Questionnaire No:								

STUDY MOTHER'S

QUESTIONNAIRE

This questionnaire is for you, the mother, whether or not you are the main carer. Its purpose is to find out what health and other problems you have. Your answers will help us to identify those problems that may be helped by changes in the health care system.

To answer please tick the box which is most accurate in your opinion.

Some questions are the same as those you have answered before. This is so that we can tell what changes have happened to you over time.

Please answer all questions if you can, even if they seem similar. If you do not want to answer a question or if it does not apply to you, put a line through it. There are no good or bad answers. Just tell us what you really think

All answers are confidential

THANK YOU VERY MUCH FOR YOUR HELP

23.09.96

SECTION A: YOUR HEALTH

A1. Which of the following would you say describes your health now?

fit and well

mostly well and healthy

often feel unwell

- hardly ever feel well 4
- A2. Have you had any of the following in the past year (since your study child was 4 years old)?

In past year:	Yes and consulted doctor	Yes but did not consult doctor	No
a) anxiety or 'nerves'	1	2	3
b) depression	1	2	3
c) headache or migraine	1	2	3
d) epilepsy	1	2	3
e) back pain, sciatica, slipped disc	1	2	3
f) indigestion	1	2	3
g) high blood pressure	1	2	3
h) cough or cold	1	2	3
i) diabetes	1	2	3
j) haemorrhoids/piles	1	2	3
k) schizophrenia	1	2	3
l) influenza	1	2	3

42. (c	cont.)	Yes and	Yes but	No	
	In past year:	consulted doctor	did not consult doctor		
	m) alcohol problem	1	2	3	
	n) wheezing or asthma	1	2	3	
	o) bronchitis	1	2	3	
	p) stomach ulcer	1	2	3	
	q) eczema	1	2	3	
	r) psoriasis	1	2	3	
	s) arthritis	1	2	3	
	t) rheumatism	1	2	3	
	u) urinary infection	1	2	3	
	v) problems with your periods	1	2	3	
	w) problems with a pregnance	y 1	2	3	
	x) syphilis	1	2	3	
	y) gonorrhoea	1	2	3	
	z) pre-menstrual tension	1	2	3	
	za) other problems (please tick & describe)	1	2	3	



A3. In the past year how often have you taken the following?

	Every			Not			
In past year:	day	Often	Sometimes	at all			
a) sleeping pills	1	2	3	4			
b) vitamins	1	2	3	4			
c) cannabis/marihuana	1	2	3	4			
d) tranquillisers	1	2	3	4			
e) pills for depression	1	2	3	4			
f) hormone tablets	1	2	3	4			
g) antibiotics	1	2	3	4			
h) aspirin	1	2	3	4			
i) paracetamol	1	2	3	4			
j) other painkillers	1	2	3	4			
k) amphetamines or other stimulants	1	2	3	4			
l) contraceptive pill	1	2	3	4			
m) iron	1	2	3	4			
n) heroin, methadone, crack, cocaine	1	2	3	4			
o) anticonvulsants	1	2	3	4			
p) steroids	1	2	3	4			
other pill, medicine, drug or treatment (please describe each and state how frequently taken)							
q)	. 1	2	3				
r)	. 1	2	3				
s)	1	2	3				

in the past month:	fo	r office use				
What did you take:	About how many days did you take or use it?	How often per day?				
1 2						
3						
4						
5						
6						
7						
8						
9						
10						
Check Have you included the contraceptive pill, iron tablets, laxatives, vitamins, sleeping tablets, aspirin, cough mixture, pain killers, herbal medicine, homeopathic remedies? a) Since your study child was 4 years old have you been admitted to hospital?						
Yes 1 No	\rightarrow If <u>no</u> , go to A6 on	r page 7				
If <u>yes</u> , b) how many times?						
c) for how many <u>different</u> rea	asons?					

Please list all the drugs, medicines and ointments that you have taken

A4.

A5.

A5.	Reason for each hospital sta	How	How long did you stay?			
	d)			nigh	nts	
	e)			nigh	nts	
	f)			nigh	nts	
	g)			nigh	nts	
	h)			nigh	nts	
A6.	In the past month, how often	have <u>you</u> had	any of the follo	wing:		
	In the past month:	Almost all the time	Sometimes	Once	Not at all	
	a) backache	1	2	3	4	
	b) headache or migraine	1	2	3	4	
	c) urinary infection	1	2	3	4	
	d) nausea	1	2	3	4	
	e) vomiting	1	2	3	4	
	f) diarrhoea	1	2	3	4	
	g) haemorrhoids or piles	1	2	3	4	
	h) feeling weepy/tearful	1	2	3	4	
	i) feeling irritable	1	2	3	4	
	j) feeling exhausted	1	2	3	4	
	k) varicose veins	1	2	3	4	
	l) passing urine very often	1	2	3	4	
	m) problem holding urine when you jump, sneeze etc	e. 1	2	3	4	
	n) indigestion	1	2	3	4	
	o) feeling dizzy/fainting	1	2	3	4	

A6. (cont.)

	In the past month:	Almost all the time	Sometimes	Once N	ot at all
	p) flashing lights/spots before eyes		2	3	4
	q) shoulder ache	1	2	3	4
	r) tingling in hands/fingers	1	2	3	4
	s) tingling in feet/toes	1	2	3	4
	t) neck ache	1	2	3	4
	u) feeling depressed	1	2	3	4
	v) pain in your knee(s)	1	2	3	4
	w) other problem (please tick & describe)	1	2	3	4
A7.	a) Have you <u>ever</u> had pa $Yes, one \begin{bmatrix} 1 \end{bmatrix}$	in in one or bot Yes, both $\frac{1}{2}$	h of your knee		st a month? go to A8 on page 9
	If <u>yes</u> ,				
	b) about how old were ye	ou when this fi	rst happened?		
Less th	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	1	4-16 3	17-19 4	20 or 5
	c) Have you had pain in	your knees in t	he past month	1?	
	Yes 1	No 2			

not at all less than once a month 1-3 times a month about once a week 2-4 times a week 5 or more times a week 6 b) In general, do you enjoy it? yes, very much yes, somewhat 2 no, not a lot 3 no, not at all no sex at the moment 5 A9. a) Are you currently trying to get pregnant? no no, but intend to later yes, we are trying 1 months yes, we are trying 1 am already pregnant 4 How long were you trying before you became pregnant? months go to A10 on page 11	A8.	a)	How often are you having sexual	intercourse now?
1-3 times a month about once a week 2-4 times a week 5 or more times a week 6 b) In general, do you enjoy it? yes, very much yes, somewhat no, not a lot no, not at all no sex at the moment 5 A9. a) Are you currently trying to get pregnant? no no, but intend to later yes, we are trying 1 I am already pregnant How long were you trying before you became pregnant? months How long were you trying before you became pregnant? months			not at all	1
about once a week 2-4 times a week 5 or more times a week 6 b) In general, do you enjoy it? yes, very much yes, somewhat no, not a lot no, not at all no sex at the moment 5 A9. a) Are you currently trying to get pregnant? no no, but intend to later yes, we are trying 1 am already pregnant How long were you trying before you became pregnant? months yes months you ben trying? you be not how long have you be not how long have you became pregnant? months			less than once a month	2
2-4 times a week 5 or more times a week 5 or more times a week 6 b) In general, do you enjoy it? yes, very much yes, somewhat 2 no, not a lot 3 no, not at all no sex at the moment 5 A9. a) Are you currently trying to get pregnant? no no, but intend to later yes, we are trying 1 I am already pregnant How long were you trying before you became pregnant? months y How long were you trying before you became pregnant? months			1-3 times a month	3
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yes, very much yes, somewhat 2 no, not a lot 3 no, not at all no sex at the moment 5 A9. a) Are you currently trying to get pregnant? no no, but intend to later yes, we are trying 1 I am already pregnant How long were you trying before you became pregnant? months yes, we months you been trying? go to A10 on page 1			5 or more times a week	6
yes, somewhat no, not a lot no, not at all no sex at the moment A9. a) Are you currently trying to get pregnant? no no, but intend to later yes, we are trying I am already pregnant How long were you trying before you became pregnant? months go to A10 on page 1		b)	In general, do you enjoy it?	
no, not a lot no, not at all no sex at the moment A9. a) Are you currently trying to get pregnant? no no, but intend to later yes, we are trying I am already pregnant How long were you trying before you became pregnant? months go to A10 on page 1			yes, very much	1
no, not at all no sex at the moment A9. a) Are you currently trying to get pregnant? no no, but intend to later yes, we are trying I am already pregnant How long were you trying before you became pregnant? months you been trying? go to A10 on page 1			yes, somewhat	2
A9. a) Are you currently trying to get pregnant? no no, but intend to later yes, we are trying I am already pregnant How long were you trying before you became pregnant? months go to A10 on page 1			no, not a lot	3
A9. a) Are you currently trying to get pregnant? no no, but intend to later yes, we are trying I am already pregnant How long were you trying before you became pregnant? Mare you currently trying to get pregnant? months months go to A10 on page 1			no, not at all	4
no, but intend to later yes, we are trying I am already pregnant How long were you trying before you became pregnant? months months go to A10 on page 1			no sex at the moment	5
no, but intend to later yes, we are trying If yes, for how long have you been trying? go to A10 on page 1 How long were you trying before you became pregnant? months	A9.	a)	Are you currently trying to get pro	egnant?
yes, we are trying 2			no	
yes, we are trying If <u>yes</u> , for how long have you been trying? go to A10 on page 1 How long were you trying before you became pregnant? months			no, but intend to later	months
I am already pregnant How long were you trying before you became pregnant? months			yes, we are trying $3 \rightarrow$	
└			I am already pregnant 4	y go to A10 on page 1
↓ go to A10 on page 11		How	long were you trying before you be	came pregnant? months
				↓ go to A10 on page 11

A9.	b)	What forms of contraception a months)	are you using now? (tick all that you have used in the past
			Yes
		i) withdrawal	1
		ii) the pill	1
		iii) IUCD/coil	1
		iv) condom/sheath	1
		v) calendar/rhythm method	1
		vi) diaphragm/cap	1
		vii) spermicide	1
		viii) I have been sterilised	1
		ix) My partner has been sterilised	1
		x) none	1
		xi) other (please describe)	1

A10.	10. a) Have you been pregnant at all in the past 2 years?					
	Yes 1	No	go to A11 on Page 13			
If yes,	b) How many tin					
	c) For these preg	nancies please give:				
:\	1-4 6 14	1st pregnancy	2nd pregnancy	3rd pregnancy		
i)	date of your last menstrual period before the pregnancy (if you remember it)	19 9	19 9	19 9		
ii)	what happened:	miscarriage 1	miscarriage 1	miscarriage 1		
		abortion/ termination for unwanted pregnancies	abortion/ termination for unwanted pregnancies	abortion/ termination for unwanted pregnancies		
		termination for problem (please describe)	termination for problem (please describe)	termination for problem (please describe)		
		still 4 pregnant	still pregnant 4	still pregnant 4		
		baby born 5	baby born 5	baby born 5		
		other (please describe) 6	other (please describe) 6	other (please describe) 6		
date o	ease give actual f delivery or end of ancy: (If still pregnant 777)	199	19 9	19 9		
proble	o/did you have any ems? please describe:	Yes No 2	Yes No 2	Yes No 2		

		4th pregnancy	5th pregnancy	6th pregnancy
i)	date of your last menstrual period before the pregnancy (if you remember it)	199	19 9	19 9
ii)	what happened:	abortion/ termination for unwanted pregnancies termination for problem (please describe)	abortion/ termination for unwanted pregnancies termination for problem (please describe)	abortion/ termination for unwanted pregnancies termination for problem (please describe)
		still 4 baby born 5 other (please describe) 6	still pregnant baby born 5 other (please describe) 6	still pregnant baby born other (please describe) 6
date of	ease give actual f delivery or end of ancy: (If still pregnant 77 7)	199	19 9	19 9
proble	/did you have any ems? please describe:	Yes No 2	Yes No 2	Yes No 2
If more	e than 6 pregnancies, p	lease describe others on a	separate page.	

A11.	Please describe your	most rec	ent periods:		NT 4	* T
		Very	Moderately	Mildly	Not at all	No periods
	a) how heavy are your periods?	1	2	3	4	$ \begin{array}{c} 7 & \rightarrow \text{go to A12} \\ \text{below} \end{array} $
	b) how painful are your periods?	1	2	3	4	
	c) are your periods irregular?	1	2	3	4	
	d) how many days do	es bleedi	ng usually last?		days	
A12.	Have you had a D and in the last 2 years?	d C (scra	pe) Yes	1	No 2	Don't know 9
If <u>ves</u> ,					Yes	No
	Was this because of:	(i) heavy periods			1	2
	(tick all that apply)		(ii) painful perio	ds	1	2
			(iii) fibroids		1	2
			(iv) termination/	abortion	1	2
			(v) infertility		1	2
			(vi) miscarriage		1	2
			(vii) don't know		1	2
			(viii) other (please des	scribe)	1	2

SECTION B: YOUR OPINION OF YOURSELF

Below are some statements. Please say how true they are of you.

		Always true	Often true	Sometimes true	Seldom true	Never true
B1.	I feel that I am a person of worth, at least equal to others.	1	2	3	4	5
B2.	I feel I have a number of good qualities.	1	2	3	4	5
В3.	I am able to do things as well as most other people.	1	2	3	4	5
B4.	I feel I do not have much to be proud of.	1	2	3	4	5
B5.	I take a positive attitude towards myself.	1	2	3	4	5
B6.	Sometimes I think I am no good at all.	1	2	3	4	5
B7.	I am a useful person to have around.	1	2	3	4	5
B8.	I feel I cannot do anything right.	1	2	3	4	5
B9.	When I do a job I do it well.	1	2	3	4	5
B10.	I feel that my life is not very useful.	1	2	3	4	5
B11.	I am unlucky.	1	2	3	4	5

SECTION C: YOUR FEELINGS

The questions in this section ask you about your feelings and the way you behave. You have answered these questions in other questionnaires, but you might be feeling differently <u>now</u>.

Please indicate the way you feel.

		Very often	Often	Not very often	Never
C1.	Do you feel upset for no obvious reason?	1	2	3	4
C2.	Do you get troubled by dizziness or shortness of breath?	1	2	3	4
C3.	Have you felt as though you might faint?	1	2	3	4
C4.	Do you feel sick or have indigestion?	1	2	3	4
C5.	Do you feel that life is too much effort?	1	2	3	4
C6.	Do you feel uneasy and restless?	1	2	3	4
C7.	Do you feel tingling or prickling sensations in your body, arms or legs?	1	2	3	4
C8.	Do you regret much of your past behaviour?	1	2	3	4
C9.	Do you sometimes feel panicky?	1	2	3	4
C10.	Do you find that you have little or no appetite?	1	2	3	4
C11.	Do you wake unusually early in the morning even when you haven't been woken by your children?	1	2	3	4
C12.	Do you worry a lot?	1	2	3	4

		Very often	Often	Not very often	Never
C13.	Do you feel tired or exhausted?	1	2	3	4
C14.	Do you experience long periods of sadness?	1	2	3	4
C15.	Do you feel strung-up inside?		2	3	4
C16.	Can you go to sleep all right?	1	2	3	4
C17.	Do you ever have the feeling you are going to pieces?	1	2	3	4
C18.	Do you often have excessive sweating or fluttering of the heart?	1	2	3	4
C19.	Do you find yourself needing to cry?	1	2	3	4
C20.	Do you have bad dreams which upset you when you wake up?	1	2	3	4
C21.	Do you lose the ability to feel sympathy for others?	1	2	3	4
C22.	Can you think as quickly as you used to?	1	2	3	4
C23.	Do you have to make a special effort to face up to a crisis or difficulty?	1	2	3	4

Your feelings in the past week.

Yes, often

C24.	I have been able to laugh and so	ee the funny side of things:
	As much as I always could	
	Not quite so much now	2
	Definitely not so much now	3
	Not at all	4
C25.	I have looked forward with enjo	oyment to things:
	As much as I ever did	
	Rather less than I used to	2
	Definitely less than I used to	3
	Hardly at all	4
C26.	I have blamed myself unnecess	arily when things went wrong:
	Yes, most of the time	
	Yes, some of the time	
	Not very often	3
	Never	4
C27.	I have been anxious or worried	for no good reason:
	No, not at all	1
	Hardly ever	2
	Ves sometimes	

In the past week: C28. I have felt scared or pa

anicky	ior	no	good	reason	

Yes, quite a lot	1
Yes, sometimes	2
No, not much	3
No, not at all	4

C29.	Things	have 1	been	getting	on top	of me
------	--------	--------	------	---------	--------	-------

Things have been getting on top or	f me
Yes, most of the time I haven't been able to cope	
Yes, sometimes I haven't been coping as well as usual	
No, most of the time I have coped quite well	
_	
No, I have been coping as well as ever	
as ever	

C30. I have been so unhappy that I have had difficulty sleeping:

Yes, most of the time	1
Yes, sometimes	2
Not very often	3
No, not at all	4

C31. I have felt sad or miserable:

Yes, most of the time	1
Yes, quite often	2
Not very often	3
No, not at all	4

In the past week:

C32.	I have been so unhappy that I ha	we been crying:
	Yes, most of the time	1
	Yes, quite often	2
	Only occasionally	3
	Never	4
C33.	The thought of harming myself	has occurred to me
	Yes, quite often	1
	Sometimes	2
	Hardly ever	3
	Never	4
C34.	On the whole are there more goo	od days than bad?
	Yes, more good days	1
	About half and half	2
	No, more bad days	3

SECTION D: RECENT EVENTS

Listed below are a number of events which may have brought changes in your life. Have any of the these occurred in the <u>past year (since your study child was 4)</u>. Some of these may be distressing to recall, but we hope you will let us know just how they affected you.

		Yes & affected me a lot	Yes, moderately affected	Yes, mildly affected	Yes, but did not affect me at all	No did not happen
In the	past year:					
D1.	Your partner died	1	2	3	4	5
D2.	One of your children died	1	2	3	4	5
D3.	A friend or relative died	1	2	3	4	5
D4.	One of your children was ill	1	2	3	4	5
D5.	Your partner was ill	1	2	3	4	5
D6.	A friend or relative was ill	1	2	3	4	5
D7.	You were admitted to hospital	1	2	3	4	5
D8.	You were in trouble with the law	1	2	3	4	5
D9.	You were divorced	1	2	3	4	5
D10.	You found that your partner didn't want your child	1	2	3	4	5
D11.	You were very ill	1	2	3	4	5
D12.	Your partner lost his job	1	2	3	4	5

		Yes & affected me a lot	Yes, moderately affected	Yes, mildly affected	Yes, but did not affect me	No did not happen
In the	e past year:				at all	
D13.	Your partner had problems at work	1	2	3	4	5
D14.	You had problems at work	1	2	3	4	5
D15.	You lost your job	1	2	3	4	5
D16.	Your partner went away	1	2	3	4	5
D17.	Your partner was in trouble with the law	1	2	3	4	5
D18.	You and your partner separated	1	2	3	4	5
D19.	Your income was reduced	1	2	3	4	5
D20.	You argued with your partner	r 1	2	3	4	5
D21.	You argued with your family and friends	r 1	2	3	4	5
D22.	You moved house	1	2	3	4	5
D23.	Your partner was physically cruel to yo	u 1	2	3	4	5
D24.	You became homeles	s 1	2	3	4	5
D25.	You had a major financial problem	1	2	3	4	5
D26.	You got married	1	2	3	4	5

		Yes & affected me a lot	Yes, moderately affected	Yes, mildly affected	Yes, but did not affect me	No did not happen
In the	e past year:				at all	
D27.	•	1	2	3	4	5
D28.	You were physically cruel to your children		2	3	4	5
D29.	You attempted suicion	le 1	2	3	4	5
D30.	You were convicted an offence	of 1	2	3	4	5
D31.	You became pregnan	ıt 1	2	3	4	5
D32.	You started a new jo	b 1	2	3	4	5
D33.	You returned to work	1	2	3	4	5
D34.	You had a miscarriag	ge 1	2	3	4	5
D35.	You had an abortion	1	2	3	4	5
D36.	You took an examination	1	2	3	4	5
D37.	Your partner was emotionally cruel to you	1	2	3	4	5
D38.	Your partner was emotionally cruel to your children	1	2	3	4	5
D39.	You were emotionall cruel to your children		2	3	4	5
D40.	Your house or car was	as 1	2	3	4	5

			Yes & affected me a lot	Yes, moderately affected	Yes, mildly affected	Yes, but did not affect me	No did not happei
In the	past ye	ear:				at all	
D41.	Your pa new	partner started	1	2	3	4	5
D42.	A pet o	died	1	2	3	4	5
D43.		ad an accident tick & describe	e) 1	2	3	4	5
D44.	a) additio	Is there anythional effort from Yes 1		the last year?	st which has co	oncerned you o	r required
If <u>yes</u> ,	b)	please describ	e:				
	c)	How did this a	affect you?				
		a lot	1				
		moderately	2				
		mildly	3				
		not at all	4				

SECTION E: YOUR HOME

Below are a number of questions about your home. They are similar to some you answered 2 years ago, and will be used to see how your circumstances might have changed.

			month	year
E1.	a)	When did you move to your present address?		19
	b)	How many times have you moved home since your study child was $2\frac{1}{2}$ years old?		
E2.		Is your home:		
		being bought/mortgaged 0		
		being bought from council		
		owned - with no mortgage to pay		
		rented from council 3		
		rented from private landlord - furnished		
		rented from private landlord - unfurnished 5		
		rented from housing association 6		
		other (please tick & describe)		
E3.		Do you live in your own home or do you live wi	ith your parents or o	others?
		live in own home (or shared with partner) $\boxed{\frac{1}{1}}$		
		live in partner's home $\frac{1}{2}$		
		live with your parents in their home 3		
		live with your partner's parents in their home $\frac{1}{4}$		
		other situation (please tick & describe) 5		

£4.	Do you currently live in:				
	a whole detached house (or bungalow)	1		
	a whole semi-detached ho	ouse/bungalow	2		
	an end of terrace house		3		
	a whole terraced house		4		
	a flat/maisonette (self con	ntained)	5		
	room in someone else's h	ouse	6		
	other (please describe)		7		
E5.	What is the lowest level of	of your living acc	commodation:		
	basement		78		
	ground floor		00		
	1st floor		01		
	2nd floor or above, give f	loor			
E6.	In the coldest time of year	r, describe the te	mperature in yo	our:	
	Very warm	Warm	About right	Cold	Very cold
a)	living room	2	3	4	5
b)	bedroom 1	2	3	4	5
E7.	Does your home have the	Yes sole	Yes shared		No
a)	kitchen where there is space to sit and eat	use	other hous	ehold(s)	3
b)	kitchen for cooking only	1	2		3
c)	indoor flushing toilet	1	2		3

E8.		Apart from the kitchen, how many rehave for living and/or sleeping?	ooms do	you		
Е9.	househ	Do you have sole use of the following nold(s)?	Yes sole use	Yes shared	ey shared No	with other
a)		running hot water bath	1	2	3	
b) c)		shower	1	2 2	3	
d) e)		garden or yard balcony	1	2	3	
	a) No [b)	Is there a working telephone in your Yes, but for incoming calls only where is the nearest working telephone		Yes, a fully working pl	none	→ Go to E11a below
		pay phone in the building pay phone in the street neighbour's phone none within 5 minutes walk other (please describe)		1 2 3 4 5		
E11.	a)	Do you or your partner have the use Yes, we own a car Yes, we can borrow a car	of a car	(including value $\frac{1}{3}$	ns, minib	ouses, etc.)? If <u>no</u> , go to E12a on page 27

If <u>yes</u> ,			
E11.	b)	how often do you yourself have the u	use of a car?
		never	1
		sometimes	$\begin{array}{c c} $
		often	Yes No
		every day	4 2
		not applicable/do not drive	7
E12.	a)	Is there ever any damp, condensation	or mould in your home?
If <u>yes</u> ,		Yes No 2	\rightarrow If <u>no</u> , go to E13a on page 28
	b)	How much of a problem is damp or	condensation?
		no damp or condensation	1
		not serious	2
		fairly serious	3
		very serious	4
	c)	How much of a problem is mould?	
		no mould	1
		not serious	

fairly serious

very serious

Please tick the boxes relating to the problems you get in each room.

E12.	on v	densation vindows/ s/ceilings	Damp patches on walls	Mould on walls	Damp on furniture, carpets or clothes	Mould on furniture, carpets or clothes	None
d) kitchen (or kitchen/din		1	2	3	4	5	6
e) living roon lounge/dine		1	2	3	4	5	6
f) hall/landing	3	1	2	3	4	5	6
g) my bedroo	m	1	2	3	4	5	6
h) study child bedroom	l's	1	2	3	4	5	6
i) bathroom/to	oilet	1	2	3	4	5	6
j) other rooms	S	1	2	3	4	5	6
E13. a) not app		s your roof lea	nk at all? (I	f you have	another flat a	bove yours, ple	ease tick 'does
	does	not apply	7				
	no le	eak	1				
	yes,	slight leak	2				
	yes,	serious leak	3				
b) windo		et weather, do doors?	oes water ge	et in from	anywhere else	, such as throug	gh badly fitting
	no le	eaks	1				
	yes,	slight leaks	2				
	yes,	serious leaks	3				

E14.	about y	Taking your ho	g everything into account, me?	which of the fol	llowing best d	lescribes your feeling
		satisfie	ed 1			
		fairly s	satisfied 2			
		dissati	sfied 3			
		very di	issatisfied 4			
E15.	new fu	In the rniture:	past year have any of th?	e following roon	ns been decor	ated or had any brand
	a)	Your	bedroom:	Yes	No	Don't know
		i)	painted	1	2	9
		ii)	wall papered	1	2	9
		iii)	<u>new</u> carpet	1	2	9
		iv)	<u>new</u> furniture	1	2	9
	b)	Your	living room:			
		i)	painted	1	2	9
		ii)	wall papered	1	2	9
		iii)	new carpet	1	2	9
		iv)	<u>new</u> furniture	1	2	9
	c)	The ro	oom the study child slee	ps in:		
		i)	painted	1	2	9
		ii)	wall papered	1	2	9
		iii)	<u>new</u> carpet	1	2	9
		iv)	new furniture	1	2	9

E15.	d)	Any o	ther rooms:	Yes	which room(s)	No	Don't know
		i) ii) :::>	painted wall papered	1	→	2 2	9
		iii) iv)	new carpet new furniture	1	→	2	9
E16.	How v	vould y	ou rate your hom	e in relati	on to that of other mo	thers?	
	a)	much	cleaner	1			
		a bit c	leaner	2			
		about	the same	3			
		less cl	ean	4			
		much	less clean	5			
		don't	know	9			
	b)	much	tidier	1			
		a bit ti	idier	2			
		about	the same	3			
		less tic	dy	4			
		much	less tidy	5			
		don't	know	9			
E17.	Do you	u have a	a rule that smoki	ng never h	nappens in particular re	ooms?	
	Smoki	ng not	allowed in the ho	ouse at all	1		
	Smoki	ng only	allowed in some	e rooms	2		
	Smoki	ng allo	wed anywhere				

E18.	neighl	Here is a list of some things bourhood. How much of a pro	-	-	•	
			Serious problem	Minor problem	Not a problem	No opinion
	a)	Badly fitted doors and windows	1	2	3	4
	b)	Poor ventilation	1	2	3	4
	c)	Noise travelling between the rooms of your home	1	2	3	4
	d)	Noise from other homes	1	2	3	4
	e)	Noise from outside in the street	1	2	3	4
	f)	Rubbish or litter dumped around your neighbourhood	1	2	3	4
	g)	Dog dirt on pavement/walkways	1	2	3	4
	h)	Worry about vandalism	1	2	3	4
	i)	Worry about burglaries	1	2	3	4
	j)	Worry about muggings or attacks	1	2	3	4
	k)	Disturbance from teenagers or youths	1	2	3	4
	1)	Other problems (please tick & describe)	1	2	3	4

SECTION F: YOUR OCCUPATION AND LIFESTYLE

F1.	a)	In the last year have you worked at all?
		no If no, go to Question F9 on page 35
		yes, paid work at home 2
		yes, paid work outside home 3
		yes, paid work both at home and outside home 4
If <u>yes</u> ,		
	b)	how old was this study child when you started (or went back to) your most recent job?
		years months
	c)	are you still working?
		Yes 1 No 2
		month Now go
If <u>no</u> ,	i)	when did you finish? 199 → to F9 on page 35
If <u>yes</u> ,	ii)	how many jobs are you now doing?
	iii)	what job(s) are you doing (please describe the job(s) you do and the type of industry/employer(s) you work for)
	d)	How many hours a week altogether do you now work?
	i)	Does this include weekends ?
		Yes No Sometimes 3

F1.	d)	ii) Do you work in the evenings or at night?						
		Yes 1 No 2	Sometimes 3					
	e)	How would you describe the physical effor	rt you need for your current job(s)?					
		very little effort, mostly sitting						
		some physical effort 2	_					
		quite a lot of physical effort	<u> </u>					
		considerable physical effort 4						
F2.	What a	are the main reasons you work?	Yes No					
	a)	financial, I am important as a breadwinner	1 2					
	b)	financial, for family extras	1 2					
	c)	career	1 2					
	d)	enjoyment	1 2					
	e)	to get out of the home	1 2					
	f)	other (please describe)	1 2					
F3.		Are you working at the same status as you	did before you had your study child?					
		didn't work before						
		no, lower level						
		yes, same level 2						
		no, higher level 3						
F4.		Do you find your job satisfying?						
		Yes 1 No 2	Sometimes					

F5.		Do you wish that you could	d generall	ly spend	d more t	ime with	this c	hild?	
		yes, often	1						
		yes, sometimes	2						
		yes, but rarely	3						
		no, not at all	4						
F6.	a)	How do you usually travel	to work?	(Tick	all that a	apply)			
			Yes		No	Work a	t hom	e	
	i)	public transport (bus, train) 1		2	7	→ G	o to F7 b	elow
	ii)	car	1		2				
	iii)	cycle	1		2				
	iv)	walk	1		2				
	v)	other	1		2				
	b)	How long does it usually to	Less 1		15-29		30-59	•	An hour
	i)	to travel to work?	15 mi	ins	mins		mins		or more
	ii)	to travel home from work?	1		2		3		4
F7.		Below are statements about which is true for you:	it how wo	orking a	iffects be	eing a pai	rent. F	Please inc	dicate
		Yes alwa	almost ays	Yes often		Not ver	y	Never	
a)	I enjoy after w	seeing my child		2		3		4	
b)		a day working I find it cope with a young child		2		3		4	

F8.	a) Do you worry about your study child when you are at work?							
		Yes 1	Some	etimes 2	N	o 3		
	b) Does he/she make a fuss when you leave him/her?							
		Yes 1	Some	etimes 2	N	o 3		
If you	are wo	orking please i	now go to Que	estion F10 b	elow			
If you	are <u>no</u>	<u>t</u> working:						
F9.	a)	_	osen not to wo	rk so that you	ı can stay at hom	ne with your child	?	
Te		No 1	Yes 2]→ If <u>ve</u>	<u>s</u> , go to F10 belo	DW		
If $\underline{\mathbf{no}}$, b) Have you been looking for work? Yes $\phantom{aaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaa$							o to F10	
	c)	If <u>yes</u> , how lo	ong have you b	een seeking	work?	months		
F10.	a) Please list all <u>previous</u> paid jobs since the day the study child was born: If none go to F11 on page 36.							
	Jo do	ob one	Hours/ week (average)	Month started	Year started	Month finished	Year finished	
1					199		199	
2					199		199	
3					199		199	
4					199		199	
5					199		199	
b) Did any of these jobs involve working at weekends?								
	Yes	\int_{1} S	ometimes 2		No	f <u>no</u> , go to F10d o	on page 36	

					Job No.	
			1	2	3	4 5
F10.	c)	If <u>ves</u> , which ones? (Tick all that apply)				
	d)	Did any of these jobs involve working in the ev	vening	s or a	t nights?	
		Yes	→ If <u>n</u>	<u>10</u> , go	to F10f b	elow
		_	1	2	Job No.	4 5
	e)	If <u>ves</u> , which ones? (Tick all that apply)				
	f)	Were any gaps in employment due to paid mate	ernity	leave'	?	
		Yes 1 No 2				For office use
	g)	If <u>ves</u> , between which jobs?				
F11.	How n	nany cigarettes per day do you currently smoke?				
111.	Г			Г		
	30+ 3	25-29 25 20-24 20	15	5-19 [_]	15	10-14 10
	5-9	$1-4 \begin{array}{ c c c c c c c c c c c c c c c c c c c$	pipe	only	08	cigars 09
F12.	a)	How much alcohol do you drink?				
		never drink alcohol	1			
		very occasionally (less than once a week)	2			
		occasionally (at least once a week)	3			
		drink 1-2 glasses* nearly every day	4			
		drink 3-9 glasses* every day	5			
		drink at least 10 glasses* a day	6			

(* by glass we mean a pub measure (1oz) of spirits, half a pint (1/4 litre) of lager or cider, a wine glass of wine, etc)

F12.	b)	How many da least 2 pints o		-	-		
		every day	1		nore than 10 d	lays 2]
		5-10 days	3	3-	-4 days	4	<u> </u>
		1-2 days	5	no	one	6	
	c)	Do you or you	Yes	ke your own No	alcoholic dri	nks?	
		i) wine	1	2			
		ii) beer	1	2			
		iii) spirits	1	2			
F13.	How d	lifficult at the n	noment do yo	ou find it to a	fford these it	ems:	
			Very difficult	Fairly difficult	Slightly difficult	Not difficult	Paid directly by Social Security
a)	food		1	2	3	4	
b)	clothir	ng	1	2	3	4	<u> </u>
c)	hootin						
	heating	g	1	2	3	4	5
d)		g mortgage	1	2	3	4	5
d) e)	rent or things		1 1	2 2		4 4	5
	rent or things your costs of	you need for hildren of educational s (e.g. ballet,	1 1	2 2 2		4 4 4	5
e)	things your costs of course	you need for hildren of educational s (e.g. ballet, etc)		2 2 2 2		4 4 4	5
e) f)	things your costs of course music,	you need for hildren of educational s (e.g. ballet, etc)		$\begin{bmatrix} 2 \\ 2 \\ 2 \\ \end{bmatrix}$ $\begin{bmatrix} 2 \\ 2 \\ \end{bmatrix}$	3 3	4 4 4	5 5

F14.	How much help would you say you had nowadays:							
			Too much help		Right of help	amount	Too little help	
a)	with h	ousework	1		2		3	
b)		ooking he children	1		2		3	
F15.	How r	nany hours slee	ep do you get al	togethe	r now?			
			None hours	1 - 3	hours	4 - 5 hour	6 - 7 s 7 hou	More than
a)	during night	g an average	1	2		3	4	5
b)	during day	g an average	1	2		3	4	5
c)	Do yo	u feel that you	are getting enou	ıgh slee	ep?			
	Yes	1	No 2					
F16.	a)	Do you believ	ve in God or in	some di	ivine po	wer?		
		yes	1					
		am not sure						
			2					
		no, not at all	3					
	b)	Do you feel th	nat God (or som	e divin	e power) has helped y	ou at any time	?
		Yes 1	Not su	re 2		No	3	
	c)	Would you ap	ppeal to God for	help if	you we	re in trouble?		
		Yes 1	Not su	re 2		No	3	

F14.

16.	d)	What sort of re	ligious faith v	yould you say you had? (tick one	only)
	Churc	h of England	01	Roman Catholic 0	2
	Jehov	ah's Witness	03	Christian Science	4
	Morm	on	05	Other Christian (please describe)	
	Jewis	h	07	Buddhist	
	Sikh		09	Hindu <u>1</u>	0
	Musli	m	11	Rastafarian <u>1</u>	2
	None		00	Other (please describe)	3
	e)	How long have	e vou had this	particular faith?	
	,	all my life	J	`	
		-			
		more than 5 year	ars	2	
		3-5 years		3	
		1-2 years		4	
		less than a year		5	
	f)	Do you go to a	place of wors	hip?	
		yes, at least one	ce a week	1	
		yes, at least one	ce a month	2	
		yes, at least one	ce a year	3	
		no, not at all		4	

F16.	g)	Do you obtain help and support from groups?	leaders or ot	ther members of religious
	Help f	rom:	Yes	No
	i)	Leaders of your religious group (e.g. priests, rabbis, imams)	1	2
	ii)	Other members of your religious grou	ip 1	2
	iii)	Members of other religious group(s) (please describe)	1	2
F17.	a) people	Do you, in your spare time, belong to e (e.g. choir, gardening club, sports club Yes \(\begin{array}{c} \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		
	•••••			
	b)	Are you on any committees?		
		Yes No 2		
	If <u>yes</u> ,	please describe		
	c)	Do you do any voluntary work?		
		Yes 1 No 2		
	If <u>yes</u> ,	please describe		
F18.	In the	past 2 years have you taken any course	s or other ed	lucational training? No
	a)	training within my job	1	2
	b)	evening classes	1	2
	c)	University	1	2
	d)	other (please describe	.) [1	2

F16.

F19. What educational qualifications do you, and your partner, have? Please tick all that apply.

		(i) Your self	(ii) Your partner	
a)	No qualifications	1	1	
b)	CSE or GCSE (D, E, F or G)	1	1	
c)	O-level or GCSE (A, B or C)	1	1	
d)	A-level	1	1	
e)	Qualifications in shorthand/typing/ or other skills, e.g. hairdressing	1	1	
f)	Apprenticeship	1	1	
g)	State enrolled nurse	1	1	
h)	State registered nurse	1	1	
i)	City & Guilds intermediate technical	1	1	
j)	City & Guilds final technical	1	1	
k)	City & Guilds full technical	1	1	
1)	Teaching qualification	1	1	
m)	University degree	1	1	
n)	Qualifications not known	1	1	
o)	Not applicable, no such person		1	
p)	Other (please tick describe)	1	1	

SECTION G: YOUR NEIGHBOURHOOD

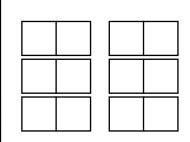
G1.	a) Do the other people in	n your neigh	bourhood:			A l 4
		No, never	Rarely	Some- times	Often	Almost every day
i)	visit your home	1	2	3	4	5
ii)	argue with you	1	2	3	4	5
iii)	look after your children	1	2	3	4	5
iv)	keep to themselves	1	2	3	4	5
b)	Do you:	No, never	Rarely	Some- times	Often	Almost every day
i)	visit the home of your neighbours	1	2	3	4	5
ii)	argue with your neighbours	1	2	3	4	5
iii)	look after your neighbours children	1	2	3	4	5
iv)	keep to yourselves	1	2	3	4	5
G2.	What do you think of your ne	eighbourhoo	d as a place t	o live?		
	a very good place to live	1				
	a fairly good place to live	2				
	not a very good place to live	3				
	not at all a good place to live	4				
G3.	How heavy is the traffic in th	e street you	live on?			
very he	eavy quite hea	avy $\begin{bmatrix} 2 \\ 1 \\ 1 \\ 1 \end{bmatrix}$	not v	very 3 transc	hardly any	4

How much time do you and your study child spend:(If <u>never</u>, please put 00 in the boxes)

G4. On a usual weekday in school term-time: **(i)** (ii) Study child You hours minutes hours minutes a) walking/cycling b) in a car c) on a bus On a usual week-end* in term-time: G5. a) walking/cycling b) in a car c) on a bus G6. On a usual weekday in school holidays: a) walking/cycling b) in a car c) on a bus

G7. On a usual week-end* in school holidays:

a)	walking/cycling			
b)	in a car			
c)	on a bus			



^{[*} Count time on Saturday and on Sunday added together]

SECTION H: YOUR FAMILY AND FRIENDS

Н1.	Excluding your par do you see at least t		ren, how many	of your relatives and your partner's relatives
	None	1 2	2-4	more than 4
H2.	About how many fi	riends do you l	nave, (people yo	ou know more than just casually)?
	None	1 2	2-4	more than 4
Н3.	Overall, would you Yes	say you belon		cle of friends?
H4.	How many people, problems?	including you	r partner, are th	ere that you can talk to about personal
	None	1	2-4	more than 4
	1	2	3	4
Н5.	How many people, private feelings?	including you	r partner, talk to	you about their personal problems or their
	None	1	2-4	more than 4
	1	2	3	4
Н6.	If you have to make with whom you can		decision, how	many people, including your partner are there
	None	1	2-4	more than 4
	1	2	3	4
H7.	How many people a if you needed to?	are there amon	g your family a	and friends from whom you could borrow £100
	None	1	2-4	more than 4
	1	2	3	4

H8.	How many of your far	mily and friend	ds would help y	ou in times of t	rouble?
	None 1	1 2	2-4	more than 4	
Н9.	During the last month friends?	, how many tin	mes did you get	together with o	one or more
	None 1	1 2	2-4	more than 4	
H10.	During the last month of your relatives or you		, ,	together with o	one or more
	None 1	1 2	2-4	more than 4	
	11				
The fo	llowing statements are	about the help	and support yo	ou have.	
The fo	llowing statements are	This is exactly how I feel	This is often how I feel	This is how I sometimes feel	I never feel this way
The fo	I have no one to share my feelings with	This is exactly how I	This is often how	This is how I sometimes	feel this
	I have no one to share my feelings	This is exactly how I	This is often how	This is how I sometimes	feel this
H11.	I have no one to share my feelings with My partner provides the emotional	This is exactly how I	This is often how	This is how I sometimes feel	feel this way

		This is exactly how I feel	This is often how I feel	This is how I sometimes feel	I never feel this way
H15.	I'm worried that my partner might leave n	ne l	2	3	no partner 4 7
H16.	There is always some one with whom I can share my happiness a excitement about my child	nd	2	3	4
H17.	If I feel tired I can rely on my partner to take over	1	2	3	no partner 4 7
H18.	If I was in financial difficulty I know my family would help if they could	1	2	3	4
H19.	If I was in financial difficulty I know my friends would help if they could	1	2	3	4
H20.	If all else fails I know the state will support and assist me		2	3	4

11.	This questionnaire was completed by:
	Yes No
	a) child's mother 2
	b) child's father 2
	c) someone else (please describe) 2
I2.	Please give the date on which you completed this questionnaire
	day month year
I3.	Please give your date of birth:
13.	
	day month year 1 9
	THANK YOU VERY MUCH FOR YOUR HELP
	Space for any additional comments you would like to make.
NB	Please remember we cannot reply personally to your comments unless they are signed.
When	a completed, please return the questionnaire to:
	Professor Jean Golding Children of the Nineties - ALSPAC Institute of Child Health 24 Tyndall Avenue Bristol
	BS8 1BR Tel: Bristol 9285007
For o	ffice use only
coder	Int