



RESOURCE LINE

Volume 11, Issue 6

July 2003

Cedar Rapids Pride Festival 2003

by Brian E. Martin

The annual Cedar Rapids Pride Festival kicked off June 7, 2003, in Green Square Park to the powerful vocal talents of Anjila Cavalier singing the National Anthem. There were no rainbows in the sky, only a hot sun on a wonderful day. But on the ground, the rainbows were plentiful and the spirit of unity, friendship, and true pride in your sexuality was present no matter where you looked.

The Pride Fest committee led by Rita Wall really showed that they could organize our 2003 Pride Festival and encourage our community to come together. Linda Davenport, Vendor Chairperson, organized a variety of vendors from Church organizations, Pride Trinkets, ArtWork, to Real Estate Firms. This gave all of the community an opportunity to meet some of the professionals in their area should the need ever arise to use their services.

After many introductions from Andy Harrison, a.k.a. Pretty Belle, Master of Ceremonies, Russ Harwick took to the podium to announce the new Mr. and Ms. Gay Pride Cedar Rapids 2003 titleholders. It is the communities' pleasure to announce the new titleholders as follows:

Alan Fredericksen, Mr. Gay Pride Cedar Rapids 2003-2004

Linda Davenport, Ms. Gay Pride Cedar Rapids 2003-2004

We all look forward to watching and working with them in their capacity in the next year for the betterment of the Gay and Lesbian Community. Good luck you two! As is usual for all Pride Festivals, entertainment is a major part of the festivities. Gary Van Fleet, Entertainment Coordinator, organized a very diverse group of people to keep the crowd on their feet and their hands together. The entertainment line up went as follows:

Jamie Summers, Miss Iowa US of A

Dusty Michaels, Mr. Eastern Iowa Gay Pride 2003
Chanel Cavalier, Ms. Eastern Iowa Gay Pride 2003
Rodrigo, Mr. Teen Iowa



**JD Lesbiani
performing**

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GLRC July Resource Line

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The **Resource Line** is a monthly publication of the GLRC of Cedar Rapids, IA, a non-profit organization under IRS code 5011. Articles and advertisements are welcome from anyone, and are subject to editing as needed. Mail or e-mail submissions to the attention of the Editor, GLRC **Resource Line**

(Con't on Page 2)

**Samantha Star, Ms. Teen Iowa-
Joan Kato, Miss Johnson
County, 4th Runner up- Miss Iowa**

Other Entertainers: Anjila Cavalier, Madison Cavalier, Jess Lesbiani, JD Lesbiani, Nikki Lunden, and Sean Cocks

Although all of the above fabulous entertainers did and gave all they had for the crowd, the crowd anxiously awaited the performance from the two special guests.

Kristie Stremel, a gifted songwriter and powerful musical performer first and gave us several selections with enthusiastic charisma. Kristie first started playing electric guitar at age 12, forming her first band at age 15. Kristie played a major part of several band through the years before finally going solo in 2000. She released her first album, "**All I Really Want**" in September 2001 with a very personal and soulful sound.

Paul Lekakis, best known for his top ten dance hit, "**Boom Boom Let's Go Back to My Room**" sure had the crowds' full attention from the minute he stepped on stage. His powerful and energetic performance had the crowd moving to the strong beat. Paul will be featured in the Regent Entertainment release "**Just Can't Get Enough**" (The



Kristi Stremel perform-

Chippendale Story). The community at large would like to take the time to thank both these talented individuals for joining all of us to celebrate the pride we have in ourselves. Anjila Cavalier so graciously agreed to treat us all to an impromptu Pet Contest, something we have all enjoyed in past years, and the pet turnout this year was quiet large. There were a few tense moments as dogs protected their space and their owners, but fortunately nothing got out of hand. Thank you for everyone who brought their loved pets with them for having them on leashes.

As in all non profit functions, it is impossible to facilitate without sponsorships and all the sponsors this year provided at least \$500.00 each in cash, advertising, and/or merchandise to make this year such a success. The Sponsors of Pride Fest 2003 were:

**Wells Fargo Insty Prints
ID Lube Club Basix Fleck
SalesIowa Comm. Aids Partnership
Rapids Aids Project
Gay and Lesbian Resource
Center of Cedar Rapids**



Paul Lukakis performing

We thank all the above for making this all possible.

This years symbol, the inter joined pieces of a puzzle in Rainbow Pride colors was unique and really showed how all the diverse races, sexes, and personalities can come together to be one.

Nancy Bernardi designed the symbol for 2003. The day unfortunately had to come to

a close and everyone left with a good feeling in their hearts, a sense of extreme pride, and a hope of promise for the future.



Happy Spectators

Doug Davidson, Pride Fest 2003 Treasurer says: "This years Pride Fest was a fantastic success, and because of the cooperation, donations, and higher attendance, we now have a budget to begin planning and organizing Pride Fest 2004!" If you have any suggestions for Pride Fest 2004 or would like to volunteer to be part of the planning, please call the GLRC at 366-2055 or email them at info@crglrc.org.

(More Pride Photos on Page 4)

Cedar Rapids Pride Festival



Pride through Unity

June 7, 2003

Greene Square Park

First Friday Breakfast Club in the Corridor (FFBB2)

The excitement continues to build for the First Friday Breakfast Club in the Corridor (FFBC2). A delegation of men from Cedar Rapids traveled to Des Moines for a club meeting on June 7. Ambassador James Hormel was the speaker for the 200 plus crowd of men from all ages and backgrounds. The Des Moines

FFBC also presented the annual FFBC and Mathew Shepard scholarships to students from around the state.

The first FFBC2 meeting is set for 7:00 a.m. Friday, August 1, 2003 at the Clarion Hotel and Convention Center, 525 33 Avenue SW, Cedar

Rapids. The speaker is yet to be announced for this inaugural event. Typically the meeting lasts about 45 minutes to an hour. Cost of this first breakfast is \$12 per person. Please contact Jacob Witrock at ffbc1@hotmail.com for RSVP or further information

Pride Festival 2003 Photo Album



**Brian & John
Spectators**



**Faith United Methodist Church
Booth**



RAP Booth




Club Basix Booth




Human Rights Campaign Booth

The tallest mountains
aren't the ones you climb
with your feet.



Open hearts. Open minds. Open doors.
The people of The United Methodist Church*
Faith United Methodist Church
1000 30th Street NE
Cedar Rapids, Iowa
Sunday 11:00 a.m.



Woofers & Whiskers



Unique Gifts Birthday Cakes
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**99 N. Center Point Rd
Hiawatha, IA 52233**

Pet Bakery & Boutique **(319) 393-9441**

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VISION CENTER

Store 2827
2801 Commerce Dr.
Coralville, IA 52241
Phone: 319-645-6418
FAX: 319-645-6421

Div. of WAL-MART Stores, Inc.



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1614 ELLIS BLVD NW
CEDAR RAPIDS, IA 52405

DOUG DIGHTON

PHONE 319-364-3252
CELL 319-361-6199

**Please support GLRC by
attending the annual Picnic**




For all your real estate needs call

Kathy Hall
(319) 362-9111 Business
(319) 369-0024 Home

"Your Real Estate Professional"

 **MARIAN ARENS & ASSOCIATES** 


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**Pathways of Light
Spiritual College**

Rev. Lorma Lang, O.M.C.
Ordained Minister available for:
Unions and other ceremonies
Relationship counseling, couples/individuals
Study Groups

319-447-5729



Mark Your Calendar

Women's Support Group	July 8, 7-9 PM
GLRC Board Meeting	Sun July 13 -2 PM
Religion & Homosexuality	Wed July 16—7 PM
PFLAG	Tues July 22—7 PM
Movie Night	Thu July 24—7 PM
PRIDE Picnic	Sat July 26 11-4
Drop-in Nights	Every Thur 7-9 PM
LGBT AA Group	No longer meets

GLRC Eleventh PRIDE Picnic

Mark your calendar!!!

On July 26th, the GLRC will hold its eleventh annual Pride Picnic from 11:00 AM – 4:00 PM at Palasades Kepler State Park Pavilion. Tickets at the door are \$5.00!!!

This is one of the center's largest fundraisers of the year. We invite all to come and join in the fun! There will be live entertainment by LoJo, games, and a si-



lent auction. At 2:00 PM, there will be a live auction.

Lunch will be served at 12:00. Please bring a dish to share, your own tableware, and beverage. The GLRC provides the grilled meat (chicken breast, hamburgers, and hotdogs.)

We invite all to come and join in the fun!

Who *is* Lojo Russo?

Ms. Russo would prefer to remain an enigma...

....That notwithstanding, a few comments on the question "who is Lojo Russo?" Besides being a tremendously gifted songwriter, singer, instrumentalist, producer, and live performer, she is known for repeated outbursts of beatnik jargon while frequenting independent coffeehouses drinking double mocha latte with half-shot vanilla and browsing international magazines. From coffeehouses to the festivals, pubs to public

sidewalks—Lojo's been there, and played there.

She's performed both as a solo artist and with comrades in Twin Cities bands like Cats Laughing, and the eclectic combo Funks Grove, to thankful fans and positive critical review in venues from Minneapolis standbys like Cedar Cultural center, the Fine



Line Music Café, the National Women's Music Festival (IN), Midwest Autumnfest (Chicagoo, IL), West Coast Music and Comedy Festival (Yosemite, CA), and BayCon (San Francisco, CA) and maybe soon somewhere near you.

Notice!!!

Drop-In Mondays will be discontinued for the Summer months. The Center will be open for Drop-In Thursdays from 7—9 PM. Call the Center at 319-366-2055 if you have any questions or problems, leave a message, and someone will get back to you.

The Gay and Lesbian Resource Center of Cedar Rapids is a 501(c3) non-profit organization. As a sponsor of the GLRC, you can help us to continue providing information, referral, and support services to Cedar Rapids and surrounding communities. Become a part of the GLRC by sending your tax-deductible sponsorship donation today. In return, you will receive the GLRC's community newsletter, the *Resource Line*, delivered to your home or office each month to keep you informed of the latest community news.

Sponsorship Levels:

Less than \$50	Red Swirl	\$200 to \$349	Green Swirl
\$50 to \$119	Orange Swirl	\$350 to \$599	Blue Swirl
\$120 to \$199	Yellow Swirl	\$600 and above	Violet Swirl

Please make checks payable to: **GLRC of Cedar Rapids**

You may send your completed form and sponsorship donation (check or money order) to:

GLRC of Cedar Rapids
P.O. Box 1643
Cedar Rapids, IA 52406-1643

Name: _____

Mailing Address: _____

City, State, ZIP _____

Telephone: _____

Sponsorship Amount: _____

HIV Fact Sheet: The Basics

Human Immunodeficiency Syndrome, more commonly known as HIV is a virus that, if left untreated, slowly damages the body's immune system. Without a strong, healthy immune system, the body becomes susceptible to many infections and illnesses. If a person living with HIV becomes sick with one of the more serious types of these infections, they are said to have **Acquired Immunodeficiency Syndrome** or AIDS. While there is no cure for HIV or AIDS, people are living long productive lives, thanks to HIV medicines and aggressive treatment programs.

How HIV is Transmitted

Contrary to public perception, you can't get HIV infected by drinking from a water fountain, sitting on a toilet seat, hugging or touching an HIV infected person, or by eating off plates and utensils. The following are ways HIV can be transmitted from one person to another:

- By way of bodily fluids (blood, semen, and vaginal secretions) during sexual contact. **Saliva is not considered a transmission route for HIV.**
- By sharing needles to inject drugs. Infected blood can be exchanged between the parties who are using the same needle and syringe.
- By accidental needle sticks (needles contaminated with HIV infected blood).
- Through the transfusion of infected blood or blood products (because of new and improved blood screening tools, this has rarely occurred since 1992).
- HIV infected woman can pass HIV to their babies while pregnant, during delivery, or when breast feeding.

HIV Signs and Symptoms

Often people who are HIV infected have few or no symptoms. Other times, symptoms of HIV are confused with other illnesses such as the flu. If a person were to have symptoms they would include:

- Swollen lymph nodes in the neck, groin or under the arms
- Diarrhea
- Unexplained weight loss
- Fatigue
- Fever, chills or sweats (especially at night)
- Visual changes
- Frequent pneumonias or shortness of breath
- Rash
- Flu-like symptoms

How to Prevent HIV Infection

- **Speak openly with partners and talk about HIV status.**
- **If you don't know your status, get an HIV test to protect yourself and others.**
- **get tested with your partner as a way of saying "you care and want both of you to stay healthy."**
- **Use a latex condom with each oral, anal or vaginal sexual encounter. Those with latex allergies should use latex-free condoms.**
- Do not share needles or syringes if you inject drugs. If you do inject drugs, seek professional help to kick your habit.
- HIV infected pregnant women should get into regular prenatal, intrapartum and postpartum care.
- HIV infected women should not breast feed.

For More Information

To get more information check out these sites:

- [Centers For Disease Control www.cdc.gov/hiv/pubs/facts.htm](http://www.cdc.gov/hiv/pubs/facts.htm)
- [National AIDS Hotline: \(800\) 342-2437](tel:8003422437)
- [Contact your local health department for free and anonymous testing](#)

Area Resource List

See our Rainbow Pages (<http://www.crglrc.org/rainbow>) for more listings

BUSINESS SERVICES

Kathy Hall, Realtor

Marion Arens & Associates
319-362-9111 (Business)
319-269-0024 (Home)

Brian E. Martin, Realtor

WHY USA - Advantage Reality
319-393-9070 (Business)
319-364-3777 (Home)

Hanna B. Weston, Attorney at Law

305 2nd St. SE Suite 420
Cedar Rapids, IA 52401
319-366-7796

ENTERTAINMENT

Club Basix

3916 1st Ave NE
Cedar Rapids, IA 52402
319-363-3194

CSPS (Community Arts Center)

1103 3rd St. SE
Cedar Rapids, IA 52401
319-364-1580

One Flight Up

44-48 Main St.
Dubuque, IA 52001
563-582-8357

The Metro

GLBT Bar
510 Mulberry (between 4th & Park)
Waterloo, IA 50703
319-232-2239

HEALTH

AIDS Interfaith Network of Eastern IA

162 East 4th St.
Waterloo, IA 50703

Cedar Rapids Clinic for Women

Health care services by women, for women. Serving Cedar Rapids and Eastern Iowa since 1976.
Gynecological exams, STD testing and treatment. All Services confidential
4089 21st Ave SW, Suite 211
Cedar Rapids, IA 52404
319-390-4342

Iowa Center for AIDS Resources & Education (ICARE)

321 East First St.
Iowa City, IA 52240
319-338-2135 or info@icare-ia.org
www.icare-ia.org

Iowa City Free Medical Clinic

Fine Confidential HIV Testing
120 North Dubuque St.
Iowa City, IA 52245
319-377-4459

Linn County Health Department

Free Confidential HIV Testing
501 13th St. NW
Cedar Rapids, IA 52405
319-892-6000

Planned Parenthood East Central Iowa

Confidential STD Testing & Treatment for Men and Women
Full Gynecological Exams for Women
1500 2nd Ave SE, Suite 100
Cedar Rapids, IA 52403
319-363-8572
www.plannedparenthood.org

Rapids AIDS Project

6300 Rockwell Dr. NE
Cedar Rapids, IA 52402
319-393-9579 or rap@crossnet.org
www.redcross.org/ia/cedarap/rap.html

PUBLICATIONS

Access Line

Iowa's Newspaper for LGBT
PO Box 1682
Waterloo, IA 50704
319-232-6805 or Accessline@mchsi.com

Resource Line

GLRC Monthly Newsletter
PO Box 1643
Cedar Rapids, IA 52406-1643
319-366-2055 or info@crglrc.org

This Week in Eastern Iowa

<http://groups.yahoo.com/group/glbtiissues-easterniowa>
Edited/Operated by Tony Hasen
Thansen@crglrc.org

SOCIAL / SUPPORT

Coe Alliance

Weekly Meetings & Events
www.public.coe.edu/organizaions/alliance
319-399-8594 or jchaimov@coe.edu

GLRC of Cedar Rapids

Drop-In Thursdays 7 - 9 PM
305 2nd St NE, Suite 324
Cedar Rapids, IA 52401
319-366-2055 or info@crglrc.org
www.crglrc.org

GraDykes

Iowa City, IA
For bi/les/queer/dyke identified women in Grad School
319-377-7661

OWLS

Older & Wiser Lesbians
Monthly Potluck & Social
319-366-2529

Spirit Hill Women's Retreat

Info, counseling, Women's Dance on 1st Saturday of each month
319-643-2613

UNITY

GLBT Club for Students at Kirkwood
Community College in CR
Julia Haseleu
Jhaseleu@kirkwood.cc.ia.us

SPIRITUAL / WORSHIP

Faith United Methodist Church

A Reconciling Congregation
Worship Service at 11AM
1000 30th St. NE
Cedar Rapids, IA 52402
319-363-8454
www.crfaihumc.org

Pathdays of Light Spiritual College

Rev. Lorma Lang, O.M.C.
Ordained Minister available for Unions & other ceremonies. Relationship Counseling for Couples & individuals, and Study Groups.
319-447-5729

Peoples Church Unitarian Universalist

A Welcoming Congregation
Forum at 10 AM, Worship Service at 11 AM
600 3rd Ave SE
Cedar Rapids, IA 52403
319-362-9827
www.peoples.cedarapids.uus.org

Unity Center of Cedar Rapids

Rev. Thelma Hembroff
Sunday Service 10 AM
3791 Blairs Ferry Road NE
Cedar Rapids, IA 52402
319-393-5422 or
319-393-6837 (dial-a-prayer)

SUPPORT

First Friday Breakfast Club in the Corridor

Meets First Friday of each month at 7 AM at the Clarion Hotel on 33rd St SW
First Meeting on Friday, August 1
Email Jacob Wittrock for more information
ffb2@hotmail.com

Iowa Artistry

Transgender Support
PO Box 11093
Cedar Rapids, IA 52410
IowaArtistry@tgforum.com
www.transgender.org/icar/index.html

National AIDS Hotline

Call 319-393-9579 for information

PFLAG

Parents & Friends of Lesbians & Gays
4th Tuesday, Faith United Methodist Church
1000 30th St. NE
Cedar Rapids, IA 52402
319-399-2543 or Pflagcr@yahoo.com
www.geocities.com/pflagcr

Women's Chat Support Group

2nd Wednesday of every month
6:30-8:30 PM at GLRC
305 2nd St SE, Suite 324
Cedar Rapids, IA 52401
319-366-2055

GLRC OF CEDAR RAPIDS

P. Box 1643
Cedar Rapids IA 5 4 6 1643
Phone: 31 366 55
E mail: info@cr-lrc.org

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US POSTAGE

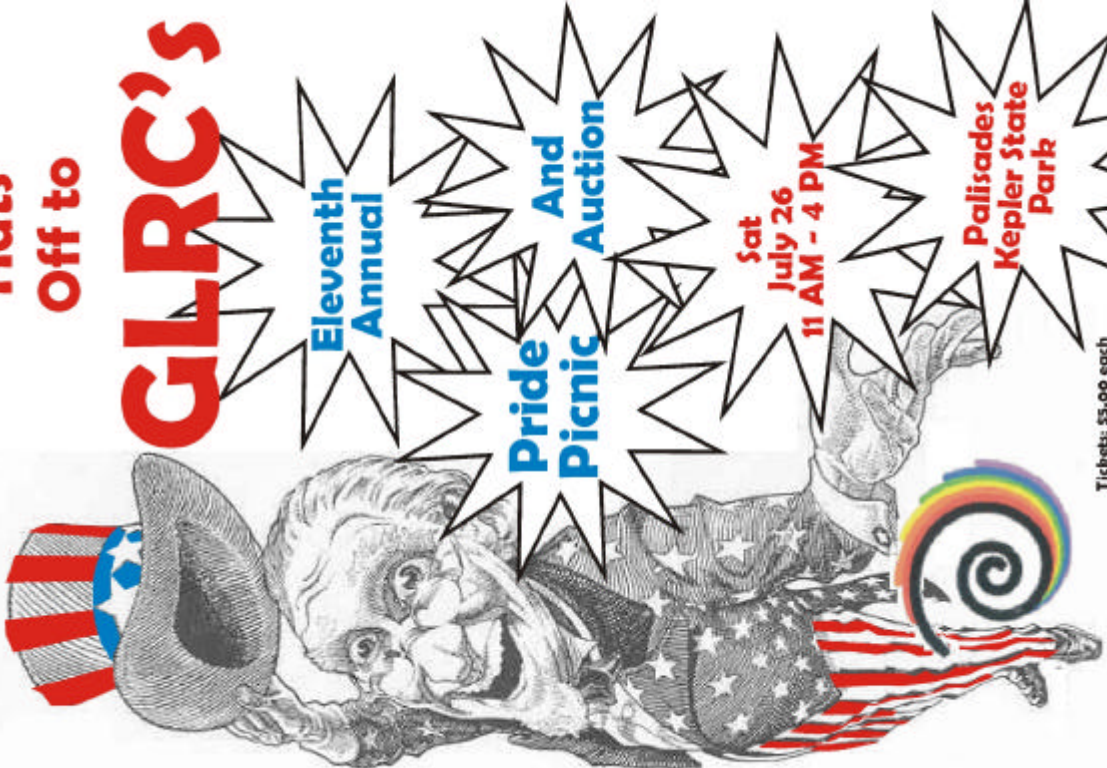
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Cedar Rapids, Iowa

*A Newsletter for the G/L/B/T
Community and friends*

We're on the Web!
Visit us at
www.crglrc.org



**Hats
Off to
GLRC's**

**Eleventh
Annual**

**Pride
And
Picnic
Auction**

**Sat
July 26
11 AM - 4 PM**

**Palisades
Kepler State
Park**

Tickets: \$5.00 each
Available from any GLRC Board
Member

***** Auction Items Needed *****
To donate an auction item or for more information
call the GLRC @ 319-366-2055