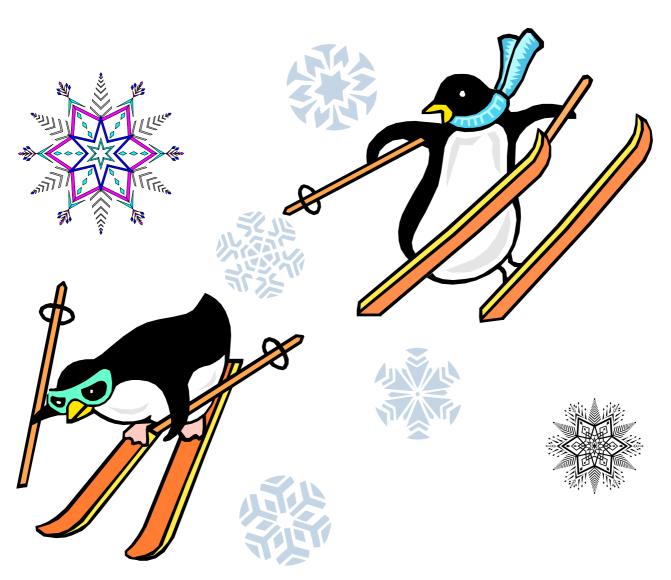


Questionnaire No:								

Travelling, leisure and school



Your answers to ALL questions are private. Your parents, friends, brothers & sisters, teachers and other people you know will not see your answers. In fact, the only people who will look at your answers will not even know your name and will have no way to identify you.

Section A: All about you

A1. How much do you think you are like the descriptions below?

How often do you feel you are:	Always	Mostly ▼	Sometimes 🔻	Not often	Never
a) Kind	1	2	3	4	5
b) Happy	1	2	3	4	5
c) Friendly	1	2	3	4	5
d) Funny	1	2	3	4	5
e) Helpful	1	2	3	4	5
f) Hard working	1	2	3	4	5
g) Talkative	1	2	3	4	5
h) Confident	1	2	3	4	5
i) Sporty	1	2	3	4	5
j) Intelligent	1	2	3	4	5
k) Fun to be with	1	2	3	4	5
l) Good looking	1	2	3	4	5
m) Lazy	1	2	3	4	5
n) Annoying	1	2	3	4	5
o) Moody	1	2	3	4	5

A1 cont.

How often do you feel you are:	Always	Mostly	Sometimes	Not often	Never
p) Shy	1	2	3	4	5
q) Cheeky	1	2	3	4	5
r) Loud	1	2	3	4	5
s) Sarcastic/bitchy	y 1	2	3	4	5
t) Bossy	1	2	3	4	5
u) Short tempered		2	3	4	5
v) Easily bored	1	2	3	4	5

A2. How often do you:

	Always ↓	Mostly ↓	Sometimes	Not often	Never ↓
a) Feel different from others	1	2	3	4	5
b) Mess about	1	2	3	4	5
c) Worry a lot	1	2	3	4	5

Section B: All about fitness and fatigue

Please think back over the <u>past 3 months</u> and say how much you felt like each of the following descriptions:

In the last 3 months:	Exactly like me	Most of the time like me	Sometimes like me	Not much like me	Not at all like me
B1. I felt fit	1	2	3	4	5
B2. Physically I only felt able to do a little	D 1	2	3	4	5
B3. I was very active	1	2	3	4	5
B4. I felt like doing all sorts of nice things	1	2	3	4	5
B5. I could concentrate well	1	2	3	4	5
B6. I felt tired	1	2	3	4	5
B7. Physically I could take on a lot	1	2	3	4	5
B8. I did a lot each	h 1	2	3	4	5
B9. I dreaded having to do thing	ss 1	2	3	4	5
B10. When I was doing something I could keep my the	l noughts on it	2	3	4	5

In the last 3 months:	Exactly like me	Most of the time like me	Sometimes like me	Not much like me	Not at all like me
B11. I felt rested	1	2	3	4	5
B12. Physically I felt I was in a bad condition	1	2	3	4	5
B13. I think I did not do much	1	2	3	4	5
B14. I had a lot of plans	f 1	2	3	4	5
B15. It took a lot of effort to concentrate on thi	ngs	2	3	4	5
B16. I tired easily	1	2	3	4	5
B17. Physically I felt I was in excellent conditio	n	2	3	4	5
B18. I didn't get much done	1	2	3	4	5
B19. I didn't feel like doing anythin	ng 1	2	3	4	5
B20. My thoughts wandered easily	3 1	2	3	4	5

Section C: Going to school

C1. How long does your journey to and from school usually take? (Tick <u>one box</u> in <u>each</u> column)

	(i) To school	(ii) From school
Less than 5 minutes	1	1
5-9 minutes	2	2
10-19 minutes	3	3
20-29 minutes	4	4
30-44 minutes	5	5
45 minutes or more	6	6
		I

C2. How do you get to and from school?

(You <u>can</u> tick <u>more</u> than one answer in <u>each</u> column)

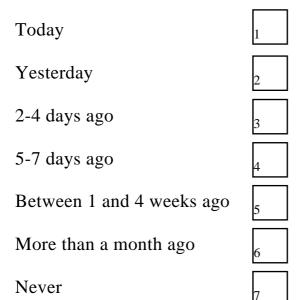
		(i) Tanahari	(ii)
		To school	From school
a)	Walk all the way	1	1
b)	Walk part of the way	1	1
c)	By public bus	1	1
d)	By school bus	1	1
e)	By car/taxi	1	1
f)	By bicycle	1	1
g)	By train/metro	1	1
h)	Skateboard or scooter	1	1

C3.	3. Who do you usually go to school and come home with? (You <u>can</u> tick <u>more</u> than one box in <u>each</u> column)				
			(i) To school	(ii) From school	
	a)	On your own all the way	1	1	
	b)	On your own for part of the way	1	1	
	c)	With a parent or step-parent	1	1	
	d)	With other adults (e.g. grandparents, other relatives, neighbours, or friends)	1	1	
	e)	With younger children (brothers, sisters, or friends)	1	1	
	f)	With other young people of about your age	1	1	
	g)	With older brothers, sisters or friends	1	1	
C4.		many roads do you usually have to cross ol? (If none write 00)	ON FOOT on t	he way to	
		roads If none, go to	C6 on page 9		
C5.		n crossing these roads, how often do you a <u>one</u> box only)	use pedestrian cı	rossings?	
		Always, if available	1		
		Most times if available	2		
		Sometimes I use them, sometimes I don't	3		
		Never or hardly ever – I just cross where it's convenient	4		

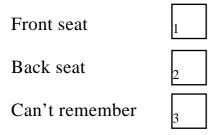
C6.			atives) ever taught you about Road Safety learn how to cross roads?
	Yes 1	No 2	Can't remember 3
C7.	How safe do you feel cro	ssing the road	s outside your school?
	Very safe	1	
	Quite safe	2	
	A bit unsafe	3	
	Not safe at all	4	
C8.	How safe do you feel cro	ossing the road	s near where you live?
	Very safe	1	
	Quite safe	2	
	A bit unsafe	3	
	Not safe at all	4	
		L	

Section D: Travelling by car, bus, train and bike

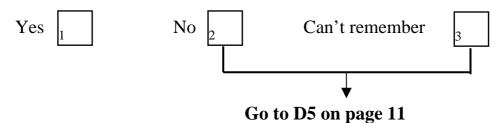
D1.	When was the last time you travelled in a car or van or taxi?
	(Tick <u>one</u> box only)



D2. The last time you travelled in a car, did you sit in the front seat or the back seat? (Please tick **one** box only)



D3. The last time you travelled in a car, did you wear a seat belt?



D4.	If you did wear a seat belt, was this to (You <u>can</u> tick <u>more</u> than one answer		
	a) You always wear a sea	t belt 1	
	b) You chose to this time	1	
	c) The driver asked you to	0 1	
	d) Everyone else had their on and you didn't want be different		
D5.	Does anybody in your house own a c	car or van?	
	Yes No 2		
D6.	When was the last time you travelle (Tick one box only in each column		rain?
		(i) Bus	(ii) Train
		Dus	
	Today	1	1
	Yesterday	2	2
	2-4 days ago	3	3
	5-7 days ago	4	4
	Between 1 and 4 weeks ago	5	5
	More than a month ago	6	6
	Never	7	7

D7.			ne you travelled on a ck <u>more</u> than one b			<u>~</u>	
						(i) Bus	(ii) Train
	a)	On y	our own all the way	y		1	1
	b)	On y	our own part of the	way		1	1
	c)	With	a parent or step-pa	rent		1	1
	d)		other adults (e.g. g relatives, neighbo	_		1	1
	e)		younger children (rs, or friends)	brothe	ers,	1	1
	f)	With your	other young people	e of at	oout	1	1
	g)	With	older brothers, sist	ters or	friends	1	
	h)	Can'	t remember			1	1
	i)	I've	never travelled this	way		1	1
D8.	Do y	ou <u>owi</u>	n a bike?	Yes	1	No ₂]
D9.	Do y	ou <u>owi</u>	n a bike helmet?	Yes	1	No 2	
D10.	The l	ast tim	ne you rode a bike d	id you	wear:		
					Yes	No	Can't remember
		a)	a helmet		1	2	3
		b)	fluorescent or reflective clothing		1	2	3

D7.

D11.	When was the last time you rode a b	ike? (Tick <u>one</u> box only)
	Today	1
	Yesterday	2
	2 - 4 days ago	3
	5 - 7 days ago	4
	Between 1 and 4 weeks ago	5
	More than a month ago	6
	Never	Now go to Section E on page 14
D12.	How far did you ride your bike at th	at time? (Tick one box only)
	Less than a mile	
	1-3 miles ${2}$	
	Over 3 and up to 5 miles ${}_{3}$	
	More than 5 miles $\frac{1}{4}$	
D13.	How safe do you feel riding your b (Please tick <u>one</u> box only)	ike near where you live?
	Very safe	
	Quite safe 2	
	A bit unsafe 3	
	Not safe at all	
D14.	Have you ever been on a Cycling Pr	oficiency Training Course?
	Yes 1 No 2	Don't know 9

Section E: Your leisure time

Think about **the last time** you spent some time with your friends **OUTSIDE**, away from school and away from home:

E1.	How long of	lid it take you to get the	re? (Tick <u>one</u> box only)
	Less	than 2 minutes	1
	2-5 n	ninutes	2
	6-10	minutes	3
	11-20	0 minutes	4
	More	e than 20 minutes	5
		t't spend time outside friends	Now go to E5 on page 15
E2.	How did yo	ou travel there? (You <u>ca</u>	n tick more than one answer)
	a)	Walked all the way	1
	b)	Walked part of the w	ay ₁
	c)	By bus	1
	d)	By car/taxi	1
	e)	By bicycle	1
	f)	By metro/train	1
The l	l ast time you	went out to see your fr	iends:
E3.	How many time with the	=	cross ON FOOT to get where you played or spent
		roads If	none, go to E5 on page 15
	(If none	write 00)	

E4.	How	often did you use pedestrian cro	ssings on th	e way to see you	r friends?
		Every time if there was one		1	
		Sometimes I used them, some	times I didr	n't 2	
		Not at all – I just crossed when convenient	re it was	3	
		There weren't any pedestrian	crossings	4	
E5.		h of these activities did you do l can tick more than one box in e		n)	(*)
			Wit	(i) h an adult	(ii) Without an adult
				being taken	Without an addit
		You:	_	d off/collected)	
	a)	Went to a playground		1	1
	b)	Went to a park or playing field		1	1
	c)	Went swimming		1	1
	d)	Played outside your home		1	1
	e)	Hung around in the street		1	1
	f)	Went for a walk		1	1
	g)	Cycled around		1	1
	h)	Went to the shops			1
	i)	Went to the library		1	1
	j)	Went to a club or class		1	1
	k)	Went to a leisure centre		1	1
	1)	Went to the cinema		1	1
	1)	Went to a football (or other spo	orts) match	1	1
	m)	Played in a football (or other sp	oorts) match	1	1

Section F: Going to the toilet

F1. How would you rate any problems with your school toilets?

Г1.		rean tick more than one box)	your school tonets!	
		The school toilets:	Yes	
	a)	are dirty or in a bad condition	1	
	b)	don't have any privacy (e.g. locks don't work)	1	
	c)	don't have toilet paper	1	
	d)	don't have soap	1	
	e)	don't have hand dryers or towels	1	
	f)	are a problem because you are likely to be bullied there		
	g)	are a problem because there is always a queue	1	
F2.	Do y	ou use your school toilet?		
	Yes,	whenever I need to		
	Only	when I really have to 2		
	No, 1	never 3		

Now let's get personal!! We really, <u>really</u> do want to know:

F3. Over the last <u>two weeks</u>, how often have you:

	in the day:	Never	A few times	Quite often	A lot
a)	had a sudden feeling you need a wee and had to dash to the toilet	1	2	3	4
b)	had to go to the toilet for a wee more than 7 times a day	1	2	3	4
c)	passed only a small amount when you went for a wee	1	2	3	4
d)	had to hold on until you felt like bursting before you had a wee	1	2	3	4
e)	avoided going for a wee until the last moment because you were concentrating on other activities	1	2	3	4
f)	had hard stools (poos) that were difficult to pass	1	2	3	4
	at night:				
g)	perspired or sweated during sleep	1	2	3	4
h)	woken up to go for a wee	1	2	3	4
i)	woken up needing a wee but turned over and gone back to sleep	1	2	3	4
j)	woken up because you were worried over something	1	2	3	4
k)	woken up to loud or unusual noises	1	2	3	4

Sorry! It really does get better after this page!

F4.	How often do	you usual	ly pass a stool (do	a poo)?			
	3 or more times a day		Twice a day $\frac{1}{2}$		Once a	day 3	
	Every 4 other day		Every 5 third day		Less of than ev 3 rd day	ery =	
F5.	Many of us h	ave accide	nts sometimes. Ho	ow often do	the follow	ing happen	to you:
		Never	Occasionally but less than once a week	About once a week	2-5 times a week	nearly every day	More than once a day
	et yourself ring the day	1	2	3	4	5	6
	et the bed night	1	2	3	4	5	6
	rty your pants ring the day	1	2	3	4	5	6
	rty yourself night	1	2	3	4	5	6
F6.	If you wet at i	night how	often do you:				
			Never	Sometin	ies (Often	Always
a) w	ake up soon aft	er wetting	1	2		3	4
b) w	et soon after yo	ou go to sle	ep [1	2		3	4
	ave large wet pa he bed is soake		1	2		3	4

Section G: Subjects at school (please tick <u>one</u> box only in each question)

We'd like to ask you the same questions about a few different subjects: maths, English, science*, ICT, art** and sport.

There are no right or wrong answers. We only want to know what you think.

		Very good	Quite good	Average	Poor	Not good at all
How	good are you at:		G	,	•	
G1.	maths?	1	2	3	4	5
G2.	English?	1	2	3	4	5
G3.	science?	1	2	3	4	5
G4.	ICT?	1	2	3	4	5
G5.	art?	1	2	3	4	5
G6.	sport?	1	2	3	4	5

If you were to list all the students in your year from the worst to the best, where would you put yourself:

	For:	The best	Near the top	In the middle	Near the bottom	The worst
G7.	maths?	1	2	3	4	5
G8.	English?	1	2	3	4	5
G9.	science?	1	2	3	4	5
G10.	ICT?	1	2	3	4	5
G11.	art?	1	2	3	4	5
G12.	sport?	1	2	3	4	5

^{*}Please count "science" as one big subject even if you do single science subjects.

^{**} If you no longer do "art" as a subject, please think about the last year you were taught it at school.

Compared with other things, how good are you at:

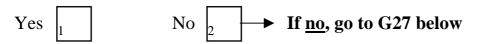
	A lot better	A bit better	About the same	A bit worse	A lot worse	
G13. maths?	1	2	3	4	5	
G14. English?	1	2	3	4	5	
G15. science?	1	2	3	4	5	
G16. ICT?	1	2	3	4	5	
G17. art?	1	2	3	4	5	
G18. sport?	1	2	3	4	5	
G19. What Key Stage 3 tie Foundation 1	er are you be Intermedi		(or <u>were</u> you Higher ₃	7	maths? I't know 9	
If you <u>have taken</u> and <u>know</u> your Key Stage 3 SAT grades, what level did you get in:						

	8	7	6	5	4	3	I didn't pass
G20. maths?	1	2	3	4	5	6	7
G21. English?	1	2	3	4	5	6	7
G22. science?	1	2	3	4	5	6	7

If you haven't yet taken your Key Stage 3 SATs or you don't know the results yet, what level do you expect to get in:

		8	7	6	5	4	3	I don't expect to pass
G23. n	naths?	1	2	3	4	5	6	7
G24. E	English?	1	2	3	4	5	6	7
G25. s	cience?	1	2	3	4	5	6	7

G26. Have you started GCSE/Key Stage 4?

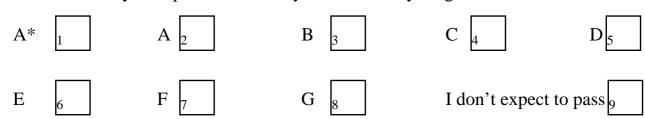


If <u>yes</u>,

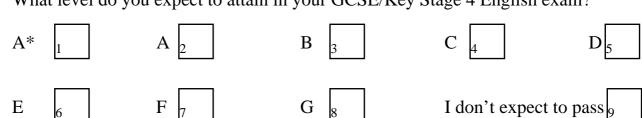
what GCSE/Key Stage 4 are you being taught for maths? i)

Foundation	1	Intermediate	2	Higher	3	I don't know	9
------------	---	--------------	---	--------	---	--------------	---

G27. What level do you expect to attain in your GCSE/Key Stage 4 maths exam?



G28. What level do you expect to attain in your GCSE/Key Stage 4 English exam?



Again, please count "science" as one big subject and average the grades if you do single science subjects. (Remember: tick **one** box only)

G29.	What level do	vou expect to	attain in v	our GCSE/Key	Stage 4 science	exam?
O_{-}^{2}	vv mat ic ver do	you expect to	accuiii iii y	our ocod/ite	bluge 4 belefiee	CAuiii.

A*	1	A_{2}	B 3	C_{4} D_{5}
Е	6	F 7	G 8	I don't expect to pass 9

G30. How much do you like doing:

	I like it very much	I like it quite a lot	I don't mind it	I don't like it very much	I don't like it at all
G31. maths?	1	2	3	4	5
G32. English?	1	2	3	4	5
G33. science?	1	2	3	4	5
G34. ICT?	1	2	3	4	5
G35. art?	1	2	3	4	5
G36. sport?	1	2	3	4	5

Some things that you learn in school help you to do things better outside of class, that is, they are useful. For example, learning about plants might help you grow a garden.

In general, how useful is what you learn in:

	Very useful	Quite useful	Might be useful	Not very useful	Not at all useful
G37. maths?	1	2	3	4	5
G38. English?	1	2	3	4	5
G39. science?	1	2	3	4	5
G40. ICT?	1	2	3	4	5
G41. art?	1	2	3	4	5
G42. sport?	1	2	3	4	5

For me, being good in these subjects is:

	Very important	Quite important	Not very important	Not at all important
G43. maths?	1	2	3	4
G44. English?	1	2	3	4
G45. science?	1	2	3	4
G46. ICT?	1	2	3	4
G47. art?	1	2	3	4
G48. sport?	1	2	3	4

Section H: About your maths group and teacher

These next questions ask you more specifically about your feelings and experiences in Maths group and with your Maths teacher.

Remember! Your answers are completely private and are <u>never</u> linked to your name.

Please tick one box only in each question to say what you think.

	Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree
H1. My maths teacher to make maths interesting	la I	2	3	4	5
H2. My maths teacher likes maths	1	2	3	4	5
H3. My maths teacher the class why maths is important	rells 1	2	3	4	5
H4. My maths teacher understands maths really well	y 1	2	3	4	5
H5. My maths teacher of explain things to me who I don't understand them	en [1]	2	3	4	5
H6. My maths teacher helped me learn things i maths that I thought I couldn't understand	11 1	2	3	4	5
H7. My maths teacher of cares about the clever students	only ₁	2	3	4	5
H8. My maths teacher he given up on some of the the students in the class	11 1	2	3	4	5

H9. Everyone is encouraged to do their vibest	Strongly agree	Agree 2	Neither agree or disagree	Disagree 4	Strongly disagree 5
H10. My maths teacher cares about how we feel about life in general		2	3	4	5
H11. My maths teacher thinks that some of the students in this class can do very good work	1	2	3	4	5
H12. My maths teacher friendly to us	is 1	2	3	4	5
H13. My maths teacher treats boys and girls differently	1	2	3	4	5
H14. My maths teacher treats some students bet than other students		2	3	4	5
H15. My maths teacher criticises all of us equal if we do poor work		2	3	4	5
H16. My teacher gives time to really explore ar understand new things	l I	2	3	4	5
H17. In our class, tryin hard is very important	g 1	2	3	4	5
H18. In our class, getting right answers is very important	ng 1	2	3	4	5

H19. How do you think your maths teacher would describe your school work?

Very good 1	Above average 2	Average 3
Below average 4	Not at all good 5	Don't know 9



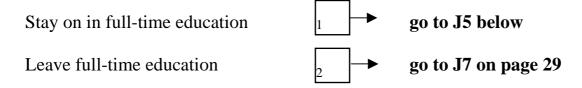
Section J: About you and your future

This is the last section – you're nearly finished! We'd now like to ask you some questions about your plans and thoughts for the future.

(Tick one box only in each question)

J1.	When you are 16 and after you have finished Year 11 at school what would you <u>like</u> to do?
	Stay on in full-time education
	Leave full-time education 2
J2.	If you want to stay on in full-time education, what would you <u>like</u> to do?
	Go into 6^{th} form at the same school
	Go into 6 th form at a different school 2
	Go to 6 th form college
	Take a course at a college of further education 4
	Take a course elsewhere 5 please describe
J3.	If you want to leave full-time education, what would you <u>like</u> to do?
	Start work full-time
	Start learning a trade/work based training 2
	Modern apprenticeship 3
	Be unemployed/sign on 4
	Something else 5 please describe

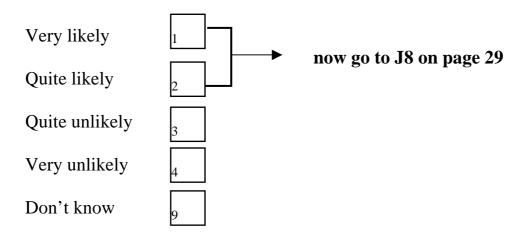
J4.	For many people, what they would <u>like</u> to do is what they actually <u>think</u> will happen.
	For you, when you are 16 and after you have finished Year 11 at school, what do you
	think you will actually do?



J5. If you want to stay on in full-time education, what do you think you will actually do?

Go into 6 th form at the same school	1
Go into 6 th form at a different school	2
Go to 6 th form college	3
Take a course at a college of further education	4
Take a course elsewhere	5

J6. How likely do you think it is that you will go to university or college?



J7.	If you want to leave full-time education, what do you think you will actually do?					
	Start work full-time	1				
	Start learning a trade/work bas	sed training 2				
	Modern apprenticeship	3				
	Be unemployed/sign on	4				
	Something else	5	please de	escribe		
		Matters very much to me	Matters a bit	Doesn't matter		
J8.	How much do you feel that:		to me	to me		
	a) Having any kind of job is b than being unemployed	etter 1	2	3		
	b) Having a job in which I ca progress in a career is impo	l1 I	2	3		
J9.	Thinking of things that are important in deciding what sort of career you want in the future, how much does it matter to you:					
		Matters very much to me	Matters a bit to me	Doesn't matter to me		
	a) To be able to help other peo	ople 1	2	3		
	b) To have high earnings/wag	es 1	2	3		
	c) To work for myself	1	2	3		
	d) To have an interesting job variety	with 1	2	3		
	e) To have a job where I can g promotion	get 1	2	3		
	f) To have a job with regular l	hours 1	2	3		

J13. How much do you agree that:

			Strongly agree	Agree a bit	Disagree a bit	Strongly disagree
a)	profes	g a career or ssion is tant to me	1	2	3	4
b)		g a family is tant to me	1	2	3	4
c)	much	t think very about what I be doing in time		2	3	4
d)	more me the I enjo	Year 11 it's important to at I'm doing y rather than ne get a job l	how it might	2	3	4
e)		st wait and so	ee 1	2	3	4
J10.	a)	Have you m	ade your GCS	E choices yet?		
		No 1	Yes,	, provisionally 2		Yes 9
If <u>no</u> ,	ı				If <u>yes</u> , go to	J11 on page 31
	b)	How long until you have to make your GCSE choices? (tick one box)				
		Less than 1	month 1	1-3 months	2	4-6 months ₃
		More than 6	months 4]	Don't know	9

J11. Thinking about your GCSE choices (whether you've made your choices or not), how often do you/did you talk about these with:

	Not at all	Sometimes	Quite often	Often	Won't do GCSE
a) teachers as part of a lesson	1	2	3	4	5
b) with teachers outside lessons	1	2	3	4	Go to J13
c) with members of your family or other adults	r 1	2	3	4	
d) with friends	1	2	3	4	
e) someone from Connexions	1	2	3	4	

J12. Thinking about the information you've been given about GCSE choices, how useful is/was this information you got?

Information on GCSEs:		Not at all useful	A little useful	Quite useful	Extemely useful	Did not have
a) as pa	rt of a lesson	1	2	3	4	5
,	teachers ide lessons	1	2	3	4	5
,	members of family	1	2	3	4	5
d) from	friends	1	2	3	4	5
,	someone at	1	2	3	4	5

Section	on K:				
K1.	Did you have a	any help to fill t	his in?		
	No	1			
	Yes	2			
If <u>yes</u>	, please say who	o helped you:			7 165
	a) A	parent helped	1		
	b) So	meone else hel	ped ₁		
K2.	What is your d	ate of birth?			1 9 9
K3.	What is today's	s date?			2 0 0
		Thank you	ı VERY much	for your help	
When	completed, ple	ase send this ba	ack to:		
	Childre	or Jean Golding of the Ninetic all Avenue	_		
	coder	http://www.	alspac.bris.ac.	uk/Discovery	© University of Bristol