

## Questionnaire No:

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# YOUR DAUGHTER AT 9

90s	All answers are confidential
Chloe	

Sophie and Robert

Marley and friends

This questionnaire is to be answered by the child's main carer.

To answer simply tick the box which is most accurate in your opinion.

Some questions are the same as those you have answered before. This is so that we can tell what changes have happened to you.

Please answer all questions if you can, even if they are similar.

If you do not want to answer a question or if it does not apply to you, put a line through it.

There are no good or bad answers. Just tell us what is true of your child as far as you know.

All answers are confidential

THANK YOU FOR YOUR HELP

## **SECTION A: SCHOOL**

A1.	a)	Does she go to school?  Yes  1  No  2	→If <u>no</u> , go t	o A17a on page	e <b>11</b>
	b)	How many different sch		ne to?	
	c)	What types of school ha	s she gone to?		
			(i) 1st school	(ii) 2nd school	(iii) 3rd school
	d)	infant school	1	1	1
	e)	primary school	1	1	1
	f)	private (fee paying )	1	1	1
	g)	boarding school	1	1	1
	h)	studies at home	1	1	1
	i)	special school*	1	1	1
	j)	not able to be taught	1	1	1
		*If special school please	e describe type .		
		<b>U</b> // Brillia	0 children spen	OU KNOW?  t half a day at Formula Help us to encounter  9.	ocus <u>@7</u> .

A1.	k) Please	describe reasons	for child being a	t current school (	tick all that apply):
	i)	It was the only a	available choice	1	
	ii)	It was the best a	available	1	
	iii)	There were med	lical reasons	→ plea	se describe
	iv)	There were psyc	chological reason	- plea	se describe
	v)	Other (please tie	ck and describe)	1	
A2.				24 hour cloc	k
			1	hours minu	
	a)	What time does			(e.g. 4 o'clock in the afternoon is
	b)	What time does	school end ?		16.00)
	c)	What time does leave school to			
A3.	Who takes her	to and from sch	ool nowadays? (T	Γick all that apply	)
			i) oing	(ii) Coming l	nack
		every day	some days	every day	some days
a)	I take her	1	2	1	2
b)	My partner tal her	ces 1	2	1	2
c)	A grandparent adult relative	or 1	2	1	2
d)	An older child	l <u>1</u>	2	1	2
e)	Childminder	1	2	1	2
f)	Other person	1	2	1	2
g)	Goes on her o	wn 1	2	1	2

A4.	How does s	he get to school?	•	(2.2)	
			(i) Soing	(ii) Coming	back
		every day	some days	every day	some days
a)	She walks	1	2	1	2
b)	She goes in wheelchair	a 1	2	1	2
c)	By public transport	1	2	1	2
d)	School bus/coach	1	2	1	2
e)	By car	1	2	1	2
f)	Rides bicyc	ele 1	2	1	2
g)	Other (pleastick & descri	- 11 1	2	1	2
A5.	a) How	v far away is the sc	hool?		
	less	than ½ mile (1 km	) away		
	1/2 -	1 mile (1-2 km) aw	/ay <u>2</u>		
	1 - 5	5 miles (2-8 km) av	vay 3		
	mor	e than 5 miles (8 kg	m) away 4		
	b) How	v long does it take	to get there in the	morning?	minutes
A6.	We	would like to know	www.www.athappens.af	ter school.	
	a) Doe	s she <u>usually</u> go str	raight home?		
	No	Yes 2	→If <u>ves</u> , go to	o A6c on page 6	

A6.	b)	If <u>no</u>	, where does she go?				
				Every day	Some days	Never	
		i)	to a relative's home	1	2	3	
		ii)	to a friend's home	1	2	3	
		iii)	to a childminder	1	2	3	
		iv)	school club	1	2	3	
		v)	plays outside	1	2	3	
		vi)	other (please tick and describe)	1	2	3	
	c)	If she	e goes straight home is an adul	It always there?	,		
		yes, a	always 1 yes, 1	usually <sub>2</sub>	yes, s	ometimes	3
		no, h	ardly 4				



Some of these questions may seem familiar. We have asked similar ones before, but don't forget circumstances change for a lot of us over a period of time and your answers today may be different from last time!

A7.	How o	does she feel about scho	ool? <b>Always</b>	Usual	ly Sor	netimes	Not at al	11
a)	She lo	ooks forward to seeing achers	1	2		3	4	
b)	She er	njoys school	1	2		3	4	
c)	She is	stimulated by it	1	2		3	4	
d)	She is teache	frightened by the	1	2		3	4	
e)		frightened by her I mates	1	2		3	4	
f)	She is	afraid of failure	1	2	]	3	4	
g)	She se	eems bored by school	1	2		3	4	
h)	She lil	kes her school mates	1	2		3	4	
i)	She lo	ooks forward to lessons	1	2		3	4	
A8.	At sch	nool how much do you t	S	likes: She likes t a lot	She quite likes it	She do		oes not
	a)	Science, natural histor	ry	1	2	3	]	4
	b)	Maths		1	2	3		4
	c)	English		1	2	3		4
	d)	Games/PE		1	2	3		4
	e)	Foreign language		1	2	3		4
	f)	Art/painting		1	2	3	j	4
	g)	Music		1	2	3	<b>1</b>	4
	h)	Geography		1	2	3	j	4
	i)	History		1	2	3	j	4

A8.	j)	Other topic		a lot likes She	quite She d s it not lil	
	J/	(please tick & descri	be) <u>1</u>	2	3	
A9.	When	she finishes school an	d returns ho	ome:		
	Does	she:	Always	Usually	Sometimes	Never
a)	Read, by her	draw or play quietly	1	2	3	4
b)	Watch	n TV or video	1	2	3	4
c)	Play v	vith other children	1	2	3	4
d)	Use a	computer	1	2	3	4
e)	Do sc	hoolwork	1	2	3	4
f)	Listen	to music	1	2	3	4
g)		thing else (please tick escribe)	1	2	3	4
	•••••		• • • • • • • • • • • • • • • • • • • •			• • • • • • • • • • • • • • • • • • • •
A10.	When	you meet at home after	er school:			
	Does	she:	Always	Usually	Sometimes	Never
a)	Talk a	about the events of the	1	2	3	4
b)	Ask a	bout what has happene or day	d 1	2	3	4

A11.	a) b)	Does she bring home things that Yes \[ \begin{array}{cccccccccccccccccccccccccccccccccccc	→ If <u>no</u> , go to A	A12 below e can see them?		
A12.	When	she gets home from school how			metimes	Never
	a)	excited				
	b)	talkative	1	2	3	4
		withdrawn	1	2	3	4
	c)		1	2	3	4
	d)	calm	1	2	3	4
	e)	very active	1	2	3	4
	f)	sleepy	1	2	3	4
	g)	angry	1	2	3	4
	h)	hungry	1	2	3	4
	i)	tearful	1	2	3	4
	j)	anxious	1	2	3	4
	k)	affectionate	1	2	3	4
	1)	tired	1	2	3	4
	m)	in need of your support	1	2	3	4
	n)	she avoids talking about school	1	2	3	4
	o)	other (please tick and describe)	1	2	3	4

A13.	a)	Are you interested in what your child does at school?
		Yes very
	b)	Are you happy with the teaching your daughter is getting at school?
		Yes very No, not really No, not really 3
	c)	Are you happy with the progress your daughter is making at school?
		Yes very 1 Yes mostly 2 No, not really 3
	d)	Are you happy with her behaviour at school?
		Yes very No, not really No, not really 3
A14.		Has she been identified as having any particular problems at school?
		Yes $\begin{bmatrix} & & & \\ & & \\ & & \end{bmatrix}$ No $\begin{bmatrix} & & \\ 2 & & \end{bmatrix}$ If $\underline{\mathbf{no}}$ , go to A17 on page 11
If <u>ves</u> ,	which j	oroblems? (tick all that apply) disciplinary
	b)	learning 1
	ŕ	
	c)	in relationships 1
	d)	emotional 1
	e)	other 1
	f)	Please describe each type of school problem:
	•••••	
A15.	Have v	you been invited to the school to talk about any of these problems?
	110,00	
		Yes No 2

<b>A</b> 16	a) V	Was the child investig	gated by a special	ist for any of these problems?
	7	Yes 1	No 2	If <u>no</u> , go to A17 below
	If <u>yes</u> , w	what was the result?		
	b) I	Oid this investigation	result in extra he	lp for the child?
	7	Yes 1	No 2	If <u>no</u> , go to A17 below
	If <u>ves</u> , d	escribe what:		
<b>4</b> 17.	a) I	Do you think that you	r study shild has	any particular talents?
<b>1</b> 17.		Yes 1	No 2	If no. go to A18 below
	b) 1	If <u>ves</u> , please describe	<u>)</u>	
<b>A</b> 18.	Does yo adult?	ur child show any int	erest in taking up	any particular occupation when she is an
	`	Yes 1	No 2	If <u>no.</u> go to A19 below
	If <u>ves</u> , p	lease describe		
<b>A</b> 19.	Is there	an occupation you rea	ally hope your ch	ild will choose?
		Yes 1		If <u>no,</u> go to A20 on page 12
	II ves n	lease describe		

the minimum – and leave school as soon as possible

to get some good GCSE's and then leave

to take at least one A level

to go to University

other (please tick and describe .....)

What sort of education do you hope your child will have? (tick just one)

don't really care

A20.

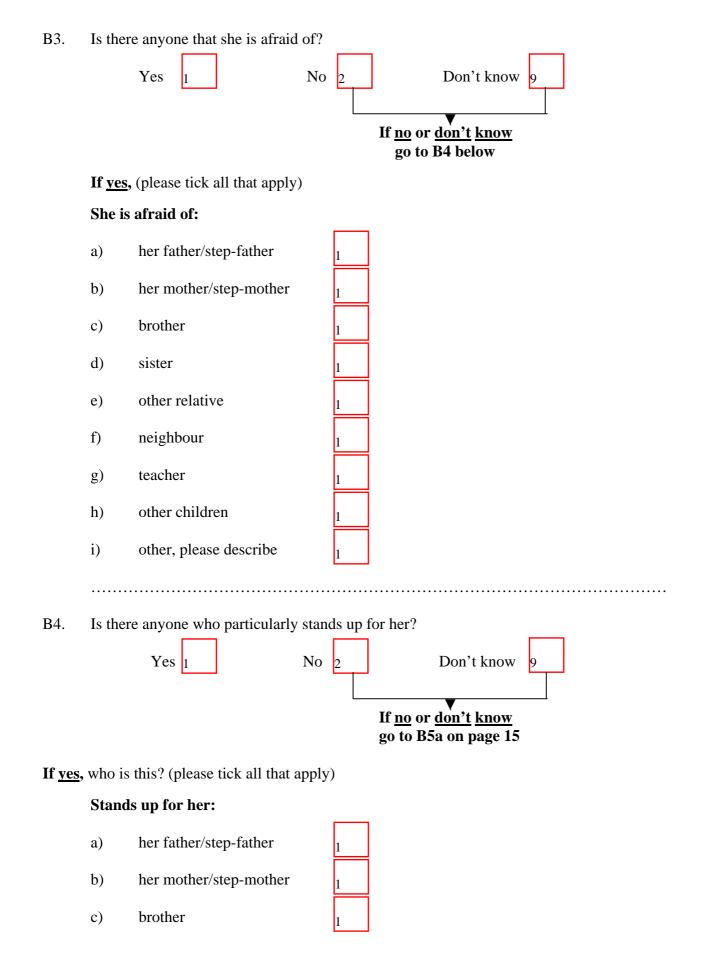


We try to use as many photographs as we can in your questionnaires, but everything you send us is used somewhere: in publicity material, in newsletters or to decorate our Focus clinics.

We love to receive pictures so please keep on sending them

### **SECTION B: DISCIPLINE & LIFESTYLE**

B1.	a)	Are there rules in your ho	ome about what	your study child	can and cannot do?
		No, not at all	Yes for some things	2	Yes, for many things 3
	b)	Does she refuse to do wh	at she does not v	want to do?	
		Yes usually	Yes sometimes	2	No, not at all
			(ii) My husband/ partner does	(iii) Her teacher does	(iv) Someone else → please describe
c)		has most control your study child?	1	1	1
d)	Who off?	usually tells her 1	1	1	1
e)	Who her?	usually punishes 1	1	1	1
	f)	How often is she punishe	d?		
		every day	several time a week	es 2	once or twice a week
		once or twice a month 4	ra	rely 5	never 6
	g)	How often do you slap or	hit her?		
		every day 1	several time a week	es 2	once or twice a week
		once or twice a a month	ra	rely 5	never 6
B2.	Has s	she ever run away from hom	ne?		
	Yes	No, but ha	s tried to 2		but has thought joing so
	No, n	never 4 Don't kno	w <sub>9</sub>		



	Stand	ds up for her:
B4.	d)	sister 1
	e)	other relative 1
	f)	neighbour 1
	g)	teacher 1
	h)	other children 1
	i)	other, please tick & describe 1
B5.	a)	On normal school days what time in the morning does your child usually wake up?
		hours minutes a.m.
	b)	On normal school days what time in the evening does your child usually go to sleep?
		hours minutes p.m.
	c)	On weekends what time in the morning does your child usually wake up?
		hours minutes a.m.
	d)	On weekends what time in the evening does your child usually go to sleep?
		hours minutes
		p.m.

B6.	Have you ever been told that your child has:				
		<b>N</b> 7	<b>T</b> 7	age	
		No	Yes	at diagnosis	
a)	dyslexia	1	2	>	years
b)	dyspraxia	1	2	>	years
c)	dysgrafia	1	2	>	years
d)	dysortografia	1	2	>	years
e)	dyscalculia	1	2	>	years
f)	autism, Asperge syndrome or aut disorder		2	>	years
g)	other (please tick & de	escribe)	2	>	years
В7.		e understand the con Yes 1	ncept of right a	nd wrong?	
	b) Can she	determine herself w	hat is proper b	ehaviour?	
	Yes usual	Yes som	etimes 2	No	Don't know 9
B8.	What does she c	onsider important in	n her life? (tick	all that apply) <b>Yes</b>	
	a) s	chool results		1	
		elationship between nd her teacher	herself	1	
		elationship between nd her friends	herself	1	
	d) fa	amily relationships		1	
	e) h	obbies, interests		1	
	f) fi	riends		1	

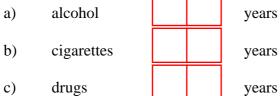
				Yes	
B8.	g)	clothes		1	
	h)	money		1	
	i)	material possessions		1	
	j)	holidays, trips		1	
B9.	What does she	e really like to do best	? (tick all that a	pply)	
				Yes	
	a)	sports		1	
	b)	playing a musical instrument		1	
	c)	singing		1	
	d)	dancing		1	
	e)	reading		1	
	f)	drawing		1	
	g)	making things		1	
	h)	other		1	
		(please tick and descri	ribe)		 · • • •
B10.	Does s	the understand the foll	owing abstract <b>Yes</b>	terms?	
	a)	later	1	2	
	b)	not at all	1	2	
	c)	far away	1	2	
	d)	infinite	1	2	

B11.		quences?	an irrever	sible event with	all its emoti	ional
		Yes, understands 1	Yes, more understan			
		Not really 3	Not at all	4		
B12.	Does	she take an interest?	•	7	NT 4	NT 4
			. •	Yes, somewhat nterested	No, not interested	Not sure
	a)	in nationalism	1	2	3	4
	b)	in politics	1	2	3	4
	c)	in the meaning of life	1	2	3	4
	d)	in law and order	1	2	3	4
	e)	in religion	1	2	3	4
	f)	Does she attend a place of worship (c	church, mo	osque, etc)?		
		Yes often 1 Yes sometimes	s 2	No, not at	all <sub>3</sub>	
	g)	Does she pray?				
		Yes often 1 Yes sometimes	S 2	No, not at	all <sub>3</sub>	
		Don't know 9				
B13.	a)	What friends does she prefer?				
		boys				
		girls 2				
		she doesn't mind				
		she doesn't have friends 4				
	b)	Does she have a favourite friend of the	ne other se	ex?		
		Yes 1 No 2				

s?
Possibly I do not think so  3 4 4 4 4
bably Possibly I do not think so  3 4 3 4 4 4

### If yes to any of the above,

B17.	(ii)	At what age was she when she tri never tried them)	ed them? (put 99 if you don't know and 88 if she
		a) alcohol	vaars





The Children of the 90s study is in the forefront of new knowledge about children's health!

Over 100 scientific papers have been published or are in press in medical journals.

None of this would have been possible without your valuable help.

# **SECTION C: TALKING**

Below are a number of statements about speech. Please indicate which are true for your study child.

		Certainly true	Somewhat true	Not true
C1.	People can understand almost everything she says	1	2	3
C2.	People have trouble in understanding much of what she says	g <sub>1</sub>	2	3
C3.	She seldom makes any errors in producing speech sounds	1	2	3
C4.	She mispronounces one or two speed sounds but is not difficult to understandered e.g. may say "th" for "s" or "w" for	and;	2	3
C5.	Her production of speech sounds see immature, like that of a younger chile.g. she says "tat" for "cat", or "chin for "chimney", or "bokkle" for "bott	ld, <sup>[1</sup> nbley"	2	3
C6.	She seems unable to produce several sounds; e.g. "k" or "s", so that "cat" and "sat" are both pronounced as "ta	1	2	3
C7.	She leaves off beginnings or ends of words, or omits entire syllables e.g. "bella" for "umbrella"	1	2	3
C8.	It is much harder to understand her washe is talking in sentences, rather that just producing single words		2	3
C9.	Her speech is extremely rapid	1	2	3
C10.	She seems to have difficulty in constitue whole of what she wants to say: makes false starts, and repeats whole words and phrases; e.g. might say "can-I-can-can I have an-have an ice	e 1	2	3
C11.	Her words are clearly spoken and the flow one from another	ey 1	2	3

	Ce	rtainly true	Somewhat true	Not true
C12.	Speech is mostly just 2 or 3 word phrases such as "me got ball" or "give dolly"	1	2	3
C13.	She can produce long and complicated sentences such as: "When we went to the park I had a go on the swings"; "I saw the man standing on the corner"		2	3
C14.	She tends to leave out words and grammatical endings, such as: "I find tw dog", "John go there yesterday"	0	2	3
C15.	Sometimes she makes mistakes with pronouns, e.g. saying "she" rather than "he" or vice versa	1	2	3
C16.	She talks to anyone and everyone	1	2	3
C17.	She talks too much	1	2	3
C18.	She keeps telling people things that they know already	1	2	3
C19.	She talks to herself	1	2	3
C20.	She talks repetitively about things that no-one is interested in	1	2	3
C21.	She asks questions although she knows the answers	1	2	3
C22.	It is sometimes hard to make sense of what she is saying because it seems illogical or disconnected	1	2	3
C23.	Conversation with her can be enjoyable and interesting	1	2	3
C24.	She can give an easy-to-follow account of a past event such as a birthday party of holiday	or 1	2	3

	Cer	tainly true	Somewhat true	Not true
C25.	She can talk clearly about what she plans to do in the future e.g. tomorrow or next week	1	2	3
C26.	She would have difficulty in explaining to a younger child how to play a simple gam such as "snap"		2	3
C27.	She has difficulty in telling a story, or describing what she has done in a sequence of events	1	2	3
C28.	She uses terms like "he" or "it" without making it clear what she is talking about	1	2	3
C29.	She doesn't seem to realise the need to explain what she is talking about to someone who doesn't share her experiences; e.g. might talk about "Johnny" without explaining who he is	1	2	3
C30.	She pronounces words in an over-precise manner: accent may sound rather affected or "put-on", as if child is mimicking a TV personality rather than talking like those around her	1	2	3
C31.	She makes frequent use of expressions such as "by the way", "actually", "you know what?", "as a matter of fact", "well know" or "of course"	l you	2	3
C32.	She will suddenly change the topic of conversation	1	2	3
C33.	She often turns the conversation to a favourite theme, rather than following what the other person wants to talk about	1	2	3
C34.	Conversation with her tends to go off in unexpected directions	1	2	3

	Certainly true	Somewhat true	Not true
C35.	She includes over-precise information in her talk, e.g. will give the exact time or date of an event. e.g. when asked "when did you go on holiday?" may say "13 <sup>th</sup> July 1995" rather than "in the summer"	2	3
C36.	She has favourite phrases, sentences or longer sequences which she will use a great deal, sometimes in inappropriate situations	2	3
C37.	She sometimes seems to say things that she does not fully understand	2	3
C38.	She tends to repeat back what others have just said	2	3
C39.	Her ability to communicate clearly seems to vary a great deal from one situation to another	2	3
C40.	She takes in just one or two words in a sentence, and so often misinterprets what has been said	2	3
C41.	She can understand sarcasm e.g. will be amused rather than confused when someone says "isn't it a lovely day!" when it is pouring with rain	2	3
C42.	She tends to be over-literal, sometimes with (unintentionally) funny results. e.g. a child who was asked "Do you find it hard to get up in the morning" replied "No, you just put one leg out of the bed and then the other and stand up"	2	3
C43.	She gets into trouble, because she doesn't always understand the rules for polite behaviour, and is regarded by others as rude or strange	2	3
C44.	She may say things which are tactless or socially inappropriate	2	3

		Certainly true	Somewhat true	Not true
C45.	She treats everyone the same way, regardless of social status: e.g. she mig talk to the head teacher the same way a to another child		2	3
C46.	She ignores conversational overtures frothers e.g. if asked "what are you making?" the child just continues work as if nothing had happened	1	2	3
C47.	She hardly ever starts up a conversation does not volunteer information about what has happened	n; <u>1</u>	2	3
C48.	She doesn't seem to read facial express or tone of voice and may not realise when other people are upset or angry	sions 1	2	3
C49.	She is poor at using facial expressions of gestures to convey her feelings; she malook blank when angry, or smile when	ıy 1	2	3
C50.	She makes good use of gestures to get l meaning across	her 1	2	3
C51.	She seldom or never looks at the person she is talking to: seems to actively avoi eye contact		2	3
C52.	She tends to look away from the persor she is talking to: seems inattentive or preoccupied	1	2	3
C53.	She smiles appropriately when talking to people	1	2	3

Michelle and her sister

# SECTION D: THE CHILD'S ACTIVITIES

D1. About how often does your child do the following:

How o	often does she:	Nearly every day	2-5 times a week	Once a week	1-3 times a month	Less than once per month	Not at all
a)	Go swimming	1	2	3	4	5	6
b)	Play a musical instrument (e.g. piano, recorder)	1	2	3	4	5	6
c)	Go to special groups (such as Scouts)	1	2	3	4	5	6
	Please tick and describe	e					
d)	Go to Sunday School	1	2	3	4	5	6
e)	Go to special classes or clubs for some activity (e.g. dancing, judo, sports)	1	2	3	4	5	6
	Please tick and describe	e					
f)	Go to special classes because of learning difficulty	1	2	3	4	5	6
	Please tick and describe	e					
g)	Classes for foreign languages	1	2	3	4	5	6
	Please tick and describe	e			•••••		• • • • • • • • • • • • • • • • • • • •
h)	Singing group	1	2	3	4	5	6
	Please tick and describe	e					
i)	Other type of classes or group	1	2	3	4	5	6
	Please tick and describe	۵					

D1. <b>How</b>	often does she:	Nearly every day	2-5 times a week	Once a week	1-3 times a month	Less than once per month	Not at all
j)	See her grandparents	1	2	3	4	5	6
k)	Play computer games	1	2	3	4	5	6
1)	Help in the house	1	2	3	4	5	6

D2. How often does her mother or other adult female do these activities with her?

	Adult female:	Nearly every day	2-5 times a week	Once a week	Less than once a week	Never 
a)	bath (or showers) her	1	2	3	4	5
b)	makes things with her	1	2	3	4	5
c)	sings with her	1	2	3	4	5
d)	reads to/with her	1	2	3	4	4
e)	plays with toys	1	2	3	4	5
f)	cuddles her	1	2	3	4	5
g)	active play (e.g. ball games, wrestling, hide and seek)	1	2	3	4	5
h)	takes her to the park or playground	1	2	3	4	5
i)	puts her to bed	1	2	3	4	5
j)	takes her swimming, fishing or other activity	1	2	3	4	5
k)	draws or paints with her	1	2	3	4	5
1)	prepares food with her	1	2	3	4	5

D2.	Adult female:	Nearly every day	2-5 times a week	Once a week	Less than once a week	Never
m)	takes her to classes	1	2	3	4	5
n)	takes her shopping	1	2	3	4	5
o)	takes her to watch sports/football	1	2	3	4	5
p)	does homework with her	1	2	3	4	5
q)	has conversations with her	1	2	3	4	5
r)	helps her prepare things for school	1	2	3	4	5
s)	other (please tick & describe	1	2	3	4	5

t) Who are the women involved in any of these activities with the study child? (tick all that apply)

i)	Her mother	1	
ii)	Her stepmother/father's partner	1	
iii)	Her grandmother	1	
iv)	Her grown-up sister	1	
v)	Another relative	1	
vi)	A family friend	1	
vii)	A lodger	1	
viii)	A baby sitter/nanny	1	
ix)	Other (please tick and describe)	1	

D3. How often does a male adult (e.g. her father/mother's husband or partner) do these activities with your child?

Nearly 2-5 Once Less Never

		Nearly every	2-5 times	Once a	Less than	Never
Adult	male:	day	a week	week	once a week	<b>V</b>
110010						
a)	bath (or showers) her	1	2	3	4	5
b)	makes things with her	1	2	3	4	5
c)	sings with her	1	2	3	4	5
d)	reads to/with her	1	2	3	4	5
e)	plays with toys	1	2	3	4	5
f)	cuddles her	1	2	3	4	5
g)	active play (e.g. ball games,					
	wrestling, hide and seek)	1	2	3	4	5
h)	takes her to the park or					_
	playground	1	2	3	4	5
i)	puts her to bed	1	2	3	4	5
j)	takes her swimming, fishing or similar activity	1	2	3	4	5
k)	draws or paints with her	1	2	3	4	5
1)	prepares food with her	1	2	3	4	5
m)	takes her to classes	1	2	3	4	5
n)	takes her shopping	1	2	3	4	5
o)	take her to watch sports/					
	football	1	2	3	4	5
p)	does homework with her	1	2	3	4	5
q)	has conversations with her	1	2	3	4	5
r)	helps her prepare things for school	1	2	3	4	5

D3.		Adult	t male:	Nearly every day	2 - 5 times a week	Once a week	Less than once a week	Never
	s)	other descri	(please tick and ibe)	1	2	3	4	5
	t)		are the men involved in	n any of the	se activitie	s with the	study chil	d? (tick
		i)	Her father		1			
		ii)	Her stepfather/mothe	er's partner	1			
		iii)	Her grandfather		1			
		iv)	Her grown-up brothe	er	1			
		v)	Another relative		1			
		vi)	A family friend		1			
		vii)	A lodger		1			
		viii)	A baby sitter/nanny		1			
		ix)	Other (please tick and		1			
D4.	Help i	in the h	ouse:	•••••		•••••		
	a)	Does your daughter help in the home (cleaning, washing dishes etc.)?						
			Yes, but only if made	e to	1			
			Yes, sometimes offer sometimes is made to		2			
			Yes, always offers to	,	3			
			No, refuses to help		4			

No, is not allowed to help

D4.	b)	If <b>not allowed</b> , why is this?
D5.	Does	she have a space in which she can do things on her own?
		Yes, her own bedroom
		A corner of a room 2
		Her own table
		No, there is no room for this  4
		Something else (please tick and describe) 5
D6.	a)	Does she have brothers and/or sisters living at home (include step and half-brothers and sisters)?
		Yes $\frac{1}{1}$ No $\frac{1}{2}$ — If $\underline{\mathbf{no}}$ , go to D7 on page 33
	If <u>ye</u>	<u>s</u> ,
	b)	How many?
		i) older brothers older sisters
		ii) younger brothers younger sisters
		iii) twin brother twin sister
	Pleas	se give the age of: (Put 99 if no such person. Put 00 if less than 1 year old)
		iv) oldest brother years old
		v) oldest sister years old
		vi) youngest brother years old
		vii) youngest sister years old

D6. c) How often does she do the following with them?

With her brothers and sisters	Nearly every day	2-5 times a week	Once a week	Less than once a week	Never
(i) Play with toys	1	2	3	4	5
(ii) Read together	1	2	3	4	5
(iii) Sing together	1	2	3	4	5
(iv) Make things, draw or paint	1	2	3	4	5
(v) Go out together	1	2	3	4	5
(vi) Talk together	1	2	3	4	5
(vii) Eat together	1	2	3	4	5
(viii) Argue with one another	1	2	3	4	5
(ix) Do sports together	1	2	3	4	5

- D7. a) Does she wear clothes that have been handed down free from others? (tick all that apply)
  - i) yes, from older brothers & sisters

1

ii) yes, from other relatives

1

iii) yes, from friends

1

b) Does she ever have clothes bought second hand for her?

Yes



No

2

#### **SECTION E: MOODS AND FEELINGS**

These questions are about how your child may have been feeling or acting recently. For each question, please say how much she has felt or acted this way in the <u>past two weeks</u>.

		True	Sometimes true	Not true
E1.	She felt miserable or unhappy	1	2	3
E2.	She didn't enjoy anything at all	1	2	3
E3.	She felt so tired that she just sat around and did nothing	1	2	3
E4.	She was very restless	1	2	3
E5.	She felt she was no good any more	1	2	3
E6.	She cried a lot	1	2	3
E7.	She found it hard to think properly or concentrate	1	2	3
E8.	She hated herself	1	2	3
E9.	She felt she was a bad person	1	2	3
E10.	She felt lonely	1	2	3
E11.	She thought nobody really loved her	1	2	3
E12.	She thought she could never be as good as other kids	1	2	3
E13.	She felt she did everything wrong	1	2	3



#### **DID YOU KNOW? .....**

There are Children of the 90s families in 40 different countries!

# SECTION F: STRENGTHS AND DIFFICULTIES

Please think how your child has been in the past 6 months

	In the last six months:	Not true	Somewhat true	Certainly true	Don't know
F1.	She has been considerate of other people's feelings	1	2	3	4
F2.	She has been restless, overactive, cannot stay still for long	1	2	3	4
F3.	She has often complained of headaches, stomach aches or sickness	1	2	3	4
F4.	She has shared readily with other children (treats, toys, pencils etc.)	1	2	3	4
F5.	She has often had temper trantrums or hot tempers	1	2	3	4
F6.	She is rather solitary, tends to play alone	1	2	3	4
F7.	She is generally obedient, usually does wha adults request	t 1	2	3	4
F8.	She has many worries, often seems worried	1	2	3	4
F9.	She is helpful if someone is hurt, upset or feeling ill	1	2	3	4
F10.	She is constantly fidgeting or squirming	1	2	3	4
F11.	She has at least one good friend	1	2	3	4
F12.	She often fights with other children or bullies them	1	2	3	4
F13.	She is often unhappy, down-hearted or tearful	1	2	3	4
F14.	She is generally liked by other children	1	2	3	4

	In the last six months:	Not true	Somewhat true	Certainly true	Don't know
F15.	She is easily distracted, her concentration wanders	1	2	3	4
F16.	She is nervous or clingy in new situations, easily loses confidence	1	2	3	4
F17.	She is kind to younger children	1	2	3	4
F18.	She often lies or cheats	1	2	3	4
F19.	She is picked on or bullied by other children	n 1	2	3	4
F20.	She often volunteers to help others (parents teachers, other children)	, 1	2	3	4
F21.	She thinks things out before acting	1	2	3	4
F22.	She steals from home, school or elsewhere	1	2	3	4
F23.	She gets on better with adults than with other children	1	2	3	4
F24.	She has many fears, is easily scared	1	2	3	4
F25.	She sees tasks through to the end, has good attention span	1	2	3	4

Sam

#### **SECTION G: SLEEPING**

G1.	a)	Does	your chil	ld have a re	gular sleeping routi	ne?
		Yes	1	No <sub>2</sub>		
	b)	How	often dur	ing the nig	ht does she usually	wake? times
G2.	a)	When	re does sh	e usually s	(i) When she goes to bed at night	(ii) When she wakes in the morning
	in h	er own ro	oom on h	er own	1	1
	in a room with other children			hildren	2	2
	in yo	our bedr	room		3	3
	in a	room wi	th other a	dults	4	4
		er place ase tick d	& describ	e)	5	5
	b)	Does	she sleep	on her ow	n most nights or do (i) When she goes to bed at night	es she share a bed? (ii) When she wakes in the morning
	in ho	er own b	ed		1	1
	in a bed with other children			ildren	2	2
	in yo	our bed v	with you		3	3
	in a	bed with	other ad	ult	4	4
		er place ase tick a	& describ	e)	5	5

G2. c) How often does she sleep:

		Always	Usually	Sometimes	Hardly ever
i)	on her back	1	2	3	4
ii)	on her side	1	2	3	4
iii)	on her front	1	2	3	4

d) Does your child seem to grind her teeth:

		Yes, often	Yes, sometimes	No
i)	when she's asleep?	1	2	3
ii)	at other times?	1	2	3

e) In the room where the child sleeps most of the night:

		In Winter			In S		
		Yes always	Yes some- times	No not at all	Yes always	Yes some- times	No not at all
i)	is the heating on all night?	1	2	3	1	2	3
ii)	is the heating on part of the night?	1	2	3	1	2	3
iii)	is there a window open at night?	1	2	3	1	2	3
iv)	does she sleep with a duve	t? 1	2	3	1	2	3
v)	does she have an electric blanket?	1	2	3	1	2	3
vi)	does she sleep with a pillov	w? <mark>1</mark>	2	3	1	2	3

# G3. **In the past year** has your child regularly:

		Yes, but did not worry me	Yes, worried me a bit	Yes, worried me greatly	No, did not happen	Don't know
a)	refused to go to bed	1	2	3	4	9
b)	woken very early	1	2	3	4	9
c)	had difficulty going to sleep	1	2	3	4	9
d)	had nightmares	1	2	3	4	9
e)	continued to get up after being put to bed	1	2	3	4	9
f)	refused to go to bed	1	2	3	4	9
g)	got up after only a fer hours sleep	w 1	2	3	4	9

Samuel Paige

#### **SECTION H: BITS AND PIECES**

Please list the dates on which your child was weighed or measured since she was 7 years old and add her height and weight. If you don't know, please write DK and go to H2 below.

	<u>Date</u>	<u>Weight</u>	<u> </u>	<u>leight</u>		
H1.	a)/					
	b)/					
	c)//					
	d)/					
H2.	What size sho	es does she take	?			
Н3.	How often no	wadays does she	wear the follow	ving footwear:		
		(i) Out of door	rs	<b>(</b> i	ii) Indoors	
	τ	Jsually Sometin	mes Never	Usually	Sometimes	Never
a)	sandals	1 2	3	1	2	3
b)	trainers/ plimsolls	1 2	3	1	2	3
c)	slippers	1 2	3	1	2	3
d)	shoes	1 2	3	1	2	3
e)	other (please tick and describe)	1 2	3	1	2	3
H4.	How long do	you usually let h	er grow her hair	r before cutting	it?	
	less than 1 inc	1	more than 1 incl but not shoulder	10	shoulde	er length 3
	longer than shoulder	4	never has it cut	otl	her, please de	escribe 6
				••		

H5.		How many of the following immunisations has she had <u>since the age of 7</u> ? (If you don't know put 9)							
		Number							
	a)	BCG (for tuberculosis)							
	b)	DTP or Triple (includes whooping cough)							
	c)	DT (without whooping cough)							
	d)	Polio							
	e)	MMR (measles, mumps and rubella)							
	f)	Hib (Haemophylus influenzae B - for meningitis)							
	g)	Other (please tick and describe)							
	h) Did she have a temperature or was she unwell after any of these immunisations?								
		Yes $\frac{1}{1}$ No $\frac{1}{2}$ If $\underline{no}$ , go to I1 on page 42							
	If y	If <u>yes</u> , please describe:							
	i)	which immunisation:							
	ii)	how old was she? years							
	iii)	iii) how long after the immunisation did this start?							
		$\begin{array}{c ccccccccccccccccccccccccccccccccccc$							
		3-6 days 4 1 week or more 5 don't know 9							
	iv)	how was she affected?							

#### **SECTION I: USING THE TOILET**

I1.

When she needs to go to the toilet to urinate (pass water):
a) How often does she show signs (e.g. fidgets) that she needs to go?
never
b) When she needs to, how often does she go to the toilet without you having to remind her?
never $\begin{bmatrix} 1 \end{bmatrix}$ sometimes $\begin{bmatrix} 2 \end{bmatrix}$ often $\begin{bmatrix} 3 \end{bmatrix}$ always $\begin{bmatrix} 4 \end{bmatrix}$
c) Does she have to dash to the toilet quickly when she realises she needs to go?
yes, has to go straight away
can hold for a short time
(less than 5 minutes) 2
can hold for longer than 5 minutes 3
d) How often does she usually go to the toilet to pass water during the day?
less than 5 times a day 1 5-9 times a day 2
10 or more times a day 3 don't know 9
e) How often does she usually get up to go to the toilet at night?
not at all $\begin{bmatrix} 1 \end{bmatrix}$ once $\begin{bmatrix} 2 \end{bmatrix}$ twice $\begin{bmatrix} 3 \end{bmatrix}$
3 or more times 4 don't know 9

I1. How often usually does your child:

	Never	Occasional accident but less than once a week	About once a week	2-5 time a week	Nearly every day	More than once a day
f) dirty her pants during the day	1	2	3	4	5	6
g) dirty herself at night	1	2	3	4	5	6
h) wet herself during the day	1	2	3	4	5	6
i) wet the bed at night	1	2	3	4	5	6
j) If she wets at night, how of	ten does s	she: <b>never</b>	someti	mes	often	always
(i) wake up after wett	ting		2		3	4
(ii) seem to wet soon going to sleep	after	1	2		3	4
(iii) seem upset when is wet	the bed	1	2		3	4
I2. Which of the following your child stop wetting	_	-		-	-	•

necessarily effective in helping children to stop wetting during the day).

Tick all that apply:	(i) Have used in the past	(ii) Using now
a) taking/sending her to the toilet	t regularly 1	1
<ul><li>b) encouraging child to 'hold on' using the toilet</li></ul>	before 1	1
c) drinking more fluids	1	1
d) drinking less fluids	1	1
e) medication	1	1

		<b>(i)</b>	(ii)
		Have used	Using now
	Tick all that apply:	in the past	
I2.	f) praising for dry pants	1	1
	g) showing your displeasure	1	1
	h) advice from a health worker (e.g. heavisitor, school nurse, GP, hospital doctor, social worker, psychologist)	alth1	1
	Please tick and describe		
I3.	Which of the following methods have yo help your child stop wetting the bed? (P necessarily effective in helping children	lease note: this is no	ot a list of ways which are
		(i)	( <b>ii</b> )
		Have used	Using now
	Tick all that apply:	in the past	3
	<ul><li>a) lifting (taking your child out of bed to the toilet)</li></ul>	1	1
	b) restricting drinks before bed	1	1
	c) getting her to toilet regularly in the d	lay 1	1
	d) rewarding for being dry	1	1
	e) medication	1	1
	f) homeopathy	1	1
	g) hypnosis	1	1
	h) an alarm that wakes the child when she wets	1	1
	i) showing your displeasure	1	1
	<ul><li>j) using night-time protection pants or nappies</li></ul>	1	1
	k) advice from a health worker (e.g. heavisitor, school nurse, GP, hospital doctor, social worker, psychologist)	alth 1	1
	Please tick and describe		

David

Charlotte Leo

## **SECTION J: EATING**

c) Midday

J1.	In the past year have	you had d	ifficulties ge	etting her t	to eat what yo	ou wanted her	r to?		
	Yes, great difficulty	1	$\neg$						
	Yes, some difficulty	2							
	Yes, occasional diffic	culty 3	_						
	No, no difficulty	4							
J2.	In the past year has sl	ne at any t	ime:						
		Yes, worried me greatly	Yes, worri me a bit	ed (	Yes, but did not worry me	No did not happen			
a)	deliberately not eaten enough food		2		3	4			
b)	refused to eat the food you think she should eat	1	2		3	4			
c)	been choosy with food	1	2		3	4			
d)	over-eaten	1	2		3	4			
e)	been difficult to get into an eating routine	1	2		3	4			
J3.	On school days how of day?	often does	s your study	child usua	ally eat at eac	th of the follo	owing times		
		Never	Once in	Once a	2-4 times		Don't		
	a) Before school	1	2 weeks	week 3	a week	a week 5	know 9		
	b) Mid-morning	1	2	3	4	5	9		

		Never	Once in 2 weeks	Once a week	2-4 times a week	5 times a week	Don't know
J3.	d) Mid-afternoon before 4.30 p.m.	1	2	3	4	5	9
	e) Late afternoon, betwe 4.30 & 6.00 p.m.	en 1	2	3	4	5	9
	f) Early evening between 6.00 & 7.30 p.m.	1 1	2	3	4	5	9
	g) Mid-evening between 7.30 & 9.00 p.m.	1	2	3	4	5	9
	h) Late evening after 9.00 p.m.	1	2	3	4	5	9

J4. How many times a week on school days does your study child have the following foods or drinks before school?

	Never	Once in 2 weeks	Once a week	2-4 times a week	5 times a week	Don't know
Before school:						
a) Nothing to eat or drink	1	2	3	4	5	9
b) Has a drink but nothin to eat	g 1	2	3	4	5	9
c) Has cereal without mil	k 1	2	3	4	5	9
d) Has cereal with milk	1	2	3	4	5	9
e) Has bread or toast	1	2	3	4	5	9
f) Has bacon, egg, sausage, or cheese	1	2	3	4	5	9
g) Has crisps, corn snack or other savoury snack		2	3	4	5	9
h) Has sweet biscuits, sweets or chocolates	1	2	3	4	5	9
i) Has fruit, yoghurt or fromage frais	1	2	3	4	5	9

		Never	Once in 2 weeks	Once a week	2-4 times	5 times a week	Don't know
	Before school:		_ ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	,, 0011			1110 ()
J4.	j) Has a milk drink	1	2	3	4	5	9
	k) Has other food (Please tick & descri	ribe) 1	2	3	4	5	9
J5.	How many times a wee	ek on school  Never	days does y  Once in 2 weeks	our study o	child have as  2-4 times a week	her midday :  5 times a week	
	a) Cooked meal at sch	ool 1	2	3	4	5	9
	b) Packed lunch provi by school	ded 1	2	3	4	5	9
	c) Packed lunch provi	ded 1	2	3	4	5	9
	d) Comes home for a snack lunch	1	2	3	4	5	9
	e) Comes home for a main meal at midda	y 1	2	3	4	5	9
J6.	How often do you ask	your study c	hild about th	ne food she	has eaten at	school?	
	Never Occasio	onally	Quite ofter	Me	ost days	Does not ea	
	1 2		3		4	5	

# J7. How many times a week on **school days** does your study child have for her **tea/evening** meal

	Never	Once in 2 weeks	Once a week	2-4 times a week	5 times a week	Don't know
Tea/evening meal						
a) Cooked meal with no vegetables or salad	1	2	3	4	5	9
b) Cooked meal with free vegetables or salad	sh 1	2	3	4	5	9
c) Cooked meal with frozen vegetables	1	2	3	4	5	9
d) Cooked meal with tinned vegetables	1	2	3	4	5	9
e) Sandwich or snack me e.g. Baked beans on toast, pot noodles	eal 1	2	3	4	5	9
f) Sitting up at a table	1	2	3	4	5	9
g) Eaten from a tray/plate on her lap	e 1	2	3	4	5	9
h) Eaten using a knife and fork	1	2	3	4	5	9
i) Eaten using a spoon and/or fingers	1	2	3	4	5	9
j) Adult(s) eating with he	er 1	2	3	4	5	9
k) Other children eating with her but not adult	s 1	2	3	4	5	9
l) Eating on her own	1	2	3	4	5	9

J8.	a) Does yo	Does your child usually drink milk on a school day?					
	Yes 1		No 2	→ If	<u>no,</u> go to J9 be	elow	
	If <u>yes</u> ,						
			Yes	8	No		
	b) Does she ha	ve milk at	school?		2		
	c) Does she ha	ve milk at l	nome?		2		
	d) If milk is dru at home?	unk at hom	e about how m	nuch does	she have in tota	l in drinks	and on cereal
	Up to ½ pint	<sup>1</sup> / <sub>2</sub> -1	pint 1-1	½ pints	1½-2 pints 4	m	ore than 2 pints
J9.	How many normal week in total (2				t or fromage fra	is does you	ar child eat each
	None	one or less	2	3-4	5-6	day	one per day
	1	2	3	4	5	6	7
J10.	Has your child	had any of	the following	suppleme	nts in the last 12	2 months?	
	•	Never	Yes, takes		Yes takes		, MOC
			them most		them		lease give
		$\forall$	days`		occasionally	_	ıll name
a)	Multivitamins	1	2		3		
b)	Multiminerals	1	2		3		
c)	Calcium	1	2		3		
d)	Iron	1	2		3		
e)	Vitamin D	1	2		3		
f)	Vitamin C	1	2		3		
g)	Cod liver oil	1	2		3		
h)	Other				2		

J11.	Is your child at present a vegetarian?
	Yes 1 No 2
J12.	Is your child at present a vegan (i.e. does not eat meat, poultry, fish, eggs, butter, milk or cheese)?
	Yes 1 No 2
J13.	Is your child at present on any other kind of special diet?
	Yes $\begin{array}{ccc} & & & & & \\ & & & & \\ & & & & \\ & & & \end{array}$ No $\begin{array}{ccc} & & & \\ & & & \\ & & & \\ & & & \end{array}$ No $\begin{array}{cccc} & & & \\ & & & \\ & & & \\ & & & \\ & & & \end{array}$ No $\begin{array}{cccc} & & & \\ & & \\ & & & \\ & & \\ & & & \\ & & \\ & & & \\ & & \\ & & & \\ & \\ & & \\ & & \\ & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & \\ & & \\ & & \\ & & \\ & & \\ & \\$
	If <u>ves</u> , please describe below.
J14.	Does your child have definite likes and dislikes as far as food is concerned?
	no, will eat almost anything 1
	yes, quite choosy 2
	yes, very choosy 3
J15.	Does she eat coal, soil, dirt or other non-food substances?
	yes, every day
	yes, at least once a week 2 → If <u>yes</u> , please describe what she eats:
	yes, less than once a week 3
	no, not at all 4

## **SECTION K:**

		Yes	at apply):  Yes				
	a) child's biological mother	1 d)	study child 1				
	b) child's mother-figure	e)	someone else (please describe)				
	c) child's biological father	1	VI				
K2.	Please give the date on which y	you completed this quest	ionnaire:				
	day month	year					
		2 0 0					
K3.	Please give <u>your</u> date of birth:						
	day month	year					
		19					
K4.	Please give <u>your study child's</u>	date of birth:					
	day month	year					
		199					
	THANK YOU	J VERY MUCH FOR Y	YOUR HELP				
	Space for any add	litional comments you we	ould like to make				
<b>.</b>							
NB	Please remember we cannot reply to any comment unless you sign it.						
	When completed, please return	the questionnaire to:					
	Professor Jean Golding Children of the Nineties - AL Institute of Child Health 24 Tyndall Avenue Bristol BS8 1BR Tel: Bristol 9285007	SPAC	For office use only  Coder Int  © University of Bristol				