

PREVIEW
4s



PREVIEW
4s



CUE
4s

LOOK

PRESS
1

PREVIEW
4s



CUE
4s

LOOK

PRESS
1

PREPARE
2s

+

PREVIEW
4s



CUE
4s

LOOK

PRESS
1

PREPARE
2s

+

IMAGE
6s



PREVIEW
4s



CUE
4s

LOOK

PRESS
1

PREPARE
2s

+

IMAGE
6s



PREPARE
1s

+

PREVIEW
4s



CUE
4s

LOOK

PRESS
1

PREPARE
2s

+

IMAGE
6s



PREPARE
1s

+

CRAVING RATING
2.5s

Desire to eat?

no desire 1 — 2 — 3 — 4 strong desire

EFFORT RATING
2.5s

How hard?

not hard 1 — 2 — 3 — 4 very hard

PREVIEW
4s



CUE
4s

LOOK

PRESS
1

PREPARE
2s

+

IMAGE
6s



PREPARE
1s

+

CRAVING RATING
2.5s

Desire to eat?

no desire strong desire
1 — 2 — 3 — 4

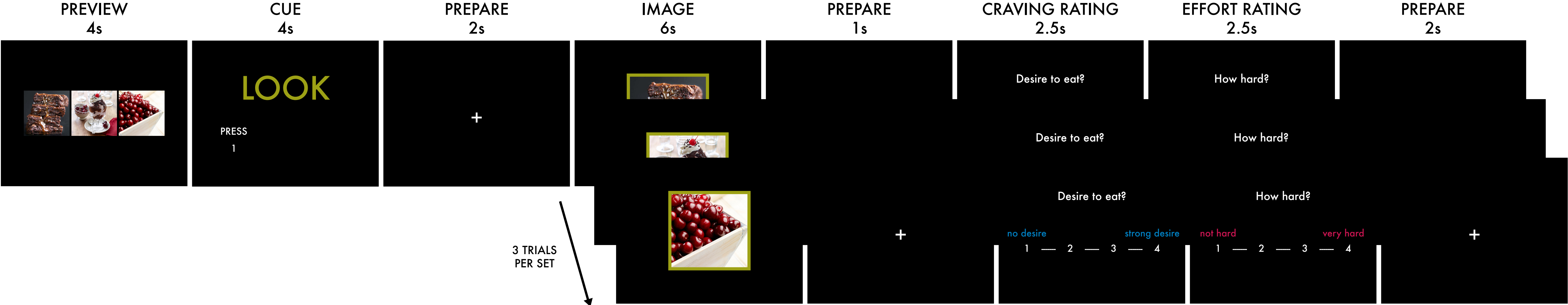
EFFORT RATING
2.5s

How hard?

not hard very hard
1 — 2 — 3 — 4

PREPARE
2s

+



LOOK

PRESS

1

REGULATE

PRESS

2

CHOOSE

LOOK

1

REGULATE

2

Desire to eat?

no desire

strong desire

1

—

2

—

3

—

4

How hard?

not hard

1

—

2

—

3

—

4

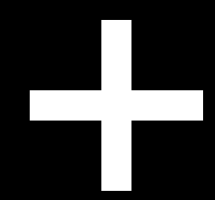
very hard



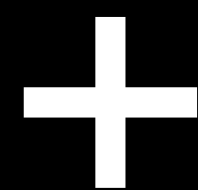
LOOK

PRESS

1







Desire to eat?

no desire

strong desire

1

—

2

—

3

—

4

How hard?

not hard

1

—

2

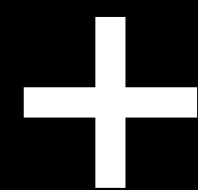
—

3

—

4

very hard

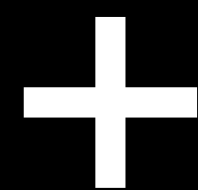




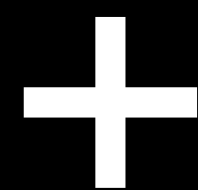
REGULATE

PRESS

2







Desire to eat?

no desire

strong desire

1

—

2

—

3

—

4

How hard?

not hard

1

—

2

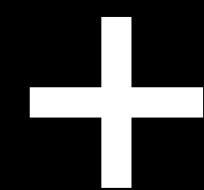
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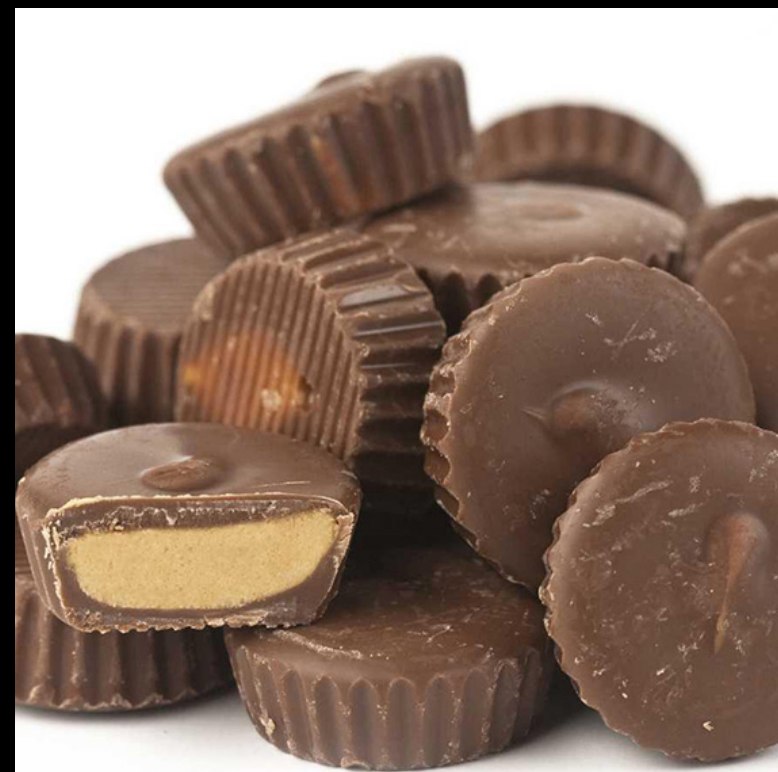
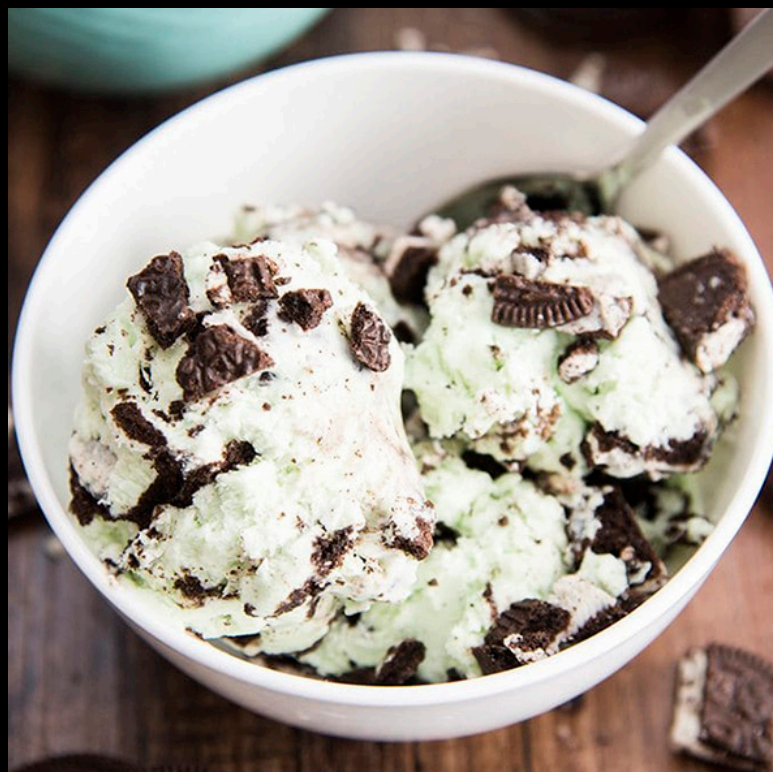
3

—

4

very hard





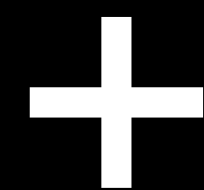
CHOOSE

LOOK

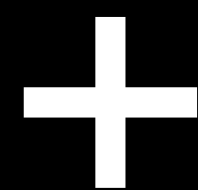
1

REGULATE

2







Desire to eat?

no desire

strong desire

1

—

2

—

3

—

4

How hard?

not hard

very hard

1

—

2

—

3

—

4