Vuk'uzenzele

Produced by: Government Communication & Information System (GCIS)

English / Sesotho

January 2021 Edition



Matric results how to cope

Page 4





Apply for an overseas scholarship

Page 9

Job creation is the icing on top of entrepreneurship



Dale Hes

astry chef Gugu Mazibuko (25) is building a reputation as a cake decorating king in Pietermaritzburg, KwaZulu-Natal (KZN), where he runs his own confectionery business.

Mazibuko grew up in Ulundi in northern KZN. His mother was a good baker and this inspired the young Mazibuko to pursue a career in food.

"I knew that I wanted to be in food, but I didn't know which path I wanted to take. I went to several different colleges before I eventually discovered that working with pastries was what I wanted to do," says Mazibuko. Mazibuko studied to be a pastry chef through the International Hotel School, and then discovered a love for cake decorating.

"I didn't know if cake decorat-

ing could actually be a full-time career for me but, funnily enough, I gained inspiration from the TV show Cake Boss, where this guy had become very successful with his cake decorating. This gave me some motivation to start my own business."

Mazibuko started advertising his services on social media, and then word began to spread about his business.

Gugu the Baker, as he is known in Pietermaritzburg, now creates a variety of beautifully decorated cakes for special occasions, such as weddings, birthdays and anniversaries, and also makes other small pastries for clients.

"I love the creativity of decorating cakes. Every client comes in with a different style and decoration that they are looking for,

Cont. page 2



To read Vuk'uzenzele download the GOVAPP on:





CONTACT US



Vuk'uzenzele



@VukuzenzeleNews

Website: www.gcis.gov.za www.vukuzenzele.gov.za

Email: vukuzenzele@gcis.gov.za Tel: (+27) 12 473 0353

Tshedimosetso House:

1035 cnr Frances Baard and Festival streets, Hatfield, Pretoria, 0083

HO TSWA UNION BUILDINGS



Afrika Borwa e hiola HIV le AIDS

a re ntse re tswella ka maiteko a rona a ho laola sewa sena se re thefutseng sa kokwanahloko ya corona, ha hona hore re ka iphapanyetsa diphephetso tse ding tsa bophelo bo botle tseo naha ya rona e kopanang le tsona.

Ka dilemo tse fetang mashome a mararo, esale naha ya rona e ntse e lwantshana le bothata ba phamokate (HIV) le lefu la phamokate (AIDS), bo ileng ba baka tahlahelo ya maphelo a mangata le ho baka ditsietsi le tshotleho e kgolohadi.

Ho tloha maqalong a sewa sa COVID-19 naheng, le ho kwalwa ha naha ka kakaretso le kgatello ho ditsha tsa bophelo bo botle, boholo ba ditshebeletso tsa HIV, AIDS le lefuba (TB) di ile tsa kgahlamelwa hampe. Sena se bakile phephetso ho batho ba etsang diteko le ho qala ka pheko ya meriana ya ARV. Boholo ba batho ba fumane ho le boima ho phaka meriana ya bona mme ke batho ba mmalwa feela ba ileng ba kgona ho fumantshwa ditshebeletso tse itseng, tse jwalo ka ho bolotswa ha banna ka bongaka ka boithaupi.

Ka mokgwa o tshwanang, re boetse re ithutile dintho tse ngata ho tswa ho karabelo ya rona ya ditshebeletso tsa bophelo bo botle ka sewa sa kokwanahloko ya corona tse ka matlafatsang ntwa ya rona kgahlano le HIV le TB.

Afrika Borwa e tswella ho ba le palo e kgolo ya batho



ba phelang ka HIV lefatsheng. Feela, ho a kgothatsa hore dilemong tse leshome tse fetileng re fihletse kgatelopele ho fokotseng palo e ntjha ya ditshwaetso tsa HIV setjhabeng sa rona ka boholo bo batlileng bo lekana le 60%.

Ho boela ho kgothatsa hore tshwaetso ya HIV barwetsaneng le dikgarebe e theohile haholo dilemong tse leshome tse fetileng. Sena ke sehlopha sa baahi se bohlokwa haholo hobane ke bona ba ka bang kotsing e kgolokgolo ya ho tshwaetswa ke HIV

Lenaneo la rona la pheko le bile le seabo ho fokotseng palo ya mafu a bakwang ke AIDS ka 60%. Ho bile le phokotseho e kgolo mafung a amanang le HIV batjheng.

Re ile ra kgonahala ho fokotsa dipalo tsa mafu hobane, ha mmoho le balekane ba rona, re ile ra kenya lenaneo le leholo la meriana ya ARV le ileng la fihlella dimilione tsa batho ba phelang ka lefu lena.

Maqalong a dilemo tse leshome, lenaneo la rona la ho thibela tshwaetso ya mme leseeng (PMTCT) ka HIV le ne le sa phatlalatswa haholo.

Ha jwale re se re ena le palo e hodimodimo ka ho fetisisa dinaheng tsa Borwa ba Afrika, e leng se fokoditseng haholo dipalo tsa tshwaetso baneng.

Le ha feela re fokoditse mafu le ditshwaetso tse ntjha, re ntse re le hole le ho fihlella maikemisetso a rona ao re ikanneng ka ona ka 2016 a ho fihlella 75% ya phokotso ya ditshwaetso tsa HIV ka 2020.

Ha re ka atleha ho etsa sena, re ka kgona ho fedisa AIDS jwalo ka kotsi e kgahlano le bophelo bo botle ka 2030.

Ka maswabi, ha re so fihle moo. Re tlameha ho etsa dintho tse ding tse ngata ho netefatsa hore batjha ba rona ba matlafaditswe ka ho thibela ditshwaetso, ho kenyeletsa ho fetola maitshwaro a bona, ho fumantshwa dikgohlopo le ho etsa diteko kgafetsa. Re hloka ho netefatsa hore bohle ba nang le tshwaetso ba fumantshwa pheko le tlhokomelo.

Re hloka ho sebetsa ka

thatathata ho thibela tshwaetso ya HIV haholoholo ho ditho tsa setjhaba tse nang le kgonahalo e hodimo ya ho tshwaetseha, tse kenyeletsang basebetsi ba rekisang mmele, banna ba etsang thobalano le banna ba bang, le batho ba itlhabang ka dithethefatsi. Re tlameha ho fedisa sekgobo le kgethollo e kgahlano le batho bana. Re ka se tshepe feela hore re tla fedisa HIV haeba re iphapanyetsa ditlhoko, dingongoreho le ditokelo tsa karolo e fe kapa e fe ya setjhaba sa rona.

Afrika Borwa e hloka ho eketsa maiteko a ho bolotsa bahlankana ka bongaka ho fokotsa kotsi ya bona ya ho tshwaetswa ke HIV. Ho bolotswa ho sa bolokehang ha ho a tlameha ho siya bahlankana ba rona ba ena le mathata a bophelo bo botle ka ho sa feleng, mme ha ho motho ya tlameha ho hlokahala ka lebaka la ho bolotswa. Re tlameha ho netefatsa hore bahlankana ba rona ba bolotswa ka tsela e bolokehileng.

Re kgothaditswe ke sephetho sa diphuputsu tsa haufinyana tjena tse buang ka meriana ya ho thibela tshwaetseha (PrEP).

E fapane ho ARV ka ha pheko ya ARV e fuwa batho ba nang le tshwaetso ya HIV, PrEP yona e le pheko e sebediswang kgafetsa ke batho ba senang HIV ho thibela tshwaetso.

Diphuputsu tsena, tse entsweng ke ditsebi tsa saene tsa Marangrang a Diteko tsa Thibelo ya HIV, di fumane hore ho hlajwa ha nngwe ka mora dibeke tse robedi ha diente tse sebetsang ka nako e telele ho betere ho feta ho nwa pidisi e

thibelang HIV e nwewang letsatsi le letsatsi. Diphetho tsena di na le bokgoni bo boholo ba ho ka matlafatsa karabelo ya sewa sena.

Haeba re ikemiseditse ho atleha ho fedisa AIDS jwalo ka kotsi e kgahlano le bophelo bo botle dilemong tsena tse leshome, re hloka ho kopantsha ditshibollo tsa bongaka le ho fetola maitshwaro ka botebo. Re boela re hloka ho lwantshana le maemo a moru le a bophelo a bakang dipalo tse hodimo tsa tshwaetso.

E nngwe ya dithomo tsa rona e ka sehlohlong ke ho matlafatsa barwetsana le dikgarebe, ka thuto, moruo le maemo a bophelo setjhabeng. Ba hloka ho kgona ho inkela diqeto ka karolo e nngwe le e nngwe ya maphelo a bona, ho kenyeletsa maikutlo le maitshwaro a bona ka thobalano.

Qetellong, re tla fihlella phediso ya AIDS ka ho matlafatsa batjha, basadi le batho ba bang ba kotsing. Sena se kenyeletsa matlafatso ka phumantsho ya lesedi, dikeletso le tshehetso.

Se kenyeletsa phumantsho ya thuto le menyetla ya moruo, haholoholo ho barwetsana.

Matlafatso e boela e bolela hore motho e mong le e mong o tlameha ho fumantshwa diteko, pheko le ditshebeletso tse ding tsa bophelo bo botle.

Ho fihlela ha jwale, batho ba Afrika Borwa ba fihleletse kgatelopele e ngata, ba mamella tse ngata le ho fihlella kgatelopele e kgolo twantshong ya HIV, AIDS le TB. Ha re tiisetseng letsoho ho tharollo le diketso tsa rona tsa ho tobana le ho hlola AIDS ka ho phethahala. •

Monyetla o mong hape wa ho phethela materiki wa hao

Cathy Grosvenor

ako ya hore o ka phethela materiki wa hao kapa wa fumana sephetho seo o se labalabelang e ntse e le teng, ke molaetsa o tswang ho Lenaneo la Tshehetso la Monyetla wa Bobedi wa Materiki wa Lefapha la Thuto ya Motheo (DBE).

Molaodi wa lenaneo, Ngaka Sandy Malapile, o re lengolo la materiki le bohlokwahlokwa hobane ntle le lona, boholo ba menyetla e tla dula a kwetswe.

"Bolaodi ba Lekala la Thupello le Thuto (SETA), bo rongweng ka ho ntlafatsa setjhaba ka mananeo a botsebi le borupelli, bo hloka hore barupellwi ba be le materiki," ho rialo Ngaka Malapile.

Le thakgotswe ka Pherekgong 2016, lenaneo la Monyetla wa Bobedi le tshehetsa bohle – ba dilemo di fe kapa di fe – ba batlang ho fihlella kapa ho ntlafatsa lengolo la bona la materiki, thutong kang mme le ka thuto ya nakwana. Ha ho ditjeho di fe kapa di fe.

Ke mang ya tshwanelwang ke monyetla ona?

 Batho ba batlang ho ntlafatsa sephetho sa bona sa materiki, ho sa kgathaletsehe hore na ba ngotse materiki ya bona haufinyana tjena kapa dilemo tse leshome tse fetileng.

Ngaka Malapile o hlalosa hore motho ya batlang ho ba le lengolo la boenjineri, ho etsa mohlala, o tla hloka ho ntlafatsa matshwao a hae a mmetse hore a kgone ho kena thutong ena.

- Batho ba ileng ba se kgone ho pasa materiki mme ba batla monyetla wa bobedi wa ho pasa.
- Batho ba tloheletseng sekolo ka mora ho pasa Kereite 9 (Sehlopha sa bo7), ba dilemo tse 21 kapa tse fetang, mme ba labalabela

ho fumana lengolo la bona la materiki.

0 ka qala jwang

Ingodisa ho e nngwe ya dikantoro tse 75 tsa disetereke tsa thuto naheng ka bophara kapa marangrang a inthanete ho websaete ena: www.eservices.gov.za.

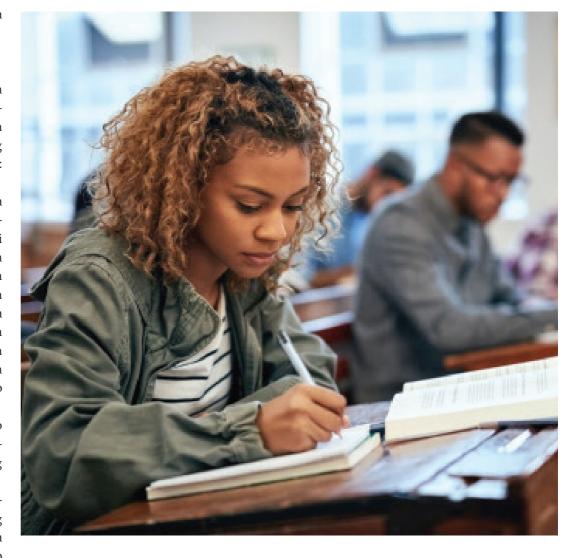
Ho ingodisa ho butsi ka la 1 Mphalane mme ho tla kwala ka Hlakola 2021. Baithuti ba ka ipalla ka bo bona kapa ba ithutela ho e nngwe ya ditsi tse 133 tsa Lenaneo la Tshehetso la Monyetla wa Bobedi wa Materiki moo ba tla rutwang ke matitjhere ka kotloloho ka mora dihora tsa tshebetso kapa ka mafelo a beke.

Ngaka Malapile o re ho hiruwe matitjhere a hlwahlwa feela ho tswa seterekeng kang ho ruta ditsing tsena.

Ditsi tsena ha di fumananehe ditoropong kapa metseng yohle, empa di fumaneha dibakeng tseo e leng hore ho bile le palo e hodimodimo ya batho ba ingodisitseng, ho bolelang sebaka sa boithutelo se ka fetoha selemo le selemo.

Baithuti ba rutwang ke matitjhere ka kotloloho le ba ithutelang lapeng ba fumantshwa ditshebeletso tsa tshehetso ya dithuto tse phethahetseng ka ho tshwana, ho tloha ho kgaso ya dithuto seyalemoyeng le telebesheneng ka dinako tse itseng; ho ya ho disebediswa tse fumanwang inthaneteng; mme, le ho ba senang dikhompiyutha, dihatisi le inthanete – mme ba romellwa dibukana tsa ho ithuta tse hatisitsweng ke DBE. Batho ba nang le khompiyutha empa ba hloka inthanete kapa data, ba ka kopa CD e nang le dibukana tsa ho ithuta tsohle, mme ba tle e romellwa.

"Boholo ba baithuti ba batho ba baholo bo hloka nako
ya ho shebana le dithuto tsa
bona feela. Ka lehlohonolo, ba
ka kgona ho nka qeto ya hore
na ke dithuto tse kae tseo ba
batlang ho di etsa ka selemo
hobane ha ba behelwa nako
eo ba tlamehang ho phethela
materiki ya bona ka yona."



Ha ba se ba ingodisitse, DBE e tla thusa mothuti e moholo kang ho kgetha dithuto tseo a batlang ho di etsa le ho mo hlalosetsa hore na ke di fe tsa setlamo.

Ha ba se ba atlehile dithutong tsa bona, batho ba tlohetseng sekolo ka mora 2008 ba fumantshwa Setifikeiti se Phahameng sa Naha, mme ba tlohetseng sekolo pele ho moo, ba fumantshwa Setifikeiti se Fetotsweng se Phahameng.

Empa, Ngaka Malapile o re mangolo ka bobedi, a na le boleng bo phahameng ka ho tshwana, ho ya ka dithuto tse kgethuweng le matshwao a fihleletsweng, a ka sebediswa ho kenya dikopa tsa diyunivesithi le dikholetjhi.

Ho nehelana ka menyetla ya bobedi

DBE e tshwara mananeo a dipontsho a mabileng a setjhaba ho kgothaletsa batho ho ingodisetsa Lenaneo la Tshehetso la Monyetla wa Bobedi wa Materiki. Ditsha tsa thuto e phahameng le di-SETA di mengwelwa ho tla nehelana ka lesedi le ngata ka mokgwa o kgonehang ho batho ba nang lekgahleho. Ho boholo ba mananeo ana a dipontsho a mebileng, Letona Angie Motshekga o ile a koptjwa ke batjha ho phatlalatsa mananeo a ka thusang batjha ho kgona ho fumana menyetla e mengata ya mesebetsi, ho rialo Ngaka Malapile.

Ho arabela sena, DBE e thakgola lenaneo la ntshetsopele ya botsebi selemong sena le ikemiseditseng ho fihlella batjha ba dimillione tse 3.4 ba hlokang mesebetsi, thuto le thupello. Dithuto di tla kenyeletsa mekgwa ya ho iphedisa – ho kenyeletsa dihlooho tse jwalo ka ho ngola CV le seo o tlamehang ho se etsa inthaviung ya mosebetsi; ho ya ho dithuto tsa botsebi ba motheo, jwalo ka ho lokisa dieta, tsebo ya ho sebedisa khomphiutha (ICT), le le tsebo ya ho bala le ho ngola. 0

Na o ne o tseba?

- Ho sa kgathaletsehe hore na o tloheletse sekolo dilemong tsa bo 1960 kapa haufinyananyana, o tlameha ho ithuta ho latela khurikhulamu ya ha jwale.
- Lekala la thuto la Afrika Borwa le boela le kenyeletsa batho ba tloheletseng sekolo pele ba phethela Kereite ya 9, ka Lenaneo la Thuto ya Motheo le Thupello ya Batho ba Baholo (ABET) la Lefapha la Thuto e Phahameng le Thupello.

Ho fumana lesedi le batsi, etela www.education.gov.za/Curriculum/SeniorCertificate/ SCRegistration.aspx