#### MY THREE YEAR OLD GIRL

This questionnaire asks about your child now she is 3 years old.We are interested to know about her health and behaviour and how she gets on with other children.Your answers will help us to understand the developing child and to identify problems that children and their parents have.

This questionnaire is like the other questionnaires you have received. To answer simply tick the box which best describes your child or your child's situation. Again some questions will seem similar but they are not the same. Please answer all questions that you can. If you cannot answer any question or if they do not apply to you please put a line through them. There are no right or wrong answers. Please just describe what happens in your situation. You may make additional comments at the end. All answers are confidential.

THANK YOU FOR YOUR HELP

06/10/94

Recycled Paper

### SECTION A: PROBLEMS AND TREATMENT

Al. Children often have accidents or illnesses that need treatment. Please indicate which of the following have been given to your child since her 2nd birthday.

		Never Since her 2nd birthday	Yes for one episode only	Yes for 2 or more episodes	If yes, please give full names of substances if you can
a)	cough medicine	1	2	3	
b)	antibiotics/ penicillin	1	2	3	
c)	throat medicine	1	2	3	
d)	vitamins	1	2	3	
e)	paracetamol/ calpol	1	2	3	
f)	ointment for skin	1	2	3	
g)	eye ointment	1	2	3	
h)	diarrhoea mix- ture or pills	1	2	3	
i)	dimotapp/ decongestant	1	2	3	
j)	ear drops	1	2	3	
k)	eye drops	1	2	3	
1)	teething gel	1	2	3	
m)	laxative	1	2	3	
n)	other (please tick and describe)	1	2	3	
A2.					on every day or nearly every day for the ll as antibiotics, etc)
	Yes 1	No 2 If no	, go to A3a below		
	If <u>yes</u> ,				
	b) please desc	cribe:			

investigated	g the child's early years of life various possible problems are often identified - yet when d further they are often found not to be problems at all.In this section we are asking about any oblem that might have arisen.
a)	Has your toddler ever been investigated because it was thought she might have something wrong with her hips, her legs or her feet?
	Yes 1 No 2 If no, go to A4a on page 4
If <u>yes</u> ,	
b)	were any problems found?
know	Yes 1 No 2 Don't 9
If <u>yes</u> ,	i) please describe:
	ii) how old was she?
	less than 1 year 1 year old 2 years old 3 years old
	iii) what treatment did she have?
Your child's	s hearing
A4. a)	Has anyone ever thought there might be a problem with her hearing?
Tf	Yes $_1$ No $_2$ If $\underline{\mathbf{no}}$ , go to A5 below
If <u>yes</u> ,	
b)	Who <u>first</u> suspected a problem?
	I did
	my partner did 2
	other relative or friend 3
	health visitor 4
	doctor 5
	someone else (please tick and $_{\rm 6}$ describe)
c)	Has your child been seen at the Hearing Assessment Centre?
	Yes $_1$ No $_2$ If $\underline{\mathbf{no}}$ , go to A5 below
If yes,	
d) At	what age?
	less than 1 year 1 year old 2 years old 3 years old
e)	What was decided?
f)	What treatment was given (if any)

4		
Your o	child's	s sight
A5.	a)	Has anyone ever thought there might be a problem with her eyesight?
		Yes $_1$ No $_2$ If $\underline{\mathbf{no}}$ , go to $\mathbf{A6}$
If yes	<u>,</u>	
	b)	Who <u>first</u> suspected a problem?
		I did 1
		my partner did 2
		other relative or friend 3
		health visitor 4
		doctor 5
		someone else (please tick and describe) 6
A5.	c)	What was thought to be wrong with her eyes?
		squint $_1$ something else $_2$ don't know $_9$ (please tick & describe)
	d)	Has your child ever been referred to an eye specialist?
		Yes $_1$ No $_2$ If $\underline{no_{,}}$ go to A6 below
If yes	<u>.</u>	
	e)	at what age?
		less than 1 year 1 year old 2 years old 3 years old
	f)	What was decided?
	g)	What treatment was given?
		Other problems
A6.	a)	Have there been any other problems for which your child saw (or is going to see) a specialist?
		Yes 1 No 2 If no, go to A7a
If yes	<u> </u>	
	b)	For how many different problems?
Please	e list,	for each problem, what has happened:
		Problem No. 1 Problem No. 2 Problem No. 3
c)	What w	was thought

		Problem No. 1	Problem No. 2	Problem No. 3
c)	What was thought to be the problem?			
d)	Have you seen the specialist?	Yes No	Yes No	Yes No
e)	What age was she the first time seen for she was this problem?  (put 0 if less than 12 months)	years	years	years
f)	What was decided?			
g)	What treatment was given?			
A7.	a) Has she <u>ever</u> visited the	e dentist?		
	yes for treatment	1		

		yes, for in	spection onl	-У	2 -	go	to	A7b	below	
		no, not at a	all		3 -	go	to	A7b	below	
If <u>y</u> e	<u>s</u> , for	treatment, h	nas she had:							
i)	a fil	ling	Yes	No						
ii)	a too	th out	Yes	No						
iii)	(pleas	treatment se tick escribe)	Yes	No						
b)	Do you	u use a tooth	nbrush for t	he child	!?					
		yes, <sub>1</sub> every day		² etimes	no not :	³ t al	L1			
	c)	Does she eve	er have toot	hpaste?						
		Yes 1	No 2	Go to	A7d belo	ow				
If <u>ye</u>	s,									
	i)	how much do	you put on	her brus	sh nowada	ıys?				
		brush full	half	brush f	full		1	ess	than half a brush full no	one
	ii)	how many tim	mes a day do	you do	this?tir	nes				
	iii)	does she swa	allow it or	spit it	out?					
		swallows it	1 spit	s it out	2 V	arie	es s	3		
	iv)	what type of (plea	f toothpaste se give exac		_					

Has she ever had a dental X-ray? Yes 1 No 2

d)

If yes,

### SECTION B: ACCIDENTS AND INJURIES

However careful a parent is, most children have accidents at some time or other.Please list on the next pages the times your child has had an accident SINCE HER 2ND BIRTHDAY whether or not she was injured as a result.

В1.	a)	Has she been burnt or scalded since her 2nd birthday?	

Yes	1	No 2	If <u>no</u> ,	go to	B2a or	n page 9

b)	how many times?	-		
For	each burn or scald please desc	ribe below what happened	1:	
		1st accident	2nd accident	3rd accident
c)	Place accident happened (eg. kitchen, garden, creche)			
d)	What was she burnt with? (e.g tea, iron, electric fire)			
e)	Date of accident(month, year			
f)	Injuries caused (if no injury write none)			
g)	Who was with her?			
h)	What did the person with her	do?		
	Nothing	1	1	1
	Treated her themselves	2	2	2
	Took to doctor	3	3	3
	Took to hospital	4	4	4
	Other (please describe)	5	5	5
i)	What treatment did the person with her give?			
j)	What other treatment did she have?			
k)	Please describe how each acc	rident happened:		
Burn	1			
Burn	2			
Burn	3			

B2. a) Has she been dropped or had a bad fall since her 2nd birthday?

Yes  $_1$  No  $_2$  If  $\underline{no}$ , go to B3a

## If yes,

b) how many times?

For each fall please describe below what happened.

		1st accident	2nd accident	3rd accident				
c)	Place accident happened (eg. kitchen, garden, creche)							
d)	What did she fall or drop from (eg. table, baby walker, pram, bed, your arms)							
e)	Date of fall (month, year)							
f)	Injuries caused (if no injury write none)							
g)	Who was with her?							
h)	What did the person with her do?							
	Nothing	1	1	1				
	Treated her themselves	2	2	2				
	Took to doctor	3	3	3				
	Took to hospital	4	4	4				
	Other (please describe)	5	5	5				
i)	What treatment did the person with her give?							
j)	What other treatment did she have?							
k)	k) Please describe how each accident happened:							
Fall	Fall 1							
Fall	Fall 2							
Fall	Fall 3							

B3. a)	Has she swallowed	anything she	shouldn't have	(such as pills,	buttons,	disinfectant)	since her	2nd
	birthday?							

Yes	1	No 2	Ιf	no,	go	to	B4a

# If yes,

b) how many times?

For each time please describe below what happened.

		1st accident	2nd accident	3rd accident				
c)	Place accident happened (eg. your home, nursery, at friend's)							
d)	What did she swallow?							
e)	Date of accident (month, year)							
f)	Who was with her?							
g)	What did the person with her d	0?						
	Nothing	1	1	1				
	Treated her themselves	2	2	2				
	Took to doctor	3	3	3				
	Took to hospital	4	4	4				
	Other (please describe)	5	5	5				
h)	What treatment did the person with her give?							
i)	What other treatment did she have?							
j)	Please describe how each accid	ent happened:						
Accident 1								
Accio	Accident 2							
Acci	Accident 3							

B4. a) Has she had any other accidents or injuries since her 2nd birthday? Yes  $_1$  No 2 If  $\underline{no}$ , go to Section C on page 12

If yes, b) how many other accidents?

For each accident or injury please describe below what happened.

		1st accident	2nd accident	3rd accident
c)	Place accident happened (eg. kitchen, garden, creche)			
d)	What happened?.			
e)	Date of accident (month, year)			
f)	Injuries caused (if no injury write none)			
g)	Who was with her?			
h)	What did the person with her do	)?		
	Nothing	1	1	1
	Treated her themselves	2	2	2
	Took to doctor	3	3	3
	Took to hospital	4	4	4
	Other (please describe)	5	5	5
i)	What treatment did the person with her give?			
j)	What other treatment did she have?			
k)	Please describe how each accide	ent happened:		
Acci	dent 1			
Acci	dent 2			
Acci	lent 3			

### SECTION C:YOUR CHILD'S ENVIRONMENT

C1.	Which animals	in either	your home	or elsewhere does s	she touch at least once a week?

		Yes in our home	Yes elsewhere	No, not at all
a)	cat(s)	1	2	4
b)	dog(s)	1	2	4
c)	other furry $animal^*(s)$	1	2	4
d)	birds	1	2	4
e)	other creatures*	1	2	4

\*please tick & describe .....

- C2. All children get dirty. How often in a normal day:
  - a) is her face washed?

not at  $_{\rm 1}$   $\,$  1-2 times  $_{\rm 2}$   $\,$  3-4 times  $_{\rm 3}$   $\,$  5 or more  $_{\rm 4}$  all

b) are her hands washed or wiped?

not at  $_{\rm 1}$   $\,$  1-2 times  $_{\rm 2}$   $\,$  3-4 times  $_{\rm 3}$   $\,$  5 or more  $_{\rm 4}$  all

c) are her hands cleaned before a meal?

always $_1$  usually  $_2$  sometimes  $_3$  occasionally  $_4$  never  $_5$ 

- C3. How often does she usually:
  - a) have a bath:

		several		
more than $_1$	once every <sub>2</sub>	times a 3	once $a_4$	hardly 5
once a day	day	week	week	ever

b) have her ear holes cleaned:

more than  $_1$  once every  $_2$  times a  $_3$  once a  $_4$  hardly  $_5$  once a day day week week ever

### Toilet Training:

C4. Is your child:

		Always	Sometimes	Never
a)	dry during the day	1	2	3
b)	dry during the night	1	2	3
c)	clean during the day	1	2	3
d)	clean during the night	1	2	3

C5. Does your child tell you when she wants to go to the lavatory?

usually<sub>1</sub> sometimes<sub>2</sub> never<sub>3</sub>

C6. How often during a day is she in a room or enclosed place where people are smoking:

	(i) Weekdays	(ii) Weekends
all the time	1	1
more than 5 hours	2	2
3-5 hours	3	3
1-2 hours	4	4
less than 1 hour	5	5
not at all	6	6

- C7. How often in a normal week is she left at home alone or just with other young children? (i.e. children younger than 12)?
  - (i) during the day:

not at all<sub>1</sub> less than 10 minutes  $_2$  less than an hour<sub>3</sub> more than an hour<sub>4</sub>

(ii) at night:

not at all<sub>1</sub> less than 10 minutes 2 less than an hour<sub>3</sub> more than an hour<sub>4</sub>

### SECTION D:CHILDCARE

D1. a) Apart from yourself, nowadays who regularly looks after your child when you are not there? (Please answer for each person regularly involved).

			No	Yes	If yes, give hours per week
	i)	partner	1	2	
ii)	child	's grandparent	1	2	
iii)	other	relative	1	2	
iv)	frien	d/neighbour	1	2	
v)		person outside the (e.g. child minder)	1	2	
		person in the home baby sitter)	1	2	
vii)	day n	ursery (creche)	1	2	
viii)	other	(please describe)	1	2	

b) What was the main reason for choosing this form of childcare?

It was linked to my job  $_4$  I thought it would be beneficial for my child  $_5$ 

Other (please tick & describe)  $_{\rm 6}$ 

.....

c) How satisfied are you with these arrangements?

 $\mbox{very Satisfied}_1 \qquad \qquad \mbox{Fairly satisfied}_2 \qquad \qquad \mbox{not at all happy}_3$ 

D2. Since your child was 24 months old, please list below the daytime child care arrangements (other than you or your partner) at each age.

Age of child	No. of hours/week during the day	Person (e.g. childminder grandmother)	Place (e.g. at home, creche, etc)
2 years			
2 years 3 months			
2 years 6 months			
2 years 9 months			
3 years			
now			

- D3. How many different people other than you or your partner have looked after your child during the day since she was 2 years old (count each nursery or creche as 1 person)
- D4. How often does your partner do these activities with your child?

	Partner:	Often	Sometimes	Rarely	Never	Have no no partner
a)	baths her	1	2	3	4	$_{7}$ $\rightarrow$ Go to D5
b)	feeds her	1	2	3	4	
c)	sings to her	1	2	3	4	
d)	shows her pictures in books	1	2	3	4	
e)	plays with toys	1	2	3	4	
f)	cuddles her	1	2	3	4	
g)	physical play (e.g. clapping, rolling over)	1	2	3	4	
h)	takes her for walks	1	2	3	4	
i)	puts her to bed	1	2	3	4	
j)	other (please tick & describe)	1	2	3	4	

D5. How often do you do these activities with your child?

		Often	Sometimes	Rarely	Never
a)	bath her	1	2	3	4
b)	feed her	1	2	3	4
c)	sing to her	1	2	3	4
d)	show her pictures in books	1	2	3	4
e)	play with toys	1	2	3	4
f)	cuddle her	1	2	3	4

g)	<pre>physical play (eg. clapping, rolling over)</pre>	1	2	3	4
h)	take her for walks	1	2	3	4
i)	put her to bed	1	2	3	4
j)	other (please tick & describe)	1	2	3	4

D6. How much time on average does she spend:

## On most weekdays

ekuays		not at all	less than 1 hour	1-2 hours a day	more than 2 hours a day
(a)	in a car	1	2	3	4
(b)	out of doors	1	2	3	4
(c)	watching T.V.	1	2	3	4
(d)	with other children	1	2	3	4

D7. How much time on average does she spend:

### On most weekend days

		not at all	less than 1 hour	1-2 hours a day	more than 2 hours a day
(a)	in a car	1	2	3	4
(b)	out of doors	1	2	3	4
(c)	watching T.V.	1	2	3	4
(d)	with other children	1	2	3	4

## SECTION E:FEEDING

Ela) Some children just nibble all day while others wait for meals. How would you describe your child?

nibbles all day, no real meals	1
nibbles all day, but also has meals	2
doesn't nibble much, just has meals	3
other (please tick & describe)	4

- b) How many meals a day does your child have now?
- E2. For her main meal of the day how often does your child eat:

		Always	Almost always	Sometimes	Almost never	Never	Doesn't have a main meal
a)	the same food as you	1	2	3	4	5	<sup>7</sup>
b)	a different meal that you prepare	1	2	3	4	5	go to E3 below
c)	a ready-prepared meal out of a packet or tin	1	2	3	4	5	

E3. Do you feel that you have had difficulties feeding her in the past year?

Yes, great difficulty

Yes, some difficulty 2 If yes, please describe the problems:

E4. In the past year has she at any time:

		Yes, worried me greatly	Yes, worried me a bit	Yes, but did not worry me	No, did not happen
a)	not eaten sufficient amount of food	1	2	3	4
b)	refused to eat the right food	1	2	3	4
c)	been choosy with food	1	2	3	4
d)	over-eaten	1	2	3	4
e)	been difficult to get into an eating routine	1	2	3	4

E5. How many times nowadays does she eat:

		Never or rarely	Once in 2 weeks	1 - 3 times a week	4 - 7 times a week	More than once a day
a)	Sausages, Burgers	1	2	3	4	5
b)	Pies, Pasties (pork pie, steak/meat pie etc.)	1	2	3	4	5
c)	Meat (beef, lamb, pork, ham, bacon etc.)	1	2	3	4	5
d)	Poultry (chicken, turkey etc)	1	2	3	4	5
e)	Liver, liver pate, kidney, heart	1	2	3	4	5
f)	Fish fingers	1	2	3	4	5
g)	White fish, not fish fingers (cod, haddock, plaice, etc)	1	2	3	4	5
h)	Other fish (pilchards, sardines, mackerel, tuna, herring, kippers, trout, salmon etc)	1	2	3	4	5
i)	Shellfish (prawns, crab, cockles, mussels etc)	1	2	3	4	5
j)	Eggs, quiche	1	2	3	4	5
k)	Cheese	1	2	3	4	5
1)	Pizza	1	2	3	4	5
m)	Chips	1	2	3	4	5
n)	Roast potatoes (cooked in fat)	1	2	3	4	5
0)	Boiled, mashed, jacket potatoes	1	2	3	4	5
p)	Rice (boiled, or fried)	1	2	3	4	5
q)	Pot Noodles, cook-in sauces, Ragu etc.	1	2	3	4	5
r)	Pasta (eg. spaghetti, lasagne)	1	2	3	4	5
s)	Crisps	1	2	3	4	5
t)	Fried foods (eg. fried fish,					

t) Fried foods (eg. fried fish,

eggs, bacon, chops etc) 1 2 3 4

E6. Does she eat the fat on meat?

yes, all of it  $_1$  yes, some of it  $_2$  no  $_3$  never eats meat  $_4$ 

E7. How many times nowadays does she eat:

		Never or rarely	Once in 2 weeks	1 - 3 times a week	4 - 7 times a week	More than once a day
a)	Baked beans	1	2	3	4	5
b)	Peas, sweetcorn, broad beans	1	2	3	4	5
c)	Cabbage, brussel sprouts, kale and other green leafy vegetables	1	2	3	4	5
d)	Other green vegetables (cauliflower, runner beans, leeks etc)	1	2	3	4	5
e)	Carrots	1	2	3	4	5
f)	Other root vegetables (turnip,swede,parsnip etc)	1	2	3	4	5
g)	Salad (lettuce, tomato, cucumber etc)	1	2	3	4	5
h)	Pulses - dried peas, beans, lentils, chick peas, bean curd, tahini	1	2	3	4	5
i)	Nuts, nut roast	1	2	3	4	5
j)	Soya 'Meat', T.V.P., Vegeburgers	1	2	3	4	5
k)	Fresh fruit (apple, pear, banana, orange, bunch of grapes etc)	1	2	3	4	5
1)	Yoghurt, Fromage Frais, milk puddings, mousse	1	2	3	4	5
m)	Pudding (eg fruit pie, crumble, cheesecake, gateaux)	1	2	3	4	5
n)	Oat cereals (eg porridge, Ready Brek, muesli)	1	2	3	4	5
0)	Wholegrain or bran cereals (eg. All Bran, Bran Flakes, Weetabix, Wheatflakes, Fruit & Fibre)	1	2	3	4	5
p)	Other cereals (eg Corn- flakes, Rice Krispies, Frosties)	1	2	3	4	5
d)	Cakes or buns (fruit cake, sponge, teacake, doughnut, flapjack, scone, custard tart, cream cake etc)	1	2	3	4	5
r)	Crispbreads (Ryvita, crackerbread etc)	1	2	3	4	5
s)	Biscuits (digestive, shortcake, Hob Nobs, Rich Tea, Nice, Marie)	1	2	3	4	5
t)	Chocolate biscuits, chocolate fingers, (Penguin, Club, Kit Kat etc)	1	2	3	4	5
u)	Chocolate bars (Mars, Twix, Wispa, Bounty, Creme Egg etc)	1	2	3	4	5
v)	Chocolate (dairy milk or plain, white chocolate, smarties etc)	1	2	3	4	5

w) Sweets (cola bottles, penny mix-ups,

d) chappatis, nan bread

e) doesn't usually eat any bread

16 chews, jelly sweets etc) E8. On days when she has sweets, how many individual sweets does she eat in that day? Count a chew or jelly sweet as one sweet. 6-10 11 and over 1-2 3-5 E9. On the day when she has chocolates or chocolate bars, how much does she eat (give as proportion of Mars bar, bag of buttons, etc) less than about about about whole more than never has a half chocolates a quarter a quarter three-quarters one E10. How many times a week nowadays does she drink? Never or 1 - 3 4 - 7 More than Once in rarelv 2 weeks times times once a a week a week day a) Fruit juice from a tin (including tomato juice) Pure fruit juice carton/ b) freshly squeezed c) Squash, fruit drink or Ribena Cola drinks e.g. Coca Cola, d) Pepsi etc. Other fizzy drinks e.g. e) lemonade f) Water on its own Milk on its own a) h) Flavoured milk/yoghurt drinks, ready made i) Flavoured milk drinks (not ready made) hot or cold Ell. When she has soft drinks, how often are they low calorie, diet or reduced sugar drinks? not at  $all_3$ doesn't drink soft drinks 4 usually<sub>1</sub> sometimes<sub>2</sub> E12. If she has cola drinks, how often are they decaffeinated?  $usually_1$ sometimes<sub>2</sub> not at all<sub>3</sub> doesn't drink cola 4 E13. How many pieces of bread, rolls or chappatis does she eat on a usual day? less than 1 1-2 3-4 5 or more What types of bread does she eat most days? Yes No white bread a) brown/granary bread c) wholemeal bread

E15. What sort of fat does she have?

		No not usually	Yes sometimes	Yes at all
a)	Butter, Ghee, Dripping Lard, Solid cooking fat	1	2	3
b)	Hard or soft margarine (e.g. Blue Band, Stork, Supermarket own brand)	1	2	3
c)	Polyunsaturated margarine e.g. Flora, Sunflower, Vitalite	1	2	3
d)	Low fat spread, e.g. Outline, Delight, St.Ivel Gold	1	2	3
e)	Sunflower, soya, corn, olive oil	1	2	3
f)	Other vegetable oil	1	2	3
g)	Other (please tick & describe)	1	2	3

E16. How many slices of bread (or rolls) spread with fat does she eat each day?(include bought sandwiches) \_\_\_\_\_slices

E17. How many times in a month does she eat take-away foods for her main meal?

never or rarely 1
1 - 2 2
3 - 4 3
5 - 9 4
10 or more 5

E18. What type(s) of milk does she have?

	Yes usually	Yes sometimes	No not at all
a) Full fat (silver or gold top)	1	2	3
b) Semi Skimmed (red stripe)	1	2	3
c) Skimmed (blue stripe)	1	2	3
d) Sterilised	1	2	3
e) Breast milk	1	2	3
f) Goat/sheep milk	1	2	3
g) Soya milk	1	2	3
h) Other (please tick & describe)	1	2	3

.....

E19.	How	often	does	she	have	milk:
------	-----	-------	------	-----	------	-------

		almost every day	several times a week	at least once a week	less than once a week	no, not at all
a)	tea with milk	1	2	3	4	5
b)	coffee with some milk	1	2	3	4	5
c)	milk on breakfast cereal	1	2	3	4	5
d)	a milk pudding (custard, rice)	1	2	3	4	5

E20.	a)	(do not include herbal teas)	drink in a d	ay?			cups a day
	b)	How many spoons of sugar in ea	ch cup?			spo	ons
	c)	How many of the cups of tea sh decaffeinated?	e drinks are			cup	s a day
	d)	How many cups of coffee does s	he drink?				cups a day
	e)	How many spoons of sugar in ea	ch cup?			spo	ons
	f)	How many of the cups of coffee decaffeinated?	she drinks	are			cups a day
	g)	How many of the cups of coffee are made using real coffee (i.		nt)?			cups a day
	h)	How many of these are decaffei	nated?			cup	s a day
E21.	a)	Does she drink herbal teas at	all?				
		yes, often 1 yes, occasi	$onally_2$	no, not at	all <sub>3</sub>		
If <u>no</u>	, go to	o E22a below					
If ye	s,						
	b)	how many cups/mugs of herbal t drunk in the past week?	eas has she				cups/mugs
	c)	Please list the types of herba	l teas she h	as drunk in	the past 3 mo	nths:	
E22.	a)	What would you say best descri	bes your chi	ld's alcohol	l drinking:		
		she often has a glass of her o	wn	1			
		she sometimes has a glass of h	er own	2			
		she just has a taste of other	people's dri	nk 3			
		she has rarely had any alcohol		4			
		she has never had any alcohol		5			
E22.	b)	How often does she have any of	the followi:	ng:			
			More than once a week	Once a week	Less than once a week	Not at all	
	i)	wine	1	2	3	4	
	ii)	beer, lager	1	2	3	4	
	iii)	spirits (gin, vodka, brandy)	1	2	3	4	
	iv)	other, alcohol (please tick and describe)	1	2	3	4	

	bought	t from a health food shop)	that she often eats of	or drinks?	
		Yes 1	NO 2		
If ye	s,	please describe below:			
E24.	What o	does she usually drink from	n nowadays?		
			yes, usually	yes, sometimes	No, not at all
a)	ordina	ary cup, mug or glass	1	2	3
b)	feeder	r cup	1	2	3
c)	bottle	e with teat	1	2	3
d)	can		1	2	3
e)	cartor	n or bottle with a straw	1	2	3
E25.		ften does she have a bottle several hours?	e of drink which she o	carries with her and	drinks from,
		everyday <sub>1</sub> most da	ays 2 occasiona	ally $_3$ not at all	4
E26.	Does 3	your child have definite li	ikes and dislikes as f	ar as food is concer	rned?
		no, will eat almost anyth:	ing 1		
		yes, quite choosy	2		
		yes, very choosy	3		
E27.	How of	ften do you put her down to	sleep with a bottle?	o (whether at night o	or during the day)
		always 1			
		sometimes 2			
		never 3			
E28.		How often does she suck a	dummy or her thumb o	r finger?	
			(a) dummy	(b) thumb/finger	
		most of the time	1	1	
		sometimes	2	2	
		no, never	3	3	
	c)	Apart from her finger, the	umb or a dummy does sl	ne have a special obj	ject that she uses for comfort?
		Yes $_1$ No $_2$ If $\underline{\mathbf{no}}$ ,	go to E29 below		
	d)	If <u>yes</u> , what is this?			
		$blanket_1$	cuddly toy 2 oth	ner 3 (please describ	e)

E23. Apart from herbal teas, are there any other health foods (whether or not

E29. How often does she eat coal, soil, dirt or other non-nutritious substances?

every day	1	$\rightarrow$	If <u>yes</u> , please describe what she eats:
at least once a week	2	$\rightarrow$	
less than once a week	3	$\rightarrow$	
not at all 4			

### SECTION F: TEMPERAMENT

Please tick the box which describes how often the child's behaviour is like the behaviour given below:

		Not at all like her	Not much like her	Somewhat like her	Quite like her	Exactly like her
F1.	She tends to be shy	1	2	3	4	5
F2.	She cries easily	1	2	3	4	5
F3.	She likes to be with people	1	2	3	4	5
F4.	She is always on the go	1	2	3	4	5
F5.	She prefers playing with others rather than alone	1	2	3	4	5
F6.	She tends to be somewhat emotional	1	2	3	4	5
F7.	When she moves about she tends to move slowly	1	2	3	4	5
F8.	She makes friends easily	1	2	3	4	5
F9.	She is off and running as soon as she wakes up in the morning	1	2	3	4	5
F10.	She finds people more stimulating than anything else	1	2	3	4	5
F11.	She often fusses and cries	1	2	3	4	5
F12.	She is very sociable	1	2	3	4	5
F13.	She is very energetic	1	2	3	4	5
F14.	She takes a long time to warm up to strangers	1	2	3	4	5
F15.	She gets upset easily	1	2	3	4	5
F16.	She is something of a loner	1	2	3	4	5
F17.	She prefers quiet inactive games to more active ones	1	2	3	4	5
F18.	When alone she feels Isolated	1	2	3	4	5
F19.	She reacts intensely when upset	1	2	3	4	5
F20.	She is very friendly with strangers	1	2	3	4	5

#### SECTION G:HER GROWTH

Please list the dates on which your child was weighed since she was 24 months old and how much she weighed each time. Also add height and head circumferences, if they were measured.

[If you do not have this information tick \_\_\_\_\_ and go to section H]

	<u>Date</u>	Weight	Height	Head-circumference
1.	/199			
2.	/199			
3.	/199			
4.	/199			
5.	/199			
6.	/199			

#### SECTION H:UNDERSTANDING AND TALKING

We are interested in the words your child understands and those she SAYS. Please mark the words you have heard your child use or know she understands.

If your child uses a different pronunciation of a word (for example, "raffe" instead of "giraffe" or "sketti" for "spaghetti"), mark the word anyway. This is a list of some of the words that may be used by young children. Don't worry if your child doesn't say any of these yet. (Tick both columns if she says and understands).

(i)	(ii)
She	She
says	understands

- H1. a) Hello
  - b) Don't
  - c) Dinner
  - d) Call
  - e) Turn round
- H2. a) Dog/Puppy
  - b) Bear/Teddy
  - c) Chicken
  - d) Goose
  - e) Animal
  - f) Crocodile
  - g) Hen
- H3. a) Nose
  - b) Hand
  - c) Head
  - d) Finger

(i) (ii)
She She
says understands

- H4. a) Sock
  - b) Coat
  - c) Pyjamas
  - d) Jumper
  - e) Tights
- H5. a) Cheese
  - b) Biscuit
  - c) Raisin
  - d) Pizza
  - e) Butter
  - f) Chips
  - g) (Beef) burger
- h) Peas
  - i) Potato
  - j) Strawberry
  - k) Spaghetti
  - 1) Lemonade
  - m) Nuts
- H6. a) Door
  - b) Window
  - c) Settee/sofa
  - d) Sink
  - e) Bedroom
  - f) Washing machine
- H7. a) Bottle
  - b) Box
  - c) Fork
  - d) Money
  - e) Glasses
  - f) Plate
  - g) Knife
  - h) Camera
  - i) Heater

(i) (ii)
She She
says understands

- H8. a) Tree
  - b) Rain
  - c) Star
  - d) House
  - e) Snow
  - f) Roof
- H9. a) Mummy
  - b) Boy
  - c) Clown
  - d) Lady
  - e) Princess
  - f) Person
- H10. a) Park
  - b) Farm
  - c) Church
  - d) Library
- H11. a) Down
  - b) The
  - c) On top of
  - d) With
  - e) An
- H12. a) Mine
  - b) These
  - c) Him
  - d) Hers
  - e) Us
- H13 a) Ouch/Ow
  - b) Wet
  - c) Happy
  - d) Hurt
  - e) Sleepy
  - f) New
  - g) Green
  - h) Fast
  - i) Quiet
  - j) Awake
  - k) White
  - 1) First

m) Angry

(i) (ii) She She says understands

H14. a) More

b) Some

c) Any

H15. a) What?

b) Which?

H16. a) Night

b) Today

H17. a) Toy

b) Bubbles

c) Football

H18. a) Boat

b) Train

a) Kiss

b) Bite

c) Help

d) Comb

e) Close

f) Cook

g) Turn on/off

h) Fix

i) Look

j) Splash

k) Shake

1) Pull

m) Touch

n) Put

o) Cover

p) Drop

q) Taste

r) Lie down

s) Wish

t) Do

u) Have to

v) Are

w) Were

H20.a) To talk about more than one thing, we add an "s" to many words. For example, cars, shoes, dogs, and keys. Has your daughter begun to do this?

Not yet Sometimes Often

b) To talk about ownership, we add an "s", for example, Daddy's key, kitty's dish, and baby's bottle. Has your daughter begun to do this?

Not yet Sometimes Often

c) To talk about activities, we sometimes add "ing" to verbs. For example, looking, running, and crying. Has your daughter begun to do this?

Not yet Sometimes Often

d) To talk about things that happened in the past, we often add "ed" to the verb. For example, kissed, opened, and pushed. Has your daughter begun to do this?

Not yet Sometimes Often

 ${\tt H21.}$  Below are some plural words. Please indicate in **each** column which your daughter uses and/or understands (if any).

(i) (ii)
Yes she Yes she says understands

- a) children
- b) feet
- c) men
- d) mice
- e) teeth

Next are some words that indicate that something happened in the past; please mark in each column which she says and/or understands.

(i) (ii)
Yes, she Yes, she
says understands

- f) ate
- g) blew
- h) bought
- i) broke
- j) came
- k) drank
- 1) drove
- m) fell
- n) flew
- o) got
- p) had
- q) heard
- r) held
- s) lost
- t) made
- u) ran
- v) sat
- w) saw
- x) took

y) went

H22. Has your daughter begun to combine words yet, such as "nother sweet", or "doggie bite?"

Not yet  $_{1}$  Sometimes  $_{2}$  Often  $_{3}$ 

↓
If not yet,
go to section I

H23. Please list three of the longest combinations you have heard your child say recently.

1. .....

2. .....

3. .....

H24. In each of the following, please mark the one that sounds most like the way your child talks right now.

a) two shoe  $_1$  two shoes. $_2$ 

b) two feet  $_{1}$  two foots  $_{2}$  two foot  $_{3}$ 

c) Daddy car<sub>1</sub> Daddy's car<sub>2</sub>

d) Kitty sleep $_1$  Kitty sleeping  $_2$  Kitty is asleep. $_3$ 

e) I make tower  $_{1}$  I making tower  $_{2}$  I am making tower.  $_{3}$ 

Talking about something that already happened:

f) I fell down<sub>1</sub> I fall down<sub>2</sub>

g) Doggie kiss me  $_1$  Doggie kissed me  $_2$ 

h) Daddy pick me up  $_{1}$  Daddy picked me up  $_{2}$ 

i) John went away<sub>1</sub> John go away<sub>2</sub>

Talking about other things:

j) Baby's blanket<sub>1</sub> Baby blanket<sub>2</sub>

k)  $\operatorname{Dog\ table}_1$   $\operatorname{Dog\ on\ table}_2$ 

1) That's my book<sub>1</sub> That my book<sub>2</sub>

### SECTION I: MORE ABOUT TALKING AND LISTENING

I4. Is her voice hoarse or husky?

		Not yet	Sometimes	Ofter
I1.	Can she listen to a short story from start to finish?	1	2	3

I2. Can she understand instructions
such as: 'Find the jumper that
Granny gave you'.

		Never	Sometimes	Often
13.	Does she stumble or get stuck on words, or repeat them many times? (e.g. 'I I I want a sweet').	1	2	3

			Mostly	Sometimes	Rarely
I5.	a)	Can <u>you</u> understand what she says?	1	2	3
	b)	Can your family understand what she says?	1	2	3
	c)	Can visitors to your house understand what she says?	1	2	3
			Not yet	Sometimes	Often
I6.		she sing songs (even if the are not clear)?	1	2	3
			Often	Sometimes	Never
I7.		she talk but the words are e wrong order? (e.g. 'me car want').	1	2	3
18.	Does	she ask questions?	1	2	3
19.		ren learn to talk in different ways and at describes your daughter:	different ages. Plea	ase indicate which (	description
	a)	making babble noises that sound like talki	ng:		
		Yes still does 1			
		Yes, did in past not now 2			
		No, never did 3			
19.	b)	prefers using gestures (pointing or pulling	g) to get what she	wants:	
		Yes still does 1			
		Yes, did in past not now 2			
		No never did 3			
	c)	When she talks nowadays, how many words ca	n she put together	(e.g. "me want juic	e" would be 3)?

one two 3 or 4 5 or more does not talk at all

I10. Some children enjoy talking and others do not.

Does your child:	Often	Sometimes	Not often
a) talk a lot	1	2	3
b) stay mainly silent	1	2	3
c) seem to avoid looking at people's faces when she talks	1	2	3
d) echo what has just been said to her (e.g. you say; 'we are going out now' she says: 'goi out now').		2	3

111.	Has a	nyone ever	thought that	there mi	ght be a pro	blem with her	talking?	
		Yes	No	If no	, go to I13)			
If <u>ye</u>	<u>s</u> , who	(tick all	that apply):		Yes	No		
	a)	you or yo	our partner					
	b)	health vi	sitor					
	c)	G.P.						
	d)	grandpare	ents					
	e)	other (please t	ick and descri	be)				
	f)	Are ther	re still any wo	rries ab	oout her tal	ing?	$Yes_1$	$No_2$
		If <u>yes</u> ,	please describ	e				
I12.	Has sl	ne ever be	en seen by a s	peech th	erapist?			
			_					
		Yes	No If <u>n</u>	<u>o</u> , go to	o I13 below			
	If ye	<u>s</u> ,						
		(i) how	w old was she?			years(If le	ess than 1 ye	ar put 0)
		(ii) wha	at was decided?					
I13.	a) Are	e there an	y other langua	ges apar	t from Engli	sh spoken in	your househo	ld?
		Yes	No					
	If ye	<u>s</u> ,						
		b) please	e say which					
		c) Which	language does	your dau	ıghter speak?	,		
		Eng	glish only		1			
		Eng	glish and other	î	2			
		Oth	ner only		3			

J1. This questionnaire was completed by:

a) mother 1 2

b) father 1 2

c) other 1 2
(please tick & describe)

J2. Please give the date on which you completed this questionnaire:

day month year

J3. Please give the date of birth of your child:

day month year

### THANK YOU VERY MUCH FOR YOUR HELP

Space for any additional comments you would like to make?

Please remember we cannot reply to any comment unless you sign it.

When completed, please return the questionnaire to:

Dr. Jean Golding, Children of the Nineties - ALSPAC, Institute of Child Health, 24, Tyndall Avenue, Bristol. BS8 1BR. Tel: Bristol 925 6260