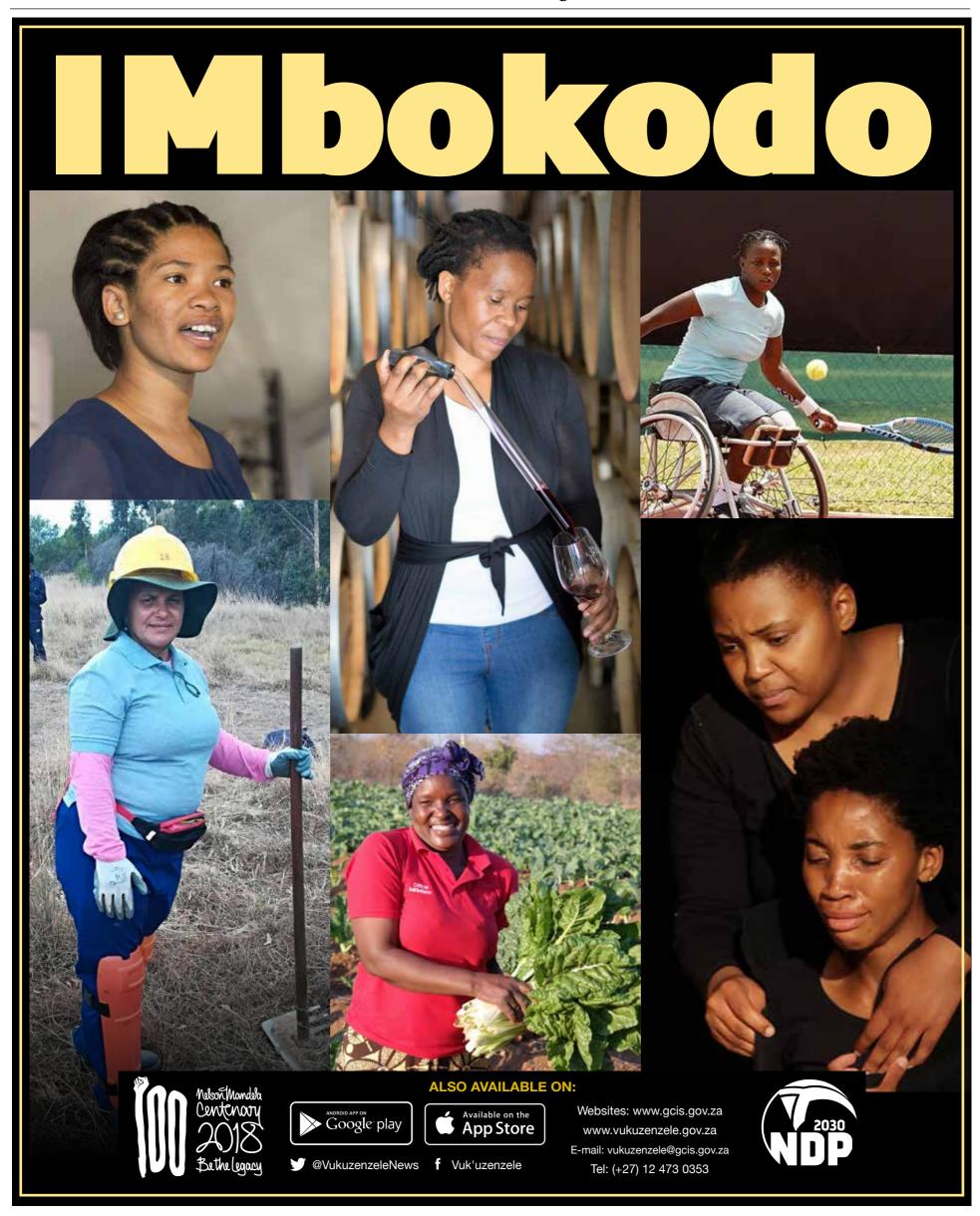
Vuk'uzenzele Jobs Inside:

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Ukusiza abalimi besifazane baphumelele

LOLU HLELO selukwazile ukuvumela abesifazane ukuba bazibandakanye nezinye izinhlelo emiphakathini yabo ngokunjalo bathuthukise ulwazi lwabo nomhlahlandlela ozobakhipha enhluphekweni.



Enye yezindlela i-Adaptation Fund esiza ngayo abalimi besifazane abahlala emakhaya ukuba ibagqugquzele ukusebenzisa izitshalo ezilwisana nokuguquguquka kwesimo sezulu.

Dale Hes

zoba mancane kakhulu amathuba okuthi ukuguquguquka kwesimo sezulu kube nomthelela ongemuhle ezindleleni zokutshala kubalimi besifazane basemakhaya kuMasipala wesiFunda waseMgungundlovu, esifundazweni saKwaZulu-Natali, lokhu kwenzeka ngenxa yohlelo olwaqalwa i-South African National Biodiversity Institute (i-SANBI)

kanye neNyuvesi yaKwaZu-lu-Natali.

Umngeni Resilience Project oyiprojekthi edle izigidi eziyi-102
zamarandi, owela ngaphansi
kwe-Adaptation Fund, uhlose
ukusiza imiphakathi ukuze
ibhekane nesimo sokuguquguquka kwesimo sezulu.
Lolu hlelo seluguqule indlela
abantu besifazane abenza ngayo
imisebenzi yabo, ngokukhuthaza ngokusebenzisa izitshalo,
omanyolo bemvelo nezindlela
ezintsha zokulima ezilwisana nesimo sezulu esiguquguqukayo.

UMatu Gwala wathola usizo kuMngeni Resilience Project ngemuva kokuhluleka ukutshala izitshalo zakhe ngenxa yesimo sezulu esiguquguqukayo esifana nezimvula ezinkulu kanye nesomiso.

Uthe lolu hlelo lumenze wakwazi ukutshala imikhiqizo elwisana nesimo sezulu esiguquguqukayo, wadayisa futhi wenza inzuzo.

"Ngenze imali eyizi-4 500 zamarandi ngombila owakhiqizwa ngembewu engaxhaswa ngayo. Ngakwazi ukuthenga impahla yasendlini ngase ngibeka enye imali ngiyibekela ukukhokhela abantwana esikoleni," kuchaza uGwala.

Omunye umlimi, u-Winnet Dhladhla, phambilini uke wasebenzisa indlela engafanele yokutshala, watshala izitshalo zakhe zaminyana. Ngokuxazulula le nkinga, wakwazi ukwenza inzuzo eyi-1 500 lamarandi kumazambane akhe wase enza inzuzo eyi-1 750 lamarandi ngombila awutshala.

"Lokhu kwenze ngakwazi ukubeka isinkwa etafuleni kumndeni wami ngase ngenza nenye imali eceleni," ngokusho kukaDhladhla.

Balinganiselwa kuma-380 abalimi besifazane abahlomula kulolu hlelo esifundazweni njengamanje.

Umphathi wezibonelelo ezibalulekile kwa-SANBI, u-Michael Jennings, uthi lolu hlelo kuhloswe ngalo ukusiza ubunzima abalimi besifazane ababhekana

"Lolu hlelo luveza ukuthi abantu besifazane ngokujwayelekile abanayo impahla okungeyabo futhi abanawo amathuba okuzibandakanya ngendlela ebonakalayo ezinhlelweni ngenxa yezikhungo zasemakhaya ezibakhipha inyumbazane nezinkambiso zomphakathi. Lolu hlelo kuhloswe ngalo ukuthuthukisa abantu besifazane ngendlela egxile ekuzibandakanyeni, ukuthuthukisa amakhono nokuthola izindawo abangathengisa kuzo imikhiqizo yabo," kusho u-Jennings.

Lolu hlelo luvumela abantu abaningi besifazane ukuba babe ingxenye kulezi zinhlelo emiphakathini yabo, njengoba nokuthuthukisa ulwazi lwabo namakhono abo okuzithathela izinqumo kubaholela ekuphumeni ekuntuleni.

"Ingxenye yalokhu ibandakanya ukubaqeqesha mayelana nezinhlangano, ukusungula izinhlangano zokusebenzisana nokuthi lezi zinhlangano zokusebenzisana ziphathwa kanjani. Iphinde ibandakanye ukufunda ngezindlela ezinobuchule ngesimo sezulu esiholela ekwandeni kwemikhiqizo. Ngokutshala izimali kungqalasizinda efana namasimu omphakathi, izindlela zokunisela, nezinye izinsiza, lolu hlelo selugqugquzele abantu besifazane ukuba babe nezabo izinsiza kanye nempahla," kuchaza u-Jennings.

New amphibious wheelchairs make beaches accessible to all

THE INNOVATIVE wheelchairs are "amphibious" in that they are able to move easily on sand and float on water.

outh Africa is renowned for its spectacular coastlines, with our sunny beaches along the eastern and western shores being hailed as some of the best in the world.

Every year, thousands of tourists and locals flock to the seaside to play and create holiday memories with family, but not much thought is given to the unique challenges faced by the disabled in enjoying time at the beach.

Taking this into account, the Wildlife and Environment Society of South Africa (WESSA), together with the Ford Motor Company Fund, has donated "amphibious wheelchairs" to Blue Flag beaches in four coastal municipalities in South Africa. The chairs will make beaches universally accessible to those with disabilities and create awareness around spaces becoming more accessible to all.

The innovative wheelchairs are "amphibious" in that they are able to move easily on sand and enter and float on water, said WESSA National Coastal Coordinator Robert Slater.

WESSA implements the international Blue Flag programme in South Africa which ensures beaches meet global standards of safety, cleanliness, access to amenities and environmental management, among other

criteria.

The City of Cape Town, Overstrand, Bitou and Kouga municipalities were awarded the chairs based on their existing disabled access to beaches and their commitment to making their Blue Flag beaches usable for all people. The chairs will be freely available for disabled beachgoers to use at Blue Flag beaches to be determined by the recipient municipalities.

Director for Education and Global Community Development at the Ford Motor Company Fund Mike Schmidt said, "This is yet another example of how mobility can improve the quality of life for people in many different ways. We're happy to support this unique project that will allow more people to fully experience the joys of the beach - from traveling along the sandy shores to going into the water."

Akekho umntwana ozokhishwa inyumbazane



Abesifazane ababili abazibophezele baphokophele ukwakha isikole esigxile kwezobuholi nezobuchwepheshe. Sihlinzekela ngemfundo yangasese yekhethelo egxile ekubandakanyeni izingane ezine-Autism ne-ADHD.

Matona Fatman

gesikhathi uYonela Ntlauzana efulathela elase-UK ekuqaleni kwalo nyaka elibhekise ekhaya eNingizimu Afrika, wayezitshelile ukuthi akasoze abheke emuva.

"Uma ngibheka emuva, kuchaza ukuthi ngihlulekile," kusho uNtlauzana.

Lo oneminyaka engama-37 ubudala washiya umsebenzi wakhe nabafana bakhe ababili, oneminyaka eyisishigalolunye kanye noneminyaka eyi-14, eyofezekisa iphupho lakhe lokuvula isikole esizoqikelela ukuthi bonke abantwana bathola ithuba elifanayo empilweni ngokuba bathole imfundo eqondene nabo nqo.

UNtlauzana ungoti we-ACAE (inhlangano eyeluleka

Hlumela Sixishe.

nge-autism nezimo ezihambisana nayo) nololongelwe ukuqeqesha – uthi ukuhluleka akuyona into ayibhekile.

Wenza konke okusemandleni ukuthi i-Plumfield Specialist School iphumelele. Lesi sikole sizinze e-Chartwell e-Gauteng.

"Izona lezi zingane
ezikhishwa
inyumbazane
kuthiwe 'azifundiseki',
ziphucwe
ilungelongqangi
lazo lemfundo
efanayo namathuba
alinganayo
okuziphilisa
empilweni."

Umbono wokwakha i-Plumfield, nakuba ingumbono omhle kakhulu, awulula neze, kuNtlauzana nomlingani wakhe asungula naye lesi sikole, uHlumela Sixishe, oyisikhondlakhondla sezemfundo ebhekele abafundi ngqo ngokomsebenzi wakhe. Laba bobabili basungule kusuka phansi isikole esilolongelwe ukugxila kwezobuholi nezobuchwepheshe. Into eyenza i-Plumfield ivelele

uma iqha-

thani-

swa nezinye izikole ezifana nayo eziphakela ngemfundo ezimele kongoti ukuthi yona igxile ekubandakanyeni izingane ezine-Autism ne-Attention Deficit Hyperactivity Disorder (i-ADHD).

Izona lezi zingane ezikhishwa inyumbazane kuthiwe 'azifundiseki' ziphucwe ilungelongqangi lazo lemfundo efanayo namathuba alinganayo okuziphilisa empilweni.

Bobabili uNtlauzana noSixeshe bayakuqonda ukuthi ukutholakala une-Autism noma i-ADHD "akuyona nkinga enkulu ukwedlula ezinye" njengoba abazali bebekholelwa ilokho. Kuchaza ukuthi indlela yokufundisa nokufunda kumele ingafani, ihluke, ukuze inikeze abantwana wonke amathuba okuthola ukuthi ukhaliphile, unekhono futhi uhlakaniphe kangakanani, nekhono elihlukile lokubamba iqhaza ngokubambisana.

Umongo wohlelo lokufunda kulesi sikole ukufunda izifundo zokuthuthukisa abafundi babe nomqondo obanzi, i-liberal arts. Ukwakha izinhlelo zamakhompuyutha kuyingxenye yalolu hlelo lokufunda, lapho abafundi befunda ngezindlela zokwakha izinhlelo zamakhompuyutha ezilula besebenzisa imifanekiso efana neye-Lego, baze ngokuhamba kwesikhathi bakhe izinhlelo zamakho-

mpuyutha ezilukhuni ezifana no-*JavaScript* ne-*Python*.

Ikhono lomntwana one-autism

Akekho noyedwa awazi ikhono lomntwana one-autism ukwedlula uNtlauzana, njengoba abafana bakhe bobabili bene-autism. Ingakho ephilela ukwenza i-Plumfield ukuba ibe nempumelelo, okuyiphupho yena nozakwabo uSixishe abaphupha ngalo imini nobusuku.

UNtlauzana uphokophele ekutheni ekugcineni abafana bakhe ababili babe kanye naye babe ingxenye yabafundi base-Plumfield.

Ukunakekelwa okutholwa abafana bakhe ohlelweni lukahulumeni wase-UK ikhona okwenza afisele abantwana abene-autism eNingizimu Afrika okufanayo.

Uma sekukhulunywa ngokunikeza abantwana amathuba nezinsiza, uSixishe unentshisekelo efana ncamashi nekaNtlauzana. Baphikelele embonweni wabo wokuthi zonke izingane kufanele zinikwe amathuba alinganayo. Ekugcineni, bafuna umongo wezemfundo ushintshe.

Okwamanje, i-Plumfield ayinalo uxhaso futhi uSixishe noNtlauzana abawatholi amaholo. Ukuzinikela kwabo ngemfundo etholakala

kalula, eseqophelweni ikhona ukubenza baphokophele phambili. Bakholelwa ukuthi ngolunye usuku uMnyango wezeMfundo Eyisisekelo uyoxhasa abafundi abaneautism ukuze bakwazi ukufunda e-Plumfield.

USixishe noNtlauzana abesabi ukuba namaphupho amakhulu nokulandela ezinyathelweni zawo. Bahlele ukukhulisa isikole sabo esincane esisendaweni yase-Chartwell ukuthi esikhathini esizayo sibe namahostela okuhlalisa abafundi ngaphakathi esikoleni. Okwamanje, uNtlauzana noSixeshe bakwazile ukubonisa ukuthi uma umqondo usendaweni efanele uphokophele okuthile, ungaphumelela, ngisho nokwakha isikole esikhethekile esifana ne-Plumfield.



lyini i-autism?

l-autism ukukhubazeka okuyindida okuhambisana nokukhula okujwayele ukubonakala eminyakeni emithathu umntwana ezelwe futhi kunomthelela kukhona lomuntu lokuxhumana kanye nokusebenzisana nabanye.

Izimpawu ze-autism

- Ukuntuleka noma ukuphuza ukukhuluma.
- Ukuphindaphinda izinto ezifana nokufinyela kwezandla.
- Ukungakwazi ukubuka ngqo.
- Ukungabi nentshisekelo emndenini noma kubangane.
- Ukungabi nentshisekelo yokudlala imidlalo ekholekayo.
- Ukugxila entweni ethize, noma ezingxenyeni zezinto.

Umzali okufanele akuqaphele: Ngaso sonke isikhathi buka indlela umntwana akhula ngayo ukuze uma kunezinkinga umntwana wakho ezothola usizo kusenesikhathi.