Uuk'uzenzele

Produced by: Government Communication & Information System (GCIS)

English/isiXhosa

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COVID-19 restrictions eased

Allison Cooper

he steady decline of new Coronavirus Disease (COVID-19) infections over the past few weeks has resulted in the easing of some of the adjusted level 3 lockdown regulations.

Addressing the nation recently, President Cyril Ramaphosa said South Africa has recorded its lowest daily increase in infections since the beginning of December and the number of hospital admissions has decreased. "This indicates that the country has passed the peak of the second wave," he confirmed.

The President thanked citizens for adhering to the adjusted level 3 lockdown regulations, stating that the measures necessary to contain the spread of the virus have caused great hardship and difficulty for some people.

"We are acutely aware that these restrictions have negatively affected businesses and threatened jobs in the hospitality, tourism and related industries. That is why we are determined that such restrictions should not continue any longer than is absolutely necessary to contain the pandemic and minimise the loss of life.

"We will continue to work with business and labour in these sectors to revive businesses and restore jobs, both in the immediate and longer term," the President confirmed.

Adjusted level 3 regulations

Cabinet has eased the following adjusted level 3 regula-

- Curfew is from 11pm to
- Establishments must close

by 10pm.

- Faith-based gatherings are permitted, subject to health protocols. They may not exceed 50 people (indoor venues) or 100 people (outdoor venues). Where the venue is too small to accommodate these numbers with appropriate social distancing, no more than 50% of the capacity of the venue may be used.
- Public places such as beaches, dams, rivers, parks and public swimming pools are open, subject to health protocols.
- The sale of alcohol by licensed premises for off-site consumption is allowed from Monday to Thursday, from 10am to 6pm.

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EZIVELA KWIZAKHI-WO ZOMDIBANISO



Uzuko lokukhokela iManyano yaMave ase-Afrika

Afrika njengo-Sihlalo weManya-no yaMave ase-Afrika (i-AU) lifikelele esiphelweni. Xa sijonga emva kunyaka wethu kwesi sikhundla, ndikhumbula intetho endala ethi 'kwintlekele kukho ithuba'.

Olwethu ibiluphehlelelo lomlilo, kuba sithathe iSihlalo kanye ngale nyanga kuchazwe ngayo isehlo sokuqala sentsholongwane ye-corona kweli lizwekazi.

Izinto ezihamba phambili esasizondlalile siceba
ukuzenza ngexesha lethu,
phakathi kwazo ibikukuqhubela phambili uxolo
nokhuseleko, ukuthwesa
amanina amandla ezoqoqosho nokwenza nzulu umanyaniso lwezoqoqosho, kuye
kwafuneka ukuba zihlengahlengiswe ngoko nangoko
nangendlela emangalisayo
ukumelana nalo bhubhane.

Owona msebenzi wethu ebekumelwe ukuba siwenze ngokukhawuleza ibikukutshintsha apho ijonge khona i-AU ingqalane neyona meko kaxakeka embi elikhe lajongana nayo ihlabathi kwiminyaka elikhulu.

I-COVID-19 ichaphazele onke amazwe akweli lizwe-kazi. Ukuza kuthi ga ngoku, kukho ngaphaya kwe-3.5 yezigidi zezehlo eziqiniseki-siweyo e-Afrika, kwaye ku-sweleke ngaphaya kwabantu abangamawaka angama-88

Le ibe yintlekele yezempilo, yobuntu, yentlalo yoluntu neyoqoqosho kumazwe ase-Afrika, uninzi lwawo ebengakulungelanga ukulawula imeko kaxakeka yempilo



enkulu kangaka.

Kodwa nangona kunjalo, nangona ubume balo bhubhane ibobungazange babonwa, ikwa njalo nendlela amazwe ase-Afrika aye abumbana ngayo ukuyilwa.

Ngokwenza njalo, ikakhulu sisebenzise ulwazi, amandla namaziko alo izwekazi, afana namaZiko e-Afrika oLawulo noThintelo lweZifo (i-CDC yase-Afrika)

I-Afrika khange ihlale nje isonge izandla ngethuba kuvela obona bungakanani nobungozi balo bhubhane. Ukususela kwiintsuku zokuqala zalo bhubhane sikhokelwe yi-AU, siye savelisa iqhinga lokulwa ngokukhawuleza, liqhutywa yi-CDC yase-Afrika nesigqeba sengingqi.

Siye sabona ukuba ilizwe ngalinye kweli lizwekazi liza kuchatshazelwa kakhulu ngulo bhubhane. Uninzi lwawo belungazuba nazo izixhobo ezidingekayo ukumelana nomcelimngeni wezempilo woluntu okanye ukukhusela uqoqosho lwawo. Ngoko ke siye savumelana singamazwe ase-Afrika ukuba sichonge abemi abaliqela base-Afrika ababalaseleyo njengabameli

abakhethekileyo, abaza kuthi bathethathethane nabatyalizimali behlabathi namaziko maninzi ohlukeneyo ukuze bathethelele ukuba kutheni kufuneka sifumane inkxaso yezezimali noxolelo lwamatyala egameni le-Afrika.

Ngale ndlela, sisebenza njengezwekazi elinye, siye sakwazi ukufumanela amazwe amaninzi uxolelo lwamatyala kunye noncedo lwezezimali oluya ekulweni ne-*COVID-19* nokuchachiwa koqoqosho.

Kodwa nangona amazwe ase-Afrika eye kuluntu lwehlabathi ukufumana inkxaso, siqale sazinceda ngokwethu – ngokuseka nokwenza iNgxowa-mali yelizwekazi yokuLwa ne-COVID-19.

Ngentsebenziswano nganye eyenziweyo namazwe aneenkonzo ezibhetele kunye noluntu lwehlabathi olunikeleyo, sizisekele elethu iQonga le-Afrika elitsha lokuFumana izinto zoNyango ukwenza onke amazwe ase-Afrika ukuba afumane izixhobo zokuzikhusela nezinye izinto zonyango ngokukhawuleza, ngendlela elinganayo nefikelelekayo ngokwezezimali.

Kwaye njengokuba li-

khona ichiza lokugonyela i-COVID-19, sisebenze njengembumba ukuqinisekisa ukuba izwekazi lifumana isabelo salo esifanelekileyo, sisebenza neZiko le-COVAX kwaye sikhokelwe liQela lethu eliThunyiweyo lokuFumana iChiza lokugonya lase-Afrika. Sele liqalile ukukhutshwa ichiza lokugonya kwizwekazi kwaye injongo yethu kukuba athi ephela u-2021 lube uninzi lwabemi bezwekazi lugonyiwe ukuze sifikelele kukhuseleko lwabantu abaninzi.

Sisebenzisene ukukhusela impilo, abantu, neendlela zokuziphilisa kwizwekazi. Ngokwenzenjalo, sibonise amandla ethu okuxhomekeka kuthi nokwazi kwethu ukuba ngabaqhubi bophuhliso lwethu ngokwethu.

Nangona i-COVID-19 ibigquba, siye sakwazi ukuba nenkqubela kwiqela lezinto eziphambili ebesifuna ukuzenza.

Ngexesha lolawulo lwethu, uMmandla ongaHlawulisani iRhafu yoRhwebo weliZwekazi i-Afrika (i-AfCFTA) ude wamiselwa, ubonisa ixesha elitsha lokwenza ushishino phakathi e-Afrika nomanyaniso loqoqosho.

Naphantsi kweemeko ezinzima eziziswe ngulo bhubhane, izwekazi liye laqhubekela phambili nenjongo yalo yoku 'thulisa imipu' kwizwekazi. I-AU ibisoloko izibandakanya nothethathethwano olumalunga ne-Grand Ethopian Renaissance Dam, ukuphelisa imfazwe e-Libya nokukhuthaza uxolo e-South Sudan.

Enye into ebesigxile kuyo ngexesha lethu ibikukuthwesa amanina amandla ezoqoqosho, nto leyo esizakuqhubeka nokuyikhuthaza nangona seliphelile ixesha lethu nakwiShumi leminyaka yokuBandakanywa kwamanina ase-Afrika ngokweZezimali noQoqosho ukuya ku-2030.

Xa sinikezela intonga kwi-Democratic Republic of Congo (i-DRC), sishiya eli qumhru libalaseleyo lezwekazi likwindawo enamandla amakhulu nangakumbi.

UMzantsi Afrika uza kuqhubeka nokudlala indima yawo ukunceda ukwakha umanyaniso kwizwekazi, nokuxhasa uSihlalo ongenayo nombutho kwiinzame zawo zokumelana neminqweno ye-Agenda 2063 ye-AU.

Xa uMbutho woManyano lwe-Afrika wawusekwa ngo-1963, aMazwe anga-Malungu atyala iimbewu zentsebenziswano nobumbano ngethuba ekhangelela abantu base-Afrika ubomi obubhetele.

Angqina ukuba umanyano lwe-Afrika kufuneka luhambe phambili ukuze kuqinisekiswe intlalontle nempilo yabantu base-Afrika.

Imbali ilingqina lokuba ngoku ezi mbewu aziwelanga kumhlaba otyebileyo maxesha onke, kwaye kwiminyaka egqithileyo iprojekthi yezwekazi yomanyano ibe nemiqobo emininzi neziqalo ezininzi ezingezizo.

Kodwa umngcipheko omkhulu obekwe ngulo bhubhane uvuse amazwe ase-Afrika emaqandeni ukuze asukume asebenze kunye.

Kwisizikithi sobushushu bentlekele ye-COVID-19, imbewu yobumbano nentsebenziswano etyalwe ngookhokho bethu abasivulela indlela ziqhamile zachuma.

Eli xesha lesilingo nobunzima obukhulu libe lelinye lawona maxesha e-AU ahamba phambili.

Sizukisiwe kukunikwa ithuba lokukhokela lo mbutho ngeli xesha, apho uvele wabonisa intsingiselo eyiyo ncakasana yamagama athi iManyano ye-Afrika.

Le yimpumelelo ekumelwe ukuba bonke abemi bezwekazi i-Afrika bazingce ngayo nekumelwe ukuba bafumane inkuthazo kuyo. ①

COVID-19 vaccines arrive in SA

Allison Cooper

outh Africa's fight against the Coronavirus Disease (COVID-19) took a big step forward with the arrival of one million AstraZeneca vaccines (Covishield), manufactured by the Serum Institute of India (SII) recently.

South Africa's fight against the Coronavirus Disease (COVID-19) took a big step forward with the arrival of one million AstraZeneca vaccines (Covishield), manufactured by the Serum Institute of India (SII) recently.

President Cyril Ramaphosa that received the vaccines at



the OR Tambo International Airport.

"Now that the vaccines have arrived, they will be tested at the National Control Laboratory to confirm that their integrity has been maintained during transportation. After testing, they will be distributed across the country to thousands of our healthcare workers who every day put their own lives

at risk to save others," says President Ramaphosa.

The distribution of vaccines to healthcare workers is phase one of South Africa's mass COVID-19 vaccination programme.

The National Department of Health will coordinate the vaccine rollout with provincial health departments and the private healthcare sector.

"Provincial health depart-

ments have submitted their distribution plans and we have identified about 200 facilities to which the vaccines can be distributed," the President says.

No-one will pay for their vaccination. The cost will either be covered by a person's medical aid or by the State.

President Ramaphosa says the vaccine will be available to all adults living in South Africa, regardless of their citizenship or residence status.

While encouraging citizens to get vaccinated, he also stressed that no one will be forced to take the vaccine. "Nobody will be forbidden from travelling, from enrolling at school, or from taking part in any public activity if they have not been vaccinated. Nobody will be given this vaccine against their will, nor will the vaccine be administered in secret. Any

rumours to this effect are both false and dangerous."

How to access the vaccine?

The Department of Health has developed the Electronic Vaccine Data System (EVDS) to streamline the vaccine registration and rollout process.

"This will allow us to capture all relevant data associated with the administration of the vaccine. The system allows a person to make an appointment as soon as they qualify for a vaccination, at the vaccine centre closest to them. The system will record vaccinations as they are administered," President Ramaphosa explains.

Health Minister Dr Zweli Mkhize launched the EVDS recently and urged all active healthcare workers to register on the portal (https://vaccine.enroll.health.gov.za). •

Ichiza lokugonyela i-*COVID-19*: Izinto ekufuneka uzazi



Allison Cooper

ljengokuba uMzantsi Afrika uza kuqhuba inkqubo yokugonyela abasebenzi abaninzi bezempilo iSifo sentsholongwane ye-Corona (i-COVID-19) kweyo-Mdumba, i-Vuk'uzenzele inika iinkcukacha ezithe vetshe malunga nokuba yintoni ichiza lokugonyela i-COVID-19, lisebenza njani nokuba kutheni libaluleke kangaka ekupheliseni ukusasazeka kwale ntsholongwane.

Ichiza lokugonya lenza ntoni?

Ichiza lokugonya liqeqesha amajoni omzimba wakho (alwa nezigulo) ukuba avelise isinqanda zifo (iiprotheyini ezilwa izifo) – kanye ngale ndlela abenokwenza ngayo ukuba ubusuleleke yile ntsholongwane.

Kutheni libaluleke kangaka ichiza lokugonya?

Ukugonyelwa i-COVID-19 yindlela esebenzayo yokuzikhusela kwintsholongwane kuba umngcipheko wakho wokosuleleka uyancipha. Athi ke amathuba okuba ugqithisele le ntsholongwane komnye umntu abe mancinci kakhulu.

Injongo yokugonya kukufikelela kukhuseleko lwabantu abaninzi – xa abantu aboneleyo kubemi begonyele ukosuleleka yintsholongwane kukhuseleka ngokungathanga ngqo nabo bangagonywanga, nto leyo ethi yenze ukuba intsholongwane ilawuleke.

Ingaba amachiza okugonya ayimfuneko kusini na ukuze

kuthintelwe ukusasazeka kwe-COVID-19?

Kukho ubungqina obungaphikisekiyo bobunzululwazi obuthi ukugonya yeyona ndlela ihamba phambili yokuzikhusela kusuleleko olunzima.

Ingaba ichiza lokugonya lizakwenza ukuba ndingayifumani i-COVID-19 kusini na?

Alikho ichiza lokugonya elinikeza ukhuseleko oluzii-pesenti ezili-100.

Ukhuseleko lwabantu abaninzi nalo aluniki khuseleko ncakasana kwabo bangagonywanga. Kodwa, xa kukho ukhuseleko lwabantu abaninzi, aba bantu baza kuba nokhuseleko olwaneleyo.

Ingaba eli chiza lokugonya likhuselekile?

Amachiza okugonyela i-COVID-19 afakwa phantsi kweenkqubo zovavanyo ezingqongqo nezingamanqanaba amaninzi, eziquka iimvavanyo ezinkulu ezibandakanya amashumi amawaka abantu.

Ichiza ngalinye lokugonya elisetyenziselwa inkqubo yokugonya iinginginya eMzantsi Afrika kufuneka lipasiswe liGunya loMzantsi Afrika eliLawula ii-Mveliso zeMpilo.

Ichiza lokugonya eliyi-Oxford University-AstraZeneca sele lipasiswe ngabalawuli abohluka-hlukeneyo kwihlabathi liphela kwaye liyakutshwa kwamanye amazwe.

UMzantsi Afrika uza kuwafumana phi amachiza okugonya okuqala?

Iibhetshi ezimbini zokuqala zamachiza okugonya eziza kufika eMzantsi Afrika (isigidi esinye kweyoMqungu nesiqingatha sesigidi kweyoMdumba) ngamachiza okugonya ayi-Oxford University-AstraZeneca asuka e-Serum Institute of India.

Ngubani oza kufumana ichiza lokugonya kuqala?

Abasebenzi belizwe bezempilo abaqikelelwa kwi-1.25 yezigidi baza kufumana ichiza lokugonya kuqala. KwisiGaba sesiBini, abasebenzi abasisiseko abafana nootitshala, amapolisa, abasebenzi bakamasipala, abaqhubi beeteksi nabanye abantu abasebenza ngabantu; abantu abakumaziko afana namakhaya abantu abolupheleyo, iindawo zokubalekela kunye neentolongo; abantu abaneminyaka engaphaya kwama-60 kunye nabantu abadala abanezifo abaphila nazo baza kubekwa phambili.

KwisiGaba sesiThathu, malunga ne-22.5 yezigidi zabemi abadala abaseleyo baza kugonywa. Injongo kukuba athi ephela u-2021 kube kugonywe iipesenti ezingama-67 zabemi. Ngelo xesha kumelwe ukuba sawube sifikelele kukhuseleko lwabantu abaninzi.

Lithengwa ngubani ichiza lokugonya?

Ngurhulumente kuphela umthengi wamachiza okugonya kwaye uza kuwasasazela koorhulumente bamaphondo nakwicandelo labucala.

Bonke abo bagonyiweyo baza kufakwa kuluhlu lwesizwe ze umntu ngamnye anikwe ikhadi lokugonya. •

Olu lwazi lukhutshwe liSebe lezeMpilo