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**English / Siswati** 

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Woza **Matrics** launched

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TOGETHER WE CAN BEAT CORONAVIRUS



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tion will be thoroughly invesing Unit (SIU), to investigate

**Allison Cooper** 

resident Cyril Ramaphosa's promise to the nation to root out corruption relating to Coronavirus Disease (COVID-19) relief fund spending is being put

solidly into action, with various investigations underway and the suspension of numerous government officials.

The President established an anti-corruption centre, bringing together nine state law enforcement institutions, including the Special Investigatallegations of corruption in areas such as the distribution of food parcels, Unemployment Insurance Fund (UIF), social relief grants and the buying of medical supplies and personal protective equipment (PPE).

The President is determined that every instance of corrup-

tigated, that those responsible for wrongdoing will be prosecuted and that all money should be recovered.

To ensure this, he signed a proclamation with the SIU to investigate any unlawful or improper conduct in the procurement of any goods, works

and services during or related to the national state of disaster in any state institution.

The President also asked Auditor General (AG) Kimi Makwetu to audit the key

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### LETIVELA E-UNION BUILDINGS



# Vikela bomake nebantfwana betfu

ulomnyaka lophelile, cishe Ingulelilanga leli, tinkhulungwane tabomake, bobabe nebantfwana bashuca balibangisa ePhalamende bayokhala ngekubhebhetseka kwekudlwengula nekubulawa kwabomake nebantfwana.

Ngaleso sikhatsi, sive besisebuhlungwini lobukhulu bekubulawa kuka-Uyinene Mrwetyana, Leighandre Jegels, Jesse Hess kanye nalabanye bomake labanyenti labalahlekelwa timphilo tabo etandleni temadvodza lanesibhuku.

Kuyo yonkhe imikhakha yetenhlalo, labadzala nalabancane, titjudeni nabomake labasebentako, lababhikishi labebashuca ngekuthula bebaphetse tigwabhugwabhu lebetibhalwe kutsi 'Enough is Enough' futsi 'Am I next?'. Buhlungu nentfukutselo lejulile ngalelo langa. Ngesikhatsi ngemukela tidzingo tabo lebebatifuna ngemandla lebetibekwe ngalokucacile, kwangikhanyela kutsi sidzinga kutsatsa tinyatselo ngalokuphutfumako nangekutimisela. Kimi bekubalulekile kutsi ngingaphendvuli-nje ngemagama lalula netitsembiso letingenalutfo.

Ngemuva kwemalanga lambalwa, ngabita umhlangano weTindlu tePhalamende toTimbili, lapho khona samemetela Lisutinyatselo Lekuphendvula Ngekuphutfuma letigidzigidzi leti-R1.6 lekulwa nebudlova lobucondziswe kubulili lobutsite kanye nekubulawa kwalabasikati (i-GBVF).

Kuletinyanga letisitfupha tekufezekisa, kusetjentiswa kwemali yahulumende ematikweni ahulumende lamanyenti kwabekwa embili kute kutsi kwesekelwe tingenelelo tekunakekela  $kanye\,nekwe sekelwa\,kwa labasindzile$ labanyenti, kwesekelwe imikhankhaso yekucaphelisa nekuvikela, kwenta kancono imitsetfo netinchubomgomo, kukhutsata kuhlonyiswa kwabomake ngetemnotfo, kanye nekucinisa inchubo yetebulungiswa betebugebengu.

Manje sisezingeni lekulungisa kushaywa kwemtsetfo lokutawuba nelifutse lelikhulu ekulweni ne-GBVF.

Kusandza kwetfulwa ePhalamende Imitsetfosivivinyo lemitsatfu lemikhulu lephatselene ne-GBVF. Ngekungeniswa kwaleMitsetfosivivinyo, sigcina sitsembiso lesasenta kubabhikishi kulomnyaka lophelile nakubo bonkhe bomake balelive.

LeMitsetfosivivinyo yekuchibela lemitsatfu yentelwe kugcwalisa tikhala letivumela babhebhetseli balobugebengu kutsi bagweme bulungiswa kanye nekwenta kutsi emalungelo abomake nebantfwana balelive kutsi asebente ngalokuphelele.

LeMitsetfosivivinyo, uma seyiphotfuliwe, itawusita kubuyisa kutetsemba kwabomake balelive lakitsi kutsi umtsetfo ukhona ngempela kutewubavikela

LoMtsetfosivivinyo wekucala uchibela Umtsetfo Wetebugebengu (Emacala Wetemacansi Netindzaba Letiphatselene Nawo) Umtsetfo Wekuchibela. Loku kwenta licala lelisha lekwesabisa ngetemacansi, ukhulisa bubanti belicala lebundlundlulu, uphindze futsi ukhulisa umsebenti wekubika webantfu labasola kutsi kukhona licala letemacansi lelentiwe

Ukhulisa bubanti beRejista Yavenkhe yeTigilamkhuba Tetemacansi (i-NRSO) kutsi ifake ekhatsi imininingwane yetigilamkhuba tetemacansi. Kute kube ngumanje, beyiloku isebenta kutigilamkhuba tetemacansi letilahlwe ngemacala ebugebengu betemacansi labhebhetselwa kubantfwana noma bantfu labangaphili kahle engcondvweni. Sikhatsi imininingwane yesigilamkhuba letawusihlala kurejista sikhulisiwe, futsi labo lababhalwe kulerejista batawudzingeka kutsi bakudzalule loku uma bafaka ticelo tabo temisebenti tekusebenta nebantfu labahlaseleka kalula. LoMtsetfosivivinyo uphindze ubeke kutsi emagama ebantfu laba-



ku-NRSO afanele kutsi atfolwe sive.

LoMtsetfosivivinyo Wekuchibela Tebugebengu Netindzaba Letiphatselene naloko ucinisa, emkhatsini waletinye tintfo, kunikwa ibhevili kwebabhebhetseli be-GBVF, uphindze futsi wengete emacala lafanele kutsi ahlisisebetwe tigwebo letincane.

Letichibelo tihlisibeta tibopho letisha kutikhulu tekucinisekisa kugcinwa kwemtsetfo nasetinkantolo tetfu.

Uma umshushisi angayiphikisi ibheyili emacaleni e-GBV, bafanele kutsi babhale kumarekhodi tizatfu tabo. Ngaphandle uma ngabe umuntfu losolwa kutsi wente licala le-GBV anganiketa timo letikhetseke kakhulu tekutsi kungani bafanele kutsi bakhululwe ngebheyili, inkantolo ifanele kutsi yente bavalelwe kute kube ngulapho sekuphotfulwe tinchubo tetebugebengu.

Ekufinyeleleni tincumo nekufaka sicelo sebheyili, tinkantolo ticindzeteleka kutsi tibuke tintfo letinyenti. Tifaka ekhatsi imibiko yangembi kwekutekwa kwelicala lemayelana nekufuna kukhululwa kwemsolwa ngebheyili, kwesatjiswa ngebudlova lokwentiwe kulosindzile, kanye nembono waloyo losindzile mayelana nekuphepha kwakhe.

Mayelana neludzaba lepharoli, ummangali noma sihlobo semufi sifanele kutsi sikwati kwetfula inkhulumo ebhodini yepharoli,

Uma kubukwa lamazinga lasetulu ngalokungemukeleki ebudlova bebalingani betitsandzani kulelive lakitsi, sesicinise imigomo yeMtsetfo Webudlova Basekhava.

Manje budlova buchazwa ngendlela yekutsi bufaka ekhatsi kukhulumisana, kujola, kubudlelwane besintfu, kwenta mbamba letiphatselene nemacansi noma kutilingisa, budlelwane betemacansi noma budlelwane betemacansi banoma sikhatsi lesingakanani. LoMtsetfosivivinyo uphindze futsi welule inchazelo 'yebudlova basekhaya' kutsi ifake ekhatsi kuvikelwa kwebantfu labadzala ekutsini bangahlukunyetwa ngemalunga

Bamangali batawukwati kufaka sicelo semyalo wenkantolo wekuvikeleka ngekusebentisa tebucwepheshe. Kuvikela simo lapho khona babhebhetseli bangabhaca ngemuva kwemilandvo yesikhatsi lesendlulile

yebudlova basekhaya, kutawusungulwa silondvoloti lesihlanganisile semiyalo yekuvikeleka.

Letichibelo letiphakanyisiwe tiphindze futsi tetfwese Litiko Letekutfutfukiswa Kwetenhlalo, Temfundvo Lesisekelo, Temfundvo Lephakeme neTemphilo sibopho sekunika labo labasindzile tinsita letitsite nekubendlulisela etindzaweni tekukhosela nekunakekelwa ngetekwelashwa.

Timo lapho khona umshushisi angala kushushisa uma kwentiwe emacala ngaphansi kwaLomtsetfo lochitjelwe noma esule tinhlawulo uma ngabe kufaka ekhatsi kulinyatwa umtimba noma uma ngabe kwasetjentiswa silimato kwesabisa ummangali kunemkhawulo.

Mhlawumbe kusichibelo lesiphakanyisiwe lesiyincophamlandvo kuloMtsetfo, uma ngabe kunemuntfu lonelwati, kukholelwa lokwenele noma tinsolo tekutsi kukhona sento sebudlova basekhaya lesentiwe kumntfwana, umuntfu lonekukhubateka noma umuntfu lomdzala futsi ehluleke kubikela sonhlalakahle noma liphoyisa bangahlawuliswa noma baboshwe.

Ngalokufananako, kwehluleka kwelilunga le-SAPS kuhambisana netibopho tabo ngaphansi kweMtsetfo kutawutsatfwa njengekungatiphatsi kahle futsi ufanele kutsi abikwe kuBomabhalane beTemisebenti ye-Maphoyisa.

Umtsetfo ungumvikeli munye wemmango, kepha ikakhulu kulabo bawo labahlaseleka kalula. Uma usetjentiswa ngekucophelela nangalokufanele, ungumcinisekisi lonemandla kakhulu wetebulungiswa.

Bomake balapha eNingizimu Afrika sebenele ngetinyatselo letindzimundzimu letingalungisi lilungelo lelikhulu kakhulu lawonkhewonkhe - kuhlala ngekukhululeka ungesabi lutfo.

Lohulumende lona kanye nebalingani bakhe utawenta lokuhle wente bomake balapha eNingizimu Afrika. Angeke sibaphoce.

# Kwetfulwa kwe-Woza Matrics

**LUHLELO LWE-WOZA MATRICS** luhlose kusita bonkhe bafundzi beLibanga le-12 kutsi baphumelele ekuhlolweni kwabo kwekuphela kwemnyaka.



#### Dale Hes

balomnyaka bahlangabetene netinsayeya letinkhulu kakhulu ngenca yesifo seligciwane le-corona (i-COVID-19).

Litiko Letemfundvo Lesisekelo lente sicinisekiso sekutsi kubuye kuvulwe kwetikolwa futsi ngalokuphephile kungulokunye kwetintfo tabo letingubomacalangaye, kanye nekusita bafundzi ngetinhlelo letehlukene kubasita baphotfule ngemphumelelo umnyaka wabo wekufundza.

Kunye kwaloku luhlelo lwe-Woza Matrics, lolwe-tfulwa mhla lu-1 Inyoni ngekubambisana nebalingani betekusakata labanyenti kanye netingcweti kutemfundvo.

Njengencenye yaloluhlelo, kusakatwa emoyeni tifundvo tekubamba sikhatsi lesilahlekile letibalulekile letisitfupha ku-SABC, DSTV naku-Openview (Ishaneli-122) onkhe malanga emaviki la-12, kusukela ngensimbi ye-8 ekuseni kuye ensimbini ye-10 ekuseni nangensimbi ye-1 emini kuye ensimbini ye-3 emini. Umgomo lapha kusita bafundzi kutsi

batilungiselele luhlolo lwabo lwekugcina.

Lenkhundla iphindze futsi inikete tifundvo bukhoma, lapho khona bafundzi bangabuta bothishela imibuto. Kuphindze futsi kuniketwa nemasu eluhlolo. I-Woza Matrics iyakubona kutsi ngesikhatsi lapho khona bonkhe bafundzi balahlekelwe sikhatsi sesikolwa, kepha beLibanga le-12 batsintseke kakhulu, ngobe emamaki abo abaluleke kakhulu mayelana nemisebenti yabo kanye nekwemukelwa emanyuvesi.

Indvuna Yetemfundvo Lesisekelo Angie Motshekga lolubaluleke kakhulu, nakubukwa kuphatamiseka kwekufundza lokubangelwe yi-COVID-19.

"Matikuletjeni uhlala abangelana kucindzeteleka, kepha 2020 bekakhungatiwe kucindzeteleka lokungakatayeleki. Ngitsandza kwetfulela sigcoko bonkhe bafundzi beLibanga le-12 kanye nemindeni yabo ngekubeketela nekutimisela kwabo. Kucaca kamhlophe bha kutsi kudzingeka kusitwa lokwengetiwe kwebafundzi futsi sitawuchubeka nekuluniketa. Sekusele tinyanga

letimbalwa ngembi kwekutsi umnyaka uphele futsi i-Woza Matrics itawunika bafundzi bakamatikuletjeni kwesekelwa labakudzingako kute balungiselele luhlolo lwekuphela kwemnyaka" usho njalo.

Loluhlelo lohlukile ngoba luhlose linyenti lebafundzi beLibanga le-12 kulelive labangatfoli i-inthanethi ngaso sonkhe sikhatsi baphindze futsi bachume kutisetjentiswa tedijithali. Kutawube kukhona imisakato lefinyelelwa linyenti lebafundzi labatigidzi leti-1.2 labatawube babhala luhlolo lwakamatikuletjeni ngeLweti. Umkhandlu Wetindvuna Tetemfundvo sewucele bonkhe bafundzi nebatali kutsi bayisebentise lenkhundla.

Mphatsi loMkhulu we-SABC Madoda Mxakwe utsi lomsakato uyatigcabha ngekuba yincenye yalomtamo. "Kuyasijabulisa kuba ngulomunye webadlalindzima lababalulekile ekutakuleni umnyaka wakaMatikuletjeni wanga-2020. Njengemsakato wesive, sinesibopho sekucinisekisa kutsi lokusakatwako kufaka ekhatsi tinhlelo tetemfundvo letinyenti, ikakhulu ngesikhatsi lapho khona tidzingeka kakhulu."

#### Imibuto yakho iyaphendvulwa

#### Ngutiphi tifundvo letitawube tifundziswa?

- I-Maths
- I-Geography
- I-Life Sciences
- · I-Physical Sciences
- I-Accounting
- I-Maths Literacy.

### Kungani kwakhetfwa letikhatsi leti, njengobe phela bantfwana batawube basesikolweni?

- Tikhatsi tekuya esikolweni atifanani kuto tonkhe tifundza, ngenca yemigomo yetekukhweshelana. Linyenti lalabo labakamatikuletjeni batawube basekhatsi ngesikhatsi kusakatwa.
- Kukhona nelinani lelincane lemaphesenti lebafundzi labatawube bafundziswa emakhaya.
- Kusakata lokukhulu kutawuphindvwa futsi ngemuva kwensimbi ye-4 entsambama ku-Openview phindze kutfolakale futsi ku- DSTV Catch-Up.

#### Kungani kunguMatikuletjeni kuphela?

- Bakamatikuletjeni bangaphansi kwekucindzeteleka lokukhulu kwekulungiselela timphilo tabo tangemuva kwekucedza sikolwa.
- Bakamatikuletjeni babukene nekuphatamiseka lokukhulu kusukela ngeNdlovulenkhulu 2020 ngoba luhlelo lekufundza tange lincishiswe.
- Bakamatikuletjeni sebasalele emuva neluhlelo lekufundza labo ngendlela lesimanga.

#### Ngingatitfola kuphi tikhatsi tekubukela?

Tikhatsi tekubukela tiyatfolakala kutinkhombandlela te-TV kanye nakuwebhusayithi ye-*Woza Matrics* ku: *wozamatrics.co.za*. kusakata lokuphindvwako kutawutfolakala.

#### Batali nabothishela bayakutfola yini kwesekelwa?

Yebo. Letikhatsi tekusakata titawuba nesikhatsi semasu ebatali mayelana netindlela tekwesekela bantfwana babo bakamatikuletjeni. Letinye tikhatsi titawugcila kubothishela futsi Inkhundla ye-Whatsapp Connect yeLitiko Letemfundvo Lesisekelo litawutjela bothishela imilayeto lebalulekile.

## Kutawuba khona yini kugcila kutekubukana nekucindzeteleka bakaMatikuletjeni lababukene nako?

Yebo. Kutawuba netikhatsi letinyenti letimayelana nemasu etenhlalakahle yebafundzi, kumelana nekucindzeteleka nekulawula kuphaphuleka.

Kute utfole lwatiso lolubanti, vakashela iwebhusayithi ye-Woza Matrics ku:wozamatrics.co.za noma utfumele incwadzigezi ku: info@wozamatrics.co.za

# Inkantolo isita bahlukunyetwa be-GBV



More Matshediso

ma ngabe uke wahlukubetwa budlova lobucondziswe kubulili lobutsite (i-GBV) kantsi futsi udzinga kusitwa enkantolo, Umtimba Wavelonkhe Wetekushushisa (i-NPA) inensita lekhetsekile yekukusita.

Luhlelo Lwekulungiselela Inkantolo i-Ke Bona Lesedi ikhona kuletinyenti Tinkantolo Temacala Etemacansi nakuletinye tinkantolo letisebenta ngete-GBV. Leligama lelitsi Ke Bona Lesedi lisho kutsi 'ngibona kukhanya' uma lihunyushwa lisuswa ku-Sitewana

Umhlukunyetwa we-GBV angafaka sicelo sakhe kute atfole lusito lwe-NPA. Umshushisi lomkhulu wesive noma umphatsi lolungiselela inkantolo utawubese ukhetsa sikhulu sekulungiselela inkantolo lesifanele kutsi sisite.

"Lensita ayetsembisi umphumela lotsite mayelana nelicala futsi loko umuntfu lahlangabetene nako emphilweni kwehluke ngeyako indlela. Nome kunjalo, isita ngekuhlomisa nekubuyisa sitfunti semhlukunyetwa, kusho umgomo we-NPA.

Etinkantolo letehlukene kulo lonkhe lelive kunetikhulu leti-161 letilungiselelanako.

Lensita lena ingulenye yaletinyenti letehlukene leyangeniswa nguhulumende kute kubukwane nalenkhatsato lengaka ye-GBV. Ngekuya kwe-NPA, ummangali, umhlukunyetwa, losindzile noma fakazi utawutsintfwa sikhulu lesilungiselelana kuya enkantolo lesivela kuleyo nkantolo latawetfula bufakazi kuyo.

Umlungiselelinkantolo utawube akhona kute esekele ummangali enkantolo nakuko konkhe kutekwa kwelicala. Kusetjentiswa emathulusi netisetjentiswa letikhetsekile kukhombisa umhlukunyetwa kutsi uyalalelwa, uvikelekile futsi uyahlonishwa.

Bamangali bangakhuluma ngetilwimi tabo futsi umlungiselelinkantolo utawenta siciniseko sekutsi lomhlukunyetwa wendluliselwa kutekwelulekwa noma kwelashwa ngekwencondvo, kute kutsi acedzele kwelapheka kwakhe.

Bomake labanyenti nebantfwana labahlukunyetwe yi-GBV, sibonelo, kudlwengulwa, bayaphaphuleka mayelana nekuya enkantolo bayowetfula bufakazi baphindze futsi balandzise ngemininingwane yetemacansi aleso sehlakalo ngembi kwebantfu labangabati. Lensita lena itabenta bative batse kukhululeka kakhulu.

Ungatsintsa umphatsi wetekulungiselelwa inkantolo/ umchumanisi esifundzeni sakini ngekutsi ushayele noma utfumele incwadzigezi kulemininingwane lengentansi:

- EMphumalanga Kapa (eGrahamstown) Pumla Nomfemele - 041 502 5443 – Pnomfemele@justice.gov.za
- EMphumalanga Kapa (eMthatha) Sindisiwe Buthelezi –
   047 501 2646 Sbuthelezi@npa.gov.za
- Efreyistata Ena Liebenberg 051 410 6029 Eliebenberg@npa.gov.za
- EGauteng (eJozi) Asewa Fundi 011 220 4085 Afundi@npa.gov.za
- EGauteng (ePitoli) Esther Kabini 012 351 6713 Ekabini@npa.gov.za
- Kwa-Zulu Natal Roelien Wiesner 033 392 8712 Rwiesner@npa.gov.za
- ELimpopo Reneilwe Mashamaite 015 483 0302 Rmashamaite@justice.gov.za
- ENyakatfo kapa Henley Nathan Sass 054 337 5375 – HSass@justice.gov.za
- ENyakatfonshonalanga Mmanotshe Seletisha –
   012 700 9000 Mseletisha@justice.gov.za
- ENshonalanga Kapa Gary Titus 021 487 7287/
   021 421 7287 Gvtitus@npa.gov.za
- Inhlokohovisi yaka-NPA Karen Tewson –
   012 845 6399/012 812 6399 Ktewson@npa.gov.za

#### Letinye tinombolo tekutsintsana letibalulekile:

- Tinombolo Telucingo Loluphutfumako te-SAPS: 10111
- Sikhungo Setekulawulwa Kwete-GBV: 0800 428 428 noma shaya \*120\*7867# kunoma ngumuphi makhalekhikhini.
- Bantfu labanekukhubateka: Tfumela i-SMS letsi '7' ku: 31531
- Lucingo Lwetekusita Bomake Labahlukunyetwako: 0800 150 150
- Lucingo Lwetebantfwana BaseNingizimu Afrika: 0800 055 555
- Luphiko lwe-SAPS Lwekuvimba Bugebengu: 0860 10111 noma tfumela i-SMS ku 32211
- Tinsita letiphatselene netikhalo te-GBVF (te-SAPS): 0800 333 177/complaintsnodalpoint@saps.gov.za
- Lucingo Lwetekusita Ngetebudlova Basekhaya: 0800 150 150
- · Lucingo Lwetekusita ngete-AIDS: 0800 012 322

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# How to deal with divorce

#### More Matshediso

ivorce can be a painful separation of two people who were once married and loved each other at a certain point in their

This is according to Ntwagae Shuping, a social worker supervisor at Bophelong Psychiatric Hospital in North West.

He further defines the concept of divorce as the death of marriage and says it impacts on the people who are close to the couple, especially if the two people were committed to each other.

Shuping says there are various challenges that married people face in their union

and sometimes they choose to divorce instead of working things out.

"Divorce is not just the relational separation of the couple.

It has emotional, mental, spiritual, financial and physical impacts on those involved.

They also fear the unknown."

### He says the following issues could lead to divorce:

• Spouses having different belief systems, which re-

sults in conflict.

- Interfering or over-involved in-laws.
- The inability to conceive children.
- Different approaches or opinions to disciplining children.
- Infidelity or having children out of wedlock.
- Improper use of money.
- Unhealthy sexual relationship between the couple.
- Domestic violence.

"Divorce is not just the relational separation of the couple. It has emotional, mental, spiritual, financial and physical impacts on those involved. They also fear the unknown," Shuping adds.

Sometimes, once a divorce

has been finalised, the divorcees experience challenges that include fighting for custody of the children, depression and the loss of assets.

### Advice for managing divorce

As a professional who sometimes provides counselling to people who have been affected by divorce, Shuping has a few tips for those who find it hard to accept the reality of being divorced.

- If you have done your best to salvage your marriage, honestly, let go.
- Speak to the people who you trust and who value you, such as your support system.

- Renew your strength and try to start a new life after divorce.
- If you think you are the cause of the divorce, ask for forgiveness and forgive yourself too.
- Allow yourself to go through all the stages of loss.
- Guard against harbouring a grudge against your ex-partner. This grudge will slow down your healing. Harbouring a grudge will destroy future relationships if you want to remarry.
- Leave the door open for reconciliation.

While getting a divorce ends a chapter in your life – and you will feel a range of emotions, from anger and loss to frustration and possibly relief – he says it is important to remember that it also signals a new beginning.