <ul style="list-style-type: none"> <li>Kurcha, Kandara, Jala, Asthisamghata, Seemnta, Seevani, Rajju, and lasika</li> <li>Terminologies related shadang sharir</li> </ul>	I	4	3	1
3.	<b>Garbha Shaarira</b> <ul style="list-style-type: none"> <li>Garbha Vyakhyा (Definition of Garbha)</li> <li>Concept of Shukra and Artava</li> <li>Garbhavkranti. Masanumasik grabhavruddhi</li> <li>Role of panchamahabhoot in Garbhavruddhi</li> <li>Concept of Beeja, Beejabhaga, Beejabhagavayava</li> <li>Garbhposhana</li> <li>Apara nirmiti, Garbhanabhinadi</li> <li>Garbha Angapratyanga utpatti according to different Acharya</li> <li>Garbha Vikruti</li> </ul>	I	15	17	5
4.	<b>Asthi Shaarira</b> Enumeration of Asthi, Types, asthi swaroopa, with its applied aspect	I	4	2	1
5.	<b>Sandhi Shaarira</b> <ul style="list-style-type: none"> <li>Description of Sandhi and its enumeration,</li> <li>Types of Sandhi with its clinical importance</li> <li>Introduction of diseases of Sandhi explained in Ayurveda</li> </ul>	II	4	2	3
6.	<b>Snayu sharir</b> Concept of Snayu and its clinical importance	II	3	2	1
7.	<b>Peshi Shaarira</b> <ul style="list-style-type: none"> <li>Description of Peshi,</li> <li>Utpatti, types, Swaroop, function with its importance</li> </ul>	II	3	2	1
8.	<b>Kesha, Danta, Nakha Sharir</b> <ul style="list-style-type: none"> <li>Description of Panchbhautik swaroop and its applied value</li> <li>Explanation of its swabhava (Pitruja) and its applied value</li> <li>Description of Prakrita (normal) and Vikruta(abnormal) Swaroop (appearance) of kesha, danta, nakha in concern with disease</li> <li>Importance of examination of kesha, danta, nakha</li> </ul>	II	4	2	1

	as diagnostic tool				
9	<b>Embryology</b> <ul style="list-style-type: none"> <li>Definitions and branches of embryology.</li> <li>Embryo and Fetus. Sperm and Ovum, Fertilization, Cleavage.</li> <li>Germ layers formation and their derivatives.</li> <li>Laws of heredity, Sex determination and differentiation, Month-wise development of embryo.</li> <li>Fetal circulation, Placenta formation, Umbilical cord formation</li> </ul>	I	5	7	2
10	<b>Osteology</b> <ul style="list-style-type: none"> <li>Bone: structure, types and ossification.</li> <li>Description of each bone with clinical anatomy</li> </ul>	I	12	9	6
11	<b>Arthrology</b> <ul style="list-style-type: none"> <li>Joints: structure, types and movements.</li> <li>Description of joints of extremities, inter-vertebral joints and temporomandibular joint with their clinical anatomy.</li> </ul>	II	10	10	6
12	<b>Myology</b> <ul style="list-style-type: none"> <li>Structure and types of muscles. Description of important muscles: origin, insertion, actions, nerve supply and clinical anatomy.</li> <li>Muscle movements in Yogasana</li> </ul>	II	4	6	2
13	<b>Nervous System</b> <ul style="list-style-type: none"> <li>Nervous system: Introduction and classification</li> <li>Meninges</li> <li>Description of Brain and Spinal cord.</li> <li>Description of Peripheral Nervous System: Cranial and Spinal nerves, Brachial, Cervical, Lumber and Sacral nerve plexus,</li> <li>Anatomical consideration of Autonomic Nervous System,</li> <li>Formation and circulation of cerebrospinal fluid</li> <li>Blood supply of Brain and Spinal cord.</li> </ul>	III	14	14	4
14	<b>Endocrinology</b> <ul style="list-style-type: none"> <li>Description of endocrine glands (Pituitary, Thyroid, Parathyroid, Thymus, Pineal and Suprarenal glands) with clinical aspects.</li> <li>Histology of all glands.</li> </ul>	III	8	8	3
15	<b>Lymphatic system</b> <ul style="list-style-type: none"> <li>Introduction Structure included in lymphatic system: Lymph vessels, Lymph nodes, Lymph glands with their clinical importance.</li> </ul>	III	4	2	2

<b>Paper II AyUG-RS</b>					
<b>SN</b>	<b>A2 List of Topics AyUG-RS</b>	<b>B2 Term</b>	<b>C2 Marks</b>	<b>D2 Lecture hours</b>	<b>E2 Non- Lecture hours</b>
<b>1</b>	<b>Pramana Sharira:</b> Anguli pramana & Anjali praman with its applied importance	<b>II</b>	2	2	1
<b>2</b>	<b>Koshtha Evam Ashaya Sharira</b> <ul style="list-style-type: none"><li>• Definition of Kostha with its applied importance and</li><li>• Enumeration of Koshtanga and its description</li><li>• Concept of Ashaya with its clinical importance</li></ul>	<b>I</b>	4	2	1
<b>3.</b>	<b>Sira Sharir</b> <ul style="list-style-type: none"><li>• Concept of Sira</li><li>• Nirukti, types, enumeration of Sira and its applied aspect</li><li>• Introduction to Sira vedha</li></ul>	<b>II</b>	4	3	1
<b>4.</b>	<b>Dhamani Sharir</b> <ul style="list-style-type: none"><li>• Concept of Dhamani</li><li>• Nirukti, types, enumeration of Dhamani and its applied aspect</li></ul>	<b>II</b>	2	2	1
<b>5.</b>	<b>Srotas Shaarira</b> <ul style="list-style-type: none"><li>• Concept of Srotas</li><li>• Nirukti, types, number of Srotas, Strotomool and its applied aspect</li><li>• Types of Srotas and its description.</li><li>• Applied aspect of Srotas</li></ul>	<b>II</b>	7	8	3
<b>6.</b>	<b>Kala Shaarira</b> <ul style="list-style-type: none"><li>• Definition and etymology of Kala</li><li>• Enumeration and description of Kala</li><li>• Applied aspect of Kala</li></ul>	<b>III</b>	4	2	2
<b>7.</b>	<b>Indriya Shaarira</b> <ul style="list-style-type: none"><li>• Definition of Indriya, Indriya artha and Indriya adhisthan,</li><li>• Number and importance of Indriya</li><li>• Description of Gyanendriya, Karmendriya and Ubhayendriya (Manas).</li><li>• Ayurved sharir of Indriya adhistan- Karna, Twacha, Netra, Jivha, Nasa</li><li>• Applied aspect of Indriya</li></ul>	<b>III</b>	3	3	1
<b>8.</b>	<b>Twacha Sharir</b> Definition, types and characteristics of Twacha with its clinical importance, significance of Twacha adhisthana in disease manifestation, its relation with Dhatus.	<b>III</b>	3	2	2
<b>9</b>	<b>Marma Sharira</b> <ul style="list-style-type: none"><li>• Marma: definition, enumeration, classification, location</li><li>• Surface demarcation of Marma</li><li>• Explanation of Trimarma</li></ul>	<b>II</b>	15	13	4

	<ul style="list-style-type: none"> <li>Detail description of Marma with its applied importance.</li> </ul>				
10	<b>Respiratory System</b> <ul style="list-style-type: none"> <li>Bronchial tree and Lungs with their clinical aspects.</li> <li>Respiratory tract: Nasal cavity, Pharynx, Larynx, Trachea</li> <li>Pleura with its clinical aspects</li> <li>Diaphragm and its opening</li> <li>Histology of all organs</li> </ul>	II	10	6	4
11	<b>Digestive system</b> <ul style="list-style-type: none"> <li>Regions of abdomen</li> <li>Organs of digestive tract (alimentary tract) with their clinical aspects.</li> <li>Digestive glands: Liver, Spleen and Pancreas.</li> <li>Description of peritoneum with its clinical aspects</li> <li>Histology of all organs</li> </ul>	I	12	10	6
12	<b>Cardiovascular system</b> <ul style="list-style-type: none"> <li>Description of Heart</li> <li>Structure of artery &amp; vein</li> <li>Importance blood vessels with their course and branches.</li> <li>Pericardium with applied aspect</li> <li>Histology of Heart</li> </ul>	II	8	8	3
13	<b>Urinary System</b> <ul style="list-style-type: none"> <li>Urinary tract: Kidney, Ureter, Urinary Bladder and Urethra with their clinical aspects</li> <li>Histology of all organs</li> </ul>	II	10	8	3
14	<b>Reproductive system</b> <ul style="list-style-type: none"> <li>Male Reproductive system: Reproductive organs, Scrotum and glands (Testis, Prostate and Seminal vesicles) with their clinical aspects.</li> <li>Female reproductive system: Introduction of external genital organ in brief and internal reproductive organs in detail, tract and glands with clinical importance.</li> <li>Histology of all organs</li> </ul>	III	6	7	3
15	<b>Sensory organs</b> Description of structures of Eye, Ear, Nose, Tongue and Skin with their clinical aspects.	III	10	14	5

**Table 3: Learning objectives (Theory) of Course AyUG-RS**

<b>Paper I RACHANA SHARIR –</b>									
A3 Course outcome	B3 Learning Objective (At the end of the session, the students should be able to)	C3 Domain/ sub	D3 Must to know/ desirable to know/Nice to know	E3 Level Does/ Shows how/ Knows how/ Know	F3 T-L method	G3 Assessment	H3 Formati ve /summa tive	I3 Te rm	J3 Integrat ion
<b>Topic 1- Sharirupkramaniya [Time: Lecture: 04 hours, non-lecture 02 hours] Practical- 02 hours</b>									
CO1	Define Sharir.	Cognitive / Recall	MK	Knows	Lecture	Written / viva-voce/ Open book test	F&S	I	
CO1	Describe the constitutional elements of Sharir	Cognitive/ Comprehension	MK	Knows	Lecture	Written/ viva-voce	F&S	I	
CO1	Analyze the Constitutional hierarchy of Sharir and its relevance	Cognitive/ analyze	DK	Knows how	Lecture/ GD	Written / viva-voce	F&S	I	
CO1	Enlist Anga -Pratyanga and specific terms for each Pratyanga	Cognitive/ Recall	MK	Knows	Lecture/ GD	Written/ viva-voce	F&S	I	
CO1	Describe the Importance of Pratyaksha (Demonstration & Dissection) method of learning Sharir	Cognitive - comprehension	MK	Knows how	Lecture/ demonstration/ TT/ GD	Written / viva-voce	F&S	I	
CO1	Explain the Mruta Samshodhana as mentioned	Cognitive / Comprehension	MK	Knows	Demonstration/ simulation/	Written / viva-voce	F&S	I	

	in Sushruta Samhita and as per the modern science.	Psychomotor							
CO1	Appraise the concept of body donation and its relevance in present scenario	Cognitive - analysis, Affective	NK	Knows	Lecture/ educational video/ SDL	Written / viva-voce	F&S	I	

**Topic 2- Paribhasha Sharir** [Time: Lecture: 03 hours, non-lecture 01 hours] Practical- 6 hours

CO1	Explain the terms Kandara, Kurcha, Mamsa, Rajju, Sevani, Jala, Seemant, Asthi Sanghat in context to its enumeration, site and structure.	Cognitive / comprehension	MK	Knows	Lecture/ Demonstration	Written/ viva-voce/ Open book test	F&S	I	
CO1	Evaluate the clinical importance of Kandara, Kurcha, Mamsa, Rajju, Sevani, Jala Seemant, Asthi and Samghat	Cognitive/ Application	DK	Knows how	Lecture/ Demonstration/ SDL	Written/ viva-voce	S	I	

**Topic 3- Garbha Sharir** [Time: Lecture: 17 hours, non-lecture 05 hours]

CO 2	Define Garbha and recall the related verse from samhitas.	Cognitive / knowledge	MK	Knows	Lecture/ Recitation	Written/ viva-voce	F & S	I	-
CO 2	Explain the concept of Shukra and recall the related verse from samhitas.	Cognitive / comprehension	MK	Knows	Lecture/ Recitation	Written/ viva-voce	F & S	I	-
CO 2	Explain the concept of Artava and recall the related verse from samhitas.	Cognitive / comprehension	MK	Knows	Lecture/ recitation	Written/ viva-voce	F & S	I	-
CO 2	Describe the role of tridosha and panchamahabhuta in the fetal development	Cognitive / comprehension	MK	Knows how	Lecture/ IT	Written/ viva-voce	F & S	I	Dept. of Streerog Prasuti tantra
CO 2	Explain the concept of Beeja, Beejbhaag, Beejabhagavayava	Cognitive / Comprehension	MK	Knows	Lecture/ GD/ TT	Written/ viva-voce	F & S	I	Dept. of Streerog Prasuti tantra

CO 2	Describe Masanumasik Garbha vriddhi kram and recall the related verse from samhitas.	Cognitive / comprehension	MK	Knows how	Lecture/ Recitation/ demonstration with 3D animated video	Written/ viva-voce/ Open book test	F & S	I	-
CO 2	Describe Garbhaposhana	Cognitive / comprehension	MK	Knows how	Lecture	Written/ viva-voce/ Open book test	F & S	I	-
CO 2	Describe the formation of Apara according to Ayurved	Cognitive / knowledge	MK	Knows, Knows how	Lecture/ demonstration with 3D animated video	Written/ viva-voce/ Open book test	F & S	I	-
CO 2	Describe Garbha nabhinadi	Cognitive / knowledge	MK	Knows	Lecture	Written/ viva-voce	F & S	I	-
CO 2	Explain Angapratyanga utpatti with the related verse from samhitas.	Cognitive / comprehension	MK	Knows how	Lecture/ demonstration with 3D animated video/	Written/ viva-voce/ Assignments/ Open book test	F & S	I	Dept. of Streerog Prasuti tantra

#### Topic 4- Asthi Shaarira [Time: Lecture: 02 hours, non-lecture 01 hours]

CO1	Enlist the number of Asthi according to different Acharyas	Cognitive/ Recall	MK	Knows how	Lecture	Written / viva-voce/ Open book test	F & S	I	
CO1	Describe the Asthi Sanghata and Asthi Simanta	Cognitive/ comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	I	

#### Topic 5- Sandhi Sharir [Time: Lecture: 02 hours, non-lecture 03 hours]

CO 3	Define the term Sandhi	Cognitive – Recall	MK	Knows	Lecture	Written/ viva-voce	F&S	II	
CO 3	Classify Sandhi into different types.	Cognitive – Recall	MK	Knows	Lecture	Written/ viva-voce/ project work	F&S	II	
CO 3	Demonstrate the movements of Chala Sandhi and	Cognitive – Application	MK	shows	Lecture +	Written/ viva-voce	F&S	II	

	comprehend the structural appearance	Psychomotor			Demonstration thorough model/ simulation				
CO 3	Illustrate the applied aspect of Sandhi and introduction of diseases of Sandhi explained in Ayurveda	Cognitive - Application	DK	Knows how	Lecture/ ECE/ SDL/ Seminar	Written/ viva-voce/ Assignment	F&S	II	Kayachi kitsa
<b>Topic 6- Snayu Sharir</b> [Time: Lecture: 02 hours, non-lecture 01 hours]									
CO 6	Describe Snayu with respect to its definition, structure, types, number, importance with its clinical importance	Cognitive/ comprehension	MK	Knows how	Lecture with demonstration/ SDL/Seminar	Written/ Viva -voce/ Open book test	F&S	II	
<b>Topic 7- Peshi Sharir</b> [Time: Lecture: 02 hours, non-lecture 01 hours]									
CO 5	Describe Peshi Sharir and its classification as per Ayurveda	Cognitive – comprehension	MK	Knows	Lecture/ Demonstration/ SDL/ Seminar	Written/ Viva-voce/ Open book test	F&S	II	
<b>Topic 8- Kesha, Danta, Nakha Sharir</b> [Time: Lecture: 02 hours, non-lecture 01 hours]									
CO 6	Describe Panchabhautik Swaroop, Swabhav (Pitruja) with its applied value in Prakriti and also explain related diseases with importance of examination kesha, danta, nakha as diagnostic tool	Cognitive/ comprehension	MK	Knows how	Lecture with demonstration with 3D animated video/ SDL	Written/ Viva -voce/ Open book test/ Assignment	F&S	II	
<b>Topic 9- Embryology</b> [Time: Lecture: 07 hours, non-lecture 02 hours]									
CO 2	Define embryology and enlist its branches	Cognitive / knowledge / recall	DK	Knows	Lecture	Written/ viva-voce	F & S	I	
CO 2	Define Embryo and Foetus	Cognitive / knowledge / recall	MK	Knows	Lecture	Written/ viva-voce	F & S	I	

CO 2	Describe the anatomical structure of Sperm and Ovum and explain its clinical importance	Cognitive / comprehension	MK	Knows how	Lecture/ Demonstration	Written/ viva-voce/ Assignment	F & S	I	
CO 2	Define term of fertilization	Cognitive / knowledge / recall	MK	Knows	Lecture/ Seminar	Written/ viva-voce	F & S	I	
CO 2	Describe the process of cleavage	Cognitive / comprehension	MK	Knows how	Lecture/ Educational 3D Animated videos	Written/ viva-voce	F & S	I	--
CO 2	Explain the process of germ layer formation and its derivatives	Cognitive / comprehension	MK	Knows how	Lecture/ Educational 3D Animated videos	Written/ viva-voce	F & S	I	Dept. of Streerog Prasuti tantra
CO 2	Explain the laws of heredity	Cognitive / comprehension	MK	Knows how	Lecture/ Seminar	Written/ viva-voce	F & S	I	Dept. of Streerog Prasuti tantra
CO 2	Describe the process of sex determination and differentiation	Cognitive / comprehension	NK	Knows how	Lecture/ Seminar	Written/ viva-voce	F & S	I	--
CO 2	Explain the month wise development of Foetus	Cognitive / comprehension	MK	Knows how	Lecture/ Demonstration	Written/ viva-voce/ Open book test/ Project work	F & S	I	Dept. of Streerog Prasuti tar
CO 2	Explain foetal circulation and the changes in the circulation after birth	Cognitive / comprehension	MK	Knows how	Lecture/Demonstrat ion	Written/ viva-voce	F & S	I	--
CO 2	Describe Placenta formation & its structure with applied anatomy	Cognitive / application	MK	Knows how	Lecture/ Seminar/ ECE	Written/ viva-voce	F & S	I	Dept. of Streerog Prasuti tantra
CO 2	Describe Umbilical cord with clinical importance	Cognitive / knowledge / application	MK	Knows how	Lecture/ Seminar/ ECE	Written/ viva-voce	F & S	I	Dept. of Streerog Prasuti tantra

Topic 10- Osteology [Time: Lecture: 09 hours, non-lecture 06 hours] Practical- 20 hours									
CO3	Explain skeleton and its importance	Cognitive/comprehension	MK	knows	Lecture/Demonstration/Seminar	Written / viva-voce	F & S	I	
CO3	Describe the uses of bones	Cognitive/comprehension	MK	Knows	Lecture	Written / viva-voce	F & S	I	
CO3	Describe and demonstrate the processes and depressions of various bones	Cognitive/comprehension, Application	MK	Show how	Lecture / Demonstration	Written / viva-voce	F & S	I	
CO3	Describe the characteristics of the bones	Cognitive/comprehension	MK	Knows	Lecture	Written / viva-voce	F & S	I	
CO3	Describe the development and ossification of bones	Cognitive/comprehension	DK	Knows how	Lecture	Written / viva-voce	F & S	I	
CO3	Describe and demonstrate Cranial bones and its applied anatomy	Cognitive / comprehension, Application	MK	Shows how	Lecture/Demonstration	Written / viva-voce	F & S	I	
CO3	Describe and demonstrate Facial bones and its applied anatomy	Cognitive / comprehension, Application	DK	Shows how	Lecture/Demonstration	Written / viva-voce	F & S	I	
CO3	Describe and demonstrate pelvic bones and its applied anatomy	Cognitive / comprehension, Application	MK	Shows how	Lecture/Demonstration	Written / viva-voce	F & S	I	
CO3	Describe and demonstrate vertebral column and its applied anatomy	Cognitive / comprehension, Application	MK	Shows	Lecture/Demonstration	Written / viva-voce	F & S	I	
CO3	Describe and demonstrate thorax bones and its applied anatomy	Cognitive / comprehension	MK	Shows how	Lecture/Demonstration	Written / viva-voce	F & S	I	

		on, Application							
CO3	Describe & demonstrate Clavicle and Scapula and its applied anatomy	Cognitive / comprehension, Application	MK	Shows how	Lecture/ Demonstration	Written / viva-voce	F & S	I	Kayachi kitsa
CO3	Describe Phalanges, Carpal and Tarsal Bones and its applied anatomy	Cognitive / comprehension	DK	Knows	Lecture/ Demonstration	Written/ viva-voce	F & S	I	
CO3	Describe & demonstrate bones of the upper & lower extremity and its applied anatomy	Cognitive / comprehension, Application	MK	Shows how	Lecture/ Demonstration	Written / viva-voce/ Project work	F & S	I	
CO3	Describe & demonstrate Patella and its applied anatomy	Cognitive / comprehension, Application	DK	Shows	Lecture/ Demonstration	Written / viva-voce	F & S	I	
CO10	Recognize and describe the Radiological structures in radiograph	Cognitive / comprehension, Application	MK	Shows	Lecture/ Demonstration/ PBL/ ECE/ SDL	Written / viva-voce/ Project work/ Assignment	F & S	I	

**Topic 11- Arthrology** [Time: Lecture: 10 hours, non-lecture 06 hours] Practical- 8 hours

CO 3	Recall the classification of Joints	Cognitive – Recall	MK	Knows	Lecture	Written/ viva-voce	F&S	II	
CO 3	Demonstrate movements of Synovial Joints and comprehend the structural aspect helping in movements.	Cognitive – Application Psychomotor	MK	Knows how	Lecture/ Demonstration/ Simulation	Written/ viva-voce	F&S	II	
CO 3	Describe constitutional anatomy of joint	Cognitive – Comprehension	MK	Knows	Lecture	Written/ viva-voce	F&S	II	
CO 3	Describe joints of upper limb and lower limb region, TM joint, and its related applied aspect	Cognitive – Application	MK	Knows how	Lecture/ PBL/ ECE	Written/ viva-voce/ Open book test/ Assignment	F&S	II	Kaychikitsa

CO 3	Demonstrate the examination of synovial joints	Psychomotor	MK	Knows + Shows	Demonstration with case presentation in relative aspect/ ECE/ SDL/ 3D Animated videos	Written/ viva-voce/ Practical performance	F&S	II	Rognidan
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**Topic 12- Myology** [Time: Lecture: 06 hours, non-lecture 02 hours] Practical- 8 hours

CO5	State the types of muscles.	Cognitive – application Psychomotor	MK	Knows	Lecture	Written/ Viva-voce	F & S	II	
CO5	Describe and demonstrate the muscles of upper and lower extremity with their origin, insertion, action & nerve supply and applied aspect and its role in Yogasana	Cognitive – application	MK	Shows	Lecture/ Demonstration/ GD/TT/ SDL/ 3D Animated videos	Written/ Viva-voce/ Open book test/ Project work	F & S	II	Swasthvritta
CO5	Describe and demonstrate muscles of thorax and abdomen with their origin, insertion, action & nerve supply and applied aspect and its role in Yogasana	Psychomotor	MK	Shows	Lecture/ Demonstration/ GD/TT/ SDL/ 3D Animated videos	Written/ Viva-voce/ Open book test/ Project work	F & S	II	Swasthvritta
CO5	Describe and demonstrate muscles of back with origin, insertion, action & nerve supply and applied aspect and role in Yogasana	Cognitive – application	DK	Shows	Lecture/ Demonstration/ GD/TT/ SDL/3D Animated videos	Written/ Viva-voce/ Open book test/ Project work	F & S	II	Swasthvritta

**Topic 13- Nervous System** [Time: Lecture: 14 hours, non-lecture 04 hours] Practical- 12 hours

CO6	Explain the hierarchy of structural unit	Cognitive-/comprehension	MK	Knows	Lecture/ Demonstration	Written/ viva-voce	F&S	III	
CO6	Describe the functional and structural division of the nervous system	Cognitive-comprehension	MK	Knows how	Lecture/ Seminar	Written/ viva-voce	F&S	III	

CO6	Explain the parts of Brain (Cerebrum, Cerebellum)	Cognitive – comprehension	MK	Knows, Knows how	Lecture/ Demonstration	Written/ viva-voce/ Open book test	F&S	III	
CO6	Describe external and internal features of Spinal cord.	Cognitive – comprehension	MK	Knows, Knows how	Lecture/ Demonstration/ 3D animated videos	Written/ viva-voce/ Open book test	F&S	III	
CO6	Illustrate the Blood supply of Brain and Spinal cord.	Cognitive – comprehension	MK	Knows, Knows how	Lecture/ Demonstration/ 3D animated videos	Written/ viva-voce/ Open book test	F&S	III	
CO6	Describe the external features of diencephalon Mid brain, Pons, Medulla oblongata.	Cognitive-Comprehension	DK	Knows	Lecture/ Demonstration/ 3D animated videos	Written/ viva-voce/ Open book test	F&S	III	
CO6	Describe the limbic system	Cognitive-Comprehension	NK	Knows	Lecture/ Demonstration/ 3D animated videos	Written/ viva-voce/ Open book test	F&S	III	
CO6	Describe the general Sulci and gyri of cerebrum and determine the clinical importance of Broadman's classification	Cognitive – application	MK	Knows Knows how	Lecture/ Demonstration/ 3D animated videos	Written/ viva-voce/ Open book test	F&S	III	
CO6	Describe the ascending, descending pathways, upper motor neurons and lower motor neurons, its applied aspect in examination of nervous system	Cognitive/ application Affective /responding	DK	Knows how	Lecture/ Demonstration/ CBL, ECE	Written/ viva-voce/ Open book test	F&S	III	Kaya chikitsa
CO6	Demonstrate the superficial and deep reflexes and its clinical importance	Cognitive /application Psychomotor /perception Affective /responding	DK	shows	Lecture + Demonstration though living object/ ECE/ PBL/ SDL/ CBL	Viva-Voce/ Practical performance	F&S	III	Kayachikitsa

CO6	Recall the general anatomical consideration of ANS	Cognitive/ Recall	MK	Knows	Lecture/ SDL	Written	F&S	III	
CO6	Describe the cranial and spinal nerves along with formation of nerve plexuses and applied anatomy	Cognitive / Application	DK	Knows how	Lecture/ PBL/ ECE/ SDL	Written / viva-voce/ Assignment	F & S	III	
CO6	Describe the Formation and circulation of cerebro- spinal fluid	Cognitive/ comprehension	MK	Knows how	Lecture	Written / viva-voce	F&S	III	

**Topic 14- Endocrinology** [Time: Lecture: 08 hours, non-lecture 03 hours] Practical- 02 hours

CO 6	Define Endocrine Glands and enlist them	Cognitive/ Recall	MK	Knows	Lecture	Written / viva-voce	F & S	III	
CO 6	Describe Structure and Functions of Endocrine Glands	Cognitive-/ Comprehension	MK	Knows	Lecture	Written / viva-voce	F & S	III	
CO 6	State the location, Dimension & Shape of Pituitary	Cognitive/ Recall	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	III	
CO 6	Describe the Parts & subdivisions of Pituitary	Cognitive / comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	III	
CO 6	Describe the Blood Supply, Nerve Supply & Lymphatic drainage of Pituitary	Cognitive /comprehension	MK	Knows	Lecture/ Demonstration/ CBL	Written / viva-voce	F & S	III	
CO 6	Enlist the hormones secreted by Pituitary, & histology and discuss its clinical anatomy.	Cognitive/ Application	MK	Knows	Lecture/ Demonstration/ GD	Written / viva-voce/ Open book test	F & S	III	
CO 6	State the location, Dimension & Shape of Thyroid gland	Cognitive/Recall	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	III	
CO 6	Describe the lobes, border & surfaces of Thyroid gland with its relation.	Cognitive /comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	III	
CO 6	Describe the blood supply, nerve Supply & lymphatic drainage of Thyroid gland	Cognitive /comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	III	

CO 6	List the Hormones secreted by Thyroid gland and & histology, and discuss its clinical application	Cognitive - Application	MK	Knows	Lecture/ GD/ CBL	Written / viva-voce/ Open book test	F & S	III	
CO 6	Describe the location, Shape, Dimensions and structure of Parathyroid gland	Cognitive /comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	III	
CO 6	Describe the Blood Supply, Nerve Supply & Lymphatic drainage of Parathyroid gland	Cognitive /comprehension	DK	Knows	Lecture Demonstration	Written / viva-voce	F & S	III	
CO 6	List the hormones secreted by parathyroid, & histology and discuss its Clinical anatomy	Cognitive /Application	DK	Knows	Lecture/ GD/ CBL	Written / viva-voce/ Open book test	F & S	III	Kayachik itsa
CO 6	State the location, Shape & dimension of Suprarenal gland	Cognitive / Recall	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	III	
CO 6	Describe the Surface, Borders of Suprarenal gland along with its relation.	Cognitive/comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	III	
CO 6	List the Functions and Secretions of Suprarenal gland	Cognitive /Recall	MK	Knows	Lecture	Written / viva-voce	F & S	III	Sharir Kriya
CO 6	Describe the Blood Supply, Nerve Supply & Lymphatic drainage of Suprarenal gland	Cognitive /comprehension	DK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	III	
CO 6	Describe the Internal structure of suprarenal gland	Cognitive /comprehension	DK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	III	
CO 6	Write the Clinical & applied anatomy & histology of Suprarenal gland	Cognitive /application	DK	Knows	Lecture/ CBL	Written / viva-voce/ Open book test	F & S	III	Kayachik itsa
<b>Topic 7- Lymphatic System [Time: Lecture: 02 hours, non-lecture 02 hours]</b>									

CO 6	Define Lymphatic System	Cognitive / Recall	MK	Knows	Lecture	Written / viva-voce	F & S	III	
CO 6	Describe components of Lymphatic System	Cognitive / comprehension	MK	Knows	Lecture	Written / viva-voce	F & S	III	
CO 6	Describe the anatomical structure of Various Lymph Vessels i.e. Lymphatic Trunks, Thoracic Duct etc and explain its clinical importance	Cognitive / comprehension, Application	MK	Knows how	Lecture/ Demonstration/ CBL	Written / viva-voce	F & S	III	
CO 6	Describe the anatomical structure of Lymph Glands i.e. Lymph Nodes, Spleen, Thymus, Tonsils etc and explain its clinical importance	Cognitive / comprehension, Application	MK	Knows how	Lecture/ Demonstration/ ECE/ CBL	Written / viva-voce/ Open book test	F & S	III	Rognidan Evum Vikriti Vigyan

## Paper II

### Topic 1- Praman sharir [Time: Lecture: 02 hours, non-lecture 01 hours]

CO1	Describe Anguli and Anjali praman with its significance.	Cognitive Comprehension	MK	Knows	Lecture/ Demonstration/ GD	Written/ Viva-voce/ Open book test	F & S	II	
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### Topic 2- Koshtha Evam Ashaya Shaarira [Time: Lecture: 02 hours, non-lecture 01 hours]

CO1	Define of Koshtha and Ashaya	Cognitive/ knowledge	MK	Knows	Lecture	Written/ viva-voce/ Open book test	F&S	I	
CO1	Describe the concept of various numbers of Koshthanga as per Samhitas	Cognitive/ Comprehensive	MK	Knows	Lecture	Written/ viva-voce/ Open book test	F&S	I	
CO1	Describe the concept of various Numbers of Ashaya as per Samhitas	Cognitive/ Comprehensive	MK	Knows	Lecture/ TT/ GD	Written/ viva-voce/	F&S	I	

						Open book test			
CO1	Describe and explain applied aspects of Koshta and Ashaya.	Cognitive/Comprehensive application	NK	Knows How	Lecture/ GD/ ECE	Written/ viva-voce/ Assignments/ Open book test	F&S	I	Kayacki tsa

**Topic 3- Sira sharir [Time: Lecture: 03 hours, non-lecture 01 hours]**

CO 4	Define Sira, Enumerate the sira & state its Nirukti	Cognitive /Recall	MK	Knows	Lecture/ Seminar	Written / viva-voce/ Open book test	F & S	II	
CO 4	Explain the classification of Sira	Cognitive / Comprehension	MK	Knows how	Lecture	Written / viva-voce/ Open book test	F & S	II	
CO 4	Define Vedhya Sira and Enumerate Vedhya Sira	Cognitive /Recall	MK	Knows	Lecture/ GD	viva-voce/ Open book test	F & S	II	
CO 4	Define Avedhya sira and Enumerate the Avedhya Sira	Cognitive / Recall	MK	Knows	Lecture	Written / viva-voce/ Open book test	F & S	II	
CO 4	Locate the Vedhya Sira in the body according to region	Cognitive / application Psychomotor	MK	Shows	Lecture/ Demonstration/ IT	viva-voce/ Practical performance	F & S	II	Shalyatana tra
CO 4	Describe the applied aspect of Siravedha	Cognitive - application	DK	Knows how	Lecture/ ECE/ IT/ CBL	Written / viva-voce/ Assignment / Open book test	F & S	II	Shalyatana tra

**Topic 4- Dhamani Sharir [Time: Lecture: 02 hours, non-lecture 01 hours]**

CO 4	Define Dhamani, and state its Nirukti	Cognitive/ Recall	MK	Knows	Lecture/ Seminar	Written / viva-voce/ Open book test	F & S	II	
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CO 4	Explain the classification of Dhamani	Cognitive/Comprehension	MK	Knows how	Lecture/ Seminar	Written / viva-voce/ Open book test	F & S	II	
CO 4	Locate the Dhamani in the body according to region	Cognitive / application Psychomotor	DK	Shows	Lecture/ Demonstration	Viva-voce/ Practical performance	F & S	II	

**Topic 5- Srotasa Sharir** [Time: Lecture: 08 hours, non-lecture 03 hours]

CO 4	Define Srotasa and state its Nirukti and types	Cognitive/ Recall	MK	Knows	Lecture/ Seminar	Written / viva-voce/ Open book test	F & S	II	
CO 4	Explain the Classification of Srotasa	Cognitive / Comprehension	MK	Knows	Lecture/ Seminar	Written / viva-voce/ Open book test	F & S	II	
CO 4	State the Moolsthana of all Srotasa as per Acharya Sushrut and Charak and its clinical aspect	Cognitive / Recall	MK	Knows how	Lecture/ Seminar/ ECE	Written / viva-voce/ Assignment/ Open book test	F & S	II	Kayachi kitsa/ Panchakarma

**Topic 6- Kala Sharir** [Time: Lecture:02 hours, non-lecture 02 hours] Practical- 03 hours

CO1	Define Kala and explain the formation & functions of seven Kala	Cognitive –/ comprehension	MK	Knows	Lecture/ Seminar	Written / viva-voce/ Open book test	F&S	III	
CO1	Describe Saptakalas with its applied aspect	Cognitive /comprehension +application	MK	Knows	Lecture/ demonstration/ ECE	Written / viva-voce/ Open book test	F&S	III	Agadtantra
CO1	Relate the Sapta Kala with Sapta Dhatus	Cognitive – application + affective - awareness	NK	Knows how	Lecture/ Seminar/ IT	Written / viva-voce	F&S	III	

**Topic 7- Indriya Sharir** [Time: Lecture: 03 hours, non-lecture 01 hours]

CO 7	Define Indriya. Interpret derivation of Indriya and explain its importance.	Cognitive / comprehension	MK	Knows	Lecture/ Seminar	Written / viva-voce/ Open book test	F & S	III	
CO 7	State the meaning of Indriya- artha and Indriya- adhishtan	Cognitive / knowledge	MK	Knows	Lecture/ Seminar	Written / viva-voce/ Open book test	F & S	III	
CO 7	Enlist Dnyanendriyas, Karmendriyas and Ubhayendriya	Cognitive / knowledge	MK	Knows	Lecture/ Seminar	Written / viva-voce/ Open book test	F & S	III	
CO 7	Illustrate classical description of Dnyanendriya Adhishtan – Karna, Twak, Netra, Jivha, Nasa with its clinical perspective	Cognitive / application	MK	Knows how	Lecture/ IT/ ECE/ PBL	Written / viva-voce/ Open book test/ Assignment	F & S	III	Dept. of Shalaky atantra

**Topic 8- Twacha Sharir** [Time: Lecture: 02 hours, non-lecture 02 hours]

CO 7	Define Twacha, its types and characteristics with its clinical importance, significance of twacha adhisthana in disease manifestation, its relation with dhatu	Cognitive/ comprehension	MK	Knows how	Lecture with demonstration with 3D animated video/ ECE/ SDL	Written/ Viva -voce/ Open book test	F&S	III	
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**Topic 9- Marma Sharir** [Time: Lecture: 13 hours, non-lecture 04 hours] Practical- 12 hours

CO 5	Define Marma and enumerate the Marmas	Cognitive – Recall	MK	Knows	Lecture/ Seminar	Written / viva-voce/ Open book test	F&S	II	
CO 5	Describe the Marma and Prana tatva with its Significance	Cognitive – Comprehension	MK	Knows	Lecture	Written / viva-voce/ Open book test	F&S	II	

CO 5	Discuss the classification of Marma	Cognitive – Comprehension	MK	Knows	Lecture/ ECE/ PBL	Written / viva-voce/ Open book test	F&S	II	
CO 5	Narrate the importance of marma in Sharir and Shalya vigyan	Cognitive – application	MK	Knows how	Lecture/ ECE/ PBL	Written/ Open book test	F&S	II	Shalyat antra
CO 5	Illustrate the specific location of Marma as per Sushruta Samhita	Cognitive – Comprehension	MK	Knows + Shows	Lecture/ Demonstration/ Workshop	Written / viva-voce/ Open book test	F&S	II	
CO 5	Demonstrate the Marma location as per modern anatomy	Cognitive – Application Psychomotor	MK	Knows + Shows	Lecture with 3D animated demonstration/ Seminar/ Workshop	Viva-voce/ Practical performance	F&S	II	Panchakarma

**Topic 10- Respiratory system [Time: Lecture: 06 hours, non-lecture 04 hours] Practical- 10 hours**

CO6	Enlist the parts of the Bronchial tree	Cognitive / Recall	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	State the location and dimension of Lungs	Cognitive - Knowledge	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	Differentiate between Right and left Lungs	Cognitive -/ comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	Describe the Borders, Surfaces and lobes of the Lungs	Cognitive/ comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce/ Open book test	F & S	II	
CO6	Explain the root of Lungs	Cognitive /comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	Explain the Bronchopulmonary segments of the lungs	Cognitive /comprehension	DK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	Describe the Blood supply, Nerve supply, Lymphatics of the Lungs	Cognitive /comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	

CO6	Describe histology and Clinical Anatomy of Lungs	Cognitive / application	MK	Knows how	Lecture/ ECE/ PBL	Written / viva-voce/ Assignment	F & S	II	Kaychik ita
CO6	State the extent and features of Trachea	Cognitive / Recall	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	Explain the Relations of Trachea	Cognitive – /comprehension	MK	Knows how	Lecture/ Demonstration	Written / viva-voce/ Open book test	F & S	II	
CO6	Describe the Blood supply, Nerve supply and Lymphatics of Trachea	Cognitive /comprehension	MK	Knows how	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	Explain the histology and Clinical anatomy of Trachea	Cognitive /Application	MK	Knows how	Lecture/ ECE/ PBL	Written / viva-voce/ Assignment	F & S	II	Shalaky atantra
CO6	State the extent of Larynx and its external features	Cognitive / Recall	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	Enlist the paired and unpaired cartilages of Larynx	Cognitive / Recall	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	Explain the relations of Larynx	Cognitive /comprehension	DK	Knows how	Lecture/ Demonstration	Written / viva-voce/ Open book test	F & S	II	
CO6	Write the blood supply, nerve supply and lymphatics of Larynx	Cognitive /comprehension	DK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	Explain the histology and clinical anatomy of Larynx	Cognitive / application	DK	Knows how	Lecture/ Demonstration	Written / viva-voce/ Assignment	F & S	II	
CO6	State the location of Pleura and enlist its parts	Cognitive/ Recall	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	Describe the parts of parietal Pleura	Cognitive/ comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce	F & S	II	
CO6	Explain the Pulmonary ligaments and recesses of Pleura	Cognitive /comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce/	F & S	II	

						Open book test			
CO6	Describe the blood supply, nerve supply, lymphatics of Pleura	Cognitive /comprehension	DK	Knows how	Lecture	Written / viva-voce	F & S	II	
CO6	Explain the clinical anatomy of Pleura	Cognitive – Application	DK	Knows how	Lecture/ ECE/ PBL	Written / viva-voce/ Assignment	F & S	II	Kayachi kitsa

**Topic 11- Digestive system** [Time: Lecture: 10 hours, non-lecture 06 hours] Practical- 22 hours

CO 6	Describe peritoneum and nine parts of abdomen	Cognitive – application	MK	Knows	Lecture/ Demonstration	Written/ Viva-voce/ Open book test/ Assignment	F & S	I	
CO 6	Describe the anatomy of the Oesophagus with relations, histology and clinical anatomy	Cognitive – application	MK	Knows	Lecture/ Demonstration	Written/ Viva-voce/ Open book test/ Assignment	F & S	I	
CO 6	Describe the structure of the Stomach, Stomach bed, the interior, histology, blood supply with relations and clinical anatomy	Cognitive – application	MK	Knows	Lecture/ Demonstration/ PBL/ ECE/ IT	Written/ Viva-voce/ Open book test/ Assignment	F & S	I	
CO 6	Describe the structure of the Duodenum with relations, histology and clinical anatomy.	Cognitive – application	MK	Knows	Lecture/ Demonstration/ ECE/ PBL/ IT	Written/ Viva-voce/ Open book test/ Assignment	F & S	I	
CO 6	Describe the parts, structure, histology and clinical anatomy of Large intestine.	Cognitive – application	MK	Knows how	Lecture/ Demonstration	Written/ Viva-voce/ Open book test/ Assignment	F & S	I	
CO 6	Describe the anatomy of the Rectum, Peritoneal &	Cognitive – application	MK	Knows how	Lecture/	Written/	F & S	I	

	visceral relations and applied anatomy of the Rectum.				Demonstration/ ECE/ PBL/ IT	Viva-voce/ Open book test/ Assignment			
CO 6	Describe the anatomy and musculature of the anal canal, histology with its blood supply, venous drainage and applied anatomy	Cognitive – application	MK	Knows how	Lecture/ Demonstration	Written/ Viva-voce/ Open book test/ Assignment	F & S	I	
CO 6	Describe the structure of the Pancreas, Pancreatic ducts, applied anatomy, along with histology of endocrine & exocrine part.	Cognitive – application	MK	Knows how	Lecture/ Demonstration/ ECE/ PBL/ IT	Written/ Viva-voce/ Open book test/ Assignment	F & S	I	
CO 6	Describe external features, anatomy histology and clinical anatomy of Liver	Cognitive – application	MK	Knows how	Lecture/ Demonstration/ ECE/ PBL/ IT	Written/ Viva-voce/ Open book test/ Assignment	F & S	I	
CO 6	Describe the structure, peritoneal & visceral relations histology and applied anatomy of the Spleen.	Cognitive – application	MK	Knows how	Lecture/ Demonstration/ ECE/ PBL/ IT	Written/ Viva-voce/ Open book test/ Assignment	F & S	I	
CO 6	Enlist the salivary glands and describe the anatomy of Parotid gland, Submandibular gland and Sublingual gland with its & Clinical anatomy	Cognitive – application	DK	Knows how	Lecture/ Demonstration	Written/ Viva-voce/ Open book test/ Assignment	F & S	I	

**Topic 12- Cardiovascular System** [Time: Lecture: 08 hours, non-lecture 03 hours]

CO 6	Describe pericardium with its clinical anatomy	Cognitive – application	MK	Knows how	Lecture/ Demonstration	Written/ Viva-voce	F & S	II	
CO 6	Describe external features of the Heart.	Cognitive – recall	MK	Knows	Lecture/ Demonstration	Written/	F & S	II	

						Viva-voce/ Open book test/ Assignment			
CO 6	Describe internal features of the chambers, valve and auscultatory areas of Heart and its applied anatomy	Cognitive – application	MK	Knows how	Lecture/ Demonstration/ ECE/ PBL/ IT	Written/ Viva-voce/ Open book test/ Assignment	F & S	II	
CO 6	Describe the major arteries and veins of Heart.	Cognitive – Recall	MK	Knows	Lecture/ Demonstration	Written/ Viva-voce	F & S	II	
CO 6	Describe the histology and applied anatomy of Heart.	Cognitive – application	MK	Knows how	Lecture/ Demonstration/ ECE/ PBL/ IT	Written/ Viva-voce/ Open book test/ Assignment	F & S	II	

**Topic 13- Urinary System** [Time: Lecture: 08 hours, non-lecture 03 hours] Practical- 04 hours

CO 6	Enlist the components of Urinary System	Cognitive / Recall	MK	Knows	Lecture	Written / viva-voce	F & S	II	
CO 6	Describe the anatomical structure of Kidney, Ureter, Urinary bladder, Urethra	Cognitive / Comprehension	MK	Knows	Lecture/ Demonstration	Written / viva-voce/ Open book test/ Assignment	F & S	II	Kayachik itsa /Panchkarma/Shala ya-Tantra
CO 6	Explain histology and clinical anatomy of Kidney, Ureter, Urinary bladder, Urethra and its importance	Cognitive / Comprehension & Application	MK	Knows how	Lecture/ Demonstration/ ECE/ PBL/ IT	Written / viva-voce/ Open book test/ Assignment	F & S	II	
CO 6	Enlist developmental anomalies of Kidney, Ureter, Urinary bladder, Urethra	Cognitive / Recall	NK	Knows	Lecture	Written / viva-voce/ Open book test/ Assignment	F & S	II	

**Topic 14- Reproductive System** [Time: Lecture: 07 hours, non-lecture 03 hours] Practical-02 hour

CO 6	Enlist the anatomical structures of male reproductive system and discuss its Ayurved Sharir	Cognitive / Comprehension	MK	knows how	Lecture	Written / viva-voce/ Open book test	F & S	III	
CO 6	Describe the male reproductive organs – Testes, Scrotum, Epididymis, Ductus deference, Ejaculatory duct, penis, Spermatic cord with histology and applied aspect	Cognitive / application	MK	knows how	Lecture	Written / viva-voce/ Open book test	F & S	III	
CO 6	Enlist the anatomical structures of female reproductive system and discuss its Ayurved Sharir.	Cognitive / Comprehension	MK	knows how	Lecture/ Seminar	Written / viva-voce/ Open book test	F & S	III	
CO 6	Describe external female reproductive organs	Cognitive / Comprehension	MK	knows	Lecture/ Seminar	Written / viva-voce	F & S	III	
CO 6	Explain Internal reproductive organs in detail with histology and its applied anatomy (Uterus, Fallopian tube, Cervix, Vagina, Ovary)	Cognitive / application	MK	knows how	Lecture/ ECE/ PBL/ IT	Written / viva-voce/ Open book test/ Assignment	F & S	III	
CO 6	Explain histology of Uterus, Fallopian tube, Cervix, Vagina, Ovary	Cognitive / application	DK	knows how	Lecture/ Demonstration	Written / viva-voce/ Open book test/ Assignment	F & S	III	

**Topic 15- Sensory organ [Time: Lecture: 14 hours, non-lecture 05 hours]**

CO7	Explain five sensory receptors, hierarchy of development of five senses and need of five senses	Cognitive - comprehension	MK	Knows how	Lecture with 3D animated demonstration	Written / viva-voce/ Open book test/ Assignment	F&S	III	
CO7	Describe structural aspect of five sensory organ	Cognitive – comprehension	MK	Knows	Lecture	Written / viva-voce/ Open book	F&S	III	

						test/ Assignment			
CO7	Describe the pathways of each sense in understanding of its functional anatomy	Cognitive - comprehension	NK	Knows how	Lecture with 3D animated demonstration/ ECE/ PBL/ IT	Written / viva-voce/ Open book test/ Assignment	F&S	III	
CO7	Determine Method of examination, tool of examination and Importance of sensory organ in systemic examination	Cognitive - comprehension + Psychomotor	DK	Knows + Shows	Lecture with practical demonstration of tools/ ECE/ PBL/ IT	Written / viva-voce/ Open book test/ Assignment	F&S	III	Shalakya dept. Kaya chikitsa dept

\*MK-Must Know, DK- Desirable to Know, NK- Nice to Know, TT- Tutorial, GD- Group Discussion, PBL- Problem Based Learning, IT- Integrated Teaching, ECE- Early Clinical Exposure, SDL- Self Directed Learning, CBL- Case Base Learning (P)- Practical

## List of Practicals AyUG-RS

**Marks: 200**

**Hours: 240**

SN	Name of Practical	Term	Hours
P1	<ul style="list-style-type: none"> <li>• Branches of anatomy. History of Anatomy</li> <li>• Ethics in dissection hall</li> </ul>	I	2
P2	<u>Anatomical Terminologies</u> Anatomical position, Planes, and explanation of anatomical terms related to skin, fasciae, bones, joints and their movements, muscles, ligaments, tendons, blood vessels, nerves.	I	4
P3	Preservation methods of the cadaver, Mrut sharir Samshodhan <ul style="list-style-type: none"> <li>• Different methods of preservation techniques.</li> </ul> Brief introduction of chemical composition of preservative fluid.	I	2
P4	Introduction of Anatomy Act and Brief detailing about Bio medical waste management act 1960	I	2
P5	<u>Shava vichhedana</u> – detailed dissection of the whole body <ul style="list-style-type: none"> <li>• Line of incision</li> <li>• Dissection technique</li> <li>• Identification of different tools and its Uses</li> <li>• Identification and characteristics of Different layers and its relation</li> </ul>	I	32
	<u>In Extremities:</u> Dissection of extremities & Identification of related structures	II	40
	<u>In Trunk region:</u> Demonstration of visceral relation of thoracic, abdominal and pelvic organ	II	38
	<u>In Head Region:</u> Dissection of head, Identification of Meninges, Major Sulci and gyri, Superficial origin of Cranial Nerve and venous Sinus.	III	14
	Dissection of sensory organs	III	22
P6	<ul style="list-style-type: none"> <li>• Practical study of vital organs, Histological slides</li> <li>• Identification of external features of thoracic, abdominal and pelvic viscera</li> </ul>	II	06
P7	Practical study of bones	I	36

	Identification of external features of bones and different attachment		
	<p>Surface and Radiological anatomy</p> <p><b>In Radiology Anatomy:</b> Characteristics of radio imaging film and detailing about its color contrasting</p> <p>Identification of Normal alignment of bodily structure – X ray film</p> <ul style="list-style-type: none"> <li>a. Chest X Ray – A.P And P.A view</li> <li>b. Detailing of A.P view of Shoulder joint, Elbow Joint, Wrist joint, Hip joint, knee joint, Ankle joint.</li> <li>c. Identification of basic clinical finding through X ray film related to long bones and joints</li> </ul>	III	22
P8	<p><b>In Surface Anatomy Section:</b></p> <ul style="list-style-type: none"> <li>• Identification of Underlying viscera of Nine region based upon Cadaveric and Living Anatomy</li> <li>• Surface marking of thoracic, abdominal and pelvic viscera</li> </ul>	III	6
P9	Practical study of Marma Surface markings of all Marma points and its anatomical demarcation.	III	12
P10	Brief detailing about body donation, organ donation and its awareness (Communication skills)	III	2

\*Note: one practical should not be less than 2 hrs.

**Table 4: Learning objectives (Practical) of AyUG- RS**

A4 Course outcome	B4 Learning Objective  (At the end of the session, the students should be able to)	C4 Domain/s ub	D4 Must to know/ desirabl e to know/N ice to know	E4 Level Does/ Shows how/ Knows how/ Know	F4 T-L method	G4 Assessment	H4 Form ative /sum mativ e	I4 Te rm	J4 Integration
<b>Practical 1- Definition and branches of anatomy. History of Anatomy</b> [Time: Practical or other activity - 02 hours]									
CO1	Define and describe branches of anatomy and its history	Cognitive / knowledge / recall	MK	Know	Lecture/ Tutorial	Written +viva-voce	F&S	I	
CO9	Practice of ethics in the context of human dissection	Cognitive / knowledge / recall/ Affective/ psychomotor	MK	Knows Shows	Tutorial/ Demonstration	viva-voce	F&S	I	
<b>Practical 2- Anatomical Terminologies</b> [Time: Practical- 2 hours and other activity 2 hours]									
CO1	Demonstrate anatomical position, Planes, and explanation of anatomical terms related to skin, fasciae, bones, joints and their movements, muscles, ligaments, tendons, blood vessels, nerves.	Cognitive / knowledge / recall	MK	Knows	Tutorial/ Demonstration/ Simulation	Written +viva-voce/ Open book test/ Assignments	F&S	I	

Practical 3- Preservation methods of the cadaver, Mrut sharir Samshodhan [Time: Practical or other activity - 02 hours]									
CO9	Describe and demonstrate preservation methods of the cadaver and Mrut sharir Samshodhan	Cognitive / knowledge / recall	MK	Knows, Shows	Tutorial/ Demonstration	Written +viva-voce	F&S	I	
CO9	Describe the different methods of preservation techniques and give brief introduction of chemical composition of preservative fluid.	Cognitive / knowledge / recall	MK	Knows	Tutorial/ Demonstration	Written +viva-voce, spotting, OSPE	F&S	I	

#### Practical 4- Introduction of Anatomy Act and Brief detailing about Bio medical waste management act 1960

[Time: Practical or other activity - 02 hours]

CO9	Describe and follow the Anatomy Act and Bio medical waste management act 1960	Cognitive - comprehension, Affective/ psychomotor	NK	Knows, know how, Shows	Lecture/ Tutorial/ Demonstration	Written +viva-voce/ Practical performance/ Public awareness	F&S	I	
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#### Practical 5- Shava vichhedana – detailed dissection of the whole body [Time: Practical- 126 hours and other activity 20 hours]

CO9	Demonstrate the line of incision, dissection technique, different tools and their uses	Cognitive / knowledge / recall	MK	Knows/ Shows/ Shows How	Tutorial/ Demonstration / Cadaveric dissection	Written +viva-voce, spotting, OSPE	F&S	I	
CO9	Identify and characteristics of Different layers and its relation	Cognitive / knowledge / recall	DK	Knows	Tutorial/ Demonstration / Simulations /	Written +viva-voce, spotting, OSPE	F&S	I	

					Cadaveric dissection				
CO9	Identify and demonstrate muscles of extremities and its related structures	Cognitive / knowledge / recall	DK	Knows, Shows	Tutorial/ Demonstration / Cadaveric dissection	Written +viva-voce	F&S	II	
CO6	Describe and demonstrate the visceral relation of thoracic and abdominal organ	Cognitive - comprehension + psychomotor	DK	Knows, Shows	Demonstration / Simulations / Cadaveric dissection	Written +viva-voce, spotting, OSPE/ Practical performance	F&S	II	
CO6	Describe and demonstrate_surface identification of parts of brain, major sulci and gyri, superficial origin of cranial nerve and meninges and venous sinus.	Cognitive - comprehension + psychomotor	MK	Knows, Shows	Demonstration / Simulations/ Cadaveric dissection	Written +viva-voce, spotting, OSPE/ Practical performance	F&S	III	
CO6	Describe, dissect and demonstrate the sensory organs	Cognitive - comprehension + psychomotor	MK	Knows, Shows	Demonstration / Simulations/ Cadaveric dissection	Written +viva-voce, spotting, OSPE/ Practical performance	F&S	III	

**Practical 6- Practical study of vital organs, Histological slides and identification of external features of thoracic and abdominal viscera**

[Time: Practical- 04 hours and other activity 02 hours]

CO6	Focus the histological slides of identified organs	Cognitive / knowledge / recall	DK	Knows	Tutorial/ Demonstration	Written +viva-voce spotting, OSPE	F&S	II	
CO6	Describe and demonstrate the	Cognitive - comprehension +	MK	Knows Shows	Demonstration	Written +viva-voce, spotting,	F&S	II	

	external features of thoracic and abdominal viscera	psychomotor				OSPE/ Practical performance			
<b>Practical 7- Practical study of bones</b> [Time: Practical- 30 hours or other activity 06 hours]									
CO3	Describe and demonstrate external features of bones and muscle attachments	Cognitive - comprehension + psychomotor	MK	Knows, Shows	Demonstration / Simulations	Written +viva-voce, spotting, OSPE/ Practical performance	F&S	I	
CO10	Describe the characteristics of radio imaging film and difference in color contrasting	Cognitive / knowledge / recall	DK	Knows	Tutorial/ Demonstration / Simulations	Written +viva-voce spotting, OSPE	F&S	I	
<b>Practical 8- Surface and Radiological anatomy</b> [Time: Practical- 20 hours and other activity 08 hours]									
CO10	Describe and demonstrate the normal alignment of chest X Ray – A.P And P.A view	Cognitive - comprehension + psychomotor	MK	Knows, Shows	Tutorial/ Demonstration	Written +viva-voce, spotting, OSPE/ Practical performance	F&S	III	
CO10	Describe and demonstrate the normal alignment of A.P view of Shoulder joint, Elbow Joint, Wrist joint, Hip joint, knee joint, Ankle joint	Cognitive - comprehension + psychomotor	MK	Knows, Shows	Tutorial/ Demonstration	Written +viva-voce, spotting, OSPE/ Practical performance	F&S	III	
CO10	Identify the basic clinical finding through X ray film	Cognitive - comprehension +	NK	Knows, Shows	Tutorial/ Demonstration	Written +viva-voce, spotting, OSPE/	F&S	III	Kaychikitas, Shalyatantra

	related to long bones and joints	Psychomotor				Practical performance			
CO8	Describe and demonstrate underlying viscera of Nine region based upon cadaveric and Living Anatomy	Cognitive - comprehension + psychomotor	DK	Knows, Shows	Tutorial/ Demonstration	Written +viva-voce, spotting, OSPE/ Practical performance	F&S	III	
CO8	Describe and demonstrate surface marking of thoracic and abdominal viscera	Cognitive - comprehension + psychomotor	DK	Knows, Shows	Tutorial/ Demonstration	Written +viva-voce, spotting, OSPE/ Practical performance	F&S	III	

**Practical 9- Practical study of Marma [Time: Practical or other activity - 12 hours]**

CO5, CO8	Describe and demonstrate surface markings of Marma points and its anatomical demarcation of all Marma as per Shadang sharir	Cognitive - comprehension + psychomotor	MK	Knows + Shows	Tutorial/ Demonstration / Cadaveric dissection	Written +viva-voce, spotting, OSPE/ Practical performance	F&S	III	Panchakarma
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**Practical 10- Body donation, organ donation and its awareness [Time: Practical or other activity - 02 hours]**

CO9	Describe body donation and organ donation process with respect to specific organ and its awareness Demonstrate process of communication	Affective/ psychomotor  Psychomotor	DK  MK	Knows, know how, Shows	Tutorial/ Demonstration  Role Play	Written +viva-voce/ Public awareness/ social work	F&S	III  III	Shalyatantra and Shalakyatana
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	process in awareness speech or counsellinf for Body donation.								
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**Table 5: Non-Lecture Activities Course AyUG-RS**

<b>1</b>	<b>List non lecture Teaching-Learning methods</b>	<b>No of Activities (Values in hours)</b>
a	Seminar / Workshop	14
b	Tutorial (TT) / Group Discussion (GD)	14
c	Problem based learning (PBL)	8
d	Integrated teaching (IT)	8
e	Early Clinical Exposure (ECE)/ Case Base Learning (CBL)	18
f	Self-Directed Learning (SDL) / Summary writing	12
g	Field visit	6
		<b>80</b>
<b>2</b>	<b>Practical (refer Table 4)</b>	<b>240</b>
	<b>Total</b>	<b>320</b>

**Other Educational Activities(Additional):**

- Field visit (community/anatomy museum) - II & III term
- Practical journal – II & III term
- Summary/ Essay writing (Research papers/Samhitas literature review)- II or III term

**Table 6: Assessment Summary****6 A - Number of Papers and Marks Distribution**

S.No.	Subject Code	Papers	Theory	Practical/Clinical Assessment					Grand Total
				Practical/ Clinical	Viva	Electives	IA	Sub Total	
1.	AyUG-RS	2	200	100	70	-	30	200	400

**6 B - Scheme of Assessment (formative and Summative) AyUG-RS**

SR.NO.	PROFESSIONAL COURSE	DURATION OF PROFESSIONAL COURSE		
		First Term (1-6 Months)	Second Term (7-12 Months)	Third Term (13-18 Months)
1	First	3 PA & First TT	3 PA & Second TT	3 PA & UE

PA: Periodical Assessment; TT: Term Test; UE: University Examinations

## 6 C - Calculation Method for Internal assessment Marks (30 Marks) AyUG-RS

TERM	PERIODICAL ASSESSMENT*					TERM TEST**	TERM ASSESSMENT	
	A	B	C	D	E	F	G	H
	1 (15 Marks)	2 (15 Marks)	3 (15 Marks)	Average (A+B+C/3)	Converted to 30 Marks (D/15*30)	Term Test (Marks converted to 30)	Sub Total /60 Marks	Term Assessment (..../30)
FIRST							E+F	(E+F)/2
SECOND							E+F	(E+F)/2
THIRD						NIL		E
Final IA	Average of Three Term Assessment Marks as Shown in 'H' Column.							
	Maximum Marks in Parentheses *Select an Evaluation Method which is appropriate for the objectives of Topics from the Table 6 D for Periodic assessment. Conduct 15 marks assessment and enter marks in A, B, and C. ** Conduct Theory (100 Marks) [MCQ (20*1 Marks), SAQ (8*5), LAQ (4*10)] and Practical (100 Marks) Then convert to 30 marks.							

## 6 D - Evaluation Methods for Periodical Assessment

S. No.	Evaluation Methods for Periodical Assessment
1.	Practical / Clinical Performance
2.	Viva Voce, MCQs, MEQ (Modified Essay Questions/Structured Questions)
3.	Open Book Test (Problem Based)
4.	Summary Writing (Research Papers/ Samhitas)
5.	Class Presentations; Work Book Maintenance
6.	Problem Based Assignment
7.	Objective Structured Clinical Examination (OSCE), Objective Structured Practical Examination (OPSE), Mini Clinical Evaluation Exercise (Mini-CEX), Direct Observation of Procedures (DOP), Case Based Discussion (CBD)
8.	Extra-curricular Activities, (Social Work, Public Awareness, Surveillance Activities, Sports or Other Activities which may be decided by the department).
9.	Small Project
10.	Other activities explained in Table 3 Column G3 as per indicated term and objective of the topic.

## 6 E - Paper Layout

### I PROFESSIONAL BAMS EXAMINATIONS

AyUG-RS

#### PAPER-1

Time: 3 Hours      Maximum Marks: 100

INSTRUCTIONS: All questions compulsory

TOTAL MARKS 100

		Number of Questions	Marks per question	Total Marks
Q 1	Multiple Choice Questions (MCQ)	20	1	20
Q 2	Short answer questions (SAQ)	8	5	40
Q 3	Long answer questions (LAQ)	4	10	40
				100

### I PROFESSIONAL BAMS EXAMINATIONS

AyUG-RS

#### PAPER-II

Time: 3 Hours      Maximum Marks: 100

INSTRUCTIONS: All questions compulsory

TOTAL MARKS 100

		Number of Questions	Marks per question	Total Marks
Q 1	Multiple Choice Questions (MCQ)	20	1	20
Q 2	Short answer questions (SAQ)	8	5	40
Q 3	Long answer questions (LAQ)	4	10	40
				100

## 6 F – I - Distribution of Theory exam AyUG- RS

Paper I			D Type of Questions “Yes” can be asked. “No” should not be asked.			
	A List of Topics	B Term	C Marks	MCQ (1 Mark)	SAQ (5 Marks)	LAQ (10 Marks)
1	Shariopkramaniya Shaarira	I	Refer Next table	Yes	Yes	No
2	Paribhasha Shaarira	I		Yes	Yes	No
3.	Garbha Shaarira	I		Yes	Yes	Yes
4.	Asthi Shaarira	I		Yes	Yes	Yes
5.	Sandhi Shaarira	II		Yes	Yes	Yes
6.	Snayu sharir	II		Yes	Yes	No
7.	Peshi Shaarira	II		Yes	Yes	No
8.	Kesha, Danta, Nakha Sharir	II		Yes	Yes	No
9	Embryology	I		Yes	Yes	Yes
10	Osteology	I		Yes	Yes	Yes
11	Arthrology.	II		Yes	Yes	Yes
12	Myology	II		Yes	Yes	No
13	Nervous System.	III		Yes	Yes	Yes
14	Endocrinology	III		Yes	Yes	Yes
15	Lymphatic system	III		Yes	No	Yes

Paper II			D Type of Questions “Yes” can be asked. “No” should not be asked.			
	A List of Topics	B Term	C Marks	MCQ (1 Mark)	SAQ (5 Marks)	LAQ (10 Marks)
1	Pramana Shaarira:	II	Refer Next Table	Yes	No	No
2	Koshtha Evam Ashaya Shaarira	I		Yes	Yes	Yes
3.	Sira Sharir	II		Yes	Yes	Yes
4.	Dhamani Sharir	II		Yes	Yes	Yes
5.	Strotas Shaarira	II		Yes	Yes	Yes
6.	Kalaa Shaarira	III		Yes	Yes	Yes
7.	Indriya Shaarira	III		Yes	Yes	Yes
8.	Twacha Sharir	III		Yes	Yes	Yes
9	Marma Shaarira	II		Yes	Yes	Yes
10	Respiratory System	II		Yes	Yes	Yes

<b>11</b>	<b>Digestive system</b>	<b>I</b>		<b>Yes</b>	<b>Yes</b>	<b>Yes</b>
<b>12</b>	<b>Cardiovascular system</b>	<b>II</b>		<b>Yes</b>	<b>Yes</b>	<b>Yes</b>
<b>13</b>	<b>Urinary System</b>	<b>II</b>		<b>Yes</b>	<b>Yes</b>	<b>Yes</b>
<b>14</b>	<b>Reproductive system</b>	<b>III</b>		<b>Yes</b>	<b>Yes</b>	<b>Yes</b>
<b>15</b>	<b>Sensory organs</b>	<b>III</b>		<b>Yes</b>	<b>Yes</b>	<b>Yes</b>

## 6 F – II - Theme table

### Paper-I:

Theme*	Topics	Term	Marks	MCQ	SAQ	LAQ
a	1) Shariopakramaniya 2) Paribhasha Sharir	I	10	YES	YES	NO
b	3) Garbha Sharir 9) Embryology	I	20	YES	YES	YES
c	4) Asthi Sharir 10) Osteology	I	16	YES	YES	YES
d	8) Kesh, Dant, Nakha Sharir 7) Peshi Sharir 12) Myology	II	11	YES	YES	NO
e	5) Sandhi Sharir 6) Shayu Sharir 11) Arthrology	II	17	YES	YES	YES
f	13) Nervous System	III	14	YES	YES	YES
g	14) Endocrinology 15) Lymphatic	III	12	YES	YES	YES

\*Theme: is group of similar topics in Ayurved Sharir and Anatomy. Used in 6G question paper blue print

### Paper-II

Theme	Topics	Term	Marks	MCQ	SAQ	LAQ
a	2) Koshta Evam Ashay Sharir 11) Digestive system	I	16	YES	YES	YES
b	1) Praman Sharir 9) Marma Sharir	II	17	YES	YES	YES
c	3) Sira Sharir 4) Dhamani Sharir 5) Strotas Sharir 12) Cardiovascular System	II	21	YES	YES	YES
d	10) Respiratory System	II	10	YES	YES	YES
e	13) Urinary System	II	10	YES	YES	YES
f	14) Reproductive System	III	6	YES	YES	NO
g	6) Kala Sharir 7) Indriya Sharir 8) Twacha Sharir 15) Sensory organs	III	20	YES	YES	YES

**6 G Question paper Blue print for AyU-RS:  
PAPER-I**

A Question Sr. No	B Type of Question	C Question Paper Format <b>(Refer table 6 F II Theme table for themes)</b>
Q1	<p><b>Multiple choice Questions (MCQ)</b></p> <p>20 Questions</p> <p>1 mark each</p> <p>All compulsory</p> <p><b>Must know part: 15 MCQ</b>  <b>Desirable to know: 3 MCQ.</b>  <b>Nice to know: 2 MCQ</b></p>	<p>1. Theme a          2. Theme a          3. Theme a          4. Theme a          5. Theme a          6. Theme b          7. Theme b          8. Theme b          9. Theme b          10. Theme b          11. Theme c          12. Theme d          13. Theme e          14. Theme e          15. Theme f          16. Theme f          17. Theme f          18. Theme f          19. Theme g          20. Theme g</p>
Q2	<p><b>Short answer Questions (SAQ)</b></p> <p>Eight Questions</p> <p>5 Marks Each</p> <p>All compulsory</p> <p><b>Must know part: 7 SAQ</b>  <b>Desirable to know: 1 SAQ</b>  <b>Nice to know: Nil</b></p>	<p>1. Theme a          2. Theme b          3. Theme c          4. Theme d          5. Theme d          6. Theme e          7. Theme g/f          8. Theme g/f</p>
Q3	<p><b>Long answer Questions (LAQ)</b></p> <p>Four Questions</p> <p>10 marks each</p> <p>All compulsory</p> <p><b>All questions on must know</b>  <b>No Questions on Nice to know and Desirable to know</b></p>	<p>1. Theme b          2. Theme c          3. Theme e          4. Theme f/g</p>

## PAPER-II

Question Sr. No		SET
Q1	<p><b>Multiple choice Questions (MCQ)</b></p> <p>20 Questions</p> <p>1 mark each</p> <p>All compulsory</p> <p><b>Must know part: 15 MCQ</b>  <b>Desirable to know: 3 MCQ.</b>  <b>Nice to know: 2 MCQ</b></p>	1. Theme a 2. Theme b 3. Theme b 4. Theme c 5. Theme c 6. Theme c 7. Theme c 8. Theme c 9. Theme c 10. Theme d/e 11. Theme d/e 12. Theme d/e 13. Theme e/d 14. Theme e/d 15. Theme f 16. Theme g 17. Theme g 18. Theme g 19. Theme g 20. Theme g
Q2	<p><b>Short answer Questions (SAQ)</b></p> <p>Eight Questions</p> <p>5 Marks Each</p> <p>All compulsory</p> <p><b>Must know part: 7 SAQ</b>  <b>Desirable to know: 1 SAQ</b>  <b>Nice to know: Nil</b></p>	1. Theme a 2. Theme b 3. Theme c 4. Theme d/e 5. Theme e/d 6. Theme e/d 7. Theme f 8. Theme g
Q3	<p><b>Long answer Questions (LAQ)</b></p> <p>Four Questions</p> <p>10 marks each</p> <p>All compulsory</p> <p><b>All questions on Must to know</b>  <b>No Questions on Nice to know and Desirable to know</b></p>	1. Theme a 2. Theme b 3. Theme c 4. Theme g

## 6 H - I - Distribution of Practical Exam

Practical 100 Marks + (Viva 70 + IA 30) Marks

SN	Heads	Marks
1	Spotting (Refer Table 6 H II below)	20
3	Kostha Ashay Sharir, Dissected organs and histology slides	20
4	Ashti, Sandhi, Peshi, Bones and Joints,	20
5	Marma Sharir, Surface & Radiological anatomy	20
6	Practical record (15 Marks) and Communication Skill (5 Marks)	20
7	Viva-Voce (Objective Structured) (Refer table 6 H – III)	70
8	Internal assessment	30
	<b>Total Marks</b>	<b>200</b>

## 6 H - II Practical Spot examination Questions – (20 marks)

SN	Question	Mark allotment
<b>Topic- Garbha/Sira/Kala</b>		
1	Identify the structure & give the Drushtant/ Metaphor related with it. e.g.- Gunja Phala- Artava, Spatik-Shukra, etc	Identification- 1 Drushtant- 1
<b>Topic- Marma</b>		
1	Identify the Marma & write its type as per Parinama & Rachana	Identification- 1 Type-1
2	Identify the Marma & write its Pariman & any two anatomical structures related to the Marma	Identification- 0.5 Pariman – 0.5 Anatomical structure - 1
3	Identify the Marma & write its applied aspect	Identification- 1 Viddha-1
<b>Topic- Bones, Muscles</b>		
1	Identify the bone & write its peculiarities (Any 2) e.g.- Atlas vertebra	Identification- 0.5 Peculiarities- 1.5
2	Identify the indicated part on the bone & write its attachment (Any 2) e.g., Scapula spine	Identification- 1 Attachment- 1
3	Identify the side of the given bone & write side determination points	Side identification- 0.5 Points- 1.5
4	Identify the side of the given bone & write its applied anatomy (Any 2 points)	Identification-1 Applied -1
5	Write the type of the given bone as per Ayurved & Modern science e.g., Tibia- Nalakasthi, long bone	Ayu. Type- 1 Modern type- 1
6	Identify the indicated muscle on the bone & write whether it originates or inserts there	Muscle identification- 1 Origin/insertion- 1
7	Identify the indicated muscle & write its action (Any 2)	Identification- 1 Action-1
8	Identify the indicated muscle& write its blood supply/nerve supply	Identification-1

		Supply-1
9	Identify the indicated muscle& write its applied anatomy	Identification-1 Applied -1
10	Identify the bone and write any two processes	Identification-1 Processes -1
11	Identify the bone and write any two angles	Identification-1 Angle -1
12	Identify the bone and write any one peculiarity related to gender e.g., Hip bone, Clavicle, Sacrum	Identification-1 Peculiarities- 1

#### **Topic- Joints**

1	Identify the joint & write its ligaments (Any 3)	Identification- 0.5 Ligaments- 1.5
2	Identify the joint & write names of actions occurring there (Any 3)	Identification- 0.5 Actions- 1.5
3	Identify the joint & write the type of joint as per Ayurved & Modern science	Identification- 1 Ayu. Type- 0.5 Modern type- 0.5
4	Identify the joint & write its clinical anatomy (Any two)	Identification- 1 Clinical anatomy-1
5	Identify the joint & write its relation (Any two)	Identification- 1 Relation -1
6	Identify the joint & write the movements along with the muscle	Identification- 1 Movement -0.5 Muscle – 0.5

#### **Topic- Organs**

1	Identify the organ & write name of the Srotas related to it	Identification- 1 Sroras-1
2	Identify the organ & write name of the kala related to it	Identification- 1 Kala-1
3	Identify the organ & write its Utpatti as per Ayurved	Identification- 1 Utpatti-1
4	Identify the organ & write its visceral impressions (Any 3)	Identification- 0.5 Impressions-1.5
5	Identify the organ & write its blood/nerve supply	Identification- 0.5 Supply-1.5
6	Identify the organ & write it's the borders (Any two)	Identification- 1 Borders -1
7	Identify the organ & write its surfaces (Any two)	Identification- 1 Borders -1
8	Identify the organ& write its applied anatomy (Any 3 points)	Identification-0.5 Applied -1.5

#### **Topic- Radiology**

1	Identify the X-ray & write the structures seen in it (Any 3)	Identification- 0.5 Structures-1.5
2	Identify the view of the X-ray & write the marked structures (Any two)	Identification- 1 Structures-1

#### **Topic- Central Nervous System/ Sense organs**

1	Name the lobes of the given organ e.g., cerebrum	Each lobe – 0.5 Total -2
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2	Identify the sense organ & write its nerve supply e.g., tongue	Identification- 1 Supply-1
3	Identify the marked structure and write its applied aspect (Any two)	Identification- 1 Applied aspect-1

### 6 H - III Viva Voce (70 Marks)

Recall Questions	Comprehension Questions	Application Questions	40 Marks	20 Marks	10 Marks
1. Sira-Dhamani-Strotas 2. Shariopakramaniya Sharir 3. Paribhasha Shaarir 4. Praman Shaarira 5. Anatomical terminologies 6. Kalaa Sharir 7. Indriya Sharir & Sensory organ 8. Reproductive system	1. Nervous system 2. Endocrine system 3. Lymphatic system 4. Cardiovascular system 5. Urinary system	1. Garbha Sharir, 2. Embryology 3. Respiratory system 4. Digestive system			
e.g., Definition, types, numbers, planes, parts, Shlokas, etc.	e.g., Relations, Blood supply, Nerve Supply, Venous & Lymphatic drainage, etc.	e.g., Applied anatomy, Clinical anatomy, Surgical anatomy, Congenital anomalies etc.			

### 7. Reference and Resources

1. Parishadhyा Shabdārtha Sharir
2. Pratyaksha shaririram
3. Sharisthana of all Samhita
4. Sushrut Samhita Sharirshtana- Dr. Bhaskar Govind Ghanekar
5. Brihat Shariram Vaidyaratna- P.S. Varrier
6. Abhinava Shariram- Acharya Damodar Sharma Gaur
7. Manava Sharir (Revised Edition)- Prof. Dinkar Govind Thatte
8. Sharir Rachana Vigyan (English)- Vaidya P.G. Athawale
9. Manual of Practical Anatomy Cunningham Practical Manual Vol-1, Vol-2, Vol-3
10. Clinical Anatomy in Ayurveda - Prof. D.G. Thatte & Prof. Suresh Chandra
11. Ayurvedic Human Anatomy - Prof. Dr. Giridhar M. Kanthi
12. Sharir Rachana Vigyan Vol I & II- Dr. Sunil Kumar Yadav
13. Regional Anatomy - B. D. Chaurasia
14. Rachana Sharir Vigyana - Dr. Mahendra Sing
15. Relevant chapters of Brihtrayee and Laghuthrayee
16. Gray's Anatomy
17. Text Book of Human Anatomy- Inderbir Singh
18. Clinical Anatomy- Richard S Snell
19. Fundamentals of Human Anatomy- Dr. Chakraborty
20. Human Osteology - Poddar
21. A Handbook of Anatomical Terminology, Dr. Nidhi Shrivastava, Dr. Ravi Kumar Shrivastava, Dr. Rakesh Kumar Sharma.