



# RESOURCE LINE

Volume 11, Issue 11

November 2003

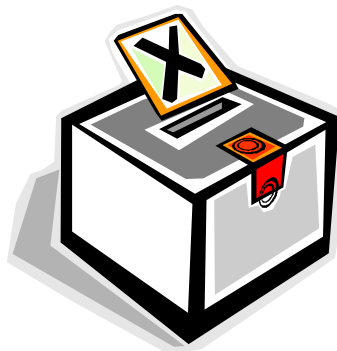
## Inside this Issue:

## Gay and Lesbian Resource Center Elects New Board of Directors for 2004!

The General Membership meeting of the Cedar Rapids Gay and Lesbian Resource Center was held at 2:00pm on October 5, 2003 at the current Center located at 305 2<sup>nd</sup> Street SE, Suite 324 in the Paramount Building!

Although the public turn out was light in comparison to most functions, individuals who wanted to be on the board, or have a say in the elections were present to say what they felt they needed to say. Although the Board of Directors is comprised of 10 individual seats, it is required at any given point to have 6 of the seats to be filled. The election succeeded in filling those 6 seats with the following individuals being nominated and elected into office beginning January 1, 2004:

Brian Childs—1 year term of office  
Alan Fredricksen---2 year term of office  
Brian Martin---2 year term of office  
Sandra Reimer---2 year term of office  
Scott Alt---2 year term of office  
John Zehms---1 year term of office



The Executive Board, consisting of the President, Vice President, Secretary, and Treasurer will be determined by a later date by vote of the new board. The remaining 4 seats, which are vacant can be filled by anyone from the public who wishes to be nominated and elected into one of the seats. The board of 2003 and the board-elect all encourage any individual who would like to become part of such a worth-while and necessary organization to please contact one of the above names or call the Center!!! The new board with all their fresh and innovative ideas are going to strive to take the Center into areas which have thus far been untapped and hopefully bring the Center more public with its resources and information. We hope the public welcomes the new board and begins to become more involved in the Gay and Lesbian Resource Center.

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### GLRC Board of Directors

Acting President: Gary Van Fleet  
Secretary: Lorma Lang  
Treasurers: Deb Loftsgard  
Doug Davidson  
Members at Large: Nancy Bernardi  
John Sealy, Ryan Wheeler

### GLRC Resource Line

Brian Martin, Editor  
Dick Spurlock, Staff  
Ryan Wheeler, Staff

The **Resource Line** is a monthly publication of the GLRC of Cedar Rapids, IA, a non-profit organization under IRS code 5011. Articles and advertisements are welcome from anyone, and are subject to editing as needed. Mail or e-mail submissions to the attention of the Editor, GLRC  
**Resource Line**  
[newsletter@erglrc.org](mailto:newsletter@erglrc.org)

## Waterloo CAAP Benefit 2003

The Community AIDS Assistance Project presents CAAP Benefit 2003 Saturday, November 8, 2003, Electric Park Ballroom 310 West Conger Street. Doors open at 6:00pm and the show begins at 6:45 PM. The benefit's MCs will be Jessica Tyler and Ruby James Knight. The annual "Keeper of the Wings Award" will be presented to an individual or group for outstanding work done on behalf of AIDS Support. Contact CAAP at 319-235-7577.

## New GLBT AA Meeting started in Cedar Rapids

A new meeting of Alcoholics Anonymous has been started for area gay, lesbian, bi and transgendered members of the community. The meeting is being held at Faith United Methodist Church located at 1000 30<sup>th</sup> St NE.

The meeting starts at 7 p.m. on Wednesday nights, has a smoke break in the middle and ends by 8:30 p.m.


As with many AA meetings, the only requirement for membership is a desire to stop drinking. If you think you may have a problem with alcohol, come join us and talk about it in an environment where you can be totally open and honest.

Feel free to call me at 362-1504 if you have any

questions or need directions. Or you can e-mail me at [dotsheldon@cs.com](mailto:dotsheldon@cs.com).




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## **GLRC Celebration!!!**

### **2003 Fundraiser**

Where: Club Basix, Cedar Rapids

When: November 9, 2003 Sunday

9:00 pm (Drink Specials Earlier)

**WHY:** To Come together as a community and  
celebrate the fact that the Gay and Lesbian Resource  
Center exists in Cedar Rapids, Iowa

Drink Specials, Fun, and Entertainment:

**Val McNamara, Ebony Love, Pretty  
Belle, Chanel Cavalier, and JD  
Lesbiani**  
**with additional very special GUESTS!!!!**

**+++ALL PROCEEDS OF THIS SPECIAL NIGHT  
GO TO THE OPERATING FUND OF THE  
GAY AND LESBIAN  
RESOURCE CENTER OF CEDAR RAPIDS+++**



# Cedar Rapids Gay & Lesbian Resource Center presents **GAY AMERICAN SMOKE OUT** November 20, 2003



Take  
Your  
Last  
Drag

The Gay American Smoke Out is an opportunity for Gay, Lesbian, Bisexual and Transgendered (GLBT) individuals to challenge themselves to quit smoking.

*Stop Smoking Kits* will be available at the Resource Center for all those who are interested in participating in the GAY American Smoke Out.

An *educational meeting* will be held.

Check the November issue of the Resource Line or call the GLRC for more information

**(319) 366-2055**

305 Second St. SE, Suite 324 • Cedar Rapids



## 3<sup>rd</sup> Annual Gay American Smoke Out Informational Meeting

November 19<sup>th</sup> 7:00 PM At The Cedar Rapids GLRC

The Cedar Rapids Gay and Lesbian Resource Center (CRGLRC) is participating in this powerful event for the third year in a row, and this year we are taking new approach. While the actual date for the event is November 20, 2003, this year we are holding an educational meeting the night before the Smoke Out. In this way, you will be educated on all the quintessential points before the actual day you accept the challenge to quit smoking. Please join us at the CRGLRC on Wednesday, November 19, 2003 for refreshments, snacks, and door prizes, along with an educational Stop Smoking discussion with Jacqueline Gilman. Jacqueline is a Tobacco Prevention Specialist from the Area Substance Abuse Council. She will be speaking on the effects of smoking, second-hand smoke, and has some telling visual aids with which to communicate this event's message.

If you would like to quit smoking, this is the perfect time! Come down to the CRGLRC on November 19, 2003 at 7:00 PM to find out how! If you are in the proc-

ess of quitting and would like some additional inspiration, or even if you have successfully quit and would like to provide inspiration for others, we would love to see you at the meeting as well. Please note that if enough people show interest, Jacqueline would be happy to provide a complete stop smoking program through the CRGLRC. For more information, please email [salt@crglrc.org](mailto:salt@crglrc.org) or call the CRGLRC 319-366-2055. The CRGLRC is located at 305 Second Street S.E. in Downtown Cedar Rapids. The center is on the third floor of the Paramount Building in Suite 323.

**Happy Thanksgiving to you  
and your families**



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# GLRC Sponsorship Form

The Gay and Lesbian Resource Center of Cedar Rapids is a 501(c3) non-profit organization. As a sponsor of the GLRC, you can help us to continue providing information, referral, and support services in Cedar Rapids and surrounding communities. Become a part of the GLRC by sending your tax-deductible sponsorship donation today. In return, you will receive the GLRC's community newsletter, the Resource Line, delivered to your home or office each month to keep you informed of the latest community news.

Please make checks payable to GLRC of Cedar Rapids  
You may send your completed form  
and sponsorship donation  
(check or money order) to  
GLRC of Cedar Rapids  
P.O. Box 1643  
Cedar Rapids, IA 52406-1643

## Sponsorship Levels:

|                |              |                 |              |
|----------------|--------------|-----------------|--------------|
| Less than \$50 | Red Swirl    | \$200 to \$349  | Green Swirl  |
| \$50 to \$119  | Orange Swirl | \$ 350 to \$599 | Blue Swirl   |
| \$120 to \$199 | Yellow Swirl | \$600 and above | Violet Swirl |

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Sponsorship Amount: \_\_\_\_\_

## Happy Thanksgiving

When buying or selling a home choosing a Realtor with experience and a track record of success is key.

As we enter the holiday season time of year, we all like to know our goals for the year are met, our achievements are accomplished, and we can sit back, relax and just enjoy the comforts with the special people in our lives.

The Gay and Lesbian Community of Cedar Rapids and surrounding communities is growing stronger by the year and I am proud to play a part in that community!

You too, can take advantage of today's low interest rates and Low Down payment loan programs and become homeowners!

**Call Me!**

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Brian E. Martin, Broker Associate  
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Mobile: 319-241-7589  
Office: 319-393-9070  
Email: [RealtorCedarRapids@mchsi.com](mailto:RealtorCedarRapids@mchsi.com)



## The QUIRE's Holiday Concert

The December 6<sup>th</sup> holiday concert will be held on Saturday at 8:00 PM at Zion Lutheran Church, 310 N. Johnson St in Iowa City. The December 14<sup>th</sup> concert will be held on Sunday at 3:00 PM at Faith United Methodist Church, 100- 30<sup>th</sup> St NE in Cedar Rapids.]

This year's program includes a diverse selection:

- ?? Winter Solstice Moon by David Frank Long,
- ?? Ruth Huber's Sacred Circle, a variety of carol arrangements
- ?? Antonio Vivaldi's Magnificat (with orchestra)
- ?? Cold & Fugue Season by J. S. Bach / arranged Foncannon
- ?? And Steve Allen's Cool Yule – to launch release of our latest C.D. "Cool Yule"

Admission is free, but a free-will offering will be taken during intermission of the concert!

# WORLD AIDS DAY BENEFIT

Thursday, December 4, 2003

Doors open at 5:30 p.m.

**Collins Plaza Hotel**

*New Venue!*

Cedar Rapids

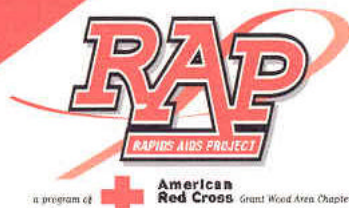
Dinner and Music

Live and Silent Auctions  
showcasing hundreds  
of items.

Quilt panels from  
the Names  
Project

Recognize  
those fighting HIV  
and AIDS, and honor  
those who have lost their fight.

Tickets are \$40 and must be purchased  
in advance. For tickets call the Rapids AIDS  
Project, a program of the American Red Cross 393-3500.



# Smoking, HIV Infection, and Gay Men in the United States

Daid R. Arday, Brian R. Edlin, Gary A. Giovino, David E. Nelson

**O**n 13 August 1992 the Wall Street Journal announced, "The tobacco industry, after being beaten back in its controversial efforts to woo blacks and women, may be turning its marketing muscle on another minority. homosexuals". Philip Morris Inc reportedly planned to unveil its new Benson & Hedges Special Kings brand using advertisements in the national gay press.

Homosexual men in the US have been devastated by the epidemic of human immune-deficiency virus (HIV) infection. Niche marketing of tobacco products to homosexuals may be particularly invidious if smoking enhances the morbidity or mortality of HIV infection. Three questions bear on this possibility. Is cigarette smoking more prevalent among homosexual men than it is among heterosexual men? Does smoking increase the risk of acquiring HIV infection? Does smoking enhance the progression of HIV disease? Unfortunately, little conclusive research has been reported in any of these areas.

## Smoking prevalence among gay men

Although the prevalence of smoking has declined in recent years, data from several sources suggest that the prevalence of smoking among gay men is at least as great and probably somewhat greater than among men in the total population. Among a cohort of 202 Washington, DC, and New York City homosexual men (mean age; 34 years) enrolled in a prospective study of risk factors for HIV infection and acquired immune deficiency syndrome (AIDS), 46% (93) reported they were active cigarette smokers at enroll-

ment in 1982.<sup>3</sup> By comparison, National Health Interview Survey (NHIS) data showed that 35.1% of US adult men over the age of 18 smoked in 1983.<sup>2</sup>

In the 1984 population-based San Francisco Men's Health Study (998 men aged 24-55 years) the smoking prevalence was 41.8% among homosexual/bisexual enrollees, compared with 27.9% among heterosexual enrollees. The prevalence of heavy smoking (>2 packs per day) was higher among homosexual and bisexual men (8.3%) than among heterosexual men (2.5%), and it was highest among HIV-seropositive men (9.4%).

In a 1991 San Francisco convenience sample survey of alcohol and other drug use among 416 gay and bisexual men (mean age: 35 years; age range: 18-76 years; 79% white; 88% with 13 or more years of education), 37.3% (155) reported they were current cigarette smokers (J Kelly, EMT Associates, Sacramento, CA, unpublished report, 1991). By comparison, the 1990 NHIS smoking prevalence among all US men over the age of 18 was 28.4%, and among all US white men over the age of 25 with 13 to 15 years of education it was 25.4%. The 1989 smoking prevalence among all men over the age of 18 in San Francisco was 25.5%, according to a study by the State of California.

## Smoking and the risk of HIV infection

Whether smoking affects the risk of acquiring HIV infection is uncertain. Several research teams<sup>3,4,6</sup> have reported a higher risk of sexually acquired HIV infection among cigarette smokers, but

these studies have been limited in their ability to control for the behavior most likely to be the strongest risk factor for HIV acquisition - unprotected sexual intercourse with an infected partner. Smoking was clearly associated with riskier sexual practices in all these studies. In one study of Haitian women, however, the association between smoking and HIV infection among a sub-group of women living in houses with concrete floors (a marker for higher socioeconomic status) remained after the data were adjusted for the number of sexual partners.

## Smoking and immune function

Numerous clinical studies have shown alterations in immune function and inflammatory response among cigarette smokers, including elevated leukocyte counts, alterations in T-lymphocyte subsets, and changes in immuno-globulin levels. Normal T-cell function plays an essential part in the defense against the development of both infection and neoplasia. Analysis of T-lymphocyte subsets in smokers have generally shown increases in total T-cell and CD4+ (T-helper) cell counts in light and moderate smokers, but a relative decrease in the CD4+ subset and an increase in the CD8+ (T-suppressor) subset in heavy smokers, though these changes are generally reversible with smoking cessation. In addition, smokers have a significantly lower proportion of circulating natural killer cells, a decrease that persists despite smoking cessation.

Cigarette smoking effects on CD4+ cells have been recently

(Continued on page 9)



(Continued from page 8)

studied in both healthy and HIV infected individuals. Smoking increases CD4+ cell counts in healthy whites, though the reverse may be true in blacks. CD4+ cell counts have been noted to fall in smokers who quit and to increase in non-smokers, compared with non-smokers, in studies of men and with recent HIV infection; but these counts initially fall faster in smokers, and the difference between the counts for smokers and non-smokers is markedly reduced within 2 years after seroconversion. Such effects may require clinicians and researchers who measure CD4+ T -lymphocyte counts in HIV-infected individuals to consider smoking status when interpreting CD4+ cell levels in recently infected persons.

#### **Smoking and the course of HIV disease**

Despite their initially higher CD4+ T-lymphocyte counts, smokers with HIV infection do not fare bet-

ter than non-smokers, and they may do worse. Two recent prospective studies have examined the effects of smoking status on dates of HIV seroconversion. In a study of male sexual contacts of men with AIDS, smoking status at enrollment was not associated with the contacts' later progression to AIDS. The subjects were not stratified by amount of cigarette consumption, however, so an effect limited to heavy smokers might not have been detected. In a more detailed analysis, Burns similarly reported that smoking was not associated with a subsequent increased risk of either *Pneumocystis carinii* pneumonia (PCP) or other AIDS-defining conditions. A number of these subjects reduced or discontinued their smoking during the study, however, and the study may not have had enough power to control for this and identify a meaningful dose effect.

In two other analyses, smoking was associated with an increased

risk of AIDS or PCP. These studies controlled for CD4+ T -lymphocyte cell counts rather than time of seroconversion, and the findings might have resulted from higher CD4+ cell counts in smokers at seroconversion rather than faster progression to AIDS. In a third analysis, researchers found no association after adjusting for duration of HIV infection.


#### **Conclusions**

In summary, homosexual men do appear to have a higher prevalence of smoking than do men in the general population, though no firm conclusions can be drawn about the association between smoking and HIV-associated morbidity. Clearly, any increase in smoking would be expected to be harmful to the gay population.

As early as 1985, Newell called for smoking cessation as a possible means of reducing the risk of homosexual men acquiring AIDS. While it is not clear that smoking increases the risk of acquiring HIV

infection, given the high smoking prevalence among gay men, smoking cessation efforts targeted to this population are certainly needed for a variety of health reasons. With AIDS ravaging gay communities in the USI niche marketing of tobacco products to gays only adds further insult to a population already at risk

(Reprinted by permission from BMJ Publishing Group Tobacco Control 1993; 2: 156-158).



**O**VER THE RIVER AND  
THROUGH THE  
WOODS...

To the Second Annual Free  
**GLRC HOLIDAY  
DINNER**  
(Date to be announced)

RSVP by calling the GLRC at  
319-366-2055 or by email at  
[info@crglrc.org](mailto:info@crglrc.org)

*If you would like to make a food  
donation or volunteer your time at this  
event, please let us know!*

**MORE INFORMATION WILL BE COMING, SO CHECK THE  
DECEMBER ISSUE OF RESOURCE LINE OR THE GLRC WEBSITE AT  
[WWW.CRGLRC.ORG](http://WWW.CRGLRC.ORG)**

# Area Resource List

See our Rainbow Pages (<http://www.crglrc.org/rainbow>) for more listings

## BUSINESS SERVICES

- John "JB" Beck, Realtor**  
Iowa Realty  
319-393-4900 (Business)  
319-981-9260 (Mobile)
- David J. Cleary, Realtor**  
Iowa Realty  
319-366-2394 X14 (Business)  
319-298-1872 (Home)
- Kathy Hall, Realtor**  
Marion Arens & Associates  
319-362-9111 (Business)  
319-269-0024 (Home)
- Brian E. Martin, Realtor**  
WHY USA - Advantage Reality  
319-393-9070 (Business)  
319-364-3777 (Home)
- Hanna B. Weston, Attorney at Law**  
305 2<sup>nd</sup> St. SE Suite 420  
Cedar Rapids, IA 52401  
319-366-7796

## ENTERTAINMENT

- Club Basix**  
3916 1<sup>st</sup> Ave NE  
Cedar Rapids, IA 52402  
319-363-3194
- CSPS (Community Arts Center)**  
1103 3<sup>rd</sup> St. SE  
Cedar Rapids, IA 52401  
319-364-1580
- One Flight Up**  
44-48 Main St.  
Dubuque, IA 52001  
563-582-8357
- Studio 13**  
13 S Linn  
Iowa City, IA
- The Metro**  
GLBT Bar  
510 Mulberry (between 4<sup>th</sup> & Park)  
Waterloo, IA 50703  
319-232-2239

## HEALTH

- AIDS Interfaith Network of Eastern IA**  
162 East 4<sup>th</sup> St.  
Waterloo, IA 50703
- Cedar Rapids Clinic for Women**  
Health care services by women, for women. Gynecological exams, STD testing and treatment. All Services confidential  
4089 21<sup>st</sup> Ave SW, Suite 211  
Cedar Rapids, IA 52404  
319-390-4342
- Iowa Center for AIDS Resources & Education (ICARE)**  
321 East First St.  
Iowa City, IA 52240  
319-338-2135 or [info@icare-ia.org](mailto:info@icare-ia.org)  
<http://www.icare-ia.org>
- Iowa City Free Medical Clinic**  
Fine Confidential HIV Testing  
120 North Dubuque St.  
Iowa City, IA 52245  
319-337-4459

## Linn County Health Department

Free Confidential HIV Testing  
501 13<sup>th</sup> St. NW  
Cedar Rapids, IA 52405  
319-892-6000

## Planned Parenthood East Central Iowa

Confidential STD Testing & Treatment for Men and Women  
Full Gynecological Exams for Women  
1500 2<sup>nd</sup> Ave SE, Suite 100  
Cedar Rapids, IA 52403  
319-363-8572  
<http://www.plannedparenthood.org>

## Rapids AIDS Project

6300 Rockwell Dr. NE  
Cedar Rapids, IA 52402  
319-393-9579 or [rap@crossnet.org](mailto:rap@crossnet.org)  
<http://www.redcross.org/ia/cedarrrap/rap.html>

## PUBLICATIONS

### Access Line

Iowa's Newspaper for LGBT  
PO Box 1682  
Waterloo, IA 50704  
319-232-6805 or [Accessline@mchsi.com](mailto:Accessline@mchsi.com)

### Resource Line

GLRC Monthly Newsletter  
PO Box 1643  
Cedar Rapids, IA 52406-1643  
319-366-2055 or [info@crglrc.org](mailto:info@crglrc.org)

### This Week in Eastern Iowa

[http://groups.yahoo.com/group/glbtiissues\\_easterniowa](http://groups.yahoo.com/group/glbtiissues_easterniowa)  
Edited/Operated by Tony Hasen  
[Thansen@crglrc.org](mailto:Thansen@crglrc.org)

## SOCIAL / SUPPORT

### Coe Alliance

Weekly Meetings & Events  
[www.public.coe.edu/organizations/alliance](http://www.public.coe.edu/organizations/alliance)  
319-399-8594 or [jchaimov@coe.edu](mailto:jchaimov@coe.edu)

### GLRC of Cedar Rapids

Drop-In Thursdays 7 - 9 PM  
305 2<sup>nd</sup> St SE, Suite 324  
Cedar Rapids, IA 52401  
319-366-2055 or [info@crglrc.org](mailto:info@crglrc.org)  
<http://www.crglrc.org>

### GraDykes

Iowa City, IA  
For bi/les/queer/dyke identified women in Grad School  
319-377-7661

### OWLS

Older & Wiser Lesbians  
Monthly Potluck & Social  
319-339-4604 & [katharn@avalonl.net](mailto:katharn@avalonl.net)

### Spirit Hill Women's Retreat

Info, counseling, Women's Dance on 1<sup>st</sup> Saturday of each month  
319-643-2613

### The Quire (Eastern Iowa's GLBT Chorus)

Rehearsals 6:15—8:30 PM  
Faith UCC, 1609 Forest St  
Iowa City, IA  
<http://www.thequire.org>

## UNITY

GLBT Club for Students at Kirkwood Community College in CR  
Julia Haseleu  
[Jhasele@kirkwood.cc.ia.us](mailto:Jhasele@kirkwood.cc.ia.us)

## SPIRITUAL / WORSHIP

### Faith United Methodist Church

A Reconciling Congregation  
Worship Service at 11AM  
1000 30<sup>th</sup> St. NE  
Cedar Rapids, IA 52402  
319-363-8454  
<http://www.crfaihtumc.org>

### Pathways of Light Spiritual College

Rev. Lorna Lang, O.M.C.  
Ordained Minister available for Unions & other ceremonies. Relationship Counseling for Couples & individuals, and Study Groups.  
319-447-5729

### Peoples Church Unitarian Universalist

A Welcoming Congregation  
Forum at 10 AM, Worship Service at 11 AM  
600 3<sup>rd</sup> Ave SE  
Cedar Rapids, IA 52403  
319-362-9827  
<http://www.peoples.cedarrrapids.uus.org>

### Unity Center of Cedar Rapids

Rev. Thelma Hembroff  
Sunday Service 10 AM  
3791 Blairs Ferry Road NE  
Cedar Rapids, IA 52402  
319-393-5422 or  
319-393-6837 (dial-a-prayer)

## SUPPORT

### First Friday Breakfast Club in the Corridor

Meets First Friday of each month at 7 AM at the Clarion Hotel on 33rd St SW  
Email Jacob Wittrock for more information  
[ffb2@hotmail.com](mailto:ffb2@hotmail.com)

### GLBT AA

Wednesday nights at 7 PM  
Faith United Methodist Church  
1000 30 St NE  
Cedar Rapids, IA 52402

### Iowa Artistry

Transgender Support  
PO Box 11093  
Cedar Rapids, IA 52410  
[IowaArtistry@igforum.com](mailto:IowaArtistry@igforum.com)  
[www.transgender.org/iaor/index.html](http://www.transgender.org/iaor/index.html)

### National AIDS Hotline

Call 319-393-9579 for information

### PFLAG

Parents & Friends of Lesbians & Gays  
4<sup>th</sup> Tuesday, Faith United Methodist Church  
1000 30<sup>th</sup> St. NE  
Cedar Rapids, IA 52402  
319-399-2543 or [Pflagcr@yahoo.com](mailto:Pflagcr@yahoo.com)  
<http://www.geocities.com/pflagcr>

### Women's Chat Support Group

2nd Wednesday of every month  
6:30-8:30 PM at GLRC  
305 2<sup>nd</sup> St SE, Suite 324  
Cedar Rapids, IA 52401  
319-366-2055

# NOVEMBER 2003

## GLRC AND COMMUNITY EVENTS

All Calendar events are held at the GLRC (305 2nd St SE, Suite 324)  
Unless otherwise specified (Tel: 319-366-2055)

See the area resource list for other location address

| Sun   | Mon                           | Tue                                      | Wed  | Thu  | Fri   | Sat  |
|---|-------------------------------|--|--|--|---|--|
|   |                               |  |  |  |   | 1  |
| 2<br>GLRC Board Meeting<br>2 PM                 | 3<br>Drop-in night<br>7-9 PM  | 4  | 5<br>GLBT AA 7 pm<br>Faith UMC   | 6<br>Drop-in night<br>7-9 PM   | 7<br>FFBC2<br>7:00AM<br>Clarion Hotel                     | 8<br>CAAP Benefit<br>2003<br>Waterloo IA<br>6 PM |
| 9<br>GLRC 2003 Fundraiser<br>Club Basix<br>9 PM | 10<br>Drop-in night<br>7-9 PM | 11                                       | 12<br>Women's Group<br>6:30—8:30 PM<br>GLBT AA 7 pm<br>Faith UMC         | 13<br>Drop-in night<br>7-9 PM  | 14<br>Open Door<br>Coffee House<br>7:00PM<br>Faith UMC    | 15   |
| 16  | 17<br>Drop-in night<br>7-9 PM | 18                                       | 19<br>GLBT AA 7 pm<br>Faith UMC<br>Gay Smoke Out<br>Info Meeting<br>7 PM | 20<br>Gay American<br>Smoke Out Day  | 21<br>Movie Night<br>7 PM<br>Faith UMC<br>Dad's Group 7pm | 22   |
| 23  | 24<br>Drop-in night<br>7-9 PM | 25<br>PFLAG Meeting<br>Faith UMC<br>7 PM | 26<br>GLBT AA 7 pm<br>Faith UMC  | 27<br>Thanksgiving<br> | 28  | 29   |
| 30  |                               |  |  |  |   |  |

### EVENTS COMING UP!! Mark your calendars

December 6, 2003 (8 PM) QUIRE Holiday Concert Iowa City Zion Lutheran Church  
December 14, 2003 (3 PM) QUIRE Holiday Concert Cedar Rapids Faith United Methodist Church  
January 8, 2004 Cedar Valley Humane Society Benefit Club Basix



PO Box 1643  
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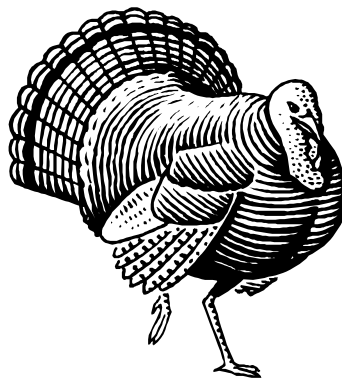
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Happy thanksgiving