

## **Cyclists of Greater Seattle**



Riding for Fun, Friends, and Adventure.

## Perimeter Ride of Seattle PROS

8:00 a.m. Labor Day, Monday, September 2, 2013
Discovery Park, North Parking Lot

This is a very challenging and beautiful ride around the border of our city. This is an invitational club ride where you can get to know us and perhaps become a member.

The ride is led by club members in groups of 10 to 20 and generally done as a stay-together ride. There will be two rest stops and a break for lunch.

There are several paces and levels:

PROS: 86 miles—very hilly and strenuous and moderate paces.

PROS Lite: 56 mils around the south end. Still hilly, at high moderate and

low moderate paces.

## Are YOU up to the challenge?

**BENEFIT: Bicycle Alliance of Washington (BAW)** 

Suggested Donation: \$25

100% of your donation goes to BAW!

www.cyclistsofgreaterseattle.org