

Teen Focus 2

Activity

Heart rate and blood pressure monitoring before during and after exercise, subjective exertion using Borg's scale, (also see actigram task below)

Food and movement

Three-day diet diaries, food and physicality questionnaire, five-day accelerometer wear.

Measuring

Anthropometric measures (including growth and BMI derivatives), scoliometer, flexural dermatitis, DXA (whole body and hip scans), ligamentous laxity, acne

Interview session

TOM (Theory of Mind) Emotional Triangles task

Friendships: Questions from the Cambridge Hormones and Moods project Friendship questionnaire.

Dating violence and attitudes to violence: Experiences of victimization and use of violence in dating relationships – face to face interview.

Substance use: A face to face interview comprising sections of a variety of established questionnaires/interviews asking about alcohol, smoking, marijuana and other drug use.

Romantic relations: Hansen et al's (1999) Adolescent Sexuality Activity Index. Questions answered on computer.

Reaction time: Three computer-based tasks; all designed to measure individual differences in aspects of executive cognitive function: Simple reaction time, Choice reaction time and digit vigilance.

TOWRE (Test of Word Reading Efficiency).

Samples

Blood pressure, blood samples and menstruation questionnaire

Blood samples from parents

Computer

Parental monitoring: Stattin and Kerr's monitoring measure developed for both parent and child – administered to each via computer

Depression: 17 statements have been taken from the Short Mood and Feelings Questionnaire, the children responded in the form of Posting.

Personality: The International Personality Item Pool (IPIP) 50 question battery, administered via computer.

Sensation seeking: Arnett's Inventory for Sensation Seeking. Questions answered on computer.

Actigram session answering questions regarding activities in the day