

GARMIN MUNCHKIN MARATHON AND FAMILY RUN

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**JOIN US SATURDAY, APRIL 18, 2020
GARMIN HEADQUARTERS**

We want to see you, your family and your running club buddies
at the start line of the Garmin Marathon.

HERE'S WHAT YOU NEED TO DO:

- 1 Have an adult sign you up at OzRun.org – it's \$5.
- 2 Start training by walking or running.
- 3 Use the back of this sheet to log your miles – you need 25 miles by race day!
- 4 Run 1.2 miles on race day to earn your Munchkin Marathon medal.

FREE TRAINING PROGRAM

You can run or walk your miles anywhere, anytime before race day. Certain local fitness centers will be open to all registered participants on Sundays from 10 a.m.–5 p.m. Check the race website for a list of participating locations.

Register today and
start training tomorrow!

OzRun.org

**FLIP THIS PAGE OVER TO START YOUR
MUNCHKIN MARATHON TRAINING! ➤**

Open to students in kindergarten through 8th grade.
Kids' registration includes free T-shirt, goodie bag, race number and medal.
Adults can register for \$5 and run with their children if they wish.