

Vuk'uzenzele

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Mom with comorbidity beats COVID-19

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JOBS INSIDE:

Men must stop abuse



President Cyril Ramaphosa has read the riot act to abusive South African men, who harm women and children, saying the brutal attacks must come to an end.

Gender-based violence (GBV) has increased in the country amid the coronavirus (COVID-19) pandemic, which is affecting large parts of the world. This, the President said, means the country is waging a war on two pandemics.

Addressing South Africans recently, President Ramaphosa expressed deep-felt regret at the recent wave of fatal attacks on women of all ages.

"As a man, as a husband and as a father, I am appalled at what is no less than a war being waged against the women and children of our country. At a time when the pandemic has left us all feeling vulnerable and uncertain, violence is being unleashed on women and children with a brutality that defies comprehension."

"These rapists and killers walk among us. They are in our communities."

The perpetrators, the President said, are fathers, brothers, sons and friends. "[These are] violent men with utterly no regard for the sanctity of human life."

21 women and children murdered

Over the past few weeks, 21 women and children have been murdered.

"Their killers thought they could silence them but we will not forget them, and we will speak for them where they cannot," the President said, calling the victims by name.

They include Tshegofatso Pule, Naledi Phangindawo, Nompumelelo Tshaka, Nomfazi Gabada, Nwabisa Mgwandela, Altecia Kortjie and Lindelwa Peni - all young women who were killed by men.

"We will speak for the 89-year-old grandmother, who was

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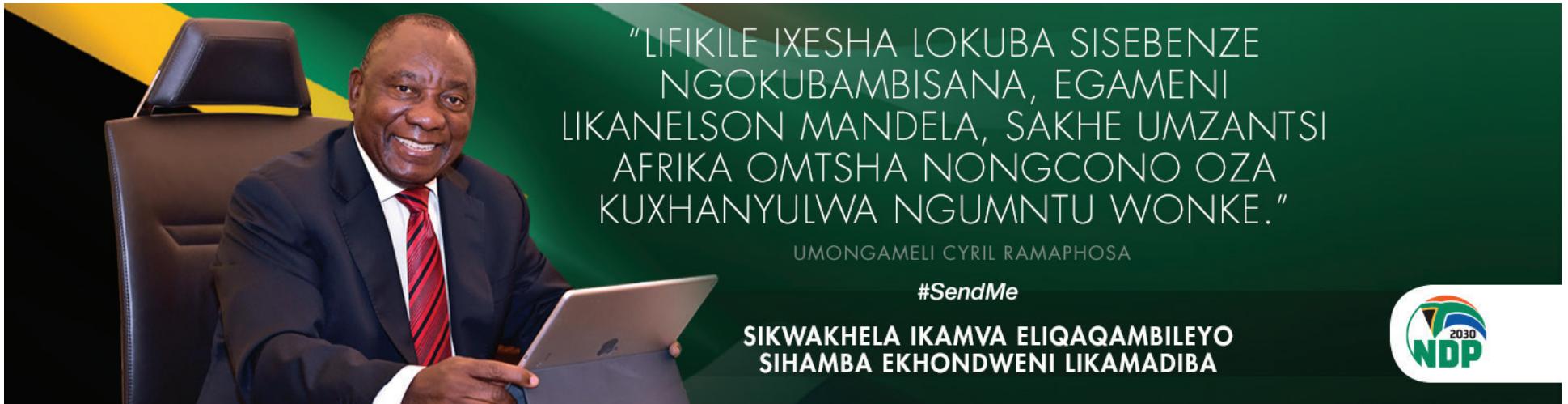


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Ulutsha IoMzantsi Afrika lulithemba nesibane esijonge kuso

Amazi ka-Frantz Fanon athi 'isizukulwana ngasinye kufuneke sifumane injongo yaso' afika engqondweni yam ngalo lonke ixesha xa ndinethuba lokuthetha nolutsha IoMzantsi Afrika.

Nokuba luhlala phi kwaye nokuba lwenza ntoni, ngalunye lunentshisakalo yokuguqula ihlabathi.

Nangona lufuna ngokwenene ukuguqula iimpilo zalo, lukwafuna kwakhona ukwakha isizwe esingcono kunye nehlabathi elingcono. Luzibona njengamajoni alwela iinguqu notshintsho lokwenyani.

Ezimbalini, oko ulutsha Iwlwela utshintsho. Kule minyaka idlulileyo, ulutsha belusilwa amadabi amaninzi okukhaba intswela-bulungisa, ukusukela kuvukelo lwabafundi ngowe-1968 e-Paris, ukuya kwiintshukumo ezichasene nemfazwe eMelika ngeminyaka yowe-1960, ukuya kumzabalazo wokulwa nobukoloniyalu kumazwe amaninzi ase-Afrika nawase-Asia, ukuya kwidabi lokulwa nocalu-calulo, ukuya kutsho kwiintshukumo zo-qhankqalazo lokulwela ulawulo lwentando yesinanzi kumazwe ama-Arabhu, i-Arab Spring.

Kutsha nje, ulutsha beluphambili kwintshukumo ye-#BlackLivesMatter ethe yafumana inkxaso kwihiabathi jikelele emva kokubulawa kuka-George Floyd eMelika.

Kwezi veki zimbalwa zidlulileyo, amatsha-ntliziyo kwihiabathi jikelele ebenyanelisa ukuba kususwe imifanekiso eqingqiweyo ezukisa ubundlavini nobundlobongela benqubo yokurhweba ngamakhoboka kunye neyobukoloniyalu.

Kuqhankqalazo Iwase-Oxford University kutshanje umqhankqalazi ebephakamisele phezelu ipheke-pheke lekhadi



■ Ulutsha kwihiabathi jikelele lucela amaziko ezemfundu ukuba ashukuxe ubuhlanga kunye nokungabandakanywa koluntu kuphele.

elihalwe la magama '*Rhodes must fall*', isikhalo sabafundi belizwe lethu kwiminyaka emihlanu eqgithileyo.

Ulutsha kwihiabathi jikelele lufumene into efanayo olunoku-yilwela. Luqhekeza imifanekiso eqingqiweyo kunye nezinye izinto ezimele ubuhlanga, lufuna ukuba imfundu yobukoloniyalu ifikelele esiphelweni, kwaye lucela amaziko ezemfundu ukuba ashukuxe ubuhlanga kunye nokungabandakanywa koluntu kuphele.

Kwakhona, njengoko sihlonipha ulutsha lowe-1976 ngomhla we-16 kweye Silimela 2020, sikhakhalela kulutsha IoMzantsi Afrika okhululekileyo, olufanelwe kanye yinyhweba yokuxhamla le nkululeko.

Umsebenzi wolutsha lowe-1976 yayikukutshabalalisa imundo yocalu-calulo; uze owo-lutsha Iwanamhlanje ibe kuku-qhubeka nephulo loxolewaniso kunye nenguqu yesizwe.

Kwixesha elizayo kuza kuthiwa lo nyaka, wama-2020, wawuyimbali.

Hayi kuba intsholongwane i-corona ibangele umbhodamo ongathethekiyo kubomi neempilo zabantu, koko uyishukumisile indlela izinto ebezisenziwa ngayo kwihiabathi liphele.

Indlela lo bhubhane uthewalibamba ngalo ihlabathi ube sisikhumbuzo sokuba ekugqibeleni sonke singabantu abaphila ngokubambisana kunye nokungalingani okunzulu okukhoyo phakathi kwamazwe nakumazwe ngaphakathi.

Lo bhubhane usinika ithuba 'lokuba sitshintshe' eli hlabathi lisekelwe kumkhuba wokunyoluka, ukungacingeli mntu nokungakhathaleli mntu hayi nje abantwini kuphela koko nakwizizwe ziphela.

Ulutsha lusixeleta ukuba iinqobo ezingundoqo zentembeko, ububele kunye nokubambisana kufuneka zibe ziimpawu eziphambili kweli hlabathi litsha liza kuvela, kwaye lumi-misele ukuba ziintshatsheli zeli hlabathi litsha futhi lingcono.

Kwiingxoxo ebendinazo nolutsha, ndithe akufunekanga siwadelele amandla ombono, kuba iimbono zingatshintsha kwaye sele zilitshintshile ihlabathi. Iimbono zibangele inkqubela phambili yoluntu kwaye zizinto ezinokusenza ukuba sikhazi ukuveza indlela entsha emva kokuba igqithile intsholongwane i-corona.

Olu lutsha luziguqule iimbono zalo zaba ziintshukumo. Alukuvumelanga ukunkongophala

kwezixhobo ukuba luzithintele. Luzikhethelle ngokwalo imisebenzi elifuna ukubalasela kuyo kumacandelo ahlukeneyo asuka kwelobuchwepeshe lwezinga eliphezulu ukuya kumaphulo okuzisa uzinzo kokusingqongileyo.

Ngoku kunangaphambili siza kujonga kubuchule kune nomoya wobuvulindlela bolutsha Iwethu ukuba luze nezisombululo kwingxaki yokungaqeshwa enokubanceda, kwiindawo abahlala kuzo nkwisizwe ngobubanzi.

Ngaxeshanye, ndicela umngeni kulutsha Iwelizwe lethu ukuba luzobe luze luyile iinkqubo ezinokusinceda ukuba siphumeze iinjongo zethu zopphuliso.

Ngowe-1961, i-Cuba eyayikhokelwa ngoovulindlela yathomela imikhosi yamavolontiya asematsha ezintabeni nasezilalini ukuyokwakha izikolo, ukufundisa ukufunda nokubhala kunye nokuqeqesha ootitshala abatsha. Isabonwa njengelona phulo liphumelele kakhulu lokufunda nokubhala kwimbali yanamhlanje.

Ulutsha Iwakuthi kufuneka luze namaphulo okuphucula uluntu kwaye kufuneka luwakhokele ngokwalo la maphulo.

Kanye ngolwa hlobo ulutsha beliqhuba ngalo ukulwa idabi lokungalingani kwimfund Ephakamileyo, kufuneka lusebenzise laa moyo mnye lulwele ukuba iinkonzo zezempiro zifunyanwe ngumntu wonke ngokulinganayo, iinguqu kwindlela owabiwe ngayo umhlabu kweli kunye, futhi nokubaluleke kakhulu, ubulungisa kwezesini.

Njengabo bonke abemi boMzantsi Afrika, ndiphazanyiswe kakhulu kukuhlaselwa nokubulawa kwamanina asematsha ngamadoda, ezi zehlo zothusayo zobulwanyana azi-

nandawo kwisizwe sakuthi.

Iintshukumo zoluntu ezikhokelwa lulutsha, ukufundisa kunye nengcebiso yoontanga zizixhobo ezibalulekileyo kwimizamo yethu yokuphelisa ubundlobongela obusekelwe kwisini kwisizwe sakuthi.

Kwangaxeshanye, kufuneka siyiqinise inkqubo yezobulungisa yeli, ukuqinisekisa ukuba abophuli-mthetho bayabanjwa, neemeko zebheyile nengqawule ziyaqinisa kwaye abo bagwetyelwe ubomi entolongweni bachitha ubomi babo bevalewe.

Nangona oku kudinga intshukumo yesizwe sonke, ndicela ingakumbi bonke abafana ukuba baluthathelle kubo idabi lokulwa umkhuba wobundlobongela obubhekisele kwisini. Ngaphandle kokuba siyigqible le mfazwe ebhekise kumanina oMzantsi Afrika, ipupha lesizwe esitsha aliyikuzalisekiswa.

Abo bethu abebeyinxene yemibutho yabafundi ngexesha lombuso wocalu-calulo basoloko bebuzwa ukuba sicinga ntoni ngolutsha Iwanamhlanje. Kukho umdla wokubalekela kwixesa lakudala elimalunga 'neentsuku ezimmandi' zepolitiki yabafundi kunye nomzabalazo wobutsha, ungaze uphindwe.

Kodwa kanye njengokuba ulutsha Iwakudala luchaze uthumo Iwabo, ulutsha Iwanamhlanje luzichaza iinjongo zalo, ulutsha Iwanamhlanje luzichazile eyazo.

Ulutsha IwaseMzantsi Afrika lowama-2020 luyakwazi, futhi gqibelele, ukuhamba ezi-nyaweni zobhuti noosisi balo bangaphambili. Lunethemba, lomelele kwaye lunesibindi, luhlala rhoqo lujamelene neemeko ezinzima.

Lulithemba nesibane esijonge kuso. Ngemisebenzi yalo, Iwakha ihlabathi elinobulungisa, elilinganayo, elinozinzo kunye noxolo. ☩

Umama onesigulo esinganyangekiyo uyoyisile i-COVID-19

U-INSAAF MOHAMMED uthi kubaluleke kakhulu ukuba abemi boMzantsi Afrika ingakumbi abo banezigulo ezinganyangekiyo ukuba bathathe uxanduva lwempilo yabo.

Silusapho Nyanda

Abantu abanezigo - ezifana nombefu, uxinzelolo lwegazi, isifo sezintso esinganyangekiyo kunye nesifo seswekile - bangaba neempawu ezmibi kakhulu zentsholongwane i-corona (i-COVID-19), kwaye basenokufa ngenxa yobunzima obubekwa yiintsholongwane emizimbeni yabo

Ngethamsanqa, xa ugqirha oyingcali yokunyanga osebenze eKapa okwangumama womntwana oneminyaka emithathu, u-Insaaf Mohammed (oneminyaka yobudala engama-40) wosuleleka yi-COVID-19 ngelixa ehlaselwe sisifo sombefu, wakwazi ukumelana nazo zombini ezi meko kwaye akazange agule kakhulu.

U-Mohammed wosulelwangumyeni wakhe nge-COVID-19, osebenza kwilebhu ekwisibhedlele sase-Groote Schuur. Unyana ka-Mohammed oneminyaka esixhenxe naye wosulelwae.

Emva kokuba kufunyaniswe ukuba bosulelekile, bonke bazigcina bucala ekhaya. "Sazivalela kwigumbi lethu lokulala, ngelixa umazala wam - onesifo seswekile kunye noxinzelelo lwegazi kwaye ngethamsanqa zange osuleleke yintsholongwane - yena wayekhathalela abanye babantwana bethu ababini," utsho u-Mohammed.

NgokweSebe leze-Mpilo laseNtshona Koloni, abantu abano-xinzelelo lwegazi, abanesifo seswekile kunye nesifo sezi-



ntso esinganyangekiyo baphakathi kwabantu abanezifo ezinganyangekiyo abangabona bahlaselwa lula yi-COVID-19.

Ukususela kumhla wama-25 kuCanzibe, abantu abanezi zigulo zilandelayo babonisa iimpawu ezinobuzaza:

- Uxinzelelo lwegazi, iipesenti ezingama-58
- Isifo seswekile, iipesenti ezingama-56
- Isifo sezintso esinganyangekiyo, iipesenti ezili-17
- Isandulela-nculazi (i-HIV), iipesenti ezili-16
- Isifo sombefu okanye isifo esinganyangekiyo sesifuba, iipesenti ezili-15
- Isifo sentliziyo, iipesenti ezili-11
- Ukutyeba kakhulu, iipesenti ezili-13



U-Insaaf Mohammed onesifo sombefu, ukwazile ukuyoyisa i-COVID-19.

ebusuku, kodwa ngamanye amaxesha abantu baseku-hlaleni basenokungakhathali kwaye ubuhlungu obenziwa kumakhasi onxibelelwano oluntu buyoyikeka," utsho u-Mohammed.

ISebe lezeMpilo lase-Ntshona Koloni lithi ukuzigcina usela amanzi rhoqo kunye nokujonga i-glucose egazini lakho, uxinzelelo lwegazi kunye neqondo lobushushu emzimbeni zi-zinto ezipambili ekulawuleni i-COVID-19, ingakumbi kubantu abanezigulo ezinganyangekiyo.

Ukongeza, isebe licebisa abantu abanezigulo ezinganyangekiyo:

- Ukusela amayeza akho ngokuchanekileyo, njengoko kuchaziwe ngugirha wezempi.
- Ukuhlamba izandla zakho ngesepha namanzi ubuncinane imizuzwana engama-20,
- ngaphambi kokuphatha napaphambi kokuphatha naphambi kokuba lungene endlwini, lushiyi izihlangu zalo egaraji ukuba luykwazi, khulula zonke iimpahla zakho uze uhlambé ngaphambi kokubulisa usapho Iwakho futhi qaphela impilo ukuze ubakhusele," utsho.

Isebe licebisa abantu abanezigulo ezinganyangekiyo ukuba batye ukutya okusempilweni, bazivoca-voce rhoqo, bangazifikami izinto ezibakhathaza umphefumlo, basebenzise okanye basele amayeza ngokufanelekileyo baze balandele onke amayathelo othintelo ayimfune.

kuyenzeka kuyakhuthazwa.

Ukuba ngumqaba-qaba

Emva kokuzigcina bucala iintsuku ezili-14, u-Mohammed wabuyela emsebenzini. Uthi ukuphila kwakhe emva kwentsholongwane kuyitshintshile inkqubo yokucinga kunye nemibono yakhe ngobomi.

"Ukuqonda kakhulu ukubaluleka koosapho Iwakho kunye nezinto ezincinci ebomini. Ndifuna abantu nakweiyiphi indawo abasebenza kuyo bathathe uxanduva ngeempilo zabo kwaye bafundise iintsapho zabo nabantwana babo, ingakumbi njengokuba abantwana bebuyele esikolweni.

"Nceda umntwana wakho afumane iindlela ezinobuchule ngokubonisa uthando kwizihlobo zabo, ngaphandle kokusondelelana kunye nokubambana. Yenza usapho Iwakho luzicoce ngesibulalantsholongwane ngaphambi kokuba lungene endlwini, lushiyi izihlangu zalo egaraji ukuba luykwazi, khulula zonke iimpahla zakho uze uhlambé ngaphambi kokubulisa usapho Iwakho futhi qaphela impilo ukuze ubakhusele," utsho.

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*Ukuba ubonisa naziphi na iimpawu, ezifana nomkhuhlane, ukukhohlela, okanye iphika, qhagamshelana nomnxeba wemibuzzo nge-COVID-19 kule nombolo: 0800 029 999 okanye uthumele ngo-WhatsApp eli gama: 'H' kule nombolo: 0600 123 456.

EZINTSHA NGE-COVID-19

Urhulumente ulungiselela ukunyuka kakhulu kweqondo le-COVID-19

UKULUNGISELELA UKWANDA kwenani labantu abanokuba ne-COVID-19 kuyaqhubeke ngokuthi urhulumente kanye namashishini abucala bakhe izibhedlele zethutyana, bathenge izixhobo zokuzikhusta kanye nokuqinisekisa ukuba uMzantsi Afrika wenza izixhobo zokuphefumisa.

Allison Cooper

Inani labantu abanesifo sentsholongwane i-corona (i-COVID-19) eMzantsi Afrika kulindekele ukuba linyuke kwezi veki zizayo kwaye urhulumente wenza konke okusemandleni ukuqinisekisa ukuba icandelo lezempilo likulindelo oko.

"Besithenga izixhobo zokuzikhusta (i-PPE) kwihlabathi lonke futhi si-kwaxhasa iinkampani zalapha ekhaya ukuba zizenze apha," uqinisekisile uMongameli Cyril Ramaphosa.

"Besisoloko siphucula iziseko zoncedo zezibhedlele, silungisa izibhedlele zethutyana kanye noku-fumanela izigulane ze-COVID-19 iibhedi ezongezelelekileyo," uye wongeza.

Ekuqaleni kweyeSilmela, iibhedi zezibhedlele zikarhulumente ezingaphezulu kwama-27 000 ziye zabekelwa bucala kulungiselewa izigulane ze-COVID-19. Xa sele zigqityiwe, izibhedlele zethutyana ziza kuba neebhedi ezingama-13 000.



Amaziko okuvalela abane-COVID-19 bodwa kanye nezibhedlele zethutyana

UMphathiswa wezeMisabenzi kaRhulumente neziSeko zoNcedo uPatricia de Lille uthe:

- Lindawo ezili-1 751 zibekelwe bucala njengeendawo eku-cetywa ukuba zibe zindawo zokugcinwa bucala kwa-bane-COVID-19, into leyo ethetha ukuba kukho iibhedi ezingama-129 600 ku-zwelone, kuzo zonke izithili ezingama-44 kanye nezixeko ezimba xa ezsibhodo.
- Lindawo ezingama-358 sele zibekelwe bucala eNtshona Koloni, futhi zinebhedle ezingaphezulu kwama-27 500.
- ezingama-395 sele ziholiwe

liSebe lezeMpilo, ezimele iibhedi ezingama-35 759.

● Izibhedlele ezingama-32 eMpuma Kapa, ezili-19 Kwa-Zulu Natala kanye nezili-10 eMpumalanga zichongelwe ukuvuselewa zize zilungiswe zitshintshwe zibe zizibhedlele zethutyana.

● I-Cape Town International Convention Centre, sesona sibhedlele sethutyana na sikhu-lukazi apha elizweni lethu, ineebhedi ezingama-862. Yamkela izigulane zayo zokuqala ezili-10 ngomhla we-8 kweyeSilmela.

● EMntla Ntshona, amaqla enza futhi andisa izibhedlele ngokuthi akhe izakhiwo ezongezelelwyo.

URhulumente waseJamani kanye no-Volkswagen bathembise ngezigi-di ezili-107 zeerandi ukuba kwakhwi-we isibhedlele sethutyana eBhayi. Xa izibhedlele sesilungle ukwamkela izigulane, siza kuba neebhedi ezingama-4 000.

Izixhobo zokuphefumisa

Ngoncedo loorhulumente, iinkampani kanye nemibutho eyahlukeno, uMzantsi Afrika ukwazile ukuqokelela izixa eziponakalayo ze-PPE, ezyne izixhobo zonyango kanye nezixhobo zokuphefumisa. Isixhobo sonyango sokuphefumisa ngumatshini onceda imiphunga ukuba ikwazi ukusebenza. Sisetyenzisela izigulane eziphefumisa. Izigulane ezinesifo sentsholongwane i-corona (i-COVID-19) ziba nephika. Urhu-

Imeko yase-Gauteng yokulungela i-COVID-19

INkulumbuso yase-Gauteng uDavid Makhura uthi iphondo:

- lineebhedi zesibhedlele ezingama-8 301,
- lilungise izibhedlele ezikhoyo laza lazijika zaba zizibhedlele ze-COVID-19, into leyo eyenze kwakho iibhedi ezingama-555 zabantu abangaguli kakhulu kanye neebhedi ezingama-308 zabagula kakhulu (i-ICU), le-nza iiwadi ezisisigxina ezintsha kwizibhedlele i-Kopanong, i-Jubilee, i-Chris Hani Baragwanath kanye ne-George Mukhari, ngo-lo hloba longeza iibhedi ezingama-800, laze laqinisekisa ukuba iziko lase-Nasrec lineebhedi ezintsha ezingama-500.

KuCanzibe, INkulumbuso uMakhura wamkela iminikelو evela kwa-BMW nakwa-Nissan ukunceda ukwakha isibhedlele e-Rosslyn, eTshwane.

Izibhedlele zethutyana zaseMpuma Kapa

EMpuma Kapa, isibhedlele sethutyana esinebhedi ezili-1 000 senziwa kwibala lemidlalo i-Nelson Mandela Bay Stadium. Amanye amabala emidlalo asetyenziswa njengeendawo zokuvalela abo bane-COVID-19 bodwa nanjengezibhedlele zethutyana, kuquka iBala lezemidlalo i-Cape Town Stadium kanye ne-FNB Stadium.

URhulumente waseJamani kanye no-Volkswagen bathembise ngezigi-di ezili-107 zeerandi ukuba kwakhwi-we isibhedlele sethutyana eBhayi. Xa izibhedlele sesilungle ukwamkela izigulane, siza kuba neebhedi ezingama-4 000.

I-Solidarity Fund izibophele ngemali yokufumana izixhobo zokuphefumisa ezingama-200, eziza kuthunyelwa kwizibhedlele ezizidinga kakhulu.

IMelika inike uMzantsi Afrika izixhobo zokuphefumisa ezili-1 000, ezingama-20 kwezo zamkelwa nguMphathiswa wezeMpilo uZweli Mkhize kweyeSilmela. Zafakelwa kwiSi-bhedlele i-Chris Hani Baragwanath Academic e-Soweto. Umnikelo olandelayo uza kuse-tyenzisela izigulane kwizibhedlele ezise-Ntshona Koloni.



"Besixakekile siphucula iziseko zoncedo ezibhedlele, silungisa izibhedlele zethutyana kwaye sifumanela izigulane ze-COVID-19 iibhedi ezongezelelwyo."

Izixhobo zokuzikhusta zabasebenzi bezonyango

Eyona nto ibalulekileyo kw-Solidarity Fund kukunika abasebenzi bezonyango abafana noogqirha kanye nabongikazi ii-PPE. I-Solidarity Fund, esele inemali



ezibhiliyon ezi-2.61 zeerandi ukuza kuthi ga ngoku sele incede ukufuma ii-PPE ukuxhasa inkubu yezempi karhulumente kanye nabasebenzi bezempilo boluntu kwiinyanya ezimbini.

Nangona kunjalo, kusekho ukunqongophala kwee-PPE kwihlabathi liphela, kuquka nakuMzantsi Afrika.

Linkampani ezinikeleze ngee-PPE, ziquka i-Business for South Africa, i-Naspers, i-First National Bank, i-United Pharmaceutical Distributors, i-People's Republic of China, uMbutho wezeMpilo weHlabathi (i-WHO), i-Ford Motor Company kanye ne-Solidarity Fund.

Sicela bonke oonompilo

Kudingeka oonompilo abaninji njengoko inani labantu abane-COVID-19 linyuka kwaye urhulumente ucele oonompilo kanye noogqirha abangasebenzi ukuba baqhaga-mshelane namaphondo abo.

"Siyabacela bonke abasebenzi bezempilo, nkqu nabu bathatha umhlala-phantsi, ukuba bezengaphambili bazokusebenza - nokuba lithuba elifutshane," utshilo uMphathiswa Mkhize.

Urhulumente uthumele oogqirha base-Cuba abangama-217 kwi-zwelone.