



Male Teenager questionnaire

GROWING AND CHANGING (6)

You may have seen this type of questionnaire before.

There are important changes to a teenager's body that can happen as early as 6 or as late as 20. At this time of life we have some questions we need to ask and which we need to hear about at regular intervals.

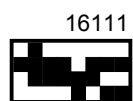
Use a **BLACK** or **BLUE** pen when you fill in the questionnaire.

Please read carefully the instructions on page 3.

02.03.06

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■

You will have seen fairly recently that we now have an electronic scanner that will record your answers automatically.

So, please mark your answers with a cross like this: ✕

If you make a mistake, shade the box in like this: ■

Then cross the correct box.

If you are writing numbers make sure they are inside the box like this:

6

Use a **BLACK** or **BLUE** pen

Your answers will of course still be completely confidential and not attached to your actual name

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Section A

A1. What is your height (without shoes)?

The best way to measure **height** is to stand barefoot as straight as possible against a wall, and then ask someone to make a mark on the wall at the highest point on your head, and to measure the distance from the mark to the floor.

feet

inches

OR

metres

centimetres

A2. What is your weight (without shoes)?

Please fill in using kilos or stones.

stones

pounds

OR

kilos

A3. In the past month, what was the average number of times that you participated in **vigorous** physical activity (such as running, football, swimming, athletics)?

none

1 ☐

4-6 times a week

4 ☐

less than once a week

2 ☐

daily

5 ☐

1-3 times a week

3 ☐

A4. Has your voice changed at all?

no it is the same

1 ☐

yes, occasionally
it is a lot lower

2 ☐

yes, it has now
changed totally

3 ☐

not sure

4 ☐

A5. Have you started to have hair growing in the armpits?

Yes 1 ☐

No 2 ☐

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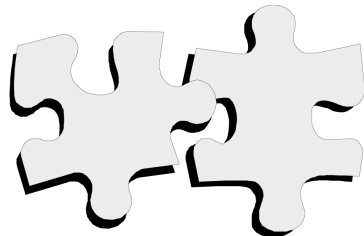
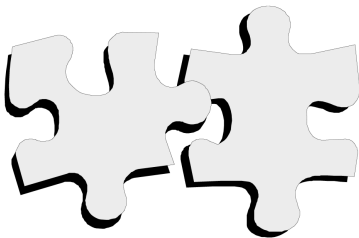
PHYSICAL DEVELOPMENT

We would like to assess the stage of your physical development using the drawings on the next pages. These show various stages commonly used by doctors to assess the growth and development of boys.

We need to know which drawings most closely match your stage of development at the moment.

Not all teenagers follow the same pattern of development.

Just pick the stage that is closest, based on both the picture and the description.



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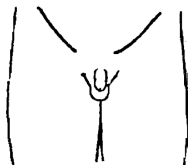
Section B

Teenagers go through the various stages of physical development at different ages. Some start as early as 6, others not until they are 20.

We need your help in letting us know what stage you are at.

Please look at each of the drawings. It is also important to read the descriptions.

Cross the box that is **closest** to your current stage



1 ☐

The size and shape of the testes, scrotum (the sac holding the testes) and penis are about the same as when you were younger.



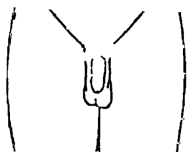
2 ☐

The penis is a little bit bigger. The scrotum has dropped and the skin of the scrotum has changed. The testes are bigger.



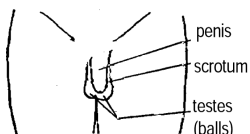
3 ☐

The penis has grown longer, the testes have grown and dropped lower.



4 ☐

The penis is longer and wider. The head of the penis is bigger, the scrotum is a darker colour and bigger. The testes are bigger.



5 ☐

The penis, scrotum and testes are the size and shape of a man's.

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Section C

As part of development, at some stage hair will start to grow just above the penis.

Please look at each of the drawings. It is also important to read the descriptions.

Cross the box that is **closest** to the amount of pubic hair that you have.



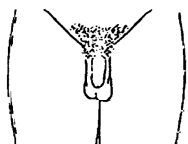
1 ☐ There is no hair at all.



2 ☐ There is a little soft, long, lightly coloured hair at the base of the penis. It may be straight or a little curly.



3 ☐ The hair is darker and more curly. It has spread out and thinly covers a bigger area.



4 ☐ The hair is as dark and curly as that of a man, but it hasn't spread out to the legs.



5 ☐ The hair is like that of a man. It has spread out to the legs.

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Section D

D1. Did you have any help to fill this in?

No ¹ ☐

Yes ² ☐



If **yes**, please say who helped you:

a) A parent helped ¹ ☐

b) Someone else helped ¹ ☐

D2. What is your date of birth?

Day			Month			Year			
		/			/	1	9	9	

D3. What is today's date?

Day			Month			Year			
		/			/	2	0	0	

Thank you VERY much for your help

When completed, please send this back to:

Children of the Nineties - ALSPAC
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BS8 1BR

coder

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