

| Aid.Station        | Section Distance | Total Distance | cut.run  | cut.clock | my.time | Ascent | Descent | Crew Access | To Do                   | Dad               |
|--------------------|------------------|----------------|----------|-----------|---------|--------|---------|-------------|-------------------------|-------------------|
| Mohican State Park | 0                | 0              | 0:00:00  | 5:00      | 5:00    | 0      | 0       | Yes         |                         | YES               |
| Gorge Overlook     | 4.1              | 4.1            | 1:18:23  | 6:18      | 6:12    | 824    | 579     | Yes         |                         |                   |
| Fire Tower         | 4.5              | 8.6            | 2:44:24  | 7:44      | 7:31    | 583    | 338     | Yes         | headlamp (please)       | YES               |
| Covered Bridge     | 6.2              | 14.8           | 4:42:56  | 9:42      | 9:21    | 1072   | 1429    | No          |                         |                   |
| Hickory Ridge      | 5.6              | 20.4           | 6:29:59  | 11:29     | 11:00   | 545    | 226     | No          |                         |                   |
| Mohican State Park | 6.9              | 27.3           | 8:41:53  | 13:41     | 13:02   | 570    | 1021    | Yes         |                         |                   |
| Gorge Overlook     | 3.8              | 31.1           | 9:54:32  | 14:54     | 14:09   | 884    | 639     | Yes         |                         |                   |
| Fire Tower         | 4.5              | 35.6           | 11:20:33 | 16:20     | 15:28   | 583    | 338     | Yes         | return headlamp, charge | YES               |
| Covered Bridge     | 6.2              | 41.8           | 13:19:05 | 18:19     | 17:18   | 1072   | 1429    | No          |                         |                   |
| Hickory Ridge      | 5.6              | 47.4           | 15:06:08 | 20:06     | 18:57   | 545    | 226     | No          |                         |                   |
| Mohican State Park | 6.9              | 54.3           | 17:18:02 | 22:18     | 20:59   | 570    | 1021    | Yes         | spare headlamp          | YES               |
| Gorge Overlook     | 3.8              | 58.1           | 18:30:41 | 23:30     | 22:06   | 884    | 639     | Yes         |                         |                   |
| Fire Tower         | 4.5              | 62.6           | 19:56:42 | 0:56      | 23:25   | 583    | 338     | Yes         |                         | YES START RUNNING |
| Covered Bridge     | 2.6              | 65.2           | 20:46:24 | 1:46      | 0:11    | 226    | 583     | No          |                         | with dad          |
| Hickory Ridge      | 5.6              | 70.8           | 22:33:28 | 3:33      | 1:50    | 545    | 226     | No          |                         | with dad          |
| Mohican State Park | 6.9              | 77.7           | 24:45:22 | 5:45      | 3:52    | 570    | 1021    | Yes         |                         | STOP RUNNING      |
| Gorge Overlook     | 3.8              | 81.5           | 25:58:00 | 6:58      | 4:59    | 884    | 639     | Yes         |                         |                   |
| Fire Tower         | 4.5              | 86             | 27:24:02 | 8:24      | 6:19    | 583    | 338     | Yes         |                         |                   |
| Covered Bridge     | 2.6              | 88.6           | 28:13:44 | 9:13      | 7:05    | 226    | 583     | No          |                         |                   |
| Hickory Ridge      | 5.6              | 94.2           | 30:00:47 | 11:00     | 8:44    | 545    | 226     | No          |                         |                   |
| Mohican Adventures | 6.3              | 100.5          | 32:01:14 | 13:01     | 10:35   | 570    | 1021    | Yes         |                         | YES               |