

# Mexican Report

Health

Great Cities Institute

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## Health

### 4A: Health Outcomes in Top 4 Community Areas with the Largest Mexican Population Share, (2017-2021 and 2022-2023):

Table 1: Health Outcomes, (2017-2021 and 2022-2023)

Top 4 Community Areas with the Largest Mexican Population Share	Adult Obesity Rate(22-23)	Adult Diabetes Rate(22-23)	Adult Asthma Rate(22-23)	Low Birthweight Rate(17-21)
Gage Park	44.2%	18.9%	1.9%	7.1%
East Side	52.6%	15.2%	12.1%	6.9%
West Lawn	38.4%	22.2%	NA%	7.1%
South Lawndale	41.9%	25.7%	6.0%	8.0%
<b>White City Mean</b>	<b>24.5%</b>	<b>6.9%</b>	<b>9.1%</b>	<b>6.2%</b>
<b>Black City Mean</b>	<b>47.6%</b>	<b>19.6%</b>	<b>14.9%</b>	<b>14.6%</b>
<b>Hispanic/Latino City Mean</b>	<b>39.9%</b>	<b>13.9%</b>	<b>9.7%</b>	<b>8.0%</b>

<sup>a</sup> Obesity is defined as percent of adults who reported a height and weight that yield a body mass index of 30 or greater.

<sup>b</sup> Diabetes is defined as percent of adults who reported that a doctor, nurse or other health professional has diagnosed them with diabetes.

<sup>c</sup> Asthma is defined as percent of adults who reported that a doctor, nurse or other health professional has diagnosed them with asthma.

<sup>d</sup> Low birthweight is defined as percent of births with a birthweight less than 2500 grams (5.5 pounds).

<sup>e</sup> Source: Chicago Health Atlas, Chicago Department of Public Health (2022–2023) and Illinois Department of Public Health (2017-2021).

<sup>f</sup> Tabulations by Great Cities Institute

### 4B: Number and Percentages without Health Insurance by Race/Ethnicity, 2018-2022:

Table 2: No Health Insurance by Race/Ethnicity, 2018-2022

Race/Ethnicity	Number without health insurance	No Insurance Rate	Percentage of Uninsured Individuals Without Health Insurance
Mexican	94,541	18.2%	40.2%
Other Latinos	24,171	12.5%	10.3%
White (non-Hispanic or Latino)	36,207	4.6%	15.4%
Black (non-Hispanic or Latino)	60,337	8.8%	25.7%
Other (non-Hispanic or Latino)	19,656	8.3%	8.4%

Source: IPUMS-USA database (2018-2022 American Community Survey 5-Year Estimates). Tabulations by Great Cities Institute

#### 4C: Number and Percentages of Mexicans born in U.S. versus Mexicans born in Mexico without job provided Health Insurance, 2018-2022:

Table 3: No Health Insurance, 2018-2022

Mexican Nativity	Number without Job provided health insurance	No Job provided health Insurance
Mexico Born	119,608	61.8%
U.S. Born	168,385	52.8%

Source: IPUMS-USA database (2018-2022 American Community Survey 5-Year Estimates). Tabulations by Great Cities Institute

#### 4E: Mental Health in Top 4 Community Areas with the Largest Mexican Population Share, 2022-2023:

Table 4: Mental Health, 2022-2023

Top 4 Community Areas with the Largest Mexican Population Share	Adult Serious Psych Distress Rate(22-23)	Adult Unmet Mental Health Need Rate(22-23)	Adult Loneliness Rate(22-23)
Gage Park	13.4%	77.4%	33.4%
East Side	10.7%	77.1%	34.2%
West Lawn	7.3%	78.9%	15.6%
South Lawndale	11.9%	78.3%	41.5%
<b>White City Mean</b>	<b>7.5%</b>	<b>57.2%</b>	<b>26.5%</b>
<b>Black City Mean</b>	<b>9.9%</b>	<b>81.4%</b>	<b>30.2%</b>
<b>Hispanic/Latino City Mean</b>	<b>14.9%</b>	<b>80.0%</b>	<b>29.9%</b>

<sup>a</sup> Serious Psychological Distress is the percent of adults who experienced feelings of nervousness, hopelessness, and depression, in the past 30 days.

<sup>b</sup> Unmet mental health need is the percent of adults with psychological distress who are not receiving treatment or medication.

<sup>c</sup> Loneliness rate is defined as the percent of adults who reported feeling left out or felt alone.

<sup>d</sup> Source: Chicago Health Atlas, Chicago Department of Public Health (2022-2023). Tabulations by Great Cities Institute

#### 4F: Chronic Health Indicators in top 4 Mexican Community Areas,(2017-2021, 2022-2023):

Table 5: Chronic Health Indicators, (2017-2021, 2022-2023)

Top 4 Community Areas with the Largest Mexican Population Share	Adult Cancer Diagnosis Rate per 100,000 (17-21)	Adult Hypertension Rate (22-23)	Adult Lung Cancer Diagnosis Rate per 100,000 (17-21)
Gage Park	340.0	29.5%	26.3
East Side	461.8	37.2%	41.3
West Lawn	416.5	30.2%	44.7
South Lawndale	342.7	25.7%	31.4
<b>White City Mean</b>	<b>676.2</b>	<b>29.8%</b>	<b>83.4</b>
<b>Black City Mean</b>	<b>529.9</b>	<b>43.9%</b>	<b>77.4</b>
<b>Hispanic/Latino City Mean</b>	<b>253.3</b>	<b>25.7%</b>	<b>13.9</b>

<sup>a</sup> Cancer diagnosis is defined as the annual diagnosis rate for all invasive cancers, excluding pre-cancerous conditions. All ages, risk-adjusted.

<sup>b</sup> Hypertension is the percentage of adults diagnosed with high blood pressure, excluding borderline or pregnancy-related cases.

<sup>c</sup> Lung cancer is defined as lung and bronchus cancer for ages 15 and over, risk-adjusted.

<sup>d</sup> Source: Chicago Health Atlas, Chicago Department of Public Health (2022-2023) and Illinois Department of Public Health, (2022-2023).

<sup>e</sup> Tabulations by Great Cities Institute