

A: Participant\_F\_9\_maps

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## Initial Question (Goswell Road\_2 )

participant\_9\_b

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### SUMMARY KEYWORDS

Cycling bicycle bit cyclists realise road buses lovely traffic cycle people  
journey london river weather junction busy trip lots nice

M: Now, tell me about the maps. Is it the one map?

I: Participant would like detail and overview at the same time and on one map.

P\_9 : Yeah, it's, it's like this is like a close – it. And this is the continuation.

So this is the beginning of my journey. So in a way that reflects quite well. If you could imagine if it's an iPad and a magnifying into that spot, where I start. So literally you have got my little road, which is a close, tiny, like, no taxi driver even knows where it is. It comes off the Union road, and it's this close here.

So I am literally just there at the end of the world because there's nothing else around it.

M: A lovely way of putting it.

P\_9 : So it feels like I've just come out of nowhere. And so I've I think that works quite well with that focus, iPad idea.

So, you know, the biggest...so and also the beginning of the journey is always nice. It's always full of promise, it's the best bit and, you know, I've got a very small, tiny flat but it's in the very greener It's very green, the road, so feels like I'm coming out of a green space. So the start of the day. That's why I've put green as a colour because it's the green of relaxing early morning you know birds and trees and I'm coming out with my bicycle going through this 30 seconds of the close. But I'm taking in all that greeners which is a nice way to start. So I really enjoy when I set it off.

I: A journey of moods represented by colors.

M: Okay, lovely.

P\_9 : So I'm setting off green, and then I'm going I don't go on to the main road. I try and keep as much backroads to begin with as much as possible, like breaking myself in to the whole thing. So I'm keeping it green, and I've put yellow along it as a kind of colour brightness,

**Commented [RM1]:** Decided to augment one map but to combine with another. Participant No 8 wanted to do something similar,

**Commented [RM2]:** Seems quite proud and fond of being so hidden. Cosy?

**Commented [RM3]:** Home is a special place- at the end of the world, a special place? Heaven?

**Commented [RM4]:** Re-birthing (emerging anew into each day. Re-charge and heal at home?

**Commented [RM5]:** focus on home

**Commented [RM6]:** The beginning of the journey always nice. Focuses on possibilities.

**Commented [RM7]:** Equals green and good from very start.

**Commented [RM8]:** Greenness equals good start

**Commented [RM9]:** Green of relaxing

**Commented [RM10]:** It seems like journey of moods represented by colors.

**Commented [RM11]:** Using local roads as much as possible - home turf where she knows the area well.

**Commented [RM12]:** yellow for the positive start. Interesting that she is starting to layer them.

because you know, always, it's not the case often. I always think it's a bright early sun or something, you know, when you, start of your day. So I'll you know, that's kind of how I'll go because it's the brightest bit of the day and it is the nicest bit of the day, and you're excited for the day.

M: Yeah.

I: Is High alert a problem as we use cycling as a type of meditation and we don't like that to be taken away from us?

P\_9 : But then once I come to a little bit here, I have to go into the Clapham Road, which is the . busy traffic road going from Stockwell over to Oval. Then there I have to pay attention. So you've got some red exclamation marks along the side. Now here you can't be dreamy. You've gotta, you gotta, you know, there's no separate cycle path. There's those blue ones, but they're not...(there is) lots of other cyclists, which is good. I like the company of other cyclists. They the ones that just painted that are not separated.

M: Oh, okay. Okay.

P\_9 : Under Boris Johnson! Blahhh!!!! (high distaste for the current PM) (laugh) When he was a mayor, yeah.

P\_9 : So they are fake. Really, they're more dangerous because, you know, they make you think you're in your cycling spot, but they're usually a shared space. So the red is basically exclamation marks indicate attention needed. Lots of cars, lots of traffic.

So I go all the way along down this road. So here I pop out and here we go into the small map. So as I go into the small map, and here I pop out, still continuing with this very busy red area here. So again be, you know, need to be very vigilant along this road. Then I come to a junction and everyday, even though I've been doing this for a while, I always have to decide whether to go left or whether to go right so here's my decision point. So that's a question mark there. It's a busy area. And I always need to think, what; should I go left or should I go right ? Now, I always go left. But I've noticed that my decision basically depends a lot on how many buses there are. And usually there are lots of buses on the right on the right bit and that puts me off. I don't want to be fighting with the buses for my cycling space. So, I'll go left because that's the easiest one without a bus and it has a little cycle route into the left bit, then the busses start coming to that one as well. But at least it gets me in there. So here I've got question mark and a decision point and the red buses, I carry along there, again, a red area, really lots of junctions have to be really careful. There is no cycling space as such, so have to be super careful along this this road here.

I get to the Imperial War Museum, and at the Imperial War Museum I have to turn right but there are incredibly long traffic lights there. So I take the opportunity to do my eye exercises. My Bates eye exercises, you know, to stretch all the muscles. So I sit, I'll be on my bike for five

**Commented [RM13]:** Pay attention, high alert a problem.

**Commented [RM14]:** Red and exclamation marks for alertness

**Commented [RM15]:** Existing cycle infrastructure inadequate.

**Commented [RM16]:** Calling some current cycling infrastructure fake and more dangerous than having none at all.

**Commented [RM17]:** Pop out, like she is ejected with force. Nothing cautious or slow.

**Commented [RM18]:** A decision point. Identified.

**Commented [RM19]:** Decision point.

**Commented [RM20R19]:** Now she always goes left? Why has to think? is it in the past that she took the route at different time and went right? What is on the right that is attractive?

**Commented [RM21]:** Heavy vehicle presence determines the route.

**Commented [RM22]:** Red area = lots of junctions

**Commented [RM23]:** Doing eye exercises at the traffic lights. Advantage of not CHANGING ROUTE you can build things in!

minutes doing these exercises, and it's always there that I'm doing them. Like just every time I'm doing my exercises as I have such a long wait and a long stop at these lights.

I: Calling some current cycling infrastructure fake and more dangerous than having none at all.

I: Advantage of not CHANGING ROUTE you can build things in! Such as eye exercises.

M: That's interesting.

P\_9 : You got to use all your time

M: I know!

P\_9 : (laughing) So, this is the good time to do it, eye exercises! People looking at me rather peculiarly.

And then I start going on to a nicer bit which is basically just all cycle lane. Which is great. It's lots of cyclists but it's you know you're much more comfortable if you're gonna get knocked over by a cyclists, then by a big juggernaut.

**Commented [RM24]:** Cycle lane great despite being full of cyclists and very busy.

**Commented [RM25]:** Threat still there but less acute and severity of damage less.

I: Level of danger. Still not safe as a lot of cyclists and one supposed different speeds and abilities, plus temperament. But much less damage if hit.

P\_9 : So here I really start relaxing, and here I'll probably stop to plugg into music. I've got musical notes there. So when listening into my music, I'm not a fast cyclist, but I'll go steady pace, listening to my music and all the way up all along through the Sadock up to Blackfriars bridge. Blackfriars bridge, super busy, lots of cyclists, lots of cycling traffic there. But you're going across the river, which is lovely listening to the music. And, you know, and that again, you have to be careful because they keep coming across, you know, you have to change junction, but nonetheless a nice thing.

**Commented [RM26]:** Crowding mitigated by safety and scenery.

I: Crowding mitigated by safety and scenery. Super busy but still nice as river and landscape.

P\_9 : I get over Blackfriars Bridge, go a bit further down, and then I have to turn. I turn right and I go through Smithfield market to then cur across, to come out to come here to Northampton Square. And the things that from there is I go through the market, so it's a very strong smell of dead meat. So very fleshy, bloody smell. Yeah. And that's, um, yeah, so but I always got that strong smell.

**Commented [RM27]:** Language has changed. She does not pop out, she comes out.

**Commented [RM28]:** Smell a factor in experiencing journey.

I: Smell a factor in cycling experience. However, she does not change the route.

M: Yes, my husband works near the at Faringdon. Building Crossrail.

P\_9 : Well, they are building the new Museum of London next to there?

M: Yes.

P\_9 : And also, um, that bit... for some reason there's a little steep hill and I always find that

quite hard work. Yeah, it's like the hardest bit. It's just literally one minute but yeah, the hardest bit of my journey.

**Commented [RM29]:** Steep hill. Short but steep gradient and hardest bit of the journey.

M: Okay. Is that the hill?

P\_9 : Yeah. And, that's blood. From the meat

**Commented [RM30]:** Blood to represent the meat smeel.

This is kind of...it's not a hill. It's just like, suddenly a steep road and it's quite an uncomfortable steepness, because you have to deal with the traffic and go up.

M: Yeah. Okay. Fantastic.

Sketch -----

M: And the, the picture?

P\_9 : Okay, so um, yeah. So basically

my bicycle for me is freedom to travel. You know, I see people stuck in caaaaars (exagareted and elongated as she is mocking them), they may be in a fancy caaaaar, maybe at the traffic lights, they may zoom off. But you know, give it five minutes later I'm going past them, you know?

**Commented [RM31]:** bicycle equals freedom.

**Commented [RM32]:** Feels like has an upper hand as not influenced by traffic jams.

I: Feels like has an upper hand as not influenced by traffic jams.

P\_9 : It gives me control of time because I, you know, I don't like wait for a train and there's a delay. I'm in control of that. So you know, if I say I'm going to be somewhere at nine o'clock, I am usually there at nine o'clock you know, very rarely late for things, I think. Compared to people who travel by train. So I've got that freedom.

**Commented [RM33]:** Control over time.

Uh, for me, it gives me, even though, you know, even though I'm not setting out to get physically fit with that, but if I feel it gives me it does make me stronger. And, you know, that's, you know, that's a definite plus. Because I just, I don't realise it but then I do realise actually that I've got really strong legs. But that's like 25 years of cycling Oh, yeah, that's strong legs there. Yeah.

**Commented [RM34]:** Physica fitness not primary objective but definite benefit the participant is aware of.

And I you know, I really love the idea that I can do my own thing I can listen to my music and while looking at some, you know, looking at the river going by, you know, maybe not necessarily on this trip but often going by the Houses of Parliament and you know and seeing trees and just getting a bit of that sort of daylight going in and that for me is a really lovely thing to do.

**Commented [RM35]:** Doing their own thing.

**Commented [RM36]:** In tune with the environment. Or tuning in with the surroundings.

**Commented [RM37]:** Importance of daylight, understated.

I: tuning in with the surroundings.

P\_9 : Other aspects obviously, it's all of this, which is like over the horizon though. There is the danger of traffic that is a real issue which I think is in many ways unfair it shouldn't be like that. I think cyclists, Oh, well, pedestrians, most of all, but cyclists and pedestrians I think we should have priority frankly. I don't think, I don't think the sense of you know, the sense of entitlement that I sometimes get, particularly from professional drivers like taxi drivers or van drivers. I really... (can't find the words)

**Commented [RM38]:** Intimidated by traffic, especially professional drivers.

M: Yes.

S\_9 : So there's a quite strong anti cycling culture. So I've had like water thrown in my face and yeah, like yeah, yeah. You know, because even looks of pure hate. It's people don't like cyclists,

**Commented [RM39]:** Feels that there is a strong anti-cycling culture on the roads.

some people are just, just crazy. They just wanna sit in their car. And they don't. So there's that real that's a real thing, actually . And I'm very aware of that.

**Commented [RM40]:** Very aware of the tension with motorised vehicles drivers.

I: Feels that there is a strong anty-cycling culture on the roads.

P\_9 : Most of the all weathers I mean, I hardly at you know, unless it's really chopping it down. nothing particularly stops me so I'm not very well prepared. I don't have all that...nah. But um, you know, I will go through even if there's a bit of a rain of rain on here, but it's actually quite rare comparatively because people always say, oh, how can you do with English weather?

Actually it doesn't rain that often? It doesn't.

**Commented [RM41]:** Cycling in all wether but it does not rain that often.

I: Weather quite low down the list of things to consider and not an obstacle. A British born participant.

P\_9 : Its gray, but it does not rain as much as people think. .

**Commented [RM42]:** Does not mind gray.

M: Okay, thank you. I got a few questions I need to go through this is all wonderful, truly, truly wonderful. list of questions we didn't do very well.

P\_9 : Oh, good because yeah, I'm gonna have to go soon. I think.

M: you got ten minutes.

P\_9 : Oh, wow. Okay. Oh, come.