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Abakhenkethi bangaphandle abayivali imilomo zizibiliboco zeli

Dale Hes

bahlali beelokishi zikamasipala waseGeorge eNtshona Koloni baza kuphekela abakhenkethi bangaphandle ukutya nezinye izibiliboco ezimuncis'iintupha. Eli phulo liyinxalenye yephulo i-Dine with Locals.

Eli phulo liyinxalenye yokubhiyozela iNyanga yezoKhenketho apho umasipala akhethe amaqela amathandathu aphuma kwilokishi yaseThembalethu nasePacaltsdorp ukuba aphekele abakhenkethi bangaphandle ukutya okuhamba nazo zonke izimuncu-muncu, futhi abantende kangangoko.

Ngethuba la maqela esenza amalungiselelo okuntenda nokuphekela ezi ndwendwe athe afumana uqeqesho olunxulumene nezokhenketho nobuchule bokulungisa ukutya.



Indwendwe zingcamla ukutya kwamalungiselelo okuphekwe liQela i-Explore our Hood eThembalethu. Eli phulo liyinxalenye ye-*Dine with Locals*.

Baye bafundiswa izakhono ezinxulumene nokuqala kunye nokuqhuba ishishini, injongo yoku ikukuba ekugqibeleni babe ngoosomashishini abanengeniso encumisayo kwicandelo lezokhenketho.

UNomzamo Entile (oneminyaka yobudala engama-31) oyinxalenye yala maqela mathandathu, uyinkokeli ye-Explore our Hood Team yaseThembalethu. UNomzamo waqala i-Explore our Hood ngenjongo yokukhuthaza ukubambisana nokuhlalisana ngoxolo eGeorge.

"Saya saqaphela ukuba kukho ukungavani phakathi kwabantu baseGeorge. Sifuna ukuba abantu beze kwiilokishi zethu babone ukuba siphila impilo yesiXhosa endilisekileyo kwaye sifuna nabanye abantu baze kuzibonela ngokwabo," wongeze watsho uNomzamo.

Njengoko iyiNyanga ye-

zoKhenketho, eli qela sele libambe imisitho emibini eyinxalenye yamalungiselelo, entenda futhi ephekela amalungu ecandelo lezokhenketho ebetyelele apha.

"Siwenze onke amalungiselelo kwaye sivuya kakhulu kuba siza kutyelelwa ngabakhenkethi bangaphandle njengeendwendwe zethu. Sinethemba lokuba siza kufumana ithuba lokubona indlela eliqhuba nelisebenza ngayo icandelo lezokhenketho. Lo msitho uza kubonisa nokuba kuninzi okunokonwatyelwa futhi kwenziwe ngabakhenkethi beli nabangaphandle kwiilokishi zoMzantsi Afrika," uqhube watsho uNomzamo.

UMlawuli we-George Tourism uJoan Shaw ucacise wathi kule nkqubo kuza kuboniswa iintlobo ezahlukeneyo zenkcubeko zeli.

"Inkqubo yethu ye-Dine with a Locals ingumzekelo omhle obonisa iintlanga ezahlukeneyo zeli, apho kuza kuphekwa kungcanyulwe iintlobo zokutya ezahlukeneyo, eziquka ukutya kwabantu abangamaXhosa, abangamaVenda, abangamaKhoi, indlela ekuphekwa ngayo yi-Cape Malay kunye nokutya okubizwa i-'Snoek and Patat," ucacise watsho uShaw.

"Kuninzi
okunokonwatyelwa
futhi kwenziwe
ngabakhenkethi
beli
nabangaphandle
kwiilokishi
zoMzantsi Afrika."

Ekupheleni kwalo msitho, la maqela aza kuba namashishini agcweleyo asebenzisana ne-George Tourism, yona eza kuthi ibhengeze futhi isebenzise iinkonzo nezinto ezithengiswa ngala maqela.

Amaza asusa abantwana ezitalatweni

NANGONA ABANTU abaninzi beyibona i-*surfing* njengohlobo lomdlalo wona umbutho waKwaZulu-Natal uyenze umdlalo wokonwabisa ulutsha.

Vuyo Ndlovu

-surfing, okanye ukutyibiliza phezu kwamaza, ayilohlobo lomdlalo okanye into nje yokuzonwabisa yabantu abatsha abahlala embindini wesixeko saseDurban kwiphondo laKwaZulu-Natalkokoikwaluhlobolomdlalo apho umntu angakwazi ukupholisa ingqondo.

I-Surfers Not Street Children ngumbutho oqeqesha simahla abantwana basezitalatweni kunye nabantu abatsha abangathathi ntweni abahlala kumbindi wesixeko ngezakhono zokutyibiliza phezu kwamaza.

Lo mbutho usabela kanye kwikhwelo elahlatywayo lokuliwa kwengxaki yabantwana abangenamakhaya kwaye uqinisekisa ukuba abantu abatsha benza izinto ezakhayo ngobomi babo.

UMasipala waseThekwini



Ezinye iincutshe zokutyibiliza phezu kwamaza, ii-surfers, ezingamalungu e-Surfers Not Street Children kunye ne-KZN Surfing Club zifumene iibhodi zokutyibiliza phezu kwamaza. Ezi bhodi ziza kusetyenziselwa uphuhliso.

uxhase lo mbutho kutsha nje ngokuwuliza ngeebhodi ezili-10 zokwenza i-surfing.

Ezi bhodi zenzelwe ukuphuhlisa kwaye zenziwe ngento engathi yirabha enceda abo basafunda ukwenza i-surfing ukuba bangatshoni.

Umlawuli wesebe likamasipala lezemidlalo nolonwabo uTeddi Adams uthi ezi bhodi ziza kunceda abo bafuna ukuba ngabantu abenza i-surfing.

"Esi sipho siyinxalenye yezicwangciso zikamasi-

pala zokuphuhlisa ezemidlalo nokuqinisekisa ukuba abantu abatsha, kungajongwanga bala labo nakufuma kweepokotho zamakhaya abaphumo kuwo, banazo izixhobo eziza kubanceda ukuba bagqame kuhlobo lomdlalo abawukhethileyo.

ULangelihle Nkosi (oneminyaka yobudala eli-16) ongomnye wabo benza i-surfing ubulela umasipala ngesipho asenzileyo.

"Ndiyakuthanda ukuza kufunda i-surfing kuba inde-

nza ukuba ndomelele futhi ndiyakuthanda ukutyibiliza phezu kwamaza." UNkosi uyabakhuthaza abo banqwenela ukwenza i-surfing ukuba baze kuthatha inxaxheba bafunde banzi ngayo.

USandile Mqadi, ongumqeqeshi we-surfing e-Surfers Not Street Children Club, uthi iinjongo zalo mbutho kukufundisa abantwana i-surfing into leyo eza kubanceda ukuba bangahlali ezitalatweni.

"Sisebenza nabantwana abahlala ezitalatweni
kunye nabo baphuma kumakhaya asokolayo. Uncedo esilunikayo lusimahla
kwaye sinceda abantu abatsha abaneminyaka yobudala ephakathi kwemihlanu
nengama-23," utsho uMqadi.

Wongeze wathi ezi bhodi umasipala alize ngazo ziza kunceda kumalinge abo kwaye abantwana abaninzi baza kukwazi ukuthatha inxaxheba kule nkqubo.

I-Surfers Not Street Children Club iqhuba uqeqesho lokwenza i-surfing ukusuka ngoMvulo ukuya ngoLwesihlanu ngo-08h30 nango-13h30. Abo banomdla bangabhalisa kwi-ofisi ye-Surfers Not Street Children eNorth Beach.

Umasipala uphinde waliza ngezinye iibhodi ze-surfing ezili-10 kwi-KwaZulu-Natal Surfing Federation.

ISebe lezeMpilo laseLimpopo ligxininisa ukubaluleka kokuncancisa

NJENCOKO ILIZWE libhiyozela iminyaka elikhulu yokuzalwa kukaMama Albertina Sisulu iSebe lezeMpilo laseLimpopo lithiye ziko lokuncancisa ngegama lakhe ukuze kuxhamle abadlezana.



UMphathiswa wePhondo laseLimpopo uGq Phophi Ramathuba ephahlwe ngoomama abancancisayo abeze kuzimasa lo umsitho wokuvulwa kweziko.

Kanego Lewele noMore Matshediso

kuncancisa kuluncedo kakhulu kwimpilo yomntwana futhi kuzigcina iintsana zondlekile kodwa oomama abaninzi abaphangelayo babanobunzima ngokuncancisa xa bebuyela emisebenzini emva kwekhefu lasemva kokubeleka.

Oku kubangelwa kukuba kungekho zindawo zifanelekileyo emisebenzini zokuba abadlezana bancancise iintsana zabo okanye bakhame ubisi, baze bangabi namdla wokuqhubeleka bencancisa kuba bachitha ixesha labo elininzi emisebenzini iintsana zabo zingekho.

Ngelinge lokuzama ukulungisa le ngxaki, iSebe lezeMpilo laseLimpopo livule kwii-ofisi zalo iziko lokuqala ngqa lokuncancisa nokukhama ubisi.

Eli ziko lokuncancisa livulwe ngokusesikweni ngu-Mphathiswa wePhondo uGq Phophi Ramathuba.

Eli ziko lithiywe ngegama likaMama Albertina Sisulu. Kulo nyaka sibhiyozela iminyaka elikhulu yokuzalwa kweli ghawekazi.

Sinethemba lokuba eli ziko alizikunceda kuphela oomama abancancisayo abaphangelayo koko liza kukhuthaza amanye amasebe ukuba abaxhase oomama abancancisayo emisebenzini.

Abasebenzi besebe baza kuvumeleka ukuba bacele abantu ababonasela abantwana ukuba bazise abantwana emisebenzini ngesithuba sesidlo sasemini ukuze bancancise. Eli ziko liza kusetyenziswa nangabadlezana abafuna ukukhama ubisi besemsebenzini.

Omnye wabasebenzi besebe uMpho Kutumela nongumdlezana onamawele, eliyinkwenkwe neliyintombi, aneenyanga ezili-11 ubudala, uvuyiswa kakhulu kukuvulwa kweli ziko.

"Eli ziko lokuncancisa liza kusinceda kakhulu thina njengabadlezana kuba siza kukwazi ngoku ukukhama ubisi endaweni efanelekileyo ngaphandle kokuphazanyiswa," utshilo.

Oomama abandwendwela isebe bephethe iintsana zabo, nokuba balindwendwele ngantoni isebe, baza kuvunyelwa ukuba bancancise iintsana zabo.

UMphathiswa wePhondo uRamathuba uthi i-Albertina Sisulu Breastfeeding Room iliziko elifana lodwa kweli phondo.

UMphathiswa wePhondo unethemba lokuba eli ziko liza kunceda ukuba oomama bakwazi ukuncancisela ezindaweni ezikhuselekileyo nezilungiselelwe kanye oku ngeenjongo zokuqinisekisa ukuba baba nabantwana abakhula bondlekile futhi besempilweni.

"Ubisi lwebele lunezakha-mzimba ezifunwa kanye zintsana kwaye lelendalo, soze lenziwe ngoomatshini," utshilo uMphathiswa wePhondo.

Izinto eziluncedo ngokuncancisa

- Ubisi Iwebele Iunezithintelintsholongwane ezinceda abantwana ukuba bakwazi ukulwa iintlobo ezahlukeneyo zentsholongwane.
- Ukuncancisa kunciphisa amathuba okuba umntwana abenesifo sokwaliwa zizinto ezithile ezifana neentlobo zokutya okuthile.
- Abantwana abancanca ibele lodwa kwiinyanga ezintandathu zokuqala banamathuba ambalwa okusulelwa zizifo, okuba nezifo ezinxulumene nokuphefumla kunye nengxaki yotyatyazo.

New health centre for Port Nolloth

Jauhara Khan

he seaside town of Port Nolloth in the Northern Cape will soon benefit from a full-service community health centre project which promises to enhance access to quality healthcare.

The project is being implemented by the Independent Development Trust (IDT) on behalf of the Northern Cape provincial Department of Health at a cost of about R150 million and is expected to open soon.

Once completed, the building will comprise all primary health facilities including a trauma unit, radiology, dispensary, psychiatric ward, maternity wards and paediatric wards. Consultation rooms will be used for reproductive health services, a psychologist, dietician and other services once constructed.

Work on site also encompasses the construction of facilities for support services including administration and waiting areas, ambulance quarters and parking bays, overnight accommodation for paediatric mothers, a mortuary, kitchen and dining area, stores and maintenance area.

Port Nolloth, located along the Atlantic Ocean, is one of the most remote areas of South Africa with a population of just over 6 000. It is served by a small government clinic that offers a community-oriented primary health care programme that monitors and works towards the improved health and well-being of families in that area.

The progress on the project is currently at 70 percent. The contractor has been busy with installation of roofing in some of the buildings as well as internal plastering, painting and external work like paving, lighting and parking

The project has created decent job opportunities. A majority of these jobs were reserved for the local community and a lot of the work on site, such as glass fittings and



Construction on a new community health centre in Port Nolloth in the Northern Cape is almost complete. The facility will soon offer the small town greater access to healthcare services.

cladding at the reception and waiting areas, were performed by local sub-contractors.

The IDT is an entity of the National Department of Public

Works and supports all spheres of government with social infrastructure management and programme implementation.