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MOTHER OF A 9 YEAR OLD

All answers are confidential

Louise Liam

This questionnaire is for the study child's mother or person taking the role of mother. The answers will help us to identify those problems that may be helped by changes in the health care system.

To answer simply tick the box which is most accurate in your opinion.

Some questions are the same as those you have answered before. This is so that we can tell what changes have happened to you.

Please answer all questions if you can, even if they are similar. If you do not want to answer a question or if it does not apply to you, put a line through it. There are no good or bad answers. Just tell us what is true for you.

All answers are confidential

THANK YOU FOR YOUR HELP

SECTION A: YOUR HEALTH

A1. Which of the following would you say describes your health now?

fit and well

mostly well and healthy

often feel unwell

hardly ever feel well

4

A2. Have you had any of the following in the last 3 years (since your study child's 6th birthday)?

In last 3 years:	consulted doctor	Yes but did not consult doctor	No
a) anxiety or 'nerves'	1	2	3
b) depression	1	2	3
c) headache or migraine	1	2	3
d) epilepsy	1	2	3
e) back pain, sciatica, slipped disc	1	2	3
f) indigestion	1	2	3
g) high blood pressure	1	2	3
h) cough or cold	1	2	3
i) diabetes	1	2	3
j) haemorrhoids/piles	1	2	3
k) schizophrenia	1	2	3
l) influenza	1	2	3

A2 coi	nt. In last 3 years:	Yes and consulted doctor	Yes but did not consult doctor	No
	m) alcohol problem	1	2	3
	n) wheezing or asthma	1	2	3
	o) bronchitis	1	2	3
	p) stomach ulcer	1	2	3
	q) eczema	1	2	3
	r) psoriasis	1	2	3
	s) arthritis	1	2	3
	t) rheumatism	1	2	3
	u) urinary infection	1	2	3
	v) problems with your periods	1	2	3
	w) problems with a pregnancy	1	2	3
	x) syphilis	1	2	3
	y) gonorrhoea	1	2	3
	z) cancer (please state type)	1	2	3
	za) other problems (please describe)	1	2	3

A3. In the last 2 years how often have you taken the following?

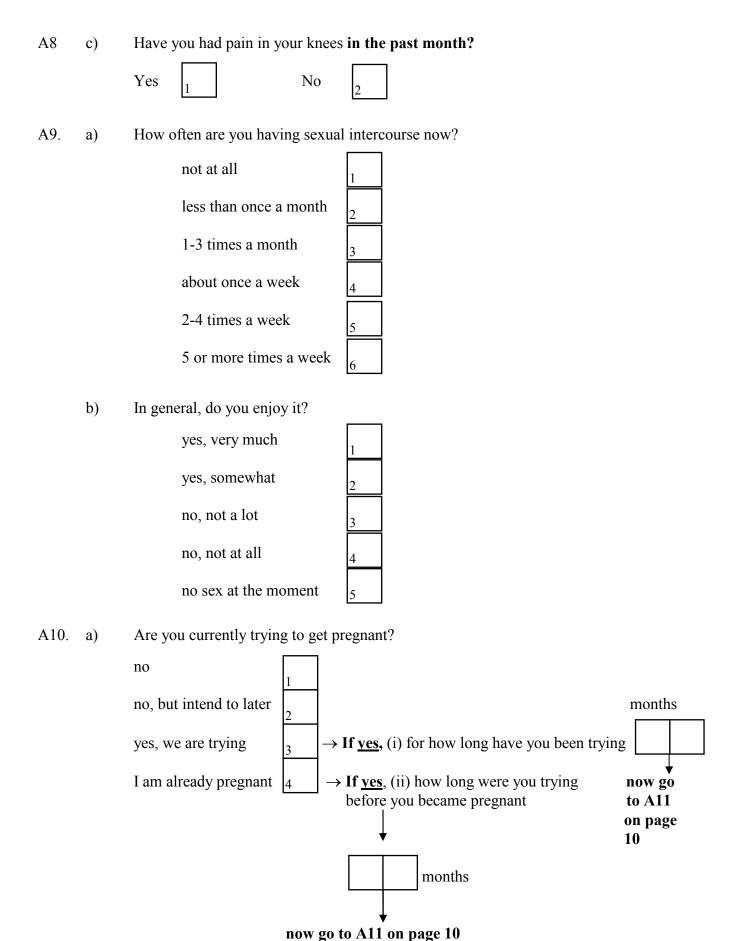
In last 2 years:	Every day	Often S	Sometimes	Not at all
a) sleeping pills				
b) vitamins		2	[3	4
		2	3	4
c) cannabis/marihuana	1	2	3	4
d) tranquillisers	1	2	3	4
e) pills for depression	1	2	3	4
f) hormone replacement therapy	1	2	3	4
g) antibiotics	1	2	3	4
h) aspirin	1	2	3	4
i) paracetamol	1	2	3	4
j) other painkillers	1	2	3	4
k) amphetamines or other stimulants	1	2	3	4
l) contraceptive pill	1	2	3	4
m) iron	1	2	3	4
n) heroin, methadone, crack, cocaine	1	2	3	4
o) anticonvulsants	1	2	3	4
p) steroids	1	2	3	4
other pill, medicine, drug or t	reatment (pleas	e describe ea	ch and state ho	w frequently taken)
q)	. 1	2	3	
r)	. 1	2	3	
s)	. 1	2	3	

A4.	a)	a) In the past year have you taken or used any homeopathic medicine(s) or remedies?						
		yes, often yes,	sometimes 1 no	$ \begin{array}{c c} \hline & \text{If } \underline{\mathbf{no}}, \mathbf{go to} \\ & \mathbf{A5 below} \end{array} $				
	b)	If <u>ves</u> , please describe the taking/using them:	name(s) of the homeopathic	medicine(s) and the reason for				
		Name:	Reason:					
	1.							
	2.							
	3.							
	4.							
	5.							
A5.		Please list all the other drugs, medicines and ointments that you have taken or used in the past month:						
	What	t did you take:	About how many days did you take or use it?	How often per day?				
	2							
	3							
	4							
	5							
	6							
	7							
	8							
	9							
	1.0							

<u>Check</u> Have you included the contraceptive pill, iron tablets, laxatives, skin creams, vitamins, sleeping tablets, aspirin, cough mixture, pain killers, herbal medicine, slimming pills?

A6.	a)	Since your study chil	d's 6 th birthday hav	ve <u>you</u> been admitte	ed to hospital?
If <u>yes</u> ,	,	Yes 1	No $2 \longrightarrow \mathbf{If} \underline{\mathbf{n}}$	o, go to A7 below	
	b)	how many times?			
	c)	for how many differe	ent reasons?		
	Reaso	n for each hospital st	ay:	How long did	l you stay?
	d)				nights
	e)				nights
	f)				nights
	g)				nights
	h)				nights
			W	rite 00 if you did	not stay overnight
A7.	In the	past month, how often		-	not stay overnight
A7.		past month, how often		-	not stay overnight Not at all
A7.		past month:	have you had any	of the following:	
A7.	In the	past month:	have you had any	of the following:	
A7.	In the	past month:	have you had any	Sometimes	Not at all
A7.	In the	kache dache or migraine hary infection	have you had any	Sometimes	Not at all
A7.	a) back b) head c) urin	kache dache or migraine hary infection	have you had any	Sometimes	Not at all
A7.	a) back b) head c) urin d) nau	past month: kache dache or migraine hary infection sea hiting	have you had any	Sometimes	Not at all 3 3 3 3
A7.	a) back b) head c) urin d) nau e) von f) diar	past month: kache dache or migraine hary infection sea hiting	have you had any	Sometimes	Not at all 3 3 3 3

A7.	In the past month:	Almost all the time	Sometimes	Not at all
	i) feeling irritablej) feeling exhaustedk) varicose veinsl) passing urine very often	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	$\begin{bmatrix} 2 \\ 2 \\ \hline 2 \\ \hline 2 \end{bmatrix}$	3 3 3 3
	m) problem holding urine when you jump, sneeze etc.	1	2	3
	n) indigestion	1	2	3
	o) feeling dizzy/fainting	1	2	3
	p) flashing lights/spots before eyes	e 1	2	3
	q) shoulder ache	1	2	3
	r) tingling in hands/fingers	1	2	3
	s) tingling in feet/toes	1	2	3
	t) neck ache	1	2	3
	u) feeling depressed	1	2	3
	v) other problem (please describe)	1	2	3
A8.	a) Have you <u>ever</u> had party Yes, one 1	Yes, both $\frac{1}{2}$	our knees lasting for at No 3 \rightarrow If no , g on page	o to A9a
	b) about how old were y	ou when this first hap	pened?	
	Less than $\begin{bmatrix} 1 \\ 1 \end{bmatrix}$ 10-13 $\begin{bmatrix} 2 \\ 2 \end{bmatrix}$	14-16	17-19 4	$ \begin{array}{c c} 20 \text{ or} \\ \text{more} \end{array} $



A10.	b)			f contrace he past 3 i		d your parti	ner using n	ow? (tick all that you
						Yes		
			i)	withdraw	/al	1		
			ii)	the pill		1		
			iii)	IUCD/co	il	1		
			iv)	condom/	sheath	1		
			v)	calendar	rhythm method	1		
			vi)	diaphrag	m/cap	1		
			vii)	spermici	de	1		
			viii)		onger fertile en sterilised, etc	2.) 1		
			ix)	my partn sterilised	er has been	1		
			x)	none		1		
			xi)	other (ple	ease describe)	1		
A11.	Please	e describe	e your 1	nost recer	nt periods:			
				Vone	Ma dayatalı	Malal.	Not	No
				Very	Moderately	Mildly	at all	periods
		v heavy a ur period		1	2	3	4	$ \begin{array}{c} \boxed{7} \longrightarrow \text{go to A12} \\ \text{on page 11} \end{array} $
		v painful ur period		1	2	3	4	
		your per gular?	iods	1	2	3	4	
	d) how	v many d	lays do	es bleedin	g usually last?		days	

iods that you have
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SECTION B: RECENT EVENTS

Listed below are a number of events which may have brought changes in your life. Have any of these occurred since your study child's 6th birthday?

		Yes, when the study child was 6 or 7	Yes, since the child's 8 th birthday	No, did not happen in past 3 years
_	the child's rthday:	<u> </u>	•	↓ ↓
B1.	Your husband/partner died	1	2	4
B2.	One of your children died	1	2	4
B3.	A friend or relative died	1	2	4
B4.	One of your children was ill	1	2	4
B5.	Your husband or partner was ill	1	2	4
B6.	A friend or relative was ill	1	2	4
B7.	You were admitted to hospital	1	2	4
B8.	You were in trouble with the law	1	2	4
B9.	You were divorced	1	2	4
B10.	You found that your husband/partner didnwant your child	't 1	2	4
B11.	You were very ill	1	2	4
B12.	Your husband/partner lost his job		2	4

		Yes, when the study child was 6 or 7	Yes, since the child's 8 th birthday	No, did not happen in past
	the child's rthday:	\	\downarrow	3 years
B13.	Your husband/partner had problems at work		2	4
B14.	You had problems at work	1	2	4
B15.	You lost your job	1	2	4
B16.	Your husband/partner went away	1	2	4
B17.	Your husband/partner was in trouble with the law	1	2	4
B18.	You and your husban partner separated	d/ ₁	2	4
B19.	Your income was reduced	1	2	4
B20.	You argued with your husband/partner	1	2	4
B21.	You argued with your family and friends	1	2	4
B22.	You moved house	1	2	4
B23.	Your husband/partner was physically cruel to you	1	2	4
B24.	You became homeles	s 1	2	4
B25.	You had a major financial problem	1	2	4
B26.	You got married	1	2	4

	the child's rthday:	Yes, when the study child was 6 or 7	Yes, since the child's 8 th birthday	No, did not happen in past 3 years
B27.	Your husband/partner was physically cruel to your children	1	2	4
B28.	You were physically cruel to your children	1	2	4
B29.	You attempted suicid	e 1	2	4
В30.	You were convicted of an offence	of 1	2	4
B31.	You became pregnant	1	2	4
B32.	You started a new job	1	2	4
B33.	You returned to work	1	2	4
B34.	You had a miscarriag	e 1	2	4
B35.	You had an abortion	1	2	4
B36.	You took an examination	1	2	4
В37.	Your husband/partner was emotionally crue to you		2	4
B38.	Your husband/partner was emotionally crue to your children		2	4
B39.	You were emotionally cruel to your children	·	2	4

			study child was 6 or 7	the child's 8 th birthday	not happen in past
	the chil thday:	d's			3 years
B40.	Your h	ouse or car was	1	2	4
B41.	You fo	ound a new partner	1	2	4
B42.	One of school	your children started	1	2	4
B43.	Your ha new	nusband/partner started job	1	2	4
B44.	A pet o	lied	1	2	4
B45.		ad an accident e tick and describe)	1	2	4
B46.	a)	Is there anything else additional effort from Yes 1	you to cope in the la	list which has concerned ast 3 years? to to B47a on page 16	ed you or required
If <u>ves</u> ,		please describe for each	ch event:	(i) When the study child was 6 or 7	(ii) Since the child's 8 th birthday
		what happened:			
	b)			1	1
	c)			1	1
	d)			1	1

B47. a)	Has anything else occurred which made you especially happy?						
	Yes $\begin{bmatrix} 1 \end{bmatrix}$ No $\begin{bmatrix} 2 \end{bmatrix} \rightarrow \mathbf{G}$	to C1 on page 17					
If <u>ves</u> ,	please describe for each event:						
		(i) When the study child was 6 or 7	(ii) Since the child's 8 th birthday				
	what happened:						
b)		1	1				
c)		1	1				

d)

SECTION C: YOUR HUSBAND/PARTNER

C1.	a)	Do you currently have a husband or partner?
		yes, a husband 1
		yes, a male partner 2
		yes, a female partner 3
		no partner \longrightarrow If <u>no partner</u> , go to Section D on page 29
If <u>yes</u>	,	
	b)	does your partner or husband live with you?
		Yes $\begin{bmatrix} 1 \end{bmatrix}$ No $\begin{bmatrix} 2 \end{bmatrix}$ \longrightarrow If $\underline{\mathbf{no}}$, go to C2 below
If <u>yes</u>	,	
	c)	how long have you lived together?
		years months
	d)	is this the same partner or husband as the one you had when the study child had his/her 6 th birthday?
		Yes the same $\begin{bmatrix} 1 \end{bmatrix}$ No, a new partner $\begin{bmatrix} 2 \end{bmatrix}$ I don't remember $\begin{bmatrix} 3 \end{bmatrix}$
		pelow is concerned with your relationship with your partner. (The partner will be s 'he', although the questions refer to <u>all</u> partners.)
C2.	How v	would you assess your husband/partner's physical health?
	alway	s fit and well
	mostly	y well and healthy 2
	often	feels unwell 3
	hardly	v ever feels well

C3. Below are listed a number of conditions which your husband/partner might have had. Please indicate whether he has had any of these since your study child was 7 years old.

	e last 2 years and/partner had:	Yes, and saw a doctor	Yes, but did not see a doctor	No, not at all	Do not know
a)	headaches or migraine	1	2	3	9
b)	indigestion	1	2	3	9
c)	epilepsy	1	2	3	9
d)	depression	1	2	3	9
e)	anxiety or nerves	1	2	3	9
f)	haemorrhoids/piles	1	2	3	9
g)	cough or cold	1	2	3	9
h)	influenza	1	2	3	9
i)	bronchitis	1	2	3	9
j)	high blood pressure (hypertension)	1	2	3	9
k)	diabetes	1	2	3	9
1)	schizophrenia	1	2	3	9
m)	drink (alcohol) problem	1	2	3	9
n)	stomach ulcer	1	2	3	9
o)	asthma or wheezing	1	2	3	9
p)	eczema	1	2	3	9
q)	psoriasis	1	2	3	9
r)	arthritis	1	2	3	9
s)	urinary infection	1	2	3	9
t)	rheumatism	1	2	3	9
u)	back pain, sciatica or slipped disc	1	2	3	9

	last 2 years nd\partner had:	Yes, and saw a doctor	Yes, but did not see a doctor	No, not at all	Do not know
v)	syphilis	1	2	3	9
w)	gonorrhoea	1	2	3	9
x)	other condition(s) (please tick and describe)	1	2	3	9
C4.	Below are some statements about fat Please indicate how you feel in your			ips with youns	g children.
	In regard to the study child:	This is always how I feel	This is sometimes how I feel	I never feel this way	
a)	He really loves this child	1	2	3	
b)	He is glad that I had this child when I did	1	2	3	
c)	I like to watch him play with the child	1	2	3	
d)	I am afraid to leave the child alone with him because I think he might be violent		2	3	
e)	He seems to feel very close to the child	1	2	3	
f)	This child gets on his nerves	1	2	3	
g)	He really cannot bear it when this child cries	1	2	3	
h)	I think he is interested as he watches the child develop	1	2	3	

C4. (c	ont.)		This is always how I feel	This is sometimes how I feel	I never feel this way
i)		els anxious when someone than us looks after the child	1	2	3
j)		esn't mind the mess that unds children	1	2	3
k)	This c	hild makes him very happy	1	2	3
C5.	hus	ow many cigarettes per day doesband or partner currently smoone, put 00)	-	(i) weekdays	(ii) weekend days
		Yes		Yes	No
	b) Do	every pes he smoke:	uay	sometimes	never
		(i) pipe		2	3
		(ii) cigar/cigarillo 1]	2	3
C6.	a)	Is your husband/partner curr	ently employed	?	
		Yes 1 No 2	► If <u>no</u> , go to C	C7 on page 22	
If <u>ves</u> .	,				
	b) (i)	What is his occupation?			
	(ii)	Please give industry or trade			
	c)	Has he had the same job sind	ce the study chi	ld was 7 years o	old?
		Yes 1 No 2			

C6.	d)	Does he work nights?
		yes, always 1
		yes, sometimes 2
		no, never 3
	e)	Does he leave home for several days as part of his work?
		yes, often 1
		yes, occasionally 2
		no, never 3
	f)	Does he work shifts?
		yes, often $\begin{bmatrix} 1 \end{bmatrix}$ yes, occasionally $\begin{bmatrix} 2 \end{bmatrix}$ no, never $\begin{bmatrix} 3 \end{bmatrix}$
	g)	How many hours a week does he normally work?
		i) If his hours are regular, please state how many
		(put 99 if don't know)
		ii) If his hours vary, please put the minimum
		and the maximum
	h)	Does he usually work:
		the basic no. of hours per week 1
		basic hours plus paid overtime 2
		longer than basic hours (but not paid extra) 3
		self-employed - as long as necessary

C6. i) Does he get home after work before the study child is in bed?

yes, usually $\begin{bmatrix} 1 & \text{yes, sometimes} \\ 2 & \text{no, never} \end{bmatrix}$

C7. How would you rate him on these characteristics?

		Almost	Sometimes	Hardly
		always		ever
a)	helpful, co-operative	1	2	3
b)	quiet, reserved	1	2	3
c)	unreliable	1	2	3
d)	sociable, outgoing	1	2	3
e)	dominating	1	2	3
f)	understanding	1	2	3
g)	quick-tempered, easily upset	1	2	3
h)	cheerful, easygoing	1	2	3

C8. Who does these various household tasks?

		Me always	Me mostly	Sometimes me, some- times he does	He does mostly	He does always	Someone else
a)	shopping for groceries	1	2	3	4	5	6
b)	cooking	1	2	3	4	5	6
c)	cleaning	1	2	3	4	5	6
d)	repairs in home	1	2	3	4	5	6
e)	looking after children	1	2	3	4	5	6
f)	washing clothes	1	2	3	4	5	6
g)	ironing	1	2	3	4	5	6

C9.		Me always	Me mostly	Somet me, so times l does	me- n	He does mostly	He does always
a)	how to spend free time	1	2	3	۷	4	5
b)	how much to see family or friends	1	2	3		4	5
c)	when to do repairs or redecorate	1	2	3		4	5
d)	how we should spend our money	1	2	3		4	5
C10.	People vary greatly in the How do you feel about		g aspects of your mod	our life to lerately		nat Very	_
a)	handling family finance		2		uissatisi 3		isiicu
b)	demonstrations of affect	etion 1	2		3	4	
c)	sex	1	2		3	4	
d)	amount of time spent to	ogether 1	2		3	4	
e)	making major decisions	3 1	2		3	4	
f)	household tasks	1	2	_	3	4	
g)	leisure time interests & activities	1	2		3	4	
C11.	a) How often recen	ntly have you	been irritable	e with you	ır husband	d or partner?	
	not at all less than week		1-2 times a week 3		-6 times	1. 1	every 5

C11.	b)	How often has he bee	n irritable with	you?		
	not at all	less than once a week 2	1-2 tim a week	es 3	3-6 times a week 4	every day 5
C12.	a)	How many argument three months?	s or disagreem	ents have you h	nad with one an	other in the <u>past</u>
	None	1-3 2	4-7	3	8-13 4	14 or more 5
	In the	past 3 months, have an	y of these happ	pened?		
			Yes, I did this	Yes, he did this	Yes, we both did this	No, not at all
	b)	not speaking for more than half an hour	1	2	3	4
	c)	one of you walking out of the house	1	2	3	4
	d)	shouting or calling one another names	1	2	3	4
	e)	hitting or slapping	1	2	3	4
	f)	throwing or breaking things		2	3	4

C13. In the <u>past three months</u> how often have you done these things **with your husband/partner**?

		Never •	Less than once a month	Less than once a week	At least once a week
a)	gone out for a meal	1	2	3	4
b)	gone out for a drink	1	2	3	4
c)	visited friends	1	2	3	4
d)	visited family	1	2	3	4
e)	gone to the cinema or theatre	1	2	3	4
f)	other				
	(please tick & describe	e)	2	3	4

C14.	a)	How many evenings a month do you go out and do things on your own or with your
		own friends?

none 1	once 2	2-3 times 3
4-7 times 4	8 or more 5	

b) How many times a <u>month</u> does your husband/partner go out and do things **on his own** or with friends?

none 1	once 2	$ \begin{array}{ccc} 2-3 & \\ \text{times} \end{array} $
4-7 times 4	8 or more times 5	

C15. How often in a <u>week</u>, on average, would you and your husband/partner:

			Never 	once a	a week	Most days
	a)	discuss work or how the day has gone	1	2 2	3	4
	b)	laugh together	1	2	3	4
	c)	calmly talk over something (e.g. the news, a hobby or inter	l rest)	2	3	4
	d)	kiss or hug	1	2	3	4
	e)	make plans	1	2	3	4
	f)	talk over feelings or worries	1	2	3	4
C16.	a)	Which of the following husband/partner:	ng statements a	bout alcohol be	est applies to you	ur
		Never drinks alcohol		1		
		Very occasionally (les	ss than once a v	week) 2		
		Occasionally (at least	once a week)	3		
		Drinks 1-2 glasses* n	early every day	4		
		Drinks 3-9 glasses* e	very day	5		
		Drinks at least 10 glas	sses a day	6		
		Don't know		9		

[*by glass we mean pub measures (1oz) of spirits, 1 glass of wine or ½ pint (¼ litre) of beer or cider]

C16.	b)	•	days in the past er, 4 glasses of w	•			at least 2
		every day	1	more t	han 10 days	2	
		5-10 days	3		3-4 days	4	
		1-2 days	5		none	6	
C17.	rate yo	our husband/p	s and behaviours partner's attitude ox for each item	s and behaviour		-	
N/ 1				Very	Moderately	Somewhat	Not at
My n	uspana	partner:		true	true	true	all true
a)	Is very	considerate	of me	1	2	3	4

My h	nusband/partner:	true	true	true	all true
a)	Is very considerate of me	1	2	3	4
b)	Wants me to take his side in an argument	1	2	3	4
c)	Wants to know exactly what I'm doing and where I am	1	2	3	4
d)	Is a good companion	1	2	3	4
e)	Is affectionate to me	1	2	3	4
f)	Is clearly hurt if I don't accept his views	1	2	3	4
g)	Tends to try to change me	1	2	3	4
h)	Confides closely in me	1	2	3	4
i)	Tends to criticise me over small issues	1	2	3	4
j)	Understands my problems and worries	1	2	3	4
k)	Tends to order me about	1	2	3	4
1)	Insists I do exactly as I'm told	1	2	3	4
m)	Is physically gentle and considerate	1	2	3	4

C17. cont.

My h	usband/partner:	Very true	Moderately true	Somewhat true	Not at all true
n)	Makes me feel needed	1	2	3	4
o)	Wants me to change in small ways	1	2	3	4
p)	Is very loving to me	1	2	3	4
q)	Seeks to dominate me	1	2	3	4
r)	Is fun to be with	1	2	3	4
s)	Wants to change me in big ways	1	2	3	4
t)	Tends to control everything I do	1	2	3	4
u)	Shows his appreciation of me	1	2	3	4
v)	Is critical of me in private	1	2	3	4
w)	Is gentle and kind to me	1	2	3	4
x)	Speaks to me in a warm and friendly voice	1	2	3	4

SECTION D: YOUR FAMILY AND FRIENDS

D1.	How many of your year?	relatives and yo	our husband/pa	artner's relatives do you see at least twice a
	None	1	2-4	more than 4
	1	2	3	4
D2.	About how many fr	iends do you ha	ave?	
	None 1	1 2	2-4	more than 4
D3.	Overall, would you Yes	say you belong No		ele of friends?
D4.	How many people a	are there that yo	ou can talk to a	bout personal problems?
	None	1	2-4	more than 4
	1	2	3	4
D5.	How many people t feelings?	alk to you abou	nt their persona	al problems or their private
	None	1	2-4	more than 4
	1	2	3	4
D6.	If you have to make discuss it?	e an important c	lecision, how r	many people are there with whom you can
	None	1	2-4	more than 4
	1	2	3	4
D7.	How many people a £200 if you needed		your family a	nd friends from whom you could borrow
	None	1	2-4	more than 4
	1	2	3	4

D8.	How many of your far	mily and frier	nds would help y	ou in times of t	trouble?	
	None 1	1 2	2-4	more than 4		
D9.	During the last month friends?	, how many t	imes did you ge	t together with	one or more	e
	None 1	1 2	2-4	more than 4		
D10.	During the last month of your relatives or your	,	, ,	_	one or more	e
	None 1	1 2	2-4	more than 4		
The fo	ollowing statements are	about the hel	n and sunnort w	ou have		
1110 10	ono wing statements are	about the ner	p and support yo	ou nave.		
	one wing statements are	This is exactly how I feel	This is often how I feel	This is how I sometimes feel	I never feel this way	
D11	I have no one to share my feelings with	This is exactly how I	This is often how	This is how I sometimes	feel this	no husband/
	I have no one to share my feelings	This is exactly how I feel	This is often how	This is how I sometimes feel	feel this way	no husband/ partner
D11	I have no one to share my feelings with My husband/partner provides the emotions	This is exactly how I feel 1	This is often how	This is how I sometimes feel	feel this way	

			This is exactly how I feel	This is often how I feel	This is how I sometimes feel		s no husband/
D15		orried that my nd/partner might ne	t 1	2	3	4	partner 7
D16	one wi	is always some- th whom I can ny happiness an nent about my	1	2	3	4	no husband/
D17	rely on	l tired I can my husband/ to take over	1	2	3	4	partner 7
D18	difficu	s in financial lty I know my would help if ould	1	2	3	4	
D19	difficu	as in financial lty I know my would help if ould	1	2	3	4	
D20	the stat	lse fails I know te will support sist me	1	2	3	4	
D21.	a)	Do you believe yes am not sure no, not at all	e in God or in 1 2 3	some divine pov	wer?		
	b)	Do you feel that Yes 1	at God (or son Not su	ne divine power) has helped yo No $\sqrt{\frac{1}{3}}$	u at any	time?

D21.	c) Would you appe	eal to God for	r help if y	ou were in trou	ble?
	Yes 1		Not sure	e 2	No 3
	d) Do you 'pray' ev	ven if not in t	trouble?		
	Yes 1		No 2		
	e) What sort of reli	gious faith w	would you	ı say you had? (tick one only)
	Church of England	01]	Roman Catholic	02
	Jehovah's Witness	03	(Christian Science	ee ₀₄
	Mormon	05		Methodist, Bapt other Christian (ist or 06 (please describe)
	Jewish	07]	Buddhist	08
	Sikh	09]	Hindu	10
	Muslim	11]	Rastafarian	12
	None	00		Other (please describe)
f)	How long have you had	this particul	ar faith?		
	all my life	1			
	more than 5 year	rs 2			
	3-5 years	3			
	1-2 years	4			
	less than a year	5			
g)	Are you bringing your c	hild up in thi	is faith?		
	Yes 1		No 2		

D21.	h)	Do you go to a place of worship?			
		yes, at least once a week	1		
		yes, at least once a month	2		
		yes, at least once a year	3		
		no, not at all	4		
	j)	Do you obtain help and support from	m leaders	or others me	mbers of religious groups
		Help from:		Yes	No
	i)	Leaders of your religious group (e.g. priests, rabbis, imams)		1	2
	ii)	Other members of <u>your</u> religious gr	oup	1	2
	iii)	Members of other religious group (please describe)		1	2

SECTION E: MY THOUGHTS AND FEELINGS

Below are a number of statements which you may use to describe yourself. Although you might think some of the wording is a bit unusual, please bear with us and indicate how well these statements apply to you.

	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E1. I often feel uncomfortable and ill at ease for no real reason	1	2	3	4
E2. I'm always keen on trying out things that are all new	1	2	3	4
E3. Sometimes people bother me just by being around	1	2	3	4
E4. I often have aches in my shoulders and in the back of my neck	1	2	3	4
E5. I have had more than my share of things to worry about	1	2	3	4
E6. No matter whom I'm talking to I'm always polite and courteous	1	2	3	4
E7. I find it hard to object if I'm neglected at, for example, a restaurant	1	2	3	4
E8. I have a tendency to act on the spur of the moment without really thinking ahead	1	2	3	4
E9. Even though I know I'm right I often have great difficulty getting my point across	1	2	3	4
E10. Sometimes I used to feel that I would like to leave home	1	2	3	4
E11. I seldom do things that make me feel remorseful afterwards	1	2	3	4
E12. It is easy for me to get close to people	1	2	3	4

		Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E13.	I get tired and hurried too easily	/ 1	2	3	4
	I often find myself gnashing m teeth together, for no real cause	* I. I	2	3	4
	Even when my anger is aroused I don't use "strong language"	d 1	2	3	4
E16.	I have never deliberately said something that has hurt someone's feelings	1	2	3	4
E17.	I don't have much self-confidence	1	2	3	4
E18.	My parents have often disapproved of my friends	1	2	3	4
E19.	When someone is pushing themselves forward in a queue, I usually tell them off	1	2	3	4
E20.	When I have to make a decision I "sleep on it" before I decide	n 1	2	3	4
E21.	I often feel restless, as if I wanted something without knowing what	1	2	3	4
E22.	I like leading a quiet and organised life	1	2	3	4
E23.	When I am mad, I sometimes slam doors	1	2	3	4
E24.	Life usually hands me a pretty raw deal	1	2	3	4
E25.	I want to confide in someone, when I'm worried and unhappy	, 1	2	3	4
E26.	I don't mind being interrupted when I'm working on something	1	2	3	4

	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E27. I find it difficult going back to a shop to ask if I can exchange an item I have bough	1 nt	2	3	4
E28. I prefer people who come up with exciting and unexpected activities	1	2	3	4
E29. No matter whom I'm talking to I'm always a good listener	0, 1	2	3	4
E30. I usually get so excited over new ideas and suggestions that I forget to check if there are any disadvantages	1	2	3	4
E31. I can get mad enough to throw things	1	2	3	4
E32. My home life was always happy	1	2	3	4
E33. My body often feels stiff and tense	1	2	3	4
E34. My heart sometimes beats hard or irregularly for no real reason	14 I	2	3	4
E35. I think that an argument can clear the air sometimes	1	2	3	4
E36. I'm the kind of person who is excessively sensitive and easily hurt	1	2	3	4
E37. I have often gone against my parents' wishes	1	2	3	4
E38. I avoid people who are interested in my personal life	1	2	3	4
E39. I'm irritated a great deal more than people are aware of	1	2	3	4

	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E40. I think I must economise my energy	1	2	3	4
E41. I never hesitate to go out of my way to help someone in trouble	1. 1	2	3	4
E42. When trying to fall asleep I often notice that my muscles are really tense	1	2	3	4
E43. Since the age of ten, I have never had a temper tantrum	1	2	3	4
E44. I have an unusually great need for change	1	2	3	4
E45. People often talk about me behind my back	1	2	3	4
E46. I'm quite self-conscious in most social situations	1	2	3	4
E47. People who shirk on the job must feel very guilty	1	2	3	4
E48. I often throw myself too hastily into things	1	2	3	4
E49. I have great difficulty pulling my thoughts together whilst talking to someone	1	2	3	4
E50. My home life was always very pleasant	1	2	3	4
E51. I feel embarrassed having to complain when I get too little change back in a shop	1	2	3	4

	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E52. I feel uncomfortable when people take me into their confidence	1	2	3	4
E53. In order to get something don I have to spend more energy than most others	ne 1	2	3	4
E54. I try to get to places where things happen	1	2	3	4
E55. I sometimes have a feeling the others are laughing at me	nat 1	2	3	4
E56. Sometimes I suddenly start sweating without any particular reason	1	2	3	4
E57. An unexpected noise makes me jump	1	2	3	4
E58. The members of my family were always very close to each other	1	2	3	4
E59. When someone is teasing me I never find a good answer until later	1	2	3	4
E60. I have never been bothered when someone has asked me for a favour, not even at time when it has been inconvenien	S	2	3	4
E61. I seldom dare to express mys in a discussion because I hav the feeling that people think views are not worth anything	e [1] my	2	3	4
E62. I'm very particular	1	2	3	4
E63. I sometimes have bad though which make me feel ashamed of myself	1.2	2	3	4

		Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E64.	My home as a child was less peaceful and quiet than those of most other people	1	2	3	4
E65.	I'm deeply moved by other people's misfortunes	1	2	3	4
E66.	It is easy for me to regain lost sleep	1	2	3	4
E67.	I have difficulty turning someone down when asked for a favour, even though I don't feel like doing it	1	2	3	4
E68.	I am a person who takes things as they come	1	2	3	4
E69.	I'm always willing to admit it when I make a mistake	1	2	3	4
E70.	Often I find myself holding the newspaper tightly when I'm reading it	1	2	3	4
E71.	I commonly wonder what hidden reason another person may have for doing something nice for me	1	2	3	4
E72.	In school I was often sent to the Head for my behaviour	1	2	3	4
E73.	I almost always have a desire for more action	1	2	3	4
E74.	It takes me an unusually long time to get over unpleasant events	1	2	3	4
E75.	It depresses me that I did not do more for my parents	1	2	3	4

	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E76. I sometimes feel panicky	1	2	3	4
E77. I sometimes wanted to run away from home	1	2	3	4
E78. I feel best when I keep people at a distance	1	2	3	4
E79. I sometimes wish that I could speak up when I dislike something	1	2	3	4
E80. I can usually concentrate on what I'm doing even if the environment is distracting	1	2	3	4
E81. I usually "talk before I think"	1	2	3	4
E82. I usually don't feel at ease when I meet people I don't know too well	1	2	3	Never seen
E83. I feel very ill at ease when witnessing a fight in the street	1	2	3	a fight 4 7
E84. In a way I like to do routine jobs	1	2	3	4
E85. I have often got into trouble even when it was not my fault	1	2	3	4
E86. Sometimes when upset, I suddenly feel as if my legs were too weak to carry me	1	2	3	4
E87. I sometimes spread gossip about people I don't like	1	2	3	4
E88. I have difficulty sitting in a relaxed position even in a comfortable chair	1	2	3	4

	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E89. I'm always courteous, even to people who are disagreeable	1	2	3	4
E90. With things going as they are, it's pretty hard to keep up hop of getting anywhere	e 1	2	3	Have never
E91. The few times I've cheated I have suffered unbearable feelings of remorse	1	2	3	cheated 4 7
E92. I prefer to avoid involving myself in other people's personal problems	1	2	3	4
E93. I easily feel pressure when I'm urged to speed up	1	2	3	4
E94. Rather often, especially when I'm tired, I get a feeling of unreality - that either I or the world around me is changing	1	2	3	4
E95. I can't help getting into arguments when people disagree with me	1	2	3	4
E96. When I don't know something I don't at all mind admitting it		2	3	4
E97. I often worry about things that other people look upon as trifles	1	2	3	4
E98. As a youngster in school I used to give the teacher lots of trouble	1	2	3	4
E99. I can't help being a little rude to people I don't like	1	2	3	4
E100. My hands usually tremble	1	2	3	4

	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E101. When I am about to make a decision I usually make it quickly	1	2	3	4
E102. I like doing things just for the thrill of it	1	2	3	4
E103. There are a number of people who seem to be jealous of m	12 1	2	3	4
E104. My parents never really understood me	1	2	3	4
E105. People generally think that I hide my feelings so that they have difficulties in understanding me	1	2	3	4
E106. I like to have plenty of time available when I'm doing something	1	2	3	4
E107. I seldom feel that people are trying to anger or insult me	1	2	3	4
E108. My muscles are so tense that I get tired	1	2	3	4
E109. To be on the move, travelling change and excitement – that's the kind of life I like	g, 1	2	3	4
E110. I worry far in advance of when I'm going to get started on something	1	2	3	4
E111. I'm always patient with other	rs 1	2	3	4
E112. I seem to do things that I regret more often than other people do	1	2	3	4
E113. I take life easy	1	2	3	4

	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E114. There have been times when I was quite jealous of the good fortune of others	1	2	3	4
E115. I don't let a lot of unimportar things irritate me	nt 1	2	3	4
E116. Sometimes my cheeks burn even if it isn't particularly ho	t 1	2	3	4
E117. When I was going to school I skived off (truanted) quite often		2	3	4
E118. I consider myself reserved and a little cold rather than kind and warm	1	2	3	4
E119. I tend to be on my guard with people who are somewhat more friendly than I expected	1	2	3	4
E120. I feel calm and secure even when I'm facing new tasks	1	2	3	4
E121. After buying something I often worry about having made the wrong choice	1	2	3	4
E122. I have lied sometimes to get out of something	1	2	3	4
E123. If somebody annoys me, I'm apt to tell them what I think of them	1	2	3	4
E124. I sometimes have a feeling that I don't get enough air to breathe	1	2	3	4
E125. My parents generally allowed me to make my own decision	11 1	2	3	4
E126. When I get mad I say nasty things	1	2	3	4

	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E127. I consider myself an impulsive person	1	2	3	4
E128. In the late afternoon I often get a headache which feels as if there was an iron-band across my forehead	1	2	3	4
E129. When people yell at me I yell back	1	2	3	4
E130. When listening to music on the radio I want it really loud so that I can feel "turned on"	1	2	3	4
E131. I often feel as though I have done something wrong or wicked	1	2	3	4
E132. When I'm angry, I sometimes sulk	S 1	2	3	4
E133. People often come to me with their troubles	h 1	2	3	4
E134. I think I get tired more easily than most people I know	1	2	3	4
E135. If someone is scolding me, I become sad rather than angry	1	2	3	4

SECTION F: CHEMICALS IN YOUR ENVIRONMENT

F1. In the last few months, how often have you used the following whether at home or at work:

	In the last few months	Every day	Most days	About once a week	Less than once a week	Not at all
a)	disinfectant	1	2	3	4	5
b)	bleach	1	2	3	4	5
c)	window cleaner	1	2	3	4	5
d)	chemical carpet cleaner	1	2	3	4	5
e)	oven/drain cleaner	1	2	3	4	5
f)	dry cleaning fluid	1	2	3	4	5
g)	turpentine/white spiri	t 1	2	3	4	5
h)	paint stripper	1	2	3	4	5
i)	household paint or varnish	1	2	3	4	5
j)	weed killers	1	2	3	4	5
k)	pesticides/insect killers	1	2	3	4	5
1)	air freshners (spray, stick or aerosol)	1	2	3	4	5

F1.	In the last few months	Every day	Most days	About once a week	Less than once a week	Not at all
m)	other aerosols or sprays including hair spray	1	2	3	4	5
n)	deodorant or antiperspirant	1	2	3	4	5
o)	make up	1	2	3	4	5
p)	glue	1	2	3	4	5
q)	nail varnish/acetone	1	2	3	4	5
r)	metal cleaners/ degreasers, polishers	1	2	3	4	5
s)	petrol	1	2	3	4	5
t)	moth repellent (moth balls)	1	2	3	4	5
u)	other chemical (please tick and describe)	1	2	3	4	5
F2.	a) Do you have a	mobile phone	(i.e. one that co	an be used awa	y from home)?	
	Yes 1	No 2	→ Go to I	F3 on page 47		

<u>If yes</u>,

F2.	b)	how often do you us	e it to make calls	?	
		at least once	a day		
		4-6 times a v	veek 2		
		1-3 times a v	veek 3		
		less than onc	e a week 4		
	c)	how often do people	ring you on it?		
		at least once	a day		
		4-6 times a v	veek 2		
		1-3 times a v	veek 3		
		less than onc	e a week 4		
F3.	How	often during the day ar	re you in a room	or enclosed place where peo	pple are smoking?
			(i) weekdays	(ii) weekends	
		all the time	1	1	
		more than 5 hours	2	2	
		3-5 hours	3	3	
		1-2 hours	4	4	
		less than 1 hour	5	5	
		not at all	6	6	
F4.	Do y	ou tend to collect static	e electricity and h	ave shocks when you touch	metal?

Yes occasionally

Yes a lot

No, not at all

SECTION G:

G1.	This questionnaire was completed by: Yes
	a) child's biological mother 1
	b) child's mother-figure 1
	c) someone else [1]
G2.	Please give the date on which you completed this questionnaire:
	day month year
G3.	Please give <u>your</u> date of birth:
	day month year
	19
G4.	Please give your study child's date of birth:
	day month year
	199
	THANK YOU VERY MUCH FOR YOUR HELP
	Space for any additional comments you would like to make
NB	Please remember we cannot reply to any comment unless you sign it.
	When completed, please return the questionnaire to:
	Professor Jean Golding Children of the Nineties - ALSPAC Institute of Child Health 24 Tyndall Avenue Bristol BS8 1BR Tel: Bristol 9285007 For office use only Coder Int © University of Bristol