

Questionnaire No:

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# *My hands, my feet and me*



## Section A:

It is really helpful to find out how people feel. This questionnaire asks all sorts of questions about you and what you like and dislike, just tick a box at each question that is most like you.

For example:

If you love to read you would tick the end box:

	<b>Not true</b>	<b>Mostly untrue</b>	<b>Partly true</b>	<b>Mostly true</b>	<b>True</b>
A11. I like reading	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

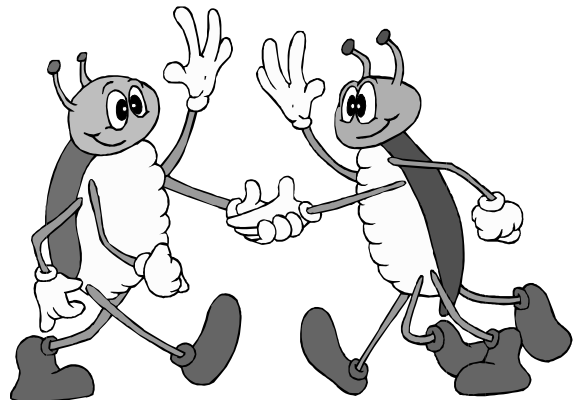
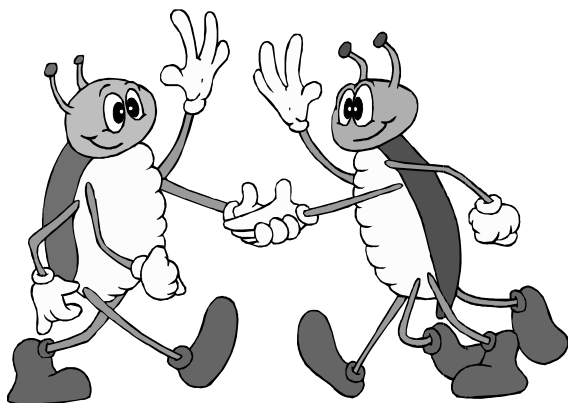
If you only liked reading sometimes you would tick the middle box:

	<b>Not true</b>	<b>Mostly untrue</b>	<b>Partly true</b>	<b>Mostly true</b>	<b>True</b>
A11. I like reading	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	<b>Not true</b>	<b>Mostly untrue</b>	<b>Partly true</b>	<b>Mostly true</b>	<b>True</b>
A1. I am good looking	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
A2. I'm good at all school subjects	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
A3. I can run fast	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
A4. I get good marks in reading	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
A5. I have a parent who understands me	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
A6. I hate mathematics	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
A7. I have lots of friends	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
A8. I like the way I look	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5

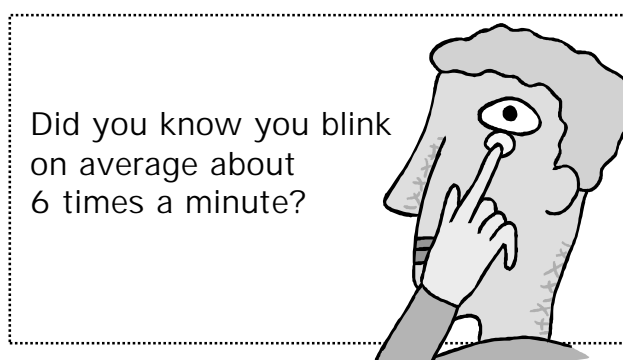
If there is a difficult question or one you don't want to answer, don't worry, miss it out and go on to the next one.

	Not true	Mostly untrue	Partly true	Mostly true	True
A9. I enjoy doing work in all school subjects	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A10. I like to run and play hard	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A11. I like reading	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A12. I have a parent who is usually unhappy or disappointed with what I do	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A13. Maths is easy for me	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A14. I make friends easily	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>



A15. I have a pleasant looking face	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A16. I get good marks in all school subjects	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

A17. I hate sports and games	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
	<b>Not true</b>	<b>Mostly untrue</b>	<b>Partly true</b>	<b>Mostly true</b>	<b>True</b>
A18. I'm good at reading	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A19. I have a parent I like	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A20. I look forward to mathematics	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A21. Most kids have more friends than I do	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A22. I am a nice looking person	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A23. I hate all school subjects	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A24. I enjoy sports and games	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A25. I am interested in reading	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

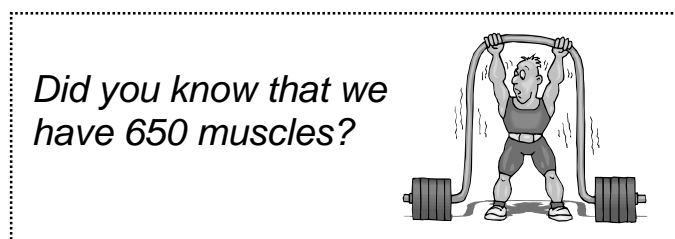


A26. I have a parent who likes me	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A27. I get good marks in maths	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

A28. I get along with kids easily	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5

Don't forget, just tick the box that is most like how you feel.

	Not true	Mostly untrue	Partly true	Mostly true	True
A29. I do lots of important things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5
A30. I am ugly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5
A31. I learn things quickly in all school subjects	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5
A32. I have good muscles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5



A33. I am bad at reading	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5
A34. If I have children of my own, I want to bring them up like I have been brought up	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5
A35. I am interested in maths	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5
A36. I am easy to like	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5
A37. Overall, I am no good	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5

A38. Other kids think I am good looking	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
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A39. I am interested in all school subjects	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
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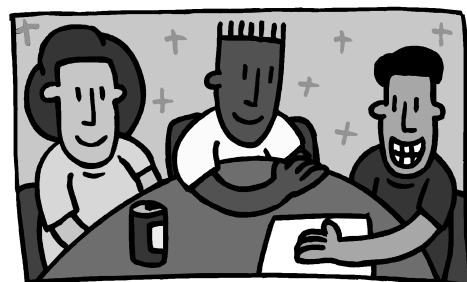
It's no problem if you want to miss out a question, just go on to the next one.

	Not true	Mostly untrue	Partly true	Mostly true	True
A40. I am good at sports	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A41. I enjoy doing work in reading	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A42. I have a parent who I spend a lot of time with	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A43. I learn things quickly in maths	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A44. Other kids want me to be their friend	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A45. In general, I like being the way I am	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A46. I have a good looking body	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A47. I am bad in all school subjects	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A48. I can run a long way without stopping	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>

You're doing really well,  
Children of the 90s is so  
successful because of all the  
help families and children like  
you give us.

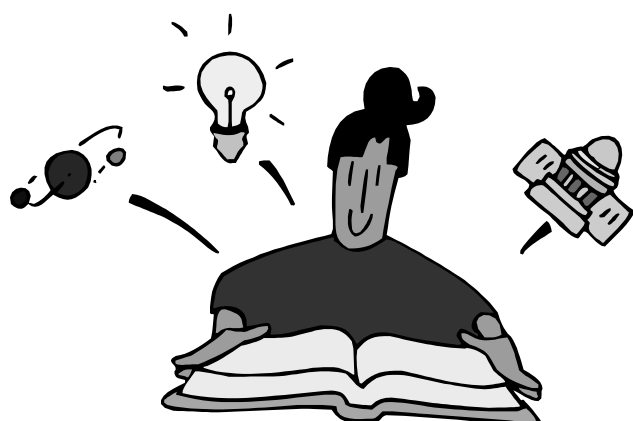


	Not true	Mostly untrue	Partly true	Mostly true	True
A49. Work in reading is easy for me	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A50. I have a parent who is easy to talk to	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A51. I like maths	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A52. I have more friends than most other kids	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A53. Overall I have a lot to be proud of	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A54. I'm better looking than most of my friends	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A55. I look forward to all school subjects	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A56. I am a good athlete	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A57. I look forward to reading	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A58. I have a parent I get along well with	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A59. I'm good at maths	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A60. I am popular with kids of my own age	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>





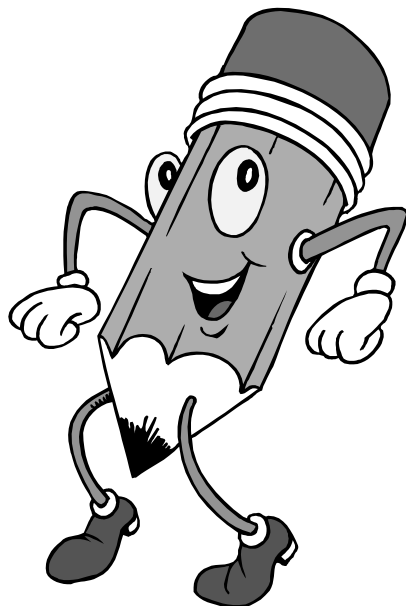
	Not true	Mostly untrue	Partly true	Mostly true	True
A61. I can't do anything right	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A62. I have nice features like nose, and eyes, and hair	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>



Nearly there, just a few more questions in this section.

A63. Work in all school subjects is easy for me	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A64. I'm good at throwing a ball	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A65. I hate reading	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A66. I have a parent who I have a lot of fun with	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A67. I can do things as well as most other people	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A68. I enjoy doing work in maths	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A69. Most other kids like me	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>
A70. Other people think I am a good person	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text" value="5"/>

	Not true	Mostly untrue	Partly true	Mostly true	True
A71. I like all school subjects	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A72. A lot of things about me are good	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A73. I learn things quickly in reading	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A74. I'm as good as most other people	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A75. I am bad at maths	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
A76. When I do something, I do it well	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>



Finished?  
Well done, now turn  
over for some  
left – right questions!

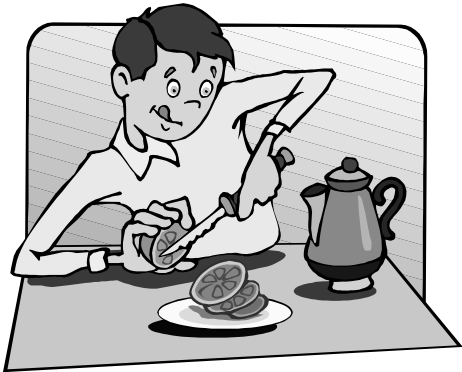
We all get bothered sometimes, if you have any worries, remember it's good to talk things over with a parent, relative or teacher.  
There is always the Childline number: 0800 1111 if you want to talk to someone else.

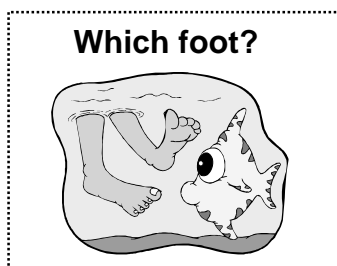
Section B:

Most of us prefer to use one foot or hand when doing things, some people don't mind and use either. Decide which hand, foot or eye you use for each activity and tick the appropriate box.

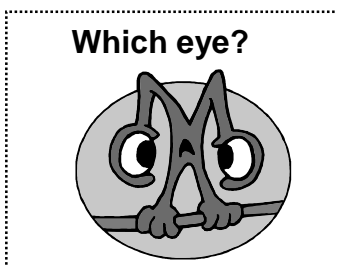


	Left	Right	Either	Don't do this at all
B1. With which hand do you draw?	<div><div>1</div><div></div></div>	<div><div>2</div><div></div></div>	<div><div>3</div><div></div></div>	<div><div>4</div><div></div></div>
B2. Which hand do you use to throw a ball?	<div><div>1</div><div></div></div>	<div><div>2</div><div></div></div>	<div><div>3</div><div></div></div>	<div><div>4</div><div></div></div>
B3. Which hand do you use to colour in?	<div><div>1</div><div></div></div>	<div><div>2</div><div></div></div>	<div><div>3</div><div></div></div>	<div><div>4</div><div></div></div>
B4. In which hand do you hold your toothbrush?	<div><div>1</div><div></div></div>	<div><div>2</div><div></div></div>	<div><div>3</div><div></div></div>	<div><div>4</div><div></div></div>
B5. Which hand holds a knife when cutting things?	<div><div>1</div><div></div></div>	<div><div>2</div><div></div></div>	<div><div>3</div><div></div></div>	<div><div>4</div><div></div></div>
B6. Which hand do you use to hit things with?	<div><div>1</div><div></div></div>	<div><div>2</div><div></div></div>	<div><div>3</div><div></div></div>	<div><div>4</div><div></div></div>





- |  | Left                           | Right                          | Either                         | Don't do<br>this at all        |
|--|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| B7. With which foot do you kick a ball?  | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| B8. If you wanted to try to pick up a pebble with your toes, which foot would you use? | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| B9. Which foot would you use to stamp on something?                                    | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| B10. Which foot would you use to climb up a step?                                      | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |



- |   | Left                           | Right                          | Either                         | Don't do<br>this at all        |
|---|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| B11. Which eye would you use to look through a tube?<br>(e.g. empty toilet roll)              | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| B12. If you had to look into a can or bottle to see how full it was, which eye would you use? | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |

## Section C:

C1. I am a boy  I am a girl

C2. Who helped you fill this in?

A grown-up helped

Someone else helped

I did it all myself



C3. When were you born?

Date

Month

Year

1	9	9	
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C4. What is today's date?

Date

Month

Year

2	0	0	
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THANK YOU VERY MUCH FOR YOUR HELP

Space for any comments

We always love to see your comments but please remember we can't  
reply to anything you tell us or ask us unless you sign your name.  
Professor Golding is always pleased to hear from you.

When completed, please send this back to:

**Professor Jean Golding**  
**Children of the Nineties**  
**Institute of Child Health**  
**24 Tyndall Avenue**  
**Bristol BS8 1BR**



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