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Tel: (+27) 12 473 0353



Abavakashi baphesheya kwezilwandle abawuvali umlomo ngezibiliboco zakuleli

Dale Hes

Abantu basemalokishini akumasipala wase-George eNtshonalanga Kapa bazozwisa abavakashi baphesheya kwezilwandle ubusuku abangeke baphinde babukhohlwe ngecebo le-*Dine with Locals*.

Leli su liyingxenywe yokugubha Inyanga Yezokuvakasha lapho umasipala eqoke amathimba ayisithupha aselokishini laseThemba-lethu nase-Pacaltsdorp uku-ba amukele abavakashi baphesheya kwezilwandle ngesidlo esihamba nazo zonke izibiliboco kanye nezikaqedisizungu.

Njengengxenywe yokulungiselela ukubungaza lokhu, amathimba abehambe ukuqeqeshwa okuhlobene nezokuvakasha nokupheka.

Bafundiswa amakhono ahambisana nokuqala kanye



■ Izihambeli zithokozela isidlo sohlelo lokulinga esilungiswe ngabeThimba le-Explore our Hood eThemba-lethu njengengxenywe yecebo le-*Dine with Locals*.

nokuqhuba ibhizinisi, lapho injongo kungukukwazi ukugcina behlomula ngomholo embonini yezokuvakasha.

UNomzamo Entile (one-minyaka yobudala engama-31) oyingxenywe yamaqembu ayisithupha uholo ithimba le-Explore our Hood, eliqhamuka eThemba-lethu.

U-Entile wasungula i-Explore our Hood ukuze akhuthaze umoya wobunye e-George.

“Saqaphela ukuthi kwakunegebe phakathi kwemi-phakathi eminingi yase-George. Sifuna abantu beze emalokishini bazobona ukuthi sinesiko lamaXhosa eliqavile okufanele beze bazozi-

bonela lona,” kusho u-Entile.

Njengoba sekusondela iNyanga Yezokuvakasha, ithimba selivele liphothule ngempumelelo izivivinyo ezimbili zokulinga lolu hlelo, lemukelela amalungu abevakashile evela embonini yezokuvakasha.

“Sizibona sesikulungele futhi sinentokozo enkulu yokwamukela abavakashi baphesheya kwezilwandle. Sethemba ukuthi lokhu kuzosivulela iminyango thina sonke yokuba sithole isipiliyoni embonini yezokuvakasha, nokuthi kuzobonisa ukuthi amalokishi aseNingizimu Afrika anokuningi okungathokokezelwa ngabavakashi bakuleli nabakwamanye amazwe,” kusho u-Entile.

IMenenja ye-George Tourism uJoan Shaw uchaze wathi uhlelo lolu luzobonisa amasiko ahlukahlukene.

“Uhlelo lwethu lwe-*Dine with Locals* lumele isizwe esi-

nezinhlanga ezahluahlukene, lapho kuzobe kuboniswa ngamasiko angangaphansi kwayisihlanu, lapha ngibala elakwaXhosa, elakwaVenda, elamaKhoi, elase-Cape Malay kanye nesidlo sezidlo zasolwandle i-*‘Snoek and Patat’*,” kusho u-Shaw.

“Amalokishi aseNingizimu Afrika anokuningi okungathokokezelwa ngabavakashi bakuleli nabakwamanye amazwe.”

Emva kwalokhu, amathimba azobe eseba ngamabhizinisi aphelele ahlinzeka ngezinsiza i-George Tourism, bona-ke bazobe sebekhangisa futhi beqhuba uhlelo lokubatholela abavakashi. ■

Amagagasi agcina izingane zingabi uvanzi emgaqweni

YIZE NOMA abanengi bebona umdlalo wokuhuhuluza emagagasini, i-*surfing*, njengomunye wemidlalo nje kodwa inhlangothi ethile KwaZulu-Natali seyikwenze umdlalo wokungcebeleka wentsha.

Vuyo Ndlovu

IUkuhuhuluza emanzini akuwona nje umdlalo noma umkhuba wokuzithokozisa kubantu abasha abahlala enkabeni yedolobha lase-Durban esifundazweni saKwaZulu-Natali kodwa futhi kungenye yezindlela zokubalekela izinkinga zomphakathi.

I-Surfers Not Street Children iyinhlangano ehlinzeka ngezifundo zamahhala zokuhuhuluza emagagasini ezinganeni ezihlala emgaqweni kanye nentsha eswele ehlala khona enkabeni yedolobha.

Inhlangothi iwumzamo ngqo wokubhekana nokwanda kwezingane ezingenamakhaya futhi uqinisekisa ukuthi intsha yenza okuthile okuhle ngezimpilo zayo.

UMasipala weTheku usanda kweseka le nhlangano ngokunikela ngamabhodi



■ Abanye babahuhuluzi bamagagasi, ama-surfers, abangaphansi kwe-Surfers Not Street Children ne-KZN Surfing Club abathola amabhodi okuhuhuluza olwandle. Amabhodi azosetshenziselwa izinjongo zentuthuko.

okuhuhuluza emagagasini ayi-10.

Amabhodi akhelwe izinhloso zokuthuthuka futhi akhiwe ngegwebu futhi asiza abahuhuluzi abasayizimfundamakhwela uku-ba bakwazi ukuntanta phezu kwamanzi.

IMenenja yomnyango wezokuthuthukiswa kwezemidlalo nezokungcebeleka kumasipala u-Teddi Adams

uthe amabhodi lawa azosiza abahuhuluzi abasafufusa.

“Umnikelo lo uyingxenywe yecebo likamasipala lokuthuthukisa ezemidlalo kanye nokuqinisekisa ukuthi yonke intsha, kungakhathalekile ubuhlanga nezinga, iyakwazi ukufinyelela izinsiza ezizoyilekelela ibe yimi-qabavu emidlalweni eyikhethile.”

ULangelihle Nkosi (one-minyaka yobudala eyi-16) naye ongumhuhuluzi ubonge umasipala ngalo mnikelo.

“Ngiyakuthokozela kakhulu ukuhambela izifundo zokuhuhuluza emagagasini ngoba zingisiza ngiqine emzimbeni futhi ngiyakuthanda kakhulu ukuhuhuluza emagagasini.” UNkosi ukhuthaze abanye abahuhuluzi abasafufusa ukuba beze bazoba yingxenywe yalo mkhankaso futhi bafunde kabanzi ngokuhuhuluza emagagasini.

USandile Mqadi ongumqeqeshi wokuhuhuluza emagagasini we-Surfers Not Street Children Club, uthe inhlangothi yayisophe ukufundisa izingane amakhono okuhuhuluza emagagasini njengendlela yokuzikhipha emgaqweni.

“Sihlinzekela izingane ezihlala emgaqweni kanye na-

labo abavela emiphakathini eyayinganakiwe ngaphambilini. Izinsiza zethu zimahhala futhi yonke intsha eneminyaka esuka kwemihlanu iya kwengama-23 yamukelekile,” kusho uMqadi.

Wengeze ngokuthi amabhodi okuhuhuluza anikelelwe umasipala azolekelela imizamo yabo kanti ziningi izingane esezizokwazi ukuba yingxenywe yohlelo.

I-Surfers Not Street Children Club inikeza izifundo zokuhuhuluza emagagasini kusukela ngoMsombuluko kuya kuLwesihlanu ngo-08h30 kanye nango-13h30. Abanentshisekelo bangabhalisa ehhovisi le-Surfers Not Street Children e-North Beach.

UMasipala uphinde wanikelela ngamanye amabhodi okuhuhuluza ayi-10 kwabe-KwaZulu-Natal Surfing Federation. ■

EzeMpilo eLimpopo sezidlulisele ukuncelisa ibele eqophelweni eliphakeme

NJENCOBA IZWE ligubha ikhulu leminyaka kaMama Albertina Sisulu uMnyango wezeMpilo eLimpopo sewuqambe igumbi lokuncelisa ibele ngaye ukuze kuzuze omama.



■ UNgqongqoshe wezeMpilo esiFundazweni saseLimpopo uDkt Phophi Ramathuba ekakwe ngomama abancelisa ibele abebhambele umcimbi wokwethulwa kwegumbi lokuncelisa.

**Kanego Lewele
noMore Matshedis**

Ukuncelisa ibele yikonakona kudla okunomsoco nokuthuthukisa impilo yezinsana kodwa komama abaningi abasebenzayo kuba nzima ukuqhubeka nokuncelisa ibele lapho sebebuyela emsebenzini emva kokuphela kwekhefu langemva kokubeletha.

Lokhu kungenxa yokuthi azikho izindawo ezifane-

lekile emsebenzini lapho omama abaseyimidleane bengakwazi ukukhama ubisi noma bancelisele khona izingane zabo ngesikhathi somsebenzi, ngenxa yalokho-ke baye badikibale ukuncelisa ngoba phela bachitha ingxenye enkulu yesikhathi besemsebenzini bengahleli nezingane zabo.

Njengomzamo wokubhekana nale nselele, uMnyango wezeMpilo eLimpopo sewethule undabizekwayo wokuqala ngqa oyigumbi

lokuncelisa noma lokukhamela khona ubisi ngaphakathi emahhovisi akhona.

Igumbi lokuncelisa lethulwa nguNgqongqoshe wezeMpilo esiFundazweni uDkt Phophi Ramathuba.

Liqanjwe ngoMama Albertina Sisulu esigubha iminyaka elikhulu yokuzalwa kwakhe kulo nyaka.

Kwethenjwa ukuthi igumbi leli ngeke nje ligcine ngokweseka omama abancelisayo abasebenzayo kuphela, ko-

dwa lizophinde likhuthaze neminye iminyango ukuba yeseke abesifazane abancelisayo ezindaweni zomsebenzi.

Abasebenzi bomnyango bangakwazi nokuba abazanyana babo babalethele izingane emsebenzini ngesikhathi sesidlo sasemini ukuze bazincelise ibele. Igumbi lizophinde lisetshe-nziswe nangomama abafuna ukukhama ubisi ngesikhathi somsebenzi.

Omune wabasebenzi bomnyango uMpho Kutumela nongumama wamawele anezinyanga eziyi-11 ubudala, umfana nentombazane, wesese kakhulu ngale nsiza.

“Igumbi lokuncelisa lizoba wusizo kakhulu kithina bomama ngoba lizophinde lisinikeze ithuba lokukhama ubisi lwebele ngokukhululeka futhi endaweni ekukhuthazayo lokhu,” kusho yena.

Omama abavakashela umnyango behamba nezingane zabo ngenxa yanoma yiziphi izizathu nabo bazovunyelwa ukusebenzisa igumbi leli ukuze bancelise izingane zabo ibele.

UNgqongqoshe Wesifundazwe uRamathuba uthe igumbi i-Albertina Sisulu

Breastfeeding Room yilo lodwa esifundazweni.

UNgqongqoshe Wesifundazwe uRamathuba wethemba ukuthi lo mzamo uzo-ba negalelo emkhankasweni wokukhuthazwa nokuvikelwa kwezinqubo zokuncelisa ibele lingaxutshwe nalutho ngenjongo yokuba impilo yengane ithuthuke kahle.

“Ubisi lwebele luqukethe wonke umsoco odingwa usana futhi ayikho enye indlela yokulukhiqiza ngaphandle kokwemvelo,” kusho uNgqongqoshe Wesifundazwe. ■

Imihlomulo yokuncelisa ibele

- Ubisi lwebele luqukethe amasosha omzimba asiza ingane yakho ikwazi ukulwa namagciwane nezifo.
- Ukuncelisa ibele kunciphisa ingcuphe yokuthi ingane yakho ibe nama-aleji.
- Izingane ezisuke zincelise ibele lingaxutshwe nalutho isikhathi sezinyanga eziyisithupha ziba namathuba amancane okungenwa yizifo, izifo zokuphefumula, kanye nokuhlaselwa isifo sokuhanjiswa sisisu.

New health centre for Port Nolloth

Jauhara Khan

The seaside town of Port Nolloth in the Northern Cape will soon benefit from a full-service community health centre project which promises to enhance access to quality healthcare.

The project is being implemented by the Independent Development Trust (IDT) on behalf of the Northern Cape provincial Department of Health at a cost of about R150 million and is expected to open soon.

Once completed, the building will comprise all primary health facilities including a trauma unit, radiology, dis-

pensary, psychiatric ward, maternity wards and paediatric wards. Consultation rooms will be used for reproductive health services, a psychologist, dietician and other services once constructed.

Work on site also encompasses the construction of facilities for support services including administration and waiting areas, ambulance quarters and parking bays, overnight accommodation for paediatric mothers, a mortuary, kitchen and dining area, stores and maintenance area.

Port Nolloth, located along the Atlantic Ocean, is one of the most remote areas of South Africa with a population of just over 6 000. It is served by

a small government clinic that offers a community-oriented primary health care programme that monitors and works towards the improved health and well-being of families in that area.

The progress on the project is currently at 70 percent. The contractor has been busy with installation of roofing in some of the buildings as well as internal plastering, painting and external work like paving, lighting and parking areas.

The project has created decent job opportunities. A majority of these jobs were reserved for the local community and a lot of the work on site, such as glass fittings and



■ Construction on a new community health centre in Port Nolloth in the Northern Cape is almost complete. The facility will soon offer the small town greater access to healthcare services.

cladding at the reception and waiting areas, were performed by local sub-contractors.

The IDT is an entity of the National Department of Public

Works and supports all spheres of government with social infrastructure management and programme implementation. ■