

David Sangmin Park

Fremont, CA 94539 • [linkedin.com/in/david-s-park](https://www.linkedin.com/in/david-s-park)
dspark410@gmail.com • (901)786-8953

Education:

The University of Tennessee, Knoxville

Bachelor of Arts in Psychology

August 2010 – May 2015

Master of Science in Exercise Physiology

August 2016 – May 2018

Professional Experience:

Roche Molecular Systems, Inc., Pleasanton, CA

December 2018 - Present

Health Fitness Professional

- Developed, managed and implemented health promotion programs and wellness initiatives. Established wellness team goals and strategized the execution of these objectives.
- Provided monthly, quarterly, and annual reports on program deliverables regarding key metrics including attendance and outcome measures.
- Managed and assisted with operating budget and ensured expenditures are in accordance with applicable procedures and policies.
- Integrated health promotion marketing procedures utilizing member engagement software and internal websites.
- Established personal training and group exercise programs, and designed health assessment protocols.

The University of Tennessee, Knoxville, Knoxville, TN

August 2016 – May 2018

Graduate Teaching Associate

- Instructed Exercise Fitness Testing and Prescription, Physiology, and Anatomy courses.
- Evaluated progression of students regarding course work and assessed academic performance.
- Prepared and administered examinations, provided weekly office hours, and counseled undergraduate students.

The University of Tennessee, Knoxville, Knoxville, TN

August 2016 – May 2018

Physical Education Activity Program Instructor

- Instructed Physical Education courses including Exercise and Nutrition, Weight Training, Conditioning, and General Wellness Education.
- Created curriculums, syllabi, and course objectives. Managed and evaluated student abilities through performance assessments.
- Developed and implemented academic testing and procedures. Created documentation and reports for course development.

Champion Physical Therapy, Alcoa, TN

August 2015 – July 2016

Lead Physical Therapy Technician

- Consulted with clinic director to deliver exceptional patient care, rehabilitation, and home exercise programs.
- Managed patient documentation, reporting, and verified medical insurances.
- Trained, evaluated, and supervised new hires to the physical therapy technician role. Designed and implemented new hire training manual for use during training period.
- Supervised and mentored undergraduate students during their clinic internship.

Certifications:

American College of Sports Medicine

- Certified Exercise Physiologist, ACSM - EP
- Certified Personal Trainer, ACSM - CPT

American Red Cross

- CPR/AED Certification

Functional Movement Systems

- Functional Movement Screen – FMS Level 1