



summer  
edition

**WHERE IN THE WORLD  
IS SQUID?**

The pool is so quiet this summer.  
We missed you! We started to  
think that you don't love us  
anymore. Don't forget to come by  
to say Hello!

**SQUID ANNUAL RETREAT**

**SQUID in Water World**  
**Labor Day Sunday**  
**September 2nd!**

Contact Keith for more information...

**'STROKE  
ANALYSIS/DISCUSSION**



SQUID is doing underwater stroke analysis  
for members. Video sessions will be at  
practice on Thursdays and Saturdays, from  
September 6th to 15th  
(and tentatively 20th and 22nd).

Sign up available at practice.

Group discussion will follow in October.  
More detail will be available online,