Questionnaire No:								

MOTHER'S

LIFESTYLE

This questionnaire is for the mother, or person taking the place of the mother.

Some questions are the same as those you have answered before. This is so that we can tell what changes have happened to you. Others are new - we hope you will enjoy them. To answer simply tick the box which is most accurate in your opinion.

Please answer all questions if you can, even if they are similar. If you do not want to answer a question or if it does not apply to you, put a line through it. There are no good or bad answers. Just tell us what you really think.

All answers are confidential

THANK YOU FOR YOUR HELP

21/03/97



SECTION A: BEING A GAMBLER

Nowadays, with the lottery being so popular, we would like to ask about your gambling habits throughout your life. Please indicate whether you have **ever** done any of the following and how often:

o v		Once a week or more	Less than once a week	IN PAST	Rarely or not at all
Have	you ever:			ONLY	
A 1.	a) played cards for money	1	2	3	4
	b) bet on horses, dogs	1	2	3	4
	c) bet on sports or events	1	2	3	4
	d) played dice games for money	1	2	3	4
	e) gone to the casino	1	2	3	4
	f) bet on the lottery	1	2	3	4
	g) played bingo for money	1	2	3	4
	h) played the stock/ commodities market (rather than relatively riskless investment)	1	2	3	4
	i) played slot machines or other gambling machines	1	2	3	4
	j) played other games for money e.g. pool, golf	1	2	3	4
	k) other (please tick & describe)	1	2	3	4

A2.	What is the largest amount of money you have ever gambled with on any one day?
	£1000 - £10,000
	£10 - £24
	never gambled 7 go to Section B on page 6
A3.	When you gamble and lose, do you ever try to win back the money you lost?
	every time
	no, never 4 have never lost 7
A4.	Have you ever said that you have won money, when in fact you lost some?
	yes, most of the time $\begin{bmatrix} 1 \end{bmatrix}$ yes, some of the time $\begin{bmatrix} 2 \end{bmatrix}$
	never $\boxed{{3}}$
A5.	Do you feel you have ever had a problem with gambling?
	yes $\begin{bmatrix} 1 \\ 1 \end{bmatrix}$ yes, in the past, $\begin{bmatrix} 3 \\ 3 \end{bmatrix}$
	no but not now
A6.	Have you ever gambled more than you intended to?
	yes $\begin{bmatrix} 1 \end{bmatrix}$ no $\begin{bmatrix} 2 \end{bmatrix}$
A7.	Has anyone ever criticised your gambling?
	yes $\begin{bmatrix} 1 \end{bmatrix}$ no $\begin{bmatrix} 2 \end{bmatrix}$
A8.	Have you ever felt guilty about gambling?
	yes 1

A9.	Have you ever felt that you would like to stop gambling but didn't think that you could?				
	yes	1	no 2		
A10.	Have you ever disguitickets or other signs		amble, e.g. hidden betting slips, lottery		
	yes	1	no 2		
A11.	a) Have you eve money?	r argued with people th	hat you live with, about how you handle		
	yes	1	no		
	If <u>yes</u> ,				
	b) Have money	arguments ever centred	d on your gambling?		
	yes	1	no 2		
A12.	Have you ever borrow gambling?	wed from someone and	d not paid them back as a result of		
	yes	1	no 2		
A13.	Have you ever lost tin	ne from work (or scho	ool) due to gambling?		
	yes	1	no 2		

SECTION B: YOUR FEELINGS

The questions in this section ask you about your feelings and the way you behave. You have answered these questions in other questionnaires, but you might be feeling differently <u>now</u>.

Please indicate the way you feel.

Not at all

		Very often	Often	Not very often	Never
B1.	Do you feel upset for no obvious reason?	1	2	3	4
B2.	Have you felt as though you might faint?	1	2	3	4
В3.	Do you feel uneasy and restless?	1	2	3	4
B4.	Do you sometimes feel panicky?	1	2	3	4
B5.	Do you worry a lot?	1	2	3	4
B6.	Do you feel strung-up inside?		2	3	4
B7.	Do you ever have the feeling you are going to pieces?	1	2	3	4
B8.	Do you have bad dreams which upset you when you wake up?	1	2	3	4
Your	feelings in the past week.				
B9.	I have been able to laugh and	see the funn	y side of thin	gs:	
	As much as I always could	1			
	Not quite so much now	2			
	Definitely not so much now	3			

In the past week:

B10.	I have looked forward with enjoyment to things:				
	As much as I ever did Rather less than I used to Definitely less than I used to Hardly at all	1 2 3 4			
B11.	I have blamed myself unnecess	sarily when things went wrong:			
	Yes, most of the time				
	Yes, some of the time	2			
	Not very often	3			
	Never	4			
B12.	I have been anxious or worried	I for no good reason:			
	No, not at all	1			
	Hardly ever	2			
	Yes, sometimes	3			
	Yes, often	4			
B13.	I have felt scared or panicky fo	or no good reason:			
	Yes, quite a lot	1			
	Yes, sometimes	2			
	No, not much	3			
	No, not at all	4			

In the past week:

B14.	Things have been getting on top	of me:
	Yes, most of the time I haven't been able to cope	1
	Yes, sometimes I haven't been coping as well as usual	2
	No, most of the time I have coped quite well	3
	No, I have been coping as well as ever	4
B15.	I have been so unhappy that I ha	we had difficulty sleeping:
	Yes, most of the time	1
	Yes, sometimes	2
	Not very often	3
	No, not at all	4
B16.	I have felt sad or miserable:	
	Yes, most of the time	1
	Yes, sometimes	2
	Not very often	3
	No, not at all	4
B17.	I have been so unhappy that I ha	we been crying:
	Yes, most of the time	1
	Yes, quite often	2
	Only occasionally	3
	Never	4

In the past week:

B18.	The thought of narming myself h	ias oc	curred to me
	Yes, quite often	1	
	Sometimes	2	
	Hardly ever	3	
		1	i

B19.	On the whole <u>are there</u> more good days than bad	d?
	Yes more good days	

Never

res, more good days	1
About half and half	2
No, more bad days	3

SECTION C: YOUR HEALTH

C1. Which of the following would you say describes your health now?

fit and well

mostly well and healthy

often feel unwell

hardly ever feel well

C2. Have you had (or continued to have) any of the following since your study child's 5th birthday:

Since your child was 5	consulted doctor	Yes but did not consult doctor	No
a) anxiety or 'nerves'	1	2	3
b) depression	1	2	3
c) headache or migraine	1	2	3
d) epilepsy	1	2	3
e) back pain, sciatica, slipped disc	1	2	3
f) indigestion	1	2	3
g) high blood pressure (hypertension)	1	2	3
h) cough or cold	1	2	3
i) diabetes	1	2	3
j) haemorrhoids/piles	1	2	3
k) schizophrenia	1	2	3
l) influenza	1	2	3

C2 cont.	Yes and consulted doctor	Yes but did not consult	No
Since your child was 5		doctor	↓
m) alcohol problem	1	2	3
n) wheezing or asthma	1	2	3
o) bronchitis	1	2	3
p) stomach ulcer	1	2	3
q) eczema	1	2	3
r) psoriasis	1	2	3
s) arthritis	1	2	3
t) rheumatism	1	2	3
u) urinary infection	1	2	3
v) problems with your periods	1	2	3
w) problems with a pregnat	ncy 1	2	3
x) syphilis	1	2	3
y) gonorrhoea	1	2	3
z) cancer (please state type)	1	2	3
za) other problems (please tick & describe)	1	2	3

C3. Since your study child's 5th birthday how often have you taken the following:

Since your child was 5	Every day	Often	Sometimes	Not at all
a) sleeping pills	1	2	3	4
b) vitamins	1	2	3	4
c) cannabis/marihuana	1	2	3	4
d) tranquillisers	1	2	3	4
e) pills for depression	1	2	3	4
f) hormone tablets	1	2	3	4
g) antibiotics	1	2	3	4
h) aspirin	1	2	3	4
i) paracetamol	1	2	3	4
j) other painkillers	1	2	3	4
k) amphetamines or other stimulants	1	2	3	4
l) contraceptive pill	1	2	3	4
m) iron	1	2	3	4
n) heroin, methadone, cracl cocaine	k, [1	2	3	4
o) anticonvulsants	1	2	3	4
p) steroids	1	2	3	4
other pill, medicine, drug o taken)	r treatment (pl	lease describe	e each and state h	ow frequently
q)	1	2	3	
r)	1	2	3	
s)	1	2	3	

		For office use
What did you take:	About how many days did you take or use it?	How often per day?
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
laxatives, vitami	ed the contraceptive pill, irons, sleeping tablets, aspirin, bal medicine, slimming pills nedies?	cough mixture,

Please list all the drugs, medicines and ointments that you have taken in the past month:

C4.

C5.	a)	Since your study child	d was 5 have <u>y</u> o	ou been adm	nitted to hospital?	
		Yes 1	No $\boxed{}$	If <u>no</u> , go to	C6 below	
If <u>yes</u>)					
	b)	how many times?				
	c)	for how many differe	nt reasons?			
	Reaso	n for each hospital st	ay:	How long	did you stay?	At what hospital
	d)				nights	
	e)				nights	
	f)			nights nights		
	g)					
	h)				nights	
C6.	In the	past month, how often	have you had t	the following	g:	
	In the	past month:	Almost all the time	Sometime	s Not at all	
	a) bac	kache	1	2	3	
	b) hea	dache or migraine	1	2	3	
	c) urin	ary infection	1	2	3	
	d) nau	sea	1	2	3	
	e) von	niting	1	2	3	
	f) diar	rhoea	1	2	3	
	g) hae	morrhoids or piles		$ _2$	3	

C6. cont.

In the past month:	Almost all the time	Sometimes	Not at all
h) feeling weepy/tearful	1	2	3
i) feeling irritable	1	2	3
j) feeling exhausted	1	2	3
k) varicose veins	1	2	3
l) passing urine very often	1	2	3
m) problem holding urine when you jump, sneeze etc.	1	2	3
n) indigestion	1	2	3
o) feeling dizzy/fainting	1	2	3
p) flashing lights/spots before eyes	re 1	2	3
q) shoulder ache	1	2	3
r) tingling in hands/fingers	1	2	3
s) tingling in feet/toes	1	2	3
t) neck ache	1	2	3
u) feeling depressed	1	2	3
v) other problem (please tick & describe)	1	2	3

C7.	a)	How often are you having sexual intercourse n	ow?
		not at all	
		less than once a month	
		1-3 times a month 3	
		about once a week 4	
		2-4 times a week 5	
		5 or more times a week 6	
	b)	In general, do you enjoy it?	
		yes, very much	
		yes, somewhat 2	
		no, not a lot	
		no, not at all	
		it doesn't happen 5	
C8.	Have y	you been pregnant at all since your study child?	
		Yes $\begin{bmatrix} 1 \end{bmatrix}$ No $\begin{bmatrix} 2 \end{bmatrix}$ \rightarrow If $\underline{\mathbf{no}}$, \mathbf{go} to	to C9a on page 17
	If <u>ves</u> ,	<u>.</u>	
		(i) how many times	
		(ii) For the first pregnancy after your study chefore you got pregnant?	ild - how long were you trying
		Less than 6-11 months 2	at least 12 months 3
		pregnancy don't remember wasn't planned	9

C9. a) Are you currently trying to get pregnant? no no, but intend to later months → If <u>yes</u>, (i) for how long have yes, we are trying you been trying? I am already pregnant \rightarrow If <u>ves</u>, (ii) how long were you now go to trying before you became C10 on pregnant? page 18 months now go to C10 on page 18 C9. b) What forms of contraception are you using now? (tick all that you have used in the past 3 months) Yes No i) withdrawal ii) the pill iii) IUCD/coil iv) condom/sheath v) calendar/rhythm method vi) diaphragm/cap vii) spermicide

C9.b (cont.)		***	
			Yes	No
		viii) I have been sterilised	1	2
		ix) My partner has been sterilised	1	2
		x) none	1	2
		xi) other (please describe)	1	2
C10.		e you became pregnant for the first like to have?	time how many ch	nildren did you think you
	none	one 2	two 3	three 4
	4 or m	didn't have opinion	e an 6	don't remember what I wanted 9
C11.	a)	After having your study child, vehildren?	what did you decid	e about having more
		I definitely wanted another child	1	
		I didn't mind if I had another child		→ Go to C12 on page 19
		I didn't think about it	3	
		I definitely didn't want another child	4	

C11.	b)	If you	didn't	want an	other child, w	hy was this	? (please ti	ck all that apply)		
		(i)	Could	not affor	d another child	l	1			
		(ii)	I had as	s many c	hildren as I wa	nted	1			
		(iii)	I was n	ot in goo	od health					
		(iv)	I wante	ed to con	centrate on my	career				
		(v)	My par	tner did	not want any n	nore childre	en 1			
		(vi)	I didn'	t have a	partner					
		(vii)	I could not cope with another child I had such a bad experience of pregnancy with the study child I did not want to go through it again							
		(viii)								
		(ix)	Other r (Please		describe)		1			
C12.	a) how your p	vould you heavy periods?	are $\begin{bmatrix} V_1 \\ 1 \end{bmatrix}$	ibe your	most recent pe	eriods: Mildly 3	Not at all 4	No periods		
	c) irre			1	2	3	4			
	d) how	w many o	days doe	es bleedi	ng usually last	?	days			

C13.	Do you generally find that in the days before or during your periods you have
	particular problems (please tick all that apply)?

		(i) Yes before	(ii) Yes during
a)	Very fatigued	1	1
b)	Irritable	1	1
c)	Depressed	1	1
d)	Anxious	1	1
e)	Other (please tick & describe)	1

SECTION D: RECENT EVENTS

Listed below are a number of events which may have brought changes in your life. Have any of the these occurred since your study child's 5th birthday?

	Yes & affected me a lot	Yes, moderately affected	Yes, mildly affected	Yes, but did not affect me at all	No, did not happen
Since your child was 5	↓	↓	Ţ		Ţ
D1. Your partner died	1	2	3	4	5
D2. One of your children di	ed 1	2	3	4	5
D3. A friend or relative died	d 1	2	3	4	5
D4. One of your children w	as ill 1	2	3	4	5
D5. Your partner was ill	1	2	3	4	5
D6. A friend or relative was	s ill 1	2	3	4	5
D7. You were admitted to hospital	1	2	3	4	5
D8. You were in trouble wi	th 1	2	3	4	5
D9. You were divorced	1	2	3	4	5
D10. You found that your partner didn't want y child	our 1	2	3	4	5
D11. You were very ill	1	2	3	4	5
D12. Your partner lost his j	ob 1	2	3	4	5

	Yes & affected me a lot	Yes, moderately affected	Yes, mildly affected	Yes, but did not affect me	No, did not happen
Since your child was 5	•			at all	
D13. Your partner had problems at work	1	2	3	4	5
D14. You had problems at work	1	2	3	4	5
D15. You lost your job	1	2	3	4	5
D16. Your partner went away	y ₁	2	3	4	5
D17. Your partner was in trouble with the law	1	2	3	4	5
D18. You and your partner separated	1	2	3	4	5
D19. Your income was reduce	ced 1	2	3	4	5
D20. You argued with your partner	1	2	3	4	5
D21. You argued with your family and friends	1	2	3	4	5
D22. You moved house	1	2	3	4	5
D23. Your partner was physically cruel to you	1	2	3	4	5
D24. You became homeless	1	2	3	4	5
D25. You had a major finance problem	eial 1	2	3	4	5
D26. You got married	1	2	3	4	5

	Yes & affected me a lot	Yes, moderately affected	Yes, mildly affected	Yes, but did not affect me at all	No, did not happen
Since your child was 5	ļ		ļ	at an	\
D27. Your partner was physically cruel to your children	1	2	3	4	5
D28. You were physically cruel to your children	1 1	2	3	4	5
D29. You attempted suicide	1	2	3	4	5
D30. You were convicted or an offence	f 1	2	3	4	5
D31. You became pregnant	1	2	3	4	5
D32. You started a new job	1	2	3	4	5
D33. You returned to work	1	2	3	4	5
D34. You had a miscarriage	1	2	3	4	5
D35. You had an abortion	1	2	3	4	5
D36. You took an examinat	ion 1	2	3	4	5
D37. Your partner was emotionally cruel to	you 1	2	3	4	5
D38. Your partner was emotionally cruel to your children	1	2	3	4	5
D39. You were emotionally cruel to your children	1	2	3	4	5

		Yes & affected me a lot	Yes, moderately affected	Yes, mildly affected	Yes, but did not affect me at all	No, did not happen
Since your ch	ild was 5	↓	↓	↓		ţ
D40. Your howas bu		1	2	3	4	5
D41. You fou	and a new partr	ner 1	2	3	4	5
D42. One of y started	our children school	1	2	3	4	5
D43. Your pa	artner started a	1	2	3	4	5
D44. A pet die	ed	1	2	3	4	5
D45. You had (please	d an accident e tick and descr	ribe)	2	3	4	5
D46. a)			n is not on the list o cope in the last		oncerned you o	r required
	Yes 1	No	$2 \longrightarrow \mathbf{Go}$	to E1 on pag	e 25	
If <u>yes</u> ,		0 1				
b)	please describ	be for each eve	ent:			
	what happen	ed:				
(i)						
(ii)						
(iii)						

SECTION E: YOUR ENVIRONMENT

E1. In the last few months, how often have you used the following whether at home or at work:

		Every day	Most days	About once a week	Less than once a	Not at all
In the	last few months	↓	—	WCCK	week	+
a)	disinfectant	1	2	3	4	5
b)	bleach	1	2	3	4	5
c)	window cleaner	1	2	3	4	5
d)	chemical carpet cleaner	1	2	3	4	5
e)	oven/drain cleaner	1	2	3	4	5
f)	dry cleaning fluid	1	2	3	4	5
g)	turpentine/white spiri	t 1	2	3	4	5
h)	paint stripper	1	2	3	4	5
i)	household paint or varnish	1	2	3	4	5
j)	weed killers	1	2	3	4	5
k)	pesticides/insect killers	1	2	3	4	5
1)	air fresheners (spray, stick or aerosol)	1	2	3	4	5

In	the last few months	Every day	Most days	About once a week	Less than once a week	Not at all
E1. m)	other aerosols or sprays including hair spray	1	2	3	4	5
n)	vacuum cleaner	1	2	3	4	5
o)	broom/carpet sweeper	r 1	2	3	4	5
p)	glue	1	2	3	4	5
q)	nail varnish/acetone	1	2	3	4	5
r)	metal cleaners/ degreasers, polishers	1	2	3	4	5
s)	petrol	1	2	3	4	5
t)	moth repellent (moth balls)	1	2	3	4	5
u)	other chemical (please tick and describe)	1	2	3	4	5

E2.	Do you tend to collect station	e electricity and ha	we shocks when you touch metal?	
	Yes a lot 1	Yes occasional	No, not at all $\frac{1}{3}$	
E3.	How often during the day a	re you in a room o	r enclosed place where people are s	moking?
		(i) weekdays	(ii) weekends	
	all the time	1	1	
	more than 5 hours	2	2	
	3-5 hours	3	3	
	1-2 hours	4	4	
	less than 1 hour	5	5	
	not at all	6	6	
E4.	How many cigarettes do yo	u smoke nowaday	s per day?	
	(a) weekday	(b) wee	ekend day	

SECTION F: YOUR PARTNER

a)	Do you currently have a partner?
	yes, a male partner yes, a female partner no partner $ \begin{array}{c} 1 \\ 2 \\ 3 \end{array} $ If no partner, go to Section G on page 40
	no partner 3 \rightarrow If no partner, go to Section G on page 40
b)	does your partner live with you?
	Yes
c)	how long have you lived together?
	years months
	elow is concerned with your relationship with your partner. (The partner will be 'he', although the questions refer to <u>all</u> partners.)
How v	vould you assess your partner's physical health?
always	s fit and well
mostly	well and healthy 2
often f	eels unwell 3
hardly	ever feels well 4
	b) ction bed to as How walways mostly often f

F3. Below are listed a number of conditions which your partner might have had. Please indicate whether he has had any of these since your study child was 5 years old.

Since your child was 5 Partner had:		Yes, and saw a doctor	Yes, but did not see a doctor	No, not at all	Do not know
a)	headaches or migraine	1	2	3	9
b)	indigestion	1	2	3	9
c)	epilepsy	1	2	3	9
d)	depression	1	2	3	9
e)	anxiety or nerves	1	2	3	9
f)	haemorrhoids/piles	1	2	3	9
g)	cough or cold	1	2	3	9
h)	influenza	1	2	3	9
i)	bronchitis	1	2	3	9
j)	high blood pressure (hypertension)	1	2	3	9
k)	diabetes	1	2	3	9
1)	schizophrenia	1	2	3	9
m)	drink (alcohol) problem	1	2	3	9
n)	stomach ulcers	1	2	3	9
o)	asthma or wheezing	1	2	3	9
p)	eczema	1	2	3	9
q)	psoriasis	1	2	3	9
r)	arthritis	1	2	3	9
s)	urinary infection	1	2	3	9
t)	rheumatism	1	2	3	9
u)	back pain, sciatica or slipped disc	1	2	3	9

	Since your child was 5 Partner had:	Yes, and saw a doctor	Yes, but did not see a doctor	No, not at all	Do not know
F3. v)	syphilis	1	2	3	9
w)	gonorrhoea	1	2	3	9
x)	other condition(s) (please tick and describe)	1	2	3	9
F4.	Below are some statements about par Please indicate how you feel about y				
		This is always how how I feel	This is someti how I	mes	I never feel this this way
a)	My partner really loves this child	1	2		3
b)	My partner is glad that I had this child when I did	1	2]	3
c)	I like to watch him play with the chil	d 1	2		3
d)	I am afraid to leave the child alone with him because I think he might be violent		2]	3
e)	My partner seems to feel very close to the child	1	2]	3
f)	This child gets on his nerves	1	2]	3
g)	He really cannot bear it when this child cries	1	2		3
h)	I think my partner is interested as he watches the child gradually develop	1	2]	3

		This is always how how I feel	This is sometimes how I feel	I never feel this this way			
F4. (co i)	ont.) My partner feels anxious whe someone other than us looks a the child	n	2	3			
j)	He doesn't mind the mess that surrounds a young child	t 1	2	3			
k)	This child makes my partner happy	very 1	2	3			
F5.	a) How many cigarettes per containing partner currently smoke?		(i) weekdays	(ii) weekend days			
	b) Does he smoke:	Yes every day	Yes sometimes	No never			
	(i) pipe	1	2	3			
	(ii) cigar/cigarillo	1	2	3			
F6.a) If <u>yes</u> ,	Yes						
	b) (i) What is his occupa	ntion?					
	(ii) Please give the inc	dustry or trade					
	c) Has he had the same jo	ob since the study chi	ld was 5 years old?				
	Yes $\begin{bmatrix} 1 \end{bmatrix}$ No $\begin{bmatrix} 2 \end{bmatrix}$						

F6.	d)	Does he work nights?
		yes, always 1
		yes, sometimes ${2}$
		no, never 3
	e)	Does he leave home for several days as part of his work?
		yes, often 1
		yes, occasionally 2
		no, never 3
	f)	Does he work shifts ?
		yes, often $\begin{bmatrix} 1 \end{bmatrix}$ yes, occasionally $\begin{bmatrix} 2 \end{bmatrix}$ no, never $\begin{bmatrix} 3 \end{bmatrix}$
	g)	How many hours a week does he normally work?
		i) If his hours are regular, please state how many
		(put 99 if don't know)
		ii) If his hours vary, please put the minimum
		and the maximum
	h)	Does he usually work:
		the basic no. of hours per week 1
		basic hours plus paid overtime 2
		longer than basic hours (but not paid extra)
		self-employed - as long as necessary

F6. j) Does he get home after work before the study child is in bed? yes, usually $\begin{bmatrix} 1 \end{bmatrix}$ yes, sometimes $\begin{bmatrix} 2 \end{bmatrix}$ no, never $\begin{bmatrix} 3 \end{bmatrix}$

F7. How would you rate your partner on these characteristics?

		Almost always	Sometimes	Hardly ever
a)	helpful, co-operative	1	2	3
b)	quiet, reserved	1	2	3
c)	unreliable	1	2	3
d)	sociable, outgoing	1	2	3
e)	dominating	1	2	3
f)	understanding	1	2	3
g)	quick-tempered, easily upset	1	2	3
h)	cheerful, easygoing	1	2	3

F8. Who does these various household tasks?

		Me always	Me mostly	Sometimes me, some- times my partner	Partner mostly	Partner always	Someone else
a)	shopping for groceries	1	2	3	4	5	6
b)	cooking	1	2	3	4	5	6
c)	cleaning house	1	2	3	4	5	6
d)	repairs in home	1	2	3	4	5	6
e)	looking after children	1	2	3	4	5	6
f)	washing clothes	S 1	2	3	4	5	6
g)	ironing	1	2	3	4	5	6

F9. Who decides: Me Me **Sometimes** Partner Partner always mostly me, somemostly always times my partner how to spend free a) time b) how much to see family or friends when to do repairs or c) redecorate d) how we should spend our money F10. People vary greatly in the amount they are satisfied or dissatisfied with their relationship. How do you feel about the following aspects of your life together? Verv **Moderately** Somewhat Very dissatisfied satisfied satisfied dissatisfied handling family finances a) b) demonstrations of affection c) sex d) amount of time spent together making major decisions e) f) household tasks leisure time interests & g) activities F11.a) How often recently have you been irritable with your partner? less than once a 1-2 times 3-6 times not every a week at all week a week day

F11.	b)	How often has he bee	n irritable with	you?		
	not at all	less than once a week 2	1-2 time a week	es 3	3-6 times 4	every day 5
F12.	a)	How many argument	s or disagreeme	ents have you h	ad in the past the	hree months?
	None	1-3 2	4-7	8-13	4	14 or
	b)	In the past 3 months,	have any of the	ese happened?		
			Yes, I did this	Yes, he did this	Yes, we both did this	No, not at all
	i)	not speaking to partner for more than half an hour	1	2	3	4
	ii)	one of you walking out of the house	1	2	3	4
	iii)	shouting or calling partner names	1	2	3	4
	iv)	hitting or slapping partner	1	2	3	4
	v)	throwing or breaking things	1	2	3	4
F13.		In the past three mont	<u>hs</u> how often h	ave you done tl	hese things with	h your partner?
			Never	Less than once a month	Less than once a week	At least once a week
	a)	gone out for a meal	1	2	3	4
	b)	gone out for a drink	1	2	3	4
	c)	visited friends	1	2	3	4
	d)	visited family	1	2	3	4

			Never	Less than once a month	Less than once a week	At least once a week
F13.	e)	gone to the cinema or theatre	1	2	3	4
	f)	other (please tick and describe)		2	3	4
F14.	a)	How many evenings a own friends?	a <u>month</u> do you	go out and do	things on your	own or with your
		none 1 once	2-3 times	3 4-7 times	8 or	more ₅
	b)	How many times a <u>m</u> with friends?	nonth does your	partner go out	and do things o	on his own or
		none 1 once	2-3 times	3 4-7 times	8 or time	more 5
F15.						
			Never ↓	Less than once a	1-3 times a week	Most days ↓
	a)	discuss work or how the day has gone	1	2 2	3	4
	b)	laugh together	1	2	3	4
	c)	calmly talk over something (e.g. the news, a hobby or inte	l rest)	2	3	4
	d)	kiss or hug	1	2	3	4
	e)	make plans	1	2	3	4
	f)	talk over feelings or worries	1	2	3	4

F16.	a)	which of the following stat	ements abo	out alcohol best ap	plies to your par	tner:
		Never drinks alcohol		1		
		Very occasionally (less than	once a we	eek) 2		
		Occasionally (at least once	a week)	3		
		Drinks 1-2 glasses* nearly 6	every day	4		
		Drinks 3-9 glasses* every d	ay	5		
		Drinks at least 10 glasses a	day	6		
		Don't know		9		
		[*by glass we mean pub me or 1 glass of wine]	asures (1oz	z) of spirits or ½ pi	nts (⅓ litre) of b	eer or cider,
	b)	How many days in the past pints of beer, 4 glasses of v		=	-	f at least 2
		every day 1		more than 1	0 days 2	
		5-10 days 3		3	4 days 4	
		1-2 days <u>5</u>			none ${6}$	
F17.	rate y	v are attitudes and behaviours our partner's attitudes and bel priate box for each item.	-	•		•
Maxan	4		Very	Moderately	Somewhat	Not at
My pa	artner:		true	true	true	all true
a)	Is ver	y considerate of me	1	2	3	4
b)	Wants argum	s me to take his side in an nent	1	2	3	4
c)		s to know exactly what I'm and where I am	1	2	3	4
d)	Is a go	ood companion	1	2	3	4
e)	Is affe	ectionate to me	1	2	3	4

F17. cont.

My p:	artner:	Very true	Moderately true	Somewhat true	Not at all true
f)	Is clearly hurt if I don't accept his views	1	2	3	4
g)	Tends to try to change me	1	2	3	4
h)	Confides closely in me	1	2	3	4
i)	Tends to criticise me over small issues	1	2	3	4
j)	Understands my problems and worries	1	2	3	4
k)	Tends to order me about	1	2	3	4
1)	Insists I do exactly as I'm told	1	2	3	4
m)	Is physically gentle and considerate	1	2	3	4
n)	Makes me feel needed	1	2	3	4
o)	Wants me to change in small ways	1	2	3	4
p)	Is very loving to me	1	2	3	4
q)	Seeks to dominate me	1	2	3	4
r)	Is fun to be with	1	2	3	4
s)	Wants to change me in big ways	1	2	3	4
t)	Tends to control everything I do	1	2	3	4

F17. cont.

My p	oartner:	Very true	Moderately true	Somewhat true	Not at all true
u)	Shows his appreciation of m	ie 1	2	3	4
v)	Is critical of me in private	1	2	3	4
w)	Is gentle and kind to me	1	2	3	4
x)	Speaks to me in a warm and friendly voice	1	2	3	4

SECTION G: YOUR FAMILY AND FRIENDS

G1.	How many of your	relatives and y	our partner's re	elatives do you see at least twice a yea	ır?
	None	1	2-4	more than 4	
	1	2	3	4	
G2.	About how many fr	riends do you l	nave?		
	None	1	2-4	more than 4	
	1	2	3	4	
G3.	Overall, would you	say you belon	g to a close circ	ele of friends?	
	Yes	1	No	2	
G4.	How many people a	are there that y	ou can talk to a	bout personal problems?	
	None	1	2-4	more than 4	
	1	2	3	4	
G5.	How many people t	alk to you abo	ut their persona	al problems or their private feelings?	
	None	1	2-4	more than 4	
	1	2	3	4	
G6.	If you have to make discuss it?	e an important	decision, how	many people are there with whom you	ı can
	None	1	2-4	more than 4	
	1	2	3	4	
G7.	How many people a £100 if you needed		g your family a	nd friends from whom you could born	row
	None	1 2	2-4	more than 4	

	None	1	2-4	more than 4		
	1	2	3	4		
G9.	During the last month friends?	, how many tin	nes did you get	together with o	one or more	
	None	1 2	2-4	more than 4		
G10.	During the last month of your relatives or yo	-		together with o	one or more	
	None	1 2	2-4	more than 4		
The fo	llowing statements are	about the help	and support yo	u have.		
		This is exactly how I feel	This is often how I feel	This is how I sometimes feel	I never feel this way	
G11.	I have no one to share my feelings with	exactly how I	often how	how I sometimes	feel this way	
G11.	share my feelings	exactly how I	often how	how I sometimes feel	feel this way	partne
	share my feelings with My partner provides the emotional	exactly how I	often how I feel	how I sometimes feel	feel this way 4 no	
G12.	share my feelings with My partner provides the emotional support I need There are other mothers with whom I can share my	exactly how I feel 1	often how I feel	how I sometimes feel 3	feel this way 4 no	

How many of your family and friends would help you in times of trouble?

G8.

		This is exactly how I feel	This is often how I feel	This is how I sometimes feel	I never feel this way
G15.	I'm worried that my partner might leave n		2	3	no partner 4 7
G16.	There is always some one with whom I can share my happiness and excitement about my child	1	2	3	4
G17.	If I feel tired I can rely on my partner to take over	1	2	3	no partner 4 7
G18.	If I was in financial difficulty I know my family would help if they could	1	2	3	4
G19.	If I was in financial difficulty I know my friends would help if they could	1	2	3	4
G20.	If all else fails I know the state will support and assist me	1	2	3	4
G21.	a) Do you believ yes am no no, no	t sure $\frac{1}{2}$	n some divine p	oower?	
	b) Do you feel the Yes 1	nat God (or so Not s		er) has helped y No $\left[\frac{1}{3}\right]$	ou at any time?

G21.	c)	Would you ap	ppeal to God for	r help if you	were in trouble?	
		Yes	1	Not sure	2	No 3
	d)	Do you 'pray	' even if not in	trouble?		
		Yes	1	No 2		
	e)	What sort of	religious faith	would you sa	ay you had? (tick o	one only)
	Churc	h of England	01	Ro	oman Catholic	02
	other l	odist, Baptist or Protestant Chri e tick & descri	stian 03	Ch	ristian Science	04
	Morm	on	05	Jeł	novah's Witness	06
	Jewisł	1	07	Bu	ıddhist	08
	Sikh		09	Hi	ndu	10
	Musli	m	11	Ra	stafarian	12
	None		00		her ease tick & descri	be) 13
	f)	How long hav	ve you had this	particular fa	aith?	
		all my	life	1		
		more	than 5 years	2		
		3-5 ye	ears	3		
		1-2 ye	ears	4		
		less th	nan a year	5		

G21.	g)	Are you bringing your child up in thi	s faith?			
		Yes 1	No 2			
	h)	Do you go to a place of worship?				
		yes, at least once a week	1			
		yes, at least once a month	2			
		yes, at least once a year	3			
		only for special occasions	4			
		no, not at all	5			
	j)	Do you obtain help and support from	ı leaders	or others men	mbers of religious gro	oups?
		Help from:		Yes	No	
	i)	Leaders of your religious group (e.g. priests, rabbis, imams)		1	2	
	ii)	Other members of <u>your</u> religious gro	up	1	2	
	iii)	Members of other religious group (please tick and describe)		1	2	

SECTION H: HEALTH SERVICES

H1.	In the past	year have yo	u had contact	with any	of the follo	wing, for	whatever reason:
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		Yes	No, but would have liked to	No, didn't need contact
a)	G.P./family doctor	1	2	3
b)	Health visitor	1	2	3
c)	Midwife	1	2	3
d)	Social services benefit worker	1	2	3
e)	Social worker	1	2	3
f)	Physiotherapist	1	2	3
g)	Psychologist/psychiatrist	1	2	3
h)	Other support service (please tick & describe)	1	2	3

H2. The statements below describe the ways some mothers feel about the health services. We would be grateful if you could indicate what your own feelings are.

		This is exactly how I feel	This is often how I feel	This is how I sometimes feel	I never feel this way
a)	I don't have any confidence in the national health service	1	2	3	4
b)	I know that if my child was very ill my doctor would come quickly	1	2	3	4
c)	The doctor in the clinic is always helpful	1	2	3	4

	Your outlook on life:	Yes	No
Н3.	Did getting good marks at school mean a great deal to you?	1	2
H4.	Are you often blamed for things that just are not your fault?	1	2
Н5.	Do you feel that most of the time it does not pay to try hard because things never turn out right anyway?	1	2
Н6.	Do you feel that if things start out well in the morning then it's going to be a good day no matter what you do?	1	2
H7.	Do you believe that whether or not people like you depends on how you act?	1	2
Н8.	Do you believe that when bad things are going to happen they are just going to happen no matter what you try to do to stop them?	1	2
Н9.	Do you feel that when good things happen they happen because of hard work?	1	2
H10.	Do you feel that when someone does not like you there is little you can do about it?	1	2
H11.	Did you usually feel that it was almost useless to try in school because most other children were cleverer than you?	1	2
H12.	Are you the kind of person who believes that planning ahead makes things turn out better?	1	2
H13.	Most of the time, do you feel that you have little to say about what your family decides to do?	1	2
H14.	Do you think it's better to be clever than to be lucky?	1	2

		Yes	No
a)	your sex	1	2
b)	your skin colour	1	2
c)	the way you dress	1	2
d)	your family background	1	2
e)	the way you speak	1	2
f)	your religion	1	2
g)	other (please tick & describe)	1	2

H15. Do you think you have been treated unfairly/unjustly in the last 12 months because of:

J1.	This q	nis questionnaire was completed by:										
	a)	mother	1									
	b)	father	1									
	c)	other (please tick &	describe)				•••••					
J2.	Please give the date on which you completed this questionnaire:											
	day	day month			year							
					1	9	9					
J3.	. Please give your date of birth:											
	day month						year					
					1	9						
	THANK YOU VERY MUCH FOR YOUR HELP											
	Space for any additional comments you would like to make.											
	-	Please remem	ber we can	not reply	to an	y con	ıment	unle	ss you sigi	ı it.		
When	comple	ted, please retu	rn the ques	tionnaire	to:							
Professor Jean Golding Children of the Nineties - ALSPAC Institute of Child Health 24 Tyndall Avenue Bristol BS8 1BR Tel: Bristol 9285007												
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