

# Get healthy trough the winter with extra vitamin D for all employees

**Recommended daily dose:**  
**1 tablet per day with a glass of water.**

Keep out of reach of children. Not for individuals below 11 years old. Do not exceed the recommended dose. Food supplements should not be used as a substitute for a varied diet. A varied and balanced diet and healthy lifestyle is important for the correct functioning of the body.

**dsm-firmenich** 



**Complex**

**Food supplement with Vitamin D  
as calcidiol and cholecalciferol**  
**60 tablets | Net weight: 9 g**

**Vegetarian.** Nutritional information  
available on back label

DSM Nutritional Products AG,  
PO Box 2676, 4002, Switzerland.

© 2025 dsm-firmenich group. Ampli-D®  
is a trademark of dsm-firmenich

## Nutritional information

Serving Size: 1 tablet

Quantity per daily dose (1 tablet)	RI**
Vitamin D* 50 µg	1,000 %

\* Vitamin D added as Calcidiol monohydrate (10 µg)  
Cholecalciferol (25 µg)

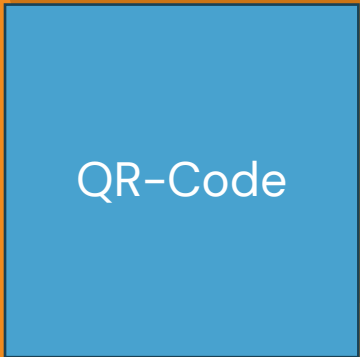
1 µg of calcidiol = 2.5 µg of vitamin D.

\*\* Reference intake of an average adult.

## Ingredients

bulking agents: cellulose, cross-linked sodium carboxy methyl cellulose; anticaking agent: magnesium salts of fatty acids; cholecalciferol (vitamin D), calcidiol (calcifediol) monohydrate (vitamin D)

Scan the QR code to  
bring the label home



Lot no.: G5F175LP, Best use by: 06/2027

**dsm-firmenich** 