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UKhukhulamungu 2019 UmGadangiso 1



Bead worker embraces her heritage

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Basic
Education
gives
matriculants
a second
chance

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Black Mambas strike poachers

THE WOMEN-LED BLACK MAMBA

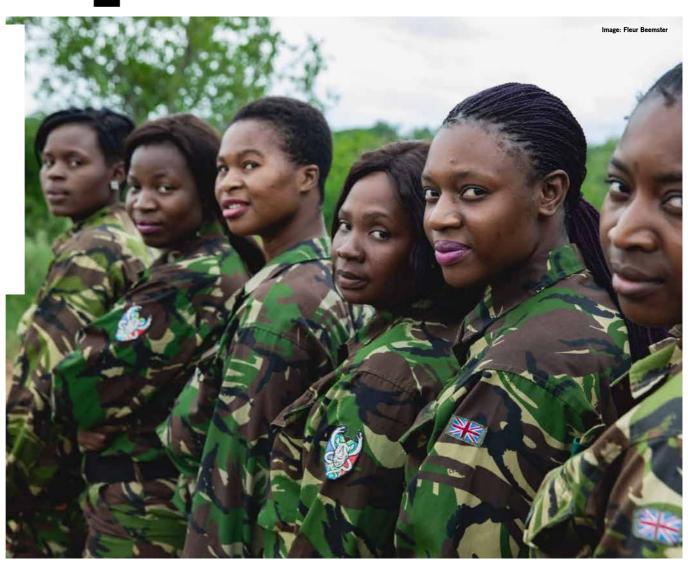
Anti-Poaching Unit is a poacher's worst nightmare as they relentlessly patrol fences, look for snares and remain alert to any threats to the wild animals they are dedicated to protecting.

he Black Mamba Anti-Poaching Unit is the first majority female anti-poaching unit in South Africa.

It was established in 2013 by conservationist and field ecologist Craig Spencer, Managing Director of Transfrontier Africa NPC, to protect the Olifants West Region of Balule Nature Reserve.

They are part of the Department of Environment, Forestry and Fisheries (DEEF)

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Ukutholakala Kwekankere Yesibeletho Kusese Nesikhathi Kuyasindisa

UKUSUKELA EMINYAKENI YOBUDALA EMA-20, abantu abasikazi kufuze banande bayokwenza i-pap smear, kobanyana ikankere yesibeletho izokutholakala kungakabi lada ukuyelaphisa. Loke mlayezo orhatjhelwa abantu bengubo njengobanyana uKhukhulamungu kuyiNyanga YokuPhandlulula NgeKankere nje.

Silusapho Nyanda

munye umma owasinda ekankereni yesibeletho ukholwa ukuthi abantu abasikazi kufuze banande bayokwenza i-pap smear emitholapilo yangemakhabo.

UZibulani Dlamini (oneminyaka ema-45)* uthi ukube wayenelwazi elingcono ngekankere, wayezakuhlolwa kusese nesikhathi.

"Navibe unande uba neenhlabi engcenyeni yamathumbu esenzasi, kufuze uyozihlolisa. Amanye amatshwayo kukopha nawusemsemeni namkha ngemva kokubuya emsemeni, ukuphuma kwetlelezi ngendlela engakafaneli, ukuya esikhathini ngendlela engakajayeleki, ukuzwa ubuhlungu obukhulu

umuntu nakasesikhathini," utjho ayelelisa nangokuthi kodwana kabanye abantu abasikazi akubi natshwayo nalinye; lokhu-ke ngikho kanye okwenza kube yinto eqakathekileko ukuthi umuntu anande azihlolisa.

Ngokwe-Cancer Association of South Africa (i-Cansa), ikankere yesibeletho yenzeka emaselini wengcenye yesibeletho engenzasi ehlanganisa isibeletho nesitho sobufazi.

"Lomhlobo wekankere-ke ungowesibili emihlobeni evame khulu ebantwini abasikazi beSewula Afrika, kanti-ke ubangwa yingogwana ebizwa ngokuthi yi-papilloma yabantu, ekuyingogwana evamileko erhatjheka ngokuthintana ngesikhumba, nangamatlelezi womzimba kunye nangokuya emsemeni," kuhlathulule



i-Cansa kubunzinzolwazi bayo. Ngokwe-Cansa, ukutholakala kwekankere yesibeletho kusese nesikhathi kwandisa amathuba wokuyelapha beyiphole ikankere le, begodu kungavimba nokuthoma ukutjhuguluka kwamaseli wesibeletho abe yikankere. Ikankere itholakele emzimbeni kaZibulani ngoSihlabantakana wee-2018 ngemva kokuya kwakhe emtholapilo aphethwe sihlabi engcenyeni yamathumbu engenzasi nephelvisini.

UTHI BEWUSAZI BONA?

- I-pap smear yenziwa simahla, begodu ingenziwa nanyana kukiliphi iziko lesigaba sokuthoma lokuqalelela ipilo, njengemtholapilo namkha ezikweni lezamaphilo lomphakathi.
- Abantu abaphethwe yikankere yesibeletho nabantu abasikazi abafuna eminye imininingwana ngesifesi bangathintana ne-Cancer Association of South Africa enomborweni ethi: 0800 22 66 22.

Uthi imiphumela ye-pap smear yakhe yabuya ngemva kwenyanga, wase uthunyelwa esibhedlela sangekhabo, sona esamdlulisela phambili esiBhedlela i-Nelson Mandela Academic eseMthatha, lapho wafika watjelwa khona ukuthi unekankere yesibeletho.

"Abodorhodere bamtjela ukuthi ngenca yokuthi ikankere eyayimphethe yasele inemirabhu esimelele khulu, ubungcono kwakukuthi akhutjhwe isibeletho soke, ukwenzelela ukuthi ingasazokurhatjheka iye phambili."

UZibulani uthi kufuze ukuthi kuphunywe ijima lokufundisa abantu abasikazi khudlwana ngekankere yesibeletho, nokuthi ibalimaza njani abantu abasikazi, nokuthi bangalifuna kuphi isizo lokwelatjhwa.

"Abantu abasikazi abasola inga kukhona okungakalungi kufuze bona bafune isizo lokwelatjhwa khonokho," kutjho uZibulani aphetha isiyeleliso.

* UZibulani Dlamini ayisilibizo lakhe lamambala.

Nge-NHI: Sisalelwe Ligadango Linye Bona Sembeswa Yingubo Yinye Yezamaphilo

∎m Thethomlingwa weTjhorensi yokuQalelela zama-Philo yeliZweloke (i-NHI) obewulindelwe ngamehlo abovu sewumenyezelwe yi-Palamende - ngaleyindlela-ke avulekile amasango wokwamukela imibono neemphakamiso zomphakathi, newokubonisana nawo ngawo lomthethomlingwa.

Ukumenyezelwa komThethomlingwa lo kubeka iSewula Afrika egadangweni lokugcina lokuphumelelisa i-NHI.

UmThethomlingwa lo utlikitlwe nguNgqongqotjhe wezamaPhilo uDorh. Zweli Mkhize, bewamukelwa yiKhabinethi ngoVelabahlinze.

Nge-NHI, urhulumende unqophe ukuphumelelisa isibopho sakhe somthethosisekelo sokuqalelela ipilo yomuntu woke ngokusezingeni eliphezulu, njengoba kusitjho isiGaba sama-27 somThethosisekelo kunye nemiNqopho YezeTuthuko EBambelelako YeHlangano YeenTjhaba EziBumbeneko.

I-NHI ingophe ukuthi woke amaSewula Afrika, abantu abahlalele safuthi, abaphalali, iimbotjhwa, amaphandle akhethiweko nabo boke abentwana baqalelelwe ngesigaba sokuthoma sezamaphilo.

Amaziko wokuqalelela ngesigaba sokuthoma sezamaphilo anjengemitholapilo nabodorhodera azakuba lisango lokuthoma lokungena ehlelweni lokuqalelelwa ngezamaphilo. Kuzakuba simahla ukungena ezikweni lesizo lokuqalelelwa ngezamaphilo.

"Sekusikhathi eside khulu ihlelo lethu lokuqalelela ngezamaphilo lisebenza ngendlela engakalungi nengakasimeleli. Ihlelo lokuqalelela umphakathi ngezamaphilo lithwele ingcenye ekulu yomthwalo wezifo elizweni lekhethweli, njengoba liqalelela ama-84% wesitjhaba sekhethu nje, ukube kanti lineensetjenziswa ezincani kunehlelo langeqadi lokuqalelela zamaphilo, lona eliqalene nokusiza nokwelapha i-16% kwaphe-



la yesitjhaba seSewula Afrika," kutjho uNgqongqotjhe uMkhize. I-NHI ingophe ukulandela

emagadangweni wamazwe anjenge-Britain ne-Japan, nawo esele asebenza ngamahlelo wawo wezepilo afana nayo i-NHI yekhethu le.

Isebenza Bunjani i-NHI?

Ngesizo le-NHI, isigulani sizakutloliswa njengekhastama. Amakhastama kuzakufuneka ukuthi aye emazikweni wokuqalelela ngesigaba sokuthoma sezamaphilo anjengemitholapilo namkha udorhodere, wona azakuba lisango lokuthoma ehlelweni lokuqalelelwa ngesizo lezamaphi-

Isigulani sele sifikile ezikweni lokuqalelela ngesigaba sokuthoma sezamaphilo, udorhodere/ isazi sezamaphilo uzakuqala athole ukuthi lesisigulani kufuze sisizwe ngezinga liphi lokuqalelelwa ngezamaphilo, begodu nayibe kunesidingo, isigulaneso besidluliselwe kelinye iziko lokwelapha kobanyana siyokuthola isizo lokwelatjhwa elingezelelwe-

Iingulani zizakuthola lelisizo lokwelatjhwa simahla, kodwana nayibe isigulani siya poro kudorhodere osipetjhalisti, isigulaneso sesizakubhadeliselwa ukwelatjhwa.

Kwenzekani-ke Ngamahle-Io WeenKhwama ZokwElaphisa (ama-Medical Aid Scheme)?

Ngaphasi komthethomlingwa lo, amahlelo weenkhwama zokwelaphisa azakususwa kancani kancani – abe agcine aphelile njengomthombo osigaba sokuthoma sokuqalelela ngezamaphi-

UTHI BEWUSAZI BONA?

- I-NHI kulindeleke bona isebenzise imali elinganiselwa ema-R256
- Ngomnyaka wee-2026 i-NHI izabe seyisebenza ngokupheleleko.

Lokhu-ke kutjho ukuthi iinkhwama zokwelaphisa zizakusebenza njengesingezelelo sokwelaphisa esisekela 1-NHI. Isingezelelo sokwelaphisa sizakwenza imisebenzi engekho ngaphasi kwe-NHI, njengokuhlinzelwa ukulungisa isikhumba somzimba namkha ukuhlinzelwa ukulungisa nanyana ngisiphi isitho somzimba esihlinzelwa ubuhle.

"Woke amaSewula Afrika azakusizakala ngomsebenzi ozakwenziwa ngokuqalelela zamaphilo ngokusezingeni eliphezulu, ngaphandle kokubhadela,' kuhlathulule uMkhize.

□ – SAnews.gov.za