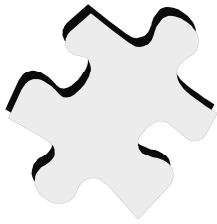


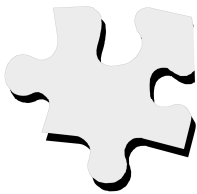
Questionnaire No.

|  |  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|--|
|  |  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|--|



## Parent/Son Questionnaire

### GROWING AND CHANGING (4)



There are important changes to a boy's body that can happen as early as 6 or as late as 20.

At this time in life we have some questions we need to ask and which we would appreciate hearing about.

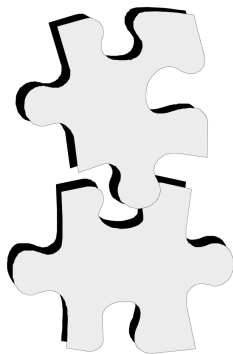
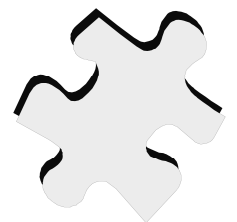
**This questionnaire can be filled in by either parent or son.**

As always, if you don't want to answer a question, put a line through it.

Your answers will of course be kept in confidence and not attached to your name.

*If you can only answer some of the questions  
please send those back.*

THANK YOU VERY MUCH FOR YOUR HELP.



## SECTION A

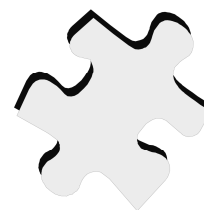
A1. What is your son's height (without shoes)?

The best way to measure **height** is to ask your son to stand barefoot as straight as possible against a wall, to make a mark on the wall at the highest point on the child's head, and to measure the distance from the mark to the floor.

|                      |   |    |                      |   |
|----------------------|---|----|----------------------|---|
| feet                 | inches                                    | OR | metres               | centimetres                               |
| <input type="text"/> | <input type="text"/> <input type="text"/> |    | <input type="text"/> | <input type="text"/> <input type="text"/> |

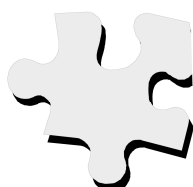
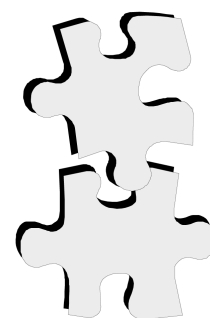
A2. What is your son's weight (without shoes)?  
Please fill in using kilos or stones.

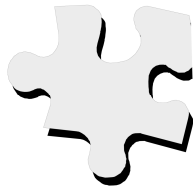
|                      |   |    |   |
|----------------------|---|----|---|
| stones               | pounds                                    | OR | kilos                                     |
| <input type="text"/> | <input type="text"/> <input type="text"/> |    | <input type="text"/> <input type="text"/> |



A3. In the past month, what was the average number of times that your son participated in **vigorous** physical activity (such as running, football, swimming, athletics)?

|                       |                      |
|-----------------------|----------------------|
| none                  | <input type="text"/> |
|                       | 1                    |
| less than once a week | <input type="text"/> |
|                       | 2                    |
| 1-3 times a week      | <input type="text"/> |
|                       | 3                    |
| 4-6 times a week      | <input type="text"/> |
|                       | 4                    |
| daily                 | <input type="text"/> |
|                       | 5                    |





## PHYSICAL DEVELOPMENT

We would like to assess the stage of your son's physical development using the drawings on the next pages. These indicate various stages of puberty commonly used by doctors to assess the growth and development of boys.

**We need to know which drawings most closely match your son's stage of development at the moment.**

Not all children follow the same pattern of development.

**Just pick the stage that is closest, based on both the picture and the description.**

If there are any additional comments about your son's physical growth and development that you would like to make, then please do so here:

.....

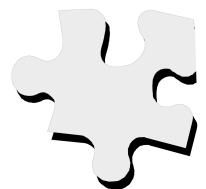
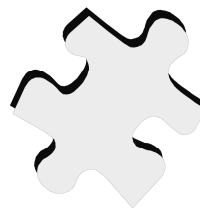
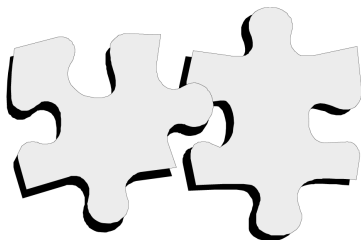
.....

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## SECTION B

Boys go through the various stages of physical development at different ages.

Some start as early as 6, others not until they are 16.

We need your help in letting us know what stage your son is at.

Please look at each of the drawings. It is also important to read the descriptions.

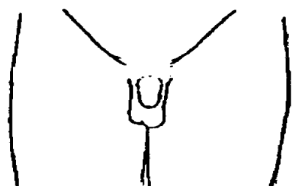
Put a tick in the box that is **closest** to your son's current stage.

☐

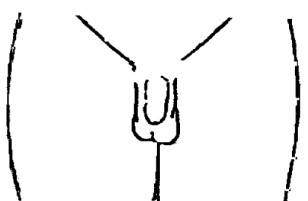
The size and shape of the testes, scrotum (the sac holding the testes) and penis are about the same as when he was younger.

☐

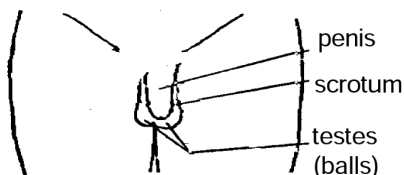
The penis is a little bit bigger. The scrotum has dropped and the skin of the scrotum has changed. The testes are bigger.

☐

The penis has grown longer, the testes have grown and dropped lower.

☐

The penis is longer and wider. The head of the penis is bigger, the scrotum is a darker colour and bigger. The testes are bigger.

☐

The penis, scrotum and testes are the size and shape of a man's.

☐

Not sure

## SECTION C

As part of development, at some stage hair will start to grow just above the penis.

Please look at each of the drawings. It is also important to read the descriptions.

Put a tick in the box that is **closest** to the amount of pubic hair that your son has.

☐

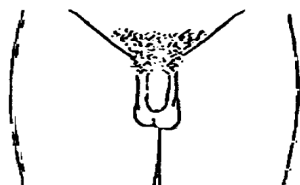
There is no hair at all.

☐

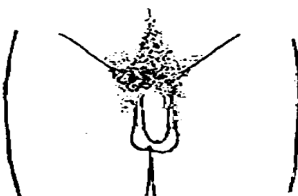
There is a little soft, long, lightly coloured hair at the base of the penis. It may be straight or a little curly.

☐

The hair is darker and more curled. It has spread out and thinly covers a bigger area.

☐

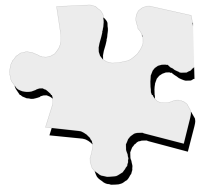
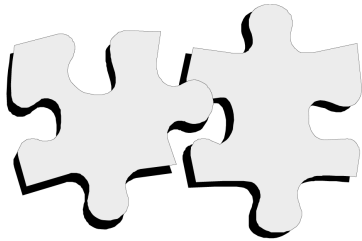
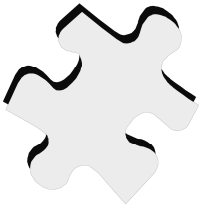
The hair is as dark and curly as that of a man, but it hasn't spread out to the legs.

☐

The hair is like that of a man. It has spread out to the legs.

☐

Not sure.



## SECTION D

D1. Has your son's voice changed at all?

no it is the same

yes, occasionally it is a lot lower

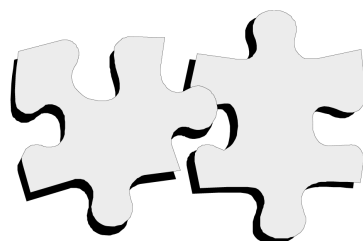
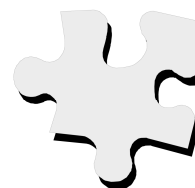
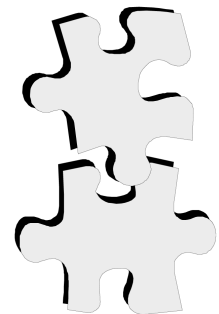
yes, it has now changed totally

not sure

D2. Has he started to have hair growing in the armpits?

Yes

No



## **SECTION E**

E1. This questionnaire was completed by: (tick all that apply)

a) parent

☐

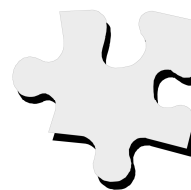
b) son

☐

c) other (please tick and describe)

☐

.....



E2. Please give the date on which you completed this questionnaire:

day

month

year

|   |   |   |  |
|---|---|---|--|
| 2 | 0 | 0 |  |
|---|---|---|--|

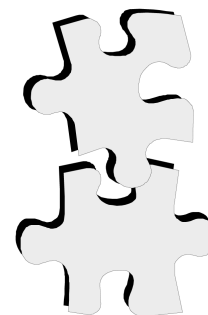
E3. Please give the date of birth of your son:

day

month

year

199



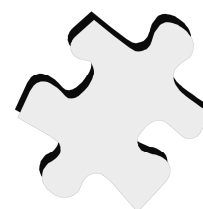
**THANK YOU VERY MUCH FOR YOUR HELP**

Space for any additional comments you would like to make

**Please remember we cannot reply to any comment unless you sign it.**

When completed, please return the questionnaire to:

**Professor Jean Golding  
Children of the Nineties - ALSPAC  
Institute of Child Health  
24 Tyndall Avenue  
Bristol  
BS8 1BR      Tel: Bristol 928 8793**



Coder

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