### THE ALSPAC STUDY

## **Mother based Metabolomics results**

# Prepared by The ALSPAC Study Team

Documentation summarising the data available and the variable names.

Last updated for version 3a of the RELEASE file.

**March 2019** 

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#### Introduction

This documentation gives a summary of the variables available from the metabolomics assays performed using high-throughput proton (<sup>1</sup>H) Nuclear magnetic resonance (NMR) on EDTA-plasma samples. These assays were performed in collaboration with Professor Mika Ala-Korpela and his lab in Finland.

<sup>1</sup>H NMR measurements were acquired for three molecular windows: lipoprotein lipids (LIPO), low molecular-weight metabolites (LMWM) and lipid extracts (LIPID). The LIPO and LMWM windows were acquired at 500 MHz on native plasma and the LIPID window was acquired at 600 MHz on lipid-extracted plasma samples. The LIPO acquisition used the Bruker noesypresat pulse sequence with an automatically calibrated 90° pulse, mixing time of 10 ms and an irradiation field of 25 Hz to suppress the water peak. The LMWM window was acquired using a Bruker CPMG pulse sequence with water suppression, and the LIPID window with a standard 1D sequence. Full experimental details for sample preparation, NMR analysis, and data processing/quantitation are provided in the following publications.

- Soininen et al. High-throughput serum NMR metabonomics for cost-effective holistic studies on systemic metabolism. Analyst, 2009; 134: 1781–1785
   [http://pubs.rsc.org/en/content/articlepdf/2009/an/b910205a]
- Inouye et al. Metabonomic, transcriptomic, and genomic variation of a population cohort. Mol.Syst. Biol 2010; 6: 401.
   [http://msb.embopress.org/content/msb/6/1/441.full.pdf]
- Kettunen J et al. Genome-wide association study identifies multiple loci influencing human serum metabolite levels. Nature Genetics 2012; 44: 2012 269.
  - [http://www.nature.com/ng/journal/v44/n3/full/ng.1073.html]

Note that samples from both Focus on Mother clinics (FOM1 and FOM2) were fasting.

Data are available for 4368 mothers at FOM1 and 2793 mothers at FOM2. Table 1 provides a list of all variable names and labels which may assist users who will be making formal data requests. Distributions of variables as received from the lab (prior to ALSPAC labelling) are shown in Appendix 1.

Also note that pyruvate, glycerol and glycine measures are unreliable in EDTA-plasma due to interference by EDTA.

#### Important Note for all data users:

Please be aware that some women may appear in the release file more than once. This is due to the way in which women were originally enrolled into the study and were assigned IDs. ALSPAC started by enrolling pregnant women and the main study ID is a pregnancy based ID. Therefore if a women enrolled with two different pregnancies (both having an expected delivery date within the recruitment period (April 1991-December 1992)), she will have two separate IDs to uniquely identify these women and their pregnancies. An indicator variable has been included in the file, called *mult\_mum* to identify these women. If you are carrying out mother based research that does not require you to consider repeat pregnancies for which we have data then please select mult\_mum = 0 to remove the duplicate entries. This will keep one pregnancy and drop the other. If you are matching the data included in this file to child based data or have been provided with a dataset that includes the children of the ASLAPC pregnancies, as well as the mother-based data, you need not do anything as each pregnancy (and hence each child from a separate pregnancy) has a unique identifier and a mothers' data has been included/repeated here for each of her pregnancies where appropriate.

mult\_mum Entry is a duplicate - Remove if only looking at Mothers

man_main Entry is a adplicate Remove it only looking at motificity					
					Cumulative
		Frequency	Percent	Valid Percent	Percent
Valid	0 No	4895	97.0	97.0	97.0
	1 Yes	151	3.0	3.0	100.0
	Total	5046	100.0	100.0	

#### **Version History:**

Release file version 1: Created February 2014

Release file version 2a: Released May 2018

Details of additions/correction to version 2a from previous release file:

- Previously-embargoed FOM2 metabolomics data has now been added.
- Additional multiple pregnancies missed during the creation of release version 1 have now been added.
- Data from Mothers of triplets/quadruplets has been coded as -11 for confidentiality reasons.

Release file version 3a: Released March 2019

Details of additions/correction to version 3a from previous release file:

- Sphingomyelin data for FOM1 and FOM2 has now been added.
- Some variable labels have also been updated (e.g., replacing 'lipds' with 'lipids').

Table 1: Variable names and labels

Variable Name	Variable Label
XXLVLDLP_FOM1	Concentration of chylomicrons and extremely large VLDL particles (mol/l): FOM1
XXLVLDLL_FOM1	Total lipids in chylomicrons and extremely large VLDL (mmol/l): FOM1
XXLVLDLPL_FOM1	Phospholipids in chylomicrons and extremely large VLDL (mmol/l): FOM1
XXLVLDLC_FOM1	Total cholesterol in chylomicrons and extremely large VLDL (mmol/l): FOM1
XXLVLDLCE_FOM1	Cholesterol esters in chylomicrons and extremely large VLDL (mmol/l): FOM1
XXLVLDLFC_FOM1	Free cholesterol in chylomicrons and extremely large VLDL (mmol/l): FOM1
XXLVLDLTG_FOM1	Triglycerides in chylomicrons and extremely large VLDL (mmol/l): FOM1
XLVLDLP_FOM1	Concentration of very large VLDL particles (mol/l): FOM1
XLVLDLL_FOM1	Total lipids in very large VLDL (mmol/l): FOM1
XLVLDLPL_FOM1	Phospholipids in very large VLDL (mmol/l): FOM1
XLVLDLC_FOM1	Total cholesterol in very large VLDL (mmol/l): FOM1
XLVLDLCE_FOM1	Cholesterol esters in very large VLDL (mmol/l): FOM1
XLVLDLFC_FOM1	Free cholesterol in very large VLDL (mmol/l): FOM1
XLVLDLTG_FOM1	Triglycerides in very large VLDL (mmol/l): FOM1
LVLDLP_FOM1	Concentration of large VLDL particles (mol/l): FOM1
LVLDLL_FOM1	Total lipids in large VLDL (mmol/l): FOM1
LVLDLPL_FOM1	Phospholipids in large VLDL (mmol/l): FOM1
LVLDLC_FOM1	Total cholesterol in large VLDL (mmol/l): FOM1
LVLDLCE_FOM1	Cholesterol esters in large VLDL (mmol/l): FOM1
LVLDLFC_FOM1	Free cholesterol in large VLDL (mmol/l): FOM1
LVLDLTG_FOM1	Triglycerides in large VLDL (mmol/l): FOM1
MVLDLP_FOM1	Concentration of medium VLDL particles (mol/l): FOM1
MVLDLL_FOM1	Total lipids in medium VLDL (mmol/l): FOM1
MVLDLPL_FOM1	Phospholipids in medium VLDL (mmol/l): FOM1
MVLDLC_FOM1	Total cholesterol in medium VLDL (mmol/l): FOM1
MVLDLCE_FOM1	Cholesterol esters in medium VLDL (mmol/l): FOM1
MVLDLFC_FOM1	Free cholesterol in medium VLDL (mmol/l): FOM1
MVLDLTG_FOM1	Triglycerides in medium VLDL (mmol/l): FOM1
SVLDLP_FOM1	Concentration of small VLDL particles (mol/l): FOM1
SVLDLL_FOM1	Total lipids in small VLDL (mmol/l): FOM1
SVLDLPL_FOM1	Phospholipids in small VLDL (mmol/l): FOM1
SVLDLC_FOM1	Total cholesterol in small VLDL (mmol/l): FOM1
SVLDLCE_FOM1	Cholesterol esters in small VLDL (mmol/l): FOM1
SVLDLFC_FOM1	Free cholesterol in small VLDL (mmol/l): FOM1
SVLDLTG_FOM1	Triglycerides in small VLDL (mmol/l): FOM1
XSVLDLP_FOM1	Concentration of very small VLDL particles (mol/l): FOM1
XSVLDLL_FOM1	Total lipids in very small VLDL (mmol/l): FOM1
XSVLDLPL_FOM1	Phospholipids in very small VLDL (mmol/l): FOM1
XSVLDLC_FOM1	Total cholesterol in very small VLDL (mmol/l): FOM1
XSVLDLCE_FOM1	Cholesterol esters in very small VLDL (mmol/l): FOM1
XSVLDLFC_FOM1	Free cholesterol in very small VLDL (mmol/l): FOM1
XSVLDLTG_FOM1	Triglycerides in very small VLDL (mmol/l): FOM1

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IDLP_FOM1	Concentration of IDL particles (mol/l): FOM1
IDLL_FOM1	Total lipids in IDL (mmol/l): FOM1
IDLPL_FOM1	Phospholipids in IDL (mmol/l): FOM1
IDLC_FOM1	Total cholesterol in IDL (mmol/l): FOM1
IDLCE_FOM1	Cholesterol esters in IDL (mmol/l): FOM1
IDLFC_FOM1	Free cholesterol in IDL (mmol/l): FOM1
IDLTG_FOM1	Triglycerides in IDL (mmol/l): FOM1
LLDLP_FOM1	Concentration of large LDL particles (mol/l): FOM1
LLDLL_FOM1	Total lipids in large LDL (mmol/l): FOM1
LLDLPL_FOM1	Phospholipids in large LDL (mmol/l): FOM1
LLDLC_FOM1	Total cholesterol in large LDL (mmol/l): FOM1
LLDLCE_FOM1	Cholesterol esters in large LDL (mmol/l): FOM1
LLDLFC_FOM1	Free cholesterol in large LDL (mmol/l): FOM1
LLDLTG_FOM1	Triglycerides in large LDL (mmol/l): FOM1
MLDLP_FOM1	Concentration of medium LDL particles (mol/l): FOM1
MLDLL_FOM1	Total lipids in medium LDL (mmol/l): FOM1
MLDLPL_FOM1	Phospholipids in medium LDL (mmol/l): FOM1
MLDLC_FOM1	Total cholesterol in medium LDL (mmol/l): FOM1
MLDLCE_FOM1	Cholesterol esters in medium LDL (mmol/l): FOM1
MLDLFC_FOM1	Free cholesterol in medium LDL (mmol/l): FOM1
MLDLTG_FOM1	Triglycerides in medium LDL (mmol/l): FOM1
SLDLP_FOM1	Concentration of small LDL particles (mol/l): FOM1
SLDLL_FOM1	Total lipids in small LDL (mmol/l): FOM1
SLDLPL_FOM1	Phospholipids in small LDL (mmol/l): FOM1
SLDLC_FOM1	Total cholesterol in small LDL (mmol/l): FOM1
SLDLCE_FOM1	Cholesterol esters in small LDL (mmol/l): FOM1
SLDLFC_FOM1	Free cholesterol in small LDL (mmol/l): FOM1
SLDLTG_FOM1	Triglycerides in small LDL (mmol/l): FOM1
XLHDLP_FOM1	Concentration of very large HDL particles (mol/l): FOM1
XLHDLL_FOM1	Total lipids in very large HDL (mmol/l): FOM1
XLHDLPL_FOM1	Phospholipids in very large HDL (mmol/l): FOM1
XLHDLC_FOM1	Total cholesterol in very large HDL (mmol/l): FOM1
XLHDLCE_FOM1	Cholesterol esters in very large HDL (mmol/l): FOM1
XLHDLFC_FOM1	Free cholesterol in very large HDL (mmol/l): FOM1
XLHDLTG_FOM1	Triglycerides in very large HDL (mmol/l): FOM1
LHDLP_FOM1	Concentration of large HDL particles (mol/l): FOM1
LHDLL_FOM1	Total lipids in large HDL (mmol/l): FOM1
LHDLPL_FOM1	Phospholipids in large HDL (mmol/l): FOM1
LHDLC_FOM1	Total cholesterol in large HDL (mmol/l): FOM1
LHDLCE_FOM1	Cholesterol esters in large HDL (mmol/l): FOM1
LHDLFC_FOM1	Free cholesterol in large HDL (mmol/l): FOM1
LHDLTG_FOM1	Triglycerides in large HDL (mmol/l): FOM1
MHDLP_FOM1	Concentration of medium HDL particles (mol/l): FOM1
MHDLL_FOM1	Total lipids in medium HDL (mmol/l): FOM1
MHDLPL_FOM1	Phospholipids in medium HDL (mmol/l): FOM1

MHDLC_FOM1	Total cholesterol in medium HDL (mmol/l): FOM1
MHDLCE_FOM1	Cholesterol esters in medium HDL (mmol/l): FOM1
MHDLFC_FOM1	Free cholesterol in medium HDL (mmol/l): FOM1
MHDLTG_FOM1	Triglycerides in medium HDL (mmol/l): FOM1
SHDLP_FOM1	Concentration of small HDL particles (mol/l): FOM1
SHDLL_FOM1	Total lipids in small HDL (mmol/l): FOM1
SHDLPL_FOM1	Phospholipids in small HDL (mmol/l): FOM1
SHDLC_FOM1	Total cholesterol in small HDL (mmol/l): FOM1
SHDLCE_FOM1	Cholesterol esters in small HDL (mmol/l): FOM1
SHDLFC_FOM1	Free cholesterol in small HDL (mmol/l): FOM1
SHDLTG_FOM1	Triglycerides in small HDL (mmol/l): FOM1
XXLVLDLPL_P_FOM1	Phospholipids to total lipids ratio in chylomicrons and XXL VLDL (%): FOM1
XXLVLDLC_P_FOM1	Total cholesterol to total lipids ratio in chylomicrons and XXL VLDL (%): FOM1
XXLVLDLCE_P_FOM1	Cholesterol esters to total lipids ratio in chylomicrons and XXL VLDL (%): FOM1
XXLVLDLFC_P_FOM1	Free cholesterol to total lipids ratio in chylomicrons and XXL VLDL (%): FOM1
XXLVLDLTG_P_FOM1	Triglycerides to total lipids ratio in chylomicrons and XXL VLDL (%): FOM1
XLVLDLPL_P_FOM1	Phospholipids to total lipids ratio in very large VLDL (%): FOM1
XLVLDLC_P_FOM1	Total cholesterol to total lipids ratio in very large VLDL (%): FOM1
XLVLDLCE_P_FOM1	Cholesterol esters to total lipids ratio in very large VLDL (%): FOM1
XLVLDLFC_P_FOM1	Free cholesterol to total lipids ratio in very large VLDL (%): FOM1
XLVLDLTG_P_FOM1	Triglycerides to total lipids ratio in very large VLDL (%): FOM1
LVLDLPL_P_FOM1	Phospholipids to total lipids ratio in large VLDL (%): FOM1
LVLDLC_P_FOM1	Total cholesterol to total lipids ratio in large VLDL (%): FOM1
LVLDLCE_P_FOM1	Cholesterol esters to total lipids ratio in large VLDL (%): FOM1
LVLDLFC_P_FOM1	Free cholesterol to total lipids ratio in large VLDL (%): FOM1
LVLDLTG_P_FOM1	Triglycerides to total lipids ratio in large VLDL (%): FOM1
MVLDLPL_P_FOM1	Phospholipids to total lipids ratio in medium VLDL (%): FOM1
MVLDLC_P_FOM1	Total cholesterol to total lipids ratio in medium VLDL (%): FOM1
MVLDLCE_P_FOM1	Cholesterol esters to total lipids ratio in medium VLDL (%): FOM1
MVLDLFC_P_FOM1	Free cholesterol to total lipids ratio in medium VLDL (%): FOM1
MVLDLTG_P_FOM1	Triglycerides to total lipids ratio in medium VLDL (%): FOM1
SVLDLPL_P_FOM1	Phospholipids to total lipids ratio in small VLDL (%): FOM1
SVLDLC_P_FOM1	Total cholesterol to total lipids ratio in small VLDL (%): FOM1
SVLDLCE_P_FOM1	Cholesterol esters to total lipids ratio in small VLDL (%): FOM1
SVLDLFC_P_FOM1	Free cholesterol to total lipids ratio in small VLDL (%): FOM1
SVLDLTG_P_FOM1	Triglycerides to total lipids ratio in small VLDL (%): FOM1
XSVLDLPL_P_FOM1	Phospholipids to total lipids ratio in very small VLDL (%): FOM1
XSVLDLC_P_FOM1	Total cholesterol to total lipids ratio in very small VLDL (%): FOM1
XSVLDLCE_P_FOM1	Cholesterol esters to total lipids ratio in very small VLDL (%): FOM1
XSVLDLFC_P_FOM1	Free cholesterol to total lipids ratio in very small VLDL (%): FOM1
XSVLDLTG_P_FOM1	Triglycerides to total lipids ratio in very small VLDL (%): FOM1
IDLPL_P_FOM1	Phospholipids to total lipids ratio in IDL (%): FOM1
IDLC_P_FOM1	Total cholesterol to total lipids ratio in IDL (%): FOM1
IDLCE_P_FOM1	Cholesterol esters to total lipids ratio in IDL (%): FOM1
IDLFC_P_FOM1	Free cholesterol to total lipids ratio in IDL (%): FOM1

IDLTG_P_FOM1	Triglycerides to total lipids ratio in IDL (%): FOM1
LLDLPL_P_FOM1	Phospholipids to total lipids ratio in large LDL (%): FOM1
LLDLC_P_FOM1	Total cholesterol to total lipids ratio in large LDL (%): FOM1
LLDLCE_P_FOM1	Cholesterol esters to total lipids ratio in large LDL (%): FOM1
LLDLFC_P_FOM1	Free cholesterol to total lipids ratio in large LDL (%): FOM1
LLDLTG_P_FOM1	Triglycerides to total lipids ratio in large LDL (%): FOM1
MLDLPL_P_FOM1	Phospholipids to total lipids ratio in medium LDL (%): FOM1
MLDLC_P_FOM1	Total cholesterol to total lipids ratio in medium LDL (%): FOM1
MLDLCE_P_FOM1	Cholesterol esters to total lipids ratio in medium LDL (%): FOM1
MLDLFC_P_FOM1	Free cholesterol to total lipids ratio in medium LDL (%): FOM1
MLDLTG_P_FOM1	Triglycerides to total lipids ratio in medium LDL (%): FOM1
SLDLPL_P_FOM1	Phospholipids to total lipids ratio in small LDL (%): FOM1
SLDLC_P_FOM1	Total cholesterol to total lipids ratio in small LDL (%): FOM1
SLDLCE_P_FOM1	Cholesterol esters to total lipids ratio in small LDL (%): FOM1
SLDLFC_P_FOM1	Free cholesterol to total lipids ratio in small LDL (%): FOM1
SLDLTG_P_FOM1	Triglycerides to total lipids ratio in small LDL (%): FOM1
XLHDLPL_P_FOM1	Phospholipids to total lipids ratio in very large HDL (%): FOM1
XLHDLC_P_FOM1	Total cholesterol to total lipids ratio in very large HDL (%): FOM1
XLHDLCE_P_FOM1	Cholesterol esters to total lipids ratio in very large HDL (%): FOM1
XLHDLFC_P_FOM1	Free cholesterol to total lipids ratio in very large HDL (%): FOM1
XLHDLTG_P_FOM1	Triglycerides to total lipids ratio in very large HDL (%): FOM1
LHDLPL_P_FOM1	Phospholipids to total lipids ratio in large HDL (%): FOM1
LHDLC_P_FOM1	Total cholesterol to total lipids ratio in large HDL (%): FOM1
LHDLCE_P_FOM1	Cholesterol esters to total lipids ratio in large HDL (%): FOM1
LHDLFC_P_FOM1	Free cholesterol to total lipids ratio in large HDL (%): FOM1
LHDLTG_P_FOM1	Triglycerides to total lipids ratio in large HDL (%): FOM1
MHDLPL_P_FOM1	Phospholipids to total lipids ratio in medium HDL (%): FOM1
MHDLC_P_FOM1	Total cholesterol to total lipids ratio in medium HDL (%): FOM1
MHDLCE_P_FOM1	Cholesterol esters to total lipids ratio in medium HDL (%): FOM1
MHDLFC_P_FOM1	Free cholesterol to total lipids ratio in medium HDL (%): FOM1
MHDLTG_P_FOM1	Triglycerides to total lipids ratio in medium HDL (%): FOM1
SHDLPL_P_FOM1	Phospholipids to total lipids ratio in small HDL (%): FOM1
SHDLC_P_FOM1	Total cholesterol to total lipids ratio in small HDL (%): FOM1
SHDLCE_P_FOM1	Cholesterol esters to total lipids ratio in small HDL (%): FOM1
SHDLFC_P_FOM1	Free cholesterol to total lipids ratio in small HDL (%): FOM1
SHDLTG_P_FOM1	Triglycerides to total lipids ratio in small HDL (%): FOM1
VLDLD_FOM1	Mean diameter for VLDL particles (nm): FOM1
LDLD_FOM1	Mean diameter for LDL particles (nm): FOM1
HDLD_FOM1	Mean diameter for HDL particles (nm): FOM1
SerumC_FOM1	Serum total cholesterol (mmol/l): FOM1
VLDLC_FOM1	Total cholesterol in VLDL (mmol/l): FOM1
RemnantC_FOM1	Remnant cholesterol (non-HDL, non-LDL -cholesterol) (mmol/l): FOM1
LDLC_FOM1	Total cholesterol in LDL (mmol/l): FOM1
HDLC_FOM1	Total cholesterol in HDL (mmol/l): FOM1
HDL2C_FOM1	Total cholesterol in HDL2 (mmol/l): FOM1

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HDL3C\_FOM1 Total cholesterol in HDL3 (mmol/l): FOM1

EstC\_FOM1 Esterified cholesterol (mmol/l): FOM1

Free C\_FOM1 Free cholesterol (mmol/l): FOM1

SerumTG\_FOM1 Serum total triglycerides (mmol/l): FOM1

VLDLTG\_FOM1 Triglycerides in VLDL (mmol/l): FOM1

LDLTG\_FOM1 Triglycerides in LDL (mmol/l): FOM1

HDLTG\_FOM1 Triglycerides in HDL (mmol/l): FOM1

DAG\_FOM1 Diacylglycerol (mmol/l): FOM1

DAGTG\_FOM1 Ratio of diacylglycerol to triglycerides: FOM1
TotPG\_FOM1 Total phosphoglycerides (mmol/l): FOM1

TGPG\_FOM1 Ratio of triglycerides to phosphoglycerides: FOM1
PC\_FOM1 Phosphatidylcholine and other cholines (mmol/l): FOM1

TotCho\_FOM1 Total cholines (mmol/l): FOM1
ApoA1\_FOM1 Apolipoprotein A-I (g/l): FOM1
ApoB\_FOM1 Apolipoprotein B (g/l): FOM1

ApoBApoA1\_FOM1 Ratio of apolipoprotein B to apolipoprotein A-I: FOM1

TotFA\_FOM1 Total fatty acids (mmol/l): FOM1

FALen\_FOM1 Estimated description of fatty acid chain length, not actual carbon number: FOM1

UnsatDeg\_FOM1 Estimated degree of unsaturation: FOM1
DHA\_FOM1 22:6, docosahexaenoic acid (mmol/l): FOM1

LA\_FOM1 18:2, linoleic acid (mmol/l): FOM1

CLA\_FOM1 Conjugated linoleic acid (mmol/l): FOM1
FAw3\_FOM1 Omega-3 fatty acids (mmol/l): FOM1
FAw6\_FOM1 Omega-6 fatty acids (mmol/l): FOM1

PUFA\_FOM1 Polyunsaturated fatty acids (mmol/l): FOM1

MUFA\_FOM1 Monounsaturated fatty acids; 16:1, 18:1 (mmol/l): FOM1

SFA\_FOM1 Saturated fatty acids (mmol/l): FOM1

DHAFA\_FOM1 Ratio of 22:6 docosahexaenoic acid to total fatty acids (%): FOM1

LAFA\_FOM1 Ratio of 18:2 linoleic acid to total fatty acids (%): FOM1

CLAFA\_FOM1 Ratio of conjugated linoleic acid to total fatty acids (%): FOM1
FAw3FA\_FOM1 Ratio of omega-3 fatty acids to total fatty acids (%): FOM1
FAw6FA\_FOM1 Ratio of omega-6 fatty acids to total fatty acids (%): FOM1

PUFAFA\_FOM1 Ratio of polyunsaturated fatty acids to total fatty acids (%): FOM1

MUFAFA\_FOM1 Ratio of monounsaturated fatty acids to total fatty acids (%): FOM1

SFAFA\_FOM1 Ratio of saturated fatty acids to total fatty acids (%): FOM1

Glc\_FOM1 Glucose (mmol/l): FOM1 Lac\_FOM1 Lactate (mmol/l): FOM1 Pyr\_FOM1 Pyruvate (mmol/l): FOM1 Cit\_FOM1 Citrate (mmol/l): FOM1 Ala\_FOM1 Alanine (mmol/l): FOM1 Gln\_FOM1 Glutamine (mmol/l): FOM1 His\_FOM1 Histidine (mmol/l): FOM1 Ile\_FOM1 Isoleucine (mmol/l): FOM1 Leu\_FOM1 Leucine (mmol/I): FOM1 Val\_FOM1 Valine (mmol/l): FOM1

Phe\_FOM1 Phenylalanine (mmol/l): FOM1
Tyr\_FOM1 Tyrosine (mmol/l): FOM1
Ace\_FOM1 Acetate (mmol/l): FOM1

AcAce\_FOM1 Acetoacetate (mmol/l): FOM1 bOHBut\_FOM1 3-hydroxybutyrate (mmol/l): FOM1

Crea\_FOM1 Creatinine (mmol/l): FOM1
Alb\_FOM1 Albumin (signal area): FOM1

Gp\_FOM1 Glycoprotein acetyls, mainly a1-acid glycoprotein (mmol/l): FOM1

Sphingo\_FOM1 Sphingomyelins (mmol/l): FOM1

XXLVLDLP\_FOM2 Concentration of chylomicrons and extremely large VLDL particles (mol/l): FOM2

XXLVLDLL\_FOM2
XXLVLDLPL\_FOM2
XXLVLDLC\_FOM2
XXLVLDLC\_FOM2
XXLVLDLCE\_FOM2
XXLVLDLCE\_FOM2
XXLVLDLCE\_FOM2
XXLVLDLCE\_FOM2
XXLVLDLCE\_FOM2
XXLVLDLFC\_FOM2
XXLVLDLFC\_FOM2
XXLVLDLFC\_FOM2
XXLVLDLFC\_FOM2
XXLVLDLTG\_FOM2

XLVLDLP\_FOM2 Concentration of very large VLDL particles (mol/l): FOM2

XLVLDLL\_FOM2

XLVLDLPL\_FOM2

XLVLDLC\_FOM2

XLVLDLC\_FOM2

XLVLDLCE\_FOM2

XLVLDLCE\_FOM2

XLVLDLFC\_FOM2

XLVLDLFC\_FOM2

XLVLDLFC\_FOM2

XLVLDLTG\_FOM2

XLVLDLTG\_FOM2

XLVLDLTG\_FOM2

XLVLDLTG\_FOM2

XLVLDLTG\_FOM2

Total lipids in very large VLDL (mmol/l): FOM2

Total cholesterol in very large VLDL (mmol/l): FOM2

Triglycerides in very large VLDL (mmol/l): FOM2

Triglycerides in very large VLDL (mmol/l): FOM2

Concentration of large VLDL particles (mol/l): FOM2

LVLDLL\_FOM2
LVLDLPL\_FOM2
LVLDLC\_FOM2
LVLDLC\_FOM2
LVLDLCE\_FOM2
LVLDLCE\_FOM2
LVLDLCE\_FOM2
LVLDLCE\_FOM2
LVLDLFC\_FOM2
LVLDLFC\_FOM2
LVLDLFC\_FOM2
LVLDLFC\_FOM2
LVLDLTG\_FOM2
Triglycerides in large VLDL (mmol/l): FOM2
LVLDLTG\_FOM2
Triglycerides in large VLDL (mmol/l): FOM2

MVLDLP\_FOM2 Concentration of medium VLDL particles (mol/l): FOM2

MVLDLL\_FOM2

MVLDLPL\_FOM2

MVLDLC\_FOM2

MVLDLC\_FOM2

MVLDLCE\_FOM2

MVLDLCE\_FOM2

MVLDLFC\_FOM2

MVLDLFC\_FOM2

MVLDLFC\_FOM2

MVLDLFC\_FOM2

MVLDLTG\_FOM2

MVLDLTG\_FOM2

SVLDLP\_FOM2

Total cholesterol in medium VLDL (mmol/l): FOM2

Cholesterol esters in medium VLDL (mmol/l): FOM2

Triglycerides in medium VLDL (mmol/l): FOM2

Concentration of small VLDL particles (mol/l): FOM2

SVLDLL\_FOM2

SVLDLPL\_FOM2

Phospholipids in small VLDL (mmol/l): FOM2

SVLDLC\_FOM2

SVLDLCE\_FOM2

SVLDLCE\_FOM2

SVLDLFC\_FOM2

SVLDLFC\_FOM2

SVLDLFC\_FOM2

SVLDLTG\_FOM2

Triglycerides in small VLDL (mmol/l): FOM2

Triglycerides in small VLDL (mmol/l): FOM2

XSVLDLP\_FOM2 Concentration of very small VLDL particles (mol/l): FOM2

XSVLDLL\_FOM2 Total lipids in very small VLDL (mmol/l): FOM2 XSVLDLPL FOM2 Phospholipids in very small VLDL (mmol/l): FOM2 XSVLDLC\_FOM2 Total cholesterol in very small VLDL (mmol/l): FOM2 XSVLDLCE\_FOM2 Cholesterol esters in very small VLDL (mmol/l): FOM2 XSVLDLFC\_FOM2 Free cholesterol in very small VLDL (mmol/l): FOM2 XSVLDLTG\_FOM2 Triglycerides in very small VLDL (mmol/l): FOM2 IDLP\_FOM2 Concentration of IDL particles (mol/l): FOM2 IDLL\_FOM2 Total lipids in IDL (mmol/l): FOM2 Phospholipids in IDL (mmol/l): FOM2 Total cholesterol in IDL (mmol/l): FOM2

IDLPL\_FOM2 IDLC\_FOM2 IDLCE\_FOM2 Cholesterol esters in IDL (mmol/l): FOM2 IDLFC\_FOM2 Free cholesterol in IDL (mmol/l): FOM2 IDLTG\_FOM2 Triglycerides in IDL (mmol/l): FOM2

LLDLP\_FOM2 Concentration of large LDL particles (mol/l): FOM2

LLDLL\_FOM2 Total lipids in large LDL (mmol/l): FOM2 LLDLPL\_FOM2 Phospholipids in large LDL (mmol/l): FOM2 LLDLC\_FOM2 Total cholesterol in large LDL (mmol/l): FOM2 LLDLCE\_FOM2 Cholesterol esters in large LDL (mmol/l): FOM2 LLDLFC\_FOM2 Free cholesterol in large LDL (mmol/l): FOM2 LLDLTG\_FOM2 Triglycerides in large LDL (mmol/l): FOM2

MLDLP\_FOM2 Concentration of medium LDL particles (mol/l): FOM2

MLDLL\_FOM2 Total lipids in medium LDL (mmol/l): FOM2 MLDLPL\_FOM2 Phospholipids in medium LDL (mmol/l): FOM2 MLDLC\_FOM2 Total cholesterol in medium LDL (mmol/l): FOM2 MLDLCE\_FOM2 Cholesterol esters in medium LDL (mmol/l): FOM2 MLDLFC\_FOM2 Free cholesterol in medium LDL (mmol/l): FOM2 MLDLTG\_FOM2 Triglycerides in medium LDL (mmol/l): FOM2 SLDLP FOM2 Concentration of small LDL particles (mol/l): FOM2

SLDLL\_FOM2 Total lipids in small LDL (mmol/l): FOM2 SLDLPL\_FOM2 Phospholipids in small LDL (mmol/l): FOM2

SLDLC\_FOM2 Total cholesterol in small LDL (mmol/l): FOM2 SLDLCE\_FOM2 Cholesterol esters in small LDL (mmol/l): FOM2 SLDLFC\_FOM2 Free cholesterol in small LDL (mmol/l): FOM2 SLDLTG\_FOM2 Triglycerides in small LDL (mmol/l): FOM2

XLHDLP\_FOM2 Concentration of very large HDL particles (mol/l): FOM2

XLHDLL\_FOM2 Total lipids in very large HDL (mmol/l): FOM2 XLHDLPL\_FOM2 Phospholipids in very large HDL (mmol/l): FOM2 XLHDLC\_FOM2 Total cholesterol in very large HDL (mmol/l): FOM2 XLHDLCE\_FOM2 Cholesterol esters in very large HDL (mmol/l): FOM2 XLHDLFC\_FOM2 Free cholesterol in very large HDL (mmol/l): FOM2 XLHDLTG\_FOM2 Triglycerides in very large HDL (mmol/l): FOM2 LHDLP\_FOM2 Concentration of large HDL particles (mol/l): FOM2

LHDLL\_FOM2 Total lipids in large HDL (mmol/l): FOM2 LHDLPL\_FOM2 Phospholipids in large HDL (mmol/l): FOM2 LHDLC\_FOM2 Total cholesterol in large HDL (mmol/l): FOM2

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LHDLCE_FOM2	Cholesterol esters in large HDL (mmol/l): FOM2
LHDLFC_FOM2	Free cholesterol in large HDL (mmol/l): FOM2
LHDLTG_FOM2	Triglycerides in large HDL (mmol/l): FOM2
MHDLP_FOM2	Concentration of medium HDL particles (mol/l): FOM2
MHDLL_FOM2	Total lipids in medium HDL (mmol/l): FOM2
MHDLPL_FOM2	Phospholipids in medium HDL (mmol/l): FOM2
MHDLC_FOM2	Total cholesterol in medium HDL (mmol/l): FOM2
MHDLCE_FOM2	Cholesterol esters in medium HDL (mmol/l): FOM2
MHDLFC_FOM2	Free cholesterol in medium HDL (mmol/l): FOM2
MHDLTG_FOM2	Triglycerides in medium HDL (mmol/l): FOM2
SHDLP_FOM2	Concentration of small HDL particles (mol/l): FOM2
SHDLL_FOM2	Total lipids in small HDL (mmol/l): FOM2
SHDLPL_FOM2	Phospholipids in small HDL (mmol/l): FOM2
SHDLC_FOM2	Total cholesterol in small HDL (mmol/l): FOM2
SHDLCE_FOM2	Cholesterol esters in small HDL (mmol/l): FOM2
SHDLFC_FOM2	Free cholesterol in small HDL (mmol/l): FOM2
SHDLTG_FOM2	Triglycerides in small HDL (mmol/l): FOM2
XXLVLDLPL_P_FOM2	Phospholipids to total lipids ratio in chylomicrons and XXL VLDL (%): FOM2
XXLVLDLC_P_FOM2	Total cholesterol to total lipids ratio in chylomicrons and XXL VLDL (%): FOM2
XXLVLDLCE_P_FOM2	Cholesterol esters to total lipids ratio in chylomicrons and XXL VLDL (%): FOM2
XXLVLDLFC_P_FOM2	Free cholesterol to total lipids ratio in chylomicrons and XXL VLDL (%): FOM2
XXLVLDLTG_P_FOM2	Triglycerides to total lipids ratio in chylomicrons and XXL VLDL (%): FOM2
XLVLDLPL_P_FOM2	Phospholipids to total lipids ratio in very large VLDL (%): FOM2
XLVLDLC_P_FOM2	Total cholesterol to total lipids ratio in very large VLDL (%): FOM2
XLVLDLCE_P_FOM2	Cholesterol esters to total lipids ratio in very large VLDL (%): FOM2
XLVLDLFC_P_FOM2	Free cholesterol to total lipids ratio in very large VLDL (%): FOM2
XLVLDLTG_P_FOM2	Triglycerides to total lipids ratio in very large VLDL (%): FOM2
LVLDLPL_P_FOM2	Phospholipids to total lipids ratio in large VLDL (%): FOM2
LVLDLC_P_FOM2	Total cholesterol to total lipids ratio in large VLDL (%): FOM2
LVLDLCE_P_FOM2	Cholesterol esters to total lipids ratio in large VLDL (%): FOM2
LVLDLFC_P_FOM2	Free cholesterol to total lipids ratio in large VLDL (%): FOM2
LVLDLTG_P_FOM2	Triglycerides to total lipids ratio in large VLDL (%): FOM2
MVLDLPL_P_FOM2	Phospholipids to total lipids ratio in medium VLDL (%): FOM2
MVLDLC_P_FOM2	Total cholesterol to total lipids ratio in medium VLDL (%): FOM2
MVLDLCE_P_FOM2	Cholesterol esters to total lipids ratio in medium VLDL (%): FOM2
MVLDLFC_P_FOM2	Free cholesterol to total lipids ratio in medium VLDL (%): FOM2
MVLDLTG_P_FOM2	Triglycerides to total lipids ratio in medium VLDL (%): FOM2
SVLDLPL_P_FOM2	Phospholipids to total lipids ratio in small VLDL (%): FOM2
SVLDLC_P_FOM2	Total cholesterol to total lipids ratio in small VLDL (%): FOM2
SVLDLCE_P_FOM2	Cholesterol esters to total lipids ratio in small VLDL (%): FOM2
SVLDLFC_P_FOM2	Free cholesterol to total lipids ratio in small VLDL (%): FOM2
SVLDLTG_P_FOM2	Triglycerides to total lipids ratio in small VLDL (%): FOM2
XSVLDLPL_P_FOM2	Phospholipids to total lipids ratio in very small VLDL (%): FOM2
XSVLDLC_P_FOM2	Total cholesterol to total lipids ratio in very small VLDL (%): FOM2
XSVLDLCE_P_FOM2	Cholesterol esters to total lipids ratio in very small VLDL (%): FOM2

XSVLDLFC_P_FOM2	Free cholesterol to total lipids ratio in very small VLDL (%): FOM2
XSVLDLTG_P_FOM2	Triglycerides to total lipids ratio in very small VLDL (%): FOM2
IDLPL_P_FOM2	Phospholipids to total lipids ratio in IDL (%): FOM2
IDLC_P_FOM2	Total cholesterol to total lipids ratio in IDL (%): FOM2
IDLCE_P_FOM2	Cholesterol esters to total lipids ratio in IDL (%): FOM2
IDLFC_P_FOM2	Free cholesterol to total lipids ratio in IDL (%): FOM2
IDLTG_P_FOM2	Triglycerides to total lipids ratio in IDL (%): FOM2
LLDLPL_P_FOM2	Phospholipids to total lipids ratio in large LDL (%): FOM2
LLDLC_P_FOM2	Total cholesterol to total lipids ratio in large LDL (%): FOM2
LLDLCE_P_FOM2	Cholesterol esters to total lipids ratio in large LDL (%): FOM2
LLDLFC_P_FOM2	Free cholesterol to total lipids ratio in large LDL (%): FOM2
LLDLTG_P_FOM2	Triglycerides to total lipids ratio in large LDL (%): FOM2
MLDLPL_P_FOM2	Phospholipids to total lipids ratio in medium LDL (%): FOM2
MLDLC_P_FOM2	Total cholesterol to total lipids ratio in medium LDL (%): FOM2
MLDLCE_P_FOM2	Cholesterol esters to total lipids ratio in medium LDL (%): FOM2
MLDLFC_P_FOM2	Free cholesterol to total lipids ratio in medium LDL (%): FOM2
MLDLTG_P_FOM2	Triglycerides to total lipids ratio in medium LDL (%): FOM2
SLDLPL_P_FOM2	Phospholipids to total lipids ratio in small LDL (%): FOM2
SLDLC_P_FOM2	Total cholesterol to total lipids ratio in small LDL (%): FOM2
SLDLCE_P_FOM2	Cholesterol esters to total lipids ratio in small LDL (%): FOM2
SLDLFC_P_FOM2	Free cholesterol to total lipids ratio in small LDL (%): FOM2
SLDLTG_P_FOM2	Triglycerides to total lipids ratio in small LDL (%): FOM2
XLHDLPL_P_FOM2	Phospholipids to total lipids ratio in very large HDL (%): FOM2
XLHDLC_P_FOM2	Total cholesterol to total lipids ratio in very large HDL (%): FOM2
XLHDLCE_P_FOM2	Cholesterol esters to total lipids ratio in very large HDL (%): FOM2
XLHDLFC_P_FOM2	Free cholesterol to total lipids ratio in very large HDL (%): FOM2
XLHDLTG_P_FOM2	Triglycerides to total lipids ratio in very large HDL (%): FOM2
LHDLPL_P_FOM2	Phospholipids to total lipids ratio in large HDL (%): FOM2
LHDLC_P_FOM2	Total cholesterol to total lipids ratio in large HDL (%): FOM2
LHDLCE_P_FOM2	Cholesterol esters to total lipids ratio in large HDL (%): FOM2
LHDLFC_P_FOM2	Free cholesterol to total lipids ratio in large HDL (%): FOM2
LHDLTG_P_FOM2	Triglycerides to total lipids ratio in large HDL (%): FOM2
MHDLPL_P_FOM2	Phospholipids to total lipids ratio in medium HDL (%): FOM2
MHDLC_P_FOM2	Total cholesterol to total lipids ratio in medium HDL (%): FOM2
MHDLCE_P_FOM2	Cholesterol esters to total lipids ratio in medium HDL (%): FOM2
MHDLFC_P_FOM2	Free cholesterol to total lipids ratio in medium HDL (%): FOM2
MHDLTG_P_FOM2	Triglycerides to total lipids ratio in medium HDL (%): FOM2
SHDLPL_P_FOM2	Phospholipids to total lipids ratio in small HDL (%): FOM2
SHDLC_P_FOM2	Total cholesterol to total lipids ratio in small HDL (%): FOM2
SHDLCE_P_FOM2	Cholesterol esters to total lipids ratio in small HDL (%): FOM2
SHDLFC_P_FOM2	Free cholesterol to total lipids ratio in small HDL (%): FOM2
SHDLTG_P_FOM2	Triglycerides to total lipids ratio in small HDL (%): FOM2
VLDLD_FOM2	Mean diameter for VLDL particles (nm): FOM2
LDLD_FOM2	Mean diameter for LDL particles (nm): FOM2
HDLD_FOM2	Mean diameter for HDL particles (nm): FOM2

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SerumC\_FOM2 Serum total cholesterol (mmol/l): FOM2

VLDLC\_FOM2 Total cholesterol in VLDL (mmol/l): FOM2

RemnantC\_FOM2 Remnant cholesterol (non-HDL & non-LDL-cholesterol) (mmol/l): FOM2

LDLC\_FOM2

HDLC\_FOM2

Total cholesterol in LDL (mmol/l): FOM2

Total cholesterol in HDL (mmol/l): FOM2

HDL2C\_FOM2

Total cholesterol in HDL2 (mmol/l): FOM2

HDL3C\_FOM2

EstC\_FOM2

Esterified cholesterol (mmol/l): FOM2

FreeC\_FOM2

Free cholesterol (mmol/l): FOM2

SerumTG\_FOM2

VLDLTG\_FOM2

LDLTG\_FOM2

LDLTG\_FOM2

HDLTG\_FOM2

Triglycerides in VLDL (mmol/l): FOM2

Triglycerides in LDL (mmol/l): FOM2

Triglycerides in HDL (mmol/l): FOM2

DAG\_FOM2

Diacylglycerol (mmol/l): FOM2

DAGTG\_FOM2 Ratio of diacylglycerol to triglycerides: FOM2
TotPG\_FOM2 Total phosphoglycerides (mmol/l): FOM2

TGPG\_FOM2 Ratio of triglycerides to phosphoglycerides: FOM2
PC\_FOM2 Phosphatidylcholine and other cholines (mmol/l): FOM2

TotCho\_FOM2 Total cholines (mmol/l): FOM2
ApoA1\_FOM2 Apolipoprotein A-I (g/l): FOM2
ApoB\_FOM2 Apolipoprotein B (g/l): FOM2

ApoBApoA1\_FOM2 Ratio of apolipoprotein B to apolipoprotein A-I: FOM2

TotFA\_FOM2 Total fatty acids (mmol/l): FOM2

FALen\_FOM2 Estimated description of fatty acid chain length (not actual carbon no.): FOM2

UnsatDeg\_FOM2 Estimated degree of unsaturation: FOM2
DHA\_FOM2 22:6, docosahexaenoic acid (mmol/l): FOM2

LA\_FOM2 18:2, linoleic acid (mmol/l): FOM2

CLA\_FOM2 Conjugated linoleic acid (mmol/l): FOM2
FAw3\_FOM2 Omega-3 fatty acids (mmol/l): FOM2
FAw6\_FOM2 Omega-6 fatty acids (mmol/l): FOM2

PUFA\_FOM2 Polyunsaturated fatty acids (mmol/l): FOM2

MUFA\_FOM2 Monounsaturated fatty acids; 16:1, 18:1 (mmol/l): FOM2

SFA\_FOM2 Saturated fatty acids (mmol/l): FOM2

DHAFA\_FOM2 Ratio of 22:6 docosahexaenoic acid to total fatty acids (%): FOM2

LAFA\_FOM2 Ratio of 18:2 linoleic acid to total fatty acids (%): FOM2

CLAFA\_FOM2
Ratio of conjugated linoleic acid to total fatty acids (%): FOM2
FAw3FA\_FOM2
Ratio of omega-3 fatty acids to total fatty acids (%): FOM2
FAw6FA\_FOM2
Ratio of omega-6 fatty acids to total fatty acids (%): FOM2

PUFAFA\_FOM2 Ratio of polyunsaturated fatty acids to total fatty acids (%): FOM2

MUFAFA\_FOM2 Ratio of monounsaturated fatty acids to total fatty acids (%): FOM2

SFAFA\_FOM2 Ratio of saturated fatty acids to total fatty acids (%): FOM2

Glc\_FOM2

Lac\_FOM2

Pyr\_FOM2

Cit\_FOM2

Glucose (mmol/l): FOM2

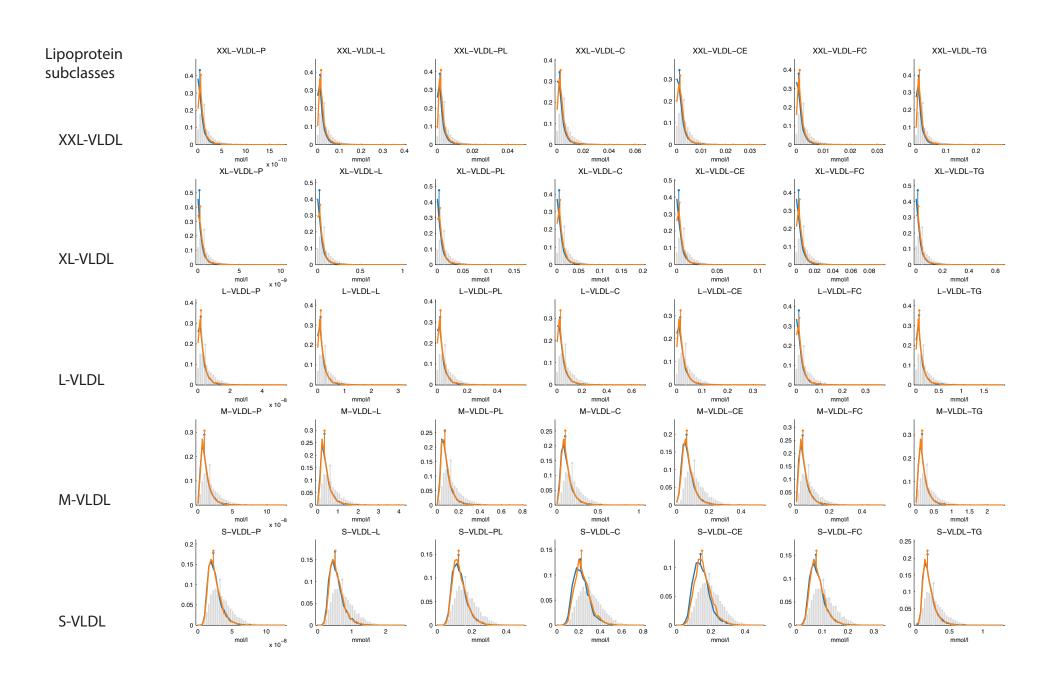
Lactate (mmol/l): FOM2

Pyruvate (mmol/l): FOM2

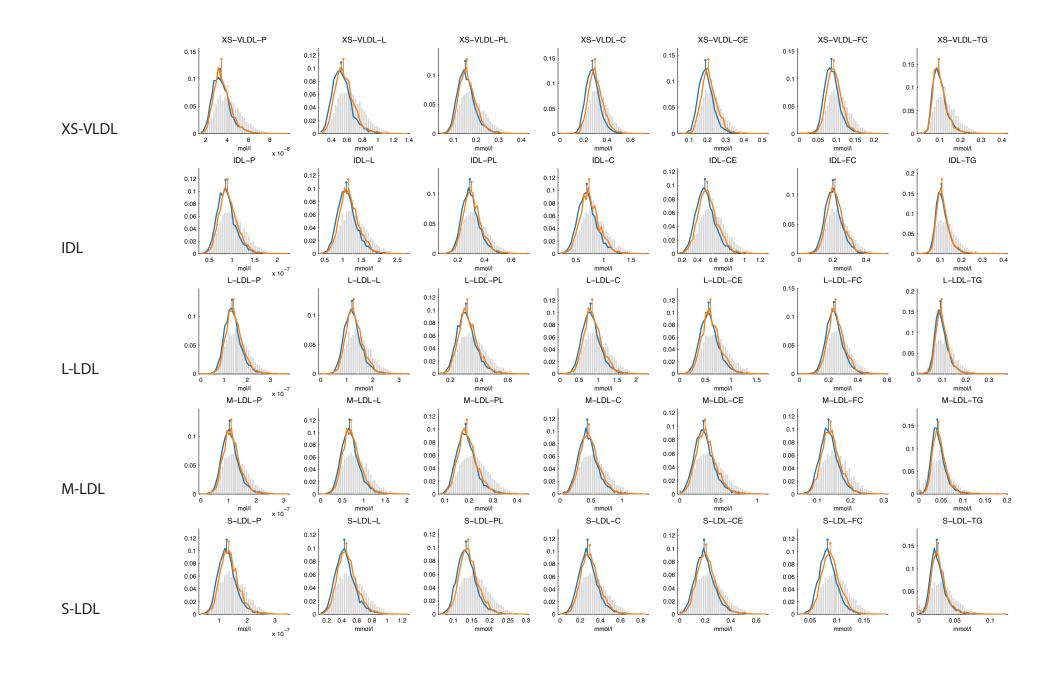
Citrate (mmol/l): FOM2

Ala_FOM2	Alanine (mmol/l): FOM2
Gln_FOM2	Glutamine (mmol/l): FOM2
His_FOM2	Histidine (mmol/l): FOM2
Ile_FOM2	Isoleucine (mmol/l): FOM2
Leu_FOM2	Leucine (mmol/l): FOM2
Val_FOM2	Valine (mmol/l): FOM2
Phe_FOM2	Phenylalanine (mmol/l): FOM2
Tyr_FOM2	Tyrosine (mmol/l): FOM2
Ace_FOM2	Acetate (mmol/l): FOM2
AcAce_FOM2	Acetoacetate (mmol/l): FOM2
bOHBut_FOM2	3-hydroxybutyrate (mmol/l): FOM2
Crea_FOM2	Creatinine (mmol/l): FOM2
Alb_FOM2	Albumin (signal area): FOM2
Gp_FOM2	Glycoprotein acetyls, mainly a1-acid glycoprotein (mmol/l): FOM2
Sphingo_FOM2	Sphingomyelins (mmol/l): FOM2



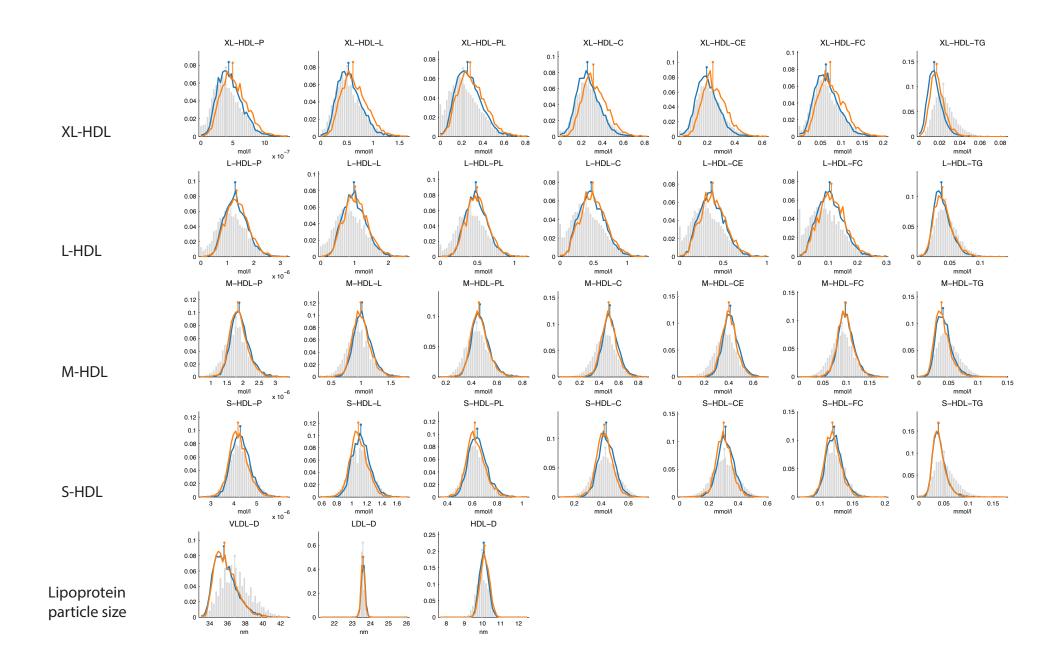






Metabolic measures January 23, 2014

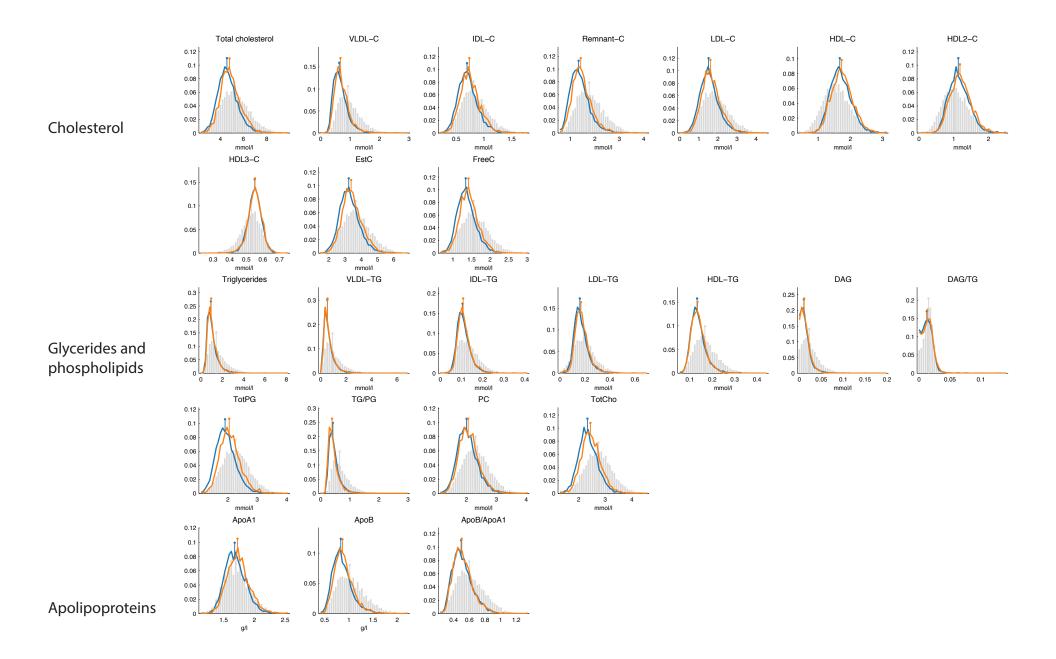
▲ ALSPAC M2 (N=2795) ALSPAC M1 (N=4530) • median



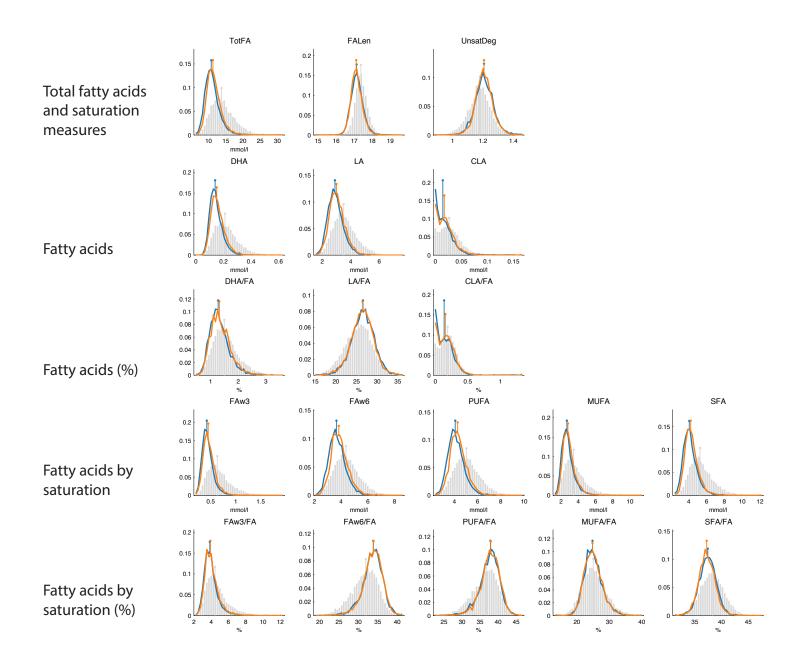
Reference population sample (N~10000, EDTA plasma, all ages, males and females, non-fasting)

Distributions

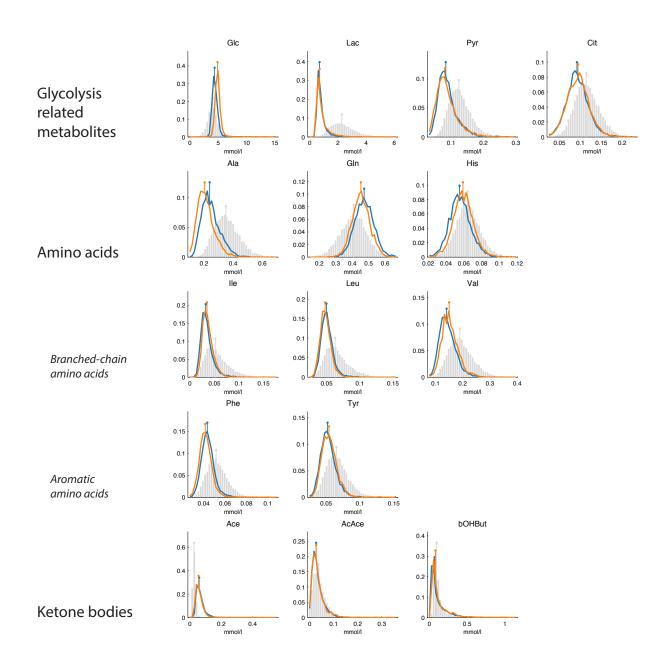












Metabolic measures January 23, 2014

\_\_\_\_ ALSPAC M1 (N=4530)

ALSPAC M2 (N=2795)

