Americans consume approximately 150 million hot dogs every Fourth of July, according to the National Hot Dog and Sausage Council.



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#### ICE HACK

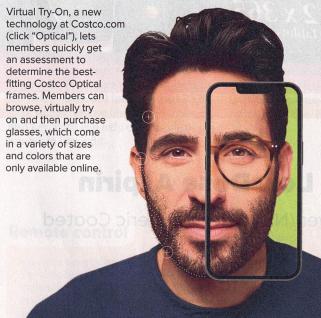
### Cold coffee cubes

Keep your iced coffee cold without watering down the flavor with this chill hack: Brew a batch of coffee, let it cool, then pour into an ice cube tray and place the tray in the freezer. Once frozen, use the java cubes instead of regular ice with chilled coffee. Enjoy! Coffee and ingredients are available in Costco warehouses and at Costco.com.



#### COSTCO OPTICAL ONLINE

## Try and buy glasses virtually



#### YOU SAY TOMATO

## Cherry Tomato Bruschetta

1 pt cherry tomatoes, halved 1/4 cup basil leaves, cut into chiffonade

4 cloves garlic, minced

about 1/2 inch thick

2 Tbsp extra-virgin olive oil, plus more for brushing or drizzling Salt, to taste

Freshly ground black pepper, to taste 1 baguette, cut into 20 slices

Balsamic reduction (optional)

Preheat broiler.

In a bowl, combine tomatoes and basil. In a separate small bowl, whisk together garlic and olive oil. Pour mixture over the tomatoes and basil then stir until coated. Season with salt and pepper.

Place baguette slices on a baking sheet. Brush tops lightly with olive oil. Toast under the broiler until lightly browned and crunchy, about 2 to 3 minutes, being careful not to burn them.

Remove toasts from the oven. Top each with a spoonful of bruschetta. If desired, drizzle with a little olive oil or balsamic reduction before serving. Makes 20 toasts.

Recipe and photo courtesy of Lizzie Streit, registered dietitian and nutritionist, (itsavegworldafterall.com)





## Watermelon Sushi

BIG CHUY DISTRIBUTORS & SONS, LEGER AND SON, INC., GEORGE PERRY AND SONS, INC., GROWERS SELECT PRODUCE INC., ROBINSON FRESH

1½ cups cooked sushi rice, divided

- 3 nori sheets
- 1 watermelon slice, cut into long strips
- 1 cucumber, cut into long strips
- 1 avocado, pitted, peeled and cut into strips

Wet your fingertips. Sprinkle ½ cup rice evenly over a nori sheet, leaving a 1-inch-wide empty strip down the length of nori on one side. Firmly press down rice. Place a few each of watermelon, cucumber and avocado strips in a compact line down the long side of the nori. Starting with the strips' side of the nori, tightly roll the nori to enclose/seal the roll. Cut the cylinder into 1-inch-thick slices simulating the look of sushi. Repeat with remaining ingredients. Arrange on a platter and serve. Makes 6 servings.







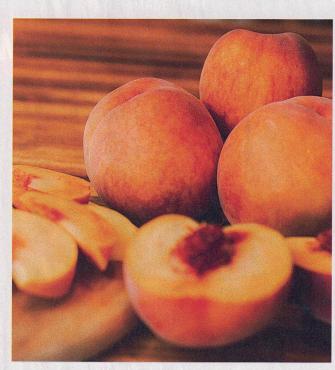






mouton Seald Sweet

Seald Sweet-Mouton: Sweet and juicy, with sunshine in every slice.





Peaches straight from South Carolina the Tastier Peach State.

# Writer's block

New thriller digs deep into a fictional suburban town

by JUDY GELMAN

Costco's suggested Book Club read provides insight into a selected novel, as well as an appropriate recipe to accompany your own book club's discussion.

uring a brainstorming session for the book that would become The Block Party, Jamie Day's editor mentioned attending a neighborbood party "and a lightbulb went off," Day ecalls. "We agreed a block party would be m-and a great title."

Day drew on his experiences growing in a close-knit suburban community here he enjoyed backyard football games, arbecues and neighborly bonding. "On street, everyone knew each other and e another's business," Day reminisces. But, as my youthful innocence faded adulthood, I learned that behind the lic facade of my childhood street, there a darker side filled with secrets, lies d betrayals."

In Day's novel, a murder rocks a morial Day party on posh Alton Road Meadowbrook, Massachusetts. Who was victim, and who was the perpetrator? domestic thriller delves into neighbord rivalries and suspicions, revealing the len dangers lurking within.

The Block Party unfolds from the pectives of residents Alex Fox and her ege daughter, Lettie, who look back



Jamie Day on the year leading up to the murder. "Alex, the grounding force in the neighborhood, connects us to multiple people," explains Day, "and allows readers to observe the observer." And through Lettie, readers get another perspective. "Teenagers have a very rich inner world, and I wanted

to give readers that insight," adds Day. The novel's reverse chronology begins with the murder. "Readers turn pages because they care about the characters, and they want answers," says Day. "I created questions about who was killed and why. From there, the characters take over."

As Alton Road neighbors gather over meals for numerous events throughout the year including Friendsgiving, Girls' Night, Christmas Eve and block parties, the mystery unfolds. "These are pivotal scenes where they exchange gossip, rumors and innuendo over food," says Day.

To complement a book club discussion, Day suggests serving block party fare such as potato salad and burgers, along with a vegetarian alternative. He envisions Lettie, who is passionate about animal welfare and environmental health, enjoying Mushroom Sliders. "Lettie loves her block party burgers; only hers are never made from sentient beings," he explains, "so enjoy these tasty sliders during your visit to fictional Meadowbrook."

Judy Gelman is the creator of the website Bookclubcookbook.com.

## Lettie's Mushroom Sliders

8 Tbsp butter, divided 1 Tbsp olive oil 11/4 lbs mushrooms, sliced 1 shallot, thinly sliced 2 garlic cloves, minced 1 tsp thyme leaves, chopped 3/4 tsp kosher salt, divided 1 tsp Worcestershire sauce 12 pull-apart slider rolls 1 cup grated Gruyère, divided

1 cup grated fontina cheese, divided

3 Tbsp grated Parmesan cheese 1/4 tsp garlic powder

Heat oven to 350 F. In a large skillet, over medium, heat 2 Tbsp butter and olive oil. Add mushrooms and cook until golden brown.

Add 4 Tbsp butter, shallot, garlic and thyme. Cook until shallot softens. Add 1/2 tsp salt and Worcestershire sauce. Cook for 3 minutes, stirring frequently.

Cut rolls in half horizontally, split but not separated. Place bottom buns cut side up on a parchment-lined baking sheet. Sprinkle with half of the Gruyère and fontina cheese. Spoon mushrooms on top, then sprinkle with remaining cheese. Cover with top buns.

Melt 2 Tbsp butter, and place in a small bowl. Stir in Parmesan cheese. garlic powder and 1/4 tsp kosher salt. Brush tops with Parmesan mixture.

Bake for 12 to 15 minutes, or until lightly browned and cheese has melted. Cut sliders into individual portions. Serve immediately.

Makes 12 sliders.

Adapted from Carolynscooking.com