

MY DAUGHTER

This questionnaire asks about your baby. We are interested to know about her health and behaviour. We also ask about you and your baby and the reaction of any other children you might have to the baby. Your answers will help us to understand the developing child and identify problems that babies and their parents have.

The questionnaire is like other questionnaires you have received. To answer simply tick the box which best describes your baby or your baby's situation. Some questions will seem similar but they are not the same. Please answer all questions that you can. If you cannot answer any question or a question does not apply to you please put a line through them. There are no right or wrong answers. Please just describe what happens in your situation. You may make additional comments at the end.

All answers are confidential.

THANK YOU FOR YOUR HELP

05/03/92

Recycled Paper

FILLING IN THIS BOOKLET

Most of the questions can be answered by ticking the box beside the right answer.

For example

How many times have you been to the supermarket in the past week?

None $_1$ 1 $_2$ 2-6 $_3$ 7 or more $_4$

This means you went to the supermarket $\underline{\text{once}}$ in the past week

Sometimes there are questions with $\underline{\text{if}}$ in front of them.

For example

a) Have you been to the supermarket today?



This means you didn't go to the supermarket and you don't need to answer the next question

b) If yes, did you buy any carrots?

Yes 1 No 2

In general, though, each question needs an answer.

In some questions you may be asked to describe something. It would be helpful if you wrote as clearly as possible.

The small numbers in the squares are for only.

SECTION A:YOUR BABY

A1. How would you assess the health of your baby:	A1.	How	would	you	assess	the	health	of	your	baby:
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now would you assess the health of your baby.	(i) In the first few months	(ii) In the past month
very healthy, no problems	1	1
healthy, but a few minor problems	2	2
sometimes quite ill	3	3
almost always unwell	4	4

A2. How many of the following immunisations has the baby had?(If you are unsure put 9, if no immunisations put 0)

Number

- a) No. of BCGs (for tuberculosis)
- b) No. of DTP or Triple (includes whooping cough)
- c) No. of DT (without whooping cough)
- d) No. of Polio
- e) No. of Hib (for meningitis)
- f) No. of other immunisations (please describe)

.....

f) Did she have a temperature or was she unwell after any immunisation?

Yes 1 No₂ If no, go to A3

If yes, please describe:

- i) which immunisation:
- ii) how long after the immunisation did this start?

Under 3 1 3-24 2 1-2 3 hours hours days

3-6 4 1 week 5 don't 9 days or or more know

- A2. f) iii) what happened?
- A3. Has she had fluoride treatment?

Yes 1 No 2 Don't know 9

A4. a) Has the doctor ever been called to the house because your baby was ill?

Yes $_1$ No $_2$ If \underline{no} , go to A5a

If yes,

b) how many times?

once $_1$ twice $_2$ 3-4 $_3$ 5 or more $_4$

times times

A5. a) Has your baby been taken to the doctor because she had a problem you were worried about?

If yes,

b) how many times

Yes 1

once $_{1} \hspace{0.5cm} \text{twice} \hspace{0.1cm}_{2} \hspace{0.1cm} 3-4 \hspace{0.1cm}_{3} \hspace{0.1cm} \text{5 or more} \hspace{0.1cm}_{4} \\ \text{times} \hspace{0.1cm}$

No $_2$ If \underline{no} , go to A6

A6. Has your baby had any of the following:

7	Yes and	Yes but	No did
8	saw a	did not	not have
Ċ	doctor	see doctor	

- a) diarrhoea ₁ ₂ ₃
- b) blood in the stools
- c) vomiting
- d) cough
- e) high temperature
- f) snuffles/cold
- g) ear ache
- h) ear discharge (pus not wax)
- i) convulsions/fits
- j) colic
- k) rash
- 1) wheezing
- m) breathlessness
- o) an accident
- p) other (please describe)

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A7. a) Has your baby <u>ever</u> been admitted to hospital?

Yes $_1$ No $_2$ If \underline{no} , go to A8,

If yes,

b) how many times?

A7.c) please describe for each admission:

	Age of baby (months)	Reason for admission	No. of nights baby stayed
i)			
ii)			
iii)			
iv)			

d)	How of	ften did you see your baby while she was in hospital?
		not at all 1
		quite often 2
		every day 3
		all the $time_4$
	e) Dio	d you stay overnight in hospital with your baby?
		Yes 1 No 2
A8.	Has yo	our child had the following?
		Yes No
	a)	hernia repair 1 2
	α,	nernia repair 1 2
	c)	other operation (please describe) 1 2
	-,	
A9.	How of	ften has your baby gone to the Child Health Clinic or Baby Clinic?
		not at 1 once 2 2-3 3
		all times
		$4-5$ $_4$ 6 or more $_5$ don't $_9$ times times know
A10.	a)	Has your baby ever had wheezing with whistling on her chest when she breathed ?
		Vo. 75 70 70 40 110h
T f	_	Yes 1 No 2 If no, go to A10h
If yes	<u>s</u> ,	
	b)	How many separate times has this happened
		once $_1$ twice $_2$ 3-4 $_3$ 5 or more $_4$ don't $_9$
		times times know
	c)	How many days altogether would you say she had wheezed?
	-,	
		$egin{array}{cccccccccccccccccccccccccccccccccccc$
	d)	Was she breathless during any of these times?
		Yes for 1 Yes for 2 No not 3
		all some at all
	e)	Did she have a fever during any of these times?
		Yes for 1 Yes for 2 No not 3
		all some at all
f) Ho	ow old	was she?

i) for the first occurrence: months

	g)	What do you think brings them on? Yes No Don't know
	i)	chest infection or bronchitis 1 2 9
:	ii)	being in a smoky room
i	ii)	cold weather
:	iv)	other (please describe)
A10.	h)	Have any of your other children had episodes of wheezing with whistling on the chest?
		Yes $_1$ No $_2$ have no other children $_7$
A11.	a)	Has the baby had a rash in the joints and creases of her body (e.g. behind the knees, under th arms)?
		Yes $_1$ No $_2$ If \underline{no} , go to A12
	If <u>ye</u>	<u>s</u> ,
	b)	how bad was this?
		very bad $_1$ quite bad $_2$ mild $_3$ no problem $_4$
	c)	does she have this sort of rash now?
		Yes ₁ No ₂
A12.	a)	Has she had an itchy, dry, oozing or crusted rash on the face, forearms or shins?
		Yes 1 No 2 If <u>no</u> , go to Al3
	If <u>ye</u>	<u>s</u> ,
	b)	how bad was this?
		very bad $_1$ quite bad $_2$ mild $_3$ no problem $_4$
	c)	does she have this sort of rash now?
		Yes 1 No 2
A13.	a)	Has she had a nappy rash?
		Yes 1 No 2 If no, go to A14
	If <u>ye</u>	<u>s</u> ,
	b)	how bad was this?
		very bad $_1$ quite bad $_2$ mild $_3$ no problem $_4$
	c)	does she have this sort of rash now?
		Yes 1 No 2
A14.	a)	Has she had cradle cap (scaly or crusty scalp)?

ii) for the most recent occurrence: months

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Yes 1 No 2 If no, go to A15
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If yes,

b) how bad was this?

very bad 1 quite bad 2 mild 3 no problem 4

c) was there redness with it?

Yes 1 No 2

d) was there itching with it?

Yes 1 No 2

e) is there any cradle cap now?

Yes 1 No 2

A15. Does she ever posset (bring up small vomits)?

yes often $_1$ yes sometimes $_2$ no $_3$

Al6. Has she ever vomited (brought up most or all of her meal)?

yes often 1 yes sometimes 2

yes once $_3$ no not at all $_4$

Al7. How many times a day (24 hours) does she usually dirty her nappy nowadays?

A18 How often are her stools:

Usually	Sometimes	Never

- a) hard 1 2 3
- b) soft
- c) curdy
- d) liquid
- e) green
- f) brown
- g) black
- h) yellow

Al9. a) Has she ever had diarrhoea or gastro-enteritis?

Yes $_1$ No $_2$ If \underline{no} , go to A20a

If yes,

- b) how many times?
- c) how many days did the worst bout last?

	i)	call the do		e	1	2
	ii)	go to your	doctor			
i	ii)	treat it yo	urself			
	iv)	other (plea	se describe)	l		
e)	Did y	ou continue	feeding as ı	ısual?		
		Yes 1	If <u>yes</u> , go t	o A19f		
		No 2				
If <u>no</u> ,	i)	how long wa	s normal fee	eding di	sturb	ed?
	less 1 da	than ₁ Y	$1 \text{ day }_2 \qquad 2$	days	3	
	3-4	_	5 or more days	5		
f) Was the	e baby	treated with	an oral re	hydratio	n sol	ution?
		Yes 1	No ₂ Don't	know	9	
If n	<u>10</u> , go	to A19g				
If y	<u>res</u> ,	i) give typ	e if known:			
A19. f)		ii) how l	ong was the	solutio	n giv	en?
	less 1 da	than ₁ Y	1 day 2	:	2 days	5 3
	3-4	days 4	5 or more 5 days			
g) Wh	nat oth	er treatment	was given?	For		
A20. a)	Has y	our child ev	er had a tim	ne when	she h	as coughed for at least 2 days?
	Yes	1	No 2 If no	go to A2	21	
If <u>yes</u> ,						
b)		ld was she w O if less th			ened?	
c)	how m	any times ha	s this happe	ened?		
	once	1	twice 2	3-9 times	3	10 or more 4 times

Yes No

d) Did you:

d) did she have a fever at any of these times?

Yes for 2 Yes for 1 No not 3 all some at all did she have a runny nose during any of these spells? e) Yes for 2 No not at all Yes for 1 No not 3 all A21. Your baby's hearing The following questions are about your baby's ears or hearing. a) Generally, does your baby listen to people or to things that happen nearby: Yes usually $_1$ Yes often $_2$ Sometimes 3 Usually not 4 Don't know 9 b) Does she turn her head towards sounds? only to very loud sounds yes usually yes sometimes never turns towards sounds don't know $\underline{\text{During or after a cold}}\,,$ is her hearing worse than usual? c) yes much worse $_{\rm 1}$ no, about the $_3$ same don't know yes a little worse has never had 7 a cold During a cold, is the dripping (discharge) from your baby's nose: d) Yes No i) clear 1 Hasn't had ii) slightly white in colour a cold 7 iii) thick heavy yellow and/or green in colour (catarrh) iv) very little discharge occurs at all v) don't know A21. e) Does she pull, scratch or poke at her ears? quite often 1 only at times when poorly, 2 fretful, or in pain hardly ever don't know

	f)	Do her ears go red and so on may look red for a sho	re looking for a long time?(Remember - an ear that has just been slept ort time.)
		quite often	1
		only at times when poorly fretful, or in pain	, 2
		hardly ever	3
		don't know	9
	g)	Has pus or a sticky mucus	(not ear wax) ever leaked out of her ear?
		Never	1
		once	2
		more than once	3
		don't know	9
	h)	Does she breathe through	her mouth rather than through her nose?
		all the time	1
		much of the time	2
		rarely	3
		never	4
		don't know	9
A21.	i)	Does she snore for more to	han a few minutes at a time?
		most nights 1	
		quite often 2	
		only rarely 3	
		don't know 9	
	j)	When she is asleep, does time?	she seem to stop breathing or hold her breath for several seconds at a
		yes, often 1	
		yes, sometimes 2	
		no 3	
		don't know 9	

SECTION B: ACCIDENTS AND INJURIES

However careful a parent is, most children have accidents at some time or other. Please list on the next pages the times your child has had an accident whether or not she was injured as a result.

в1.	a)	Has	your	child	ever	been	burnt	or	sca	alde	ed?	
		Yes	1		No) 2	I	f <u>n</u>	<u>, 10</u>	go	to	B2a

If yes, b) how many times?

For each burn or scald please describe below what happened:

					1st accid	lent	2nd accide	nt	3rd accider	nt
c)		kitche	nt happen n, garden							
d)		tea, i	burnt wi ron, elec							
e)		of acci h, year								
f)		ies cau o injur	sed y write n	one)						
g)	Who w	as with	the baby	?						
h)	What	did the	person w	ith the bal	oy do?					
	Nothi	ng			1		1		1	
	Treat	ed her	themselve	s	2		2		2	
	Took	to doct	or		3		3		3	
	Took	to hosp	ital		4		4		4	
	Other	(pleas	e describ	e)	5		5		5	
i)	pers	on with	ent did the the baby	give?						
j)	she h		reacment	aia				•••		
k)	Pleas	e descr	ibe how e	ach accider	nt happened:					
Burn	1									
Burn	2									
Burn	3									
в2.	a)	Has yo	ur child	ever been o	dropped or ha	d a fa	11?			
		Yes	1	No 2	If no,	go to	В3а			
If <u>ye</u>	s,	b)	how many	times?						
For e	ach fa	ll plea	se descri	he helow wh	nat happened.					
101 0	u011 1u	11 P100	.50 005011		accident		ccident	3rd a	accident	
c)		kitche	ent happen en, garden							
d)	from	(e.g. t	fall or able, bab our arms)	y walker,		••••				

		1st accident	2nd accident	3rd accident
e)	Date of fall (month, year)			
f)	Injuries caused (if no injury write none)			
g)	Who was with the baby?			
h)	What did the person with the	baby do?		
	Nothing	1	1	1
	Treated her themselves	2	2	2
	Took to doctor	3	3	3
	Took to hospital	4	4	4
	Other (please describe)	5	5	5
i)	What treatment did the person with the baby give?			
j)	What other treatment did she have?			
k)	Please describe how each acc	ident happened:		
Fall	1			
Fall	2			
Fall	3			
в3.	a) Has the child had any	other accidents or	r injuries?	
	Yes 1 No 2	If \underline{no} , go to Sect	ion C	
If <u>ye</u>	es, b) how many other a	ccidents?		
For e	each accident or injury please	describe below wh	nat happened.	
		1st accident	2nd accident	3rd accident
c)	Place accident happened (e.g. kitchen, garden, creche)			
d)	What happened?			
e)	Date of accident (month, year)			
f)	Injuries caused (if no injury write none)			
g)	Who was with the baby?			
h)	What did the person with the	baby do?		
	Nothing	1	1	1
	Treated her themselves	2	2	2
	Took to doctor	3	3	3
	Took to hospital	4	4	4
	Other (please describe)	5	5	5

L)	What treatment did the person with the baby give?
j)	What other treatment did
<u>c</u>)	Please describe how each accident happened:
Accid	ent 1
Accid	ent 2

SECTION C:FEEDING

C1. Has your baby $\underline{\text{ever}}$ had the following:

					Age started (Put 0 if less than 1 month)	(Put 66 if she has this
			No	Yes		
a)	bottle of ordinate baby milk (formu		1	2	months	times a week
b)	powdered follow-omilk	on	1	2	months	times a week
c)	soya milk		1	2	months	times a week
d)	goat's milk		1	2	months	times a week
e)	hypo-allergenic formula		1	2	months	times a week
f)	ordinary cow's m	ilk	1	2	months	times a week
C2.	Did you breast fo	eed?				
	I am still ast feeding	1	How r	many t	cimes a day?	
	I breast fed have now stopped	2			as the baby stopped?	months weeks
I ne	ever breast fed	3				

- C3.a) In how many meals a day does she eat solids now?
 - b) Do you ever add cereal to your baby's bottle? ${\rm yes~always~_1} \qquad {\rm yes~often~_2} \qquad {\rm yes~sometimes~_3} \qquad {\rm no~never~_4}$
 - c) Do you add sugar to your baby's food or bottle? $\\ \text{yes always}_{\ 1} \quad \text{yes often}_{\ 2} \quad \text{yes sometimes}_{\ 3} \quad \text{no never}_{\ 4}$
- C4. Has your baby <u>ever</u> had:

		No	Yes	Age started (Put 0 if less than 1 month)	How often nowadays
a)	plain baby rice	1	2	months	times a week
b)	flavoured baby rice	1	2	months	times a week
c)	other cereal	1	2	months	times a week
d)	sweetened rusks	1	2	months	times a week
e)	plain rusks	1	2	months	times a week
f)	bread or toast	1	2	months	times a week
g)	biscuits	1	2	months	times a week

C5. Has your baby $\underline{\text{ever}}$ had any of the following prepared baby foods (from jar, tin or packet)?

		No	Yes	Age started (Put 0 if less than 1 month)	How often nowadays
Jar,	tin or packet of:			chan i monen,	
a)	savoury - meat	1	2	months	times a week
b)	savoury - fish	1	2	months	times a week
c)	savoury - vegetable	1	2	months	times a week
d)	baby fruit pudding	1	2	months	times a week
e)	baby milk pudding	1	2	months	times a week
C6.	Has your baby ever ha	d any o	f the	following foods co	ooked by you at home?
				Age started (Put 0 if less than 1 month)	How often nowadays (Put 66 if she has this milk all the time now)
		No	Yes		
a)	egg	1	2	months	times a week
b)	meat	1	2	months	times a week
c)	fish	1	2	months	times a week
d)	potatoes	1	2	months	times a week
e)	other vegetables	1	2	months	times a week
f)	fruit puddings	1	2	months	times a week
g)	milk puddings	1	2	months	times a week
C7.	Has your baby ever ha	d: No	Yes	Age started (Put 0 if less than 1 month)	How often nowadays (Put 66 if she has this milk all the time now)
a)	coca cola or pepsi			months	times a week
a) b)	other fizzy drink	1	2	months	times a week
c)	apple juice	1	2	months	times a week
d)	a little alcohol	1	2	months	times a week
e)	blackcurrant juice	1	2	months	times a week
C)	or rosehip syrup	1	2	Morreiro	cimes a week
f)	other fruit drink	1	2	months	times a week
g)	herbal drink (please describe)	1	2	months	times a week
h)	gripe water	1	2	months	times a week
i)	tea	1	2	months	times a week
j)	coffee	1	2	months	times a week
k)	raw fruit (eg. apple)	1	2	months	times a week
1)	crisps	1	2	months	times a week
m)	chocolates	1	2	months	times a week
n)	sweets	1	2	months	times a week
0)	raw vegetable (eg. carrot)	1	2	months	times a week

C8.	Р	lease indicate if your bab (tick all that apply).	y had any c	of the fol	lowing feed	ing behaviours	and when	they occurred:
			Yes 0 - 3 months	Yes 4 - 6 months	No not at all			
	a)	slow feeding	1	2	4			
	b)	taking only small quantities at each feed						
	c)	choking						
	d)	hungry/not satisfied						
	e)	allergy to milk			Never fe	d thia		
	f)	refused to take breast milk			7	u tiiis		
	g)	refused to take other milk						
	h)	refused to take solids						
	i)	no feeding routine could be established						
C9.		Do you feel you have ev	er had dif	ficulties	feeding you	r baby?		
		yes, great difficulty	1					
		yes, some difficulties	2					
		no, no difficulties	3					
C10.		How often is your baby	fed in the	following	g ways:			
			Always		Often	Sometimes	Never	:
	a)	lying with bottle propped up or held by baby	1		2	3	4	
	b)	lying with bottle held by you or other carer						
	c)	baby sitting with bottl held by herself	e					
	d)	baby sitting with bottl held by you or other ca						
	e)	baby fed while held in someone's arms						
C11.		Is the baby fed 'on dem	and', i.e.	whenever	she is hung	ry?		
			some 2 The time		not 3 all			
C12.	a)	Who most often feeds th	e baby dur	ing the da	ay (answer o	ne only)?		
		you ₁ partner ₂	paid helper		other 4 (describe)			
C12.	b)	Who usually feeds the b	aby at nigl	ht (answer	one only)?			
		you 1 partner 2	paid 3 helper	don't feed at night	4 other perso (descr	n		
					6			

C13. Is the baby given a dummy?

yes, night time only 1

yes, most of the time 2

yes, sometimes 3

no, never 4

C14. Does she drink out of a cup at all?

yes, usually 1

yes, sometimes 2

no, not at all 3

SECTION D:SLEEPING AND CRYING

D1.	a)	Does	your baby ha	ave a regular	sleeping ro	utine now?		
		Yes	1	No 2				
	b)	Appro	ximately how	w many hours	sleep does y	our baby hav	ve during e	each:
		i)	morning					
		ii)	afternoon					
	i	ii)	night					
	c)			what time in	the evening	does your ba	aby go to s	sleep?
			• • • • • •					
	d)	On a	normal day w	what time doe	es she wake u	p in the mor	rning?	
			• • • • • •					
D2.		Is yo	ur baby eve	r difficult v	when she is p	ut to bed?		
		most	of the time	1				
		often		2				
		at ti	mes	3				
		rarel	У	4				
		never		5				
D3.		How o	ften does yo	our baby wake	e at night?			
		Never		1				
		occas	ionally	2				
		most	nights	3				
		every	night 4					
		more	than once pe	er night 5	How	many times?		
D4.		When	your baby wa	akes at night	what do you	do?		
					Always	Usually	Some- times	Never
	a)	feed	her milk		1	2	3	4
	b)		other drink cluding wate					
	c)	rock	or cuddle he	er				
	d)	give	her a dummy					
	e)	bring	her into yo	our bed				
	f)	chang	e her nappy					
	g)	other	(please des	scribe)				
		• • • • •			• • • • • • • • • • • • • • • • • • • •			
D5.		Do yo	u ever wake	your baby fo	or a feed dur	ing the nigh	ıt?	
		Ye us	s 1 ually	Yes sometimes	2	No not 3 at all		

D6. a) In which room does the baby sleep?

	When you put her down at night	When she wakes in the morning from her night sleep
in her own room on her own	1	1
in a room with other children	1 2	2
in your bedroom	3	3
other place (please describe)	4	4

(i) (ii)

D6. b) Does the baby sleep on her own most nights or does she share a bed or cot?

1	(i) When you put ner down t night	(ii) When she wakes in the morning from her night sleep
on her own	1	1
in bed/cot with other children	2	2
in your bed	3	3
other place (please describe)	4	4

In the room where the baby sleeps most of the night:

c)	In th	ne room where the baby	sleeps most of Yes always	the night: Yes sometimes	No not at all
	i)	is the heating on at night?	1	2	3
	ii)	is there a window open at night?			
	iii)	does she sleep with a duvet?			
	iv)	does she have an electric blanket			
	v)	does she sleep with			

We are interested in the pattern of your baby's crying during a day. D7. Does your baby cry at the following times:

a pillow?

		Yes always	Yes often	Yes sometimes	Hardly ever	Don't know
a)	mornings	1	2	3	4	9
b)	afternoon (before 5pm)					
c)	in the late afternoon/ evenings (5 pm onwards)					
d)	during the night					
e)	other (please describe)					

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yes sometimes 2
                                                yes once only _3
           yes often 1
                                                                        no 4
           don't know 9
If no or don't know go to D9.
If yes,
     b)
           does this tend to happen at a particular time of day?
           yes 1
                    no 2
                                can't say 3
           If \underline{yes}, (i) at which time of day? .....
           Have you noticed whether anything brings these attacks on?
           yes 1
                     no 2
                                can't say 3
      If yes, (i) please describe: .....
     How long do these attacks usually last?
           few minutes 1
                             less than 1 2
                             hour
           1 - 2 \text{ hours }_3
                             more than
                            2 hours
           How much do you feel that your baby cries in comparison with other babies of
D9.
                                                                                                her
            age?
           she cries more than other babies
           she is the same as other babies
           she cries less than other babies
           don't know
                                            9
D10. a)
           Do you feel that your child's crying is a problem?
           Yes
                           No 2
     b)
           If she cries do you:
           pick her up immediately
           let her cry for a while,
           then, if she doesn't stop,
           pick her up
           never pick her up until you
           are ready to do so
D11.
           Can you usually calm your child when she cries?
           yes, usually fairly easily 2
           yes, but it takes a while
           yes, after much effort
```

Has your baby ever had times when she appears to be in agony, screams, draws her legs up to her body and can't be calmed?

D8.

a)

SECTION E:YOU AND YOUR BABY

E1.	About	how	often	do	you	take	your	child	to:

			More than once a week	About once a week	About once a month	Less than once a month	Never
a)	local	shops	1	2	3	4	5
b)	depar stor	rtment ce					
c)	super	rmarket					
d)	park						
e)	visit frier famil	nds or					
E2.		Does your child	have: Yes	No			
	a)	cuddly toys	1	2			
	b)	push or pull to	7S				
	c)	co-ordination to set of blocks, s posting box, sta cups)	shape				
	d)	walker					
	e)	baby bouncer					
E3.		About how many h	oooks does y	our child h	ave of her <u>ow</u>	<u>n</u> ?	
		none 1					
		1 - 2 books ₂					
		3 - 9 books ₃					
		10 or more 4					
E4.		Do you try to te	each your ch	nild?			
		no, she is too y	oung 1				
		no, I do not hav	re time 2				
		yes, occasionall	-У з				
		yes, often	4				
If <u>y</u>	zes , wł	nich things do you	ı try to tea	ach?			
					• •		
E5.		Do you talk to y	our baby wh	nile you work	:? (eg. while	you do ho	ousework).
		Never 1 rare	ely 2	sometimes	3		
		often 4 alwa	ıys ₅				
E6.	a) At	what age would y		a youngster t	o be dry? For	:	
		<pre>ii) at night:</pre>	_				
		, as migne.	•••				

b) Are you potty training your baby?

My child already uses the potty and is dry in the day Yes 1 No 2

E7. Please indicate how often during the day the baby is in a room or enclosed place where people are smoking:

	(i) Weekdays	(ii) Weekends
all the time	1	1
more than 5 hours	2	2
3-5 hours	3	3
1-2 hours	4	4
less than 1 hour	5	5
not at all	6	6

Does your baby see children (other than brothers or sisters)? E8.

> yes everyday yes 2-6 times a week once a week less than once a week never

E9. a) How often do you play with your baby?

> everyday most days

> rarely, I don't rarely, I don't 3 have time enjoy it

How often do you do these activities with your baby? b)

Often i) sing to her 1 3

Occasionally

Hardly ever

- ii) show her pictures in books
- iii) play with toys
- cuddle her iv)
- v) physical play(e.g. clapping, rolling over)
- take her for walks
- vii) other (please describe)

.....

E10. Does your partner play with your baby?

> no, never less than once per week about once a week 2-6 times per week every day

I don't have a partner 7 If you don't have a partner,

E11.	What sort of activities		to Section F partner do wi Yes occasionally	Hardly
a)	baths her	1	2	3
b)	feeds her			
c)	sings to her			
d)	shows her pictures in books			
e)	plays with toys			
f)	cuddles her			
g)	physical play (eg. clapping, rolling over)			
h)	takes her for walks			
i)	other (please describe)			

Do any other children live with you?

SECTION F:BROTHERS AND SISTERS
We are interested in the other children who live with your baby.Please include half-brothers and half-sisters, step-brothers and step-sisters, fostered or adopted children.

		Yes $_1$ No $_2$ If $\underline{\mathbf{no}}$, go to F2
If ye	<u>es</u> ,	
	b)	How many?
		boys: girls:
	c)	Please give each child's name, age and sex: (oldest child first please) Child 1 Child 2 Child 3 Child 4 Child 5
		Name
		Age
		Sex
	d)	When your baby was born what was the reaction of these other child 1 Child 2 Child 3 Child 4 Child 5
		pleased 1
		didn't mind 2
		unhappy 3
	e)	Have any of these children been particularly jealous/unhappy about the baby?
		Yes 1 No 2
		If <u>yes</u> , which children:
		Child 1 Child 2 Child 3 Child 4 Child 5
		Yes 1 No 2
F1.	f)	Are there any additional comments you would like to make about the way your other children have reacted?
		Yes $_1$ No $_2$
		If <u>yes</u> , please describe:
F2.	a)	Does your baby have a twin?
		Yes 1 No 2 If no, go to Section G
If ye	20	, , _
11 <u>ye</u>		
	b)	would you say they are alike: Yes No
		i) in looks 1 2
		ii) in behaviour
		iii) personality/character
		iv) in health

c) How do you dress them?

in similar clothes each day
in similar clothes sometimes
2
never in similar clothes
3

d) How does this twin react to the other?

		Yes, most of the time	Yes, some of the time time	No, hardly ever
i)	she likes to be with her twin	1	2	3
ii)	she doesn't seem to notice her twin			
iii)	she is upset if she is parted from her	twin		

SECTION G:PROBLEMS AND TREATMENT

G1. Children often have accidents or illnesses that need treatment. Please indicate which of the following have been given to your child in the past six months.

Never Yes for Yes for If yes, give names of

In th	ne past nths:	Never	Yes for one episode only	Yes for 2 or more episodes	If yes, give names of substances if you can	
a)	cough medicine	1	2	3		
b)	antibiotics/ penicillin					
c)	throat medicine	е				
d)	vitamins					
e)	paracetamol/					
f)	ointment for skin					
a)	eye ointment					
h)	diarrhoea mixture					
i)	dimotapp/ decongestant					
j)	ear drops					
k)	eye drops					
1)	teething gel					
m)	laxative					
n)	other (please describe)					
G2.					nat your child has taken every thment to prevent nappy rash.)	day for the
	Yes 1		No 2			
	If <u>yes</u> , p	please o	describe:			
					ems are often identified - yet this section we are asking abo	

During the child's early months of life various problems are often identified - yet when investigated further they are found not to be problems at all. In this section we are asking about any problem that might have arisen.

- G3. Your child's hips
 - a) Have your baby's hips been examined?

Yes 1 No 2 If no, go to G4

If yes,

b) at what age was the earliest examination?

in first $_1$ age 1-2 $_2$ older than $_3$ not $_9$ month months 2 months known

c) was an ultrasound examination done on the hips?

Yes $_1$ No $_2$ Don't $_9$ know

d) have the hips been X-rayed?

Yes 1 No 2 Don't 9 know

```
e)
         were any problems found?
         Yes 1 No 2 Don't 9
                            know
     (ii) how old was she? months
              (put 0 if less than 1 month)
G3.f) Did your child have any treatment for her hips?
                       No _2 If \underline{no}, go to G4
If yes, please describe .....
Your child's hearing
G4.
         Has anyone thought there might be a problem with her hearing?
                       No 2 If no, go to G5
If yes,
         Who first suspected a problem?
         I did
         my partner did
         other relative or friend 3
         health visitor
         doctor
         someone else
          (please describe)
          .....
         Has your child been seen at the Hearing Assessment Centre?
                      No 2 If no, go to G5
     If yes,
    d)
        At what age?
                            months
         What was decided? .....
G5.
         Your child's sight
         Have you ever thought your child had a squint?
    a)
         yes, definitely 1
         sometimes yes, sometimes no 2
         no, not at all<sub>3</sub>
G5.
   b)
         Have any health workers thought she had a squint?
         Yes 1
                       No 2
         Apart from a squint, have you felt there was anything else
         wrong her eyes?
         Yes _1 No _2
```

	If <u>ye</u>	${f s}$, please describe	:			
G5.	d)	Has your child even	er been referred to an	eye specialist?		
		Yes 1	No 2 If <u>no</u> go to G6			
	If <u>ye</u>	<u>s</u> ,				
	e)	What was decided?				
	f)	What treatment was	s given?			
G6.		Other problems				
	a)	Apart from hips, was referred to a		there been any oth	ner problems for w hich your ch	ild
		Yes 1	No 2 If no, go to Sect	ion H		
If <u>ye</u>	<u>s</u>					
	b)	For how many diff	erent problems?			
Pleas	e list	, for each problem	, what has happened:			
			Problem No. 1	Problem No. 2	Problem No. 3	
c)		was thought the problem?				
d)		you seen pecialist?				
e)	What	was decided?				

SECTION H:TEMPERAMENT

These questions are about how your baby behaves. Although some of them seem similar to one another, please answer them all. How often has the baby's recent behaviour been like the following descriptions:

		Almost never	Rarely	Usually does not	Usually does	Often	Almost always
н1.	She eats about the same amount of solid food (within 2 spoonfuls) from day to day	1	2	3	4	5	6

- H2. She is fussy on waking up and going to sleep (frowns, gries)
- H3. She plays with a toy for less than a minute and then looks for another toy or activity
- H4. She sits still while watching TV or other nearby activity (such as children playing)
- H5. She accepts straight away a change in place or position of feeding or person doing it
- H6. She accepts nail cutting without protest
- H7. Her hunger cry can be stopped for more than a minute by picking up, putting on a bib, or giving a dummy
- H8. She plays continuously for more than 10 minutes with a favourite toy
- H9. She accepts her bath any time of the day without resisting it
- H10. She takes feeding quietly with mild expressions of likes and dislikes
- H11. She indicates discomfort
 (fussy/squirms) when she has
 a dirty nappy
- H12. She lies quietly in the bath
- H13. She wants and takes milk feedings at about the same time (within one hour) from day to day
- H14. She is shy (turns away or clings to you) on meeting another child for the first time
- H15. She continues to fuss when her nappy is changed despite efforts to distract her with game, toy or singing etc.
- H16. She amuses herself for half an hour or more in her cot or playpen (looking at mobile, playing with toy)
- H17. She moves about a lot (kicks, grabs, squirms) during nappy change and dressing
- H18. She vigorously resists additional food or milk when full (spits out, clamps mouth closed, pushes spoon away etc)

	Almost		Almost	Ra	arely	Usua	lly	Usually	Often	
	AIMOSC	never				loes not	does			always
н19.	She resists changes in feeding schedule (1 hour or more) even after 2 tries	1	2		3		4	5		6
н20.	Her bowel movements come at different times from day to day (over 1 hour difference)									
Н21.	She stops play and watches if someone walks by									
н22.	She ignores voices or other ordinary sounds when playing with a favourite toy									
н23.	She makes happy sounds (coos, laughs) when having her nappy changed, or being dressed									
Н24.	She accepts new foods straight away, swallowing them promptly									
н25.	She watches other children playing for less than a minute and then looks elsewhere									
н26.	She reacts mildly (just blinks or is startled briefly) to a bright light such as flash bulb or sunlight let in by drawing back curtain									
н27.	She is pleasant (smiles, laughs) when first arriving in unfamiliar places (friend's house, shop)									
н28.	She gets sleepy at about the same time each evening (within half hour)									
н29.	She accepts regular procedures (hair brushing, face washing, etc) at any time without protest									
н30.	She perseveres for many minutes when working on a new skill (rolling over, picking up object, etc)									
н31.	She moves a lot (squirms, bounces, kicks) while lying awake in her cot									
н32.	She objects to being bathed in a different place or by a different person even after 2 or 3 tries									
н33.	For the first few minutes in a new place or situation (new shop or home) she is fretful									
н34.	She notices, looks carefully at changes in your appearance or dress (hairdo, unfamiliar clothing)									
н35.	She reacts strongly to foods, whether positively (smacks lips, laughs, squeals) or negatively (cries)									

H36. She is pleasant (coos, smiles,

H55. She wants and takes solid food at about the same time (within 1 hour) from day to

	hair brushing or face washing						
		Almost never	Rarely	Usually does not	Usually does	Often	Almost always
н37.	She continues to cry in spite of several minutes of soothing	1	2	3	4	5	6
н38.	She keeps trying to get a desired toy, which is out of reach for 2 minutes or more						
н39.	She greets a new toy with a loud voice and much expression of feeling (whether positive or negative)						
Н40.	She plays actively with her parents - much movement of arms, legs, body						
н41.	She watches another toy when offered even though already holding one						
Н42.	At home her initial reaction to strangers is acceptance						
Н43.	She wants daytime naps at differing times (over 1 hour difference) from day to day						
н44.	She continues eating solid foods without reacting to differences in taste or consistency						
н45.	She cries when left to play alone						
н46.	She adjusts within 10 mins to new surroundings (home, shop, play area)						
н47.	Her naps are about the same length from day to day						
Н48.	She moves about much during feeding (squirms, kicks, grabs)						
Н49.	She reacts (stares or is startled) to sudden changes in lighting (flash bulbs, turning on light)						
н50.	She can be soothed by talking or games when sleepy						
н51.	She displays much feeling (vigorous laughing or crying) during nappy change or dressing						
Н52.	She lies still when asleep and wakes up in the same position						
Н53.	She reacts to changes in her milk (type or temperature) or if given juice instead						
н54.	She can be calmed for a few minutes by being picked up and played with, if fussing about a dirty nappy						

day

		Almost never	Rarely	Usually does not	Usually does	Often	Almost always
Н56.	She is content (smiles, coos) during interruptions of milk or solid feeding	1	2	3	4	5	6
н57.	She accepts within a few minutes a change in place of bath or person giving it						
н58.	She cries for less than 1 minute when given an injection						
н59.	She shows much bodily movement (kicks, waves, arms) when given an injection						
н60.	She continues to react to a loud noise (hammering, barking dog, etc) heard several times in the same day						
н61.	Her initial reaction is withdrawal (turns head, spits out) when consistency, flavour or temperature of solid foods is changed						
Н62.	Her time of waking in the morning varies greatly (by 1 hour or more from day to day)						
Н63.	She continues to reject disliked food or medicine in spite of your efforts to distract with games or tricks						
н64.	She reacts even to a gentle touch (is startled, wriggles, laughs, cries)						
Н65.	She reacts strongly to strangers: laughing or crying						
Н66.	She actively grasps or touches objects within her reach (hair, spoon, glasses, etc)						
Н67.	She will take any food offered without seeming to notice the difference						
Н68.	Her period of greatest physical activity comes at the same time every day						
Н69.	She appears bothered (cries, squirms) when first put down in a different sleeping place						
н70.	She reacts mildly to meeting familiar people (quiet smiles or no response)						
н71.	She wants an extra feed at a different time each day (over 1 hour difference)						
н72.	She is still wary or fright- ened of strangers after 15 mins						

H73. She lies still and moves little while playing with toys

		Almost never	Rarely	Usually does not	Usually does	Often	Almost always
н74.	She can be distracted from fussing or squirming during a procedure (nail cutting, hair brushing, etc) by a game, singing, TV, etc	1	2	3	4	5	6
н75.	She remains pleasant or calm with minor injuries (bumps, pinches)						
н76.	Her initial reaction to seeing doctor is acceptance (smiles, coos)						
н77.	She reacts to a disliked food even if it is mixed with a preferred one						
н78.	She plays quietly and calmly with toys (little vocal or other noises)						
н79.	She lies still during procedures like hair brushing or nail cutting						
н80.	She stops sucking and looks when she hears an unusual noise (telephone, door bell) when drinking milk						
н81.	She pays attention to a game with a parent for only a minute or so						
Н82.	She is calm in the bath. Like or dislike is mildly expressed (smiles or frowns)						
н83.	She requires introduction of a new food on 3 or more occasions before she will accept (swallow) it						
н84.	Her first reaction to any new procedure (first haircut, new medicine, etc) is objection						
н85.	She acts the same when the nappy is wet as when it is dry						
н86.	She is fussy or cries during a physical examination by a doctor						
н87.	She accepts changes in solid foods (type, amount, timing) within 1 or 2 tries						
Н88.	She moves much and for several minutes or more when playing by herself (kicking, waving arms and bouncing)						

SECTION I:MILESTONES

Below are a list of things which babies learn to do as they get older. Some of them your baby will be doing and others she won't have started yet. Please indicate which she is doing:

Has not started yet

			Yes does often	Has only done once or twice
I1.	a)	Looks at older people's faces	1	2
	b)	She smiles when you smile at her		
	c)	She does not want to let go of a toy when it is being taken away		
	d)	She can feed herself a rusk or other similar food		
	e)	She tries to get a toy that is out of her reach		
	f)	She is shy when she first meets a stranger		
	g)	She plays peek-a-boo		
	h)	She plays pat-a-cake with you		
	i)	She is able to drink from a cup		
	j)	She indicates what she wants without crying for it		
12.	a)	She puts her hands together		
	b)	She can hold a rattle		
	c)	She can focus her eyes on a small object such as a raisin		
	d)	She reaches for objects		
	e)	In a sitting position she looks about for a hidden object		
	f)	In a sitting position she can pick up 2 objects at once		
	g)	She can pick up a small object such as a raisin		
12.	h)	She can pass an object from one hand to another		
	i)	She can bang together two similar objects that she is holding		
	j)	She grabs objects using the whole hand		
	k)	She can pick up a small object using forefinger & thumb only		
I3.	a)	When a bell rings, she moves or makes a noise		

She makes noises other

than crying

She laughs

c)

			Yes does often	Has only done once or twice	Has not started yet
	d)	She squeals	1	2	3
	e)	She turns towards someone when they are speaking			
	f)	She tries to copy what you say			
	g)	She says 'dada' and 'mama'			
	h)	She says 'dada' and 'mama' and knows what they mean			
I4.	a)	In a sitting position she can keep her head steady			
	b)	Lying on her stomach she can lift her chest and shoulders while supporting them with her arms			
	c)	She can roll over			
	d)	She is able to bear some weight on her legs when held in a standing position			
14.	e)	She can sit up without being supported			
	f)	She can stand up while holding onto something such as furniture			
	g)	She can pull herself up to a standing position by holding onto a piece of furniture			
	h)	She can get from a standing position to a sitting position			
	i)	She can walk holding onto a piece of furniture			
	j)	While lying on her stomach she can lift her head			
	k)	She can stand up for a moment without any support			
	1)	From a standing position she can stoop and return to standing			
	m)	She can crawl on hands and knees			
I5.	a)	How many teeth has your baby got n	now?		
	b)	How old was she when the first one	e appeared?		
		months			
I6.		Space for you to describe in your	own words somethin	g your baby has do	ne in the last few days.

SECTION J:HER GROWTH

J1. Do you have any records of your baby's growth? If so please list the dates on which your baby was weighed and how much she weighed each time. Also add lengths, head circumferences, and arm circumferences if they were measured.

	Date	Weight	Length	Head circumference	Arm circumference
1.	//				
2.	//				
3.	//				
4.	//				
5.	//				
6.	//				
7.	//				
8.	//				
9.	//				
10.	//				
11.	//				
12.	//				
13.	//				
14.	//				
15.	//				

THANK YOU VERY MUCH FOR YOUR HELP

Please remember, because this is strictly confidential, the people who look at this booklet will not know your name. They will be unable to give you any help or contact anyone after reading what you have written. If you feel you need advice your General Practitioner or Health Visitor should be able to help you.

K1. This questionnaire was completed by:

		165	NO	
i)	mother	1	2	
ii)	partner			
iii)	other (please describe).			

K2. Please give the date on which you completed this questionnaire:

day month year

K3. Please give the date of birth of your baby:

day month year

When completed, please return the questionnaire to:

Dr. Jean Golding, Children of the Nineties - ALSPAC, Institute of Child Health, 24, Tyndall Avenue, Bristol. BS8 1BR. Tel: Bristol 256260