

Mexican Report

Health

Great Cities Institute

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4. Health

4A: Health Outcomes in Top 4 Community Areas with the Largest Mexican Population Share, (2017-2021 and 2022-2023):

Table 1: Health Outcomes for Four Communities with the Largest Share of Mexican Population and by Race/Ethnicity in Chicago

Four Communities with the Largest Share of Mexican Population	Adult Obesity Rate(2022-2023)	Adult Diabetes Rate(2022-2023)	Adult Asthma Rate(2022-2023)	Low Birthweight Rate(2017-2021)
Gage Park	44.2%	18.9%	1.9%	7.1%
East Side	52.6%	15.2%	12.1%	6.9%
West Lawn	38.4%	22.2%	-	7.1%
South Lawndale	41.9%	25.7%	6.0%	8.0%
White (non-Hispanic or Latino) Chicago Mean	24.5%	6.9%	9.1%	6.2%
Black (non-Hispanic or Latino) Chicago Mean	47.6%	19.6%	14.9%	14.6%
Hispanic or Latino Chicago Mean	39.9%	13.9%	9.7%	8.0%

Note: Obesity is defined as percent of adults who reported a height and weight that yield a body mass index of 30 or greater.

Diabetes is defined as percent of adults who reported that a doctor, nurse or other health professional has diagnosed them with diabetes.

Asthma is defined as percent of adults who reported that a doctor, nurse or other health professional has diagnosed them with asthma.

Low birthweight is defined as percent of births with a birthweight less than 2500 grams (5.5 pounds).

Data Source: Chicago Health Atlas, Chicago Department of Public Health (2022–2023) and Illinois Department of Public Health (2017-2021). Tabulations by Great Cities Institute

4B: No Health Insurance for Mexicans and Other Racial/Ethnic Groups in Chicago, 2018-2022 (ACS 5-year Estimates)

Table 2: No Health Insurance for Mexicans and Other Racial/Ethnic Groups in Chicago, 2018-2022 (ACS 5-year Estimates)

Race/Ethnicity	Number Without Health Insurance	No Insurance Rate	Percent Share of the Uninsured Population
Mexican	94,541	18.2%	40.2%
Other Hispanics or Latinos	24,171	12.5%	10.3%
White (non-Hispanic or Latino)	36,207	4.6%	15.4%
Black (non-Hispanic or Latino)	60,337	8.8%	25.7%
Other (non-Hispanic or Latino)	19,656	8.3%	8.4%

Data Source: IPUMS USA, University of Minnesota, www.ipums.org (2018-2022 American Community Survey 5-year Estimates). Tabulations by Great Cities Institute.

4C: Number and Percent of Mexico Born and U.S. Born Mexicans Without Job Provided Health Insurance in Chicago, 2018-2022 (ACS 5-year Estimates)

Table 3: Number and Percent of Mexico Born and U.S. Born Mexicans Without Job Provided Health Insurance in Chicago, 2018-2022 (ACS 5-year Estimates)

Mexican Nativity	Number Without Job Provided Health Insurance	No Job Provided Health Insurance
Mexico Born	119,608	61.8%
U.S. Born	168,385	52.8%

Data Source: IPUMS NHGIS, University of Minnesota, www.nhgis.org (2018-2022 American Community Survey 5-year Estimates). Tabulations by Great Cities Institute.

4E: Mental Health Outcomes for Four Communities with the Largest Share of Mexican Population and by Race/Ethnicity in Chicago, 2022-2023

Table 4: Mental Health Outcomes for Four Communities with the Largest Share of Mexican Population and by Race/Ethnicity in Chicago, 2022-2023

Four Communities with the Largest Share of Mexican Population	Adult Serious Psych Distress Rate(2022-2023)	Adult Unmet Mental Health Need Rate(2022-2023)	Adult Loneliness Rate(2022-2023)
Gage Park	13.4%	77.4%	33.4%
East Side	10.7%	77.1%	34.2%
West Lawn	7.3%	78.9%	15.6%
South Lawndale	11.9%	78.3%	41.5%
White (non-Hispanic or Latino) Chicago Mean	7.5%	57.2%	26.5%
Black (non-Hispanic or Latino) Chicago Mean	9.9%	81.4%	30.2%
Hispanic or Latino Chicago Mean	14.9%	80.0%	29.9%

Note: Serious Psychological Distress is the percent of adults who experienced feelings of nervousness, hopelessness, and depression, in the past 30 days.

Unmet mental health need is the percent of adults with psychological distress who are not receiving treatment or medication.

Loneliness rate is defined as the percent of adults who reported feeling left out or felt alone.

Data Source: Chicago Health Atlas, Chicago Department of Public Health (2022–2023) and Illinois Department of Public Health (2017-2021). Tabulations by Great Cities Institute.

4F: Chronic Health Indicators in top 4 Mexican Community Areas,(2017-2021, 2022-2023):

Table 5: Chronic Health Indicators for Four Communities with the Largest Share of Mexican Population and by Race/Ethnicity in Chicago

Top 4 Community Areas with the Largest Mexican Population Share	Adult Cancer Diagnosis Rate per 100,000 (2017-2021)	Adult Hypertension Rate (2022-2023)	Adult Lung Cancer Diagnosis Rate per 100,000 (2017-2021)
Gage Park	340.0	29.5%	26.3
East Side	461.8	37.2%	41.3
West Lawn	416.5	30.2%	44.7
South Lawndale	342.7	25.7%	31.4
White (non-Hispanic or Latino) Chicago Mean	676.2	29.8%	83.4
Black (non-Hispanic or Latino) Chicago Mean	529.9	43.9%	77.4
Hispanic or Latino Chicago Mean	253.3	25.7%	13.9

Note: Cancer diagnosis is defined as the annual diagnosis rate for all invasive cancers, excluding pre-cancerous conditions. All ages, risk-adjusted.

Hypertension is the percentage of adults diagnosed with high blood pressure, excluding borderline or pregnancy-related cases.

Lung cancer is defined as lung and bronchus cancer for ages 15 and over, risk-adjusted.

Data Source: Chicago Health Atlas, Chicago Department of Public Health (2022–2023) and Illinois Department of Public Health (2017-2021). Tabulations by Great Cities Institute.