# Waltenzenzele

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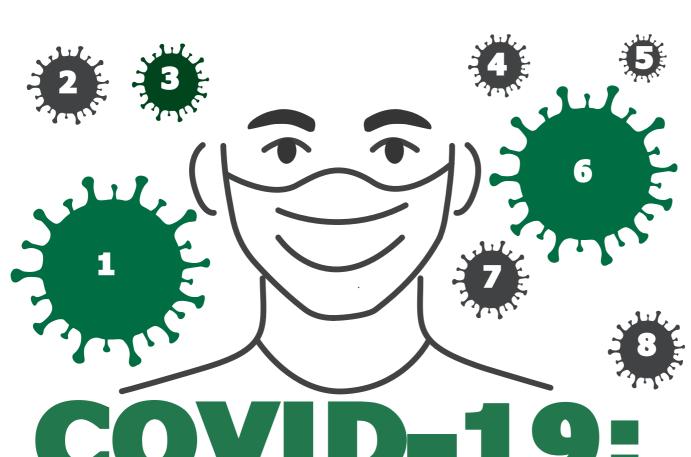
Our heroes on the COVID-19 Frontline

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Healthcare workers to screen people at their homes

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## COVID-19: SA's eight-stage plan

**Allison Cooper** 

overnment's novel coronavirus (COVID-19) interventions, especially the national lockdown, have been successful in slowing down the disease's spread.

This is according to South African epidemiologist and infectious diseases specialist Professor Salim Abdool Karim, who is also the chairman of the Ministerial Advisory Group on COVID-19.

At a briefing held with Health Minister Zweli Mkhize recently, Professor Karim presented an overview of the epidemic, its early trajectory and the country's eight-stage plan for tackling the virus.

On a positive note, said Professor Karim, the lockdown has bought us time. "We cannot end lockdown abruptly. It will undo all we have achieved." Professor Karim said the world's first cases of COV-ID-19 probably occurred in November 2019, but the first reported case was on 19 December in Wuhan, China.

"In the short four months that we've known about the virus, we have seen it go from a small outbreak to a situation where we have just over 1.8 million people infected," says Professor Karim.

"When a country reaches 100 cases, the epidemic grows at a rapid rate – what we call an exponential curve – that reflects the high number of new infections that occur almost daily. When you have this exponential curve and new cases increase rapidly, people need medical care and the medical system gets overwhelmed," he said.

South Africa was entering an exponential curve before lockdown. On 26 March the country began to see a decline in cases. Following this, it reached a plateau, where it was seeing a similar number of cases every day – between 60 and 70.

This is a very different situation to other countries. "No other country has been able to reach a stage where you get that kind of plateau," said Professor Karim.

#### Why is SA different?

first reported case was on 19 There are three possible rea-December in Wuhan, China. sons why South Africa's path "In the short four months is different.

The first is that we could

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CONTACT US





Website: www.gcis.gov.za www.vukuzenzele.gov.za

Email: vukuzenzele@gcis.gov.za Tel: (+27) 12 473 0353

Tshedimosetso House:

1035 cnr Frances Baard and Festival streets, Hatfield, Pretoria, 0083



### Thusedzo ya vhadzulapo vhashu vha sa koni u di tsireledza



ashango manzhi u mona na lifhasi a kha nyiledzo dza u tshimbila nga nwambo wa khoronavairasi a tshi khou itela u tshidza matshilo a vhathu vhao. Ro ita zwenezwo na kha shango lashu, fhedzi zwa nyiledzo dza u tshimbila kha rine zwo dzumbulula zwithu zwi vhaisaho vhukuma zwitshavhani zwashu zwe zwa dzumbulula uri vhushai vhuhulu, tshayandingano na vhushayamushumo zwi khou thukhukanya mvumbo ya vhadzulapo vhashu.

A hu na vhutungu vhuhulu vhu fanaho na uho ha vhabebi vhane vhana vhavho vha lilela zwiliwa, fhedzi vha vha vha si na zwine vha nga vha fha.

A hu nga vhi na khathulo i si kwayo vhukuma u fana na tshitshavha tshine vhanwe vha dzula kha vhukimvi, ngeno vhanwe vha tshi khou tambula u swika lufuni uri vha kone u tshila nga zwituku kana vha si na tshithu na tshithihi.

Ndi zwone, izwi ndi zwithu zwi sa thivhelei zwo vhangwaho nga divhazwakale ya tshaya ndingano nahone yo tshinyadzaho vhukuma. Fhedzi hu na ngafhadzo dza u balelwa huhulu kha tshitshavha tshashu tshe kale tsha vha tshi kha khethululo nga lukanda. Nyiledzo dza u tshimbila dzi angaredzaho shango lothe ho sedzwa khoronavairasi dzo nanisa zwihulusa thaidzo ye ya vha i hone u bva kale.

Kha vhege dzo thiraho, ro vha ro livhana na zwifhatuwo zwi vhaisaho zwa vhathu vho hanganeaho vha tshi khou gwalabela zwiputo zwa zwiliwa sentharani dza u phakhela na migwalabo ya vhadzulapo vha tshi lwela u tahela ha

Ro dovha hafhu ra tea u livhana na mavharivhari a sa ţanganedzei nahone a vhaisaho. Mavundu a tshivhalo o tanganedza mivhigo ya uri vhathu vha si na mbilu dza u vhavhalela, hune vhanwe

vhavho vha vha vhaofisiri vha muvhuso, vha khou dzumba kana u rengisa zwiputo zwa zwiliwa zwo vhetshelwaho vhashayi na vhathu vha si na tshithu, kana vha khou zwi isa kha khonani dzavho na kha mita yavho.

Arali ha wanala hu na zwi fareaho vhukuma kha mavharivhari aya ri do shumana na vhathu avho lu vhavhaho vhukuma.

U bviswa ha mulevho wa tshiimo tsha tshiwo tsha lushaka na khombetshedzo ya nyiledzo dza u tshimbila kha shango lothe ro dzhena kha nyimele ye ra vha ri sa athu i tshenzhema. Afrika Tshipembe lo vha li sa athu vhuya la tangana na tshiimo tsha shishi tsha mutakalo wa lushaka nga ndila hei.

Ro mbo tea u shuma nga u tavhanya u itela u tshidza matshilo. Ri tea u zwi ţanganedza zwauri kha maduvha na vhege dzo tevhelaho, netshedzo ya thikhedzo kha vhadzulapo vha shango lashu vha sa koni u di tsireledza yo vha i khou ongolowa i si nga ndila ine ya khou todiswa zwone, na zwauri vhukhakhi ho itea.

Naho zwo ralo, mbadelo ya mindende yo tshimbila zwavhudi, nahone nga murahu ha khaedu dza zwa thekhiniki dza tshivhalo, sisteme ya khovhekanyo ya zwiliwa i khou dzudzanywa.

Khombetshedzo ya nyiledzo dza u tshimbila kha shango Jothe kha ndivhadzo yo itwaho nga tshifhinga tshituku zwo bveledza khaedu nnzhi. Ro mbo tea u ela ndivhanele ya phindulo ya lushaka na vhuhulu ha nyiledzo dzine ra tea u dzi ita.

Ro fhedzisela ro nanga u wela kha sia line la ri vhea fhethu havhudi. Sa zwe likumedzwa nga vha Muhasho wa Mutakalo la sumbedza zwenezwino, u kombetshedza nyiledzo dza u tshimbila nga tshifhinga tshe ra ita ngatsho zwo fhungudza phimo ya phirela nahone zwa ndemesa, zwo ri fha tshifhinga tsha u dzudzanya u gonya ha phirela kha dzivhege na mińwedzi i

Ro tea u sedza u kwamea ha ikonomi yo no vhaisalaho kha tshifhinga tshipfufhi na tshilapfu, nahone u kwamea ha tshinyadzo khulu iyi kha matshilo a dzimilioni dza vhathu.

Ri tea u sedza uri vhege dza u valelwa mahayani zwi amba mini kha vhashumi vha sa nga holelwi miholo yavho ya nga misi, kha vha sa shumi na avho vhane vha khou toda mushumo, kha avho vhashumi vha tshifhinganyana kana vha tshifhingatetshelwa, kha avho vha re kha sekithara zwadzo, kha vhashayi na vha sa koni u di tsireledza.

Khabinethe i do khunyeledza mutevhe wa maga u fhindula mveledzo dza nyiledzo dza u tshimbila kha matshilo a vhathu vhashu. Hezwi zwo rangelwa nga tshivhalo tsha nyandano na tshivhalo tsha vhafaramikovhe zwi tshi katela vhubindudzi, vhashumi, madzangano a vhurereli, vhadzulapo na Khoro ya Ngeletshedzo ya Ikonomi ya zwa Phresidennde.

Vhashumisani vha zwa matshilisano vho vhea phanda tshivhalo tsha makumedzwa a a vhudidzhenisi vhune ha nga fhindula khanganeo ine ya vha hone na zwezwo ya vhashayi vha vhashayi, vhunzhi havho vha ditika nga thusedzo ya zwa matshilisano.

Ri do gonyisa netshedzo ya vhulondoti nga tshifhinga hetshi u thusa mita i tshilaho kha

vhushayi vhukuma.

Naho zwa nyiledzo dza u tshimbila kha shango lothe zwa fheliswa, mveledzo yayo i do dzulela u tshenzhelwa lwa tshifhinga.

Avho vha re na mashudu a u vha na miholo yo khwathaho vha do kona u humela mishumoni yavho; fhedzi kha vhunzhi ha vhanwe uyu u do vha nwedzi wo lozweaho une vho vha vha tshi do vha vho wana mushumo wa tshifhinganyana, vho ita vhubindudzi kha sekithara dzazwo kana vho vhulunga masheleni e vha hola u swikela vhudifhinduleli ha miţani yavho.

Thikhedzo ya zwiliwa ndi maga a shishi a tshifhinga tshipfufhi. Zwi do tea u tanganyiswa na thandululo dzo khwathaho dzine dza do thusa vhadzulapo vhashu vha sa koni u di tsireledza kha zwifhinga zwi kondaho zwine zwa nga kha di da.

Ndi tama u livhuwa vhunzhi ha dziNGO, zwigwada zwa vhurereli na vhadzulapo zwavho vhane vha khou netshedza masheleni na u shuma vha sa nga wani malamba kha u thusa vha tshi fusha avho vha re na ndala na vhashayi.

U fhelisa ndala a si nyito ya vhuthu. Ndi ndaela ya tshitshavha tshinwe na tshinwe tsho thomiwaho nga thonifho va pfanelo dza vhathu.

Ri vhukati na nndwa yashu ya u lwisana na dwadze hune u digeda zwi nga itisa mutshinyalo. Ndi ita khuwelelo kha rothe uri ri dzule ro rafhuwa, u isa phanda vha tshi tevhedza milayo, vha dzule vho tsireledzea nahone vha tsireledze na vhańwe.

Sa muvhuso ri do netshedza mafhungo thwii nga ndila ya u dzhenelela ine ra khou i dzhia kha u tsireledza vhadzulapo vhashu vha sa koni u di tsireledza kha mathada ane a nga vha vhulaisa nga ndala.

Kha vhunzhi ha vhukondi vhune vhathu vhashu vha ţangana naho tshifhinga tshino, u sa divha uri zwiliwa zwi doda zwi tshi bva fhi a zwi tei u vha vhunwe hazwo.

#### MASWA-MASWA A COVID-19

### Thikhedzo ya mabindu matuku nga tshifhinga tsha COVID-19

THIMATHIMO na mutsiko wa zwa masheleni u re kha vhabindudzi na vhoramabindu vhatuku nga nwambo wa dwadze la khoronavairasi lo monaho lifhasi lothe zwi khou fhungudzwa zwituku nga vhunzhi ha zwikimu zwa thikhedzo zwa phuraivethe na zwa nnyi na nnyi.



**Vho Dale Hes** 

**■**horamabindu vhatuku na vharengisi zwavho ndi vhanwe vha vhathu vha Afrika Tshipembe vho kwameaho vhukuma nga zwa nyiledzo dza u tshimbila. U itela uri vha pfuke kha tshifhinga itshi tshi kondaho, vhoramabindu avha vha nga vhuelwa nga u shela mulenzhe ho vhalaho hune muvhuso wo hu ita u itela u vha thusa.

#### Tshikwama tsha SMME tsha Thadulo ya Tshikolodo

Nga nwambo wa ndivhadzo ya nyiledzo dza u tshimbila, Muhasho wa Mveledziso ya Mabindu Matuku wo mbo di

ita uri tshikwama tsha ndiliso ya zwikolodo tshi vhe hone nga u tavhanya u itela mabindu matuku e a kwamea lu si lwavhudi nga dwadze la COVID-19.

Masheleni a padaho R500 3. Arali vha swikela thodea milioni o swikelewa nga kha tshikwama tshine mabindu a vhukati na matuku a nga ita khumbelo khatsho ho shumiswa maitele a u ita khumbelo a kha inthanethe.

#### Haya ndi maga ane a tea u tevhedzelwa:

- 1. Bindu lavho li tea u vha ļo nwaliswa kha phothaļa ya Afrika Tshipembe ya SMME. Arali vha sa athu dinwalisa, vha tea u ya kha www.smmesa.gov.za vha dinwalisa.
- Musi u dinwalisa havho ho khunyelela, vha nga ita khumbelo kha Tshikwama tsha Thadulo ya

Tshikolodo tsha COVID-19 SMME. Vha nga wana fomo ya khumbelo kha webusaithi ya Muhasho wa Mveledziso ya Ma bindu Maţuku.

dzothe (dzi ngaho sa uri bindu lavho li fanela u vha li tshi badela muthelo na uri li tea u vha li tshi langwa tshothe nga vhathu vha Afrika Tshipembe), mbadelo dza thadulo dzi do badelwa kha muiti wa khumbe lo o tendelwaho kha maduvha a u shuma a 12.

Arali vha na bindu lituku, zwo ralo Zhendedzi ja Mveledziso ya Mabindu Matuku li hone u thusa vhone u ita khumbelo kha tshikimu tsha thaqulo ya tshikolodo. Khumbelo ya thusedzo i tea u imeiliwa kha debtrelief@seda.org.za.

#### Tshikwama tsha Phindulo ya u ima kha Vhuthihi

Muphuresidende Vho Cyril Ramaphosa vho divhadza u rwelwa tari ha Tshikwama tsha Phindulo ya u ima kha Vhuthihi, tshe tsha wana R150 milioni ya u thoma kha muvhuso. Tshikwama tshi tendela madzangano na muthu nga ethe u lambedza kha vhudidini ha shango nga vhuphara ha u tikedza mabindu matuku na vhudidini ha phindulo ya COVID-19.

Kha vhege mbili dza tshikwama dza u thoma, ho lambedzwa masheleni a fhiraho R2 bilioni, ane a do livhiswa kha vhudidini ha thadulo.

#### Thikhedzo ya zwiphaza

Muvhuso wo talusa khaedu dzo khetheaho dze dwadze ja ita kha avho vha shumaho kha sekithara zwadzo. Kha hezwi zwithu, Minista wa Mveledziso ya Mabindu Matuku Vho Khumbudzo Ntshavheni vho bvisa vho mahumbulwa a u tikedza vhathu vha shumaho kha sekithara idzi.

Izwi zwi katela tshikimu tsha thikhedzo tsho diimiselaho tsha zwiphaza.

Minista vho talutshedza uri: "thikhedzo ya zwiphaza i do katela vhutumani ho diimiselaho, maanda a u renga na u renga zwithu nga gute nga kha raholosela o dzulaho o topolwa na o dzulaho o te-

Thikhedzo iyi i do tendela zwiphaza zwi tshi swikela thundu dzine zwa nga dzi rengisa. Minista Vho Ntshavheni vho dadzisa zwauri

tshikimu tshi do netshedza hafhu tshikolodo kha vhane vha zwiphaza, u itela uri vha swikele masheleni a todeaho kha u renga tshitoko.

"Izwi zwi do tevhelwa nga netshedzo ya tshikolodo u itela uri vhane vha zwiphaza vha di renga vha tshi isa phanda, na nga murahu ha musi dwadze la COVID-19 lo no fhira."

Muhasho u do netshedza hafhu ngeletshedzo dza uri vha nga tshimbidza hani mavhengele avho nga ndila i bveledzaho.

Vho Ntshavheni vho amba uri: "ri khou vha tikedza hafhu na nga thikhedzo ya ndangulo ya bindu ngauri ri a zwi divha zwauri hu na thaidzo kha vha zwiphaza musi vha tshi tshimbidza mabindu avho uri a vhe a bindudzaho."

#### U thusa vharengisi zwavho

Muvhuso u khou shuma hafhu kha u sika mahumbulwa ane a do netshedza ndiliso kha mbuelo ya vharengisi zwavho vhe vha xelelwa nga mbuelo nga nwambo wa khakhathi.

Mabindu zwao nao o tewavho nga u wana thikhedzo ya Tshikwama tsha Thadulo ya Tshikolodo tsha SMME fhedzi a tea u dinwalisa kha muhasho nga ndila i fanaho na ya mabindu matuku.

U wana mafhungo nga ha thadulo ya masheleni a mabindu matuku, kha vha lidzele 0860 663 7867.