Working Title: U.S. Food Environment Analysis

The primary project goal is to examine the relationships between food insecurity and health indicators like diabetes and obesity, and to forecast trends.

Additional relationships that will be examined are those between food insecurity and use of SNAP benefits, food access, diabetes and obesity rates, recreation and fitness facilities, and socioeconomic factors such as income, race, age, and metro/ non-metro areas.

Data Source

Dataset is the USDA Food Environment Atlas which includes the following components:

- Variable list of metadata about all the variables mapped in the atlas
- Nine spreadsheets with data for each of the atlas categories, which address three categories of community food environment factors: food choices, health and well-being, and community characteristics.
- Supplemental state and county data of population estimates used to calculate atlas data.

Data was obtained from a high-quality, reliable governmental source, the Economic Research Service of the U.S. Department of Agriculture.

The USDA Food Environment Atlas contains data aggregated from collaboration with reliable governmental, nonprofit, and academic entities. The Centers for Disease Control and Prevention provided the statistics on obesity, diabetes, and physical activity; the U.S. Census Bureau provided indicators on recreation centers and businesses in **County Business Patterns**; USDA's Agricultural Marketing Service provided indicators on farmers' markets and food hubs; USDA's Food and Nutrition Service provided information on State-level food and nutrition assistance program participation rates and farm to school activities. The information on State beverage and snack taxes are from the **Bridging the Gap Program**, University of Illinois at Chicago. The information on food banks are from **Feeding America's** nationwide network of food banks.

The dataset is <u>available publicly for download</u>. The current version was posted in 2020 and there are six archived versions that are also available. There were two main objectives:

- To gather statistics for research into the relationship between food environment indicators and diet quality
- To provide insight into community access to healthy food.

I have chosen this data source for the assurance of its quality and the depth of information it provides. The USDA has taken an in-depth approach to assembling statistics on the myriad of factors at play in the food environments of communities across the U.S. I want to use it exactly for what it was intended: to facilitate closer examination of the interconnection of these factors.

Data Profile

| Data Collection | The dataset contains a mixture of survey, usage, and administrative data |
|-----------------|--|
| | collected by the entities outlined above. |

| Data Caustausta | Finally dispaths a simple sound about 1 data for a simple sound about 1 data 1 data | | | | | |
|------------------|---|--|--|--|--|--|
| Data Contents | Excluding the supplemental data for counties and states, the nine | | | | | |
| | spreadsheets had 282 discrete columns. I eliminated data prior to 2013 to | | | | | |
| | include only date from the last ten years in the project. The exception to this | | | | | |
| | is the data in the SOCIOECONOMIC table, which has been used with the | | | | | |
| | Supplemental County Data to establish estimated demographic percentages | | | | | |
| | for the years between the 2010 and 2020 Census counts. The five | | | | | |
| | spreadsheets ACCESS, ASSISTANCE, HEALTH, INSECURITY, and | | | | | |
| | SOCIOECONOMIC contain aggregate data from the other sheets, and will be | | | | | |
| | the focus of the project. | | | | | |
| | I combined the 34 remaining columns from these five spreadsheets into one | | | | | |
| | table called Merged Data, which contains the columns indicated in Table 1. | | | | | |
| | The tables Supplemental County Data and Merged Data will be the two | | | | | |
| | datasets for the project. I converted them from Excel files into CSV to work in | | | | | |
| | Python. | | | | | |
| Data Limitations | The calculations in the SOCIOECONOMIC table are from the 2010 U.S. Census | | | | | |
| | count, and the numbers in the Supplemental Data - County table are based | | | | | |
| | on the estimates as they were calculated for years between the Census | | | | | |
| | counts. Calculations in these tables utilized the estimated population counts. | | | | | |
| | Eliminating data from before 2013 means that I may not have enough data | | | | | |
| | for forecasting or for temporal analyses requiring multiple years. | | | | | |
| Data Ethics | There is the potential for bias in the interpretation or presentation of results | | | | | |
| _ 5.55 _ 5 55 | of this project, particularly in examining and presenting demographic | | | | | |
| | relationships that may show correlation to health outcomes. I will be vigilant | | | | | |
| | in remaining aware of and accounting for bias in the presentation of key | | | | | |
| | findings. | | | | | |
| | 05. | | | | | |

Data Consistency Checks and Cleaning

1. Merged Data dataset

| Missing Values | Missing values were found that represented 20 counties with missing information about access to food sources. One county was missing data for adult diabetes rate, and 4 counties were missing information on median income. |
|----------------|---|
| | The USDA's description of the data indicates that "Data that were not available, not applicable, or suppressed for specific counties are denoted with a blank cell or -9999." Based on this explanation, I used the assumption that the values for the data in these counties are not "0" but missing for other reasons, possibly including suppression for privacy concerns. |
| | There were also 9 counties with "0" values listed for all access data. Based on the Supplemental County Data from the estimated population counts and the data on SNAP benefit recipients in these counties, I used the assumption that the values for these counties were missing rather than "0." |

| | Therefore, I chose to impute values for these counties rather than eliminate them or change the values to "0." |
|-------------------|---|
| | Because of the high standard deviations across the columns for this dataset, I chose to use imputation with median values to fill in the missing values. I imputed median values of the state in which the county was located. I used this same imputation method to replace the "0" values in the additional 9 counties. |
| | Because of the relatively small size of the dataset and the large number of imputed values, I completed the other cleaning and data consistency tasks listed below in Python, exported the cleaned data file, and then did the imputation in Excel. |
| Renaming columns | Columns were renamed for brevity and clarity. The original and replaced names are listed in Table 1. |
| Data types | I changed the datatype of the FIPS column from "int64" to "object" because it is a code identifier. |
| Duplicate records | No duplicates found |

2. Supplemental County Data dataset

| Missing values | No missing values were found. However, there was one fewer row in the | | | | | |
|-------------------|---|--|--|--|--|--|
| | Supplemental County Data (3142 rows) than in the Merged Data files (3143 | | | | | |
| | rows). | | | | | |
| Renaming columns | I renamed the columns to follow the Merged Data naming conventions, for | | | | | |
| | brevity and clarity: | | | | | |
| | Population_Estimate 2013 to pop_13 | | | | | |
| | Population_Estimate 2014 pop_14 | | | | | |
| | Population_Estimate 2015 pop_15 | | | | | |
| | Population_Estimate 2016 pop_16 | | | | | |
| | Population_Estimate 2017 pop_17 | | | | | |
| | Population_Estimate 2015 pop_18 | | | | | |
| | | | | | | |
| Data types | I changed the datatype of the FIPS column to "object" from "int64" because it | | | | | |
| | is a code used as an index identifier. I also changed each of the Population | | | | | |
| | Estimate columns to "int64" datatypes from "object". | | | | | |
| | | | | | | |
| | pop_13 int64 | | | | | |
| | pop_14 int64 | | | | | |
| | pop_15 int64 | | | | | |
| | pop_17 int64 | | | | | |
| | pop_16 int64 | | | | | |
| | pop_18 int64 | | | | | |
| Duplicate records | No duplicates found | | | | | |

Project Questions

- How does food insecurity relate to the health outcomes of diabetes and obesity?
- How does food insecurity affect different segments of the population by race and age?
- How does access to food sources relate to food insecurity?
- How does median income relate to food insecurity?
- How does the eligibility for and usage of federal food benefit programs vary by geography in the U.S.?
- Are areas with more vulnerable populations (children, seniors) accessing federal food benefits for which they are eligible?

Main hypotheses:

- If food is difficult to access, rates of food insecurity increase.
- If food insecurity increases, rates of diabetes and obesity also increase.
- If a county has a high rate of food insecurity, they will also have high percentages of people with diabetes and obesity.

Table 1. Merged Data

| Original | Variable Explanation | Original Variable | New Variable | Type of | Nominal/ |
|----------|--|---------------------------|--------------------|-------------|----------------|
| Table | | Name | Name | Variable | Ordinal/Binary |
| ACCESS | Federal Information Processing System (FIPS) Codes for States and Counties | FIPS | FIPS | Categorical | Nominal |
| ACCESS | State Abbreviation | State | State | Categorical | |
| ACCESS | County | County | County | Categorical | |
| ACCESS | Population, low access to store, 2015 | LACCESS_POP15 | laccess | Continuous | Nominal |
| ACCESS | Population, low access to store (%), 2015 | PCT_LACCESS_POP1 5 | pct_laccess | Continuous | Nominal |
| ACCESS | Low income & low access to store, 2015 | LACCESS_LOWI15 | lowinc_laccess | Continuous | Nominal |
| ACCESS | Low income & low access to store (%), 2015 | PCT_LACCESS_LOWI 15 | pct_lowinc_laccess | Continuous | Nominal |
| ACCESS | SNAP households, low access to store, 2015 | LACCESS_SNAP15 | snap_laccess | Continuous | Nominal |
| ACCESS | SNAP households, low access to store (%), 2015 | PCT_LACCESS_SNAP 15 | pct_snap_laccess | Continuous | Nominal |
| ACCESS | Children, low access to store, 2015 | LACCESS_CHILD15 | child_laccess | Continuous | Nominal |
| ACCESS | Children, low access to store (%), 2015 | PCT_LACCESS_CHIL D15 | pct_child_laccess | Continuous | Nominal |
| ACCESS | Seniors, low access to store, 2015 | LACCESS_SENIORS1 5 | senior_laccess | Continuous | Nominal |
| ACCESS | Seniors, low access to store (%), 2015 | PCT_LACCESS_SENI ORS15 | pct_senior_laccess | Continuous | Nominal |

| ACCESS | White, low access to store, 2015 | LACCESS_WHITE15 | white_laccess | Continuous | Nominal |
|-------------------|---|---------------------------|----------------------------|------------|---------|
| ACCESS | White, low access to store (%), 2015 | PCT_LACCESS_WHIT E15 | pct_white_laccess | Continuous | Nominal |
| ACCESS | Black, low access to store, 2015 | LACCESS_BLACK15 | black_laccess | Continuous | Nominal |
| ACCESS | Black, low access to store (%), 2015 | PCT_LACCESS_BLAC K15 | pct_black_laccess | Continuous | Nominal |
| ACCESS | Hispanic ethnicity, low access to store, 2015 | LACCESS_HISP15 | hisp_laccess | Continuous | Nominal |
| ACCESS | Hispanic ethnicity, low access to store (%), 2015 | PCT_LACCESS_HISP 15 | pct_hisp_laccess | Continuous | Nominal |
| ACCESS | Asian, low access to store, 2015 | LACCESS_NHASIAN1 5 | asian_laccess | Continuous | Nominal |
| ACCESS | Asian, low access to store (%), 2015 | PCT_LACCESS_NHA SIAN15 | pct_asian_laccess | Continuous | Nominal |
| ACCESS | American Indian or Alaska Native, low access to store, 2015 | LACCESS_NHNA15 | natamer_laccess | Continuous | Nominal |
| ACCESS | American Indian or Alaska Native, low access to store (%), 2015 | PCT_LACCESS_NHN A15 | pct_natamer_lacce ss | Continuous | Nominal |
| ACCESS | Hawaiian or Pacific Islander, low access to store, 2015 | LACCESS_NHPI15 | pacific_laccess | Continuous | Nominal |
| ACCESS | Hawaiian or Pacific Islander, low access to store (%), 2015 | PCT_LACCESS_NHPI 15 | pct_pacific_laccess | Continuous | Nominal |
| ACCESS | Multiracial, low access to store, 2015 | LACCESS_MULTIR15 | multi_laccess | Continuous | Nominal |
| ACCESS | Multiracial, low access to store (%), 2015 | PCT_LACCESS_MUL TIR15 | pct_multi_laccess | Continuous | Nominal |
| ASSISTANCE | SNAP participants (% pop), 2017* | PCT_SNAP17 | pct_snap | Continuous | Nominal |
| ASSISTANCE | SNAP participants (% eligible pop), 2016* | SNAP_PART_RATE1 6 | pct_snap_participa tion | Continuous | Nominal |
| HEALTH | Adult diabetes rate, 2013 | PCT_DIABETES_ADU LTS13 | pct_adult_diabete s | Continuous | Nominal |
| HEALTH | Adult obesity rate, 2017* | PCT_OBESE_ADULT S17 | pct_adult_obese | Continuous | Nominal |
| INSECURITY | Household food insecurity (%, three-year average), 2015-17* | FOODINSEC_15_17 | pct_food_insec | Continuous | Nominal |
| INSECURITY | Household very low food security (%, three-year average), 2015-17* | VLFOODSEC_15_17 | pct_vlow_foodsec ure | Continuous | Nominal |
| SOCIOECON OMIC | Median household income, 2015 | MEDHHINC15 | med_income | Continuous | Nominal |

Table 2. Supplemental County Data

| Original Excel | Variable Explanation | Original Variable | New Variable | Type of | Nominal/ |
|----------------|----------------------|-------------------|--------------|----------|---------------|
| Table | | Name | Name | Variable | Ordinal/Binar |
| | | | | | У |

| Supplemental Data - County | Federal Information Processing System (FIPS) Codes for States and Counties | FIPS | FIPS | Categorical | Nominal |
|-------------------------------|--|---------------------------|--------|-------------|---------|
| Supplemental Data - County | County name | County | County | Categorical | |
| Supplemental Data - County | State name | State | State | Categorical | |
| Supplemental Data - County | Population Estimate 2013 | Population_Estimate _2013 | pop_13 | Continuous | Nominal |
| Supplemental Data - County | Population Estimate 2014 | Population_Estimate _2014 | pop_14 | Continuous | Nominal |
| Supplemental Data - County | Population Estimate 2015 | Population_Estimate _2015 | pop_15 | Continuous | Nominal |
| Supplemental Data - County | Population Estimate 2016 | Population_Estimate _2016 | pop_16 | Continuous | Nominal |
| Supplemental Data - County | Population Estimate 2017 | Population_Estimate _2017 | pop_17 | Continuous | Nominal |
| Supplemental Data - County | Population Estimate 2018 | Population_Estimate _2018 | pop_18 | Continuous | Nominal |