

# CompanionBot

Final Project for the “Advanced Software Development Methods” Course

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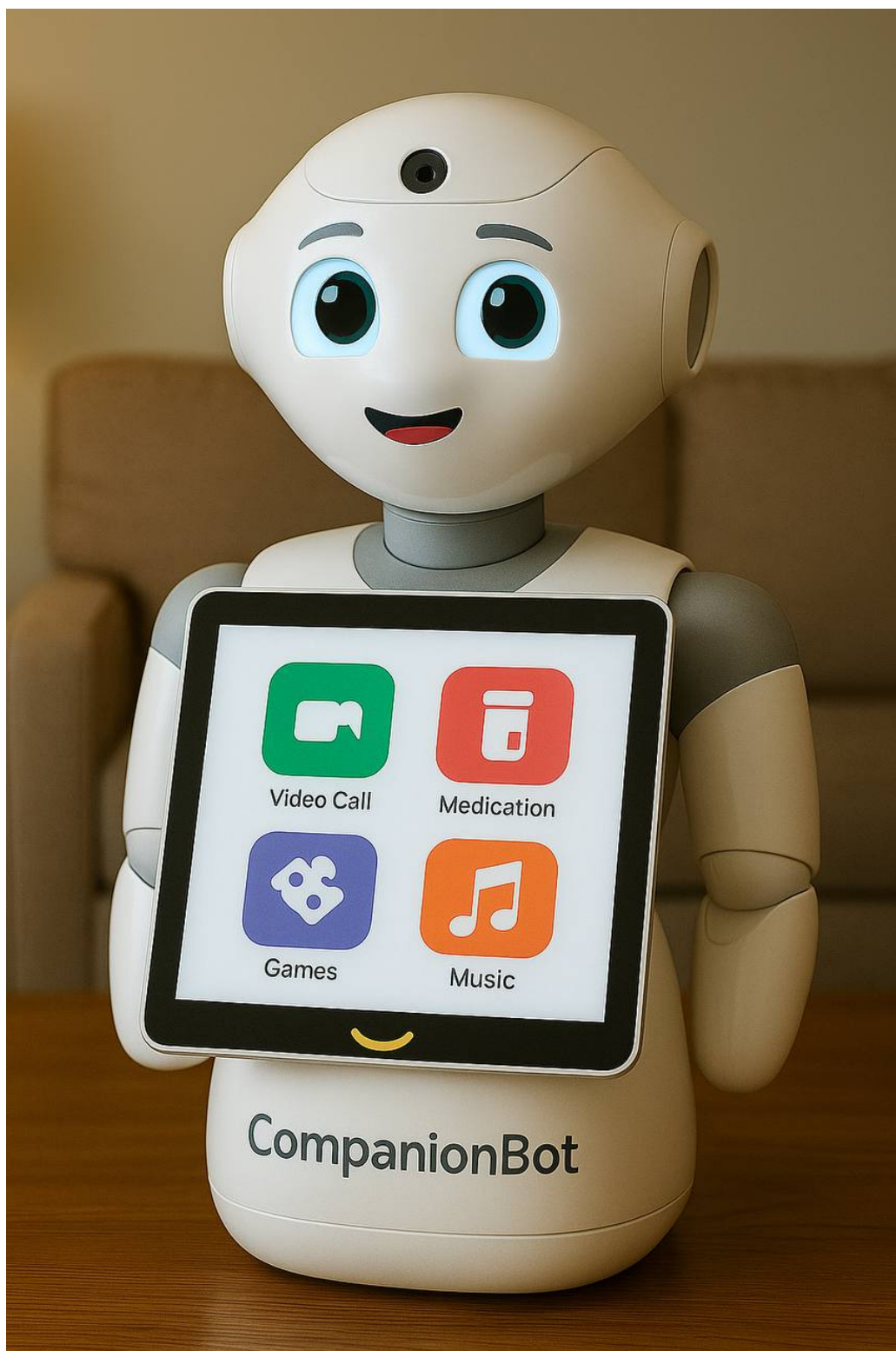


Figure 1: Artistic Representation of CompanionBot

# 1. CompanionBot: System Definition and Super-Characterization

## Purpose of the System

CompanionBot is an AI-driven digital companion designed to enhance the quality of life for seniors by addressing several critical challenges in elderly care:

- **Social Isolation and Loneliness:** Providing consistent companionship and facilitating connections with family, friends, and peer communities.
- **Health Management Complexity:** Offering structured assistance with medication adherence, health monitoring, and wellness activities.
- **Cognitive Engagement:** Delivering personalized mental stimulation to maintain cognitive function and prevent decline.
- **Technology Bridge:** Serving as an accessible gateway between seniors, their families, and modern digital technologies.

The system aims to complement, not replace, human care by providing 24/7 availability, consistent interaction quality, and personalized support tailored to individual user needs and preferences.

## What the System Will Do

### Core Functionalities

#### Social Connection Module

- Facilitate video calls with family members and friends through simplified interfaces.
- Enable photo sharing and digital album creation for memory preservation.
- Coordinate group activities with other CompanionBot users (virtual bingo, book clubs, discussion groups).
- Provide daily conversational engagement with natural language processing and through a Large Language Model (LLM) capable of understanding user context and emotional tone.

#### Health Management Module

- Deliver personalized medication reminders with adherence tracking.
- Guide users through age-appropriate exercise routines and physical activities.
- Monitor vital signs through integrated health devices (blood pressure, pulse oximetry).
- Facilitate meditation and relaxation sessions for mental wellness.
- Track symptoms and maintain health journals for healthcare provider communication.
- Provide hydration and nutrition reminders based on individual health needs.

## Cognitive Engagement Module

- Offer adaptive brain games and puzzles tailored to user cognitive ability.
- Engage in current events discussions and news updates.
- Provide virtual travel experiences and cultural exploration.
- Support music appreciation activities and personalized playlists.
- Enable creative activities including poetry composition.

## Smart Integration Module

- Control compatible smart home devices through voice commands.
- Provide contextual awareness of home environment for safety monitoring.
- Integrate with existing healthcare systems for seamless care coordination.
- Support telehealth session facilitation and technical assistance.

## Advanced AI Capabilities

- **LLM-Powered Personalized Learning:** Integrates a Large Language Model to support flexible, natural, and emotionally aware dialogue. The LLM remembers user preferences, adapts interaction patterns, and provides personalized suggestions.
- **Proactive Engagement:** Detects loneliness indicators and initiates appropriate interventions.
- **Emotion Recognition:** Analyzes vocal patterns and facial expressions to provide empathetic responses.
- **Context Awareness:** Understands user routines, preferences, and environmental factors for intelligent assistance.
- **Multi-modal Interaction:** Supports voice, touch, gesture, and visual communication modalities.

## How Users Will Interact with the System

### Primary Interaction Modalities

#### Voice Interaction

- Natural language conversation capabilities powered by an LLM, enabling contextual memory, multilingual support, and emotionally adaptive interaction.
- Voice commands for system control and activity initiation.
- Adjustable speech rate and volume for hearing accessibility.
- Multi-language support for diverse user populations.

## **Touch Interface**

- Large, high-contrast buttons on detachable tablet display.
- Simplified navigation with minimal cognitive load.
- Haptic feedback for confirmation of actions.
- Customizable interface layouts based on user abilities.

## **Visual Interaction**

- Expressive robotic head with emotional LED indicators.
- Video calling capabilities through integrated camera systems.
- Photo sharing and viewing on high-resolution displays.
- Gesture recognition for users with speech limitations.

## **Physical Interaction**

- Motion sensors for presence detection and automatic engagement.
- Emergency alert pendant integration for safety monitoring.
- Health device connectivity for seamless data collection.
- Smart home device control through centralized hub.

## **Accessibility Features**

The system accommodates a wide range of user needs:

- For visual impairments: high-contrast displays, large-text options, and voice guidance.
- For hearing challenges: visual indicators, adjustable volume controls, and text-to-speech alternatives.
- For motor difficulties: multiple input methods, simplified gestures, and voice-operated controls.
- For cognitive assistance: consistent interfaces, clear instructions, and patient repetition.

## **Who Will Use the System**

### **Primary Users**

#### **Independent Seniors**

- Living independently in their own homes.
- Experiencing mild to moderate social isolation.
- Managing multiple medications and health conditions.
- Seeking to maintain cognitive function and social connections.

## **Seniors with Mild Cognitive Decline**

- Early-stage dementia or mild cognitive impairment.
- Requiring structured daily routines and medication reminders.
- Benefiting from consistent social interaction and mental stimulation.
- Need for simplified, patient technology interfaces.

## **Socially Isolated Seniors**

- Limited family contact or geographic separation from loved ones.
- Reduced mobility affecting social activities.
- Recent life transitions (widowhood, retirement, relocation).
- Seeking meaningful social connections and daily structure.

## **Secondary Users**

### **Family Members and Caregivers**

- Adult children monitoring elderly parents' wellbeing.
- Professional caregivers coordinating care plans.
- Healthcare providers accessing health data and communication.
- Social workers and community health coordinators.

### **Healthcare Professionals**

- Primary care physicians monitoring patient adherence and health metrics.
- Specialists requiring regular health data collection.
- Mental health professionals tracking mood and cognitive function.
- Pharmacists supporting medication management.

## **Constraints (Privacy, Security, Ethics)**

### **Privacy Constraints**

#### **Data Collection Limitations**

- Explicit user consent required for all data collection activities.
- Minimal data collection principle: only essential information gathered.
- Local processing prioritized to reduce cloud data transmission.
- Clear data retention policies with automatic deletion schedules.



## **Information Sharing Controls**

- Granular permission settings for family access to health information.
- Healthcare provider data sharing requires explicit medical consent.
- Emergency protocol data sharing limited to life-threatening situations.
- User ability to review and delete personal data at any time.

## **Security Constraints**

### **Technical Security Requirements**

- End-to-end encryption for all data transmission.
- Secure authentication protocols for family and caregiver access.
- Regular security updates and vulnerability patching.
- Physical device security features to prevent tampering.

### **Data Protection Standards**

- HIPAA compliance for health-related information.
- SOC 2 Type II certification for cloud infrastructure.
- Regular third-party security audits and penetration testing.
- Incident response procedures for data breaches.
- Backup and disaster recovery protocols.

## **Ethical Constraints**

### **Autonomy and Dignity**

- Preservation of user independence and decision-making authority.
- Transparent disclosure of AI capabilities and limitations.
- Respect for cultural and religious preferences in care approaches.
- User control over AI personality and interaction styles.

### **Deception and Authenticity**

- Clear identification of AI vs. human interactions.
- Honest representation of AI emotional capabilities.
- Avoidance of false promises regarding health outcomes.
- Transparent explanation of data usage and AI decision-making.
- Respect for user emotional investment in AI relationships.

## Equity and Accessibility

- Affordable pricing models to prevent socioeconomic exclusion.
- Support for users with various disability levels.
- Multiple language support for diverse user populations.
- Training and support resources for technology adoption.

## Care Integration Ethics

- Complement, not replace, human care relationships.
- Support for maintaining family and social connections.
- Integration with existing healthcare without disruption.
- Respect for professional caregiver roles and expertise.
- Transparency with healthcare providers about AI involvement.

## Scientific Reasoning and Research Foundation

### Loneliness and Social Isolation Research

The development of CompanionBot is grounded in extensive research demonstrating the severe health impacts of loneliness in older adults. Loneliness is a common problem in older adults and contributes to poor health, with studies showing increased risks of depression, cognitive decline, and mortality. Recent meta-analyses have demonstrated that social robot interventions had significant positive effects on decreasing depression and loneliness with large effect sizes.

Research specifically examining social robots for elderly care has shown promising results. A comprehensive scoping review found that social robots could tackle both emotional and social loneliness in assisted living by empowering people to engage in different forms of social interaction inside and outside the facility. Additionally, studies on existing companion robots like ElliQ have provided valuable insights into effective design principles and user acceptance patterns.

### Key Research Citations:

- Norina Gasteiger et al. (2021). “Friends from the Future: A Scoping Review of Research into Robots and Computer Agents to Combat Loneliness in Older People.” *PMC*
- Yen et al. (2024). “The Effect of Social Robots on Depression and Loneliness for Older Residents in Long-Term Care Facilities: A Meta-Analysis of Randomized Controlled Trials.” *PubMed*
- Pirhonen et al. (2020). “Can robots tackle late-life loneliness? Scanning of future opportunities and challenges in assisted living facilities.” *ScienceDirect*

## Medication Management and Health Compliance

Research consistently demonstrates medication non-adherence as a critical challenge in elderly care. Studies show that medication non-adherence is a common problem with a high risk for severe consequences, which can jeopardize older adults' health and independence. Robotic interventions have shown significant promise, with research indicating that using a robot for medication management had a decreasing effect on home care professionals' use of working time while improving health outcomes.

Clinical trials of robotic medication management systems have demonstrated safety and usability, with all patients and 96% of nurses reporting the device was easy to use in pilot studies. Advanced conversation-based systems using companion robots have been successfully implemented and tested with positive user acceptance rates.

### Key Research Citations:

- Prakash et al. (2013). "Older Adults' Medication Management in the Home: How can Robots Help?" *PMC*
- Kajander-Unkuri et al. (2023). "Effect of robot for medication management on home care professionals' use of working time in older people's home care: a non-randomized controlled clinical trial." *PMC*
- Su et al. (2021). "Conversation-Based Medication Management System for Older Adults Using a Companion Robot and Cloud." *IEEE*

## Cognitive Engagement and Mental Health

Research supports the importance of cognitive stimulation in maintaining mental function among older adults. Studies examining companion robots have found that companion robots should be accepted in the long-term by older adults with mild cognitive decline in order to increase their use and provide company, reduce loneliness, as well as to open the possibility of using them for therapy via social interaction.

Recent research has emphasized the importance of personalized, adaptive systems that can evolve with user needs. Older adults' expectations of conversational companionship might substantially differ from what current technologies can achieve, highlighting the need for advanced AI systems with sophisticated natural language processing and emotional intelligence capabilities.

### Key Research Citations:

- Figueroa et al. (2023). "Social robot for older adults with cognitive decline: a preliminary trial." *Frontiers in Robotics and AI*
- Irfan et al. (2024). "Recommendations for designing conversational companion robots with older adults through foundation models." *Frontiers in Robotics and AI*

- Tan et al. (2024). “Improving the Social Well-Being of Single Older Adults Using the LOVOT Social Robot: Qualitative Phenomenological Study” *JMIR Human Factors*

## 2. Stakeholder Analysis and Decision-Making Framework

### Primary Stakeholders

Stakeholder	Primary Interests	Influence	Expectations
Elderly Users	Ease of use, privacy, companionship, health monitoring, dignity, social connection	High – Direct users whose adoption and satisfaction determine project success	Intuitive interface, reliable functionality, respectful interaction, privacy protection
Family Members	Safety alerts, engagement updates, photo sharing, crisis notifications, wellbeing	High – Often primary decision-makers for purchase and setup, ongoing support	Reliable alerts, easy communication, health insights, low maintenance requirements
Healthcare Providers	Reliable medical alerts, actionable data, EHR integration, reduced false positives	Medium-High – May recommend or discourage use based on perceived usefulness	Accurate health data, integration with existing systems, evidence-based interventions
NGOs (AARP, WHO Ageing)	Accessibility, affordability, digital literacy support, ethical AI use	Not specified	Not specified
Investors	Market scalability, ROI, regulatory compliance, user adoption, revenue	High – Control over budget, resources, strategic direction	Viable product, clear market differentiation, positive adoption metrics, ROI achievement
Regulators	HIPAA/GDPR/ADA compliance, safety certifications, data sovereignty, ethical AI	Very High – Can approve or block deployment based on compliance assessment	Adherence to regulations, transparent data practices, ethical AI implementation
Caregivers	Usability insights, behavioral trend reports, workload reduction, wellbeing	High – Often primary decision-makers for purchase and setup, ongoing support	Reliable alerts, easy communication, health insights, low maintenance requirements
Insurance providers	Risk mitigation, cost reduction, and preventive care	Not specified	Not specified

Stakeholder	Primary Interests	Influence	Expectations
Development Team	Creating effective, innovative solutions, technical feasibility, professional growth	High – Direct impact on product capabilities, quality, and timeline	Clear requirements, realistic timelines, necessary resources, technical autonomy
Technology Partners	Partnership success, technology integration, market expansion	Medium – Impact on technical capabilities and integration success	Clear integration requirements, technical support, revenue sharing agreements

## Decision-Making Framework

### Decision Authority Matrix

Decision Type	Primary Decision Maker	Required Approvals	Consultation Required
Strategic Direction	Business Stakeholders	Board/Investors	All Primary Stakeholders
Product Features	Product Owner	Senior Users, Healthcare	Development Team, Family Caregivers
Technical Architecture	Technical Lead	Business Stakeholders	Development Team, Technology Partners
User Interface Design	UX Lead	Senior Users, NGOs, Family	Family, Caregivers, NGOs
Health Features	Healthcare Advisory Board	Regulatory Bodies	Healthcare Providers, Senior Users
Privacy/Security	Privacy Officer	Legal Team, Regulatory	All Stakeholders
Budget Allocation	Financial Stakeholders	Business Leadership	Project Management Team
Timeline/Milestones	Project Manager	Business Stakeholders	Development Team, Key Stakeholders
Vendor Selection	Procurement Lead	Technical Lead, Financial	Development Team
Go-to-Market Strategy	Marketing Lead	Business Stakeholders	Healthcare Providers, Family, Caregivers

## Decision-Making Process

### Level 1: Operational Decisions (Daily Development)

- **Authority:** Development Team Leads
- **Process:** Agile methodology, daily standups, sprint planning
- **Timeline:** Immediate to 2 weeks
- **Documentation:** Sprint logs, technical documentation
- **Review:** Weekly team retrospectives

### Level 2: Tactical Decisions (Feature and Design)

- **Authority:** Product Owner with Stakeholder Input
- **Process:**
  1. Stakeholder consultation (1 week)
  2. Impact analysis (3-5 days)
  3. Decision documentation (2 days)
  4. Implementation planning (1 week)
- **Timeline:** 2-4 weeks
- **Documentation:** Decision records, impact assessments, implementation plans

### Level 3: Strategic Decisions (Direction and Investment)

- **Authority:** Business Stakeholders with Board Approval
- **Process:**
  1. Comprehensive stakeholder analysis (2-3 weeks)
  2. Business case development (1-2 weeks)
  3. Risk assessment (1 week)
  4. Board presentation and approval (1-2 weeks)
  5. Communication and implementation planning (1 week)
- **Timeline:** 6-10 weeks
- **Documentation:** Business cases, risk assessments, board minutes, communication plans

## Decision-Making Philosophy

At the core of our development philosophy is the principle that stakeholders should not merely be consulted—they should actively shape the product’s evolution. To achieve this, we have designed a participatory framework that embeds stakeholders

into the decision-making process at every stage, ensuring their needs drive priorities while maintaining agility and technical feasibility.

### **Co-Design Councils: The Heart of Governance**

A rotating council of elderly users, family members, and NGO representatives holds formal influence over product direction. Unlike traditional advisory boards, this group has veto power on critical UX decisions—such as interface accessibility or privacy controls—and scores proposed features to shape the development backlog. For example, when early testing revealed that video calls introduced complexity for users with limited dexterity, the council voted overwhelmingly to prioritize voice interaction refinements first. This structure ensures that those most affected by the robot’s design have measurable authority, not just symbolic input.

### **Continuous Feedback Loops, Powered by AI**

To avoid stagnation between council meetings, real-time feedback flows through AI-curated channels. In-product prompts (e.g., “Was this reminder helpful?”) and discussions are analyzed by LLMs to distill sentiment trends and emergent needs. These insights trigger automated A/B tests—like adjusting game difficulty or reminder frequency—while major patterns are presented to the council for deliberation. If, for example, beta users expressed frustration with medication alerts, sentiment analysis would reveal a demand for customizable schedules, leading to a low-code interface that families could tailor remotely.

### **Radical Transparency for Accountability**

Trust is maintained through public visibility into how stakeholder input translates into action. A live roadmap portal displays feature requests, voting results, and implementation status, while quarterly transparency reports detail how pilot data influenced decisions. Regulatory and healthcare partners receive dedicated audit trails, proving compliance with co-designed protocols. After caregivers reported that fall-detection false alarms caused undue stress, the engineering team published a breakdown of algorithm adjustments and invited stakeholders to retest the solution.

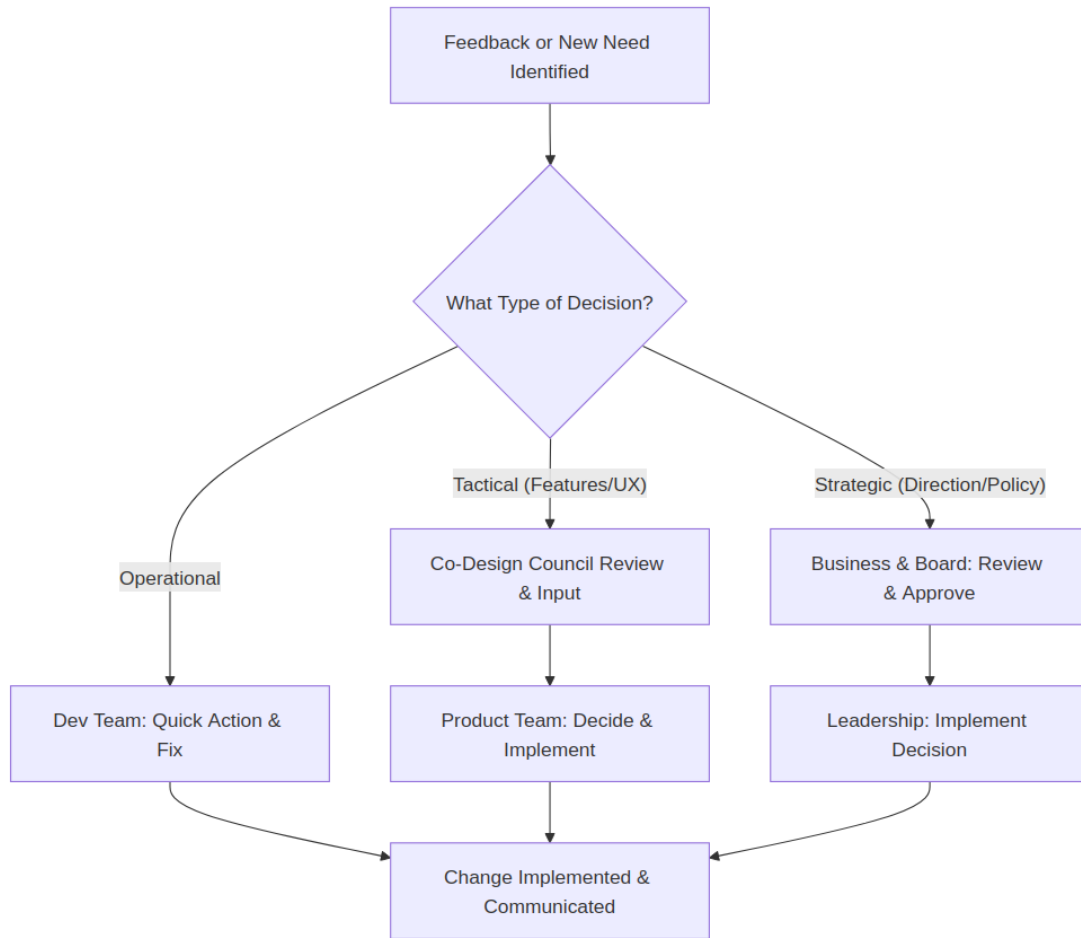


Figure 2: Diagram of the Decision-Making Process



### 3. Flowchart/System Architecture Diagram

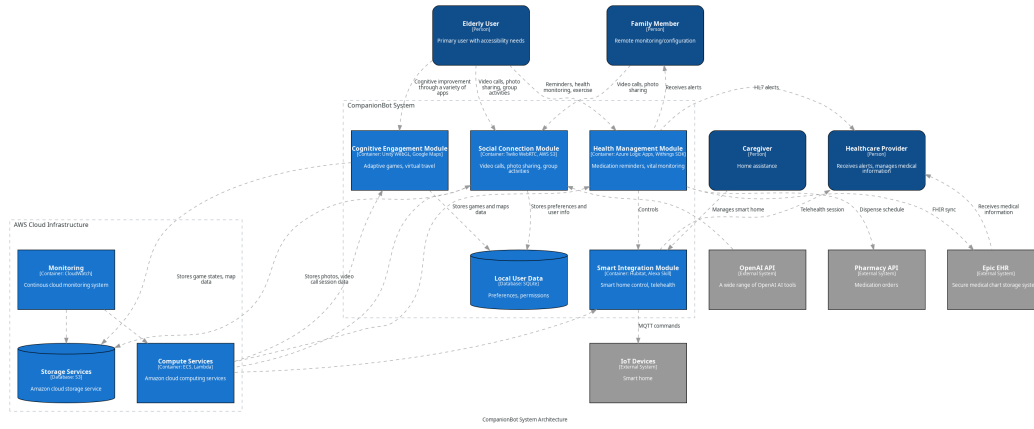


Figure 3: System Architecture Diagram in a C4 Standardized Format

### 4. Resources Required for System Development

Launching CompanionBot from prototype to full-scale deployment requires a coordinated combination of human capital, technical tools, infrastructure, and strategic partnerships. This chapter outlines the essential resources—tangible and intangible—necessary for a successful initial rollout.

#### 1. Human Resources

##### Product Team

- **Product Owner / Product Manager** – Prioritizes features and aligns user needs with technical capabilities.
- **UX/UI Designer** – Specializes in interfaces tailored for elderly users and individuals with cognitive impairments.
- **User Researcher** – Gathers insights through interviews, usability testing, and interaction analytics.
- **Data Analyst** – Analyzes behavioral data, conducts A/B testing, and generates hypotheses for product improvement.

- Stakeholder Liaison – Communicates with user councils, medical partners, families, and social workers.

### **Development Team**

- AI/ML Engineers — Implement emotion recognition, personalization, NLP, and adaptive learning algorithms.
- Data Scientists — Analyze real-world feedback and fine-tune AI behavior and decision-making logic.
- Software Developers — Skilled in Python, C, C++, Go, Rust, and embedded systems for backend integration and frontend interface.
- Hardware Engineers — Finalize robot shell, mobility components, and smart home integration features.
- QA Engineers — Test edge cases, accessibility scenarios, and interaction reliability.

### **Specialized Roles**

- Gerontologists & Geriatric Psychologists — Guide interaction models and validate mental health features.
- Clinical Advisors (MDs, RNs) — Verify medical protocol compliance (medication reminders, vital tracking).
- Speech-Language Pathologists — Evaluate voice interface clarity and communication design.
- Ethics and Privacy Consultants — Ensure adherence to HIPAA, GDPR, and ethical AI practices.
- Community Engagement Coordinators — Onboard elderly users, provide training, and gather feedback.

### **Support & Operations**

- Customer Support Staff — Trained in elder tech use and empathetic communication.
- Sales and Partnership Managers — Drive institutional and healthcare adoption.
- Training Specialists — For family members and caregivers.

## **2. Technical and Digital Infrastructure**

### **Hardware Components**

- Final production version of CompanionBot device with:
  - High-resolution screen and wide-angle camera

- Emotion-expressive LED facial interface
- Microphone arrays with noise cancellation
- Speakers with adjustable volume and voice clarity optimization
- Embedded sensors (touch, motion, temperature, fall detection)
- Long-life rechargeable battery with safety certification
- Smart home integration modules (Wi-Fi, Bluetooth, Zigbee, etc.)
- Telehealth peripherals integration (e.g., BP monitor, pulse oximeter, thermometer)

## **Software Platforms**

- Natural Language Processing Engine (transformer-based)
- Emotion Recognition Framework (computer vision and vocal analysis)
- Behavioral Analytics Engine (real-time analysis of routines, habits, and engagement trends)
- System OS (lightweight, secure, modular, OTA updates)
- User Interface (custom elderly-friendly launcher, customizable layouts)
- Data Sync & Cloud Services (secure AWS hosting with local fallback)

## **Data & Integration Tools**

- EHR/EMR Interoperability API layer (FHIR-compliant)
- Caregiver dashboard (web and mobile)
- Remote configuration and analytics tools for families
- Voice control for accessibility

## **3. Organizational and Business Resources**

- CRM and customer support platforms
- Training modules for users and caregivers (digital + in-person)
- Pilot program toolkit (onboarding, usage guides, evaluation metrics)

## **Marketing & Outreach**

- Educational content explaining AI and robot ethics
- Community events, webinars, and co-design workshops
- Partnerships with elder care NGOs, clinics, and municipalities

## **4. Financial Resources**

### **Initial Capital**

Seed or Series A funding to cover:

- Manufacturing (pilot batch)

- Team salaries (12–18 months runway)
- Regulatory and certification costs
- Legal, insurance, and compliance auditing
- Marketing and community onboarding
- Infrastructure (cloud, devices, integration licenses)

### **Ongoing Funding Strategy**

- Grants from public health and aging-focused institutions
- Strategic corporate partnerships (e.g., smart home vendors, insurers)
- Subscription revenue and B2B sales (senior care homes, health systems)

## **5. Legal and Compliance Resources**

- Accessibility audit and WCAG 2.1 testing tools
- Regulatory consultant team for device certifications (FDA/CE if applicable)
- Consent management frameworks for families and healthcare providers

## **6. Launch-Ready Metrics and KPIs**

To evaluate resource adequacy and deployment readiness, the following benchmarks must be met:

- 95%+ success rate in daily use test scenarios with seniors
- 90% of Co-Design Council UX priorities implemented
- 100% of privacy and regulatory protocols certified
- Functional integration with at least 3 EHR systems
- Scalable cloud infrastructure deployed in 2+ regions
- Fully trained customer support and caregiver enablement teams
- Positive sentiment in >80% of beta tester feedback sessions

A successful CompanionBot launch requires more than just technology — it requires a full ecosystem of specialized expertise, empathetic design, trusted infrastructure, and inclusive partnerships. By ensuring these resources are secured and aligned with the system’s mission, we can deliver not just a product, but a meaningful support system for the aging population.

## 5. Detailed List of Tasks and Required Resources

Below is a structured, detailed breakdown of all specific tasks (engineering, design, training, validation, etc.), responsible roles or teams, and crucial resources. Tasks are organized by system components, e.g., conversation UI, health monitoring, emotion recognition, etc., based on the modules and features of the system.

Task ID	Task Description	Responsible Role(s)	Required Resources	LLM Contribution	Impact on User Experience	Development Phase
T1	Define user scenarios & elderly personas	UX Designer, Gerontologist	Stakeholder input, Co-design council feedback	Not directly involved in this phase, but user data helps fine-tune future prompts and personalization logic.	Scenarios built here guide how LLM conversations align with real user needs.	Phase 1
T2	Design conversational UI (voice interface)	UX Designer, Speech Pathologist	GPT-based LLM, voice SDKs	Drives natural and context-rich dialogue via fine-tuned LLM	Allows seniors to hold meaningful daily conversations with the robot	Phase 2

Task ID	Task Description	Responsible Role(s)	Required Resources	LLM Contribution	Impact on User Experience	Development Phase
T3	Develop emotion recognition module	AI/ML Engineer	GPU infrastructure, camera, dataset for emotions	The LLM uses emotional input (voice tone, facial expression, textual sentiment) to adapt its language generation in real-time — expressing empathy, changing tone, or adjusting conversation flow. LLM also helps in labeling or classifying emotional context during post-processing and learning loops.	Users feel emotionally understood and cared for. The robot's ability to respond with warmth, support, or cheer based on emotional state builds trust and reduces feelings of loneliness. Emotional alignment is key to senior engagement.	Phase 2

Task ID	Task Description	Responsible Role(s)	Required Resources	LLM Contribution	Impact on User Experience	Development Phase
T4	Program medication reminder logic	Software Developer, MD Advisor	Medication protocols, NLP engine	Generates adaptive and polite reminder phrasing using prompt engineering	Improves medication adherence through trust and tone personalization	Phase 2
T5	Implement video calling & photo sharing features	Software Developer, UI Designer	Camera integration, UI frameworks	Helps narrate and format photo captions or life stories using natural language	Assists seniors in building digital memoirs without typing or technical complexity	Phase 3
T6	Build smart home control module	Embedded System Engineer	IoT SDKs, Zig-bee/Bluetooth modules	Converts natural spoken commands into smart home actions via voice interface.	Users feel empowered controlling their home by speaking casually, with no technical knowledge.	Phase 3
T7	Design and train cognitive games	AI/ML Engineer, Cognitive Psychologist	Puzzle DB, training datasets	Creates or adapts word games, storytelling prompts, quizzes dynamically	Keeps engagement fresh and tailored to cognitive ability levels	Phase 3

Task ID	Task Description	Responsible Role(s)	Required Resources	LLM Contribution	Impact on User Experience	Development Phase
T8	Integrate health sensors (e.g., BP monitor)	Hardware Engineer, RN/MD	Health devices, API integration	Explains health data to the user in understandable language; answers health-related questions conversationally.	Increases users' sense of control over their health; reduces confusion or anxiety.	Phase 3
T9	Perform clinical safety validation	QA Engineer, Clinical Advisor	Test environments, elderly beta testers	N/A	N/A	Phase 4
T10	Ensure data encryption and HIPAA compliance	Privacy Officer, DevSecOps	Security framework	Handles sensitive discussions like data use or family sharing in clear language	Boosts trust and comprehension of legal/ethical concepts	Phase 4
T11	Conduct usability testing with seniors	User Researcher, Support Staff	Demo units, testing labs	LLM interprets real-time user feedback during sessions	Enables rapid personalization and identifies frustration triggers	Phase 4



Task ID	Task Description	Responsible Role(s)	Required Resources	LLM Contribution	Impact on User Experience	Development Phase
T12	Deploy pilot version in test homes	Ops Team, Customer Support	10-20 pilot units, feedback tracking	Analyzes in-product textual or verbal feedback for sentiment/emotion detection	Allows automatic system adaptation based on user satisfaction	Phase 5
T13	Train caregivers and family on dashboard	Training Specialist	Online modules, guides, live support	LLM acts as an assistant to explain dashboard elements conversationally or via chatbot.	Reduces technical barriers for family/caregivers; improves support continuity.	Phase 5
T14	Final QA & bug fixing pre-launch	QA Team, Dev Team	Issue tracker, test automation suite	Used for automated log summarization or detecting anomalies in user logs (e.g., misunderstanding patterns).	Ensures smoother, more stable interactions with minimal breakdowns.	Phase 6

Task ID	Task Description	Responsible Role(s)	Required Resources	LLM Contribution	Impact on User Experience	Development Phase
T15	Launch CompanionBot & onboarding campaign	Marketing, Sales, Support	CRM, webinars, NGO partnerships	LLM supports onboarding script personalization and FAQ chatbot for new users and families.	Reduces onboarding stress and improves adoption rates across different cognitive levels.	Phase 6

## 6. Evaluation of Scheduling and Prioritization of Tasks and Resources

### 1. Framework Overview

The CompanionBot project represents a complex AI-driven healthcare technology initiative requiring sophisticated resource management and task prioritization strategies. This evaluation examines the systematic approach to scheduling and resource allocation that ensures optimal project outcomes while maintaining quality standards and regulatory compliance. The framework balances stakeholder needs, technical constraints, and market demands through a multi-dimensional approach that considers human capital, technical infrastructure, financial resources, and time dependencies.

The success of CompanionBot depends not only on resource availability but also on strategic allocation and implementation of robust prioritization mechanisms that adapt to changing requirements and emerging challenges in elderly care technology development.

### 2. Resource Classification and Strategic Allocation

#### Human Resource Distribution

The project's human resource strategy follows a structured hierarchy ensuring optimal skill utilization while maintaining clear accountability. The allocation reflects the project's emphasis on user-centered design and regulatory compliance.

Resource Category	Allocation	Priority Level	Key Roles	Timeline Focus
Product Leadership	15%	Critical	Product Manager, UX Designer, User Researcher	Phases 1-6
Core Development	35%	Critical	AI/ML Engineers, Software Developers, Hardware Engineers	Phases 2-5
Specialized Expertise	20%	High	Data Scientists, QA Engineers, Gerontologists	Phases 3-6
Clinical Advisory	10%	High	MDs, RNs, Speech-Language Pathologists	Phases 2-4
Compliance & Ethics	8%	Critical	Privacy Officers, Ethics Advisors	Phases 1-6
Support Operations	12%	Medium	Customer Support, Training Specialists	Phases 5-6

### Technical Infrastructure Prioritization

Technical infrastructure represents a significant investment requiring careful prioritization to ensure scalability and reliability. The allocation follows a risk-based approach where critical components affecting user safety and regulatory compliance receive highest priority.

Infrastructure Component	Investment Range	Priority	Implementation Dependencies
Hardware Development	\$2.5M – \$4M	Critical	Industrial design, component sourcing
AI/ML Platform	\$800K – \$1.2M	Critical	Data collection, model training
Security Framework	\$400K – \$600K	Critical	Legal compliance, data protection
Cloud Infrastructure	\$300K – \$500K annually	High	Security certification, HIPAA compliance
Integration APIs	\$200K – \$400K	High	EHR partnerships, smart home vendors
Testing Environment	\$150K – \$250K	Medium	Hardware prototypes, user testing

## 3. Task Prioritization Methodology

### Multi-Criteria Decision Framework

The project employs a sophisticated scoring system that evaluates tasks based on multiple dimensions, ensuring systematic and transparent resource allocation decisions.

Evaluation Criteria	Weight	Description	Scoring Impact
User Impact	25%	Direct benefit to elderly users and families	Primary driver for feature selection
Technical Feasibility	20%	Implementation complexity and risk assessment	Prevents over-commitment to unrealistic features
Regulatory Compliance	20%	Alignment with HIPAA, GDPR, safety requirements	Ensures legal adherence and market access
Stakeholder Value	15%	Benefit to healthcare providers and caregivers	Supports ecosystem adoption
Market Differentiation	10%	Competitive advantage and unique value	Drives commercial success
Resource Efficiency	10%	Cost-effectiveness and optimization	Maintains budget discipline

### Feature Development Priority Tiers

Priority Tier	Features	Resource Allocation	Justification
Tier 1 (Critical)	Basic conversation, medication reminders, emergency alerts	40%	Core safety and companionship functions
Tier 2 (High)	Health monitoring, family communication, cognitive games	35%	Enhanced value proposition
Tier 3 (Medium)	Smart home integration, advanced AI personalization	20%	Competitive differentiation
Tier 4 (Low)	Advanced entertainment, complex social features	5%	Future enhancement opportunities

## 4. Development Timeline and Critical Path Management

### Phase-Based Development Schedule

The development follows a structured timeline that aligns resource allocation with project milestones and stakeholder deliverables, providing flexibility for iterative development while maintaining accountability.

Phase	Duration	Key Deliverables	Resource Focus	Success Metrics
Phase 1: Foundation	3 months	Requirements, architecture, team assembly	Product team, infrastructure	Stakeholder approval, technical feasibility
Phase 2: Core Development	6 months	Basic AI, hardware prototype, safety features	Development team, clinical advisors	Functional prototype, safety validation
Phase 3: Integration	4 months	System integration, initial testing	Full team, testing infrastructure	Integration testing, user acceptance
Phase 4: Validation	3 months	Clinical trials, regulatory approval	Compliance team, clinical partners	Regulatory clearance, user validation
Phase 5: Pilot Deployment	2 months	Limited release, user training	Support team, training specialists	User adoption, feedback collection
Phase 6: Full Launch	2 months	Market launch, scaling operations	Marketing, operations team	Market penetration, operational efficiency

### Critical Path Analysis

Critical Activity	Duration	Resource Requirements	Risk Factors	Mitigation Strategy
AI Model Development	4 months	3 AI engineers, compute resources	Model performance, training data quality	Parallel algorithm development, data augmentation
Hardware Certification	3 months	Hardware team, testing lab	Regulatory approval, component availability	Early prototype testing, supplier diversification
Clinical Validation	2 months	Clinical advisors, test sites	User acceptance, health outcome validation	Phased testing approach, multiple validation sites
Security Audit	1.5 months	Security team, external auditors	Vulnerability discovery, compliance gaps	Continuous security testing, expert consultation

## 5. Performance Monitoring and Optimization

### Resource Utilization Metrics

Effective resource management requires continuous monitoring of utilization rates and efficiency metrics to identify optimization opportunities and ensure project objectives are met within constraints.

Metric Category	Specific Metrics	Target Range	Monitoring Frequency	Corrective Actions
Budget Utilization	Spend rate, variance from plan	$\pm 5\%$ of planned	Weekly	Budget reallocation, scope adjustment
Timeline Adherence	Milestone completion, critical path delays	95% on-time	Daily	Resource reallocation, parallel activities
Team Productivity	Story points completed, velocity trends	85-110% of baseline	Sprint cycles	Team optimization, skill development
Quality Metrics	Defect rates, user acceptance scores	$< 2\%$ defects, $> 90\%$ acceptance	Continuous	Quality process improvement
Stakeholder Satisfaction	Feedback scores, engagement levels	$> 80\%$ satisfaction	Monthly	Communication improvement, expectation management

### Dynamic Resource Allocation Strategy

Trigger Event	Response Strategy	Resource Impact	Timeline Adjustment
Technical Breakthrough	Accelerate related development	+20% to breakthrough area	Potential timeline compression
Regulatory Delay	Shift focus to parallel activities	Reallocate compliance resources	Maintain overall timeline
User Feedback	Prioritize user-requested features	Adjust feature development allocation	Minor timeline impact

Trigger Event	Response Strategy	Resource Impact	Timeline Adjustment
Competitive Pressure	Accelerate differentiation features	+15% to competitive features	Potential scope adjustment

## 6. Financial Resource Management and Risk Mitigation

### Budget Allocation and Optimization

The financial framework balances immediate development needs with long-term sustainability requirements while maintaining adequate reserves for risk management.

Budget Category	Percentage	Amount Range	Justification	Optimization Strategy
Personnel Costs	60%	\$3.6M – \$6M	Core team expertise, specialized skills	Agile development, skill sharing
Technology Infrastructure	20%	\$1.2M – \$2M	Hardware, software, cloud services	Open source integration, partnerships
Compliance & Legal	8%	\$480K – \$800K	Regulatory requirements, IP protection	Early compliance planning, automation
Marketing & Sales	7%	\$420K – \$700K	Market entry, customer acquisition	Digital marketing, strategic partnerships
Operations & Support	3%	\$180K – \$300K	Customer service, maintenance	Self-service tools, automation
Contingency	2%	\$120K – \$200K	Risk mitigation, unexpected costs	Risk-based allocation, flexible reserves

## 7. Quality Assurance and Compliance Resource Allocation

### Quality-Driven Resource Distribution

Quality assurance requires dedicated allocation across all development phases to ensure safety, usability, and reliability standards for elderly care applications.

QA Activity	Resource Allocation	Quality Metrics	Success Criteria
Requirements Validation	10% of QA budget	Requirements coverage, stakeholder approval	100% requirement validation
Design Review	15% of QA budget	Design compliance, usability scores	95% design approval rate
Code Quality	25% of QA budget	Code coverage, defect density	<2 defects per KLOC
Integration Testing	20% of QA budget	System integration success	98% integration test pass rate
User Acceptance	20% of QA budget	User satisfaction, usability metrics	90% user acceptance rate
Compliance Validation	10% of QA budget	Regulatory compliance, security audit	100% compliance certification

### Risk-Based Testing Strategy

Testing strategy prioritizes high-risk areas that could impact user safety or system reliability, ensuring critical functionality receives appropriate resources.

Risk Area	Risk Level	Testing Resources	Acceptance Criteria
Medication Reminders	Critical	30% of testing budget	99.9% reliability
Emergency Alerts	Critical	25% of testing budget	100% alert delivery
Health Data Security	Critical	20% of testing budget	Zero security vulnerabilities
User Interface	High	15% of testing budget	95% usability score
AI Interactions	High	10% of testing budget	90% appropriate response rate

## 7. Dependency Identification

The successful implementation of CompanionBot relies on the coordinated interaction of multiple technical systems, organizational roles, external vendors, and regulatory frameworks. Identifying and managing these dependencies early is essential to ensure uninterrupted development, maintain system integrity, and support compliance with safety and privacy standards.



## Technical Dependencies

- **Large Language Model (LLM) API:** All conversational, emotional, and adaptive personalization features are dependent on the performance and availability of the LLM engine.
- **Health Monitoring Sensors:** Integration with medical peripherals (e.g., blood pressure monitors, oximeters) is dependent on device-specific APIs and reliable Bluetooth/Zigbee communication protocols.
- **AWS Cloud Synchronization:** System behavior depends on stable cloud connectivity for data persistence, analytics, and user profile management, with fallback mechanisms for offline usage.
- **Telehealth and EHR Integration:** Interoperability with external health systems (FHIR APIs) requires alignment with third-party update cycles and interface changes.

## Organizational and Process Dependencies

- **Stakeholder Feedback Loops:** The Co-Design Council and caregiver testing groups play a central role in interface and feature prioritization. Development sprints depend on timely input and validation cycles.
- **Cross-Team Coordination:** Seamless delivery requires synchronization between AI/ML, UX, clinical advisors, and various consultants. Bottlenecks in one team may delay dependent components.
- **Training Resources for Families and Caregivers:** Deployment success depends on the creation and dissemination of training modules, which are reliant on the availability of support staff and content specialists.

## Vendor and Regulatory Dependencies

- **Hardware Supply Chain:** All hardware components are sourced externally. Delays in component delivery can affect assembly and testing milestones.
- **Compliance Certifications:** Deployment hinges on timely security audits and HIPAA/SOC2 validations, which require coordination with external compliance experts and auditors.
- **Partnerships with Elder-Care Facilities, Clinics, and NGOs:** Access to pilot environments and user feedback is contingent on third-party collaboration timelines, legal agreements, and site-specific onboarding procedures.

## Mitigation Strategies

- **Live Dependency Register:** Maintained by the Project Manager and updated at each sprint planning session; tracks technical, legal, and logistical dependencies by module and development phase.
- **Fallback Planning:** Local-only operation modes are implemented for critical features like medication reminders and emergency alerts in case of cloud failure or API disruption.
- **Parallel Workstreams:** Tasks are decoupled where possible to allow non-blocking progress, e.g., UX testing on synthetic data while waiting for clinical validation.
- **Automated Monitoring:** Integration of build systems and testing pipelines with dependency scanning tools ensures early detection of version conflicts or broken integrations.

By proactively identifying and addressing interdependencies, CompanionBot ensures stable progress across all development phases, while maintaining flexibility to adapt to external or internal changes.

## 8. Identification and Assessment of Risks (in Terms of Resources)

Effective resource management for CompanionBot requires not only accurate allocation but also early detection of risks that may jeopardize delivery, compliance, or system stability. This section outlines key risk domains associated with human, technical, financial, and regulatory resources, alongside assessment metrics and mitigation strategies.

### Human Resource Risks

- **Skill Gaps in Specialized Roles:** Limited availability of AI/ML engineers, gerontologists, and compliance officers with relevant expertise may delay module implementation (e.g., emotion recognition, HIPAA alignment).
  - *Likelihood:* High
  - *Impact:* Critical for core functionality
  - *Mitigation:* Maintain expert advisory pool, invest in parallel onboarding, cross-train team members.
- **Resource Turnover During Development:** Unexpected departure of key team members (e.g., Product Owner, UX Lead) could disrupt project continuity and stakeholder alignment.
  - *Likelihood:* Medium
  - *Impact:* High on coordination and velocity
  - *Mitigation:* Maintain updated documentation, implement succession plans, ensure knowledge redundancy.

## Technical Resource Risks

- **GPU Infrastructure Limitations:** High computational demand for LLM inference and training could exceed available GPU resources, affecting emotion-aware responses and adaptive personalization.
  - *Likelihood:* Medium
  - *Impact:* High on AI performance
  - *Mitigation:* Use scalable cloud compute, prioritize model optimization, secure compute credits from providers.
- **Hardware Supply Delays:** Delays in delivery of essential components (e.g., LED facial modules, embedded sensors) could stall prototyping and testing phases.
  - *Likelihood:* High
  - *Impact:* Medium to high
  - *Mitigation:* Identify backup suppliers, pre-order critical parts, use modular hardware design.

## Financial Resource Risks

- **Budget Overrun Due to Compliance and Validation Costs:** Costs associated with legal certification, audits, and regulatory documentation may exceed initial estimates.
  - *Likelihood:* Medium
  - *Impact:* High on launch schedule
  - *Mitigation:* Reserve contingency budget (5–10%), engage compliance experts early, pursue co-funding opportunities (grants, institutional partners).
- **Inadequate Funding for Support and Training:** Underfunding post-deployment training for caregivers and families may reduce adoption and increase dropout rates.
  - *Likelihood:* Medium
  - *Impact:* High on user satisfaction and system continuity
  - *Mitigation:* Allocate specific budget to onboarding, integrate LLM-powered training assistants, monitor training outcomes.

## Regulatory and Partnership Risks

- **Delay in Certification or Audit Outcomes:** Slower-than-expected regulatory feedback (e.g., HIPAA, CE) could delay launch or limit scope of deployment.
  - *Likelihood:* Medium
  - *Impact:* High on go-to-market readiness

- *Mitigation:* Begin audit preparation in parallel with development, prioritize documentation, establish direct communication channels with auditors.
- **Stakeholder Partnership Withdrawal:** Key pilot partners (e.g., care homes or NGOs) may withdraw due to internal priorities or strategic changes.
  - *Likelihood:* Low to medium
  - *Impact:* Medium on pilot phase
  - *Mitigation:* Diversify pilot sites, maintain regular engagement with partners, sign flexible MoUs.

## Risk Monitoring and Reporting

CompanionBot applies a continuous risk-tracking model:

- **Risk Register:** Maintained by the project management team, updated biweekly.
- **Risk Heat Maps:** Used to visualize severity vs. likelihood across categories.
- **LLM-Based Analysis:** Applied to project communications and logs to detect signals of emerging risks (e.g., unmet deadlines, reduced output velocity).
- **Monthly Risk Review Meetings:** Representatives from product, compliance, AI, and stakeholder teams realign mitigation actions.

By embedding risk identification into all resource management activities, the CompanionBot team ensures stable progress under realistic constraints and supports a proactive rather than reactive delivery model.