

Sequenc	Aid Station	Section Distance	Total Distance	Crew Access	cut.pace	cut.time	my.time	my.pace	Drop Bag	Section Asc	Section Descent	Section Elev. Ch.	Total Ascent
Start	Mohican Adventures I	0	0	Yes	00:00:00	05:00	05:00	00:00:00	-	NA	NA	NA	NA
1A	Gorge Overlook	5.9	5.9	Yes	01:53:05	06:18	06:24	01:24:34	No	1047	725	322	1047
2B	Fire Tower	4.3	10.2	Yes	03:15:30	07:44	07:26	02:26:12	No	604	496	108	1651
3C	Covered Bridge	6.4	16.6	No	05:18:10	09:43	08:57	03:57:56	Yes	806	1151	-345	2457
4D	Hickory Ridge	5.6	22.1	No	07:03:35	11:31	10:16	05:16:46	No	1001	698	303	3458
5E	Mohican Adventures I	5	27.1	Yes	08:39:25	13:43	11:28	06:28:26	Yes	400	739	-339	3858
6A	Gorge Overlook	5.8	32.9	Yes	10:30:35	14:56	12:51	07:51:34	No	1047	725	322	4905
7B	Fire Tower	4.3	37.2	Yes	11:53:00	16:22	13:53	08:53:12	No	604	496	108	5509
8C	Covered Bridge	6	43.1	No	13:46:05	18:21	15:17	10:17:46	Yes	806	1151	-345	6315
9D	Hickory Ridge	5.6	48.7	No	15:33:25	20:08	16:38	11:38:02	No	1001	698	303	7316
10E	Mohican Adventures I	5	53.6	Yes	17:07:20	22:20	17:48	12:48:16	Yes	400	739	-339	7716
11A	Gorge Overlook	5.8	59.4	Yes	18:58:30	23:33	19:11	14:11:24	No	1047	725	322	8763
12B	Fire Tower	4.3	63.7	Yes	20:20:55	00:59	20:13	15:13:02	No	604	496	108	9367
13C	Covered Bridge	2.6	66.3	No	21:10:45	01:49	20:50	15:50:18	Yes	149	493	-344	9516
14D	Hickory Ridge	5.6	71.9	No	22:58:05	03:37	22:10	17:10:34	No	1001	698	303	10517
15E	Mohican Adventures I	5	76.8	Yes	24:32:00	05:49	23:20	18:20:48	Yes	400	739	-339	10917
16A	Gorge Overlook	5.8	82.6	Yes	26:23:10	07:02	00:43	19:43:56	No	1047	725	322	11964
17B	Fire Tower	4.3	86.9	Yes	27:45:35	08:28	01:45	20:45:34	No	604	496	108	12568
18C	Covered Bridge	2.6	89.5	No	28:35:25	09:18	02:22	21:22:50	Yes	149	493	-344	12717
19D	Hickory Ridge	5.6	95.1	No	30:22:45	11:05	03:43	22:43:06	No	1001	698	303	13718
Finish	Mohican Adventures I	5.1	100.2	Yes	32:00:30	13:06	04:56	23:56:12	-	400	739	-339	14118