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Tshivenda/English

April 2016 Edition 2



More houses for Gauteng's previously disadvantaged



Marula plant a first for KZN

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Promoting nation buildi



Arts and Culture Minister Nathi Mthethwa lays a wreath at the Hector Pieterson Square

Stephen Timm

his year South Africa marks 22 years of freedom and as the country prepares to celebrate this milestone on 27 April, Minister of Arts and Culture Nathi Mthethwa has called on South Africans to focus on what unites us, rather than on what

With economic growth slowing, Minister Mthethwa pointed out that government is working hard to make the country a more attractive investment destination, adding that efforts are intensifying to deracialise the economy and promote social cohesion.

"Government has also appealed to everyone to favour what unites us over what divides us,'

To help improve relations between different communities, the Department of Arts and Culture has also been holding social cohesion debates, dialogues and community conversations throughout the year to encourage people to come together, discuss their differences and forge ahead with a common understanding of what it means to be South African.

By February, the department had held 33 community conversations on social cohesion and nation building. These covered important

aspects around nation building, including national identity, social interaction, active citizenry, volunteerism and human rights.

The idea for the conversations stems from the 2012 National Cohesion Summit held by the department on social cohesion and attended by various sectors of society. Those attending resolved that to deal with the divisions of the past, the government must help open avenues for dialogue.

GETTING COMMUNITIES INVOLVED

Minister Mthethwa said the dialogues aim to unlock opportunities for social cohesion, most of which can be found within communities themselves

"The platform enables community members to identify the social, cultural and economic capital from within the community and how these could be harnessed to the benefit of all,' he pointed out.

Recently, the department decided to change its approach to the community conversations, in a bid to ensure that these become more meaningful engagements.

In the new approach, which started last month, the department will get communities

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Municipal Elections to take place in August

Ongezwa Manyathi

resident Iacob Zuma has announced that the 2016 Municipal Elections will be held on 3 August 2016. This means that all eligible voters can exercise their democratic right on this day.

The President encouraged all eligible voters, particularly the youth who would be voting for the first time, to register to be able to vote in the elections.

"We urge all those who are eligible to vote, register to vote and those who have not checked their names to do so, so that together we continue to re-affirm and deepen our democracy," said President Zuma.

The Independent Electoral Commission (IEC) said the announcement by the President allows for detailed planning by all stakeholders including the ÎEC, political parties, government departments, voters, the media, observers and others.

"The announcement of the election date is not the official proclamation of the Municipal Elections. This is scheduled to occur later and triggers the election timetable and a range of legislated events including the official closure of the voters' roll for the elections," said the IEC.

The official closure of the voters' roll for the elections is 18 May 2016.

This means eligible voters can still register and update their registration and address details at their voting stations and at the IEC's local offices until the official proclamation.

Existing voters can check whether additional address information is required by SMSing their ID number to 32810 (at a cost of R1). They will receive an SMS with the name of the voting station where they are currently registered. Voters for whom incomplete address details are currently captured will receive a second SMS urging them to visit their voting station to update

HOW TO CHECK YOUR VOTING STATUS

Voters can also check their status by dialing *120*432# or online: www.elections.org.za or call the Contact Centre on 0800 11 8000 between 7am and 9pm.

To register or to update registration and address details, voters must complete a REC1 voter registration application form and present it in person at the voting station for the voting district

in which they ordinarily reside. The form is also available online on: www.elections.org.za which voters can complete online, print a copy and bring it with them to their voting station.

Voters without formal addresses must complete and sign an affirmation form (REC AS) accompanying the REC 1 form in which they attest to the fact they live in the relevant voting district. In municipal elections voters may only vote where they are registered and voters are reminded that it is a criminal offence to knowingly register in a voting district in which they are not ordinarily resident.

How to find your correct voting station

- Call the Contact Centre on 0800 11 8000 between 7am and 9pm
- Dial *120*432#
- Use the Voting Station Finder App on www. elections.org.za

All those visiting a voting station should have with them a valid South African ID - either a green bar-coded ID book, a smartcard ID or a valid Temporary Identity Certificate.

Additional information from the Independent **Electoral Commission**



NYANGAREDZO

Lokhishi ya Kanana yo fhatelwa nndu nnzhi

Vho Albert Pule

uloro wa Vho Lizzie Nhlapo wo bvelela. Mudzulapo wa minwaha ya 69 wa Kanana ngei Hammanskraal, devhula ha Pretoria, ndi muńwe wa vhadzulapo vha 500 vhe vha vhuelwa u bva kha thandela va dzinndu vo diswaho nga Muhasho wa zwa Madzulo a . Vhathu wa Gauteng.

Thandela ya dzinndu ndi tshipida tsha Ntirhisano, vhurangeli ha Muvhuso wa Vundu wa ngei Gauteng ho ţokaho midzi kha u khwinisa ndisedzo ya tshumelo ya muvhuso na u thoma tshumelo dza tshitshavha dzine dza thetshelesa thodea dza vhathu.

Thandela iyo a i ngo tou disa nndu fhedzi sa thodea khulwane tshitshavhani, fhedzi yo sikavho na mishumo ya vhadzulapo vha Kanana. U swika zwino, vhathu vha 216 vho no di tholwa. Kha vhenevho, vha 80 ndi vhanna, vha 22 ndi vhafumakadzi, vha 114 ndi vhaswa.

Vho Nhlapo ndi mualuwa a holaho mundende ane a dzula na vhana vhawe vhavhili khathihi na vhaduhulu vhavho vhana nahone vha shumisa masheleni avho a gavhelo kha u unda muta wavho. Vho dzula ngei Hammanskraal u bva tsha nwaha wa 2008, musi vha tshi pfuluwa u bva Mpumalanga.

Zwo vha minwaha minzhi musi Vho Nhlapo vho vha na muloro wa u vha na nndu ine ya vha vavho nahone u bva nga ńwedzi wa Tshimedzi mahola vho fhedzisela vho pfulutshela nduni yavho.

Phanda ha izwi, vho vha vha tshi dzula mushashani kana mukhukhuni. Vhutshilo ho vha vhu tshi vha kondela saizwi wo vha u songo fhatwa ho sedzwa zwiimo zwothe

Vho amba uri u bva tshe vha pfulutshela



Vhadzulapo vha linganaho 500 vha Hammanskraal vho vhuelwa nga kha thandela ya dzinnou ya Muhasho wa Madzulo a Vhathu wa Gauteng.

nduni yavho, a vha tsha vhilahedzwa nga mvula na madumbu mahulwane.

"Hu na phambano khulwane zwino ri a kona u bika, u edela na u tamba zwavhudi,' vho amba izwo, vha tshi khou sumba kha nndu yavho ya phera nna.

Vho Nhlapo vho hulisa muvhuso wa vundu vha amba na zwa uri vha fuluvhela uri u do bvela phanda na u khwinisa vhutshilo ha vhadzulapo ngei Gauteng.

"Ndi livhuwa muvhuso washu nahone zwihulwane Mulangavundu. Ndi a fhulufhela uri a zwi fheleli fhano kha vhathu vha Kanana, fhedzi vha tea u bvela phanda na u ita zwi ngaho izwi na kha vhanwe vhathu-

Munwe o wanaho zwivhuya, ndi Vho

vhukule ha khilomitha nthihi u bva mudini wa Vho Nhlapo.

Phanda ha musi vha sa athu pfulutshela nduni vavho ntswa, vho vha vha tshi khou dzula kha lufhera lwa u tou rennda na muta wavho ngei Kanana. Vho amba uri nnḍu ntswa i nea vhothe, zwihulwane vhananyana vhavho, tshikhala tsha u vhofholowa vhe vhothe.

"Vhutshilo vhu khwine zwa zwino ngauri rothe ri na fhethu hashu, vhasidzana vha shumisa lufhera luthihi lwa u edela nahone nne na munna wanga ri shumisa holu lunwe lufhera," vho amba izwo.

Tshinwe tsha zwithu zwine vha diphina ngazwo nga maanda nduni yavho ntswa ndi u kona u ţamba lufherani lwa u ţamba lwo theaho na u dzulela u vha na madi a dudelaho.



U shumisana hu u itela u shumela tshitshavha

Vho Albert Pule

ţanganelanaho ya ndisedzo ya tshumelo vo tokaho midzi kha u shandukisa na u khwinisa vhudavhidzani vhukati ha muvhuso na zwitshavha.

Ndila iyo ine ya vhidzwa Ntirhisano na yone yo toka midzi kha u fhindula thodea dza tshitshavha nga u tavhanyedza khathi na u mandafhadza zwitshavha hu u itela u disa mveledziso dzavho. Ntirhisano ndi ipfi ļa Xitsonga ļine ļa amba tshumisano

Ndila iyi ndi modele wo tanganelaho wa ndisedzo ya tshumelo ine ndivho yayo ya vha ya u khwinisa ndisedzo ya tshumelo dza muvhuso na u fhața tshumelo dza tshitshavha dzi shumaho nahone dzi fhindulaho thodea dza vhathu.

Inwe ndivho yayo ndi u mandafhadza zwitshavha uri zwi tshimbidze mveledziso

Ntirhisano yo tewa kha thikho tharu dzi fhindulaho mafhungo a tshitshavha, u tandulula khaedu dza ndisedzo ya tshumelo na u alusa zwitshavha zwa Gauteng. Thikho idzi ndi:

U fhindula: Muvhuso u tea u dzulela u fhindula mbudziso dza ndisedzo va tshumelo tshifhinga tshothe, u tshi khou shumisa ndila dza u fhindula zwavhudi na u vha na mbonelaphanda.

Masia othe a muvhuso a khou shumisana kha u fhindula thaidzo ińwe na ińwe va

inwahani mivhili yo fhiraho, Muvhuso wa Vundu wa Gauteng (GPG) wo disa ndila yo tanganelanaho ya ndiseda ya

We Care. We Act

tshitshavha. Muvhuso u kati na tandulula

U tandulula: Ndila ya ndisedzo ya tshumelo

va GPG vo khwinifhadzwa na u shandukiswa

Vhulanguli vhune ha khou bvela phanda

vhu khou vhona uri thandela dzothe dza

ndisedzo ya tshumelo dzo fhedzwa nga

tshifhinga nahone dzo nekedzwa kha

Vhudzheneleli ho itwa he ha vha hu na u

thivhelea ha ndisedzo ya tshumelo hu ngaho

sa dzikiliniki, zwibadela na kha thandela dza

Sa muvhuso u shumaho, tshiimo tsha

phindulo dzi fhindulwaho nga u ţavhanya

tsho engedzwa hu u itela u vulela ndila

thaidzo dza u tandulula thaidzo dza ndisedzo

ya tshumelo na u tandulula mbilahelo dza

Nyaluwo: Muvhuso u shumisana na

zwitshavha hu u itela u wana thandululo

dzi konadzeaho dzi re na mbonelaphanda,

tshitshavha, nga kha Ntirhisano.

zwitshavha zwo teaho.

dzinndu.

hu u itela u swikelela thodea dza vhathu.

thaidzo dza tshitshavha nga wone une.







dzi swikisaho kha khwiniso na mveledziso

ļińwe na ļińwe ļa muvhuso. Vhadzulapo vha do kona u swikelela kha muvhuso nga kha Vhashumeli vha Tshitshavha vhane vha do vha vha tshi khou dalela miţa yavho luthihi nga

u bva kha sia lińwe na lińwe la muvhuso.

Ofisi ya thandululo i dovha hafhu ya nekedza

Vhadzulapo vha nga nwalisela khumbelo ntswa ya tshumelo kha ofisi

ya thandululo ya Ntirhisano. Izwi

zwi katela tshumelo ińwe na ińwe ine

muthu, muţa na tshitshavha vha i ţoḍa u

bva kha sia linwe na linwe la muvhuso.

Vhadzulapo vha nga shumisa ofisi

ya thandululo ya Ntirhisano kha u ńwalisela mbilaelo dza ndisedzo

va tshumelo sa masiandaitwa a u

kundelwa ha tshumelo u bva kha sia

zwitevhelaho:

ńwedzi. Vhadzulapo vha tea u kombetshedza kha u wana nomboro ya kheisi malugana na khumbelo dzothe na ya mbilahelo dza ndisedzo ya tshumelo dzo ńwaliswaho kha ofisi ya thandululo ya Ntirhisano.

U DZHENISA ZWITSHAVHA

ngomu ya thodea dza matshilisano.

dza matshilisano dzi pfalaho dza nţha.

Mbekanyamushumo i dovha hafhu ya

vhona uri mirado ya tshitshavha i khou dzhenelela kha mveledziso ya tshitshavha

nga ndila i fushaho nahone i na vhudiimiseli

Vhadzulapo vha a bva mulomo nga ha ndila ine vha khou rangwa phanda ngayo nga u dzhenelela kha miţangano ya nwedzi ya kha ofisi ya thandululo ya Ntirhisano. Mitangano i katela tshitshavha zwatsho na vhurangaphanda vha mihasho u bva kha masia othe a muvhuso.

Zwitshavha zwi dovha hafhu zwa shumisa ofisi va thandululo va Ntirhisano sa tshone tshiko tshihulwane tsha tshumelo dza muvhuso. Sa tsumbo, vhadzulapo vha nga wana zwidodombedzwa zwa thandela dzo pulanwaho nga muvhuso na mbekanyamushumo dza vhuponi ha havho

U wana mafhungo nga vhuḍalo vha nga founela nomboro ya kha: 08600 11000 kana vha dalela:

Ri rothe ri nga kona u thivhela u phadalala ha Lufhia (TB)

Vho Noluthando Mkhize na Vho Ongezwa Manyathi

hango la Afrika Tshipembe lo no dzhia maga mahulwane kha u thivhelwa ha vhulwadze ha lufhia (TB) na mbekanyamushumo dza nyalafho kha minwaha mitanu yo fhiraho nahone u bva tsha u rwelwa ha tari ha fulo la u tolwa ho khwathaho ha TB na khuthadzo.

Fulo lihulwane la u tolwa TB, lo rwelwa țari nwaha wo fhelaho nga Mufarisa Muphuresidennde Vho Cyril Ramaphosa, lo wana vhupfiwa vhu takadzaho zwihulwane kha senthara dza zwa ndulamiso na vhupo ha migodini.

U swika nga ńwedzi wa Nyendavhusiku nwaha wa 2015, Muhasho wa Mutakalo wa Lushaka wo kona u nekedza tshikhala tsha u tola vhathu vha padaho 400 000 vha dzulaho kha zwiţiriki zwa migodini zwa Afrika Tshipembe.

Lufhiha ndi vhunwe ha vhulwadze vhuhulwane vhu swikisaho kha lufu shango nga vhuphara.

Fhano Afrika Tshipembe TB i vhulaha vhathu vha phesenthe dza 80 vho kavhiwaho nga tshitzhili tsha HIV, nahone i na vhudifhinduleli kha mpfu dzi linganaho 120 000 nga nwaha. Muvhuso u khou toda u fhungudza hetshi tshivhalo u swika kha tsha fhasi ha 20 000.

U tandulula khaedu iyi, nwaha wo fhiraho nga ńwedzi wa TB, muyhuso wo rwela tari mbekanyamushumo khulwane ya minwaha miraru ya u tola TB, i tshimbilelanaho na khuthadzo ya HIV na fulo la u tolwa lo thomiwaho nga nwaha wa 2010, hu u itela u fhungudza tshivhalo tsha u kavhiwa huswa na dzińwe mpfu dzi tshimbilelanaho na vhul-

Nga u shumisana ri nga thivhela u pfukela ha TB nga u tolwa khathihi na u guda zwinzhi nga ha uvho vhulwadze.

Idzi ndi dzińwe dza ndaela dza u vha thusa

TB NDI MINI?

TB ndi vhulwadze vhu vhangwaho nga zwitzhili zwine zwa pfukela u bva kha muthu wa u thoma u ya kha wa vhuvhili nga kha mufemo. TB kanzhi i kwama mafhafhu, fhedzi i nga dovha hafhu ya kwama zwinwe zwipida zwa muvhili, zwi ngaho vhuluvhi, tswio kana

TB I PFUKELA HANI?

Musi muthu are na TB ya mafhafhu a tshi hotola, u atsamula, u amba kana u imba, zwitzhili zwa TB u bva kha mafhafhu zwi bvela muyani. Zwitzhili zwa TB zwi a kona u tshila lwa tshifhinga tshilapfu zwi sa vhonali nahone zwi a kona u fhedza awara dzo vhalaho zwi muyani. Zwitzhili izwo zwi nga fembedzwa nga munwe na munwe kha vhane vha femelana zwa fhedza zwi tshi vhanga u pfukelwa.

U KAVHA HA TB HU NGA THIVHELWA HANI?

TB i nga thiyhelwa nga u:

- Thivha mulomo na ningo musi u tshi atsamula kana u hoţola
- Vula mafasiţere na mavothi hayani na kha phera dzo dalaho vhathu, kereke, zwifhato na dzithekhisini

- Ita nyonyoloso misi yothe
- La zwiliwa zwi na mutakalo
- Litsha u daha
- Litsha zwikambi
- Dalela kiliniki arali vho vhonana na muthu are na TB kana arali vha na tsumbavhulwadze dza TB.

NDI DIVHA HANI ARALI NDI ÑA TB?

Vha nga vha vha na TB arali vha na dzińwe dza tsumbadwadze hedzi:

- U hotola lwa vhege mbili kana u fhira
- U bva biko vhusiku
- U lozwa tshileme nga ndila i mangadzaho
- Mufhiso

TB I NGA ILAFHEA?

Ee, vhulwadze ha TB vhu nga ilafhea arali ho newa dzilafho hu tshe na tshifhinga. Vha tea u wana mishonga lwa tshinga tshi linganaho mińwedzi ya rathi. Ndi zwa ndeme u wana mishonga sa zwe vha sumbedziswa zwone nahone vha tevhedzela zwothe.

NDI NGANI DZILAFḤO ĻI TSHI TEA U ITWA LWA MINWEDZI YA RATHI YO DALAHO?

Izwi ndi nga mulandu wa uri tshitzhili tsha TB tshi a konda u tshi vhulaha. U tanganyiswa ha mishonga mina yo fhambanaho zwi shumiswa kha u ilafha vhulwadze ha TB hu u itela u vhona uri zwitzhili zwothe zwo dzumbamaho kha zwipida zwo fhambanaho zwa muvhili zwo vhulawa. Naho vha nga thoma u pfa vhe khwine nahone tsumbadwadze dzavho dzi do tuwa nga murahu ha vhege mbili dza u dzhia dzilafho, vha songo litsha mishonga.

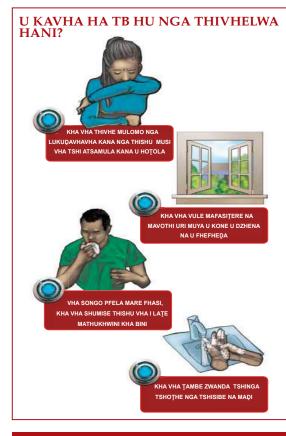
Arali vha nga litsha mishonga ya u lwisa TB nga u tavhanyedza, vha do dovha hafhu vha lwala. Vha nga wana inwe ya TB ine a i nga koni u lafhea nga dzilafho lo doweleaho u shumiselwa kha u i ilafha (Tshidzidzivhadzi tshi lwisaho TB).

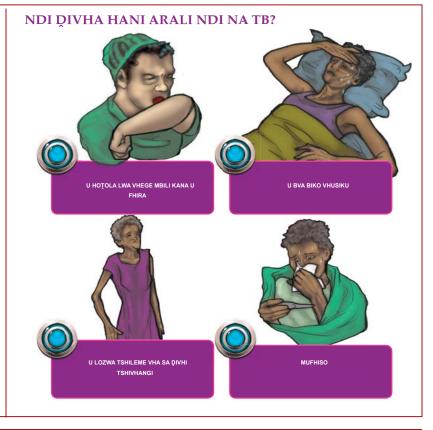
NDI NGA KONA U SHUMISA MISHONGA YA SIALALA KHA U ILAF-HA TB MUSI NDI KHA DZILAFHO LI SI LA SIALALA?

Hai, a vha tei u shumisa dzilafho la sialala khathihi na dzilafho la TB li si la sialala ngauri izwo zwi nga vhanga masiandaitwa a si a vhudi kana zwa thivhela uri dzilafho la TB li si shume zwavhudi. Ndi zwa vhuthogwa u dzhia dzilafho mińwedzi ya rathi mińwe na mińwe u itela u fhola, nahone vha litshe u shumisa mishonga ya sialala musi vha tshi khou shumisa dzilafho la TB.

TB NA HIV

Vhathu vhane vha khou tshila na tshitzhili tsha HIV vha kha khombo khulwane ya u kavhiwa nga TB na u i lwala. Arali vha na tshitzhili tsha HIV vha tea u vhiga tsumbadwadze dza vhulwadze ha TB nahone vha ite khumbelo ya u tolwa kha kiliniki yavho ya tsini. Arali vha na TB, na uri vha na tshitzhili tsha HIV vha nga thomiwa nga dzilafho la tshidzidzivhadzi tsha antirithirovairala hu tshe na tshifhinga hu u itela u khwinisa u shuma ha dzilafho la TB na u thivhela lufu. Arali vha si na TB, vha nga thomiwa nga dzilafho la u thivhela TB. Dzilafho iļi ļi do thusa u thivhela uri vha si kavhiwe nga vhulwadze ha TB. Vha tea u ţolwa vhulwadze ha HIV uri vha divhe tshiimo tshavho.





U WANA MAFHUNGO MANZHI NGA VHUDALO NGA HA TB NA TSHIDZIDZIVHADZI TSHI LWISAHO TB VHA FOUNELA OFISI YA MUTAKALO YA LUSHAKA KANA YA VUNDU:

- ndangulo ya TB ya Lushaka: 012 395 8815 / 8074
- 040 608 0814/1408
- 015 408 1429/1588
- 011 355 3098
- 033 935 2918/2586
- 015 290 9188
- 013 766 3046
- 018 387 1921/8
- 053 830 0529
- 021 483 3647/5432