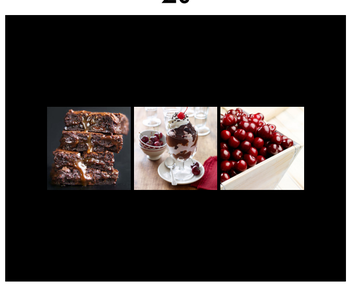
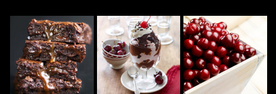
PREVIEW
2s



PREVIEW
2s

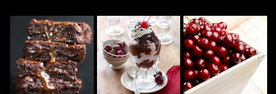


CUE
2s

LOOK

PRESS
1

PREVIEW
2s



CUE
2s

LOOK

PRESS
1

PREPARE
2s

+

PREVIEW
2s

CUE
2s

LOOK

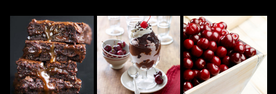
PRESS
1

PREPARE
2s

+

IMAGE
5s

PREVIEW
2s



CUE
2s

LOOK

PRESS
1

PREPARE
2s

+

IMAGE
5s

CRAVING RATING
2.5s

Desire to eat?

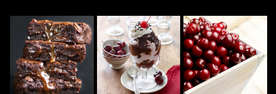
1 — 2 — 3 — 4

EFFORT RATING
2.5s

How hard?

1 — 2 — 3 — 4

PREVIEW
2s



CUE
2s

LOOK

PRESS
1

PREPARE
2s

+

IMAGE
5s

CRAVING RATING
2.5s

Desire to eat?

1 — 2 — 3 — 4

EFFORT RATING
2.5s

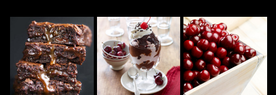
How hard?

1 — 2 — 3 — 4

PREPARE
2s

+

PREVIEW
2s



CUE
2s

LOOK

PRESS
1

PREPARE
2s

+

IMAGE
5s

CRAVING RATING
2.5s

Desire to eat?

Desire to eat?

Desire to eat?

no desire strong desire
1 — 2 — 3 — 4

EFFORT RATING
2.5s

How hard?

How hard?

How hard?

not hard very hard
1 — 2 — 3 — 4

PREPARE
2s

+

3 TRIALS
PER BLOCK

LOOK

PRESS

1

REGULATE

PRESS

2

CHOOSE

LOOK

1

REGULATE

2

Desire to eat?

no desire — strong desire

1 — 2 — 3 — 4

How hard?

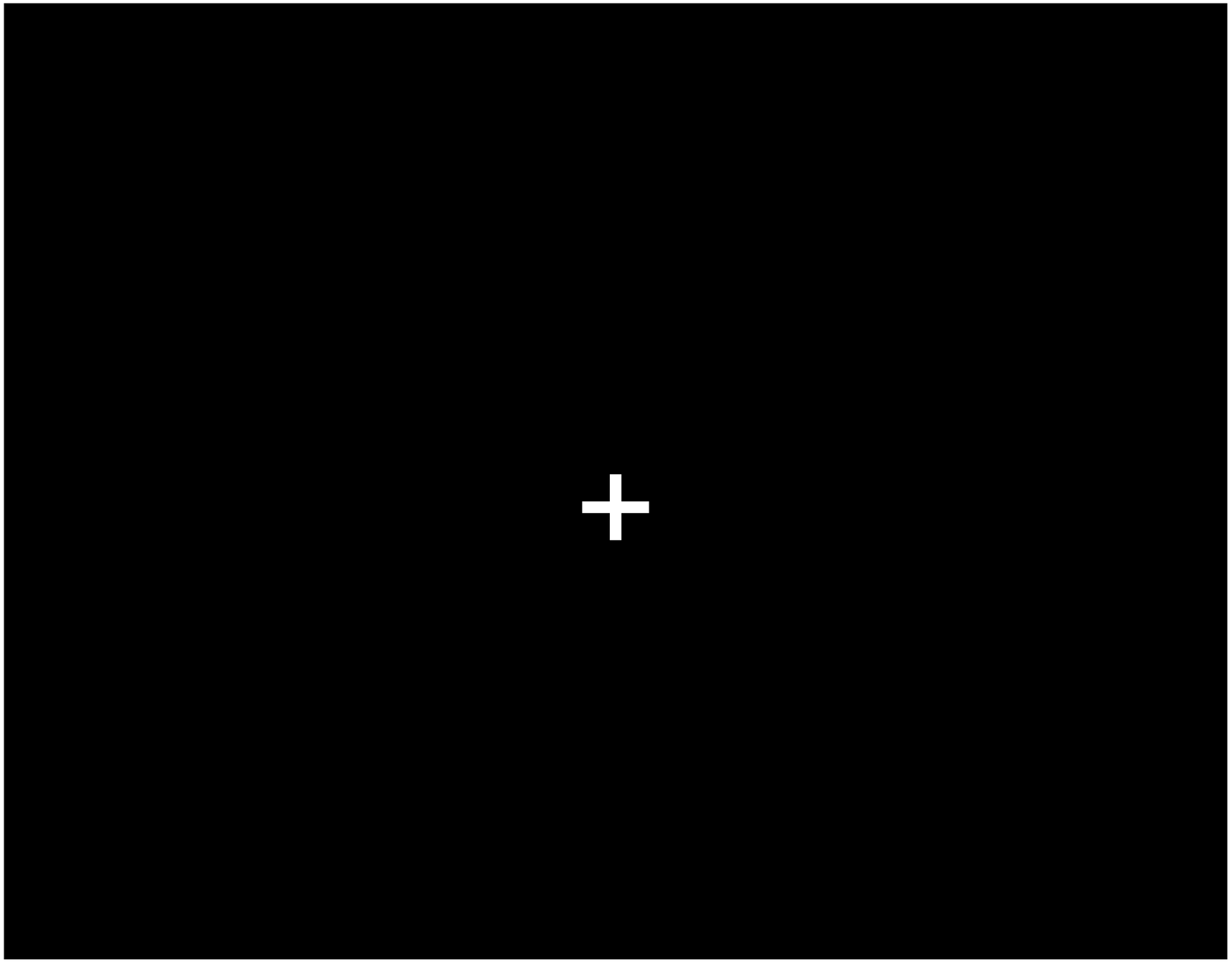
not hard — very hard

1 — 2 — 3 — 4

LOOK

PRESS

1



Desire to eat?

no desire — strong desire

1 — 2 — 3 — 4

How hard?

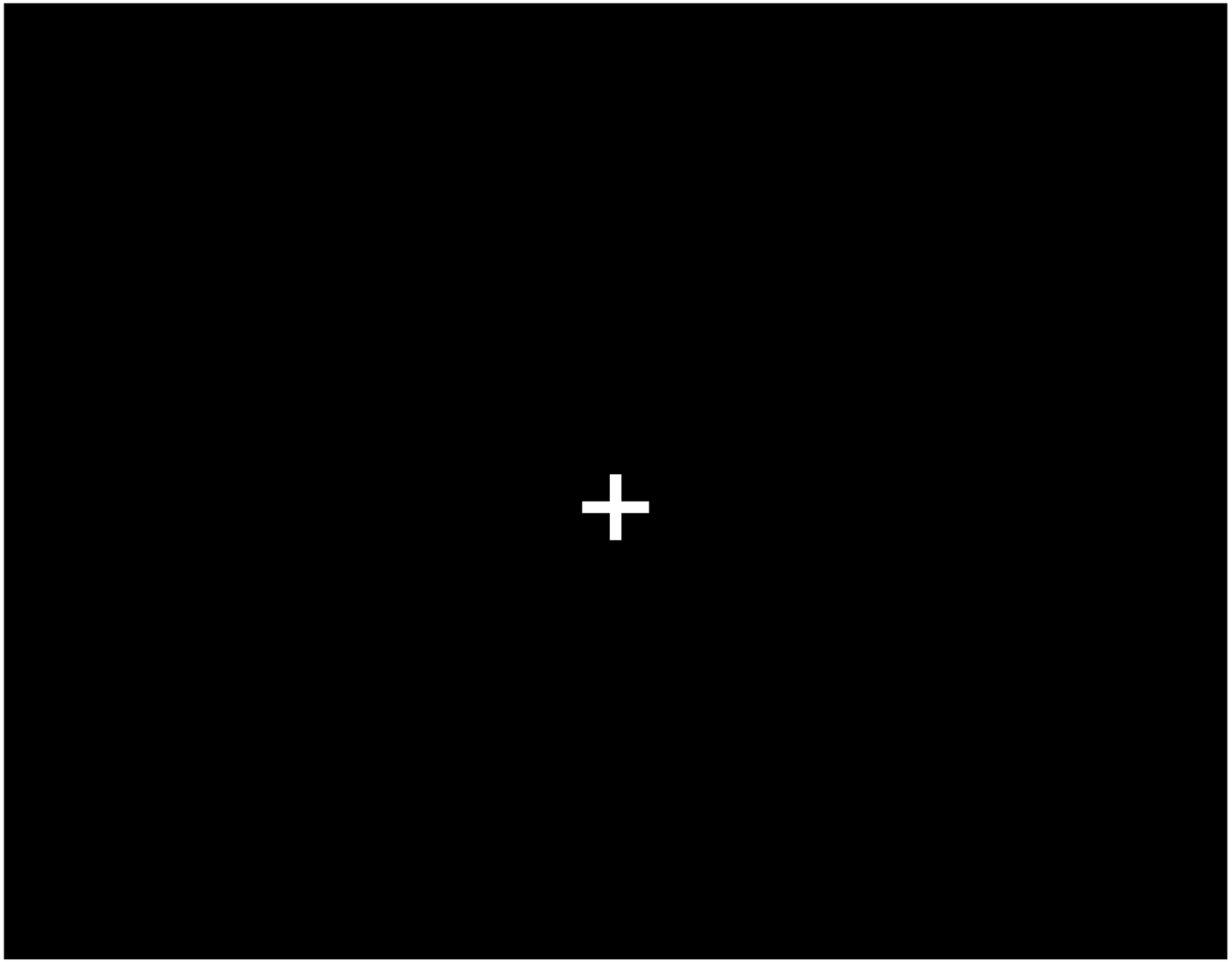
not hard — very hard

1 — 2 — 3 — 4

REGULATE

PRESS

2



Desire to eat?

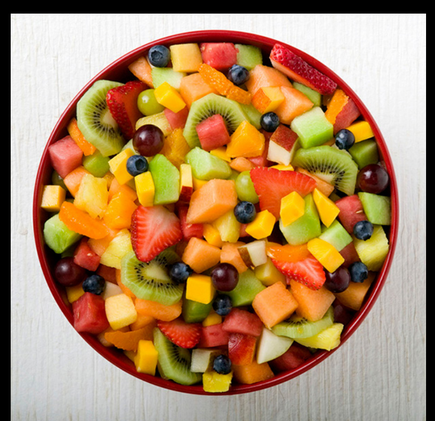
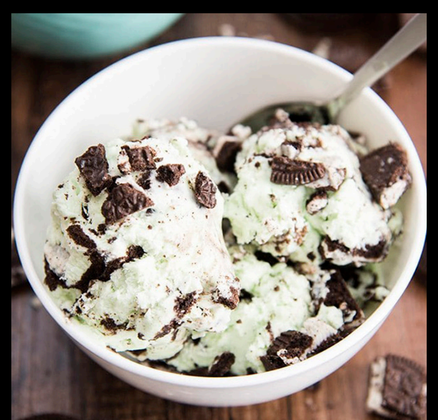
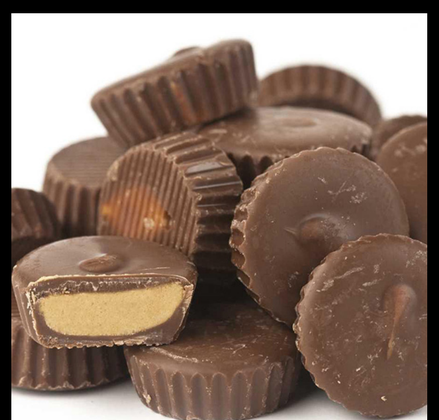
no desire — strong desire

1 — 2 — 3 — 4

How hard?

not hard — very hard

1 — 2 — 3 — 4

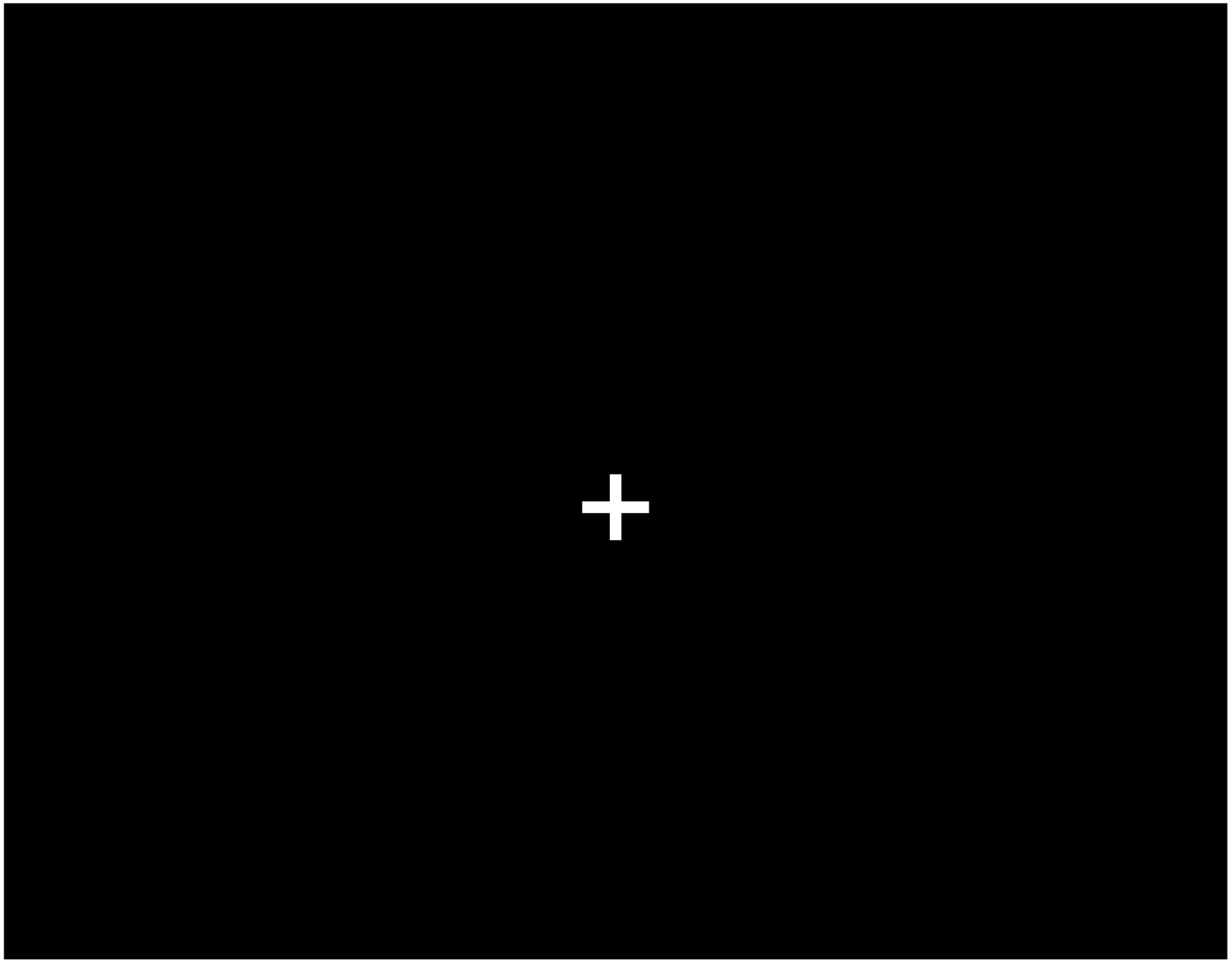
CHOOSE

LOOK

1

REGULATE

2



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